WEBVTT

 $00:00:00.000 \longrightarrow 00:00:03.126$ Funding for Yale Cancer Answers is

NOTE Confidence: 0.787366002181818

 $00{:}00{:}03.126 --> 00{:}00{:}06.080$ provided by Smilow Cancer Hospital.

NOTE Confidence: 0.787366002181818

 $00:00:06.080 \longrightarrow 00:00:07.952$ Welcome to Yale Cancer Answers with

NOTE Confidence: 0.787366002181818

00:00:07.952 --> 00:00:09.900 your host, doctor Anees Chappar.

NOTE Confidence: 0.787366002181818

 $00:00:09.900 \longrightarrow 00:00:12.100$ Yale Cancer Answers features the

NOTE Confidence: 0.787366002181818

 $00:00:12.100 \longrightarrow 00:00:13.793$ latest information on cancer

NOTE Confidence: 0.787366002181818

00:00:13.793 --> 00:00:15.663 care by welcoming oncologists and

NOTE Confidence: 0.787366002181818

 $00:00:15.663 \longrightarrow 00:00:17.507$ specialists who are on the forefront

NOTE Confidence: 0.787366002181818

00:00:17.507 --> 00:00:19.493 of the battle to fight cancer.

NOTE Confidence: 0.787366002181818

 $00:00:19.500 \longrightarrow 00:00:22.006$ This week, it's a conversation about bone

NOTE Confidence: 0.787366002181818

 $00:00:22.006 \dashrightarrow 00:00:24.199$ marrow transplant with Doctor Niketa Shah.

NOTE Confidence: 0.787366002181818

 $00{:}00{:}24.200 \dashrightarrow 00{:}00{:}26.612$ Doctor Shah is director of the pediatric

NOTE Confidence: 0.787366002181818

 $00{:}00{:}26.612 \dashrightarrow 00{:}00{:}28.575$ bone Marrow Transplant program at

NOTE Confidence: 0.787366002181818

 $00:00:28.575 \longrightarrow 00:00:30.055$ the Yale School of Medicine,

NOTE Confidence: 0.787366002181818

 $00:00:30.060 \longrightarrow 00:00:31.795$ where Doctor Chappar is a

00:00:31.795 --> 00:00:33.183 professor of surgical oncology.

NOTE Confidence: 0.849299425

 $00:00:34.650 \dashrightarrow 00:00:36.372$ So Niketa, maybe we can start off

NOTE Confidence: 0.849299425

 $00:00:36.372 \longrightarrow 00:00:38.369$ by you telling us a little bit more

NOTE Confidence: 0.849299425

 $00:00:38.369 \longrightarrow 00:00:40.140$ about yourself and what it is you do.

NOTE Confidence: 0.801783712307692

 $00:00:41.110 \longrightarrow 00:00:44.134$ So I'm a pediatric bone marrow transplant

NOTE Confidence: 0.801783712307692

00:00:44.134 --> 00:00:47.289 physician and I've been here at Yale since

NOTE Confidence: 0.801783712307692

 $00:00:47.290 \longrightarrow 00:00:51.609$ 2016 and we do many transplant here.

NOTE Confidence: 0.801783712307692

 $00:00:51.610 \longrightarrow 00:00:53.545$ We are the only transplant

NOTE Confidence: 0.801783712307692

 $00:00:53.545 \longrightarrow 00:00:55.480$ program in the state of Connecticut

NOTE Confidence: 0.801783712307692

 $00:00:55.549 \longrightarrow 00:00:57.760$ and since 2019, we also do CAR

NOTE Confidence: 0.87543965

 $00{:}00{:}58.590 \dashrightarrow 00{:}01{:}00.725$ T-bone marrow transplant which is something

NOTE Confidence: 0.87543965

 $00:01:00.725 \longrightarrow 00:01:03.253$ that people may have heard a

NOTE Confidence: 0.87543965

 $00:01:03.253 \longrightarrow 00:01:05.535$ little bit about but may not be

NOTE Confidence: 0.87543965

 $00:01:05.535 \longrightarrow 00:01:07.337$ really familiar with what it is.

NOTE Confidence: 0.87543965

 $00{:}01{:}07.337 \dashrightarrow 00{:}01{:}09.677$ So can you tell us a little bit

NOTE Confidence: 0.87543965

 $00:01:09.677 \longrightarrow 00:01:11.577$ more about what exactly that

 $00:01:11.580 \longrightarrow 00:01:14.485$ is and who needs a bone

NOTE Confidence: 0.87543965

00:01:14.485 --> 00:01:16.240 marrow transplant and when?

NOTE Confidence: 0.804177940833333

00:01:17.110 --> 00:01:20.176 So bone marrow transplant is a process

NOTE Confidence: 0.804177940833333

 $00:01:20.176 \longrightarrow 00:01:23.677$ where we remove avpatients own bone marrow

and

NOTE Confidence: 0.804177940833333

 $00:01:23.677 \longrightarrow 00:01:27.549$ replace it with the new bone marrow from

NOTE Confidence: 0.804177940833333

 $00:01:27.549 \longrightarrow 00:01:30.344$ either the patients own previously collected

NOTE Confidence: 0.804177940833333

 $00{:}01{:}30.344 \dashrightarrow 00{:}01{:}33.910$ bone marrow or from a different donor.

NOTE Confidence: 0.804177940833333

 $00:01:33.910 \longrightarrow 00:01:36.950$ So we will focus today on mainly

NOTE Confidence: 0.804177940833333

 $00:01:36.950 \longrightarrow 00:01:39.444$ allogeneic stem cell transplant or

NOTE Confidence: 0.804177940833333

 $00{:}01{:}39.444 \dashrightarrow 00{:}01{:}41.656$ allogenic bone marrow transplant

NOTE Confidence: 0.804177940833333

 $00:01:41.660 \longrightarrow 00:01:44.782$ where we replace a patients own bone marrow

NOTE Confidence: 0.804177940833333

 $00:01:44.782 \longrightarrow 00:01:48.160$ with a healthy donor.

NOTE Confidence: 0.804177940833333

00:01:48.160 --> 00:01:51.088 Now bone marrow transplant is required

NOTE Confidence: 0.804177940833333

 $00:01:51.088 \longrightarrow 00:01:54.495$ for those patients whose bone marrow is

NOTE Confidence: 0.804177940833333

 $00:01:54.495 \longrightarrow 00:01:57.237$ not working properly either from their

00:01:57.237 --> 00:01:59.989 birth or they acquired some disease

NOTE Confidence: 0.804177940833333

 $00{:}01{:}59.989 \dashrightarrow 00{:}02{:}02{:}02.660$ like leukemia down the road which

NOTE Confidence: 0.804177940833333

 $00{:}02{:}02{:}02{:}660 \longrightarrow 00{:}02{:}05{.}880$ is not curable or not treatable with

NOTE Confidence: 0.804177940833333

 $00:02:05.880 \longrightarrow 00:02:09.159$ the regular chemotherapy and in those

NOTE Confidence: 0.804177940833333

 $00:02:09.159 \longrightarrow 00:02:11.999$ conditions we replace the diseased

NOTE Confidence: 0.804177940833333

 $00:02:12.000 \longrightarrow 00:02:14.196$ marrow with the healthy bone marrow

NOTE Confidence: 0.804177940833333

 $00:02:14.196 \longrightarrow 00:02:17.020$ with the goal that once this healthy

NOTE Confidence: 0.804177940833333

 $00:02:17.020 \longrightarrow 00:02:19.594$ bone marrow is established in patients

NOTE Confidence: 0.804177940833333

00:02:19.594 --> 00:02:21.927 bone marrow and starts working,

NOTE Confidence: 0.804177940833333

 $00:02:21.930 \longrightarrow 00:02:24.630$ they produce normal healthy

NOTE Confidence: 0.804177940833333

 $00:02:24.630 \longrightarrow 00:02:27.262$ blood cells and thus cure the

NOTE Confidence: 0.804177940833333

 $00:02:27.262 \longrightarrow 00:02:29.789$ patients from their underlying disease.

NOTE Confidence: 0.837395838

00:02:30.910 --> 00:02:32.614 So let's dive a little

NOTE Confidence: 0.837395838

00:02:32.614 --> 00:02:33.750 bit deeper into that.

NOTE Confidence: 0.837395838

 $00:02:33.750 \longrightarrow 00:02:36.042$ So you mentioned that bone marrow

 $00:02:36.042 \longrightarrow 00:02:38.465$ transplant is really there for people

NOTE Confidence: 0.837395838

00:02:38.465 --> 00:02:40.949 whose bone marrow isn't working properly,

NOTE Confidence: 0.837395838

 $00:02:40.950 \longrightarrow 00:02:43.540$ either because of a condition from birth

NOTE Confidence: 0.837395838

00:02:43.540 --> 00:02:46.230 or because of an acquired condition,

NOTE Confidence: 0.837395838

 $00:02:46.230 \longrightarrow 00:02:47.446$ kind of like leukemia.

NOTE Confidence: 0.837395838

00:02:47.446 --> 00:02:50.005 Can you talk a little bit about what

NOTE Confidence: 0.837395838

 $00:02:50.005 \longrightarrow 00:02:52.350$ some of the conditions from birth might

NOTE Confidence: 0.837395838

 $00:02:52.350 \longrightarrow 00:02:54.950$ be that people might have bone marrows

NOTE Confidence: 0.837395838

 $00{:}02{:}54.950 \to 00{:}02{:}57.356$ that aren't working properly and might

NOTE Confidence: 0.837395838

 $00:02:57.356 \longrightarrow 00:02:59.356$ require a bone marrow transplant?

NOTE Confidence: 0.844281567666667

 $00{:}03{:}00.280 \dashrightarrow 00{:}03{:}02.872$ Yes, definitely. So there are

NOTE Confidence: 0.844281567666667

 $00:03:02.872 \longrightarrow 00:03:05.551$ many patients whose

NOTE Confidence: 0.844281567666667

00:03:05.551 --> 00:03:08.575 bone marrow is not working from

NOTE Confidence: 0.844281567666667

00:03:08.575 --> 00:03:11.453 birth which develops down the road

NOTE Confidence: 0.844281567666667

 $00:03:11.453 \longrightarrow 00:03:14.115$ either completely aplastic or their

NOTE Confidence: 0.844281567666667

00:03:14.115 --> 00:03:16.180 bone marrow is not at all working.

 $00:03:16.180 \longrightarrow 00:03:18.756$ So there's some of the elements

NOTE Confidence: 0.844281567666667

 $00:03:18.756 \longrightarrow 00:03:21.707$ of the bone marrow is not working.

NOTE Confidence: 0.844281567666667

 $00{:}03{:}21.710 \longrightarrow 00{:}03{:}24.102$ Now I think most of us know there

NOTE Confidence: 0.844281567666667

 $00:03:24.102 \longrightarrow 00:03:26.240$ are three types of blood cells,

NOTE Confidence: 0.844281567666667

 $00:03:26.240 \longrightarrow 00:03:27.900$ one is white blood cells,

NOTE Confidence: 0.844281567666667

 $00:03:27.900 \longrightarrow 00:03:29.508$ other is red blood cells and

NOTE Confidence: 0.844281567666667

 $00:03:29.508 \longrightarrow 00:03:31.240$ the third one is platelets.

