WEBVTT

00:00:00.000 --> 00:00:02.148 Funding for Yale Cancer Answers is NOTE Confidence: 0.789423786363636 $00{:}00{:}02{.}148 \dashrightarrow 00{:}00{:}04{.}180$ provided by Smilow Cancer Hospital. NOTE Confidence: 0.721511609090909 $00:00:06.490 \rightarrow 00:00:08.764$ Welcome to Yale Cancer Answers with NOTE Confidence: 0.721511609090909 00:00:08.764 --> 00:00:10.870 your host Doctor Anees Chagpar. NOTE Confidence: 0.721511609090909 $00:00:10.870 \longrightarrow 00:00:12.720$ Yale Cancer Answers features the NOTE Confidence: 0.721511609090909 $00:00:12.720 \rightarrow 00:00:14.991$ latest information on cancer care by NOTE Confidence: 0.721511609090909 00:00:14.991 --> 00:00:16.447 welcoming oncologists and specialists NOTE Confidence: 0.721511609090909 00:00:16.447 -> 00:00:18.888 who are on the forefront of the NOTE Confidence: 0.721511609090909 $00{:}00{:}18.888 \dashrightarrow 00{:}00{:}20.618$ battle to fight cancer. This week, NOTE Confidence: 0.721511609090909 $00:00:20.618 \rightarrow 00:00:22.138$ it's a conversation about the NOTE Confidence: 0.721511609090909 00:00:22.138 --> 00:00:24.190 role of Agent Orange in certain NOTE Confidence: 0.721511609090909 00:00:24.190 --> 00:00:25.985 cancers with Doctor Rory Shallis. NOTE Confidence: 0.721511609090909 00:00:25.990 --> 00:00:27.730 Dr Shallis is an assistant NOTE Confidence: 0.721511609090909 00:00:27.730 --> 00:00:29.470 professor of medicine in hematology NOTE Confidence: 0.721511609090909 $00:00:29.529 \rightarrow 00:00:31.269$ at the Yale School of Medicine, NOTE Confidence: 0.721511609090909

 $00:00:31.270 \longrightarrow 00:00:33.075$ where Doctor Chagpar is a

NOTE Confidence: 0.721511609090909

00:00:33.075 --> 00:00:34.519 professor of surgical oncology.

NOTE Confidence: 0.902514190869565

00:00:35.770 --> 00:00:37.706 So Rory maybe we can start off by

NOTE Confidence: 0.902514190869565

 $00{:}00{:}37.706 \dashrightarrow 00{:}00{:}39.512$ you telling us a little bit more

NOTE Confidence: 0.902514190869565

 $00:00:39.512 \longrightarrow 00:00:41.369$ about yourself and what it is you do.

NOTE Confidence: 0.74656865875

00:00:42.000 --> 00:00:43.640 I'm originally from New Jersey,

NOTE Confidence: 0.74656865875

 $00{:}00{:}43.640 \dashrightarrow 00{:}00{:}46.100$ South Jersey and in particular for

NOTE Confidence: 0.74656865875

 $00{:}00{:}46.171 \dashrightarrow 00{:}00{:}48.655$ those that know there are difference.

NOTE Confidence: 0.74656865875

 $00{:}00{:}48.660 \dashrightarrow 00{:}00{:}50.170$ Graduated from Rutgers College with

NOTE Confidence: 0.74656865875

00:00:50.170 - 00:00:52.177 a BA and cell biology, neuroscience,

NOTE Confidence: 0.74656865875

 $00{:}00{:}52.177 \dashrightarrow 00{:}00{:}55.159$ medical degree at the same place,

NOTE Confidence: 0.74656865875

 $00{:}00{:}55{.}160 \dashrightarrow 00{:}00{:}58{.}562$ residency at Brown and then Fellowship and

NOTE Confidence: 0.74656865875

00:00:58.562 --> 00:01:00.938 Hematology Oncology at Yale was privileged

NOTE Confidence: 0.74656865875

 $00:01:00.938 \longrightarrow 00:01:02.821$ to stay on as faculty and currently

NOTE Confidence: 0.74656865875

 $00{:}01{:}02.821 \dashrightarrow 00{:}01{:}04.780$ in the role of assistant professor.

NOTE Confidence: 0.74656865875

 $00:01:04.780 \longrightarrow 00:01:06.690$ I currently specialize in the

- NOTE Confidence: 0.74656865875
- 00:01:06.690 --> 00:01:08.600 management of acute myeloid leukemia
- NOTE Confidence: 0.74656865875
- $00:01:08.662 \rightarrow 00:01:10.399$ and myelodysplastic syndromes.
- NOTE Confidence: 0.74656865875
- $00{:}01{:}10.400 \dashrightarrow 00{:}01{:}12.616$ Otherwise known as AML.
- NOTE Confidence: 0.74656865875
- $00{:}01{:}12.616 \dashrightarrow 00{:}01{:}14.278$ And MD S.
- NOTE Confidence: 0.74656865875
- $00:01:14.280 \longrightarrow 00:01:16.146$ So that's generally my my practice.
- NOTE Confidence: 0.91835494444444
- 00:01:17.140 --> 00:01:18.640 Tell us a little bit more
- NOTE Confidence: 0.91835494444444
- 00:01:18.640 --> 00:01:19.390 about your research,
- NOTE Confidence: 0.878191823333333
- $00:01:19.860 \longrightarrow 00:01:21.460$ sure, so I mean,
- NOTE Confidence: 0.878191823333333
- $00:01:21.460 \longrightarrow 00:01:23.460$ my research is mostly focused.
- NOTE Confidence: 0.878191823333333
- 00:01:23.460 -> 00:01:26.554 As I said on patients that are
- NOTE Confidence: 0.878191823333333
- $00:01:26.554 \rightarrow 00:01:27.880$ unfortunately afflicted with
- NOTE Confidence: 0.878191823333333
- $00{:}01{:}27{.}960 \dashrightarrow 00{:}01{:}30{.}410$ AML and MD S but not dissimilar
- NOTE Confidence: 0.878191823333333
- $00:01:30.410 \longrightarrow 00:01:32.226$ from other folks that consider
- NOTE Confidence: 0.878191823333333
- $00{:}01{:}32.226 \dashrightarrow 00{:}01{:}34.086$ themselves specialists in this area.
- NOTE Confidence: 0.878191823333333
- 00:01:34.090 --> 00:01:36.156 I do see, you know, a fair bit about
- NOTE Confidence: 0.878191823333333

00:01:36.156 --> 00:01:38.400 a fair bit of patience with them,

NOTE Confidence: 0.878191823333333

 $00:01:38.400 \longrightarrow 00:01:39.864$ other myeloid malignancies and

NOTE Confidence: 0.878191823333333

 $00:01:39.864 \longrightarrow 00:01:42.060$ other forms of leukemia as well.

NOTE Confidence: 0.878191823333333

 $00:01:42.060 \rightarrow 00:01:43.868$ Most of my research is and is by

NOTE Confidence: 0.878191823333333

00:01:43.868 --> 00:01:45.829 way of clinical clinical trials,

NOTE Confidence: 0.878191823333333

00:01:45.830 --> 00:01:48.080 but I do maintain an interest

NOTE Confidence: 0.878191823333333

00:01:48.080 - 00:01:50.010 in outcomes research as well,

NOTE Confidence: 0.878191823333333

 $00:01:50.010 \longrightarrow 00:01:52.162$ and perhaps you know on some of the

NOTE Confidence: 0.878191823333333

 $00{:}01{:}52.162 \dashrightarrow 00{:}01{:}53.958$ topics that you wish to speak of.

NOTE Confidence: 0.902169705

 $00:01:54.700 \longrightarrow 00:01:56.625$ Yeah, so so why don't we dive

NOTE Confidence: 0.902169705

 $00:01:56.625 \longrightarrow 00:01:58.524$ a little bit more into myeloid

NOTE Confidence: 0.902169705

 $00:01:58.524 \dashrightarrow 00:02:01.247$ leukemias and and you can tell us a

NOTE Confidence: 0.902169705

 $00:02:01.247 \longrightarrow 00:02:03.424$ little bit more about what they are,

NOTE Confidence: 0.902169705

 $00:02:03.430 \rightarrow 00:02:06.566$ what causes them, how common they are,

NOTE Confidence: 0.902169705

 $00:02:06.570 \longrightarrow 00:02:08.560$ and what the prognosis is.

NOTE Confidence: 0.779756653333333

 $00:02:10.040 \rightarrow 00:02:12.160$ Them all you know pretty

- NOTE Confidence: 0.779756653333333
- $00:02:12.160 \longrightarrow 00:02:13.856$ important questions and all.
- NOTE Confidence: 0.779756653333333
- $00:02:13.860 \rightarrow 00:02:15.260$ Could be pretty lengthy answers,
- NOTE Confidence: 0.779756653333333
- $00:02:15.260 \dashrightarrow 00:02:18.080$ but I'll try to summarize it as best I can,
- NOTE Confidence: 0.779756653333333
- $00:02:18.080 \rightarrow 00:02:18.880$ especially just considering you
- NOTE Confidence: 0.779756653333333
- $00:02:18.880 \longrightarrow 00:02:20.319$ know what I presume is going to be.
- NOTE Confidence: 0.779756653333333
- $00:02:20.320 \longrightarrow 00:02:22.012$ The audience here.
- NOTE Confidence: 0.779756653333333
- 00:02:22.012 --> 00:02:25.960 Myeloid leukemia is a general term actually,
- NOTE Confidence: 0.779756653333333
- $00:02:25.960 \dashrightarrow 00:02:28.242$ and and taken simply refers to a
- NOTE Confidence: 0.779756653333333
- $00:02:28.242 \rightarrow 00:02:30.699$ malignant state of the white blood cells.
- NOTE Confidence: 0.779756653333333
- 00:02:30.700 --> 00:02:31.316 More specifically,
- NOTE Confidence: 0.779756653333333
- $00:02:31.316 \longrightarrow 00:02:32.856$ those that are not lymphoid,
- NOTE Confidence: 0.779756653333333
- $00{:}02{:}32{.}860 \dashrightarrow 00{:}02{:}34{.}939$ 2 general types and this is not
- NOTE Confidence: 0.779756653333333
- $00:02:34.939 \rightarrow 00:02:36.938$ perfectly stated of white blood cells,
- NOTE Confidence: 0.779756653333333
- $00:02:36.940 \longrightarrow 00:02:37.969$ myeloid and lymphoid.
- NOTE Confidence: 0.779756653333333
- $00{:}02{:}37{.}969 \dashrightarrow 00{:}02{:}40{.}027$ The myeloid group of cells originate
- NOTE Confidence: 0.779756653333333

 $00:02:40.027 \rightarrow 00:02:42.283$ in the bone marrow or the essentially

NOTE Confidence: 0.779756653333333

 $00{:}02{:}42.283 \dashrightarrow 00{:}02{:}44.649$ what I tell patients is the factory for.

NOTE Confidence: 0.779756653333333

00:02:44.650 --> 00:02:46.590 Where these are made and

NOTE Confidence: 0.779756653333333

 $00:02:46.590 \rightarrow 00:02:48.142$ once assembled or mature,

NOTE Confidence: 0.779756653333333

 $00{:}02{:}48.150 \dashrightarrow 00{:}02{:}49.662$ leave the marrow to enter the

NOTE Confidence: 0.779756653333333

 $00:02:49.662 \rightarrow 00:02:51.020$ bloodstream and perform their duties,

NOTE Confidence: 0.779756653333333

00:02:51.020 --> 00:02:52.676 including fighting off infections

NOTE Confidence: 0.779756653333333

 $00:02:52.676 \longrightarrow 00:02:54.746$ among a few other roles.

NOTE Confidence: 0.779756653333333

 $00{:}02{:}54.750 \dashrightarrow 00{:}02{:}56.850$ This is a near continuous process.

NOTE Confidence: 0.779756653333333

00:02:56.850 --> 00:02:57.222 Unfortunately,

NOTE Confidence: 0.779756653333333

 $00{:}02{:}57{.}222 \dashrightarrow 00{:}02{:}59{.}082$ this process can be disrupted

NOTE Confidence: 0.779756653333333

 $00:02:59.082 \longrightarrow 00:03:01.552$ by a number of mechanisms that

NOTE Confidence: 0.779756653333333

 $00:03:01.552 \rightarrow 00:03:03.827$ basically injure the machinery that

NOTE Confidence: 0.779756653333333

 $00:03:03.827 \rightarrow 00:03:05.862$ make healthy myeloid white blood

NOTE Confidence: 0.779756653333333

 $00:03:05.862 \longrightarrow 00:03:07.983$ cells that can cause a ruckus on

NOTE Confidence: 0.779756653333333

 $00:03:07.983 \longrightarrow 00:03:09.535$ the factory floor so that they're

- NOTE Confidence: 0.779756653333333
- 00:03:09.535 00:03:11.089 really not made into the same
- NOTE Confidence: 0.779756653333333
- $00:03:11.089 \rightarrow 00:03:12.667$ quantity but also the same quality.
- NOTE Confidence: 0.779756653333333
- $00{:}03{:}12.670 \dashrightarrow 00{:}03{:}14.274$ We think with enough.
- NOTE Confidence: 0.779756653333333
- $00:03:14.274 \rightarrow 00:03:17.500$ Injury to specific parts of that machinery.
- NOTE Confidence: 0.779756653333333
- $00:03:17.500 \dashrightarrow 00:03:19.915$ The process can be stalled entirely in
- NOTE Confidence: 0.779756653333333
- $00:03:19.915 \dashrightarrow 00:03:22.077$ certain areas where you know they are.
- NOTE Confidence: 0.779756653333333
- $00:03:22.080 \longrightarrow 00:03:24.271$ There's a backlog of the of the
- NOTE Confidence: 0.779756653333333
- $00:03:24.271 \rightarrow 00:03:25.638$ myeloid white cell building
- NOTE Confidence: 0.779756653333333
- $00{:}03{:}25.638 \dashrightarrow 00{:}03{:}27.780$ blocks or precursors that we call
- NOTE Confidence: 0.779756653333333
- $00:03:27.780 \longrightarrow 00:03:29.360$ blasts when in excess.
- NOTE Confidence: 0.779756653333333
- $00:03:29.360 \longrightarrow 00:03:31.140$ This generally heralds a typically
- NOTE Confidence: 0.779756653333333
- $00{:}03{:}31{.}140 \dashrightarrow 00{:}03{:}33{.}243$ aggressive form of disease and at
- NOTE Confidence: 0.779756653333333
- $00{:}03{:}33{.}243 \dashrightarrow 00{:}03{:}34{.}821$ a certain point defines what we
- NOTE Confidence: 0.779756653333333
- 00:03:34.821 --> 00:03:36.600 call an acute myeloid leukemia.
- NOTE Confidence: 0.779756653333333
- $00:03:36.600 \dashrightarrow 00:03:38.833$ AML not every form of myeloid leukemia
- NOTE Confidence: 0.779756653333333

 $00:03:38.833 \rightarrow 00:03:41.360$ or or even amount for that matter,

NOTE Confidence: 0.779756653333333

 $00:03:41.360 \longrightarrow 00:03:42.068$ or are identical,

NOTE Confidence: 0.779756653333333

 $00:03:42.068 \longrightarrow 00:03:44.011$ so you know this might be related to

NOTE Confidence: 0.779756653333333

 $00:03:44.011 \longrightarrow 00:03:45.475$ the fact that there are different.

