## WEBVTT

 $00:00:00.000 \longrightarrow 00:00:02.154$  Funding for Yale Cancer Answers is

NOTE Confidence: 0.790324663090909

 $00{:}00{:}02.154 \dashrightarrow 00{:}00{:}04.190$  provided by Smilow Cancer Hospital.

NOTE Confidence: 0.825975075

 $00:00:06.420 \longrightarrow 00:00:08.352$  Welcome to Yale Cancer Answers with

NOTE Confidence: 0.825975075

00:00:08.352 --> 00:00:10.899 your host, Doctor Anees Chappar.

NOTE Confidence: 0.825975075

 $00{:}00{:}10.900 \dashrightarrow 00{:}00{:}12.692$  Yale Cancer Answers features the

NOTE Confidence: 0.825975075

00:00:12.692 --> 00:00:14.810 latest information on cancer care by

NOTE Confidence: 0.825975075

 $00:00:14.874 \longrightarrow 00:00:16.310$  welcoming oncologists and specialists

NOTE Confidence: 0.825975075

 $00:00:16.310 \longrightarrow 00:00:18.816$  who are on the forefront of the

NOTE Confidence: 0.825975075

00:00:18.816 --> 00:00:20.568 battle to fight cancer. This week,

NOTE Confidence: 0.825975075

 $00:00:20.570 \longrightarrow 00:00:22.165$  it's a conversation about innovations

NOTE Confidence: 0.825975075

 $00:00:22.165 \longrightarrow 00:00:24.156$  in the care of breast cancer

NOTE Confidence: 0.825975075

00:00:24.156 --> 00:00:25.496 with Doctor Eric Winer.

NOTE Confidence: 0.825975075

 $00{:}00{:}25.500 \dashrightarrow 00{:}00{:}27.534$  Doctor Winer is a professor of

NOTE Confidence: 0.825975075

00:00:27.534 --> 00:00:28.890 medicine and medical oncology

NOTE Confidence: 0.825975075

 $00:00:28.953 \longrightarrow 00:00:30.675$  at the Yale School of Medicine,

 $00:00:30.680 \longrightarrow 00:00:32.640$  where Doctor Chagpar is a

NOTE Confidence: 0.825975075

 $00:00:32.640 \longrightarrow 00:00:34.208$  professor of surgical oncology.

NOTE Confidence: 0.913926180833333

 $00:00:35.890 \longrightarrow 00:00:37.360$  So Eric, you and I have

NOTE Confidence: 0.913926180833333

00:00:37.360 --> 00:00:38.849 known each other for a while,

NOTE Confidence: 0.913926180833333

 $00:00:38.850 \longrightarrow 00:00:41.122$  but I was hoping that you could tell

NOTE Confidence: 0.913926180833333

00:00:41.122 --> 00:00:42.911 everybody a little bit more about

NOTE Confidence: 0.913926180833333

 $00:00:42.911 \longrightarrow 00:00:45.095$  yourself and how it is that you

NOTE Confidence: 0.913926180833333

 $00{:}00{:}45.095 \dashrightarrow 00{:}00{:}47.015$  became a breast medical oncologist.

NOTE Confidence: 0.864710045789474

 $00:00:47.780 \longrightarrow 00:00:51.660$  Oh gosh, it was a long time ago that

NOTE Confidence: 0.864710045789474

 $00{:}00{:}51.760 \dashrightarrow 00{:}00{:}55.837$  I decided to be a breast cancer doctor.

NOTE Confidence: 0.864710045789474

 $00{:}00{:}55.840 --> 00{:}00{:}57.536$  As a medical student,

NOTE Confidence: 0.864710045789474

 $00:00:57.536 \longrightarrow 00:00:59.656$  I was actually interested in

NOTE Confidence: 0.864710045789474

 $00{:}00{:}59.656 \dashrightarrow 00{:}01{:}02.248$  cancer and did my thesis in medical

NOTE Confidence: 0.864710045789474

 $00{:}01{:}02.248 \dashrightarrow 00{:}01{:}04.840$  school on a breast cancer subject,

NOTE Confidence: 0.864710045789474

00:01:04.840 --> 00:01:07.288 but I didn't necessarily think I would become

NOTE Confidence: 0.864710045789474

 $00:01:07.288 \longrightarrow 00:01:09.938$  a breast cancer doctor and then for a while

 $00:01:09.940 \longrightarrow 00:01:11.926$  I actually thought about being a

NOTE Confidence: 0.864710045789474

00:01:11.926 --> 00:01:13.876 psychiatrist, but decided that

NOTE Confidence: 0.864710045789474

 $00{:}01{:}13.876 \dashrightarrow 00{:}01{:}16.800$  wasn't probably quite what I wanted to do.

NOTE Confidence: 0.864710045789474

 $00:01:16.800 \longrightarrow 00:01:19.558$  And as a resident I just found

NOTE Confidence: 0.864710045789474

00:01:19.558 --> 00:01:22.340 cancer to be the most interesting

NOTE Confidence: 0.864710045789474

 $00:01:22.340 \longrightarrow 00:01:25.340$  area that I dealt with.

NOTE Confidence: 0.864710045789474

 $00:01:25.340 \longrightarrow 00:01:27.314$  And so I was actually

NOTE Confidence: 0.864710045789474

 $00:01:27.314 \longrightarrow 00:01:29.650$  here at Yale as a resident.

NOTE Confidence: 0.864710045789474

 $00:01:29.650 \longrightarrow 00:01:32.360$  And then I went to Duke as a fellow.

NOTE Confidence: 0.864710045789474

 $00{:}01{:}32.360 \dashrightarrow 00{:}01{:}34.688$  And in truth I was interested

NOTE Confidence: 0.864710045789474

 $00:01:34.688 \longrightarrow 00:01:35.852$  in breast cancer,

NOTE Confidence: 0.864710045789474

 $00:01:35.860 \longrightarrow 00:01:38.464$  but it was also an opportunity

NOTE Confidence: 0.864710045789474

 $00{:}01{:}38.464 \dashrightarrow 00{:}01{:}41.369$  because the job opened up as someone

NOTE Confidence: 0.864710045789474

00:01:41.369 --> 00:01:44.457 to really take care of most

NOTE Confidence: 0.864710045789474

 $00:01:44.457 \longrightarrow 00:01:46.847$  patients with breast cancer.

00:01:46.850 --> 00:01:48.950 At Duke in those days,

NOTE Confidence: 0.864710045789474

 $00:01:48.950 \longrightarrow 00:01:51.350$  it was a time when we knew

NOTE Confidence: 0.864710045789474

 $00:01:51.350 \longrightarrow 00:01:53.528$  much less about breast cancer,

NOTE Confidence: 0.864710045789474

 $00:01:53.530 \longrightarrow 00:01:56.956$  and when a very young doctor

NOTE Confidence: 0.864710045789474

 $00:01:56.956 \longrightarrow 00:01:58.669$  could suddenly become

NOTE Confidence: 0.864710045789474

 $00:01:58.670 \longrightarrow 00:02:00.062$  the breast cancer expert,

NOTE Confidence: 0.864710045789474

 $00:02:00.062 \longrightarrow 00:02:01.802$  which is certainly not the

NOTE Confidence: 0.864710045789474

 $00:02:01.802 \longrightarrow 00:02:03.339$  way it would be today.

NOTE Confidence: 0.864710045789474

 $00:02:03.340 \longrightarrow 00:02:04.996$  And that was now 30 years

NOTE Confidence: 0.864710045789474

 $00:02:04.996 \longrightarrow 00:02:06.660$  ago and I have to say,

NOTE Confidence: 0.864710045789474

00:02:06.660 --> 00:02:11.770 it's been an incredible journey.

NOTE Confidence: 0.864710045789474

 $00:02:11.770 \longrightarrow 00:02:14.105$  And it's been a really

NOTE Confidence: 0.864710045789474

00:02:14.105 --> 00:02:15.973 perfect profession for me.

NOTE Confidence: 0.9248053225

 $00:02:17.510 \longrightarrow 00:02:19.046$  So tell us a little bit

NOTE Confidence: 0.9248053225

 $00:02:19.046 \longrightarrow 00:02:20.690$  more about why you say that.

NOTE Confidence: 0.9248053225

 $00:02:20.690 \longrightarrow 00:02:23.840$  I mean, because many people when they

 $00:02:23.840 \longrightarrow 00:02:26.406$  think about the perfect profession

NOTE Confidence: 0.9248053225

00:02:26.406 --> 00:02:29.772 they would think about something that

NOTE Confidence: 0.9248053225

 $00:02:29.772 \longrightarrow 00:02:33.823$  is highly lucrative that does not

NOTE Confidence: 0.9248053225

 $00:02:33.823 \longrightarrow 00:02:37.969$  require a tremendous amount of effort.

NOTE Confidence: 0.9248053225

 $00:02:37.970 \longrightarrow 00:02:41.090$  And where every body around you is

NOTE Confidence: 0.9248053225

00:02:41.090 --> 00:02:44.936 happy and doing well, but when we think

NOTE Confidence: 0.9248053225

00:02:44.936 --> 00:02:47.706 about cancer doctors in general,

NOTE Confidence: 0.9248053225

 $00:02:47.710 \longrightarrow 00:02:50.867$  these are people who work incredibly hard.

NOTE Confidence: 0.9248053225

00:02:50.870 --> 00:02:53.310 They have very long hours.

NOTE Confidence: 0.9248053225

 $00{:}02{:}53.310 \dashrightarrow 00{:}02{:}55.295$  They may not be remunerated

NOTE Confidence: 0.9248053225

 $00:02:55.295 \longrightarrow 00:02:57.860$  as well as one would think,

NOTE Confidence: 0.9248053225

 $00:02:57.860 \longrightarrow 00:03:00.092$  and the people around them and

NOTE Confidence: 0.9248053225

 $00:03:00.092 \longrightarrow 00:03:02.010$  the patients that they have,

NOTE Confidence: 0.9248053225

 $00:03:02.010 \dashrightarrow 00:03:05.838$  although sometimes do well, sometimes don't.

NOTE Confidence: 0.9248053225

 $00:03:05.840 \longrightarrow 00:03:07.556$  So how do you square that?

 $00:03:10.878 \longrightarrow 00:03:13.140$  I'll pick that apart a little bit and

 $00:03:13.140 \longrightarrow 00:03:15.890$  answer it in a number of ways.