NOTE Confidence: 0.844281567666667

 $00:03:31.240 \longrightarrow 00:03:34.808$ So if the patients bone marrow is not

NOTE Confidence: 0.844281567666667

 $00:03:34.808 \longrightarrow 00:03:37.943$ working from birth they might have

NOTE Confidence: 0.844281567666667

 $00{:}03{:}37.943 \dashrightarrow 00{:}03{:}39.816$ complete non functioning bone marrow.

NOTE Confidence: 0.844281567666667

 $00:03:39.816 \longrightarrow 00:03:42.597$ So they don't have any of these three

NOTE Confidence: 0.844281567666667

 $00:03:42.597 \longrightarrow 00:03:45.096$ types of different types of blood cells.

NOTE Confidence: 0.844281567666667

 $00{:}03{:}45.100 \dashrightarrow 00{:}03{:}47.620$ Or they may just have their red blood

NOTE Confidence: 0.844281567666667

 $00{:}03{:}47.620 \dashrightarrow 00{:}03{:}50.076$ cell is not working or white blood

NOTE Confidence: 0.844281567666667

 $00:03:50.076 \longrightarrow 00:03:53.016$ cells is not working or platelet is not

 $00:03:53.016 \longrightarrow 00:03:55.613$ working so they either have anemia or

NOTE Confidence: 0.844281567666667

 $00{:}03{:}55.620 \dashrightarrow 00{:}03{:}57.860$ their white blood cells is not there

NOTE Confidence: 0.844281567666667

 $00:03:57.860 \longrightarrow 00:04:00.358$ so they have more risk of infection

NOTE Confidence: 0.844281567666667

 $00:04:00.358 \longrightarrow 00:04:02.554$ or their platelet is not working.

NOTE Confidence: 0.844281567666667

 $00:04:02.560 \longrightarrow 00:04:05.227$ So they may have a bleeding disorder.

NOTE Confidence: 0.844281567666667

 $00:04:05.230 \longrightarrow 00:04:09.982$ So one of the most common among this is

NOTE Confidence: 0.844281567666667

00:04:09.990 --> 00:04:11.790 the hemoglobinopathies where

NOTE Confidence: 0.844281567666667

 $00:04:11.790 \longrightarrow 00:04:14.490$ within their red blood cells

NOTE Confidence: 0.844281567666667

 $00:04:14.490 \longrightarrow 00:04:17.490$ their hemoglobin is not properly developed.

NOTE Confidence: 0.844281567666667

 $00:04:17.490 \longrightarrow 00:04:20.934$ And so those patients are called

NOTE Confidence: 0.844281567666667

 $00:04:20.934 \longrightarrow 00:04:22.656$ having the hemoglobinopathies

NOTE Confidence: 0.844281567666667

 $00:04:22.656 \longrightarrow 00:04:25.009$ where their hemoglobin is

NOTE Confidence: 0.844281567666667

 $00:04:25.010 \longrightarrow 00:04:26.351$ not properly developed.

NOTE Confidence: 0.844281567666667

 $00:04:26.351 \longrightarrow 00:04:29.480$ So they have less red blood cells

NOTE Confidence: 0.844281567666667

 $00:04:29.562 \longrightarrow 00:04:32.386$ and in turn they have also or their

NOTE Confidence: 0.844281567666667

 $00{:}04{:}32.386 \dashrightarrow 00{:}04{:}34.864$ red blood cells are destroyed very

00:04:34.864 --> 00:04:37.965 quickly and in turn they have more

NOTE Confidence: 0.844281567666667

00:04:37.965 --> 00:04:41.295 anemia and also other related disorders. 00:04:44.670 --> 00:04:47.078 Maybe give us an example of what some

NOTE Confidence: 0.96166531

 $00:04:47.078 \longrightarrow 00:04:49.587$ of these conditions might be when we

NOTE Confidence: 0.96166531

00:04:49.587 --> 00:04:52.219 talk about people not having red blood

NOTE Confidence: 0.96166531

00:04:52.219 --> 00:04:54.767 cells or white blood cells or platelets?

NOTE Confidence: 0.96166531

00:04:54.770 --> 00:04:56.688 For many people who may be listening,

NOTE Confidence: 0.96166531

 $00:04:56.690 \longrightarrow 00:04:59.562$ that may seem really rather odd because many

NOTE Confidence: 0.96166531

 $00{:}04{:}59.562 \rightarrow 00{:}05{:}03.006$ of us are used to having these blood cells.

NOTE Confidence: 0.96166531

 $00:05:03.010 \longrightarrow 00:05:04.978$ We often take our blood cells

NOTE Confidence: 0.96166531

 $00:05:04.978 \longrightarrow 00:05:06.290$ really rather for granted,

NOTE Confidence: 0.96166531

00:05:06.290 --> 00:05:09.368 knowing that they're there and working.

NOTE Confidence: 0.96166531

 $00:05:09.370 \longrightarrow 00:05:12.222$ So what conditions might

NOTE Confidence: 0.96166531

 $00:05:12.222 \longrightarrow 00:05:16.500$ lead to these hemoglobinopathies or other

NOTE Confidence: 0.96166531

 $00:05:16.615 \longrightarrow 00:05:19.834$ conditions that the bone marrow is not

NOTE Confidence: 0.96166531

 $00:05:19.834 \longrightarrow 00:05:22.579$ working and how common are they?

 $00:05:23.680 \longrightarrow 00:05:25.992$ So one of the most common I will

NOTE Confidence: 0.872416499666667

 $00:05:25.992 \longrightarrow 00:05:27.677$ mention here in the hemoglobinopathy

NOTE Confidence: 0.872416499666667

 $00{:}05{:}27.677 \dashrightarrow 00{:}05{:}30.517$ where the fact is in their red

NOTE Confidence: 0.872416499666667

00:05:30.517 --> 00:05:32.599 blood cells hemoglobin and that one

NOTE Confidence: 0.872416499666667

 $00:05:32.599 \longrightarrow 00:05:35.708$ is sickle cell anemia which is most

NOTE Confidence: 0.872416499666667

00:05:35.708 --> 00:05:38.293 common hemoglobinopathy.

NOTE Confidence: 0.872416499666667

 $00:05:38.300 \longrightarrow 00:05:40.612$ The other hemoglobinopathy is

NOTE Confidence: 0.872416499666667

 $00:05:40.612 \longrightarrow 00:05:44.682$ thal assemia also then if we go through

NOTE Confidence: 0.872416499666667

00:05:44.682 --> 00:05:47.505 the other red blood cells like

NOTE Confidence: 0.872416499666667

 $00:05:47.505 \longrightarrow 00:05:50.115$ white blood cells or the platelets.

NOTE Confidence: 0.872416499666667

 $00:05:50.120 \longrightarrow 00:05:52.480$ These are less common where

NOTE Confidence: 0.872416499666667

 $00:05:52.480 \longrightarrow 00:05:54.368$ there are congenital neutropenia.

NOTE Confidence: 0.872416499666667

 $00:05:54.370 \longrightarrow 00:05:55.876$ Or congenital thrombocytopenia,

NOTE Confidence: 0.872416499666667

 $00:05:55.876 \longrightarrow 00:05:59.870$ or if all cells are not working well.

NOTE Confidence: 0.872416499666667

 $00:05:59.870 \longrightarrow 00:06:02.509$ There are few common bone marrow failure

 $00:06:02.509 \longrightarrow 00:06:04.968$ conditions which are present since birth.

NOTE Confidence: 0.872416499666667

 $00{:}06{:}04.970 \dashrightarrow 00{:}06{:}07.705$ These are called Fanconi anemia

NOTE Confidence: 0.872416499666667

 $00:06:07.705 \longrightarrow 00:06:09.346$ or dyskeratosis congenita.

NOTE Confidence: 0.872416499666667

 $00:06:09.350 \longrightarrow 00:06:11.535$ But all these disorders are

NOTE Confidence: 0.872416499666667

 $00:06:11.535 \longrightarrow 00:06:14.409$ far less common than the most

NOTE Confidence: 0.872416499666667

 $00:06:14.409 \longrightarrow 00:06:16.829$ common hemoglobinopathy we see,

NOTE Confidence: 0.872416499666667

 $00:06:16.830 \longrightarrow 00:06:18.630$ which is sickle cell anemia.

NOTE Confidence: 0.872416499666667

 $00:06:18.630 \longrightarrow 00:06:21.660$ It is almost every year there

NOTE Confidence: 0.872416499666667

 $00:06:21.660 \longrightarrow 00:06:24.380$ are 300,000 kids

NOTE Confidence: 0.872416499666667

 $00:06:24.380 \longrightarrow 00:06:26.654$ with sickle cell anemia bone in

NOTE Confidence: 0.872416499666667

 $00{:}06{:}26.654 \dashrightarrow 00{:}06{:}29.678$ the world, and in the United States,

NOTE Confidence: 0.872416499666667

 $00:06:29.680 \longrightarrow 00:06:33.968$ one in every 360 African American or one

NOTE Confidence: 0.872416499666667

00:06:33.968 --> 00:06:37.288 in every 16,000 Hispanic patients

NOTE Confidence: 0.872416499666667

00:06:37.288 --> 00:06:40.098 have this hemoglobinopathy,

NOTE Confidence: 0.872416499666667

 $00:06:40.100 \longrightarrow 00:06:42.140$ which is called sickle cell anemia.

NOTE Confidence: 0.872416499666667

 $00:06:42.140 \longrightarrow 00:06:44.475$ And in this hemoglobinopathy that

 $00:06:44.475 \longrightarrow 00:06:47.782$ hemoglobin that is only one of the

NOTE Confidence: 0.872416499666667

 $00:06:47.782 \longrightarrow 00:06:50.002$ building block of their hemoglobin

NOTE Confidence: 0.872416499666667

 $00:06:50.002 \longrightarrow 00:06:53.167$ gene is replaced by the different block

NOTE Confidence: 0.872416499666667

 $00:06:53.167 \longrightarrow 00:06:55.789$ and that caused their sickle cell.

NOTE Confidence: 0.872416499666667

 $00:06:55.790 \longrightarrow 00:06:58.310$ All of the things that cause them to

NOTE Confidence: 0.872416499666667

 $00:06:58.310 \longrightarrow 00:07:01.050$ have the sickle cell hemoglobinopathy,

NOTE Confidence: 0.872416499666667

 $00:07:01.050 \longrightarrow 00:07:03.438$ which is different than what we

NOTE Confidence: 0.872416499666667

 $00:07:03.438 \longrightarrow 00:07:06.719$ all have as a normal hemoglobin

NOTE Confidence: 0.872416499666667

 $00:07:06.720 \longrightarrow 00:07:10.140$ in our red blood cells.