NOTE Confidence: 0.779756653333333

 $00:03:45.480 \longrightarrow 00:03:46.724$ Parts of the machinery,

NOTE Confidence: 0.779756653333333

 $00{:}03{:}46.724 \dashrightarrow 00{:}03{:}48.279$ whether they are specific genetic

NOTE Confidence: 0.779756653333333

 $00{:}03{:}48.279 \dashrightarrow 00{:}03{:}49.958$ mutations in these cells or disruptions

NOTE Confidence: 0.779756653333333

00:03:49.958 --> 00:03:51.610 of larger portions of these cells,

NOTE Confidence: 0.779756653333333

00:03:51.610 -> 00:03:53.306 DNA called the chromosomes,

NOTE Confidence: 0.779756653333333

 $00{:}03{:}53{.}306 \dashrightarrow 00{:}03{:}55{.}850$ are detected and drive the cells

NOTE Confidence: 0.779756653333333

 $00:03:55.922 \rightarrow 00:03:58.306$ towards this usually unequivocally

NOTE Confidence: 0.779756653333333

00:03:58.306 --> 00:04:00.610 problem problematic. State.

NOTE Confidence: 0.779756653333333

 $00:04:00.610 \longrightarrow 00:04:01.990$ How common are they?

NOTE Confidence: 0.779756653333333

00:04:01.990 --> 00:04:04.060 It's I mean it's all relative,

NOTE Confidence: 0.779756653333333

00:04:04.060 --> 00:04:05.154 you know,

NOTE Confidence: 0.779756653333333

 $00:04:05.154 \rightarrow 00:04:07.889$ in the hematologic malignancy world,

- NOTE Confidence: 0.779756653333333
- $00:04:07.890 \dashrightarrow 00:04:09.444$ there are some that are more common

NOTE Confidence: 0.779756653333333

 $00:04:09.444 \longrightarrow 00:04:09.888$ than others.

NOTE Confidence: 0.779756653333333

 $00:04:09.890 \dashrightarrow 00:04:11.610$ When it comes to MD S and AML.

NOTE Confidence: 0.779756653333333

 $00:04:11.610 \longrightarrow 00:04:13.650$ Generally we we regard the

NOTE Confidence: 0.779756653333333

 $00:04:13.650 \longrightarrow 00:04:15.690$ incidence as being in the.

NOTE Confidence: 0.779756653333333

 $00:04:15.690 \longrightarrow 00:04:17.770$ In the order of maybe three to four

NOTE Confidence: 0.779756653333333

00:04:17.770 --> 00:04:19.838 per 100,000 population or person years,

NOTE Confidence: 0.779756653333333

 $00:04:19.840 \longrightarrow 00:04:22.060$ so I wouldn't call them rare,

NOTE Confidence: 0.779756653333333

00:04:22.060 --> 00:04:23.698 but I wouldn't call them common,

NOTE Confidence: 0.779756653333333

00:04:23.700 -> 00:04:26.353 and the prognosis for each of these

NOTE Confidence: 0.779756653333333

 $00:04:26.353 \rightarrow 00:04:28.690$ diseases there's a lot of variance,

NOTE Confidence: 0.779756653333333

 $00{:}04{:}28.690 \dashrightarrow 00{:}04{:}29.838$ and this depends on.

NOTE Confidence: 0.779756653333333

 $00:04:29.838 \dashrightarrow 00:04:31.955$ Really a lot of variables and some

NOTE Confidence: 0.779756653333333

 $00{:}04{:}31{.}955 \dashrightarrow 00{:}04{:}33{.}630$ of which were really refining.

NOTE Confidence: 0.779756653333333

 $00{:}04{:}33{.}630 \dashrightarrow 00{:}04{:}36{.}038$ You know progressively and perhaps some we

NOTE Confidence: 0.779756653333333

00:04:36.038 --> 00:04:38.300 haven't even really figured out just yet.

NOTE Confidence: 0.779756653333333

00:04:38.300 --> 00:04:39.880 It can range from,

NOTE Confidence: 0.779756653333333

00:04:39.880 --> 00:04:40.670 you know,

NOTE Confidence: 0.779756653333333

 $00:04:40.670 \longrightarrow 00:04:42.655$ from just a patient being

NOTE Confidence: 0.779756653333333

 $00{:}04{:}42.655 \dashrightarrow 00{:}04{:}43.846$ recommended for observation.

NOTE Confidence: 0.779756653333333

 $00:04:43.850 \dashrightarrow 00:04:45.110$ You know it's something that can

NOTE Confidence: 0.779756653333333

 $00{:}04{:}45{.}110 \dashrightarrow 00{:}04{:}46{.}690$ be regarded as a chronic illness.

NOTE Confidence: 0.779756653333333

00:04:46.690 --> 00:04:47.635 Like you know,

NOTE Confidence: 0.779756653333333

00:04:47.635 --> 00:04:49.525 blood pressure issues or cholesterol issues,

NOTE Confidence: 0.779756653333333

 $00{:}04{:}49{.}530 \dashrightarrow 00{:}04{:}52{.}750$ and often doesn't really cause any problems.

NOTE Confidence: 0.779756653333333

 $00:04:52.750 \longrightarrow 00:04:53.026$ Conversely,

NOTE Confidence: 0.779756653333333

 $00{:}04{:}53.026 \dashrightarrow 00{:}04{:}54.406$ there are patients that you

NOTE Confidence: 0.779756653333333

 $00:04:54.406 \longrightarrow 00:04:55.234$ know have disease,

NOTE Confidence: 0.779756653333333

 $00:04:55.240 \longrightarrow 00:04:56.475$ which is clearly aggressive and

NOTE Confidence: 0.779756653333333

 $00{:}04{:}56.475 \dashrightarrow 00{:}04{:}58.123$ comes with a whole host of problems

NOTE Confidence: 0.779756653333333

 $00:04:58.123 \longrightarrow 00:04:59.595$ for which we have to be a bit

- NOTE Confidence: 0.906027601818182
- 00:04:59.641 -> 00:05:00.786 more aggressive. And our
- NOTE Confidence: 0.906027601818182
- $00:05:00.786 \dashrightarrow 00:05:01.638$ and our management approach.
- NOTE Confidence: 0.800845123333333
- $00:05:02.870 \longrightarrow 00:05:05.366$ And So what? What causes us?
- NOTE Confidence: 0.800845123333333
- $00:05:05.370 \longrightarrow 00:05:07.398$ I mean, when we think about
- NOTE Confidence: 0.800845123333333
- $00:05:07.398 \longrightarrow 00:05:08.750$ other kinds of cancers,
- NOTE Confidence: 0.800845123333333
- $00{:}05{:}08{.}750 \dashrightarrow 00{:}05{:}11{.}750$ sometimes we know an etiologic factor.
- NOTE Confidence: 0.800845123333333
- $00:05:11.750 \rightarrow 00:05:14.654$ So for example, I think everybody kind of
- NOTE Confidence: 0.800845123333333
- $00:05:14.654 \rightarrow 00:05:17.549$ knows that smoking can cause lung cancer.
- NOTE Confidence: 0.800845123333333
- $00:05:17.550 \longrightarrow 00:05:20.005$ We know that exposure to
- NOTE Confidence: 0.800845123333333
- $00:05:20.005 \rightarrow 00:05:21.969$ sunlight can cause Melanoma.
- NOTE Confidence: 0.800845123333333
- 00:05:21.970 --> 00:05:24.105 We don't know too much about AML,
- NOTE Confidence: 0.800845123333333
- $00{:}05{:}24.110 \dashrightarrow 00{:}05{:}25.664$ so talk a little bit about what
- NOTE Confidence: 0.800845123333333
- $00:05:25.664 \rightarrow 00:05:27.785$ we do know and what we don't know
- NOTE Confidence: 0.800845123333333
- $00{:}05{:}27.785 \dashrightarrow 00{:}05{:}29.185$ about factors that cause this.
- NOTE Confidence: 0.851323101428571
- $00:05:30.990 \rightarrow 00:05:33.930$ Great question and happy to help there.
- NOTE Confidence: 0.851323101428571

 $00{:}05{:}33{.}930 \dashrightarrow 00{:}05{:}36{.}170$ There is evidence that some AML is

NOTE Confidence: 0.851323101428571

00:05:36.170 -> 00:05:38.709 what we call quote UN quote de Novo,

NOTE Confidence: 0.851323101428571

00:05:38.710 --> 00:05:40.444 meaning it arises quote from nothing NOTE Confidence: 0.851323101428571

 $00:05:40.444 \rightarrow 00:05:42.729$ and quote to take the Latin literally.

NOTE Confidence: 0.851323101428571

00:05:42.730 --> 00:05:44.978 But really, every you know every day our

NOTE Confidence: 0.851323101428571

00:05:44.978 --> 00:05:47.272 marrow stem cells and their their cousins NOTE Confidence: 0.851323101428571

 $00{:}05{:}47{.}272 \dashrightarrow 00{:}05{:}49{.}275$ or related cells are replicating and

NOTE Confidence: 0.851323101428571

 $00{:}05{:}49{.}275 \dashrightarrow 00{:}05{:}51{.}435$ there are inherent errors in the DNA that

NOTE Confidence: 0.851323101428571

 $00{:}05{:}51{.}435 \dashrightarrow 00{:}05{:}53{.}408$ come about and are usually, you know,

NOTE Confidence: 0.851323101428571

 $00:05:53.410 \rightarrow 00:05:56.248$ repaired via our really innate mechanisms.

NOTE Confidence: 0.851323101428571

 $00{:}05{:}56{.}250 \dashrightarrow 00{:}05{:}58{.}210$ But sometimes these aren't repaired,

NOTE Confidence: 0.851323101428571

 $00:05:58.210 \longrightarrow 00:05:58.622$ you know?

NOTE Confidence: 0.851323101428571

 $00:05:58.622 \rightarrow 00:06:00.270$ So this is where some of this machinery.

NOTE Confidence: 0.851323101428571

 $00:06:00.270 \dashrightarrow 00:06:02.286$ Can be damaged and put the cells

NOTE Confidence: 0.851323101428571

 $00:06:02.286 \longrightarrow 00:06:04.458$ in the path to become leukemic.

NOTE Confidence: 0.851323101428571

 $00:06:04.460 \longrightarrow 00:06:05.815$ So it's really through no

- NOTE Confidence: 0.851323101428571
- 00:06:05.815 --> 00:06:07.819 fault of you know of their own,
- NOTE Confidence: 0.851323101428571
- $00{:}06{:}07.820 \dashrightarrow 00{:}06{:}09.703$ but this is still kind of a
- NOTE Confidence: 0.851323101428571
- $00{:}06{:}09{.}703 \dashrightarrow 00{:}06{:}11{.}220$ you know a A theory.
- NOTE Confidence: 0.851323101428571
- $00:06:11.220 \rightarrow 00:06:13.140$ Beyond this we do know that you know,
- NOTE Confidence: 0.851323101428571
- $00{:}06{:}13.140 \dashrightarrow 00{:}06{:}15.162$ as you stated there are several
- NOTE Confidence: 0.851323101428571
- $00{:}06{:}15.162 \dashrightarrow 00{:}06{:}16.940$ causes to these disruptions to
- NOTE Confidence: 0.851323101428571
- $00:06:16.940 \rightarrow 00:06:18.740$ the biology that previously normal
- NOTE Confidence: 0.851323101428571
- $00:06:18.740 \rightarrow 00:06:20.800$ cells you know can become leukemic.
- NOTE Confidence: 0.851323101428571
- $00:06:20.800 \dashrightarrow 00:06:22.640$ Probably the most well defined.
- NOTE Confidence: 0.851323101428571
- $00:06:22.640 \rightarrow 00:06:24.607$ I would say our exposures to things
- NOTE Confidence: 0.851323101428571
- $00:06:24.607 \rightarrow 00:06:26.572$ that are really meant to damage the
- NOTE Confidence: 0.851323101428571
- $00{:}06{:}26{.}572 \dashrightarrow 00{:}06{:}28{.}879$ cellular DNA and for and for good reason.
- NOTE Confidence: 0.851323101428571
- $00{:}06{:}28.880 \dashrightarrow 00{:}06{:}30.700$ These are certain chemotherapies.
- NOTE Confidence: 0.851323101428571
- $00{:}06{:}30{.}700 \dashrightarrow 00{:}06{:}32{.}065$ And radio the rapies.
- NOTE Confidence: 0.851323101428571
- $00{:}06{:}32.070 \dashrightarrow 00{:}06{:}33.840$ The rapeutic radiation that you know is
- NOTE Confidence: 0.851323101428571

 $00:06:33.840 \rightarrow 00:06:36.467$ used to be solid tumors like breast cancer,

NOTE Confidence: 0.851323101428571

00:06:36.470 --> 00:06:37.266 lung cancer,

NOTE Confidence: 0.851323101428571

00:06:37.266 --> 00:06:38.460 relatively common cancers,

NOTE Confidence: 0.851323101428571

 $00:06:38.460 \longrightarrow 00:06:40.330$ and for which these therapies

NOTE Confidence: 0.851323101428571

 $00:06:40.330 \longrightarrow 00:06:41.590$ you know are game changers.

NOTE Confidence: 0.851323101428571

 $00{:}06{:}41.590 \dashrightarrow 00{:}06{:}42.582$ These are effective the rapies

NOTE Confidence: 0.851323101428571

 $00:06:42.582 \rightarrow 00:06:44.470$ and can cure a lot of cancer,

NOTE Confidence: 0.851323101428571

 $00{:}06{:}44{.}470 \dashrightarrow 00{:}06{:}46{.}594$ but there's a small but appreciable

NOTE Confidence: 0.851323101428571

 $00{:}06{:}46{.}594 \dashrightarrow 00{:}06{:}49{.}069$ risk that the marrow cells are exposed

NOTE Confidence: 0.851323101428571

 $00:06:49.069 \dashrightarrow 00:06:51.435$ to these therapies and and the

NOTE Confidence: 0.851323101428571

 $00:06:51.435 \dashrightarrow 00:06:53.650$ damage they they they induce,

NOTE Confidence: 0.851323101428571

 $00{:}06{:}53.650 \dashrightarrow 00{:}06{:}55.745$ and these cells acquire these

NOTE Confidence: 0.851323101428571

 $00{:}06{:}55.745 \dashrightarrow 00{:}06{:}57.840$ abnormalities and this increases the

NOTE Confidence: 0.851323101428571

 $00{:}06{:}57{.}912 \dashrightarrow 00{:}07{:}00{.}330$ risk of developing a myeloid leukemia.