NOTE Confidence: 0.855268975833333

 $00:03:15.890 \longrightarrow 00:03:19.042$  So first I have to say I've always

NOTE Confidence: 0.855268975833333

00:03:19.042 --> 00:03:22.385 been paid more than enough to meet the

NOTE Confidence: 0.855268975833333

 $00:03:22.385 \longrightarrow 00:03:25.648$  needs that I have and my family has,

NOTE Confidence: 0.855268975833333

00:03:25.650 --> 00:03:32.390 so that's been fine. In terms of

NOTE Confidence: 0.855268975833333

 $00:03:32.390 \longrightarrow 00:03:34.694$  wanting a job where I might not have

NOTE Confidence: 0.855268975833333

 $00:03:34.694 \longrightarrow 00:03:37.192$  to work so hard that was never really

NOTE Confidence: 0.855268975833333

 $00{:}03{:}37.192 \dashrightarrow 00{:}03{:}39.457$  part of my vision and I'm somebody

NOTE Confidence: 0.855268975833333

 $00:03:39.457 \longrightarrow 00:03:42.444$  who likes to work hard who likes to

NOTE Confidence: 0.855268975833333

 $00{:}03{:}42.444 \dashrightarrow 00{:}03{:}47.205$  get involved and so working hard in

NOTE Confidence: 0.855268975833333

00:03:47.205 --> 00:03:49.690 an area where you really love what

NOTE Confidence: 0.855268975833333

 $00:03:49.690 \longrightarrow 00:03:52.036$  you're doing is pretty easy for me.

NOTE Confidence: 0.855268975833333

 $00{:}03{:}52.040 \dashrightarrow 00{:}03{:}54.273$  And I think the reason it's been

NOTE Confidence: 0.855268975833333

 $00{:}03{:}54.273 \dashrightarrow 00{:}03{:}56.326$  such a perfect profession is that

NOTE Confidence: 0.855268975833333

 $00:03:56.326 \longrightarrow 00:03:58.980$  it has been the perfect mix for me,

 $00:03:58.980 \longrightarrow 00:04:03.030$  of both patient care and research

NOTE Confidence: 0.855268975833333

 $00:04:03.030 \longrightarrow 00:04:04.380$  and education.

NOTE Confidence: 0.855268975833333

 $00:04:04.380 \longrightarrow 00:04:09.030$  And in some administration or leadership.

NOTE Confidence: 0.855268975833333

 $00:04:09.030 \longrightarrow 00:04:12.450$  And the proportion of those various

NOTE Confidence: 0.855268975833333

 $00:04:12.450 \longrightarrow 00:04:14.730$  components has varied overtime.

NOTE Confidence: 0.855268975833333

00:04:14.730 --> 00:04:17.950 But I have to say that I've always

NOTE Confidence: 0.855268975833333

 $00:04:17.950 \longrightarrow 00:04:20.409$  loved taking care of patients. I've

NOTE Confidence: 0.855268975833333

00:04:20.409 --> 00:04:23.763 learned more than one can

NOTE Confidence: 0.855268975833333

 $00:04:23.763 \longrightarrow 00:04:27.069$  imagine from taking care of people.

NOTE Confidence: 0.855268975833333

 $00:04:27.070 \longrightarrow 00:04:29.030$  And at the same time,

NOTE Confidence: 0.855268975833333

 $00{:}04{:}29.030 \dashrightarrow 00{:}04{:}30.605$  I've loved doing the research

NOTE Confidence: 0.855268975833333

 $00:04:30.605 \longrightarrow 00:04:32.775$  I've done because if all I did

NOTE Confidence: 0.855268975833333

 $00:04:32.775 \longrightarrow 00:04:34.110$  was take care of patients,

NOTE Confidence: 0.855268975833333

 $00:04:34.110 \longrightarrow 00:04:35.646$  I think it would be fine.

NOTE Confidence: 0.855268975833333

 $00:04:35.650 \longrightarrow 00:04:38.765$  But I wouldn't feel like I was

NOTE Confidence: 0.855268975833333

 $00{:}04{:}38.770 \dashrightarrow 00{:}04{:}41.512$  making the kind of improvements that

00:04:41.512 --> 00:04:44.760 I would like in the field.

NOTE Confidence: 0.771193876333333

 $00:04:44.810 \longrightarrow 00:04:47.348$  So you know, I think one of the things

NOTE Confidence: 0.771193876333333

 $00:04:47.348 \longrightarrow 00:04:49.856$  that you point out is something that a

NOTE Confidence: 0.771193876333333

 $00:04:49.856 \longrightarrow 00:04:52.429$  lot of people in cancer medicine feel.

NOTE Confidence: 0.771193876333333

 $00:04:52.430 \longrightarrow 00:04:56.636$  Which is there is a certain

NOTE Confidence: 0.771193876333333

00:04:56.640 --> 00:04:59.321 pride, a certain humility and

NOTE Confidence: 0.771193876333333

 $00:04:59.321 \longrightarrow 00:05:02.540$  and a certain joy in being able to not

NOTE Confidence: 0.771193876333333

 $00:05:02.540 \longrightarrow 00:05:05.180$  only help patients on a 1 to one basis,

NOTE Confidence: 0.771193876333333

 $00:05:05.180 \longrightarrow 00:05:07.868$  but also to help patients

NOTE Confidence: 0.771193876333333

 $00:05:07.868 \longrightarrow 00:05:09.999$  writ large in the future.

NOTE Confidence: 0.771193876333333

00:05:10.000 --> 00:05:11.728 Doing the kind of research that

NOTE Confidence: 0.771193876333333

 $00:05:11.728 \longrightarrow 00:05:13.400$  can move the field forward.

NOTE Confidence: 0.771193876333333

 $00{:}05{:}13.400 \longrightarrow 00{:}05{:}15.578$  So can you tell us a little bit more

NOTE Confidence: 0.771193876333333

 $00:05:15.578 \longrightarrow 00:05:17.527$  about the research that you've been

NOTE Confidence: 0.771193876333333

 $00:05:17.527 \longrightarrow 00:05:19.750$  involved with over the last 30 years?

00:05:20.990 --> 00:05:23.690 I do want to make one comment first though,

NOTE Confidence: 0.891773082222222

 $00{:}05{:}23.690 \dashrightarrow 00{:}05{:}26.980$  which is that the place where I feel as a

NOTE Confidence: 0.891773082222222

 $00:05:27.069 \longrightarrow 00:05:30.471$  person most centered is when I'm in a room

NOTE Confidence: 0.891773082222222

 $00:05:30.471 \longrightarrow 00:05:33.826$  with a patient and the door is closed as

NOTE Confidence: 0.891773082222222

 $00:05:33.826 \longrightarrow 00:05:38.288$  of course it always is for privacy and

NOTE Confidence: 0.891773082222222

 $00:05:38.290 \longrightarrow 00:05:40.726$  I can just focus on that individual

NOTE Confidence: 0.891773082222222

 $00:05:40.726 \longrightarrow 00:05:44.123$  and for me time stops and I'm really

NOTE Confidence: 0.891773082222222

 $00:05:44.123 \longrightarrow 00:05:46.393$  doing nothing but paying attention

NOTE Confidence: 0.891773082222222

 $00:05:46.477 \longrightarrow 00:05:48.595$  to what's going on in there.

NOTE Confidence: 0.891773082222222

 $00:05:48.600 \longrightarrow 00:05:50.980$  And that's a feeling that I don't

NOTE Confidence: 0.891773082222222

 $00{:}05{:}50.980 \to 00{:}05{:}53.588$  often have in other aspects of my

NOTE Confidence: 0.891773082222222

 $00:05:53.588 \longrightarrow 00:05:55.850$  life where many people will say,

NOTE Confidence: 0.891773082222222

00:05:55.850 --> 00:05:57.410 you know, are you paying attention?

NOTE Confidence: 0.891773082222222

 $00{:}05{:}57.410 \dashrightarrow 00{:}06{:}00.008$  And I may not always be,

NOTE Confidence: 0.891773082222222

 $00:06:00.010 \longrightarrow 00:06:01.494$  but I always am when I'm in

NOTE Confidence: 0.891773082222222

 $00:06:01.494 \longrightarrow 00:06:02.810$  the room with the patient.

 $00{:}06{:}02.810 --> 00{:}06{:}05.270$  But in terms of research,

NOTE Confidence: 0.891773082222222

 $00:06:05.270 \longrightarrow 00:06:08.250$  my research has really been

NOTE Confidence: 0.891773082222222

 $00{:}06{:}08.250 \dashrightarrow 00{:}06{:}11.040$  clinical research and translational research.

NOTE Confidence: 0.891773082222222

00:06:11.040 --> 00:06:12.234 Translational meaning

NOTE Confidence: 0.891773082222222

 $00:06:12.234 \longrightarrow 00:06:15.816$  clinical research that begins to touch

NOTE Confidence: 0.891773082222222

 $00:06:15.816 \longrightarrow 00:06:19.368$  on what's going on in the laboratory,

NOTE Confidence: 0.891773082222222

 $00:06:19.370 \longrightarrow 00:06:23.146$  but my focus has been on trying to

NOTE Confidence: 0.891773082222222

 $00{:}06{:}23.150 \longrightarrow 00{:}06{:}25.784$  improve treatments for women and

NOTE Confidence: 0.891773082222222

 $00:06:25.784 \longrightarrow 00:06:28.090$  occasionally men with breast cancer,

NOTE Confidence: 0.891773082222222

 $00{:}06{:}28.090 \dashrightarrow 00{:}06{:}30.610$  and that's really gone in two directions.

NOTE Confidence: 0.891773082222222

 $00:06:30.610 \longrightarrow 00:06:34.768$  It's gone in the direction of identifying

NOTE Confidence: 0.891773082222222

 $00:06:34.768 \longrightarrow 00:06:38.699$  treatments that are truly more effective

NOTE Confidence: 0.891773082222222

 $00{:}06{:}38.700 \dashrightarrow 00{:}06{:}41.364$  and that allow people to live

NOTE Confidence: 0.891773082222222

 $00:06:41.364 \longrightarrow 00:06:43.140$  longer and better lives.

NOTE Confidence: 0.891773082222222

 $00:06:43.140 \longrightarrow 00:06:47.515$  And it's also involved work looking at

 $00:06:47.520 \longrightarrow 00:06:50.187$  when can we do less treatment and

NOTE Confidence: 0.891773082222222

 $00:06:50.187 \longrightarrow 00:06:52.525$  spare people side effects that they

NOTE Confidence: 0.891773082222222

 $00:06:52.525 \longrightarrow 00:06:55.590$  don't need and that too has been

NOTE Confidence: 0.891773082222222

 $00:06:55.590 \longrightarrow 00:06:57.725$  very satisfying because

NOTE Confidence: 0.891773082222222 00:06:57.725 --> 00:06:58.579 of course, NOTE Confidence: 0.891773082222222

 $00:06:58.580 \longrightarrow 00:07:01.331$  the best treatment for anyone

NOTE Confidence: 0.891773082222222

 $00:07:01.331 \longrightarrow 00:07:04.020$  is the treatment that they need.

NOTE Confidence: 0.891773082222222

00:07:04.020 --> 00:07:05.760 Not too much, not too little,

NOTE Confidence: 0.891773082222222

 $00{:}07{:}05.760 \dashrightarrow 00{:}07{:}07.540$  but just the right amount.

NOTE Confidence: 0.878432137857143

 $00:07:08.850 \longrightarrow 00:07:10.922$  And so let's dive a

NOTE Confidence: 0.878432137857143

 $00{:}07{:}10.922 \dashrightarrow 00{:}07{:}13.127$  little bit more into both of those.