NOTE Confidence: 0.872416499666667

 $00:07:10.140 \longrightarrow 00:07:13.110$ So if we have a normal hemoglobin our red

NOTE Confidence: 0.872416499666667

00:07:13.110 --> 00:07:15.809 blood cell is like a doughnut or soft,

NOTE Confidence: 0.872416499666667

00:07:15.810 --> 00:07:18.826 spongy, while if they have a sickle cell

 $00:07:20.202 \longrightarrow 00:07:22.946$ in their blood cells,

NOTE Confidence: 0.872416499666667

 $00:07:22.950 \longrightarrow 00:07:25.876$ their red blood cell looks like sickle.

NOTE Confidence: 0.872416499666667

 $00:07:25.880 \longrightarrow 00:07:28.656$ Which is as the name

NOTE Confidence: 0.872416499666667

 $00:07:28.656 \longrightarrow 00:07:30.736$ suggests sickle and it is not soft,

 $00:07:30.740 \longrightarrow 00:07:32.030$ it's hard, rigid.

NOTE Confidence: 0.872416499666667

 $00:07:32.030 \longrightarrow 00:07:35.040$ So the red blood cells break

NOTE Confidence: 0.872416499666667

 $00:07:35.130 \longrightarrow 00:07:37.909$ down easily and that is the main

NOTE Confidence: 0.872416499666667

00:07:37.909 --> 00:07:40.620 cause of sickle cell disease which

NOTE Confidence: 0.872416499666667

 $00{:}07{:}40.620 \dashrightarrow 00{:}07{:}43.920$ develops in sickle cell anemia patients.

NOTE Confidence: 0.80897794875

 $00:07:45.340 \longrightarrow 00:07:49.020$ And so for all of these kids who

NOTE Confidence: 0.80897794875

 $00:07:49.020 \longrightarrow 00:07:51.858$ have sickle cell anemia where they

NOTE Confidence: 0.80897794875

 $00:07:51.858 \longrightarrow 00:07:54.895$ have these red blood cells that

NOTE Confidence: 0.80897794875

 $00:07:54.895 \longrightarrow 00:07:57.535$ form these Crescent like sickles

NOTE Confidence: 0.80897794875

 $00:07:57.540 \longrightarrow 00:07:59.871$ that are hard instead of being

NOTE Confidence: 0.80897794875

00:07:59.871 --> 00:08:01.770 spongy doughnuts like the rest of

NOTE Confidence: 0.80897794875

 $00:08:01.770 \longrightarrow 00:08:03.723$ us who have normal red blood cells,

NOTE Confidence: 0.91640623

 $00{:}08{:}05.760 \dashrightarrow 00{:}08{:}08.460$ how does that really affect them

NOTE Confidence: 0.91640623

 $00:08:08.460 \longrightarrow 00:08:11.800$ in terms of their every day health?

NOTE Confidence: 0.91640623

 $00:08:11.800 \longrightarrow 00:08:15.008$ I mean, can you explain to our listeners

 $00:08:15.008 \longrightarrow 00:08:17.738$ how the shape and consistency,

NOTE Confidence: 0.91640623

 $00:08:17.740 \longrightarrow 00:08:19.336$ for lack of a better word,

NOTE Confidence: 0.91640623

 $00:08:19.340 \longrightarrow 00:08:22.016$ of these red blood cells impacts

NOTE Confidence: 0.91640623

00:08:22.016 --> 00:08:23.800 a patients day-to-day life?

NOTE Confidence: 0.91640623

 $00:08:23.800 \longrightarrow 00:08:25.780$ I mean, who really cares about

NOTE Confidence: 0.91640623

 $00{:}08{:}25.780 \dashrightarrow 00{:}08{:}27.766$ the size and shape and consistency

NOTE Confidence: 0.91640623

 $00:08:27.766 \longrightarrow 00:08:30.030$ of a red cell?

NOTE Confidence: 0.891217494

 $00:08:30.100 \longrightarrow 00:08:32.968$ I totally agree that the general population

NOTE Confidence: 0.891217494

 $00:08:32.968 \longrightarrow 00:08:36.448$ might not know how the sickle cell anemia

NOTE Confidence: 0.891217494

 $00:08:36.448 \longrightarrow 00:08:38.800$ effects in each and every person

NOTE Confidence: 0.891217494

 $00{:}08{:}38.870 \dashrightarrow 00{:}08{:}41.036$ who has the sickle cell an emia.

NOTE Confidence: 0.891217494

 $00:08:41.040 \longrightarrow 00:08:44.463$ So as I mentioned earlier that the

NOTE Confidence: 0.891217494

 $00{:}08{:}44.463 \dashrightarrow 00{:}08{:}47.234$ sickle cell anemia patients have

NOTE Confidence: 0.891217494

 $00:08:47.234 \longrightarrow 00:08:50.210$ red blood cells which are sickle cell

NOTE Confidence: 0.891217494

 $00:08:50.281 \longrightarrow 00:08:53.088$ which are rigid and easily breaking down

NOTE Confidence: 0.891217494

 $00:08:53.090 \longrightarrow 00:08:55.706$ and they because of that

 $00:08:55.706 \longrightarrow 00:08:58.393$ presence in their red blood cells or the

NOTE Confidence: 0.891217494

 $00{:}08{:}58.393 \dashrightarrow 00{:}09{:}01.000$ red blood cells see being sickle cell.

NOTE Confidence: 0.891217494

 $00:09:01.000 \longrightarrow 00:09:03.574$ Their blood can't reach each and

NOTE Confidence: 0.891217494

 $00:09:03.574 \longrightarrow 00:09:06.154$ every organ like the tiny fingers

NOTE Confidence: 0.891217494

 $00{:}09{:}06.154 \dashrightarrow 00{:}09{:}09{:}266$ or the where the blood has to reach

NOTE Confidence: 0.891217494

 $00:09:09.347 \longrightarrow 00:09:11.937$ through the small blood vessels.

NOTE Confidence: 0.891217494

00:09:11.940 --> 00:09:14.658 So particularly when they are experiencing

NOTE Confidence: 0.891217494

00:09:14.658 --> 00:09:17.979 some cold weather or they have infection,

NOTE Confidence: 0.891217494

00:09:17.980 --> 00:09:19.972 their sickle cell can't reach where

NOTE Confidence: 0.891217494

 $00:09:19.972 \dashrightarrow 00:09:22.698$ it needs to go and they break down.

NOTE Confidence: 0.891217494

 $00:09:22.700 \longrightarrow 00:09:25.322$ And when your red blood cells

NOTE Confidence: 0.891217494

 $00:09:25.322 \longrightarrow 00:09:27.356$ are not reaching those area,s

NOTE Confidence: 0.891217494

 $00:09:27.356 \longrightarrow 00:09:29.862$ like even the bone or the kidneys

NOTE Confidence: 0.891217494

 $00:09:29.862 \longrightarrow 00:09:31.049$ or the lungs,

NOTE Confidence: 0.891217494

 $00:09:31.050 \longrightarrow 00:09:33.342$ then you develop all the complications

 $00:09:33.342 \longrightarrow 00:09:35.766$ and the most common effect initially

NOTE Confidence: 0.891217494

 $00:09:35.766 \longrightarrow 00:09:38.902$ in their lifespan we see is the

NOTE Confidence: 0.891217494

 $00{:}09{:}38.902 \dashrightarrow 00{:}09{:}41.464$ pain crisis because their blood

NOTE Confidence: 0.891217494

 $00:09:41.464 \longrightarrow 00:09:44.506$ is not reaching those required

NOTE Confidence: 0.891217494

 $00:09:44.510 \longrightarrow 00:09:47.350$ areas where it needs to go and they

NOTE Confidence: 0.891217494

00:09:47.350 --> 00:09:49.520 experience severe pain crisis.

NOTE Confidence: 0.891217494

 $00:09:49.520 \longrightarrow 00:09:52.579$ They also have an increased rate of

NOTE Confidence: 0.891217494

 $00:09:52.579 \longrightarrow 00:09:54.723$ infection because their immunity also

NOTE Confidence: 0.891217494

 $00:09:54.723 \longrightarrow 00:09:58.199$ down the road goes down and then down the

NOTE Confidence: 0.891217494

00:09:58.199 --> 00:10:01.223 road if this continues they may have many

NOTE Confidence: 0.891217494

 $00:10:01.230 \longrightarrow 00:10:03.250$ lung complication called the

NOTE Confidence: 0.891217494

00:10:03.250 --> 00:10:05.270 acute Chest syndrome where they

NOTE Confidence: 0.891217494

 $00{:}10{:}05.332 \dashrightarrow 00{:}10{:}07.378$ develop pneumonia like symptoms and

NOTE Confidence: 0.891217494

 $00{:}10{:}07.378 \dashrightarrow 00{:}10{:}09.545$ they may need hospitalization and

NOTE Confidence: 0.891217494

 $00:10:09.545 \longrightarrow 00:10:12.107$ we need to bring down their sickle

NOTE Confidence: 0.891217494

00:10:12.107 --> 00:10:15.130 cell number by giving the transfer

 $00{:}10{:}15.130 \dashrightarrow 00{:}10{:}16.720$ regular blood transfusion.

NOTE Confidence: 0.891217494

00:10:16.720 --> 00:10:20.365 And if this issue continues most of the

NOTE Confidence: 0.891217494

 $00:10:20.365 \longrightarrow 00:10:23.959$ other organs also gets affected like kidneys,

NOTE Confidence: 0.891217494 $00:10:23.960 \longrightarrow 00:10:24.360$ lungs, NOTE Confidence: 0.891217494

 $00:10:24.360 \longrightarrow 00:10:27.960$ eyes, even risk of stroke

NOTE Confidence: 0.891217494

 $00:10:28.042 \longrightarrow 00:10:31.386$ because the blood flow to the brain also

NOTE Confidence: 0.891217494

 $00:10:31.390 \longrightarrow 00:10:33.802$ is affected and because of this

NOTE Confidence: 0.891217494

00:10:33.802 --> 00:10:36.962 chronic changes in the lung they may

NOTE Confidence: 0.891217494

 $00:10:36.962 \longrightarrow 00:10:38.926$ also have pulmonary hypertension.

NOTE Confidence: 0.891217494

 $00:10:38.930 \longrightarrow 00:10:40.730$ They have the eye changes.

NOTE Confidence: 0.891217494

 $00{:}10{:}40.730 \dashrightarrow 00{:}10{:}43.005$ They also have the spleen also down

NOTE Confidence: 0.891217494

 $00{:}10{:}43.005 \dashrightarrow 00{:}10{:}45.248$ the road stops working well.

NOTE Confidence: 0.891217494

 $00:10:45.250 \longrightarrow 00:10:48.135$ So they have also increased

NOTE Confidence: 0.891217494

 $00:10:48.135 \longrightarrow 00:10:51.020$ risk of infection so that

NOTE Confidence: 0.891217494

 $00:10:51.020 \longrightarrow 00:10:51.882$ acute complication,

00:10:51.882 --> 00:10:55.330 if it continues to develop down the road,

NOTE Confidence: 0.891217494

 $00:10:55.330 \longrightarrow 00:10:57.320$ they develop into the chronic

NOTE Confidence: 0.891217494

 $00:10:57.320 \longrightarrow 00:10:59.781$ morbidity and it affects their

NOTE Confidence: 0.891217494

00:10:59.781 --> 00:11:02.205 lifestyle and their quality of life.