NOTE Confidence: 0.851323101428571

 $00{:}07{:}00{.}330 \dashrightarrow 00{:}07{:}01{.}686$ Non the rapeutic exposures which I think

NOTE Confidence: 0.851323101428571

 $00:07:01.686 \rightarrow 00:07:03.379$ is more to what you're getting at,

- NOTE Confidence: 0.851323101428571
- 00:07:03.380 --> 00:07:04.864 are also described, however,
- NOTE Confidence: 0.851323101428571
- $00{:}07{:}04.864 \dashrightarrow 00{:}07{:}07{.}090$ so one of the clearest examples
- NOTE Confidence: 0.851323101428571
- $00:07:07.153 \longrightarrow 00:07:09.008$ of this are unfortunately I don't
- NOTE Confidence: 0.851323101428571
- 00:07:09.008 00:07:09.778 wanna say a good example.
- NOTE Confidence: 0.851323101428571
- 00:07:09.780 --> 00:07:12.556 I'll say a clear example is are
- NOTE Confidence: 0.851323101428571
- $00:07:12.556 \longrightarrow 00:07:14.044$ there studies that have shown or
- NOTE Confidence: 0.851323101428571
- $00{:}07{:}14.044 \dashrightarrow 00{:}07{:}16.201$ or looked at sort of the long term
- NOTE Confidence: 0.851323101428571
- $00:07:16.201 \longrightarrow 00:07:17.638$ outcomes of individuals that were
- NOTE Confidence: 0.851323101428571
- $00:07:17.638 \longrightarrow 00:07:19.492$ exposed to the radiation from the
- NOTE Confidence: 0.851323101428571
- 00:07:19.492 --> 00:07:20.751 atomic bomb explosions from,
- NOTE Confidence: 0.851323101428571
- 00:07:20.751 --> 00:07:21.413 you know,
- NOTE Confidence: 0.851323101428571
- $00{:}07{:}21{.}413 \dashrightarrow 00{:}07{:}23{.}399$ the 1940s and Nagasaki and Hiroshima.
- NOTE Confidence: 0.851323101428571
- $00:07:23.400 \longrightarrow 00:07:25.220$ This is particle radiation,
- NOTE Confidence: 0.851323101428571
- $00{:}07{:}25{.}220 \dashrightarrow 00{:}07{:}27{.}040$ specifically beta beta particles,
- NOTE Confidence: 0.851323101428571
- $00:07:27.040 \dashrightarrow 00:07:30.726$ but also gamma radiation with regards to.
- NOTE Confidence: 0.851323101428571

 $00:07:30.726 \rightarrow 00:07:33.036$ Other forms there is electromagnetic

NOTE Confidence: 0.851323101428571

00:07:33.036 --> 00:07:34.807 electromagnetic radiation in certain

NOTE Confidence: 0.851323101428571

 $00:07:34.807 \dashrightarrow 00:07:36.367$ settings that are implicated.

NOTE Confidence: 0.851323101428571

 $00:07:36.370 \rightarrow 00:07:37.778$ Non the rapeutic chemical exposures

NOTE Confidence: 0.851323101428571

 $00{:}07{:}37{.}778$ --> $00{:}07{:}39{.}890$ are also shown in some studies,

NOTE Confidence: 0.851323101428571

 $00:07:39.890 \longrightarrow 00:07:41.210$ including benzene.

NOTE Confidence: 0.851323101428571

 $00{:}07{:}41.210 \dashrightarrow 00{:}07{:}44.510$ Dioxin is formal dehyde as well.

NOTE Confidence: 0.851323101428571

 $00{:}07{:}44.510 \dashrightarrow 00{:}07{:}46.160$ Obesity has been linked to a

NOTE Confidence: 0.851323101428571

 $00{:}07{:}46.160 \dashrightarrow 00{:}07{:}47.530$ slightly higher risk of AML.

NOTE Confidence: 0.851323101428571

00:07:47.530 --> 00:07:49.195 Other non modifiable risk factors

NOTE Confidence: 0.851323101428571

00:07:49.195 - 00:07:51.369 as we call them contribute as well,

NOTE Confidence: 0.851323101428571

 $00:07:51.370 \longrightarrow 00:07:53.642$ one being male as there is a slight

NOTE Confidence: 0.851323101428571

 $00:07:53.642 \rightarrow 00:07:55.478$ predominance. The other is age.

NOTE Confidence: 0.851323101428571

 $00{:}07{:}55{.}478 \dashrightarrow 00{:}07{:}57{.}026$ AML is a disease.

NOTE Confidence: 0.851323101428571

 $00{:}07{:}57{.}030 \dashrightarrow 00{:}07{:}58{.}470$ Sorry for saying is a disease

NOTE Confidence: 0.851323101428571

 $00:07:58.470 \longrightarrow 00:07:59.190$ that the elderly,

NOTE Confidence: 0.851323101428571

 $00:07:59.190 \longrightarrow 00:08:00.966$ the median age at diagnosis is.

NOTE Confidence: 0.851323101428571

00:08:00.970 --> 00:08:02.074 Around 68 years,

NOTE Confidence: 0.851323101428571

 $00:08:02.074 \rightarrow 00:08:05.329$ but the risk is higher the older you are.

NOTE Confidence: 0.851323101428571

 $00:08:05.330 \dashrightarrow 00:08:06.530$ And this might be because people

NOTE Confidence: 0.851323101428571

 $00:08:06.530 \longrightarrow 00:08:07.900$ that have been on Earth longer,

NOTE Confidence: 0.851323101428571

 $00:08:07.900 \longrightarrow 00:08:09.545$ they've had longer time to to be

NOTE Confidence: 0.851323101428571

 $00:08:09.545 \longrightarrow 00:08:11.143$ exposed to the things that you

NOTE Confidence: 0.851323101428571

00:08:11.143 - 00:08:12.259 know we just discussed.

NOTE Confidence: 0.8179787066666667

 $00{:}08{:}13.880 \dashrightarrow 00{:}08{:}16.103$ So you know, unpacking a few of the things

NOTE Confidence: 0.8179787066666667

 $00:08:16.103 \rightarrow 00:08:18.142$ that you mentioned, the first thing,

NOTE Confidence: 0.8179787066666667

 $00:08:18.142 \longrightarrow 00:08:20.557$ and I'm sure that listeners who may

NOTE Confidence: 0.8179787066666667

 $00{:}08{:}20.557 \dashrightarrow 00{:}08{:}23.070$ be on chemotherapy for a variety of

NOTE Confidence: 0.8179787066666667

 $00{:}08{:}23.140 \dashrightarrow 00{:}08{:}25.780$ reasons or may have undergone the rapeutic

NOTE Confidence: 0.8179787066666667

 $00{:}08{:}25.780 \dashrightarrow 00{:}08{:}28.360$ radiation for a variety of cancers,

NOTE Confidence: 0.8179787066666667

 $00{:}08{:}28{.}360 \dashrightarrow 00{:}08{:}30{.}568$ often think that you know these

NOTE Confidence: 0.8179787066666667

 $00:08:30.568 \rightarrow 00:08:32.961$ therapies are really trying to

NOTE Confidence: 0.8179787066666667

 $00{:}08{:}32{.}961 \dashrightarrow 00{:}08{:}35{.}076$ treat whatever their malignancy is,

NOTE Confidence: 0.8179787066666667

 $00:08:35.080 \longrightarrow 00:08:36.704$ whether it's breast cancer,

NOTE Confidence: 0.8179787066666667

 $00:08:36.704 \rightarrow 00:08:38.580$ colon cancer, lung cancer,

NOTE Confidence: 0.8179787066666667

 $00:08:38.580 \longrightarrow 00:08:41.760$ others that are are more common,

NOTE Confidence: 0.8179787066666667

 $00{:}08{:}41.760 \dashrightarrow 00{:}08{:}44.049$ and so when you said there's a

NOTE Confidence: 0.8179787066666667

 $00:08:44.049 \rightarrow 00:08:45.960$ small but still appreciable.

NOTE Confidence: 0.8179787066666667

 $00:08:45.960 \rightarrow 00:08:50.426$ Risk of developing AML with these therapies?

NOTE Confidence: 0.8179787066666667

 $00{:}08{:}50{.}430 \dashrightarrow 00{:}08{:}52{.}859$ How small is small and should people

NOTE Confidence: 0.8179787066666667

 $00:08:52.859 \rightarrow 00:08:55.402$ really be scared that they are now

NOTE Confidence: 0.8179787066666667

 $00:08:55.402 \longrightarrow 00:08:57.187$ trading one cancer for another?

NOTE Confidence: 0.86018157125

00:08:58.850 --> 00:09:00.885 It's a very, very poignant

NOTE Confidence: 0.86018157125

00:09:00.885 --> 00:09:02.106 and important question,

NOTE Confidence: 0.86018157125

 $00:09:02.110 \rightarrow 00:09:04.756$ and it's it's certainly relevant one,

NOTE Confidence: 0.86018157125

 $00:09:04.760 \longrightarrow 00:09:05.940$ you know, the risk depends

NOTE Confidence: 0.86018157125

 $00:09:05.940 \longrightarrow 00:09:07.120$ on a number of things.

- NOTE Confidence: 0.86018157125
- $00:09:07.120 \rightarrow 00:09:09.367$ The agents use the dose of radiation,

NOTE Confidence: 0.86018157125

 $00:09:09.370 \longrightarrow 00:09:10.576$ and to where these you know.

NOTE Confidence: 0.86018157125

 $00:09:10.580 \rightarrow 00:09:12.926$ These agents are really being applied.

NOTE Confidence: 0.86018157125

 $00:09:12.930 \rightarrow 00:09:15.184$ They're not very specific for tumor tissue,

NOTE Confidence: 0.86018157125

 $00:09:15.190 \rightarrow 00:09:16.762$ they're just hopefully preferentially.

NOTE Confidence: 0.86018157125

00:09:16.762 --> 00:09:18.486 You know, damaging those cells.

NOTE Confidence: 0.86018157125

00:09:18.486 --> 00:09:20.830 Which are, you know if they're malignant,

NOTE Confidence: 0.86018157125

 $00:09:20.830 \longrightarrow 00:09:22.462$ or probably you know more apt

NOTE Confidence: 0.86018157125

 $00:09:22.462 \longrightarrow 00:09:24.166$ to to undergo the pathways that

NOTE Confidence: 0.86018157125

00:09:24.166 -> 00:09:26.390 drive them to death in a good way.

NOTE Confidence: 0.86018157125

 $00:09:26.390 \longrightarrow 00:09:28.400$ You know for the patient.

NOTE Confidence: 0.86018157125

00:09:28.400 --> 00:09:29.376 But if I had to kind of give

NOTE Confidence: 0.86018157125

 $00:09:29.376 \longrightarrow 00:09:30.239$ you a specific number,

NOTE Confidence: 0.86018157125

 $00:09:30.240 \rightarrow 00:09:32.440$ it's in the order of single digit percents,

NOTE Confidence: 0.86018157125

 $00{:}09{:}32{.}440 \dashrightarrow 00{:}09{:}34{.}192$ probably in the order of probably

NOTE Confidence: 0.86018157125

 $00:09:34.192 \longrightarrow 00:09:36.198$ no less than no less than 1%,

NOTE Confidence: 0.86018157125

 $00:09:36.200 \longrightarrow 00:09:38.960$ but probably no higher than the than 9%,

NOTE Confidence: 0.86018157125

 $00:09:38.960 \longrightarrow 00:09:40.272$ depending on the setting.

NOTE Confidence: 0.86018157125

 $00:09:40.272 \rightarrow 00:09:42.240$ So you know there's a difference.

NOTE Confidence: 0.86018157125

 $00:09:42.240 \longrightarrow 00:09:46.519$ Say 1% is not 0% and it's not 0.001%,

NOTE Confidence: 0.86018157125

 $00:09{:}46.519$ --> $00{:}09{:}48.892$ there's always a a risk benefit calculation NOTE Confidence: 0.86018157125

 $00{:}09{:}48.892 \dashrightarrow 00{:}09{:}51.816$ on the provider side and always a risk

NOTE Confidence: 0.86018157125

 $00:09:51.816 \rightarrow 00:09:53.740$ benefit discussion that should be had,

NOTE Confidence: 0.86018157125

 $00{:}09{:}53{.}740 \dashrightarrow 00{:}09{:}55{.}235$ you know, in conjunction with

NOTE Confidence: 0.86018157125

 $00:09:55.235 \longrightarrow 00:09:56.940$ the patient you know before us.

NOTE Confidence: 0.86018157125

 $00:09:56.940 \rightarrow 00:09:58.660$ Hopefully this conversation is open.

NOTE Confidence: 0.86018157125

 $00{:}09{:}58{.}660 \dashrightarrow 00{:}10{:}00{.}910$ As it should be and thorough,

NOTE Confidence: 0.86018157125

 $00{:}10{:}00{.}910 \dashrightarrow 00{:}10{:}02{.}206$ because this is like I said,

NOTE Confidence: 0.86018157125

00:10:02.210 --> 00:10:03.080 it's you know I don't want

NOTE Confidence: 0.86018157125

 $00:10:03.080 \longrightarrow 00:10:04.190$ to call it a nominal risk,

NOTE Confidence: 0.86018157125

 $00:10:04.190 \longrightarrow 00:10:05.192$ it is appreciable.

- NOTE Confidence: 0.86018157125
- 00:10:05.192 --> 00:10:07.530 But as you've kind of just echoed,
- NOTE Confidence: 0.86018157125
- $00{:}10{:}07{.}530 \dashrightarrow 00{:}10{:}09{.}854$ you know these are effective the rapies that
- NOTE Confidence: 0.86018157125
- $00:10:09.854 \rightarrow 00:10:12.508$ are shown to unequivocally increase the.
- NOTE Confidence: 0.86018157125
- $00:10:12.510 \longrightarrow 00:10:14.238$ You know, not only the risk of the rates.
- NOTE Confidence: 0.86018157125
- 00:10:14.240 --> 00:10:16.510 Sorry of of prolonged survival,
- NOTE Confidence: 0.86018157125
- $00:10:16.510 \longrightarrow 00:10:17.730$ but cure for many,
- NOTE Confidence: 0.86018157125
- 00:10:17.730 --> 00:10:19.255 many patients and you know,
- NOTE Confidence: 0.86018157125
- $00:10:19.260 \longrightarrow 00:10:20.010$ as it stands right now,
- NOTE Confidence: 0.86018157125
- $00:10:20.010 \dashrightarrow 00:10:22.000$ these are still gold standards.
- NOTE Confidence: 0.86018157125
- 00:10:22.000 --> 00:10:24.625 You know of care may be in,
- NOTE Confidence: 0.86018157125
- 00:10:24.630 --> 00:10:25.100 you know,
- NOTE Confidence: 0.86018157125
- $00{:}10{:}25{.}100 \dashrightarrow 00{:}10{:}26{.}040$ the decades to come,
- NOTE Confidence: 0.86018157125
- $00{:}10{:}26.040 \dashrightarrow 00{:}10{:}27.816$ and hopefully in the not too distant future
- NOTE Confidence: 0.86018157125
- $00{:}10{:}27.816$ --> $00{:}10{:}29.537$ you know the need for these the rapies.
- NOTE Confidence: 0.86018157125
- $00{:}10{:}29{.}540 \dashrightarrow 00{:}10{:}31{.}634$ Might be may be pushed aside or
- NOTE Confidence: 0.86018157125

 $00:10:31.634 \rightarrow 00:10:33.534$ slowly phased out with more

NOTE Confidence: 0.86018157125

 $00{:}10{:}33{.}534 \dashrightarrow 00{:}10{:}35{.}679$ specific and less toxic the rapies,

NOTE Confidence: 0.861932077647059

 $00:10:36.650 \rightarrow 00:10:39.530$ so which brings us to one or two

NOTE Confidence: 0.861932077647059

 $00:10:39.530 \rightarrow 00:10:41.815$ further questions to kind of unpack

NOTE Confidence: 0.861932077647059

 $00:10:41.815 \longrightarrow 00:10:44.298$ that even further, so one is,

NOTE Confidence: 0.861932077647059

 $00{:}10{:}44.298 \dashrightarrow 00{:}10{:}46.382$ you know, you had mentioned that

NOTE Confidence: 0.861932077647059

 $00{:}10{:}46.382 \dashrightarrow 00{:}10{:}48.140$ the prognosis of AML really varies,

NOTE Confidence: 0.861932077647059

 $00:10:48.140 \longrightarrow 00:10:49.905$ and for some patients it's

NOTE Confidence: 0.861932077647059

 $00{:}10{:}49{.}905 \dashrightarrow 00{:}10{:}51{.}670$ just a a chronic illness.