NOTE Confidence: 0.878432137857143

 $00:07:13.130 \longrightarrow 00:07:15.754$  So one of the things that we've kind

NOTE Confidence: 0.878432137857143

 $00{:}07{:}15.754 \dashrightarrow 00{:}07{:}18.917$  of noticed over time is that we have

NOTE Confidence: 0.878432137857143

 $00:07:18.917 \longrightarrow 00:07:20.988$  gotten more effective treatments and

NOTE Confidence: 0.878432137857143

00:07:20.988 --> 00:07:23.613 not only have they been more effective,

NOTE Confidence: 0.878432137857143

 $00{:}07{:}23.620 \dashrightarrow 00{:}07{:}25.888$  they've been more personalized.

 $00{:}07{:}25.888 \dashrightarrow 00{:}07{:}29.290$  So we've seen this burgeoning of

NOTE Confidence: 0.878432137857143

 $00:07:29.380 \longrightarrow 00:07:31.932$  personalized medicine of genomics

NOTE Confidence: 0.878432137857143

 $00:07:31.932 \longrightarrow 00:07:34.895$  of targeted therapies, talk a little

NOTE Confidence: 0.878432137857143

 $00:07:34.895 \longrightarrow 00:07:37.940$  bit more about the genesis of that.

NOTE Confidence: 0.878432137857143

 $00:07:37.940 \longrightarrow 00:07:38.820$  And where do you

NOTE Confidence: 0.878432137857143

 $00:07:38.820 \longrightarrow 00:07:40.140$  think things are going in terms

NOTE Confidence: 0.878432137857143

 $00:07:40.190 \longrightarrow 00:07:40.970$  of breast cancer?

NOTE Confidence: 0.855127515714286

 $00:07:41.720 \longrightarrow 00:07:44.464$  For years we knew that

NOTE Confidence: 0.855127515714286

 $00:07:44.464 \longrightarrow 00:07:47.437$  not all breast cancer was the same,

NOTE Confidence: 0.855127515714286

 $00:07:47.440 \longrightarrow 00:07:49.673$  but a patient would ask what kind

NOTE Confidence: 0.855127515714286

 $00:07:49.673 \longrightarrow 00:07:51.642$  of breast cancer do I have and

NOTE Confidence: 0.855127515714286

 $00:07:51.642 \longrightarrow 00:07:53.699$  what I would be able to tell her,

NOTE Confidence: 0.855127515714286

 $00{:}07{:}53.700 \dashrightarrow 00{:}07{:}56.297$  and this is now 25 years ago,

NOTE Confidence: 0.855127515714286

 $00:07:56.300 \longrightarrow 00:07:57.406$  I'd be able to say you have

NOTE Confidence: 0.855127515714286

 $00:07:57.406 \longrightarrow 00:07:58.170$  stage one breast cancer.

00:07:58.170 --> 00:08:00.120 You have stage two breast cancer,

NOTE Confidence: 0.855127515714286

 $00{:}08{:}00.120 \dashrightarrow 00{:}08{:}01.605$  which really doesn't say what

NOTE Confidence: 0.855127515714286

 $00:08:01.605 \longrightarrow 00:08:03.320$  kind of breast cancer it is.

NOTE Confidence: 0.855127515714286

 $00:08:03.320 \longrightarrow 00:08:06.092$  It just says how much breast cancer

NOTE Confidence: 0.855127515714286

 $00:08:06.092 \longrightarrow 00:08:08.649$  there is because stage is essentially

NOTE Confidence: 0.855127515714286

 $00{:}08{:}08.649 \dashrightarrow 00{:}08{:}11.235$  a measure of amount of cancer.

NOTE Confidence: 0.855127515714286

 $00:08:11.240 \longrightarrow 00:08:12.380$  But what we've learned,

NOTE Confidence: 0.855127515714286

 $00:08:12.380 \longrightarrow 00:08:13.520$  and we've learned this

NOTE Confidence: 0.855127515714286

 $00:08:13.520 \longrightarrow 00:08:16.166$  both through clinical trials and through

NOTE Confidence: 0.855127515714286

00:08:16.166 --> 00:08:18.300 laboratory research that's been done,

NOTE Confidence: 0.855127515714286

 $00:08:18.300 \longrightarrow 00:08:20.766$  is that there are really multiple

NOTE Confidence: 0.855127515714286

 $00:08:20.766 \longrightarrow 00:08:22.940$  different subtypes of breast cancer.

NOTE Confidence: 0.855127515714286

 $00:08:22.940 \longrightarrow 00:08:24.824$  It's not one disease,

NOTE Confidence: 0.855127515714286

00:08:24.824 --> 00:08:27.990 it's a family of diseases and exactly

NOTE Confidence: 0.855127515714286

 $00:08:27.990 \longrightarrow 00:08:30.420$  how many family members there are,

NOTE Confidence: 0.855127515714286

 $00:08:30.420 \longrightarrow 00:08:32.415$  that's still a little bit unclear,

 $00:08:32.420 \longrightarrow 00:08:35.738$  but there are at least four very

NOTE Confidence: 0.855127515714286

00:08:35.738 --> 00:08:38.589 distinct types of breast cancer,

NOTE Confidence: 0.855127515714286

 $00:08:38.590 \longrightarrow 00:08:41.718$  and these are all treated in a different

NOTE Confidence: 0.855127515714286

 $00:08:41.718 \longrightarrow 00:08:45.320$  way and in a way that is much more

NOTE Confidence: 0.855127515714286

 $00:08:45.320 \longrightarrow 00:08:47.309$  personalized than was the case

NOTE Confidence: 0.855127515714286

 $00:08:47.310 \longrightarrow 00:08:49.450 \ 10 \ or \ 20 \ years \ ago.$ 

NOTE Confidence: 0.855127515714286

 $00:08:49.450 \longrightarrow 00:08:52.972$  And that's allowed us to give

NOTE Confidence: 0.855127515714286

 $00:08:52.972 \longrightarrow 00:08:56.610$  therapy that is effective and needed,

NOTE Confidence: 0.855127515714286

 $00:08:56.610 \longrightarrow 00:08:59.242$  but not a waste of time because

NOTE Confidence: 0.855127515714286

 $00:08:59.242 \longrightarrow 00:09:01.594$  it's simply causing side effects

NOTE Confidence: 0.855127515714286

 $00:09:01.594 \longrightarrow 00:09:03.319$  without producing benefit.

NOTE Confidence: 0.834965584

 $00{:}09{:}05.350 \dashrightarrow 00{:}09{:}08.325$  And so the other aspect that you

NOTE Confidence: 0.834965584

 $00{:}09{:}08.325 \dashrightarrow 00{:}09{:}11.455$  had mentioned is this whole

NOTE Confidence: 0.834965584

00:09:11.455 --> 00:09:14.107 concept of dees calation.

NOTE Confidence: 0.834965584

 $00:09:14.110 \longrightarrow 00:09:17.070$  Can we get the same results or perhaps

00:09:17.070 --> 00:09:20.108 even better results by doing less therapy?

NOTE Confidence: 0.834965584

 $00:09:20.110 \longrightarrow 00:09:22.406$  So less of the therapies that may

NOTE Confidence: 0.834965584

 $00:09:22.406 \longrightarrow 00:09:25.228$  not be as effective or as needed?

NOTE Confidence: 0.834965584

 $00:09:25.230 \longrightarrow 00:09:28.576$  Can we cut down on how much

NOTE Confidence: 0.834965584

00:09:28.576 --> 00:09:30.010 surgery we're doing?

NOTE Confidence: 0.834965584

 $00:09:30.010 \longrightarrow 00:09:31.830$  Can we cut down on how much

NOTE Confidence: 0.834965584

 $00:09:31.830 \longrightarrow 00:09:32.610$  radiation we're doing?

NOTE Confidence: 0.834965584

 $00:09:32.610 \longrightarrow 00:09:35.426$  Can we cut down on how much chemotherapy?

 $00:09:38.460 \longrightarrow 00:09:41.211$  I think there may be some people

NOTE Confidence: 0.834965584

 $00:09:41.211 \longrightarrow 00:09:43.099$  who may say,

NOTE Confidence: 0.834965584

 $00:09:43.100 \longrightarrow 00:09:45.440$  who wants more therapy,

NOTE Confidence: 0.834965584

 $00:09:45.440 \longrightarrow 00:09:50.016$  but others may be a little bit apprehensive

NOTE Confidence: 0.834965584

 $00:09:50.020 \longrightarrow 00:09:52.660$  thinking that corners may be cut.

NOTE Confidence: 0.834965584

 $00:09:52.660 \longrightarrow 00:09:54.655$  Are we really getting the

NOTE Confidence: 0.834965584

 $00:09:54.655 \longrightarrow 00:09:56.650$  same results by doing less?

NOTE Confidence: 0.801297006666667

00:09:58.630 --> 00:10:02.380 Sure, you know it's interesting,

 $00:10:02.380 \longrightarrow 00:10:05.032$  there are both patients and doctors

NOTE Confidence: 0.801297006666667

 $00{:}10{:}05.032 \dashrightarrow 00{:}10{:}07.809$  who are worried about backing off,

NOTE Confidence: 0.801297006666667

 $00{:}10{:}07.810 \dashrightarrow 00{:}10{:}11.442$  and in some cases I think they don't

NOTE Confidence: 0.801297006666667

 $00:10:11.442 \longrightarrow 00:10:14.359$  appreciate that some of our therapies

NOTE Confidence: 0.801297006666667

 $00:10:14.360 \longrightarrow 00:10:19.000$  have really profound consequences and

NOTE Confidence: 0.801297006666667

00:10:19.000 --> 00:10:23.136 have side effects that one can easily do

NOTE Confidence: 0.801297006666667

00:10:23.136 --> 00:10:26.039 without and may last for years and years,

NOTE Confidence: 0.801297006666667

 $00:10:26.040 \longrightarrow 00:10:30.027$  so doing less may be doing more in some

NOTE Confidence: 0.801297006666667

 $00{:}10{:}30.027 \dashrightarrow 00{:}10{:}34.016$  cases if the therapy itself isn't needed.

NOTE Confidence: 0.801297006666667

00:10:34.020 --> 00:10:36.210 Medical oncologists, people like me,

NOTE Confidence: 0.801297006666667

 $00{:}10{:}36.210 \dashrightarrow 00{:}10{:}39.339$  tend to take credit for this whole

NOTE Confidence: 0.801297006666667

 $00:10:39.339 \longrightarrow 00:10:42.335$  concept of deescalation or backing off.

NOTE Confidence: 0.801297006666667

 $00:10:42.340 \longrightarrow 00:10:44.572$  But in truth it's the surgeons

NOTE Confidence: 0.801297006666667

 $00{:}10{:}44.572 \dashrightarrow 00{:}10{:}46.060$  who really started it.