NOTE Confidence: 0.891217494

 $00:11:02.210 \longrightarrow 00:11:05.274$ And down the road their lifespan also is

NOTE Confidence: 0.891217494

 $00:11:05.274 \longrightarrow 00:11:07.789$ reduced compared to the normal population.

NOTE Confidence: 0.847360323333333

 $00:11:07.840 \longrightarrow 00:11:10.648$ And so the size and shape of these blood

NOTE Confidence: 0.847360323333333

 $00:11:10.648 \longrightarrow 00:11:13.151$ cells really does make a difference in

NOTE Confidence: 0.847360323333333

 $00:11:13.151 \longrightarrow 00:11:15.717$ terms of where they can go and that

NOTE Confidence: 0.847360323333333

00:11:15.717 --> 00:11:18.260 in turn has an impact on

NOTE Confidence: 0.847360323333333

 $00:11:18.260 \longrightarrow 00:11:21.268$ the function of various organs.

NOTE Confidence: 0.847360323333333

00:11:21.268 --> 00:11:24.985 Now you mentioned that one of the ways to

NOTE Confidence: 0.847360323333333

 $00{:}11{:}24.985 \dashrightarrow 00{:}11{:}28.009$ get around this is with blood transfusions.

NOTE Confidence: 0.847360323333333

 $00:11:28.010 \longrightarrow 00:11:32.021$ So if these patients get blood transfusions

NOTE Confidence: 0.847360323333333

 $00:11:32.021 \longrightarrow 00:11:35.412$ and are transfused with blood cells

NOTE Confidence: 0.847360323333333

00:11:35.412 --> 00:11:38.556 that are donut shaped and squishy,

 $00:11:38.560 \longrightarrow 00:11:41.200$ and potentially those blood cells can

NOTE Confidence: 0.847360323333333

 $00:11:41.200 \longrightarrow 00:11:45.660$ get to places, how about that option.

NOTE Confidence: 0.847360323333333

00:11:45.660 --> 00:11:48.732 I mean does every patient with

NOTE Confidence: 0.847360323333333

 $00:11:48.732 \longrightarrow 00:11:52.414$ sickle cell anemia need a bone marrow

NOTE Confidence: 0.847360323333333

 $00:11:52.414 \longrightarrow 00:11:54.754$ transplant or are transfusions good

NOTE Confidence: 0.847360323333333

00:11:54.754 --> 00:11:56.506 enough for some patients?

NOTE Confidence: 0.847814258518519

00:11:57.180 --> 00:11:59.706 Transfusion is definitely good

NOTE Confidence: 0.847814258518519

00:11:59.706 --> 00:12:03.010 enough for the acute condition if

NOTE Confidence: 0.847814258518519

 $00:12:03.010 \longrightarrow 00:12:05.874$ they develop sickle cell disease.

NOTE Confidence: 0.847814258518519

 $00:12:05.874 \longrightarrow 00:12:08.778$ However some of the patients

NOTE Confidence: 0.847814258518519

 $00{:}12{:}08.780 \dashrightarrow 00{:}12{:}11.668$ who are very high risk of developing into

NOTE Confidence: 0.847814258518519

 $00:12:11.668 \longrightarrow 00:12:14.455$ the chronic conditions like those patients

NOTE Confidence: 0.847814258518519

 $00{:}12{:}14.455 \dashrightarrow 00{:}12{:}17.537$ who have experienced early stroke or

NOTE Confidence: 0.847814258518519

 $00:12:17.537 \longrightarrow 00:12:20.711$ their brain blood vessels already have

NOTE Confidence: 0.847814258518519

 $00:12:20.711 \longrightarrow 00:12:24.090$ started developing the changes because of

00:12:24.090 --> 00:12:27.250 the sickle cell anemia in those patients,

NOTE Confidence: 0.847814258518519

00:12:27.250 --> 00:12:29.410 if you give the chronic blood

NOTE Confidence: 0.847814258518519

00:12:29.410 --> 00:12:30.850 transfusion like every month,

NOTE Confidence: 0.847814258518519

00:12:30.850 --> 00:12:34.126 you can give them the normal healthy

NOTE Confidence: 0.847814258518519

 $00:12:34.126 \longrightarrow 00:12:36.675$ hemoglobin every month which will

NOTE Confidence: 0.847814258518519

00:12:36.675 --> 00:12:39.335 dilute their underlying sickle cell

NOTE Confidence: 0.847814258518519

 $00:12:39.340 \longrightarrow 00:12:44.107$ hemoglobin numbers and you can reduce the

NOTE Confidence: 0.847814258518519 00:12:44.110 --> 00:12:45.126 complication.

NOTE Confidence: 0.847814258518519

 $00:12:45.126 \longrightarrow 00:12:48.174$ However, blood transfusion in a chronic

NOTE Confidence: 0.847814258518519

 $00:12:48.174 \longrightarrow 00:12:51.049$ stage also has many complications,

NOTE Confidence: 0.847814258518519

 $00:12:51.050 \longrightarrow 00:12:53.710$ so that you can't continue for lifelong

NOTE Confidence: 0.847814258518519

00:12:53.710 --> 00:12:56.208 because you will be exposed to many,

NOTE Confidence: 0.847814258518519

00:12:56.210 --> 00:12:58.222 many blood transfusion

NOTE Confidence: 0.847814258518519

 $00:12:58.222 \longrightarrow 00:13:00.737$ products and each blood transfusion

NOTE Confidence: 0.847814258518519

 $00:13:00.737 \longrightarrow 00:13:03.528$ also carries with it the increased iron

NOTE Confidence: 0.847814258518519

 $00:13:03.528 \longrightarrow 00:13:06.149$ which comes from our red blood cells.

 $00:13:06.150 \longrightarrow 00:13:08.516$ So those patients have to go through

NOTE Confidence: 0.847814258518519

 $00{:}13{:}08.516 \dashrightarrow 00{:}13{:}10.089$ those complications down the road.

NOTE Confidence: 0.847814258518519

 $00:13:10.090 \longrightarrow 00:13:12.890$ So it is better for them if they

NOTE Confidence: 0.847814258518519

 $00:13:12.890 \longrightarrow 00:13:14.120$ have an available donor

NOTE Confidence: 0.847814258518519

00:13:14.120 --> 00:13:16.248 for blood bone marrow transplant,

NOTE Confidence: 0.847814258518519

00:13:16.250 --> 00:13:18.861 which is the only curative option right

NOTE Confidence: 0.847814258518519

 $00:13:18.861 \longrightarrow 00:13:21.439$ now for sickle cell anemia patients.

NOTE Confidence: 0.897924871666667

 $00:13:22.410 \longrightarrow 00:13:23.742$ Well, we're going to take a

NOTE Confidence: 0.897924871666667

 $00:13:23.742 \longrightarrow 00:13:25.429$ short break for a medical minute,

NOTE Confidence: 0.897924871666667

 $00:13:25.430 \longrightarrow 00:13:26.806$ but on the other side of the break,

NOTE Confidence: 0.897924871666667

00:13:26.810 --> 00:13:29.600 we'll learn more about bone marrow

NOTE Confidence: 0.897924871666667

 $00:13:29.600 \longrightarrow 00:13:31.460$ transplantation and how exactly

NOTE Confidence: 0.897924871666667

 $00{:}13{:}31.531 \dashrightarrow 00{:}13{:}34.235$ we can help in in the care of

NOTE Confidence: 0.897924871666667

00:13:34.235 --> 00:13:35.968 pediatric patients with my guest,

NOTE Confidence: 0.897924871666667

 $00:13:35.970 \longrightarrow 00:13:37.038$ doctor Niketa Shah.

 $00:13:37.740 \longrightarrow 00:13:39.725$ Funding for Yale Cancer Answers

NOTE Confidence: 0.770472277

 $00:13:39.725 \longrightarrow 00:13:41.710$ comes from Smilow Cancer Hospital,

NOTE Confidence: 0.770472277

 $00:13:41.710 \longrightarrow 00:13:44.006$ where you can view videos from their

NOTE Confidence: 0.770472277

 $00:13:44.006 \longrightarrow 00:13:46.279$ survivorship team by searching for the

NOTE Confidence: 0.770472277

 $00:13:46.279 \longrightarrow 00:13:48.329$ smilow survivorship playlist on YouTube.

NOTE Confidence: 0.92181685

00:13:50.780 --> 00:13:52.658 Genetic testing can be useful for

NOTE Confidence: 0.92181685

 $00:13:52.658 \longrightarrow 00:13:54.499$ people with certain types of cancer

NOTE Confidence: 0.92181685

 $00{:}13{:}54.499 \dashrightarrow 00{:}13{:}56.354$ that seem to run in their families.

NOTE Confidence: 0.92181685

 $00{:}13{:}56.360 \dashrightarrow 00{:}13{:}58.742$ Genetic counseling is a process that

NOTE Confidence: 0.92181685

 $00:13:58.742 \longrightarrow 00:14:00.791$ includes collecting a detailed personal

NOTE Confidence: 0.92181685

 $00{:}14{:}00.791 \dashrightarrow 00{:}14{:}03.179$ and family history or risk assessment,

NOTE Confidence: 0.92181685

 $00:14:03.180 \longrightarrow 00:14:06.274$ and a discussion of genetic testing options.

NOTE Confidence: 0.92181685

 $00:14:06.280 \longrightarrow 00:14:08.914$ Only about 5 to 10% of all cancers

NOTE Confidence: 0.92181685

 $00:14:08.914 \longrightarrow 00:14:10.604$ are inherited and genetic testing

NOTE Confidence: 0.92181685

 $00:14:10.604 \longrightarrow 00:14:12.879$ is not recommended for everyone.

NOTE Confidence: 0.92181685

 $00:14:12.880 \longrightarrow 00:14:14.850$ Individuals who have a personal

 $00:14:14.850 \longrightarrow 00:14:17.344$ and or family history that includes

NOTE Confidence: 0.92181685

 $00:14:17.344 \longrightarrow 00:14:19.609$ cancer at unusually early ages,

NOTE Confidence: 0.92181685

 $00:14:19.610 \longrightarrow 00:14:20.286$ multiple relatives

NOTE Confidence: 0.92181685

 $00:14:20.286 \longrightarrow 00:14:22.652$ on the same side of the family

NOTE Confidence: 0.92181685

 $00:14:22.652 \longrightarrow 00:14:24.040$ with the same cancer,

NOTE Confidence: 0.92181685

 $00:14:24.040 \longrightarrow 00:14:26.362$ more than one diagnosis of cancer

NOTE Confidence: 0.92181685

 $00:14:26.362 \longrightarrow 00:14:28.758$ in the same individual rare cancers

NOTE Confidence: 0.92181685

 $00:14:28.758 \longrightarrow 00:14:31.467$ or family history of a known altered

NOTE Confidence: 0.92181685

00:14:31.467 --> 00:14:33.931 cancer predisposing gene could be

NOTE Confidence: 0.92181685

 $00{:}14{:}33.931 \dashrightarrow 00{:}14{:}35.935$ candidates for genetic testing.