NOTE Confidence: 0.861932077647059

 $00:10:51.670 \rightarrow 00:10:54.046$ It's it's kind of it just follows along.

NOTE Confidence: 0.861932077647059

00:10:54.050 --> 00:10:56.042 Just like you know,

NOTE Confidence: 0.861932077647059

 $00{:}10{:}56.042 \dashrightarrow 00{:}10{:}57.564$ hypertension or something else.

NOTE Confidence: 0.861932077647059

 $00:10:57.564 \rightarrow 00:10:58.874$ And it really doesn't cause

NOTE Confidence: 0.861932077647059

 $00{:}10{:}58.874 \dashrightarrow 00{:}11{:}00.280$ a whole lot of problems.

NOTE Confidence: 0.861932077647059

 $00:11:00.280 \longrightarrow 00:11:02.083$ And other patients,

NOTE Confidence: 0.861932077647059

 $00:11:02.083 \longrightarrow 00:11:05.088$ it can really be problematic.

- NOTE Confidence: 0.861932077647059
- $00:11:05.090 \rightarrow 00:11:07.082$ Do we know whether the prognosis
- NOTE Confidence: 0.861932077647059
- $00:11:07.082 \rightarrow 00:11:09.630$ is linked to the etiologic factor?
- NOTE Confidence: 0.861932077647059
- $00:11:09.630 \longrightarrow 00:11:10.677$ So, for example,
- NOTE Confidence: 0.861932077647059
- 00:11:10.677 -> 00:11:12.771 some people may be more willing
- NOTE Confidence: 0.861932077647059
- $00{:}11{:}12{.}771 \dashrightarrow 00{:}11{:}15{.}081$ to trade one cancer for another
- NOTE Confidence: 0.861932077647059
- $00:11:15.081 \rightarrow 00:11:17.351$ potentially or or even the risk
- NOTE Confidence: 0.861932077647059
- 00:11:17.351 --> 00:11:19.241 of developing AML if we knew
- NOTE Confidence: 0.861932077647059
- $00:11:19.241 \rightarrow 00:11:21.910$ that the AML that was caused by
- NOTE Confidence: 0.861932077647059
- $00:11:21.910 \longrightarrow 00:11:24.490$ people who had been exposed to
- NOTE Confidence: 0.861932077647059
- $00:11:24.578 \rightarrow 00:11:26.894$ chemotherapy for the rapeutic intent
- NOTE Confidence: 0.861932077647059
- $00:11:26.894 \rightarrow 00:11:30.368$ was really more of the benign.
- NOTE Confidence: 0.861932077647059
- 00:11:30.370 --> 00:11:32.295 Indolent kind of AML rather
- NOTE Confidence: 0.861932077647059
- $00:11:32.295 \longrightarrow 00:11:33.835$ than the more aggressive.
- NOTE Confidence: 0.861932077647059
- 00:11:33.840 --> 00:11:35.590 Do we know whether there's
- NOTE Confidence: 0.861932077647059
- $00:11:35.590 \rightarrow 00:11:37.340$ any linkage based on ideology?
- NOTE Confidence: 0.825689475

- $00:11:39.150 \longrightarrow 00:11:40.950$ I probably say that biology matters,
- NOTE Confidence: 0.825689475
- 00:11:40.950 --> 00:11:42.790 and when I'm, you know,
- NOTE Confidence: 0.825689475
- $00:11:42.790 \rightarrow 00:11:43.786$ that's sort of a, you know,
- NOTE Confidence: 0.825689475
- $00:11:43.790 \rightarrow 00:11:46.090$ a vague a vague statement.
- NOTE Confidence: 0.825689475
- $00{:}11{:}46.090 \dashrightarrow 00{:}11{:}48.898$ But really, it's you know what damage has
- NOTE Confidence: 0.825689475
- $00{:}11{:}48.898 \dashrightarrow 00{:}11{:}51.629$ been induced in these leukemia cells or
- NOTE Confidence: 0.825689475
- $00:11:51.629 \rightarrow 00:11:53.910$ the cells that eventually promote you.
- NOTE Confidence: 0.825689475
- $00:11:53.910 \dashrightarrow 00:11:55.790$ Know the development of leukemia.
- NOTE Confidence: 0.825689475
- $00{:}11{:}55{.}790 \dashrightarrow 00{:}11{:}59{.}031$ There are some exposures that are more
- NOTE Confidence: 0.825689475
- $00:11:59.031 \rightarrow 00:12:01.270$ classically associated with particular,
- NOTE Confidence: 0.825689475
- $00:12:01.270 \rightarrow 00:12:04.238$ you know, damage damages to the damage to
- NOTE Confidence: 0.825689475
- $00:12:04.238 \longrightarrow 00:12:09.160$ the DNA of of these leukemia cells some.
- NOTE Confidence: 0.825689475
- 00:12:09.160 --> 00:12:10.040 Are unfortunately,
- NOTE Confidence: 0.825689475
- $00:12:10.040 \longrightarrow 00:12:12.680$ you know pretty well described as
- NOTE Confidence: 0.825689475
- $00:12:12.680 \rightarrow 00:12:14.656$ being predictive of stubborn disease
- NOTE Confidence: 0.825689475
- $00:12:14.656 \longrightarrow 00:12:17.064$ when it comes to things like prior

- NOTE Confidence: 0.825689475
- 00:12:17.131 --> 00:12:18.979 chemotherapies in particular,
- NOTE Confidence: 0.825689475
- $00:12:18.980 \longrightarrow 00:12:21.300$ classes of chemotherapies as
- NOTE Confidence: 0.825689475
- $00:12:21.300 \longrightarrow 00:12:23.040$ well as radio therapy.
- NOTE Confidence: 0.825689475
- $00:12:23.040 \longrightarrow 00:12:25.330$ There are these are therapies
- NOTE Confidence: 0.825689475
- $00:12:25.330 \longrightarrow 00:12:27.620$ which are probably more associated
- NOTE Confidence: 0.825689475
- $00{:}12{:}27.694 \dashrightarrow 00{:}12{:}29.620$ with what we call adverse disease,
- NOTE Confidence: 0.825689475
- 00:12:29.620 --> 00:12:30.592 adverse risk biology,
- NOTE Confidence: 0.825689475
- $00:12:30.592 \longrightarrow 00:12:32.536$ some things that can induce a
- NOTE Confidence: 0.825689475
- 00:12:32.536 --> 00:12:34.511 lot of DNA damage or chromosome
- NOTE Confidence: 0.825689475
- 00:12:34.511 --> 00:12:36.616 like large segments of DNA which
- NOTE Confidence: 0.825689475
- $00:12:36.616 \longrightarrow 00:12:38.038$ other chromosomes can be.
- NOTE Confidence: 0.825689475
- $00:12:38.038 \longrightarrow 00:12:39.851$ You know it just in and of
- NOTE Confidence: 0.825689475
- 00:12:39.851 --> 00:12:41.100 themselves sort of removed,
- NOTE Confidence: 0.825689475
- $00{:}12{:}41{.}100 \dashrightarrow 00{:}12{:}44{.}090$ duplicated and there are some
- NOTE Confidence: 0.825689475
- $00:12:44.090 \rightarrow 00:12:45.884$ poor risk lesions,
- NOTE Confidence: 0.825689475

- $00:12:45.890 \longrightarrow 00:12:48.962$ specifically one in TP 53 which
- NOTE Confidence: 0.825689475
- $00:12:48.962 \rightarrow 00:12:51.530$ unfortunately is among those that.
- NOTE Confidence: 0.825689475
- $00{:}12{:}51{.}530 \dashrightarrow 00{:}12{:}54{.}176$ Are the kind of the the worst to have
- NOTE Confidence: 0.825689475
- $00:12:54.176 \rightarrow 00:12:57.190$ in a leukemia cell among other cancers,
- NOTE Confidence: 0.825689475
- $00:12:57.190 \longrightarrow 00:12:58.548$ and you know this is 1 lesion,
- NOTE Confidence: 0.825689475
- $00:12:58.550 \longrightarrow 00:13:00.704$ which is unfortunately the most commonly
- NOTE Confidence: 0.825689475
- $00:13:00.704 \rightarrow 00:13:02.869$ observed across all the tumor types,
- NOTE Confidence: 0.825689475
- $00:13:02.870 \longrightarrow 00:13:04.915$ so it's not necessarily that
- NOTE Confidence: 0.825689475
- $00{:}13{:}04{.}915 \dashrightarrow 00{:}13{:}06{.}960$ the the treatment itself is
- NOTE Confidence: 0.825689475
- $00:13:07.034 \rightarrow 00:13:09.810$ independently predictive of prognosis.
- NOTE Confidence: 0.825689475
- $00:13:09.810 \longrightarrow 00:13:10.785$ It's more, say,
- NOTE Confidence: 0.825689475
- $00{:}13{:}10.785 \dashrightarrow 00{:}13{:}13.060$ the the middle man that induces the
- NOTE Confidence: 0.825689475
- $00{:}13{:}13{.}131 \dashrightarrow 00{:}13{:}15{.}315$ damage and the damage itself is
- NOTE Confidence: 0.825689475
- $00:13:15.315 \rightarrow 00:13:17.410$ really what predicts more stubborn,
- NOTE Confidence: 0.825689475
- 00:13:17.410 --> 00:13:18.602 you know, disease, biology,
- NOTE Confidence: 0.825689475
- $00:13:18.602 \rightarrow 00:13:20.390$ biology that would predict a lack

- NOTE Confidence: 0.825689475
- $00:13:20.439 \longrightarrow 00:13:21.659$ of response to frontline.
- NOTE Confidence: 0.825689475
- 00:13:21.660 --> 00:13:22.752 The rapies and unfortunately,
- NOTE Confidence: 0.825689475
- 00:13:22.752 --> 00:13:25.130 among patients that are, you know,
- NOTE Confidence: 0.825689475
- $00:13:25.130 \rightarrow 00:13:28.350$ fortunate to achieve some form of remission.
- NOTE Confidence: 0.825689475
- 00:13:28.350 --> 00:13:28.613 Unfortunately,
- NOTE Confidence: 0.825689475
- 00:13:28.613 > 00:13:30.454 don't stay in remission for that long,
- NOTE Confidence: 0.8269314
- $00:13:31.290 \longrightarrow 00:13:34.450$ and so you know the last question
- NOTE Confidence: 0.8269314
- $00{:}13{:}34{.}450 \dashrightarrow 00{:}13{:}38{.}074$ I'll ask you before we take our break is.
- NOTE Confidence: 0.8269314
- $00{:}13{:}38{.}080 \dashrightarrow 00{:}13{:}40{.}996$ In the patients with AML who
- NOTE Confidence: 0.8269314
- 00:13:40.996 00:13:43.520 have a more aggressive form,
- NOTE Confidence: 0.8269314
- $00{:}13{:}43.520 \dashrightarrow 00{:}13{:}45.390$ is it treated with chemotherapy
- NOTE Confidence: 0.8269314
- $00:13:45.390 \longrightarrow 00:13:47.415$ and radiation, and if so,
- NOTE Confidence: 0.8269314
- $00:13:47.415 \longrightarrow 00:13:49.540$ couldn't that induce even more
- NOTE Confidence: 0.8269314
- 00:13:49.540 --> 00:13:51.658 toxicity like it does this
- NOTE Confidence: 0.8269314
- $00:13:51.658 \rightarrow 00:13:53.638$ then become a vicious cycle?
- NOTE Confidence: 0.851908105454546

 $00:13:56.080 \longrightarrow 00:13:57.550$ If you were to ask a leukemia

NOTE Confidence: 0.851908105454546

00:13:57.550 - 00:13:58.400 specialist 20 years ago,

NOTE Confidence: 0.851908105454546

 $00{:}13{:}58{.}400 \dashrightarrow 00{:}14{:}00{.}199$ this would have been a shorter answer.

NOTE Confidence: 0.851908105454546

 $00:14:00.200 \longrightarrow 00:14:01.992$ You know we're learning about this is

NOTE Confidence: 0.851908105454546

 $00:14:01.992 \rightarrow 00:14:03.784$ about the biology of disease and how this

NOTE Confidence: 0.851908105454546

00:14:03.784 --> 00:14:06.115 can be sort of sub route based on the

NOTE Confidence: 0.851908105454546

 $00:14:06.115 \rightarrow 00:14:07.419$ mechanisms and classical combination,

NOTE Confidence: 0.851908105454546

 $00:14:07.420 \longrightarrow 00:14:08.740$ chemotherapy has been the gold

NOTE Confidence: 0.851908105454546

 $00{:}14{:}08{.}740 \dashrightarrow 00{:}14{:}10{.}312$ standard for for many patients since

NOTE Confidence: 0.851908105454546

 $00{:}14{:}10{.}312 \dashrightarrow 00{:}14{:}11{.}761$ the early 1970s and this is still

NOTE Confidence: 0.851908105454546

 $00{:}14{:}11.761 \dashrightarrow 00{:}14{:}13.437$ the case for many subsets of disease.

NOTE Confidence: 0.851908105454546

 $00:14:13.440 \longrightarrow 00:14:15.407$ This is what we call quote intensive

NOTE Confidence: 0.851908105454546

00:14:15.407 -> 00:14:16.955 therapy and quote meeting and

NOTE Confidence: 0.851908105454546

00:14:16.955 --> 00:14:18.893 has the potential to strain major

NOTE Confidence: 0.851908105454546

00:14:18.893 --> 00:14:20.320 organs including the GI, tract,

NOTE Confidence: 0.851908105454546

00:14:20.320 --> 00:14:21.760 kidneys, liver, heart, lungs,

- NOTE Confidence: 0.851908105454546
- $00:14:21.760 \longrightarrow 00:14:23.085$ and it will undoubtedly injure
- NOTE Confidence: 0.851908105454546
- 00:14:23.085 --> 00:14:24.885 the bone marrow, both bad cells.
- NOTE Confidence: 0.851908105454546
- $00:14:24.885 \longrightarrow 00:14:25.890$ In good cells,
- NOTE Confidence: 0.851908105454546
- $00{:}14{:}25{.}890 \dashrightarrow 00{:}14{:}28{.}370$ just we hope the bad cells are the ones which
- NOTE Confidence: 0.851908105454546
- $00:14:28.434 \rightarrow 00:14:31.210$ are preferentially yeah exposed and die.
- NOTE Confidence: 0.851908105454546
- $00{:}14{:}31{.}210 \dashrightarrow 00{:}14{:}32{.}990$ As you can imagine,
- NOTE Confidence: 0.851908105454546
- $00:14:32.990 \longrightarrow 00:14:34.481$ at every patient can accept these risks
- NOTE Confidence: 0.851908105454546
- 00:14:34.481 -> 00:14:35.870 that come with intensive therapy.
- NOTE Confidence: 0.851908105454546
- $00{:}14{:}35{.}870 \dashrightarrow 00{:}14{:}38{.}040$ The older patient or the the person
- NOTE Confidence: 0.851908105454546
- $00:14:38.040 \longrightarrow 00:14:39.952$ that already has strained organ
- NOTE Confidence: 0.851908105454546
- $00:14:39.952 \rightarrow 00:14:42.432$ function might not be best suited to
- NOTE Confidence: 0.851908105454546
- $00:14:42.432 \rightarrow 00:14:43.703$ really receive intensive therapy.
- NOTE Confidence: 0.851908105454546
- $00{:}14{:}43.703 \dashrightarrow 00{:}14{:}45.569$ We do have less intensive the rapies
- NOTE Confidence: 0.851908105454546
- $00{:}14{:}45{.}569 \dashrightarrow 00{:}14{:}46{.}994$ that are reasonably effective and
- NOTE Confidence: 0.851908105454546
- $00:14:46.994 \rightarrow 00:14:48.880$ this is really served as the backbone
- NOTE Confidence: 0.851908105454546

 $00:14:48.880 \longrightarrow 00:14:50.356$ upon which some of these newer

NOTE Confidence: 0.851908105454546

 $00:14:50.356 \rightarrow 00:14:51.658$ agents as you were alluding to,

NOTE Confidence: 0.851908105454546

00:14:51.658 --> 00:14:52.030 you know,

NOTE Confidence: 0.851908105454546

 $00:14:52.030 \longrightarrow 00:14:53.416$ have been studied and have been shown

NOTE Confidence: 0.851908105454546

 $00:14:53.416 \longrightarrow 00:14:54.998$ to be better and and quite tolerable.