NOTE Confidence: 0.801297006666667

 $00:10:46.060 \longrightarrow 00:10:50.253$  And if people remember back 50 or

NOTE Confidence: 0.801297006666667

 $00{:}10{:}50.253 \dashrightarrow 00{:}10{:}53.310$ 60 years ago, radical mastectomy was

 $00:10:53.310 \longrightarrow 00:10:56.460$  a terribly deforming operation,

NOTE Confidence: 0.801297006666667

00:10:56.460 --> 00:10:57.897 performed routinely,

NOTE Confidence: 0.801297006666667

 $00:10:57.897 \longrightarrow 00:11:01.921$  and it was through a series of

NOTE Confidence: 0.801297006666667

00:11:01.921 --> 00:11:04.249 experiments, of clinical trials,

NOTE Confidence: 0.801297006666667

 $00:11:04.250 \longrightarrow 00:11:06.665$  that people find that you actually could

NOTE Confidence: 0.801297006666667

00:11:06.665 --> 00:11:09.209 do much less in the way of surgery.

NOTE Confidence: 0.801297006666667

00:11:09.210 --> 00:11:12.034 Radical mastectomies became modified

NOTE Confidence: 0.801297006666667

 $00:11:12.034 \longrightarrow 00:11:13.446$  radical mastectomies,

NOTE Confidence: 0.801297006666667

 $00:11:13.450 \longrightarrow 00:11:17.710$  and then it was demonstrated unequivocally,

NOTE Confidence: 0.801297006666667 00:11:17.710 --> 00:11:18.294 absolutely, NOTE Confidence: 0.801297006666667

00:11:18.294 --> 00:11:21.516 unequivocally that for women who are

NOTE Confidence: 0.801297006666667

 $00:11:21.516 \longrightarrow 00:11:24.174$  appropriate candidates for an excision alone,

NOTE Confidence: 0.801297006666667

 $00:11:24.180 \longrightarrow 00:11:26.310$  or a lumpectomy

NOTE Confidence: 0.801297006666667

 $00:11:26.310 \longrightarrow 00:11:29.590$  plus radiation is entirely the

NOTE Confidence: 0.801297006666667

 $00:11:29.590 \longrightarrow 00:11:32.214$  equivalent to a mastectomy.

00:11:32.220 --> 00:11:33.584 And then more recently,

NOTE Confidence: 0.801297006666667

00:11:33.584 --> 00:11:34.948 over the past decade,

NOTE Confidence: 0.801297006666667

 $00:11:34.950 \longrightarrow 00:11:38.298$  we've learned that in many cases we can do

NOTE Confidence: 0.801297006666667

 $00:11:38.298 \longrightarrow 00:11:41.826$  far less in the way of lymph node surgery.

NOTE Confidence: 0.801297006666667

 $00:11:41.830 \longrightarrow 00:11:44.390$  The radiation oncologists have

NOTE Confidence: 0.801297006666667

 $00:11:44.390 \longrightarrow 00:11:46.835$  also looked carefully at who needs

NOTE Confidence: 0.801297006666667

00:11:46.835 --> 00:11:49.582 more and who needs less and have

NOTE Confidence: 0.801297006666667

00:11:49.582 --> 00:11:50.890 been more personalized.

NOTE Confidence: 0.801297006666667

 $00:11:50.890 \longrightarrow 00:11:53.470$  And again in medical oncology,

NOTE Confidence: 0.801297006666667

 $00:11:53.470 \longrightarrow 00:11:57.166$  now that we have identified subtypes of

NOTE Confidence: 0.801297006666667

 $00{:}11{:}57.166 \dashrightarrow 00{:}12{:}01.166$  breast cancer and can reliably do that,

NOTE Confidence: 0.801297006666667

 $00:12:01.170 \longrightarrow 00:12:03.072$  we have found that there are

NOTE Confidence: 0.801297006666667

00:12:03.072 --> 00:12:05.326 many areas where we can or many

NOTE Confidence: 0.801297006666667

 $00{:}12{:}05.326 \dashrightarrow 00{:}12{:}07.454$  patients for whom we don't need to

NOTE Confidence: 0.801297006666667

00:12:07.525 --> 00:12:09.709 use treatments like chemotherapy,

NOTE Confidence: 0.801297006666667

 $00{:}12{:}09.710 \dashrightarrow 00{:}12{:}11.876$  where we can use hormonal therapy

 $00:12:11.876 \longrightarrow 00:12:14.576$  alone and in the setting of 1

NOTE Confidence: 0.801297006666667

00:12:14.576 --> 00:12:16.144 subtype of breast cancer,

NOTE Confidence: 0.801297006666667

00:12:16.150 --> 00:12:19.104 what's called HER2 positive breast cancer,

NOTE Confidence: 0.801297006666667

 $00:12:19.110 \longrightarrow 00:12:21.238$  we've found that

NOTE Confidence: 0.801297006666667

 $00:12:21.238 \longrightarrow 00:12:23.898$  often times very limited courses of

NOTE Confidence: 0.801297006666667

 $00:12:23.898 \longrightarrow 00:12:26.553$  chemotherapy can be every bit as

NOTE Confidence: 0.801297006666667

 $00:12:26.553 \longrightarrow 00:12:29.040$  effective as something that's more extreme.

NOTE Confidence: 0.800768871666667

 $00:12:30.750 \longrightarrow 00:12:32.610$  And so a lot of that,

NOTE Confidence: 0.800768871666667

 $00:12:32.610 \longrightarrow 00:12:36.336$  though is really predicated on generating

NOTE Confidence: 0.800768871666667

 $00:12:36.336 \longrightarrow 00:12:40.270$  the evidence that underpins that rationale.

NOTE Confidence: 0.800768871666667

 $00:12:40.270 \longrightarrow 00:12:42.986$  That yes, you can do less and

NOTE Confidence: 0.800768871666667

 $00:12:42.986 \longrightarrow 00:12:45.449$  achieve same outcomes,

NOTE Confidence: 0.800768871666667

 $00{:}12{:}45.450 \dashrightarrow 00{:}12{:}49.410$  and that really goes to clinical

NOTE Confidence: 0.800768871666667

 $00:12:49.410 \longrightarrow 00:12:50.730$  trial participation.

NOTE Confidence: 0.800768871666667

 $00:12:50.730 \longrightarrow 00:12:53.482$  But some patients might be a little bit

00:12:53.482 --> 00:12:55.820 reticent to participate in clinical trials,

NOTE Confidence: 0.800768871666667

 $00:12:55.820 \longrightarrow 00:12:58.046$  so how do you talk to patients

NOTE Confidence: 0.800768871666667

 $00:12:58.046 \longrightarrow 00:12:59.426$  about clinical trial participation

NOTE Confidence: 0.800768871666667

 $00:12:59.426 \longrightarrow 00:13:01.939$  and how important it is to move

NOTE Confidence: 0.800768871666667

 $00:13:01.940 \longrightarrow 00:13:02.699$  the field forward.

NOTE Confidence: 0.784036278666667

00:13:04.160 --> 00:13:06.120 Well, ultimately a trial has

NOTE Confidence: 0.784036278666667

 $00:13:06.120 \longrightarrow 00:13:09.189$  to be right for a patient and

NOTE Confidence: 0.784036278666667

 $00:13:09.190 \longrightarrow 00:13:12.600$  in truth, there's nothing that

NOTE Confidence: 0.784036278666667

 $00{:}13{:}12.600 \dashrightarrow 00{:}13{:}15.386$  should ever compel or force a

NOTE Confidence: 0.784036278666667

 $00:13:15.386 \longrightarrow 00:13:17.510$  patient to participate in the trial.

NOTE Confidence: 0.784036278666667

 $00:13:17.510 \longrightarrow 00:13:19.890$  It has to be voluntary,

NOTE Confidence: 0.784036278666667

00:13:19.890 --> 00:13:23.166 but in general, with clinical trials,

NOTE Confidence: 0.784036278666667

 $00:13:23.170 \longrightarrow 00:13:25.426$  we're actually trying to do better.

NOTE Confidence: 0.784036278666667

00:13:25.430 --> 00:13:28.356 So in some cases we're doing randomized

NOTE Confidence: 0.784036278666667

 $00:13:28.356 \longrightarrow 00:13:30.466$  clinical trials that compare a

NOTE Confidence: 0.784036278666667

 $00:13:30.466 \longrightarrow 00:13:32.806$  standard with something that we hope

 $00:13:32.806 \longrightarrow 00:13:36.690$  is better than the standard and

NOTE Confidence: 0.784036278666667

00:13:36.690 --> 00:13:38.250 much of the time,

NOTE Confidence: 0.784036278666667

 $00:13:38.250 \longrightarrow 00:13:41.670$  we're testing new

NOTE Confidence: 0.784036278666667

 $00:13:41.670 \longrightarrow 00:13:44.460$  treatments that actually do turn out

NOTE Confidence: 0.784036278666667

 $00:13:44.545 \longrightarrow 00:13:47.338$  to be better or certainly not worse.

NOTE Confidence: 0.784036278666667

 $00:13:47.340 \longrightarrow 00:13:50.788$  And in clinical trials that may not be

NOTE Confidence: 0.784036278666667

 $00:13:50.788 \longrightarrow 00:13:53.377$  randomized still there the intent,

NOTE Confidence: 0.784036278666667

 $00:13:53.380 \longrightarrow 00:13:56.536$  of course, is to

NOTE Confidence: 0.784036278666667

 $00{:}13{:}56.540 \dashrightarrow 00{:}13{:}59.809$  develop a treatment or an approach that

NOTE Confidence: 0.784036278666667

 $00{:}13{:}59.809 \dashrightarrow 00{:}14{:}03.199$  is better than the standard approach.

NOTE Confidence: 0.784036278666667

00:14:03.200 --> 00:14:04.524 Having said all that,

NOTE Confidence: 0.784036278666667

 $00:14:04.524 \longrightarrow 00:14:06.510$  there are patients who just want

NOTE Confidence: 0.784036278666667

 $00{:}14{:}06.578 \dashrightarrow 00{:}14{:}08.174$  the standard therapy they're

NOTE Confidence: 0.784036278666667

 $00:14:08.174 \longrightarrow 00:14:10.568$  comfortable with what is known,

NOTE Confidence: 0.784036278666667

 $00:14:10.570 \longrightarrow 00:14:14.090$  and they don't want to stray beyond that.

 $00:14:14.090 \longrightarrow 00:14:17.830$  And that's that's OK.

NOTE Confidence: 0.784036278666667

00:14:17.830 --> 00:14:19.622 I will say, however,

NOTE Confidence: 0.784036278666667

00:14:19.622 --> 00:14:22.792 that all of the improvements that I

NOTE Confidence: 0.784036278666667

 $00:14:22.792 \longrightarrow 00:14:25.522$  talked about a few minutes ago all

NOTE Confidence: 0.784036278666667

 $00:14:25.522 \longrightarrow 00:14:28.967$  came about as a result of clinical trials.