NOTE Confidence: 0.92181685

 $00{:}14{:}35.940 \dashrightarrow 00{:}14{:}37.915$ Resources for genetic counseling and

NOTE Confidence: 0.92181685

00:14:37.915 --> 00:14:39.890 testing are available at federally

NOTE Confidence: 0.92181685

 $00{:}14{:}39.951 \dashrightarrow 00{:}14{:}42.179$ designated comprehensive cancer centers,

NOTE Confidence: 0.92181685

00:14:42.180 --> 00:14:44.376 such as Yale Cancer Center and

NOTE Confidence: 0.92181685

00:14:44.376 --> 00:14:45.840 Smilow Cancer Hospital.

 $00:14:45.840 \longrightarrow 00:14:48.232$ More information is available

NOTE Confidence: 0.92181685

 $00{:}14{:}48.232 \dashrightarrow 00{:}14{:}49.698$ at yale cancercenter.org. You're

NOTE Confidence: 0.92181685

 $00:14:49.698 \longrightarrow 00:14:51.000$ listening to Connecticut

NOTE Confidence: 0.92181685

 $00:14:51.000 \longrightarrow 00:14:51.860$ Public Radio.

NOTE Confidence: 0.807147698333333

 $00:14:52.690 \longrightarrow 00:14:54.946$ Welcome back to Yale Cancer Answers.

NOTE Confidence: 0.807147698333333

00:14:54.950 --> 00:14:56.450 This is doctor Anees Chagpar

NOTE Confidence: 0.807147698333333

00:14:56.450 --> 00:14:58.508 and I'm joined tonight by my guest,

NOTE Confidence: 0.807147698333333

00:14:58.510 --> 00:14:59.485 doctor Niketa Shah.

NOTE Confidence: 0.807147698333333

00:14:59.485 --> 00:15:01.110 We're talking about the care

NOTE Confidence: 0.807147698333333

 $00:15:01.110 \longrightarrow 00:15:02.867$ of pediatric patients in bone

NOTE Confidence: 0.807147698333333

00:15:02.867 --> 00:15:04.267 marrow transplant and

NOTE Confidence: 0.807147698333333

 $00:15:04.270 \longrightarrow 00:15:06.126$ right before the break,

NOTE Confidence: 0.807147698333333

00:15:06.126 --> 00:15:08.446 we were talking about patients

NOTE Confidence: 0.807147698333333

 $00:15:08.446 \longrightarrow 00:15:10.488$ with sickle cell anemia.

NOTE Confidence: 0.807147698333333

00:15:10.490 --> 00:15:13.738 And how many of these patients will

NOTE Confidence: 0.807147698333333

 $00:15:13.738 \longrightarrow 00:15:15.640$ need recurrent blood transfusions

 $00:15:15.640 \longrightarrow 00:15:19.024$ to try to get over some of these

NOTE Confidence: 0.807147698333333

 $00:15:19.024 \longrightarrow 00:15:21.645$ acute crises that they have due

NOTE Confidence: 0.807147698333333

 $00{:}15{:}21.645 \dashrightarrow 00{:}15{:}24.273$ to blood vessels that are sickled

NOTE Confidence: 0.807147698333333 00:15:24.273 --> 00:15:25.299 in shape. NOTE Confidence: 0.807147698333333

 $00:15:25.299 \longrightarrow 00:15:27.864$ And you mentioned that while

NOTE Confidence: 0.807147698333333

 $00:15:27.864 \longrightarrow 00:15:30.290$ blood transfusions are great and

NOTE Confidence: 0.807147698333333

00:15:30.290 --> 00:15:32.480 necessary in the acute setting,

NOTE Confidence: 0.807147698333333

 $00{:}15{:}32.480 \dashrightarrow 00{:}15{:}34.580$ doing blood transfusions in

NOTE Confidence: 0.807147698333333

 $00:15:34.580 \longrightarrow 00:15:37.288$ a chronic way has a number

NOTE Confidence: 0.807147698333333

 $00:15:37.288 \longrightarrow 00:15:38.416$ of potential complications,

NOTE Confidence: 0.807147698333333

 $00:15:38.420 \longrightarrow 00:15:40.900$ everything from infections to

NOTE Confidence: 0.807147698333333

 $00:15:40.900 \longrightarrow 00:15:44.620$ iron overload to a number

NOTE Confidence: 0.807147698333333

 $00:15:44.728 \longrightarrow 00:15:47.080$ of other other issues.

NOTE Confidence: 0.807147698333333

00:15:47.080 --> 00:15:49.446 And one of the things you mentioned

NOTE Confidence: 0.807147698333333

 $00{:}15{:}49.446 \dashrightarrow 00{:}15{:}51.779$ was that bone marrow transplant is

00:15:51.779 --> 00:15:54.263 at the moment the only curative

NOTE Confidence: 0.807147698333333

00:15:54.270 --> 00:15:56.088 option. Tll us a little bit

NOTE Confidence: 0.807147698333333

 $00:15:56.088 \longrightarrow 00:15:57.760$ more about how that works.

NOTE Confidence: 0.822758981

 $00:15:57.830 \longrightarrow 00:16:00.284$ Not all patients with sickle cell

NOTE Confidence: 0.822758981

 $00:16:00.284 \longrightarrow 00:16:03.165$ disease should be taken for bone

NOTE Confidence: 0.822758981

00:16:03.165 --> 00:16:05.493 marrow transplant right away if we

NOTE Confidence: 0.822758981

 $00:16:05.493 \longrightarrow 00:16:08.291$ know there are many other supportive

NOTE Confidence: 0.822758981

 $00:16:08.291 \longrightarrow 00:16:11.058$ care therapies available for sickle cell

NOTE Confidence: 0.822758981

00:16:11.058 --> 00:16:13.626 anemia or sickle cell disease patients

NOTE Confidence: 0.822758981

 $00:16:13.626 \longrightarrow 00:16:16.320$ apart from the blood transfusion.

NOTE Confidence: 0.822758981

 $00{:}16{:}16{:}320 \dashrightarrow 00{:}16{:}19{:}385$ 50 years back prophylaxis penicillin

NOTE Confidence: 0.822758981

 $00:16:19.385 \longrightarrow 00:16:22.450$ also helped them reduce

NOTE Confidence: 0.822758981

 $00{:}16{:}22.544 \dashrightarrow 00{:}16{:}24.884$ the infection related disease

NOTE Confidence: 0.822758981

 $00:16:24.884 \longrightarrow 00:16:28.394$ which was initially started by one

NOTE Confidence: 0.822758981

 $00:16:28.493 \longrightarrow 00:16:31.328$ of our own mentors here at Yale,

NOTE Confidence: 0.822758981

 $00:16:31.330 \longrightarrow 00:16:34.010$ Doctor Howard Pearson who suggested

 $00:16:34.010 \longrightarrow 00:16:36.154$ that preventing the pneumococcal

NOTE Confidence: 0.822758981

 $00:16:36.154 \longrightarrow 00:16:38.598$ infection by giving the penicillin

NOTE Confidence: 0.822758981

 $00:16:38.598 \longrightarrow 00:16:41.460$ prophylaxis you can reduce the infection

NOTE Confidence: 0.822758981

 $00:16:41.536 \longrightarrow 00:16:44.259$ related death in first decade of life

NOTE Confidence: 0.822758981

 $00:16:44.259 \longrightarrow 00:16:46.750$ for sickle cell disease later on.

NOTE Confidence: 0.822758981

 $00:16:46.750 \longrightarrow 00:16:49.132$ A vaccine was also added and

NOTE Confidence: 0.822758981

 $00:16:49.132 \longrightarrow 00:16:51.490$ there are also some medicines.

NOTE Confidence: 0.822758981

 $00:16:51.490 \longrightarrow 00:16:53.955$ This approach helped them

NOTE Confidence: 0.822758981

 $00{:}16{:}53.955 \dashrightarrow 00{:}16{:}55.927$ reduce the complications related

NOTE Confidence: 0.822758981

00:16:55.927 --> 00:16:58.348 to the sickle cell disease.

NOTE Confidence: 0.822758981

00:16:58.350 --> 00:17:01.910 However, it's not curative,

NOTE Confidence: 0.822758981

 $00{:}17{:}01.910 \dashrightarrow 00{:}17{:}05.652$ so those patients need to take some of

NOTE Confidence: 0.822758981

 $00{:}17{:}05.652 \dashrightarrow 00{:}17{:}08.542$ these disease modifying agents lifelong

NOTE Confidence: 0.822758981

 $00:17:08.542 \longrightarrow 00:17:11.526$ to reduce those complications like

NOTE Confidence: 0.822758981

00:17:11.526 --> 00:17:15.018 hydroxyurea or a newer newly approved medicine.

 $00:17:15.020 \longrightarrow 00:17:17.732$ However, to cure the disease we need to

NOTE Confidence: 0.822758981

 $00:17:17.732 \longrightarrow 00:17:19.540$ completely change their bone marrow

NOTE Confidence: 0.822758981

 $00:17:19.540 \longrightarrow 00:17:21.705$ so their bone marrow doesn't

NOTE Confidence: 0.822758981

00:17:21.705 --> 00:17:23.437 develop sickle cell disease.

 $00:17:24.288 \longrightarrow 00:17:26.408$ Which benefits those patients

NOTE Confidence: 0.822758981

 $00:17:26.408 \longrightarrow 00:17:28.920$ who are experiencing more complication,

NOTE Confidence: 0.822758981

00:17:28.920 --> 00:17:30.423 who requires hospitalization,

NOTE Confidence: 0.822758981

 $00:17:30.423 \longrightarrow 00:17:33.429$ who develops acute chest syndrome like

NOTE Confidence: 0.822758981

00:17:33.429 --> 00:17:35.894 pneumonia every year or

NOTE Confidence: 0.822758981

 $00:17:35.894 \longrightarrow 00:17:38.264$ they have developed some stroke like

NOTE Confidence: 0.822758981

 $00:17:38.264 \longrightarrow 00:17:40.299$ symptoms or have developed stroke.

NOTE Confidence: 0.822758981

 $00{:}17{:}40.300 \dashrightarrow 00{:}17{:}42.382$ So these typse of patients can

NOTE Confidence: 0.822758981

 $00:17:42.382 \longrightarrow 00:17:44.960$ benefit if you do the transplant

NOTE Confidence: 0.822758981

 $00:17:51.444 \longrightarrow 00:17:54.756$ and we reduce

NOTE Confidence: 0.822758981

 $00:17:54.756 \longrightarrow 00:17:56.810$ their chronic morbidity.

NOTE Confidence: 0.822758981

 $00:17:56.810 \longrightarrow 00:17:59.729$ So to do the bone marrow transplant

00:17:59.729 --> 00:18:02.324 we need somebody else's bone marrow

NOTE Confidence: 0.822758981

 $00:18:02.324 \longrightarrow 00:18:04.429$ who is exactly like them.

NOTE Confidence: 0.822758981

 $00:18:04.430 \longrightarrow 00:18:06.974$ When we give blood transfusion

NOTE Confidence: 0.822758981

 $00:18:06.974 \longrightarrow 00:18:09.552$ we check the patient and donors blood

NOTE Confidence: 0.822758981

 $00:18:09.552 \longrightarrow 00:18:11.958$ group so in bone marrow transplant

NOTE Confidence: 0.822758981

 $00:18:11.958 \longrightarrow 00:18:15.038$ we do this by doing the HLA typing.