NOTE Confidence: 0.851908105454546

 $00:14:55.000 \rightarrow 00:14:56.638$ With the older intensive therapy quote,

NOTE Confidence: 0.851908105454546

 $00:14:56.640 \rightarrow 00:14:58.265$ UN quote ineligible patient this

NOTE Confidence: 0.851908105454546

 $00:14:58.265 \rightarrow 00:14:59.890$ then fosters newer combinations and

NOTE Confidence: 0.851908105454546

00:14:59.947 --> 00:15:01.843 even the study of these combination

NOTE Confidence: 0.851908105454546

 $00:15:01.843 \rightarrow 00:15:03.107$ therapies in younger patients,

NOTE Confidence: 0.851908105454546

 $00{:}15{:}03{.}110 \dashrightarrow 00{:}15{:}05{.}665$ perhaps even those that are eligible for

NOTE Confidence: 0.851908105454546

 $00:15:05.665 \rightarrow 00:15:07.899$ intensive therapy at the starting line.

NOTE Confidence: 0.84186406736

 $00:15:07.980 \longrightarrow 00:15:09.751$ Well, we'll dive a little bit more

NOTE Confidence: 0.84186406736

 $00:15:09.751 \longrightarrow 00:15:11.547$ into all of the exciting developments

NOTE Confidence: 0.84186406736

 $00:15:11.547 \longrightarrow 00:15:13.822$ there right after we take a short

NOTE Confidence: 0.84186406736

 $00:15:13.881 \rightarrow 00:15:15.366$ break for a medical minute.

- NOTE Confidence: 0.84186406736
- $00:15:15.370 \rightarrow 00:15:18.530$ Please stay tuned to learn more about AML,
- NOTE Confidence: 0.84186406736
- $00{:}15{:}18{.}530 \dashrightarrow 00{:}15{:}20{.}235$ its treatment, and about Agent
- NOTE Confidence: 0.84186406736
- $00{:}15{:}20{.}235 \dashrightarrow 00{:}15{:}22{.}479$ Orange right after we take a break.
- NOTE Confidence: 0.75052598375
- 00:15:22.870 --> 00:15:24.130 Funding for Yale Cancer
- NOTE Confidence: 0.75052598375
- $00:15:24.130 \longrightarrow 00:15:25.390$ Answers is provided by.
- NOTE Confidence: 0.75052598375
- $00{:}15{:}25{.}390 \dashrightarrow 00{:}15{:}27{.}898$ Milo Cancer Hospital where you can
- NOTE Confidence: 0.75052598375
- $00:15:27.898 \rightarrow 00:15:30.221$ view videos from their integrative
- NOTE Confidence: 0.75052598375
- 00:15:30.221 -> 00:15:32.509 medicine team by searching
- NOTE Confidence: 0.75052598375
- 00:15:32.509 --> 00:15:34.797 Yale Cancer Center Integrative
- NOTE Confidence: 0.75052598375
- 00:15:34.797 --> 00:15:36.918 Medicine playlist on YouTube.
- NOTE Confidence: 0.75052598375
- $00{:}15{:}36{.}920 \dashrightarrow 00{:}15{:}38{.}560$ There are many obstacles to
- NOTE Confidence: 0.75052598375
- $00{:}15{:}38{.}560 \dashrightarrow 00{:}15{:}39{.}872$ face when quitting smoking.
- NOTE Confidence: 0.75052598375
- $00:15:39.880 \dashrightarrow 00:15:41.698$ As smoking involves the potent drug.
- NOTE Confidence: 0.75052598375
- $00{:}15{:}41.700 \dashrightarrow 00{:}15{:}43.955$ Nicotine quitting smoking is a
- NOTE Confidence: 0.75052598375
- $00{:}15{:}43{.}955 \dashrightarrow 00{:}15{:}45{.}759$ very important lifestyle change,
- NOTE Confidence: 0.75052598375

 $00:15:45.760 \rightarrow 00:15:47.239$ especially for patients

NOTE Confidence: 0.75052598375

00:15:47.239 --> 00:15:48.718 undergoing cancer treatment,

NOTE Confidence: 0.75052598375

 $00:15:48.720 \longrightarrow 00:15:50.946$ as it's been shown to positively

NOTE Confidence: 0.75052598375

 $00:15:50.946 \rightarrow 00:15:52.430$ impact response to treatments

NOTE Confidence: 0.75052598375

 $00{:}15{:}52{.}492 \dashrightarrow 00{:}15{:}54{.}707$ decrease the likelihood that patients

NOTE Confidence: 0.75052598375

00:15:54.707 --> 00:15:56.479 will develop second malignancies

NOTE Confidence: 0.75052598375

 $00{:}15{:}56{.}479 \dashrightarrow 00{:}15{:}58{.}599$ and increase rates of survival.

NOTE Confidence: 0.75052598375

00:15:58.600 --> 00:16:00.795 Tobacco treatment programs are currently

NOTE Confidence: 0.75052598375

 $00{:}16{:}00.795 \dashrightarrow 00{:}16{:}02.990$ being offered at federally designated

NOTE Confidence: 0.75052598375

00:16:03.052 --> 00:16:04.472 Comprehensive cancer centers such

NOTE Confidence: 0.75052598375

 $00{:}16{:}04{.}472 \dashrightarrow 00{:}16{:}06{.}940$ as Yale Cancer Center and Smilow

NOTE Confidence: 0.75052598375

 $00:16:06.940 \longrightarrow 00:16:08.772$ Cancer Hospital all treatment

NOTE Confidence: 0.75052598375

 $00{:}16{:}08.772 \dashrightarrow 00{:}16{:}11.062$ components are evidence based and

NOTE Confidence: 0.75052598375

 $00{:}16{:}11.062 \dashrightarrow 00{:}16{:}13.503$ patients are treated with FDA approved

NOTE Confidence: 0.75052598375

 $00{:}16{:}13.503 \dashrightarrow 00{:}16{:}15.990$ first line medications as well as

NOTE Confidence: 0.75052598375

 $00:16:15.990 \rightarrow 00:16:18.026$ smoking cessation counseling that

- NOTE Confidence: 0.75052598375
- $00:16:18.026 \rightarrow 00:16:20.062$ stresses appropriate coping skills.
- NOTE Confidence: 0.75052598375
- $00{:}16{:}20.070 \dashrightarrow 00{:}16{:}23.060$ More information is available at
- NOTE Confidence: 0.75052598375
- 00:16:23.060 --> 00:16:24.350 yalecancercenter.org you're listening
- NOTE Confidence: 0.75052598375
- $00{:}16{:}24.350 \dashrightarrow 00{:}16{:}26.070$ to Connecticut Public Radio.
- NOTE Confidence: 0.82807185
- $00{:}16{:}27.380 \dashrightarrow 00{:}16{:}29.516$ Welcome back to Yale Cancer Answers.
- NOTE Confidence: 0.82807185
- 00:16:29.520 --> 00:16:32.056 This is doctor Anees Chagpar and I'm joined
- NOTE Confidence: 0.82807185
- $00:16:32.056 \dashrightarrow 00:16:34.460$ to night by my guest Doctor Rory Shallis.
- NOTE Confidence: 0.82807185
- 00:16:34.460 --> 00:16:39.059 We're talking about a ML and you know how
- NOTE Confidence: 0.82807185
- $00:16:39.059 \rightarrow 00:16:43.422$ this cancer of white blood cells really is?
- NOTE Confidence: 0.82807185
- $00{:}16{:}43.422 \dashrightarrow 00{:}16{:}46.019$ The result of derangement of DNA that
- NOTE Confidence: 0.82807185
- 00:16:46.019 --> 00:16:48.816 can occur due to a variety of causes,
- NOTE Confidence: 0.82807185
- $00{:}16{:}48.820 \dashrightarrow 00{:}16{:}51.186$ and we talked a little bit about
- NOTE Confidence: 0.82807185
- $00{:}16{:}51{.}186 \dashrightarrow 00{:}16{:}53{.}677$ the fact that one of those causes
- NOTE Confidence: 0.82807185
- $00{:}16{:}53.680 \dashrightarrow 00{:}16{:}57.470$ is actually the rapies from cancer.
- NOTE Confidence: 0.82807185
- $00{:}16{:}57{.}470 \dashrightarrow 00{:}17{:}00{.}450$ Treatments like chemotherapy or radiation,
- NOTE Confidence: 0.82807185

 $00:17:00.450 \longrightarrow 00:17:02.618$ which inflict DNA damage.

NOTE Confidence: 0.82807185

 $00{:}17{:}02.618 \dashrightarrow 00{:}17{:}05.870$ Now all of us know that.

NOTE Confidence: 0.82807185

00:17:05.870 --> 00:17:08.000 The majority of these treatments tend

NOTE Confidence: 0.82807185

 $00:17:08.000 \rightarrow 00:17:10.489$ to be more targeted towards cancers,

NOTE Confidence: 0.82807185

 $00:17:10.490 \longrightarrow 00:17:12.490$ which are rapidly dividing.

NOTE Confidence: 0.82807185

00:17:12.490 --> 00:17:15.490 But what about people who don't

NOTE Confidence: 0.82807185

 $00{:}17{:}15{.}576 \dashrightarrow 00{:}17{:}18{.}522$ have cancers and who are inflicted

NOTE Confidence: 0.82807185

 $00:17:18.522 \rightarrow 00:17:21.714$ with DNA damage causing agents like

NOTE Confidence: 0.82807185

 $00{:}17{:}21.714$ --> $00{:}17{:}24.559$ chemical weapons or doctor Shallis?

NOTE Confidence: 0.82807185

00:17:24.560 --> 00:17:26.835 You mentioned before the break

NOTE Confidence: 0.82807185

 $00{:}17{:}26.835 \dashrightarrow 00{:}17{:}29.110$ things like radiation from nuclear

NOTE Confidence: 0.82807185

 $00{:}17{:}29{.}180 \dashrightarrow 00{:}17{:}30{.}788$ accidents or worse yet,

NOTE Confidence: 0.82807185

 $00{:}17{:}30{.}790 \dashrightarrow 00{:}17{:}34{.}510$ atomic bombs like Hiroshima and Nagasaki.

NOTE Confidence: 0.82807185

00:17:34.510 --> 00:17:36.106 Can you talk a little bit more?

NOTE Confidence: 0.82807185

 $00{:}17{:}36{.}110 \dashrightarrow 00{:}17{:}39{.}701$ About how those have an implication in

NOTE Confidence: 0.82807185

 $00:17:39.701 \rightarrow 00:17:42.930$ terms of developing myeloid leukemias.

NOTE Confidence: 0.819274761428571

 $00:17:44.400 \rightarrow 00:17:46.437$ You said it quite quite nicely there.

NOTE Confidence: 0.819274761428571

 $00{:}17{:}46{.}440 \dashrightarrow 00{:}17{:}48{.}858$ Unfortunately, many patients are, you know,

NOTE Confidence: 0.819274761428571

 $00:17:48.860 \longrightarrow 00:17:50.925$ unbeknownst to them and folks around them,

NOTE Confidence: 0.819274761428571

 $00:17:50.930 \longrightarrow 00:17:52.358$ exposed to things that.

NOTE Confidence: 0.819274761428571

 $00:17:52.358 \longrightarrow 00:17:55.350$ It might just take time in the order

NOTE Confidence: 0.819274761428571

 $00:17:55.350 \rightarrow 00:17:57.666$ of years to decades to understand

NOTE Confidence: 0.819274761428571

 $00{:}17{:}57.666 \dashrightarrow 00{:}18{:}00.045$ that these can be detrimental to

NOTE Confidence: 0.819274761428571

00:18:00.045 --> 00:18:01.270 the genetic machinery you know,

NOTE Confidence: 0.819274761428571

 $00{:}18{:}01{.}270 \dashrightarrow 00{:}18{:}03{.}958$ DNA damage, and even some of the things

NOTE Confidence: 0.819274761428571

 $00:18:03.958 \rightarrow 00:18:06.248$ that can influence the machinery

NOTE Confidence: 0.819274761428571

 $00:18:06.248 \rightarrow 00:18:08.828$ that aren't necessarily DNA damage.

NOTE Confidence: 0.819274761428571

 $00{:}18{:}08{.}830 \dashrightarrow 00{:}18{:}10.750$ This is often accidental.

NOTE Confidence: 0.819274761428571

 $00:18:10.750 \longrightarrow 00:18:12.478$ There are, you know,

NOTE Confidence: 0.819274761428571

 $00:18:12.478 \longrightarrow 00:18:13.630$ chemical spills, contamination,

NOTE Confidence: 0.819274761428571

 $00{:}18{:}13.630 \dashrightarrow 00{:}18{:}15.796$ events and things that are used

NOTE Confidence: 0.819274761428571

 $00:18:15.796 \longrightarrow 00:18:18.329$ in in a weaponized sense as well.

NOTE Confidence: 0.819274761428571

 $00{:}18{:}18{.}330 \dashrightarrow 00{:}18{:}21.066$ There is also an implication that there are.

NOTE Confidence: 0.819274761428571

 $00:18:21.070 \rightarrow 00:18:23.170$ Ambient forms of these potential

NOTE Confidence: 0.819274761428571

00:18:23.170 --> 00:18:24.850 carcinogens or leukemogenesis you

NOTE Confidence: 0.819274761428571

00:18:24.850 --> 00:18:27.553 know as we call them as a relates to

NOTE Confidence: 0.819274761428571

 $00{:}18{:}27{.}553 \dashrightarrow 00{:}18{:}29{.}410$ the development of myeloid leukemias.

NOTE Confidence: 0.819274761428571

 $00:18:29.410 \longrightarrow 00:18:31.190$ There are several examples radiation.

NOTE Confidence: 0.819274761428571

 $00:18:31.190 \longrightarrow 00:18:31.626$ We mentioned,

NOTE Confidence: 0.819274761428571

 $00{:}18{:}31.626 \dashrightarrow 00{:}18{:}33.152$ things like dioxin wins and you know

NOTE Confidence: 0.819274761428571

 $00:18:33.152 \rightarrow 00:18:34.782$ you know you had mentioned earlier the

NOTE Confidence: 0.819274761428571

 $00{:}18{:}34{.}782 \dashrightarrow 00{:}18{:}36{.}373$ break that you wanted to discuss a

NOTE Confidence: 0.819274761428571

 $00:18:36.373 \rightarrow 00:18:37.871$ little bit about ancient orange as well.