NOTE Confidence: 0.784036278666667

00:14:28.970 --> 00:14:32.330 If you're backing off on therapy

NOTE Confidence: 0.784036278666667

 $00:14:32.330 \longrightarrow 00:14:34.340$  and trying to do less,

NOTE Confidence: 0.784036278666667

 $00:14:34.340 \longrightarrow 00:14:36.181$  that should be done as part of

NOTE Confidence: 0.784036278666667

 $00:14:36.181 \longrightarrow 00:14:37.752$  a clinical trial to demonstrate

NOTE Confidence: 0.784036278666667

 $00:14:37.752 \longrightarrow 00:14:38.829$  that that's safe.

NOTE Confidence: 0.784036278666667

 $00{:}14{:}38.830 \dashrightarrow 00{:}14{:}40.664$  If you're looking at a new therapy,

NOTE Confidence: 0.784036278666667

 $00:14:40.670 \longrightarrow 00:14:42.168$  and I don't want people to think

NOTE Confidence: 0.784036278666667

 $00:14:42.168 \longrightarrow 00:14:43.578$  for a minute that although we

NOTE Confidence: 0.784036278666667

 $00:14:43.578 \longrightarrow 00:14:45.006$  do is back off on therapies,

NOTE Confidence: 0.784036278666667

 $00:14:45.010 \longrightarrow 00:14:47.938$  we still need to develop

NOTE Confidence: 0.784036278666667

 $00:14:47.938 \longrightarrow 00:14:49.890$  new and better therapies,

00:14:49.890 --> 00:14:51.778 hopefully therapies that don't

NOTE Confidence: 0.784036278666667

 $00:14:51.778 \longrightarrow 00:14:54.610$  have a great deal of toxicity.

NOTE Confidence: 0.784036278666667

 $00:14:54.610 \longrightarrow 00:14:56.990$  But when we're doing that,

NOTE Confidence: 0.784036278666667

 $00:14:56.990 \longrightarrow 00:14:59.414$  that's part of a clinical trial as well.

NOTE Confidence: 0.784036278666667

00:14:59.420 --> 00:15:02.517 So local trials are really absolutely

NOTE Confidence: 0.784036278666667

00:15:02.517 --> 00:15:04.419 critical for moving the field forward,

NOTE Confidence: 0.784036278666667

 $00:15:04.420 \longrightarrow 00:15:08.436$  and the reason we have made so much

NOTE Confidence: 0.784036278666667

 $00{:}15{:}08.436 \dashrightarrow 00{:}15{:}11.908$  progress in breast cancer is that

NOTE Confidence: 0.784036278666667

 $00:15:11.910 \longrightarrow 00:15:12.658$  mostly women,

NOTE Confidence: 0.784036278666667

 $00:15:12.658 \longrightarrow 00:15:14.528$  because unfortunately even the men

NOTE Confidence: 0.784036278666667

00:15:14.528 --> 00:15:16.825 who have breast cancer are often

NOTE Confidence: 0.784036278666667

 $00:15:16.825 \longrightarrow 00:15:18.685$  excluded from the clinical trials,

NOTE Confidence: 0.784036278666667

00:15:18.690 --> 00:15:21.780 but women have very

NOTE Confidence: 0.784036278666667

 $00{:}15{:}21.780 \dashrightarrow 00{:}15{:}24.252$  generously participated in trials.

NOTE Confidence: 0.885311939090909

 $00:15:25.520 \longrightarrow 00:15:27.830$  We're going to

 $00:15:27.830 \longrightarrow 00:15:30.204$  pick up this conversation right after we

NOTE Confidence: 0.885311939090909

 $00{:}15{:}30.204 \dashrightarrow 00{:}15{:}33.200$  take a short break for a medical minute.

NOTE Confidence: 0.885311939090909

 $00:15:33.200 \longrightarrow 00:15:35.552$  Please stay tuned to learn more about

NOTE Confidence: 0.885311939090909

 $00:15:35.552 \longrightarrow 00:15:37.263$  innovations in Breast Cancer Care

NOTE Confidence: 0.885311939090909

00:15:37.263 --> 00:15:39.183 with my guest doctor Eric Winer.

NOTE Confidence: 0.769441751

00:15:39.940 --> 00:15:41.920 Funding for Yale Cancer Answers

NOTE Confidence: 0.769441751

00:15:41.920 --> 00:15:43.900 comes from Smilow Cancer Hospital,

NOTE Confidence: 0.769441751

00:15:43.900 --> 00:15:46.833 where you can view videos from their

NOTE Confidence: 0.769441751

 $00:15:46.833 \longrightarrow 00:15:49.739$  survivorship team by searching for the

NOTE Confidence: 0.769441751

00:15:49.739 --> 00:15:52.359 smilow survivorship playlist on YouTube.

NOTE Confidence: 0.769441751

 $00{:}15{:}52.360 \dashrightarrow 00{:}15{:}54.472$  The American Cancer Society

NOTE Confidence: 0.769441751

 $00:15:54.472 \longrightarrow 00:15:56.826$  estimates that nearly 150,000 people

NOTE Confidence: 0.769441751

00:15:56.826 --> 00:15:59.507 in the US will be diagnosed with

NOTE Confidence: 0.769441751

 $00{:}15{:}59.507 \dashrightarrow 00{:}16{:}01.480$  colorectal cancer this year alone.

NOTE Confidence: 0.769441751

 $00:16:01.480 \longrightarrow 00:16:03.550$  When detected, early colorectal cancer

NOTE Confidence: 0.769441751

 $00:16:03.550 \longrightarrow 00:16:06.180$  is easily treated and highly curable,

 $00:16:06.180 \longrightarrow 00:16:08.556$  and men and women over the age of 45

NOTE Confidence: 0.769441751

 $00{:}16{:}08.556 \dashrightarrow 00{:}16{:}10.105$  should have regular colonoscopies

NOTE Confidence: 0.769441751

 $00:16:10.105 \longrightarrow 00:16:12.140$  to screen for the disease.

NOTE Confidence: 0.769441751

 $00:16:12.140 \longrightarrow 00:16:13.596$  Patients with colorectal cancer

NOTE Confidence: 0.769441751

 $00:16:13.596 \longrightarrow 00:16:15.780$  have more hope than ever before,

NOTE Confidence: 0.769441751

 $00:16:15.780 \longrightarrow 00:16:18.576$  thanks to increased access to advanced

NOTE Confidence: 0.769441751

 $00:16:18.576 \longrightarrow 00:16:20.440$  therapies and specialized care.

NOTE Confidence: 0.769441751

00:16:20.440 --> 00:16:22.440 Clinical trials are currently underway.

NOTE Confidence: 0.769441751

 $00{:}16{:}22.440 \dashrightarrow 00{:}16{:}23.880$  Federally designated comprehensive

NOTE Confidence: 0.769441751

 $00:16:23.880 \longrightarrow 00:16:26.760$  cancer centers such as Yale Cancer

NOTE Confidence: 0.769441751

 $00{:}16{:}26.760 \dashrightarrow 00{:}16{:}29.268$  Center and its Milo Cancer Hospital

NOTE Confidence: 0.769441751

 $00:16:29.268 \longrightarrow 00:16:31.739$  to test innovative new treatments for

NOTE Confidence: 0.769441751

 $00{:}16{:}31.739 \dashrightarrow 00{:}16{:}33.979$  colorectal cancer tumor gene analysis

NOTE Confidence: 0.769441751

 $00:16:33.979 \longrightarrow 00:16:36.216$  has helped improve management of

NOTE Confidence: 0.769441751

 $00:16:36.216 \longrightarrow 00:16:38.396$  colorectal cancer by identifying the

00:16:38.396 --> 00:16:41.238 patients most likely to benefit from

NOTE Confidence: 0.769441751

 $00:16:41.238 \longrightarrow 00:16:43.808$  chemotherapy and newer targeted agents,

NOTE Confidence: 0.769441751

 $00:16:43.810 \longrightarrow 00:16:46.690$  resulting in more patient specific treatment.

NOTE Confidence: 0.769441751

 $00:16:46.690 \longrightarrow 00:16:49.670$  More information is available at

NOTE Confidence: 0.769441751

 $00:16:49.670 \longrightarrow 00:16:50.954$  yalecancercenter.org you're listening

NOTE Confidence: 0.769441751

 $00:16:50.954 \longrightarrow 00:16:52.666$  to Connecticut Public Radio.

NOTE Confidence: 0.841177818333333

 $00:16:53.330 \longrightarrow 00:16:55.688$  Welcome back to Yale Cancer answers.

NOTE Confidence: 0.841177818333333

00:16:55.690 --> 00:16:58.338 This is doctor Anish Chappar and I'm joined

NOTE Confidence: 0.841177818333333

00:16:58.338 --> 00:17:00.790 tonight by my guest doctor Eric Weiner.

NOTE Confidence: 0.841177818333333

 $00:17:00.790 \longrightarrow 00:17:02.490$  We're talking about advances in

NOTE Confidence: 0.841177818333333

 $00{:}17{:}02.490 \dashrightarrow 00{:}17{:}04.608$  the care of patients with breast

NOTE Confidence: 0.841177818333333

 $00{:}17{:}04.608 \dashrightarrow 00{:}17{:}06.708$  cancer and right before the break,

NOTE Confidence: 0.841177818333333

 $00{:}17{:}06.710 \dashrightarrow 00{:}17{:}09.195$  Eric, you were telling us a little

NOTE Confidence: 0.841177818333333

 $00:17:09.195 \longrightarrow 00:17:11.422$  bit about clinical trials and about

NOTE Confidence: 0.841177818333333

00:17:11.422 --> 00:17:13.594 how various advances had been made

NOTE Confidence: 0.841177818333333

 $00:17:13.594 \longrightarrow 00:17:15.910$  as a result of clinical trials.

00:17:15.910 --> 00:17:18.290 But that, really, this is a very

NOTE Confidence: 0.841177818333333

 $00:17:18.290 \longrightarrow 00:17:19.950$  personal decision for patients.

NOTE Confidence: 0.841177818333333

 $00:17:19.950 \longrightarrow 00:17:21.894$  Some patients want to

NOTE Confidence: 0.841177818333333

 $00:17:21.894 \longrightarrow 00:17:23.838$  participate in clinical trials.

NOTE Confidence: 0.841177818333333

 $00:17:23.840 \longrightarrow 00:17:27.064$  That potentially could positively

NOTE Confidence: 0.841177818333333

 $00:17:27.064 \longrightarrow 00:17:29.928$  impact them, because as you say,

NOTE Confidence: 0.841177818333333

00:17:29.928 --> 00:17:32.338 we're always trying to do better and

NOTE Confidence: 0.841177818333333

 $00:17:32.338 \longrightarrow 00:17:34.234$  potentially positively impact future

NOTE Confidence: 0.841177818333333

 $00:17:34.234 \longrightarrow 00:17:36.604$  generations of breast cancer patients.