NOTE Confidence: 0.822758981

 $00:18:15.040 \longrightarrow 00:18:17.500$ This is a human leukocyte

NOTE Confidence: 0.822758981

 $00:18:17.500 \longrightarrow 00:18:19.895$ antigen typing which is all the

NOTE Confidence: 0.822758981

00:18:19.895 --> 00:18:21.595 blood cells in our body.

NOTE Confidence: 0.822758981

 $00:18:21.600 \longrightarrow 00:18:24.815$ They have some surface markers

NOTE Confidence: 0.822758981

 $00:18:24.815 \longrightarrow 00:18:27.340$ which helps them to identify that

NOTE Confidence: 0.822758981

 $00:18:27.340 \longrightarrow 00:18:30.040$ the given new cells are their own

NOTE Confidence: 0.822758981

 $00{:}18{:}30.040 \dashrightarrow 00{:}18{:}32.254$ or are mimicking like their own

NOTE Confidence: 0.822758981

 $00:18:32.254 \longrightarrow 00:18:34.399$ and they are not different.

NOTE Confidence: 0.822758981

 $00:18:34.400 \longrightarrow 00:18:37.389$ So those cells are accepted by the

NOTE Confidence: 0.822758981

 $00:18:37.389 \longrightarrow 00:18:40.597$ body very easily and that's what we do.

 $00:18:40.600 \longrightarrow 00:18:45.664$ We type the patient and the

NOTE Confidence: 0.822758981

 $00:18:45.664 \longrightarrow 00:18:48.169$ initially available siblings who are

NOTE Confidence: 0.822758981

 $00:18:48.169 \longrightarrow 00:18:50.576$ biological siblings and if they have a

NOTE Confidence: 0.822758981

 $00:18:50.576 \longrightarrow 00:18:53.217$ match a sibling who doesn't

NOTE Confidence: 0.822758981

 $00:18:53.217 \longrightarrow 00:18:56.145$ have sickle cell that we need to make

NOTE Confidence: 0.822758981

 $00:18:56.150 \longrightarrow 00:18:59.462$ sure we can use that donors

NOTE Confidence: 0.822758981

 $00:18:59.462 \longrightarrow 00:19:03.305$ or the siblings bone marrow to do the

NOTE Confidence: 0.822758981

 $00:19:03.310 \longrightarrow 00:19:06.190$ bone marrow transplant and in the last

NOTE Confidence: 0.822758981

 $00:19:06.190 \longrightarrow 00:19:09.089$ two decades we have done many,

NOTE Confidence: 0.822758981

 $00:19:09.090 \longrightarrow 00:19:10.962$ many sickle cell transplants

NOTE Confidence: 0.822758981

 $00:19:10.962 \longrightarrow 00:19:13.302$ and we have identified that

NOTE Confidence: 0.822758981

 $00:19:13.310 \longrightarrow 00:19:15.963$ if we do the matched sibling,

NOTE Confidence: 0.822758981

00:19:15.963 --> 00:19:18.489 from a siblings bone marrow,

NOTE Confidence: 0.822758981

 $00:19:18.490 \longrightarrow 00:19:21.395$ the success rate

NOTE Confidence: 0.822758981

 $00:19:21.395 \longrightarrow 00:19:24.276$ is more than 90% and

00:19:24.276 --> 00:19:27.418 in less than five, six years of age,

NOTE Confidence: 0.822758981

00:19:27.418 --> 00:19:29.774 it's up to 99% success rate and

NOTE Confidence: 0.822758981

 $00:19:29.774 \longrightarrow 00:19:32.056$ we can cure

NOTE Confidence: 0.822758981

 $00:19:32.056 \longrightarrow 00:19:34.480$ sickle cell disease and all the

NOTE Confidence: 0.822758981

 $00:19:34.480 \longrightarrow 00:19:36.340$ related complications down the road.

NOTE Confidence: 0.79580081

 $00:19:37.210 \longrightarrow 00:19:40.394$ So a good reason to be kind to

NOTE Confidence: 0.79580081

00:19:40.394 --> 00:19:42.060 your siblings because you

NOTE Confidence: 0.79580081

 $00:19:42.060 \longrightarrow 00:19:44.090$ tend to go to the siblings first,

NOTE Confidence: 0.79580081

00:19:44.090 --> 00:19:45.450 rather than to the parents,

NOTE Confidence: 0.79580081

00:19:45.450 --> 00:19:47.470 grandparents, aunts, and uncles

NOTE Confidence: 0.79580081

 $00:19:47.470 \longrightarrow 00:19:50.500$ who I'm sure are all clamoring

NOTE Confidence: 0.79580081

 $00:19:50.589 \longrightarrow 00:19:52.314$ to try to help their child.

NOTE Confidence: 0.79580081

00:19:52.314 --> 00:19:53.160 Is that right?

NOTE Confidence: 0.687235775461538

 $00:19:53.690 \longrightarrow 00:19:57.278$ Yes. However, the issue with

NOTE Confidence: 0.687235775461538

 $00:19:57.278 \longrightarrow 00:20:00.234$ sickle cell disease patients there

NOTE Confidence: 0.687235775461538

 $00:20:00.234 \longrightarrow 00:20:03.976$ are only 20% chance that we find the

00:20:03.976 --> 00:20:07.160 matched sibling who doesn't have

NOTE Confidence: 0.687235775461538

00:20:07.160 --> 00:20:08.856 sickle cell disease as well.

 $00:20:10.980 \longrightarrow 00:20:13.472$ So in our transplant world we have

NOTE Confidence: 0.687235775461538

 $00:20:13.472 \longrightarrow 00:20:15.724$ already done the other forms of

NOTE Confidence: 0.687235775461538

 $00:20:15.724 \longrightarrow 00:20:17.574$ transplant where we can either

NOTE Confidence: 0.687235775461538

 $00:20:17.574 \longrightarrow 00:20:19.951$ use the half matched mother

NOTE Confidence: 0.687235775461538

00:20:19.951 --> 00:20:22.297 or father or half match sibling

NOTE Confidence: 0.687235775461538

 $00{:}20{:}22.300 \dashrightarrow 00{:}20{:}25.348$ or as you mentioned another family member.

 $00:20:28.038 \longrightarrow 00:20:31.460$ We can also use Be the Match which is our

NOTE Confidence: 0.687235775461538

 $00:20:31.460 \longrightarrow 00:20:33.807$ unknown donor registry where many

NOTE Confidence: 0.687235775461538

 $00:20:33.807 \longrightarrow 00:20:36.227$ many people have registered themselves

NOTE Confidence: 0.687235775461538

 $00:20:36.227 \longrightarrow 00:20:39.370$ and they are ready to donate their

NOTE Confidence: 0.687235775461538

 $00{:}20{:}39.370 \dashrightarrow 00{:}20{:}42.170$ bone marrow if their HLA details

NOTE Confidence: 0.687235775461538

 $00{:}20{:}42.250 \dashrightarrow 00{:}20{:}45.050$ which are already in the registry are

NOTE Confidence: 0.687235775461538

 $00:20:45.050 \longrightarrow 00:20:47.690$ matching to the potential patient.

NOTE Confidence: 0.687235775461538

 $00:20:47.690 \longrightarrow 00:20:50.922$ And we can also do those types of

 $00{:}20{:}50.922 \dashrightarrow 00{:}20{:}52.889$ transplant using unknown donor

NOTE Confidence: 0.687235775461538

 $00:20:52.890 \longrightarrow 00:20:55.793$ either 100% match or even 90%

NOTE Confidence: 0.687235775461538

00:20:55.793 --> 00:20:58.045 match transplant using those

NOTE Confidence: 0.687235775461538

00:20:58.045 --> 00:21:00.297 unknown donors bone marrow.

NOTE Confidence: 0.874372439230769

00:21:00.430 --> 00:21:02.478 And so you know,

NOTE Confidence: 0.874372439230769

 $00:21:02.478 \longrightarrow 00:21:06.830$ one of the questions that comes up then is

NOTE Confidence: 0.874372439230769

 $00:21:06.830 \longrightarrow 00:21:08.966$ if bone marrow transplant

NOTE Confidence: 0.874372439230769

 $00{:}21{:}08.966 \dashrightarrow 00{:}21{:}12.170$ has such a high success rate

NOTE Confidence: 0.874372439230769

00:21:12.170 --> 00:21:14.529 in terms of curing sickle cell disease,

NOTE Confidence: 0.874372439230769

00:21:14.530 --> 00:21:18.695 especially if done at a young age,

NOTE Confidence: 0.874372439230769

00:21:18.700 --> 00:21:22.417 why wouldn't you do this in everybody?

NOTE Confidence: 0.874372439230769

00:21:22.420 --> 00:21:25.465 I mean, why wait until people are

NOTE Confidence: 0.874372439230769

 $00:21:25.465 \longrightarrow 00:21:26.770$ having frequent hospitalizations

NOTE Confidence: 0.874372439230769

 $00:21:26.842 \longrightarrow 00:21:28.360$ and so on and so forth?

NOTE Confidence: 0.874372439230769

 $00:21:28.360 \longrightarrow 00:21:30.415$ What's the downside to

NOTE Confidence: 0.874372439230769

00:21:30.415 --> 00:21:32.059 doing bone marrow transplant?

 $00:21:32.060 \longrightarrow 00:21:34.120$ I'm certain that many parents

NOTE Confidence: 0.874372439230769

 $00:21:34.120 \longrightarrow 00:21:36.180$ when their child is just

NOTE Confidence: 0.874372439230769

 $00:21:36.262 \longrightarrow 00:21:38.857$ diagnosed with sickle cell anemia

NOTE Confidence: 0.874372439230769

 $00:21:38.860 \longrightarrow 00:21:40.008$ if you said, well,

NOTE Confidence: 0.874372439230769

 $00:21:40.008 \longrightarrow 00:21:42.340$ we have a potentially curative treatment,

NOTE Confidence: 0.874372439230769

 $00:21:42.340 \longrightarrow 00:21:44.636$ but we're going to hold back on that

NOTE Confidence: 0.874372439230769 00:21:44.636 --> 00:21:47.600 until your NOTE Confidence: 0.874372439230769

00:21:47.600 --> 00:21:49.460 child requires multiple hospitalizations,

NOTE Confidence: 0.874372439230769

 $00:21:49.460 \longrightarrow 00:21:51.294$ they might look at you kind of funny.

NOTE Confidence: 0.803482183333334

 $00:21:51.950 \longrightarrow 00:21:53.915$ That's a very interesting

NOTE Confidence: 0.803482183333334

00:21:53.915 --> 00:21:55.487 question and very good

NOTE Confidence: 0.803482183333334

00:21:55.490 --> 00:21:57.250 debate going on between

NOTE Confidence: 0.803482183333334

 $00{:}21{:}57.250 --> 00{:}21{:}59.476$ us as a transplanter and the

NOTE Confidence: 0.803482183333334

 $00{:}21{:}59.476 \dashrightarrow 00{:}22{:}01.436$ hematologist who take care of

NOTE Confidence: 0.803482183333334

 $00:22:01.436 \longrightarrow 00:22:03.610$ their sickle cell disease patient.