NOTE Confidence: 0.819274761428571

00:18:37.880 --> 00:18:38.940 This is, you know,

NOTE Confidence: 0.819274761428571

 $00:18:38.940 \longrightarrow 00:18:40.265$ one of the most infamous,

NOTE Confidence: 0.819274761428571

 $00{:}18{:}40{.}270 \dashrightarrow 00{:}18{:}42{.}400$ if not the most infamous sort

NOTE Confidence: 0.819274761428571

 $00:18:42.400 \longrightarrow 00:18:45.205$ of vehicle by which one of these
- NOTE Confidence: 0.819274761428571
- 00:18:45.205 --> 00:18:46.945 agents leukemia genic agents,
- NOTE Confidence: 0.819274761428571
- $00{:}18{:}46{.}950 \dashrightarrow 00{:}18{:}48{.}108$ was delivered to.
- NOTE Confidence: 0.819274761428571
- 00:18:48.108 --> 00:18:48.494 Unfortunately,
- NOTE Confidence: 0.819274761428571
- 00:18:48.494 --> 00:18:50.424 I would say innumerable individuals,
- NOTE Confidence: 0.819274761428571
- $00:18:50.430 \rightarrow 00:18:51.648$ since we don't really know the full.
- NOTE Confidence: 0.819274761428571
- $00:18:51.650 \longrightarrow 00:18:52.439$ The full number.
- NOTE Confidence: 0.85304428444444
- $00{:}18{:}53{.}000 \dashrightarrow 00{:}18{:}54{.}960$ So talk a little bit more about
- NOTE Confidence: 0.85304428444444
- $00:18:54.960 \longrightarrow 00:18:56.393$ Agent Orange. What is it?
- NOTE Confidence: 0.85304428444444
- $00:18:56.393 \longrightarrow 00:18:58.139$ What do we know about it?
- NOTE Confidence: 0.85304428444444
- $00{:}18{:}58{.}140 \dashrightarrow 00{:}19{:}00{.}597$ What do we know about its implications
- NOTE Confidence: 0.85304428444444
- 00:19:00.597 00:19:02.710 in terms of developing AML
- NOTE Confidence: 0.6190938866666667
- 00:19:03.120 --> 00:19:05.256 Agent Orange? You know pervasive term,
- NOTE Confidence: 0.6190938866666667
- 00:19:05.260 --> 00:19:06.658 but you know, in my experience,
- NOTE Confidence: 0.6190938866666667
- 00:19:06.660 --> 00:19:07.708 many folks don't understand
- NOTE Confidence: 0.6190938866666667
- $00:19:07.708 \longrightarrow 00:19:09.612$ what it actually is. It's it's.
- NOTE Confidence: 0.6190938866666667

 $00:19:09.612 \longrightarrow 00:19:11.316$ It's essentially it's a

NOTE Confidence: 0.6190938866666667

 $00:19:11.316 \longrightarrow 00:19:12.594$ combination of herbicides.

NOTE Confidence: 0.6190938866666667

00:19:12.600 --> 00:19:13.728 2 herbicide herbicides specifically

NOTE Confidence: 0.6190938866666667

 $00:19:13.728 \longrightarrow 00:19:15.138$ in one to one mixture,

NOTE Confidence: 0.6190938866666667

 $00:19:15.140 \longrightarrow 00:19:17.720$ both of which were commercially available

NOTE Confidence: 0.6190938866666667

 $00{:}19{:}17{.}720 \dashrightarrow 00{:}19{:}20{.}560$ as early as the 1940s, you know.

NOTE Confidence: 0.6190938866666667

 $00{:}19{:}20.560 \dashrightarrow 00{:}19{:}22.330$ And because it was an effective.

NOTE Confidence: 0.6190938866666667

 $00:19:22.330 \longrightarrow 00:19:23.863$ Herbicide it was used by the US

NOTE Confidence: 0.6190938866666667

 $00{:}19{:}23.863 \dashrightarrow 00{:}19{:}25.300$ military during the Vietnam conflict.

NOTE Confidence: 0.6190938866666667

 $00{:}19{:}25{.}300 \dashrightarrow 00{:}19{:}28{.}809$ As early as I want to say 1961 or 1962

NOTE Confidence: 0.6190938866666667

 $00{:}19{:}28.809 \dashrightarrow 00{:}19{:}31.630$ as a defoliant meaning it would rapidly

NOTE Confidence: 0.6190938866666667

 $00:19:31.714 \longrightarrow 00:19:34.228$ clear thick areas of vegetation to

NOTE Confidence: 0.6190938866666667

 $00{:}19{:}34.228 \dashrightarrow 00{:}19{:}37.378$ allow our forces to be more effective.

NOTE Confidence: 0.6190938866666667

 $00:19:37.380 \longrightarrow 00:19:38.850$ It was delivered by both air but

NOTE Confidence: 0.6190938866666667

 $00:19:38.850 \longrightarrow 00:19:40.409$ as well as ground there were,

NOTE Confidence: 0.6190938866666667

 $00:19:40.410 \longrightarrow 00:19:41.424$ you know, manual.

- NOTE Confidence: 0.6190938866666667
- 00:19:41.424 --> 00:19:43.114 You know applicants going on
- NOTE Confidence: 0.6190938866666667
- $00:19:43.114 \rightarrow 00:19:44.660$ and throwing the same time,
- NOTE Confidence: 0.6190938866666667
- $00{:}19{:}44.660 \dashrightarrow 00{:}19{:}46.646$ but the herbicide spray missions you
- NOTE Confidence: 0.6190938866666667
- $00:19:46.646 \rightarrow 00:19:48.892$ know the aircraft were part of what
- NOTE Confidence: 0.6190938866666667
- $00{:}19{:}48.892 \dashrightarrow 00{:}19{:}50.608$ was called Operation Ranch Hand and
- NOTE Confidence: 0.6190938866666667
- $00:19:50.608 \rightarrow 00:19:52.585$ an estimated it was at least 15.
- NOTE Confidence: 0.6190938866666667
- $00{:}19{:}52{.}590 \dashrightarrow 00{:}19{:}54{.}742$ They wanna say 15 to 20 million gallons
- NOTE Confidence: 0.6190938866666667
- $00:19:54.742 \rightarrow 00:19:56.989$ gallons were delivered over these areas over.
- NOTE Confidence: 0.6190938866666667
- $00{:}19{:}56{.}990 \dashrightarrow 00{:}19{:}58{.}516$ You know the years that you know
- NOTE Confidence: 0.6190938866666667
- $00:19:58.516 \longrightarrow 00:19:59.810$ the forces were in that area.
- NOTE Confidence: 0.6190938866666667
- 00:19:59.810 --> 00:20:02.390 Agent Orange however, was found.
- NOTE Confidence: 0.6190938866666667
- 00:20:02.390 --> 00:20:02.830 You know.
- NOTE Confidence: 0.6190938866666667
- $00{:}20{:}02{.}830 \dashrightarrow 00{:}20{:}04{.}150$ Unfortunately it took some time to,
- NOTE Confidence: 0.6190938866666667
- 00:20:04.150 --> 00:20:04.718 you know,
- NOTE Confidence: 0.6190938866666667
- $00:20:04.718 \longrightarrow 00:20:06.706$ realize this was found to be regularly
- NOTE Confidence: 0.6190938866666667

 $00:20:06.706 \longrightarrow 00:20:08.045$ contaminated by a chemical known as

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}08.045 \dashrightarrow 00{:}20{:}09.799$ I'm not going to say the whole name,

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}09{.}800 \dashrightarrow 00{:}20{:}11.530$ but it's abbreviated as TCDD.

NOTE Confidence: 0.6190938866666667

 $00:20:11.530 \longrightarrow 00:20:13.918$ This is a specific form of

NOTE Confidence: 0.6190938866666667

00:20:13.918 --> 00:20:16.260 a benzo dioxin a dioxin.

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}16{.}260 \dashrightarrow 00{:}20{:}17{.}080$ These are as a group.

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}17.080 \dashrightarrow 00{:}20{:}18.712$ These are substances that are made

NOTE Confidence: 0.6190938866666667

 $00:20:18.712 \longrightarrow 00:20:20.779$ up of two benzene rings that are

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}20{:}779 \dashrightarrow 00{:}20{:}22{.}627$ joined chemically and really could be.

NOTE Confidence: 0.6190938866666667

 $00:20:22.630 \longrightarrow 00:20:23.950$ Unique by additions to,

NOTE Confidence: 0.6190938866666667

00:20:23.950 --> 00:20:24.610 you know,

NOTE Confidence: 0.6190938866666667

 $00:20:24.610 \longrightarrow 00:20:26.754$ usually through chlorine substitutions.

NOTE Confidence: 0.6190938866666667

00:20:26.754 --> 00:20:27.290 Unfortunately,

NOTE Confidence: 0.6190938866666667

00:20:27.290 --> 00:20:30.290 TCDD is a known carcinogen and

NOTE Confidence: 0.6190938866666667

 $00:20:30.290 \rightarrow 00:20:31.790$ teratogen as well.

NOTE Confidence: 0.6190938866666667

 $00:20:31.790 \longrightarrow 00:20:33.652$ One of the first means by which

 $00{:}20{:}33.652 \dashrightarrow 00{:}20{:}35.428$ it was realized that Agent Orange

NOTE Confidence: 0.6190938866666667

 $00:20:35.428 \longrightarrow 00:20:37.264$ was a delivery mechanism for a

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}37{.}264 \dashrightarrow 00{:}20{:}38{.}827$ known toxin of this magnitude

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}38.827 \dashrightarrow 00{:}20{:}40.864$ was the fact that these areas of

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}40.864 \dashrightarrow 00{:}20{:}42.268$ Vietnam over the next few years

NOTE Confidence: 0.6190938866666667

 $00:20:42.268 \rightarrow 00:20:43.867$ you know they did see an increase

NOTE Confidence: 0.6190938866666667

 $00:20:43.867 \rightarrow 00:20:45.570$ in the rate of of birth defects,

NOTE Confidence: 0.6190938866666667

 $00:20:45.570 \longrightarrow 00:20:46.898$ and unfortunately a lot

NOTE Confidence: 0.6190938866666667

 $00:20:46.898 \longrightarrow 00:20:48.226$ of stillbirths as well.

NOTE Confidence: 0.6190938866666667

 $00:20:48.230 \longrightarrow 00:20:48.720$ Further study,

NOTE Confidence: 0.6190938866666667

 $00:20:48.720 \longrightarrow 00:20:50.680$ and this is mostly like lab and and

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}50{.}736 \dashrightarrow 00{:}20{:}52{.}745$ mouse based studies in the United States.

NOTE Confidence: 0.6190938866666667

 $00:20:52.750 \longrightarrow 00:20:54.300$ And around the same time,

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}54{.}300 \dashrightarrow 00{:}20{:}55{.}700$ given these findings clinically in

NOTE Confidence: 0.6190938866666667

 $00{:}20{:}55{.}700 \dashrightarrow 00{:}20{:}57{.}480$ those areas led to the appropriate

 $00:20:57.480 \rightarrow 00:20:59.460$ conclusion that this was a problem,

NOTE Confidence: 0.6190938866666667

00:20:59.460 --> 00:21:00.948 and the US eventually did end

NOTE Confidence: 0.6190938866666667

 $00{:}21{:}00{.}948 \dashrightarrow 00{:}21{:}02{.}588$ these missions and the use of

NOTE Confidence: 0.6190938866666667

00:21:02.588 --> 00:21:03.476 Agent Orange altogether,

NOTE Confidence: 0.6190938866666667

 $00:21:03.480 \longrightarrow 00:21:07.520$ and in 1971 as it relates to cancers.

NOTE Confidence: 0.6190938866666667

00:21:07.520 --> 00:21:08.108 And, you know,

NOTE Confidence: 0.6190938866666667

00:21:08.108 --> 00:21:09.480 I hopefully do get to talk about,

NOTE Confidence: 0.6190938866666667

 $00:21:09.480 \rightarrow 00:21:11.104$ you know its relation to, we think,

NOTE Confidence: 0.6190938866666667

 $00{:}21{:}11{.}104 \dashrightarrow 00{:}21{:}12{.}714$ and the myeloid leukemia realm.

NOTE Confidence: 0.6190938866666667

 $00:21:12.720 \longrightarrow 00:21:13.842$ A number of studies you know

NOTE Confidence: 0.6190938866666667

 $00:21:13.842 \longrightarrow 00:21:15.360$ if you know that have found an

NOTE Confidence: 0.6190938866666667

00:21:15.360 --> 00:21:16.560 increased risk of breast cancer,

NOTE Confidence: 0.6190938866666667

00:21:16.560 --> 00:21:18.860 GI cancer, some lung cancers,

NOTE Confidence: 0.6190938866666667

00:21:18.860 --> 00:21:19.304 kidney cancer,

NOTE Confidence: 0.6190938866666667

 $00{:}21{:}19{.}304 \dashrightarrow 00{:}21{:}20{.}858$ you know these were well done studies

NOTE Confidence: 0.6190938866666667

 $00:21:20.858 \longrightarrow 00:21:22.177$ that showed that were basically,

- NOTE Confidence: 0.6190938866666667
- $00{:}21{:}22{.}180 \dashrightarrow 00{:}21{:}23{.}650$ you know, among patients that are
- NOTE Confidence: 0.6190938866666667
- 00:21:23.650 00:21:25.169 sorry folks that were exposed to.
- NOTE Confidence: 0.6190938866666667
- $00{:}21{:}25{.}170 \dashrightarrow 00{:}21{:}27{.}708$ TCDD, and not necessarily Agent Orange.
- NOTE Confidence: 0.6190938866666667
- $00:21:27.710 \longrightarrow 00:21:29.325$ There is an appreciable risk
- NOTE Confidence: 0.6190938866666667
- $00:21:29.325 \longrightarrow 00:21:30.294$ regarding the hematologic
- NOTE Confidence: 0.6190938866666667
- 00:21:30.294 --> 00:21:31.769 malignancies or or blood cancers,
- NOTE Confidence: 0.6190938866666667
- $00:21:31.770 \longrightarrow 00:21:33.648$ which is my area of expertise.
- NOTE Confidence: 0.6190938866666667
- 00:21:33.650 --> 00:21:35.750 TCDD is linked to an increased
- NOTE Confidence: 0.6190938866666667
- 00:21:35.750 --> 00:21:37.150 risk of both Hodgkin
- NOTE Confidence: 0.786769311333333
- 00:21:37.219 --> 00:21:39.209 and non non Hodgkin lymphoma,
- NOTE Confidence: 0.786769311333333
- $00:21:39.210 \rightarrow 00:21:41.585$ as well as another malignancy
- NOTE Confidence: 0.786769311333333
- 00:21:41.585 --> 00:21:43.485 known as multiple myeloma.
- NOTE Confidence: 0.786769311333333
- $00:21:43.490 \rightarrow 00:21:46.450$ The one rub is that you know exposure to TCDD
- NOTE Confidence: 0.786769311333333
- $00{:}21{:}46{.}519 \dashrightarrow 00{:}21{:}49{.}343$ is uncommon and the disease is of interest.
- NOTE Confidence: 0.786769311333333
- $00{:}21{:}49{.}350 \dashrightarrow 00{:}21{:}50{.}878$ You know are also uncommon and so and
- NOTE Confidence: 0.786769311333333

 $00:21:50.878 \rightarrow 00:21:52.320$ some people also don't live long enough

NOTE Confidence: 0.786769311333333

 $00{:}21{:}52{.}320 \dashrightarrow 00{:}21{:}53{.}730$ to get these diseases of interest.