NOTE Confidence: 0.841177818333333

 $00:17:36.610 \longrightarrow 00:17:38.318$  On the other hand,

NOTE Confidence: 0.841177818333333

 $00:17:38.318 \longrightarrow 00:17:40.453$  other patients may feel more

NOTE Confidence: 0.841177818333333

 $00{:}17{:}40.453 \dashrightarrow 00{:}17{:}42.548$  comfortable with standard of care.

NOTE Confidence: 0.841177818333333

 $00:17:42.550 \longrightarrow 00:17:43.810$  The tried and true,

NOTE Confidence: 0.841177818333333

 $00:17:43.810 \longrightarrow 00:17:46.681$  and I think that that applies to many of

NOTE Confidence: 0.841177818333333

 $00:17:46.681 \longrightarrow 00:17:48.868$  the decisions that are made with patients.

 $00:17:48.868 \longrightarrow 00:17:52.031$  So can you tell us a little bit more

NOTE Confidence: 0.841177818333333

00:17:52.031 --> 00:17:54.785 about how patients make decisions about?

NOTE Confidence: 0.841177818333333

 $00:17:54.790 \longrightarrow 00:17:57.328$  Karen and a little bit about

NOTE Confidence: 0.841177818333333

 $00:17:57.328 \longrightarrow 00:17:59.020$  what that relationship is,

NOTE Confidence: 0.841177818333333

 $00:17:59.020 \longrightarrow 00:18:02.151$  what that interplay is between the

NOTE Confidence: 0.841177818333333

 $00{:}18{:}02.151 \dashrightarrow 00{:}18{:}04.608$  the doctor and the patient in terms

NOTE Confidence: 0.841177818333333

00:18:04.608 --> 00:18:07.575 of coming up with a plan that is

NOTE Confidence: 0.841177818333333

 $00:18:07.575 \longrightarrow 00:18:10.259$  individualized and right for a given patient.

NOTE Confidence: 0.841177818333333

00:18:10.260 --> 00:18:11.110 Decision making

NOTE Confidence: 0.908572057142857

00:18:11.120 --> 00:18:16.125 really varies from patient to patient and.

NOTE Confidence: 0.908572057142857

 $00:18:16.130 \longrightarrow 00:18:19.253$  I think that one of the one of the

NOTE Confidence: 0.908572057142857

 $00:18:19.253 \longrightarrow 00:18:22.199$  real keys for doctors is being able

NOTE Confidence: 0.908572057142857

 $00:18:22.199 \longrightarrow 00:18:25.403$  to adjust to the patient and to

NOTE Confidence: 0.908572057142857

 $00:18:25.403 \longrightarrow 00:18:27.803$  understand how involved she wants

NOTE Confidence: 0.908572057142857

 $00:18:27.803 \longrightarrow 00:18:30.770$  to be in terms of the decision.

NOTE Confidence: 0.908572057142857

 $00:18:30.770 \longrightarrow 00:18:32.138$  There are patients.

00:18:32.138 --> 00:18:35.330 Who truly don't want a great deal

NOTE Confidence: 0.908572057142857

 $00:18:35.416 \longrightarrow 00:18:38.512$  of information and as much as one as

NOTE Confidence: 0.908572057142857

 $00{:}18{:}38.512 \dashrightarrow 00{:}18{:}41.605$  a doctor may may try to provide it.

NOTE Confidence: 0.908572057142857

 $00:18:41.610 \longrightarrow 00:18:44.382$  Really want the doctor to make the

NOTE Confidence: 0.908572057142857

 $00:18:44.382 \longrightarrow 00:18:46.569$  decision for them and just in,

NOTE Confidence: 0.908572057142857

 $00:18:46.570 \longrightarrow 00:18:49.083$  and let them know you know what

NOTE Confidence: 0.908572057142857

 $00:18:49.083 \longrightarrow 00:18:51.138$  the treatment is going to be.

NOTE Confidence: 0.908572057142857

00:18:51.140 --> 00:18:52.580 I don't think that's the majority

NOTE Confidence: 0.908572057142857

 $00:18:52.580 \longrightarrow 00:18:53.663$  of people anymore, though,

NOTE Confidence: 0.908572057142857

 $00{:}18{:}53.663 \dashrightarrow 00{:}18{:}55.841$  and I think that most individuals

NOTE Confidence: 0.908572057142857

00:18:55.841 --> 00:18:58.388 with breast cancer really want to be

NOTE Confidence: 0.908572057142857

 $00{:}18{:}58.388 \dashrightarrow 00{:}19{:}00.133$  actively involved in the decision.

NOTE Confidence: 0.908572057142857

 $00:19:00.140 \dashrightarrow 00:19:02.340$  They want to know what the choices are.

NOTE Confidence: 0.908572057142857

 $00{:}19{:}02.340 \dashrightarrow 00{:}19{:}04.926$  That's certainly true when it comes

NOTE Confidence: 0.908572057142857

 $00:19:04.926 \longrightarrow 00:19:07.118$  to decisions about surgery and

00:19:07.118 --> 00:19:09.098 whether someone has a lumpectomy

NOTE Confidence: 0.908572057142857

 $00:19:09.098 \longrightarrow 00:19:11.660$  or whether they have a mastectomy.

NOTE Confidence: 0.908572057142857

 $00:19:11.660 \longrightarrow 00:19:14.284$  But it's also true in terms of the

NOTE Confidence: 0.908572057142857

00:19:14.284 --> 00:19:16.459 decisions about about medical therapy,

NOTE Confidence: 0.908572057142857

 $00:19:16.460 \longrightarrow 00:19:18.900$  about hormonal therapy and chemotherapy.

NOTE Confidence: 0.908572057142857

 $00:19:18.900 \longrightarrow 00:19:21.390$  And so I think that.

NOTE Confidence: 0.908572057142857

00:19:21.390 --> 00:19:22.326 As clinicians,

NOTE Confidence: 0.908572057142857

 $00:19:22.326 \longrightarrow 00:19:25.602$  we really need to be able to

NOTE Confidence: 0.908572057142857

00:19:25.602 --> 00:19:27.729 talk to our patients,

NOTE Confidence: 0.908572057142857

00:19:27.730 --> 00:19:30.490 understand where they're coming from,

NOTE Confidence: 0.908572057142857

 $00:19:30.490 \longrightarrow 00:19:32.340$  and understand how we're going

NOTE Confidence: 0.908572057142857

 $00:19:32.340 \longrightarrow 00:19:34.920$  to get to a decision together,

NOTE Confidence: 0.691923900777778

00:19:35.210 --> 00:19:38.567 and so you know when you think about that,

NOTE Confidence: 0.691923900777778

00:19:38.570 --> 00:19:40.859 though, I mean, it certainly brings up

NOTE Confidence: 0.691923900777778

00:19:40.859 --> 00:19:44.182 a myriad of ethical, potentially issues,

NOTE Confidence: 0.691923900777778

 $00:19:44.182 \longrightarrow 00:19:49.594$  so you know patients who may be of certain

 $00:19:49.594 \longrightarrow 00:19:51.626$  cultural backgrounds where, for example.

NOTE Confidence: 0.691923900777778

 $00:19:51.626 \longrightarrow 00:19:53.534$  Male members of the family may

NOTE Confidence: 0.691923900777778

 $00:19:53.534 \longrightarrow 00:19:55.844$  come up to you before you go into

NOTE Confidence: 0.691923900777778

 $00:19:55.844 \longrightarrow 00:19:57.920$  the room with the patient saying,

NOTE Confidence: 0.691923900777778

 $00:19:57.920 \longrightarrow 00:20:01.022$  please don't discuss anything to do

NOTE Confidence: 0.691923900777778

00:20:01.022 --> 00:20:04.298 with my wife's diagnosis with my wife.

NOTE Confidence: 0.691923900777778

 $00:20:04.300 \longrightarrow 00:20:06.169$  I will manage all of the decisions.

NOTE Confidence: 0.691923900777778

00:20:06.170 --> 00:20:10.450 So how do you? How do you manage that? Ohh,

NOTE Confidence: 0.87334242962963

 $00:20:10.520 \longrightarrow 00:20:13.138$  you know that's a really hard question

NOTE Confidence: 0.87334242962963

 $00{:}20{:}13.138 \rightarrow 00{:}20{:}15.920$  and it's a really hard situation and

NOTE Confidence: 0.87334242962963

00:20:15.920 --> 00:20:18.861 it's one that I have quite honestly

NOTE Confidence: 0.87334242962963

 $00:20:18.861 \longrightarrow 00:20:21.735$  struggled with for years and years.

NOTE Confidence: 0.87334242962963

 $00{:}20{:}21.740 \to 00{:}20{:}25.476$  In general, my feeling is that as much

NOTE Confidence: 0.87334242962963

 $00:20:25.476 \longrightarrow 00:20:28.780$  as one has to respect someone's culture

NOTE Confidence: 0.87334242962963

00:20:28.780 --> 00:20:32.020 and how they want to approach a problem,

 $00:20:32.020 \longrightarrow 00:20:34.500$  there are also ways in which we take

NOTE Confidence: 0.87334242962963

 $00{:}20{:}34.500 \dashrightarrow 00{:}20{:}37.170$  care of people in the United States.

NOTE Confidence: 0.87334242962963

 $00:20:37.170 \longrightarrow 00:20:40.008$  And for me it's not OK,

NOTE Confidence: 0.87334242962963

 $00:20:40.010 \longrightarrow 00:20:43.335$  not telling someone what their diagnosis is,

NOTE Confidence: 0.87334242962963

 $00:20:43.340 \longrightarrow 00:20:46.308$  and it's not OK, not involving them

NOTE Confidence: 0.87334242962963

 $00:20:46.308 \longrightarrow 00:20:50.170$  in any way in the treatment decisions.

NOTE Confidence: 0.87334242962963

 $00{:}20{:}50.170 \dashrightarrow 00{:}20{:}52.450$  I certainly can modify my approach

NOTE Confidence: 0.87334242962963

 $00{:}20{:}52.450 \rightarrow 00{:}20{:}55.802$  and I want to listen to the family

NOTE Confidence: 0.87334242962963

 $00:20:55.802 \longrightarrow 00:20:57.546$  and respect the family.

NOTE Confidence: 0.87334242962963

 $00:20:57.550 \longrightarrow 00:21:00.952$  But I also feel like we have to be

NOTE Confidence: 0.87334242962963

00:21:00.952 --> 00:21:03.838 respectful of the way we feel that people

NOTE Confidence: 0.87334242962963

 $00:21:03.838 \longrightarrow 00:21:08.208$  need to be taken care of in, in, in a.

NOTE Confidence: 0.87334242962963

00:21:08.208 --> 00:21:10.508 Humane way here in this country.

NOTE Confidence: 0.93635189

00:21:11.710 --> 00:21:14.499 You know it brings up another whole

NOTE Confidence: 0.93635189

 $00:21:14.499 \longrightarrow 00:21:17.222$  Pandora's box of the issues in terms

NOTE Confidence: 0.93635189

00:21:17.222 --> 00:21:20.899 of the fact that even in this country

 $00:21:20.899 \longrightarrow 00:21:23.810$  different people are treated differently.