00:22:03.610 --> 00:22:06.090 Because in sickle cell anemia,

NOTE Confidence: 0.803482183333334

 $00:22:06.090 \longrightarrow 00:22:07.985$ not every patient with sickle

NOTE Confidence: 0.803482183333334

 $00:22:07.985 \longrightarrow 00:22:10.520$ cell anemia has a severe disease.

NOTE Confidence: 0.803482183333334

 $00:22:10.520 \longrightarrow 00:22:12.686$ Some may have just the milder

NOTE Confidence: 0.803482183333334

 $00:22:12.686 \longrightarrow 00:22:14.830$ disease in the initial lifespan,

NOTE Confidence: 0.803482183333334

 $00:22:14.830 \longrightarrow 00:22:17.530$ and they may develop more complex

NOTE Confidence: 0.803482183333334

 $00:22:17.530 \longrightarrow 00:22:20.140$ or severe disease down the road.

NOTE Confidence: 0.803482183333334

 $00:22:20.140 \longrightarrow 00:22:23.188$ And particularly by

NOTE Confidence: 0.803482183333334

 $00:22:23.188 \longrightarrow 00:22:25.220$ using this penicillin prophylaxis

NOTE Confidence: 0.803482183333334

 $00:22:25.294 \longrightarrow 00:22:28.030$ and regular follow up with a

NOTE Confidence: 0.803482183333334

 $00:22:28.030 \longrightarrow 00:22:30.300$ multidisciplinary team

NOTE Confidence: 0.803482183333334

 $00:22:30.300 \longrightarrow 00:22:34.380$ we pick them up early and support them.

NOTE Confidence: 0.803482183333334

 $00:22:34.380 \longrightarrow 00:22:36.940$ So they are not having this severe disease.

NOTE Confidence: 0.803482183333334

 $00:22:36.940 \longrightarrow 00:22:39.852$ However, as I mentioned, as a

NOTE Confidence: 0.803482183333334

 $00:22:39.852 \longrightarrow 00:22:42.426$ transplanter we do have a good

NOTE Confidence: 0.803482183333334

 $00{:}22{:}42.426 \dashrightarrow 00{:}22{:}45.160$ success rate with them if we do

 $00:22:45.160 \longrightarrow 00:22:46.960$ the HLA match sibling transplant.

 $00:22:52.730 \longrightarrow 00:22:55.442$ We recommend that they have

NOTE Confidence: 0.803482183333334

00:22:55.442 --> 00:22:58.743 their HLA typing and if they have

NOTE Confidence: 0.803482183333334

 $00:22:58.743 \longrightarrow 00:23:01.200$ a biological sibling we do

NOTE Confidence: 0.803482183333334

 $00:23:01.200 \longrightarrow 00:23:03.300$ their actual typing and find out

NOTE Confidence: 0.803482183333334

 $00:23:03.300 \longrightarrow 00:23:06.071$ if they have a matched sibling in the

NOTE Confidence: 0.803482183333334

 $00:23:06.071 \longrightarrow 00:23:08.468$ family and we keep that in mind.

NOTE Confidence: 0.803482183333334

 $00:23:08.470 \longrightarrow 00:23:10.835$ And if they start experiencing

NOTE Confidence: 0.803482183333334

 $00:23:10.835 \longrightarrow 00:23:13.200$ this complication related to the

NOTE Confidence: 0.803482183333334

 $00:23:13.282 \longrightarrow 00:23:15.670$ sickle cell disease it is better

NOTE Confidence: 0.803482183333334

 $00:23:15.670 \longrightarrow 00:23:18.638$ we consider them for a mathed sibling

NOTE Confidence: 0.803482183333334

 $00{:}23{:}18.638 \dashrightarrow 00{:}23{:}20.798$ donor transplant early in life.

NOTE Confidence: 0.803482183333334

 $00:23:20.800 \longrightarrow 00:23:23.348$ So that is one of the recommendations

NOTE Confidence: 0.803482183333334

 $00:23:23.348 \longrightarrow 00:23:25.080$ we try to follow.

NOTE Confidence: 0.803482183333334 00:23:25.080 --> 00:23:25.437 However, NOTE Confidence: 0.803482183333334

00:23:25.437 --> 00:23:28.293 I need to also as a transplanter

00:23:28.293 --> 00:23:30.338 mention that transplant itself,

NOTE Confidence: 0.803482183333334

 $00:23:30.340 \longrightarrow 00:23:32.335$ bone marrow transplant is not

NOTE Confidence: 0.803482183333334

 $00:23:32.335 \longrightarrow 00:23:34.630$ a simple process.

NOTE Confidence: 0.803482183333334

00:23:34.630 --> 00:23:36.390 You remove a patients own bone marrow

NOTE Confidence: 0.803482183333334

 $00:23:36.390 \longrightarrow 00:23:38.884$ and give them the new bone marrow

NOTE Confidence: 0.803482183333334 00:23:38.884 --> 00:23:40.160 and it's NOTE Confidence: 0.803482183333334

00:23:40.160 --> 00:23:41.990 not a one day surgery.

NOTE Confidence: 0.803482183333334

 $00{:}23{:}41.990 \dashrightarrow 00{:}23{:}46.166$ It is a complex process that takes time.

NOTE Confidence: 0.803482183333334

 $00{:}23{:}46.170 \dashrightarrow 00{:}23{:}49.258$ So first we need to remove a patients own

NOTE Confidence: 0.803482183333334

 $00:23:49.258 \longrightarrow 00:23:52.390$ bone marrow by giving little chemotherapy

NOTE Confidence: 0.803482183333334

00:23:52.390 --> 00:23:54.490 to remove their underlying bone

NOTE Confidence: 0.803482183333334

 $00:23:54.490 \longrightarrow 00:23:57.010$ marrow which is diseased then we

NOTE Confidence: 0.803482183333334

 $00{:}23{:}57.010 \dashrightarrow 00{:}23{:}59.460$ give new bone marrow from the donor

NOTE Confidence: 0.803482183333334

00:23:59.460 --> 00:24:01.630 which takes time, maybe two weeks

NOTE Confidence: 0.803482183333334

 $00:24:01.630 \longrightarrow 00:24:04.096$ to settle down in the patients

 $00:24:04.096 \longrightarrow 00:24:07.009$ body and then they start working.

NOTE Confidence: 0.803482183333334

 $00:24:07.010 \longrightarrow 00:24:09.645$ So that requires a complex

NOTE Confidence: 0.803482183333334

 $00:24:09.645 \longrightarrow 00:24:11.753$ process and hospitalization and

NOTE Confidence: 0.803482183333334

00:24:11.753 --> 00:24:14.277 afterwards also we need to closely

NOTE Confidence: 0.803482183333334

 $00:24:14.277 \longrightarrow 00:24:16.677$ monitor for the initial few months with

NOTE Confidence: 0.803482183333334

 $00:24:16.677 \longrightarrow 00:24:19.071$ some medicines and

NOTE Confidence: 0.803482183333334

 $00:24:19.071 \longrightarrow 00:24:21.488$ regular follow up so

NOTE Confidence: 0.803482183333334

 $00{:}24{:}21.488 \dashrightarrow 00{:}24{:}24.330$ bone marrow transplant is not a

NOTE Confidence: 0.803482183333334

00:24:24.420 --> 00:24:27.348 simple one day surgery type process.

NOTE Confidence: 0.803482183333334

 $00:24:27.350 \longrightarrow 00:24:30.395$ However, over the last 10 years we

NOTE Confidence: 0.803482183333334

 $00:24:30.395 \longrightarrow 00:24:33.834$ have learned how to do it better with

NOTE Confidence: 0.803482183333334

 $00:24:33.834 \longrightarrow 00:24:36.750$ less side effects and less toxicity.

NOTE Confidence: 0.803482183333334

 $00{:}24{:}36.750 \dashrightarrow 00{:}24{:}39.180$ I mentioned earlier that to remove

NOTE Confidence: 0.803482183333334

00:24:39.180 --> 00:24:41.954 patients own bone marrow we may we

NOTE Confidence: 0.803482183333334

 $00:24:41.954 \longrightarrow 00:24:44.108$ have to use some little chemotherapy.

NOTE Confidence: 0.803482183333334

00:24:44.110 --> 00:24:46.545 However because initially we were

 $00:24:46.545 \longrightarrow 00:24:48.980$ doing this type of transplant

NOTE Confidence: 0.803482183333334

 $00:24:49.060 \longrightarrow 00:24:51.688$ similarly what we do for leukemia.

NOTE Confidence: 0.803482183333334

 $00:24:51.690 \longrightarrow 00:24:54.554$ But in last 10 years we learned

NOTE Confidence: 0.803482183333334

 $00:24:54.554 \longrightarrow 00:24:56.568$ that for sickle cell transplant

NOTE Confidence: 0.803482183333334

00:24:56.568 --> 00:24:59.462 we don't need to use that high

NOTE Confidence: 0.803482183333334

 $00:24:59.462 \longrightarrow 00:25:02.174$ dose of chemotherapy which we use

NOTE Confidence: 0.803482183333334

 $00:25:02.174 \longrightarrow 00:25:03.530$ for leukemia patients.

NOTE Confidence: 0.803482183333334

00:25:03.530 --> 00:25:06.140 So nowadays we do sickle cell

NOTE Confidence: 0.803482183333334

 $00:25:06.140 \longrightarrow 00:25:08.436$ transplant with

NOTE Confidence: 0.803482183333334

very less toxic medicines

NOTE Confidence: 0.803482183333334

 $00{:}25{:}11.244 \dashrightarrow 00{:}25{:}14.049$ or even some of the protocol

NOTE Confidence: 0.803482183333334

 $00:25:14.050 \longrightarrow 00:25:16.060$ or in the study we identified

NOTE Confidence: 0.803482183333334

 $00{:}25{:}16.060 \dashrightarrow 00{:}25{:}18.766$ that we may do transplant without

NOTE Confidence: 0.803482183333334

 $00:25:18.766 \longrightarrow 00:25:20.689$ using any chemotherapy,

NOTE Confidence: 0.803482183333334

 $00:25:20.690 \longrightarrow 00:25:23.216$ just one dose of radiation.

 $00:25:26.960 \longrightarrow 00:25:29.284$ So over the last 10 years there

NOTE Confidence: 0.896687556363636

 $00:25:29.284 \longrightarrow 00:25:32.191$ has been a great success in

NOTE Confidence: 0.896687556363636

00:25:32.191 --> 00:25:34.023 doing sickle cell transplant

NOTE Confidence: 0.896687556363636

 $00:25:34.023 \longrightarrow 00:25:36.838$ better with less side effects.