NOTE Confidence: 0.786769311333333

00:21:53.730 --> 00:21:55.700 So you're studying an uncommon.

NOTE Confidence: 0.786769311333333

00:21:55.700 --> 00:21:58.360 Among uncommon, with perhaps not enough time,

NOTE Confidence: 0.786769311333333

 $00:21:58.360 \longrightarrow 00:21:59.977$ and this is likely why some other

NOTE Confidence: 0.786769311333333

00:21:59.977 --> 00:22:01.375 studies have shown quote no increased

NOTE Confidence: 0.786769311333333

00:22:01.375 --> 00:22:03.260 risk to which you know many of us say,

NOTE Confidence: 0.786769311333333

 $00:22:03.260 \longrightarrow 00:22:04.580$ you know, have a you know,

NOTE Confidence: 0.786769311333333

 $00:22:04.580 \longrightarrow 00:22:05.345$ raise an eyebrow.

NOTE Confidence: 0.786769311333333

 $00:22:05.345 \rightarrow 00:22:07.130$ However, the weight of evidence you know

NOTE Confidence: 0.786769311333333

 $00:22:07.177 \rightarrow 00:22:08.845$ in some is really clearly established.

NOTE Confidence: 0.786769311333333

 $00{:}22{:}08.850 \dashrightarrow 00{:}22{:}11.178$ That CD is a known carcinogen.

NOTE Confidence: 0.786769311333333

 $00:22:11.180 \longrightarrow 00:22:13.020$ Its most critical designation you

NOTE Confidence: 0.786769311333333

 $00:22:13.020 \rightarrow 00:22:16.026$ know among some of the very well

NOTE Confidence: 0.786769311333333

 $00:22:16.026 \rightarrow 00:22:18.218$ respected communities and organizations.

NOTE Confidence: 0.786769311333333

 $00:22:18.220 \longrightarrow 00:22:20.726$ The most I'd say weighted is the

00:22:20.726 --> 00:22:22.182 International Agency for Research

NOTE Confidence: 0.786769311333333

00:22:22.182 --> 00:22:23.438 on Cancer or IR,

NOTE Confidence: 0.786769311333333

 $00:22:23.440 \longrightarrow 00:22:25.576$ which is the agency of the

NOTE Confidence: 0.786769311333333

00:22:25.576 --> 00:22:26.644 World Health Organization.

NOTE Confidence: 0.786769311333333

 $00:22:26.650 \rightarrow 00:22:27.706$ And another relevant organization,

NOTE Confidence: 0.786769311333333

 $00:22:27.706 \longrightarrow 00:22:29.599$ at least you know for the folks

NOTE Confidence: 0.786769311333333

00:22:29.599 - 00:22:31.147 you know about which we're talking.

NOTE Confidence: 0.786769311333333

00:22:31.150 --> 00:22:32.341 You know veterans,

NOTE Confidence: 0.786769311333333

 $00{:}22{:}32{.}341 \dashrightarrow 00{:}22{:}33{.}929$ the Veterans Administration VA

NOTE Confidence: 0.786769311333333

 $00:22:33.929 \rightarrow 00:22:35.873$ also recognizes that there's enough

NOTE Confidence: 0.786769311333333

 $00{:}22{:}35{.}873 \dashrightarrow 00{:}22{:}37{.}949$ evidence to conclude that you know

NOTE Confidence: 0.786769311333333

00:22:37.949 --> 00:22:39.949 exposure to TCDD via Agent Orange,

NOTE Confidence: 0.786769311333333

 $00:22:39.950 \longrightarrow 00:22:42.550$ you know, was was causative,

NOTE Confidence: 0.786769311333333

 $00:22:42.550 \longrightarrow 00:22:43.288$ and sorry,

NOTE Confidence: 0.786769311333333

 $00:22:43.288 \rightarrow 00:22:45.871$ it was associated in some cases causally

 $00:22:45.871 \rightarrow 00:22:47.740$ associated with the development of.

NOTE Confidence: 0.786769311333333

 $00:22:47.740 \longrightarrow 00:22:48.720$ Several cancers.

NOTE Confidence: 0.910358643333334

 $00:22:50.000 \longrightarrow 00:22:51.848$ And so if you're a vet and

NOTE Confidence: 0.910358643333334

 $00:22:51.848 \rightarrow 00:22:53.279$ you're listening to this show,

NOTE Confidence: 0.910358643333334

 $00:22:53.280 \longrightarrow 00:22:57.655$ and you know that you were exposed,

NOTE Confidence: 0.910358643333334

 $00:22:57.660 \rightarrow 00:23:00.300$ what kinds of things should you be doing?

NOTE Confidence: 0.910358643333334

 $00:23:00.300 \longrightarrow 00:23:01.773$ So number one?

NOTE Confidence: 0.910358643333334

 $00{:}23{:}01{.}773 \dashrightarrow 00{:}23{:}04{.}719$ Are there particular tests that you

NOTE Confidence: 0.910358643333334

 $00{:}23{:}04.719 \dashrightarrow 00{:}23{:}07.975$ should be doing in terms of screening?

NOTE Confidence: 0.910358643333334

 $00{:}23{:}07{.}980 \dashrightarrow 00{:}23{:}11{.}046$ We we know about screening tests

NOTE Confidence: 0.910358643333334

 $00{:}23{:}11.046 \dashrightarrow 00{:}23{:}14.419$ for breast cancer and colon cancer,

NOTE Confidence: 0.910358643333334

 $00:23:14.420 \longrightarrow 00:23:19.370$ but not so much for leukemias #2.

NOTE Confidence: 0.910358643333334

 $00:23:19.370 \longrightarrow 00:23:21.820$ Are there symptoms that you

NOTE Confidence: 0.910358643333334

 $00:23:21.820 \longrightarrow 00:23:24.530$ should be looking for and #3?

NOTE Confidence: 0.910358643333334

 $00{:}23{:}24{.}530 \dashrightarrow 00{:}23{:}26{.}816$ Is there anything you can do

NOTE Confidence: 0.910358643333334

 $00{:}23{:}26.816 \dashrightarrow 00{:}23{:}28.866$ now that the exposures already

00:23:28.866 --> 00:23:31.106 happened to lower your risk?

NOTE Confidence: 0.864576917894737

 $00{:}23{:}32{.}500 \dashrightarrow 00{:}23{:}34{.}090$ Good questions and I would probably

NOTE Confidence: 0.864576917894737

 $00:23:34.090 \rightarrow 00:23:35.979$ start by saying that you know more

NOTE Confidence: 0.864576917894737

 $00:23:35.979 \dashrightarrow 00:23:37.527$ than the patient shares the burden.

NOTE Confidence: 0.864576917894737

 $00:23:37.530 \rightarrow 00:23:40.178$ This is up to the provider to really

NOTE Confidence: 0.864576917894737

00:23:40.178 --> 00:23:42.362 be mindful of exposures you know,

NOTE Confidence: 0.864576917894737

00:23:42.362 --> 00:23:44.168 including you know Agent Orange exposure,

NOTE Confidence: 0.864576917894737

 $00:23:44.170 \longrightarrow 00:23:45.688$ which at this point is usually

NOTE Confidence: 0.864576917894737

 $00{:}23{:}45{.}688 \dashrightarrow 00{:}23{:}47{.}553$ well documented and in fact the VA

NOTE Confidence: 0.864576917894737

 $00:23:47.553 \rightarrow 00:23:48.888$ really concedes that anyone serving

NOTE Confidence: 0.864576917894737

 $00{:}23{:}48.888 \dashrightarrow 00{:}23{:}50.647$ during a certain period of time in

NOTE Confidence: 0.864576917894737

 $00{:}23{:}50{.}647 \dashrightarrow 00{:}23{:}52{.}254$ a certain area has been exposed

NOTE Confidence: 0.864576917894737

 $00{:}23{:}52{.}254 \dashrightarrow 00{:}23{:}54{.}858$ to Agent Orange with regards to,

NOTE Confidence: 0.864576917894737

 $00{:}23{:}54.860 \dashrightarrow 00{:}23{:}56.180$ you know, cancer in general.

NOTE Confidence: 0.864576917894737

 $00{:}23{:}56.180 \dashrightarrow 00{:}23{:}57.636$ You mentioned some of the you know,

 $00:23:57.640 \longrightarrow 00:23:58.540$ the clear.

NOTE Confidence: 0.864576917894737

 $00{:}23{:}58{.}540 \dashrightarrow 00{:}24{:}00{.}790$ You know, screening procedures for

NOTE Confidence: 0.864576917894737

 $00{:}24{:}00{.}790 \dashrightarrow 00{:}24{:}02{.}990$ certain cancers at the moment.

NOTE Confidence: 0.864576917894737

00:24:02.990 --> 00:24:04.706 There's really no evidence to suggest

NOTE Confidence: 0.864576917894737

 $00{:}24{:}04.706 \dashrightarrow 00{:}24{:}06.441$ that you know that these practices

NOTE Confidence: 0.864576917894737

 $00:24:06.441 \longrightarrow 00:24:08.601$ should be changed or altered in a way NOTE Confidence: 0.864576917894737

 $00:24:08.659 \rightarrow 00:24:10.595$ just based on an exposure in the past.

NOTE Confidence: 0.864576917894737

 $00{:}24{:}10.600 \dashrightarrow 00{:}24{:}12.707$ When it comes to a new diagnosis

NOTE Confidence: 0.864576917894737

00:24:12.707 --> 00:24:14.675 of myeloid leukemia like AML or I

NOTE Confidence: 0.864576917894737

00:24:14.675 --> 00:24:16.440 would even consider MD S, you know,

NOTE Confidence: 0.864576917894737

 $00{:}24{:}16{.}440 \dashrightarrow 00{:}24{:}17{.}715$ patients can come to attention

NOTE Confidence: 0.864576917894737

 $00{:}24{:}17.715 \dashrightarrow 00{:}24{:}18.929$ in a number of ways.

NOTE Confidence: 0.864576917894737

00:24:18.930 --> 00:24:20.220 We do see patients who have,

NOTE Confidence: 0.864576917894737

00:24:20.220 --> 00:24:21.500 you know, as you said,

NOTE Confidence: 0.864576917894737

00:24:21.500 --> 00:24:22.778 quote UN quote, routine blood work,

NOTE Confidence: 0.864576917894737

 $00:24:22.780 \rightarrow 00:24:24.474$ and there are abnormalities that you know

 $00:24:24.474 \longrightarrow 00:24:25.650$ that eventually prompted evaluation.

NOTE Confidence: 0.864576917894737

 $00:24:25.650 \longrightarrow 00:24:27.570$ But this is not common.

NOTE Confidence: 0.864576917894737

00:24:27.570 --> 00:24:27.841 Typically,

NOTE Confidence: 0.864576917894737

 $00:24:27.841 \rightarrow 00:24:30.009$ there is a symptom that prompts blood work.

NOTE Confidence: 0.864576917894737

00:24:30.010 --> 00:24:31.542 Whether this is something

NOTE Confidence: 0.864576917894737

 $00:24:31.542 \longrightarrow 00:24:33.074$ as nonspecific as fatigue.

NOTE Confidence: 0.864576917894737

 $00:24:33.080 \longrightarrow 00:24:34.250$ But also shortness of breath,

NOTE Confidence: 0.864576917894737

 $00:24:34.250 \rightarrow 00:24:36.525$ which is usually a consequence of anemia,

NOTE Confidence: 0.864576917894737

00:24:36.530 --> 00:24:37.264 uncommonly bleeding,

NOTE Confidence: 0.864576917894737

 $00:24:37.264 \rightarrow 00:24:39.099$ which is usually a consequence

NOTE Confidence: 0.864576917894737

 $00:24:39.099 \longrightarrow 00:24:40.590$ of low platelet count.

NOTE Confidence: 0.864576917894737

 $00{:}24{:}40{.}590 \dashrightarrow 00{:}24{:}42{.}396$ There are patients who present with

NOTE Confidence: 0.864576917894737

 $00{:}24{:}42{.}396 \dashrightarrow 00{:}24{:}44{.}040$ other complications of the disease,

NOTE Confidence: 0.864576917894737

00:24:44.040 --> 00:24:45.888 either by way of it's inflammatory

NOTE Confidence: 0.864576917894737

 $00{:}24{:}45.888 \dashrightarrow 00{:}24{:}48.043$ nature such as fever or with true

 $00:24:48.043 \rightarrow 00:24:49.759$ infection because of a lengthy and

NOTE Confidence: 0.864576917894737

 $00:24:49.759 \longrightarrow 00:24:51.675$ and low white blood cell count

NOTE Confidence: 0.864576917894737

 $00{:}24{:}51{.}675 \dashrightarrow 00{:}24{:}53{.}625$ that predisposes a patient to such.

NOTE Confidence: 0.864576917894737

00:24:53.625 - 00:24:54.750 Unfortunately, some patients,

NOTE Confidence: 0.864576917894737

00:24:54.750 --> 00:24:57.849 you know do come to us much sicker,

NOTE Confidence: 0.864576917894737

 $00:24:57.850 \rightarrow 00:24:59.615$ with the clearly more aggressive

NOTE Confidence: 0.864576917894737

 $00{:}24{:}59.615 \dashrightarrow 00{:}25{:}01.027$ forms of the disease.

NOTE Confidence: 0.864576917894737

00:25:01.030 --> 00:25:01.876 You know others, like I said,

NOTE Confidence: 0.864576917894737

 $00{:}25{:}01{.}880 \dashrightarrow 00{:}25{:}03{.}644$ with an isolated asymptomatic.

NOTE Confidence: 0.864576917894737

 $00:25:03.644 \rightarrow 00:25:06.044$ Blood count immorality but the need

NOTE Confidence: 0.864576917894737

 $00{:}25{:}06{.}044 \dashrightarrow 00{:}25{:}08{.}190$ for treatment is usually always sorry.

NOTE Confidence: 0.864576917894737

 $00{:}25{:}08{.}190 \dashrightarrow 00{:}25{:}10{.}640$ Is is always the same for pretty

NOTE Confidence: 0.864576917894737

 $00:25:10.640 \rightarrow 00:25:11.980$ much every patient.

NOTE Confidence: 0.864576917894737

 $00:25:11.980 \longrightarrow 00:25:16.210$ So at the moment exposure doesn't

NOTE Confidence: 0.864576917894737

 $00:25:16.210 \longrightarrow 00:25:18.100$ really buy the book by anyone.

NOTE Confidence: 0.864576917894737

00:25:18.100 --> 00:25:20.760 Any change to sort of screening procedures,

 $00:25:20.760 \longrightarrow 00:25:22.424$ but I would as a provider just knowing

NOTE Confidence: 0.864576917894737

 $00:25:22.424 \rightarrow 00:25:23.699$ that there's a history out there,

NOTE Confidence: 0.864576917894737

 $00:25:23.700 \rightarrow 00:25:25.200$ either documented or through you know,

NOTE Confidence: 0.864576917894737

 $00:25:25.200 \rightarrow 00:25:28.056$ our routine history and and physical

NOTE Confidence: 0.864576917894737

 $00{:}25{:}28.060 \dashrightarrow 00{:}25{:}30.340$ just has me a bit more mindful in

NOTE Confidence: 0.864576917894737

 $00{:}25{:}30{.}340 \dashrightarrow 00{:}25{:}32{.}218$ looking out for things and may be

NOTE Confidence: 0.864576917894737

 $00:25:32.218 \longrightarrow 00:25:33.454$ in a biased sense.