NOTE Confidence: 0.93635189

 $00{:}21{:}23.810 \dashrightarrow 00{:}21{:}28.325$  Whether we consciously know it or not.

NOTE Confidence: 0.93635189

 $00{:}21{:}28.330 \to 00{:}21{:}31.266$  But there are disparities in terms of care,

NOTE Confidence: 0.93635189

00:21:31.270 --> 00:21:33.966 racial disparities, ethnic disparities,

NOTE Confidence: 0.93635189

 $00:21:33.966 \longrightarrow 00:21:38.010$  disparities based on income and insurance.

NOTE Confidence: 0.93635189

 $00:21:38.010 \longrightarrow 00:21:40.565$  And a whole myriad of other issues.

NOTE Confidence: 0.93635189

00:21:40.570 --> 00:21:43.828 Can you talk a little bit about how those

NOTE Confidence: 0.93635189

00:21:43.828 --> 00:21:45.967 disparities play into the management

NOTE Confidence: 0.93635189

 $00:21:45.967 \longrightarrow 00:21:48.092$  of patients with breast cancer?

NOTE Confidence: 0.93635189

 $00:21:48.100 \longrightarrow 00:21:50.928$  And perhaps some of the things that

NOTE Confidence: 0.93635189

 $00{:}21{:}50.928 {\: -->\:} 00{:}21{:}53.928$  are being done or being contemplated

NOTE Confidence: 0.93635189

 $00:21:53.930 \longrightarrow 00:21:55.818$  to reduce those disparities?

NOTE Confidence: 0.867725955

 $00:21:57.200 \longrightarrow 00:21:59.515$  So this is an absolutely

NOTE Confidence: 0.867725955

 $00:21:59.515 \longrightarrow 00:22:01.830$  huge issue for the community.

NOTE Confidence: 0.867725955

00:22:01.830 --> 00:22:05.438 It's a huge issue for us at Yale,

 $00:22:05.440 \longrightarrow 00:22:08.086$  and in fact I will share that.

NOTE Confidence: 0.867725955

 $00{:}22{:}08.090 \dashrightarrow 00{:}22{:}11.534$  Just yesterday we had a strategic

NOTE Confidence: 0.867725955

 $00:22:11.534 \longrightarrow 00:22:15.392$  planning retreat and at least 50% of

NOTE Confidence: 0.867725955

 $00:22:15.392 \longrightarrow 00:22:18.704$  it was focused on community outreach

NOTE Confidence: 0.867725955

 $00:22:18.704 \longrightarrow 00:22:21.889$  and issues related to disparities.

NOTE Confidence: 0.867725955

 $00:22:21.890 \longrightarrow 00:22:25.467$  If we look at the medical literature,

NOTE Confidence: 0.867725955

 $00:22:25.470 \longrightarrow 00:22:29.706$  it is very clear that anything.

NOTE Confidence: 0.867725955

 $00:22:29.710 \longrightarrow 00:22:33.147$  That makes someone a little bit different,

NOTE Confidence: 0.867725955

 $00:22:33.150 \longrightarrow 00:22:35.742$  puts them at risk for getting

NOTE Confidence: 0.867725955

 $00:22:35.742 \longrightarrow 00:22:37.950$  less than adequate cancer care.

NOTE Confidence: 0.867725955

 $00{:}22{:}37.950 \dashrightarrow 00{:}22{:}40.248$  That's true in terms of race.

NOTE Confidence: 0.867725955

00:22:40.250 --> 00:22:44.289 It's true in terms of sexual orientation,

NOTE Confidence: 0.867725955

 $00:22:44.290 \longrightarrow 00:22:46.158$  education, income.

NOTE Confidence: 0.867725955

 $00:22:46.158 \longrightarrow 00:22:50.828$  Disabilities and on and on.

NOTE Confidence: 0.867725955

 $00:22:50.830 \longrightarrow 00:22:55.112$  And if we did nothing but eliminate

NOTE Confidence: 0.867725955

 $00:22:55.112 \longrightarrow 00:22:57.202$  all the cancer care disparities

 $00:22:57.202 \longrightarrow 00:22:59.727$  for women with breast cancer,

NOTE Confidence: 0.867725955

 $00:22:59.730 \longrightarrow 00:23:01.816$  we would probably save at least half

NOTE Confidence: 0.867725955

 $00:23:01.816 \longrightarrow 00:23:04.226$  of the lives that are lost each year.

NOTE Confidence: 0.867725955

00:23:04.230 --> 00:23:06.414 And I there's no study that actually

NOTE Confidence: 0.867725955

 $00:23:06.414 \longrightarrow 00:23:08.529$  has come up with that figure.

NOTE Confidence: 0.867725955

 $00:23:08.530 \longrightarrow 00:23:10.226$  That's my own guess.

NOTE Confidence: 0.867725955

00:23:10.226 --> 00:23:12.770 But I think that it's probably

NOTE Confidence: 0.867725955

00:23:12.861 --> 00:23:14.109 quite accurate.

NOTE Confidence: 0.867725955

00:23:14.110 --> 00:23:15.700 Umm?

NOTE Confidence: 0.867725955

 $00:23:15.700 \longrightarrow 00:23:18.679$  So this is really a critical issue for us.

NOTE Confidence: 0.867725955

 $00:23:18.680 \longrightarrow 00:23:20.535$  It's going to be an even more

NOTE Confidence: 0.867725955

 $00:23:20.535 \longrightarrow 00:23:21.925$  critical issue over the course

NOTE Confidence: 0.867725955

 $00:23:21.925 \longrightarrow 00:23:23.815$  of the next decade as we develop

NOTE Confidence: 0.867725955

00:23:23.815 --> 00:23:25.278 better and better therapies,

NOTE Confidence: 0.867725955

 $00:23:25.280 \longrightarrow 00:23:26.860$  not just for breast cancer,

 $00:23:26.860 \longrightarrow 00:23:28.384$  but for all cancers.

NOTE Confidence: 0.867725955

 $00:23:28.384 \longrightarrow 00:23:30.670$  The challenge for us as cancer

NOTE Confidence: 0.867725955

 $00:23:30.751 \longrightarrow 00:23:32.656$  doctors and as cancer researchers

NOTE Confidence: 0.867725955

 $00:23:32.656 \longrightarrow 00:23:35.713$  is going to be to make sure that

NOTE Confidence: 0.867725955

 $00:23:35.713 \longrightarrow 00:23:37.855$  we get the care to everyone,

NOTE Confidence: 0.867725955

 $00:23:37.860 \longrightarrow 00:23:40.800$  and that's not going to be simple,

NOTE Confidence: 0.867725955

 $00{:}23{:}40.800 \dashrightarrow 00{:}23{:}42.930$  but it's something that that we're

NOTE Confidence: 0.867725955

00:23:42.930 --> 00:23:45.777 really going to have to work on with with.

NOTE Confidence: 0.867725955

 $00:23:45.780 \longrightarrow 00:23:47.088$  Really full intensity.

NOTE Confidence: 0.831935292

00:23:48.380 --> 00:23:50.012 You know, address addressing

NOTE Confidence: 0.831935292

00:23:50.012 --> 00:23:52.052 disparities is something that I

NOTE Confidence: 0.831935292

 $00:23:52.052 \longrightarrow 00:23:53.965$  think many institutions are are

NOTE Confidence: 0.831935292

00:23:53.965 --> 00:23:56.119 looking at and trying to tackle,

NOTE Confidence: 0.831935292

 $00{:}23{:}56.120 {\:{\circ}{\circ}{\circ}}>00{:}24{:}00.859$  because it is such a complex issue,

NOTE Confidence: 0.831935292

 $00:24:00.860 \longrightarrow 00:24:03.338$  but I think one of the things

NOTE Confidence: 0.831935292

 $00:24:03.338 \longrightarrow 00:24:07.220$  that kind of underpins it is this

00:24:07.220 --> 00:24:10.660 concept of financial toxicity.

NOTE Confidence: 0.831935292

 $00:24:10.660 \longrightarrow 00:24:14.685$  We know that cancer care is incredibly

NOTE Confidence: 0.831935292

00:24:14.685 --> 00:24:18.627 expensive and that really the care that

NOTE Confidence: 0.831935292

 $00:24:18.630 \longrightarrow 00:24:20.834$  individual patients can afford

NOTE Confidence: 0.831935292

 $00:24:20.834 \longrightarrow 00:24:23.589$  varies based on their income

NOTE Confidence: 0.831935292

 $00:24:23.589 \longrightarrow 00:24:26.437$  based on their insurance status.

NOTE Confidence: 0.831935292

 $00:24:26.440 \longrightarrow 00:24:28.960$  And yet as we develop these newer

NOTE Confidence: 0.831935292

 $00:24:28.960 \longrightarrow 00:24:31.449$  therapies that come down the pike as

NOTE Confidence: 0.831935292

 $00:24:31.449 \longrightarrow 00:24:33.930$  we were talking about before the break,

NOTE Confidence: 0.831935292

 $00:24:33.930 \longrightarrow 00:24:36.108$  they tend to be pretty expensive,

NOTE Confidence: 0.831935292

 $00:24:36.110 \longrightarrow 00:24:39.446$  so what can we do to reduce financial

NOTE Confidence: 0.831935292

 $00:24:39.446 \longrightarrow 00:24:42.074$  toxicity that can really help many

NOTE Confidence: 0.831935292

 $00{:}24{:}42.074 \dashrightarrow 00{:}24{:}44.630$  patients and kind of level some

NOTE Confidence: 0.831935292

 $00:24:44.712 \longrightarrow 00:24:47.166$  of the playing field?

NOTE Confidence: 0.89945087

00:24:48.300 --> 00:24:50.412 Well, you can think of financial

 $00:24:50.412 \longrightarrow 00:24:52.980$  toxicity in a couple of ways.

NOTE Confidence: 0.89945087

 $00:24:52.980 \longrightarrow 00:24:57.090$  One is of course is just the

NOTE Confidence: 0.89945087

 $00:24:57.090 \longrightarrow 00:24:59.850$  sometimes substantial out

NOTE Confidence: 0.89945087

 $00:24:59.850 \longrightarrow 00:25:03.530$  of pocket costs for copays,

NOTE Confidence: 0.89945087

 $00:25:03.530 \longrightarrow 00:25:06.750$  but also for things like parking and

NOTE Confidence: 0.89945087

00:25:06.750 --> 00:25:09.777 days off from work and childcare

NOTE Confidence: 0.89945087

 $00:25:09.777 \longrightarrow 00:25:12.705$  and everything else and

NOTE Confidence: 0.89945087

 $00:25:12.705 \longrightarrow 00:25:15.253$  we can certainly do our best to

NOTE Confidence: 0.89945087

 $00{:}25{:}15.253 \dashrightarrow 00{:}25{:}18.320$  try to help patients with that by

NOTE Confidence: 0.89945087

 $00:25:18.320 \longrightarrow 00:25:20.650$  connecting them to services in

NOTE Confidence: 0.89945087

 $00{:}25{:}20.733 \dashrightarrow 00{:}25{:}23.349$  the Community and using,

NOTE Confidence: 0.89945087

 $00:25:23.350 \longrightarrow 00:25:25.595$  at times philanthropic funds to

NOTE Confidence: 0.89945087

 $00:25:25.595 \longrightarrow 00:25:27.840$  cover some of those expenses.