NOTE Confidence: 0.896687556363636

 $00:25:36.840 \longrightarrow 00:25:39.570$ So that needs to be considered in

NOTE Confidence: 0.896687556363636

 $00:25:39.570 \longrightarrow 00:25:42.035$ overall care or while we manage

NOTE Confidence: 0.896687556363636

 $00{:}25{:}42.035 \dashrightarrow 00{:}25{:}44.465$ sickle cell patients to find out

NOTE Confidence: 0.896687556363636

00:25:44.465 --> 00:25:47.155 if they have a HLA matcedh sibling

NOTE Confidence: 0.896687556363636

 $00:25:47.155 \longrightarrow 00:25:49.889$ and if they have

NOTE Confidence: 0.896687556363636

 $00:25:49.889 \longrightarrow 00:25:51.581$ started developing some complications

NOTE Confidence: 0.896687556363636

 $00{:}25{:}51.581 \to 00{:}25{:}53.479$ bone marrow transplant should be

NOTE Confidence: 0.896687556363636

 $00:25:53.480 \longrightarrow 00:25:54.368$ offered to them.

NOTE Confidence: 0.749122573333333

00:25:55.610 --> 00:25:57.830 And when we think about transplants,

NOTE Confidence: 0.749122573333333

 $00{:}25{:}57.830 \dashrightarrow 00{:}26{:}00.832$ I mean, I think many people know a

NOTE Confidence: 0.749122573333333

00:26:00.832 --> 00:26:02.787 lot more about organ transplants,

NOTE Confidence: 0.749122573333333

 $00:26:02.790 \longrightarrow 00:26:04.590$ for example, than maybe they know

 $00:26:04.590 \longrightarrow 00:26:05.790$ about bone marrow transplants.

NOTE Confidence: 0.749122573333333

 $00{:}26{:}05.790 \dashrightarrow 00{:}26{:}07.842$ But certainly when we think about

NOTE Confidence: 0.749122573333333

 $00:26:07.842 \longrightarrow 00:26:10.050$ people who have had transplants,

NOTE Confidence: 0.749122573333333

 $00:26:10.050 \longrightarrow 00:26:12.588$ one of the things that we often worry about

NOTE Confidence: 0.749122573333333

00:26:12.588 --> 00:26:15.448 is something like graft versus host disease,

NOTE Confidence: 0.749122573333333

 $00{:}26{:}15.450 \dashrightarrow 00{:}26{:}19.693$ where you can actually reject

NOTE Confidence: 0.749122573333333

 $00:26:19.693 \longrightarrow 00:26:22.374$ due to a mismatch

NOTE Confidence: 0.749122573333333

 $00{:}26{:}22.374 \dashrightarrow 00{:}26{:}25.628$ or at least a partial mismatch.

NOTE Confidence: 0.749122573333333

 $00:26:25.630 \longrightarrow 00:26:30.418$ That either the graft or the new organ,

NOTE Confidence: 0.749122573333333

 $00{:}26{:}30.420 \dashrightarrow 00{:}26{:}33.126$ the new bone marrow might start

NOTE Confidence: 0.749122573333333

00:26:33.126 --> 00:26:35.308 reacting to your native cells,

NOTE Confidence: 0.749122573333333

 $00:26:35.308 \longrightarrow 00:26:38.510$ or vice versa, your immune system

NOTE Confidence: 0.749122573333333

 $00{:}26{:}38.510 \dashrightarrow 00{:}26{:}41.845$ starts attacking the new

NOTE Confidence: 0.749122573333333

 $00:26:41.845 \longrightarrow 00:26:44.585$ bone marrow,

NOTE Confidence: 0.749122573333333

00:26:44.590 --> 00:26:47.628 does that happen in bone marrow transplant?

 $00:26:47.630 \longrightarrow 00:26:50.500$ And do patients who have a bone

NOTE Confidence: 0.749122573333333

 $00{:}26{:}50.500 {\:{\mbox{--}}\!>}\ 00{:}26{:}52.933$ marrow transplant need to be

NOTE Confidence: 0.749122573333333

 $00:26:52.933 \longrightarrow 00:26:54.619$ on lifelong immunosuppressants?

NOTE Confidence: 0.749122573333333 00:26:54.620 --> 00:26:55.232 I mean, NOTE Confidence: 0.749122573333333

 $00:26:55.232 \longrightarrow 00:26:56.762$ is that something that people

NOTE Confidence: 0.749122573333333

00:26:56.762 --> 00:26:58.827 consider in the decision of whether

NOTE Confidence: 0.749122573333333

00:26:58.827 --> 00:27:00.987 to undergo a bone marrow transplant?

NOTE Confidence: 0.80276668

00:27:02.500 --> 00:27:05.900 A very good point and I would like to explain

NOTE Confidence: 0.80276668

 $00{:}27{:}05.985 \dashrightarrow 00{:}27{:}08.939$ that yes similar to organ transplant,

NOTE Confidence: 0.80276668

 $00:27:08.940 \longrightarrow 00:27:10.836$ bone marrow transplant patients

NOTE Confidence: 0.80276668

00:27:10.836 --> 00:27:13.680 also experience some

NOTE Confidence: 0.80276668

 $00:27:13.760 \longrightarrow 00:27:16.220$ either graft

NOTE Confidence: 0.80276668

00:27:16.220 --> 00:27:18.580 failure where a patients own immunity,

NOTE Confidence: 0.80276668

 $00:27:18.580 \longrightarrow 00:27:19.864$ particularly those patients

NOTE Confidence: 0.80276668

 $00:27:19.864 \longrightarrow 00:27:21.576$ who have received many,

NOTE Confidence: 0.80276668

 $00{:}27{:}21.580 {\:{\mbox{--}}\!>\:} 00{:}27{:}23.628$ many blood transfusion before

 $00:27:23.628 \longrightarrow 00:27:25.676$ they go for transplant,

NOTE Confidence: 0.80276668

 $00:27:25.680 \longrightarrow 00:27:28.480$ they experience complications and they

NOTE Confidence: 0.80276668

 $00:27:28.480 \longrightarrow 00:27:32.768$ reject the donor cells or the donor cells

NOTE Confidence: 0.80276668

 $00:27:32.770 \longrightarrow 00:27:35.522$ fight with the patients own cells and

NOTE Confidence: 0.80276668

 $00:27:35.522 \longrightarrow 00:27:38.468$ that is called graft vs host disease.

NOTE Confidence: 0.80276668

 $00:27:38.470 \longrightarrow 00:27:41.851$ So the main point here if you

NOTE Confidence: 0.80276668

00:27:41.851 --> 00:27:44.590 do transplant early in the life,

NOTE Confidence: 0.80276668

 $00:27:44.590 \longrightarrow 00:27:47.026$ particularly less than 10 years of age,

NOTE Confidence: 0.80276668

 $00:27:47.030 \longrightarrow 00:27:49.754$ this type of complication with matched

NOTE Confidence: 0.80276668

 $00:27:49.754 \longrightarrow 00:27:52.349$ sibling donor transplant is less.

NOTE Confidence: 0.80276668

 $00:27:52.350 \longrightarrow 00:27:54.426$ So that's why we recommend early

NOTE Confidence: 0.80276668

 $00:27:54.426 \longrightarrow 00:27:55.464$ bone marrow transplant.

NOTE Confidence: 0.80276668

00:27:55.470 --> 00:27:57.556 And then just the last query

NOTE Confidence: 0.80276668

 $00:27:57.556 \longrightarrow 00:28:00.255$ which you asked is do they need

NOTE Confidence: 0.80276668

 $00:28:00.255 \longrightarrow 00:28:01.560$ the lifelong immunosuppression?

 $00:28:01.560 \longrightarrow 00:28:03.330$ Not in bone marrow.

NOTE Confidence: 0.80276668

 $00:28:03.330 \longrightarrow 00:28:05.106$ We are completely

NOTE Confidence: 0.80276668

 $00:28:05.106 \longrightarrow 00:28:07.770$ changing their immunity so once the

NOTE Confidence: 0.80276668

00:28:07.847 --> 00:28:10.139 new bone marrow has settled down

NOTE Confidence: 0.80276668

 $00:28:10.140 \longrightarrow 00:28:12.280$ they don't need this

NOTE Confidence: 0.80276668

 $00{:}28{:}12.280 \dashrightarrow 00{:}28{:}13.350$ lifelong immunosuppression.

NOTE Confidence: 0.80276668

 $00:28:13.350 \longrightarrow 00:28:15.100$ That is the main difference

NOTE Confidence: 0.80276668

00:28:15.100 --> 00:28:16.850 between the solid organ transplant

NOTE Confidence: 0.80276668

 $00{:}28{:}16.916 \dashrightarrow 00{:}28{:}18.666$ and our bone marrow transplant.

NOTE Confidence: 0.80276668

 $00:28:18.670 \longrightarrow 00:28:21.180$ Bone marrow transplant patients are

NOTE Confidence: 0.80276668

 $00{:}28{:}21.180 \dashrightarrow 00{:}28{:}23.690$ mainly on immunosuppression for maybe

NOTE Confidence: 0.80276668

 $00:28:23.764 \longrightarrow 00:28:26.380$ six months or a year or little longer,

NOTE Confidence: 0.80276668

 $00:28:26.380 \longrightarrow 00:28:27.988$ but afterwards no medicine.

NOTE Confidence: 0.927172236538462

 $00:28:28.740 \longrightarrow 00:28:30.905$ Doctor Niketa Shah is associate

NOTE Confidence: 0.927172236538462

 $00:28:30.905 \longrightarrow 00:28:33.070$ professor of Pediatrics and hematology

NOTE Confidence: 0.927172236538462

 $00:28:33.140 \longrightarrow 00:28:35.702$ oncology and director of the pediatric

 $00{:}28{:}35.702 \dashrightarrow 00{:}28{:}37.410$ bone Marrow Transplant program

NOTE Confidence: 0.927172236538462

 $00:28:37.479 \longrightarrow 00:28:39.399$ at the Yale School of Medicine.

NOTE Confidence: 0.927172236538462

00:28:39.400 --> 00:28:41.400 If you have questions,

NOTE Confidence: 0.927172236538462

00:28:41.400 --> 00:28:43.351 the address is canceranswers@yale.edu,

NOTE Confidence: 0.927172236538462

 $00:28:43.351 \longrightarrow 00:28:46.057$ and past editions of the program

NOTE Confidence: 0.927172236538462

00:28:46.057 --> 00:28:48.402 are available in audio and written

NOTE Confidence: 0.927172236538462

 $00:28:48.402 \longrightarrow 00:28:49.314$ form at yalecancercenter.org.

NOTE Confidence: 0.927172236538462

 $00:28:49.314 \longrightarrow 00:28:51.666$ We hope you'll join us next week to

NOTE Confidence: 0.927172236538462

 $00{:}28{:}51.666 \dashrightarrow 00{:}28{:}53.463$ learn more about the fight against

NOTE Confidence: 0.927172236538462

 $00{:}28{:}53.463 \dashrightarrow 00{:}28{:}55.240$ cancer here on Connecticut Public Radio.

NOTE Confidence: 0.927172236538462

00:28:55.240 --> 00:28:56.990 Funding for Yale Cancer Answers

NOTE Confidence: 0.927172236538462

 $00{:}28{:}56.990 \dashrightarrow 00{:}28{:}58.740$ is provided by Smilow Cancer

NOTE Confidence: 0.927172236538462 00:28:58.740 --> 00:29:00.000 Hospital.