NOTE Confidence: 0.864576917894737

00:25:33.460 --> 00:25:35.380 I do sort of change my my monitoring.

NOTE Confidence: 0.864576917894737

00:25:35.380 --> 00:25:36.900 Practices from a CBC monitoring

NOTE Confidence: 0.864576917894737

00:25:36.900 --> 00:25:38.420 standpoint or you know looking

NOTE Confidence: 0.864576917894737

 $00:25:38.473 \rightarrow 00:25:40.063$ for different things on exam that

NOTE Confidence: 0.864576917894737

00:25:40.063 --> 00:25:41.370 might lend weight to hey,

NOTE Confidence: 0.864576917894737

 $00:25:41.370 \longrightarrow 00:25:42.214$ we should be looking.

NOTE Confidence: 0.864576917894737

 $00{:}25{:}42{.}214 \dashrightarrow 00{:}25{:}43{.}800$ You know at this thing next or

NOTE Confidence: 0.864576917894737

 $00:25:43.800 \longrightarrow 00:25:44.610$ do additional testing.

 $00:25:45.680 \longrightarrow 00:25:47.330$ Is there anything that people

NOTE Confidence: 0.936118305

 $00:25:47.330 \longrightarrow 00:25:48.980$ can do to prevent cancers?

NOTE Confidence: 0.936118305

00:25:48.980 --> 00:25:50.928 Many, many patients kind

NOTE Confidence: 0.936118305

 $00:25:50.928 \longrightarrow 00:25:53.193$ of ask about that, right?

NOTE Confidence: 0.936118305

 $00:25:53.193 \rightarrow 00:25:55.697$ Like, is there something that I should eat?

NOTE Confidence: 0.936118305

00:25:55.700 --> 00:25:58.572 Should I try antioxidants?

NOTE Confidence: 0.936118305

 $00:25:58.572 \rightarrow 00:26:01.444$ What about hyperbaric oxygen?

NOTE Confidence: 0.936118305

 $00:26:01.450 \rightarrow 00:26:03.641$ What is your advice to to people

NOTE Confidence: 0.936118305

 $00{:}26{:}03.641 \dashrightarrow 00{:}26{:}05.758$ who have been exposed to Agent

NOTE Confidence: 0.936118305

 $00{:}26{:}05{.}758 \dashrightarrow 00{:}26{:}07{.}966$ Orange who are list ening to this

NOTE Confidence: 0.936118305

 $00{:}26{:}07{.}966 \dashrightarrow 00{:}26{:}10{.}104$ show and are worried about the

NOTE Confidence: 0.936118305

 $00:26:10.104 \longrightarrow 00:26:11.927$ fact that this increases their

NOTE Confidence: 0.936118305

00:26:11.927 --> 00:26:14.201 risk and want to do something

NOTE Confidence: 0.936118305

00:26:14.201 --> 00:26:15.870 proactively to reduce that risk?

NOTE Confidence: 0.8126788666666667

 $00:26:17.180 \rightarrow 00:26:20.180$ Important, it starts with establishing care.

NOTE Confidence: 0.8126788666666667

 $00:26:20.180 \rightarrow 00:26:22.070$ You know if we're talking about veterans,

- NOTE Confidence: 0.8126788666666667
- $00:26:22.070 \longrightarrow 00:26:24.218$ and in particular many are not
- NOTE Confidence: 0.8126788666666667
- $00{:}26{:}24{.}218 \dashrightarrow 00{:}26{:}26{.}081$ really taking advantage of the
- NOTE Confidence: 0.8126788666666667
- $00:26:26.081 \longrightarrow 00:26:28.235$ services to which they are entitled.
- NOTE Confidence: 0.8126788666666667
- $00{:}26{:}28{.}240 \dashrightarrow 00{:}26{:}30{.}877$ You know there is a a framework known as
- NOTE Confidence: 0.8126788666666667
- $00:26:30.877 \longrightarrow 00:26:33.137$ service connection that is can be navigated
- NOTE Confidence: 0.8126788666666667
- $00{:}26{:}33.137 \dashrightarrow 00{:}26{:}35.636$ with some of the patient advocates and
- NOTE Confidence: 0.8126788666666667
- $00:26:35.636 \rightarrow 00:26:37.958$ the provider charged with the care.
- NOTE Confidence: 0.8126788666666667
- $00:26:37.960 \longrightarrow 00:26:39.880$ For a veteran. You know,
- NOTE Confidence: 0.8126788666666667
- $00{:}26{:}39{.}880 \dashrightarrow 00{:}26{:}41{.}356$ especially one that was exposed to
- NOTE Confidence: 0.8126788666666667
- 00:26:41.356 --> 00:26:42.870 Agent Orange that can secure you,
- NOTE Confidence: 0.8126788666666667
- 00:26:42.870 --> 00:26:44.130 know additional benefits just
- NOTE Confidence: 0.8126788666666667
- $00:26:44.130 \longrightarrow 00:26:45.390$ based on that exposure,
- NOTE Confidence: 0.8126788666666667
- $00:26:45.390 \longrightarrow 00:26:46.794$ and anything that comes.
- NOTE Confidence: 0.8126788666666667
- $00{:}26{:}46.794 \dashrightarrow 00{:}26{:}47.847$ Down the road,
- NOTE Confidence: 0.8126788666666667
- $00{:}26{:}47.850 \dashrightarrow 00{:}26{:}49.990$ which at this point we can for the most part,
- NOTE Confidence: 0.8126788666666667

 $00:26:49.990 \rightarrow 00:26:52.876$ presume was related to that exposure.

NOTE Confidence: 0.8126788666666667

 $00{:}26{:}52{.}880 \dashrightarrow 00{:}26{:}54{.}992$ So it starts with just establishing

NOTE Confidence: 0.8126788666666667

 $00:26:54.992 \rightarrow 00:26:56.910$ care you know at the VA.

NOTE Confidence: 0.8126788666666667

 $00:26:56.910 \longrightarrow 00:26:58.184$ Or you know if you're not a

NOTE Confidence: 0.8126788666666667

00:26:58.184 --> 00:26:59.330 veteran and you know another,

NOTE Confidence: 0.8126788666666667

 $00{:}26{:}59{.}330 \dashrightarrow 00{:}27{:}01{.}350$ another facility that can provide

NOTE Confidence: 0.8126788666666667

 $00:27:01.350 \rightarrow 00:27:04.070$ really the same level of services,

NOTE Confidence: 0.8126788666666667

 $00:27:04.070 \rightarrow 00:27:05.486$ what can be done otherwise beyond

NOTE Confidence: 0.8126788666666667

 $00{:}27{:}05{.}486 \dashrightarrow 00{:}27{:}07{.}099$ the things we we talked about.

NOTE Confidence: 0.8126788666666667

 $00{:}27{:}07{.}100 \dashrightarrow 00{:}27{:}08{.}740$ I don't want to sound like a nihilist

NOTE Confidence: 0.8126788666666667

 $00{:}27{:}08.740 \dashrightarrow 00{:}27{:}09.990$ and for give me for saying this.

NOTE Confidence: 0.8126788666666667

00:27:09.990 --> 00:27:11.366 But it's, you know,

NOTE Confidence: 0.8126788666666667

 $00:27:11.366 \longrightarrow 00:27:13.430$ and it's unlikely it is sorry.

NOTE Confidence: 0.8126788666666667

 $00:27:13.430 \longrightarrow 00:27:15.182$ It's likely that there will always

NOTE Confidence: 0.8126788666666667

 $00:27:15.182 \rightarrow 00:27:17.250$ be cancer and and always be anal.

NOTE Confidence: 0.8126788666666667

00:27:17.250 --> 00:27:17.504 NBS,

- NOTE Confidence: 0.8126788666666667
- $00:27:17.504 \rightarrow 00:27:19.282$ mostly because of you kind of harkening
- NOTE Confidence: 0.8126788666666667
- $00:27:19.282 \rightarrow 00:27:21.610$ back to what you had just kind of mentioned.
- NOTE Confidence: 0.8126788666666667
- $00{:}27{:}21.610 \dashrightarrow 00{:}27{:}23.344$ You know the you know there
- NOTE Confidence: 0.8126788666666667
- $00:27:23.344 \longrightarrow 00:27:25.060$ are things that are natural.
- NOTE Confidence: 0.8126788666666667
- $00{:}27{:}25{.}060 \dashrightarrow 00{:}27{:}26{.}761$ You know the natural world in which
- NOTE Confidence: 0.8126788666666667
- 00:27:26.761 -> 00:27:28.871 we live is brutal and we're likely
- NOTE Confidence: 0.8126788666666667
- $00:27:28.871 \rightarrow 00:27:30.531$ being continually exposed albeit at
- NOTE Confidence: 0.8126788666666667
- $00:27:30.531 \rightarrow 00:27:32.718$ low levels to ambient things that are,
- NOTE Confidence: 0.8126788666666667
- $00{:}27{:}32.720 \dashrightarrow 00{:}27{:}34.820$ you know, likely naturally carcinogenic.
- NOTE Confidence: 0.8126788666666667
- 00:27:34.820 --> 00:27:36.276 Unfortunately such as background
- NOTE Confidence: 0.8126788666666667
- 00:27:36.276 --> 00:27:38.460 radiation from from radon for instance,
- NOTE Confidence: 0.8126788666666667
- $00{:}27{:}38{.}460 \dashrightarrow 00{:}27{:}39{.}384$ which is the leading cause of
- NOTE Confidence: 0.8126788666666667
- $00:27:39.384 \rightarrow 00:27:40.468$ the thought to be the you know,
- NOTE Confidence: 0.8126788666666667
- $00{:}27{:}40.470 \dashrightarrow 00{:}27{:}42.462$ the second leading cause of lung
- NOTE Confidence: 0.8126788666666667
- $00:27:42.462 \rightarrow 00:27:43.541$ cancer or cosmic radiation,
- NOTE Confidence: 0.8126788666666667

 $00:27:43.541 \longrightarrow 00:27:45.023$ to which we will likely always

NOTE Confidence: 0.8126788666666667

00:27:45.023 - > 00:27:46.380 be exposed to some degree.

NOTE Confidence: 0.8126788666666667

 $00{:}27{:}46.380 \dashrightarrow 00{:}27{:}47.108$ These are.

NOTE Confidence: 0.8126788666666667

00:27:47.108 --> 00:27:48.928 Extreme examples I'll give you,

NOTE Confidence: 0.8126788666666667

 $00:27:48.930 \longrightarrow 00:27:51.527$ but I think they serve the point.

NOTE Confidence: 0.8126788666666667

 $00{:}27{:}51{.}530 \dashrightarrow 00{:}27{:}53{.}522$ This does not mean we should be lax

NOTE Confidence: 0.8126788666666667

 $00:27:53.522 \rightarrow 00:27:55.828$ in coming up with alternatives, you know.

NOTE Confidence: 0.8126788666666667

 $00:27:55.828 \rightarrow 00:27:56.710$ To spare exposure,

NOTE Confidence: 0.8126788666666667

00:27:56.710 --> 00:27:57.766 you know if we're talking about,

NOTE Confidence: 0.8126788666666667

 $00{:}27{:}57{.}770 \dashrightarrow 00{:}27{:}59{.}942$ you know occupational exposures

NOTE Confidence: 0.8126788666666667

 $00:27:59.942 \longrightarrow 00:28:02.406$ as well as well as medical

NOTE Confidence: 0.8126788666666667

 $00:28:02.406 \rightarrow 00:28:04.126$ exposures or the ambient setting.

NOTE Confidence: 0.8126788666666667

 $00{:}28{:}04{.}130 \dashrightarrow 00{:}28{:}05{.}782$ It would be nice to have solvents

NOTE Confidence: 0.8126788666666667

 $00{:}28{:}05{.}782 \dashrightarrow 00{:}28{:}07{.}857$ that are as efficient as a starting

NOTE Confidence: 0.8126788666666667

 $00{:}28{:}07{.}857 \dashrightarrow 00{:}28{:}09{.}613$ material to make plastics, resins,

NOTE Confidence: 0.8126788666666667

00:28:09.613 - > 00:28:11.828 and spare workers to benzene,

 $00:28:11.830 \rightarrow 00:28:14.098$ to which we really don't know the true quote,

NOTE Confidence: 0.8126788666666667

 $00:28:14.100 \longrightarrow 00:28:15.084$ unquote safe level.

NOTE Confidence: 0.8126788666666667

 $00:28:15.084 \rightarrow 00:28:17.278$ You know, which I think is a misnomer.

NOTE Confidence: 0.8126788666666667

 $00:28:17.280 \rightarrow 00:28:18.852$ Or chronic low dose exposure that

NOTE Confidence: 0.8126788666666667

00:28:18.852 --> 00:28:20.758 you know a body like like OSHA,

NOTE Confidence: 0.8126788666666667

 $00:28:20.760 \longrightarrow 00:28:21.813$ for instance, establishes.

NOTE Confidence: 0.8126788666666667

 $00:28:21.813 \rightarrow 00:28:23.919$ It's possible that there may be

NOTE Confidence: 0.8126788666666667

 $00:28:23.919 \rightarrow 00:28:25.951$ no safe exposure to anything out

NOTE Confidence: 0.8126788666666667

 $00{:}28{:}25{.}951 \dashrightarrow 00{:}28{:}28{.}233$ there which can be invoked as a

NOTE Confidence: 0.8126788666666667

 $00{:}28{:}28{.}233 \dashrightarrow 00{:}28{:}29{.}758$ carcinogen or leukemogenesis to bring

NOTE Confidence: 0.8126788666666667

 $00:28:29.758 \longrightarrow 00:28:32.050$ it back to my my area of interest.

NOTE Confidence: 0.899513511764706

00:28:32.700 --> 00:28:34.908 Doctor Rory Shallis is an assistant

NOTE Confidence: 0.899513511764706

 $00{:}28{:}34{.}908 \dashrightarrow 00{:}28{:}36{.}811$ professor of medicine in hematology

NOTE Confidence: 0.899513511764706

 $00{:}28{:}36{.}811 \dashrightarrow 00{:}28{:}39{.}019$ at the Yale School of Medicine.

NOTE Confidence: 0.899513511764706

 $00:28:39.020 \longrightarrow 00:28:41.088$ If you have questions,

00:28:41.088 --> 00:28:43.107 the address is canceranswers@yale.edu

NOTE Confidence: 0.899513511764706

 $00:28:43.107 \rightarrow 00:28:45.909$ and past editions of the program

NOTE Confidence: 0.899513511764706

 $00{:}28{:}45{.}909 \dashrightarrow 00{:}28{:}48{.}350$ are available in audio and written

NOTE Confidence: 0.899513511764706

 $00:28:48.350 \rightarrow 00:28:49.319$ form at yalecancercenter.org.

NOTE Confidence: 0.899513511764706

 $00{:}28{:}49{.}319 \dashrightarrow 00{:}28{:}51{.}871$ We hope you'll join us next week to

NOTE Confidence: 0.899513511764706

 $00{:}28{:}51{.}871 \dashrightarrow 00{:}28{:}53{.}811$ learn more about the fight against

NOTE Confidence: 0.899513511764706

 $00{:}28{:}53{.}811 \dashrightarrow 00{:}28{:}55{.}381$ cancer here on Connecticut Public

NOTE Confidence: 0.899513511764706

 $00{:}28{:}55{.}432 \dashrightarrow 00{:}28{:}57{.}220$ Radio. Funding for Yale Cancer Answers

NOTE Confidence: 0.899513511764706

00:28:57.220 --> 00:29:00.000 is provided by Smilow Cancer Hospital.