NOTE Confidence: 0.89945087

 $00:25:27.840 \longrightarrow 00:25:31.008$  I think the bigger issue though

NOTE Confidence: 0.89945087

 $00:25:31.010 \longrightarrow 00:25:34.232$  is that the cost of cancer care in the

NOTE Confidence: 0.89945087

 $00:25:34.232 \longrightarrow 00:25:37.629$  United States has become truly overwhelming.

00:25:37.630 --> 00:25:41.338 It's bankrupting for virtually any individual

NOTE Confidence: 0.89945087

 $00{:}25{:}41.338 \to 00{:}25{:}44.770$  who doesn't have adequate insurance.

NOTE Confidence: 0.89945087

 $00:25:44.770 \longrightarrow 00:25:47.806$  New drugs cost in the range

NOTE Confidence: 0.89945087

 $00:25:47.806 \longrightarrow 00:25:50.224$  of 100 to \$200,000 a year.

NOTE Confidence: 0.89945087

 $00:25:50.224 \longrightarrow 00:25:50.820$  I mean,

NOTE Confidence: 0.89945087

 $00:25:50.820 \longrightarrow 00:25:55.100$  these are numbers we can't even fathom.

NOTE Confidence: 0.89945087

00:25:55.100 --> 00:25:58.574 And so I think this is really a policy

NOTE Confidence: 0.89945087

 $00:25:58.574 \longrightarrow 00:26:01.948$  issue and at some point we're going to

NOTE Confidence: 0.89945087

 $00{:}26{:}01.948 {\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}} 00{:}26{:}07.840$  have to change our approach to the way we

NOTE Confidence: 0.89945087

 $00:26:07.840 \longrightarrow 00:26:12.999$  look at drug development and the

NOTE Confidence: 0.89945087

 $00:26:13.000 \longrightarrow 00:26:15.898$  way we look at the Pharmaceutical

NOTE Confidence: 0.89945087

00:26:15.898 --> 00:26:19.200 industry as a whole as people may be aware,

NOTE Confidence: 0.89945087

 $00{:}26{:}19.200 \dashrightarrow 00{:}26{:}22.217$  many drugs are much less expensive in

NOTE Confidence: 0.89945087

 $00:26:22.217 \longrightarrow 00:26:25.588$  other countries and we really don't do a

NOTE Confidence: 0.89945087

 $00:26:25.588 \longrightarrow 00:26:29.719$  very good job of regulating drug prices.

 $00:26:29.720 \longrightarrow 00:26:31.925$  So this is all going to have

NOTE Confidence: 0.89945087

 $00:26:31.925 \longrightarrow 00:26:34.180$  to change in the years ahead.

NOTE Confidence: 0.89945087

 $00{:}26{:}34.180 \dashrightarrow 00{:}26{:}36.658$  We're going to need a new approach.

NOTE Confidence: 0.89945087

 $00:26:36.660 \longrightarrow 00:26:38.280$  What I don't want to see

NOTE Confidence: 0.89945087

 $00:26:38.280 \longrightarrow 00:26:40.686$  is a decision that we're suddenly

NOTE Confidence: 0.89945087

 $00{:}26{:}40.686 \dashrightarrow 00{:}26{:}43.292$  going to stop developing new drugs

NOTE Confidence: 0.89945087

 $00:26:43.292 \longrightarrow 00:26:45.140$  because they're too expensive.

NOTE Confidence: 0.89945087

00:26:45.140 --> 00:26:49.334 Because of course we still do need new drugs,

NOTE Confidence: 0.89945087

 $00:26:49.340 \longrightarrow 00:26:50.720$  not just in breast cancer,

NOTE Confidence: 0.89945087

 $00:26:50.720 \longrightarrow 00:26:52.936$  but for many many different types of cancer.

NOTE Confidence: 0.92869826

00:26:54.420 --> 00:26:56.516 Yeah, but you bring up a good point.

NOTE Confidence: 0.92869826

00:26:56.520 --> 00:26:58.368 Which is, you know,

NOTE Confidence: 0.92869826

 $00:26:58.368 \longrightarrow 00:27:01.140$  these drugs are very critical in

NOTE Confidence: 0.92869826

 $00{:}27{:}01.235 \dashrightarrow 00{:}27{:}04.061$  terms of spurring on innovation to

NOTE Confidence: 0.92869826

 $00:27:04.061 \longrightarrow 00:27:07.639$  help us to conquer cancer as it were.

NOTE Confidence: 0.92869826

 $00:27:07.640 \longrightarrow 00:27:09.614$  But the cost really can be

00:27:09.614 --> 00:27:11.920 prohibitive here in the United States,

NOTE Confidence: 0.92869826

 $00{:}27{:}11.920 \dashrightarrow 00{:}27{:}14.699$  which brings up another issue which is

NOTE Confidence: 0.92869826

 $00:27:14.700 \longrightarrow 00:27:17.003$  there are many places in the world

NOTE Confidence: 0.92869826

00:27:17.003 --> 00:27:19.416 low to middle income countries where

NOTE Confidence: 0.92869826

 $00:27:19.416 \longrightarrow 00:27:22.176$  people still get cancer and yet

NOTE Confidence: 0.92869826

 $00:27:22.176 \longrightarrow 00:27:25.044$  the cost of these newer therapies

NOTE Confidence: 0.92869826

 $00:27:25.050 \longrightarrow 00:27:26.526$  if it's prohibitive here,

NOTE Confidence: 0.92869826

 $00:27:26.526 \longrightarrow 00:27:29.153$  in the United States one can only

NOTE Confidence: 0.92869826

 $00:27:29.153 \longrightarrow 00:27:31.540$  imagine how completely out of reach it

NOTE Confidence: 0.92869826

 $00:27:31.540 \longrightarrow 00:27:34.827$  is for patients in other parts of the world.

NOTE Confidence: 0.92869826

 $00{:}27{:}34.830 \dashrightarrow 00{:}27{:}38.106$  So what responsibility do you think

NOTE Confidence: 0.92869826

00:27:38.106 --> 00:27:42.008 we have here in the first world

NOTE Confidence: 0.92869826

00:27:42.010 --> 00:27:44.146 to help our fellow human beings

NOTE Confidence: 0.92869826

 $00:27:44.146 \longrightarrow 00:27:46.369$  in other parts of the globe?

NOTE Confidence: 0.92869826

 $00:27:46.370 \longrightarrow 00:27:48.104$  And what do you think should

 $00:27:48.104 \longrightarrow 00:27:49.840$  be done in terms of that?

NOTE Confidence: 0.887367796

 $00:27:50.580 \longrightarrow 00:27:54.916$  Yeah, so I think we have a very

NOTE Confidence: 0.887367796

 $00:27:54.916 \longrightarrow 00:27:56.000$  significant responsibility.

NOTE Confidence: 0.887367796

00:27:56.000 --> 00:27:58.870 I do want to say that I think our very

NOTE Confidence: 0.887367796

 $00:27:58.947 \longrightarrow 00:28:01.327$  first responsibility is making sure

NOTE Confidence: 0.887367796

00:28:01.327 --> 00:28:04.204 that everyone in the United States

NOTE Confidence: 0.887367796

 $00:28:04.204 \longrightarrow 00:28:06.730$  gets the care that they deserve.

NOTE Confidence: 0.887367796

 $00:28:06.730 \longrightarrow 00:28:08.620$  But I think we also have to

NOTE Confidence: 0.887367796

 $00:28:08.620 \longrightarrow 00:28:10.558$  focus on people around the world.

NOTE Confidence: 0.887367796

 $00:28:10.560 \longrightarrow 00:28:15.208$  There are efforts that are going on with

NOTE Confidence: 0.887367796

 $00{:}28{:}15.210 \dashrightarrow 00{:}28{:}17.088$  professional societies in different

NOTE Confidence: 0.887367796

 $00{:}28{:}17.088 \dashrightarrow 00{:}28{:}19.584$  countries trying to make sure that

NOTE Confidence: 0.887367796

 $00:28:19.584 \longrightarrow 00:28:21.943$  that drugs are available to people

NOTE Confidence: 0.887367796

 $00:28:21.943 \longrightarrow 00:28:24.547$  and this is something that is really

NOTE Confidence: 0.887367796

00:28:24.547 --> 00:28:26.509 very much a work in progress,

NOTE Confidence: 0.887367796

 $00:28:26.510 \longrightarrow 00:28:28.568$  but the better our care gets,

 $00:28:28.570 \longrightarrow 00:28:30.495$  the more tragic it is that care

NOTE Confidence: 0.887367796

 $00:28:30.495 \longrightarrow 00:28:31.870$  isn't delivered to everyone.

NOTE Confidence: 0.929775738235294

 $00:28:32.760 \longrightarrow 00:28:34.836$  Doctor Eric Winer is a professor

NOTE Confidence: 0.929775738235294

 $00:28:34.836 \longrightarrow 00:28:36.634$  of medicine and medical oncology

NOTE Confidence: 0.929775738235294

 $00:28:36.634 \longrightarrow 00:28:38.716$  at the Yale School of Medicine.

NOTE Confidence: 0.929775738235294

00:28:38.720 --> 00:28:40.728 If you have questions,

NOTE Confidence: 0.929775738235294

 $00:28:40.728 \longrightarrow 00:28:42.708$  the address is canceranswers@yale.edu

NOTE Confidence: 0.929775738235294

 $00{:}28{:}42.708 \dashrightarrow 00{:}28{:}45.516$  and past editions of the program

NOTE Confidence: 0.929775738235294

00:28:45.516 --> 00:28:47.967 are available in audio and written

NOTE Confidence: 0.929775738235294

00:28:47.967 --> 00:28:48.943 form at yalecancercenter.org.

NOTE Confidence: 0.929775738235294

 $00:28:48.943 \longrightarrow 00:28:51.527$  We hope you'll join us next week to

NOTE Confidence: 0.929775738235294

 $00{:}28{:}51.527 \dashrightarrow 00{:}28{:}53.499$  learn more about the fight against

NOTE Confidence: 0.929775738235294

 $00{:}28{:}53.499 \dashrightarrow 00{:}28{:}55.451$  cancer here on Connecticut Public radio.

NOTE Confidence: 0.929775738235294

 $00:28:55.451 \longrightarrow 00:28:57.269$  Funding for Yale Cancer Answers is

NOTE Confidence: 0.929775738235294

 $00:28:57.269 \longrightarrow 00:29:00.000$  provided by Smilow Cancer Hospital.