WEBVTT

00:00:00.000 --> 00:00:02.148 Funding for Yale Cancer Answers is

00:00:02.148 --> 00:00:04.180 provided by Smilow Cancer Hospital.

00:00:06.260 --> 00:00:08.648 Welcome to Yale Cancer Answers with

00:00:08.648 --> 00:00:10.860 your host Doctor Anees Chagpar.

00:00:10.860 --> 00:00:12.675 Yale Cancer Answers features the

00:00:12.675 --> 00:00:14.909 latest information on cancer care by

00:00:14.909 --> 00:00:16.341 welcoming oncologists and specialists

00:00:16.341 --> 00:00:18.737 who are on the forefront of the

00:00:18.737 --> 00:00:20.534 battle to fight cancer. This week,

00:00:20.534 --> 00:00:22.269 it's a conversation about cancer

00:00:22.269 --> 00:00:24.128 disparities in the community with

00:00:24.128 --> 00:00:26.396 Doctor Beth Jones and Monique Stefanou.

00:00:26.400 --> 00:00:28.125 Doctor Jones is a research

00:00:28.125 --> 00:00:29.160 scientist and lecturer,

00:00:29.160 --> 00:00:31.686 and epidemiology and Miss Stefanou is

00:00:31.686 --> 00:00:34.153 a community health educator at the

NOTE Confidence: 0.766799607272727

00:00:34.153 --> 00:00:36.277 Yale School of Public Health. Doctor

NOTE Confidence: 0.766799607272727

00:00:36.280 --> 00:00:38.008 Chagpar is a professor of surgical

NOTE Confidence: 0.766799607272727

00:00:38.008 --> 00:00:40.230 oncology at the Yale School of Medicine.

NOTE Confidence: 0.821159186666667

00:00:41.490 --> 00:00:42.888 Beth, maybe we'll start with you.

NOTE Confidence: 0.821159186666667

00:00:42.890 --> 00:00:44.829 Tell us a little bit more about

NOTE Confidence: 0.821159186666667

00:00:44.829 --> 00:00:46.397 yourself and what it is you do.

NOTE Confidence: 0.874407891428571

00:00:49.949 --> 00:00:52.187 I'm trained as a cancer epidemiologist,

NOTE Confidence: 0.874407891428571

00:00:52.190 --> 00:00:55.214 but I have focused primarily on cancer

NOTE Confidence: 0.874407891428571

00:00:55.214 --> 00:00:57.905 disparities and in more recent years

NOTE Confidence: 0.874407891428571

00:00:57.905 --> 00:01:00.653 I've been engaged with with Monique

NOTE Confidence: 0.874407891428571

00:01:00.653 --> 00:01:04.244 and others on our team in what we call

NOTE Confidence: 0.874407891428571

00:01:04.337 --> 00:01:07.289 community outreach and engagement.

NOTE Confidence: 0.874407891428571

00:01:07.290 --> 00:01:10.050 Basically finding ways to translate

NOTE Confidence: 0.874407891428571

00:01:10.050 --> 00:01:12.212 the research findings, not just

NOTE Confidence: 0.874407891428571

00:01:12.212 --> 00:01:13.216 my own of course,

NOTE Confidence: 0.874407891428571

00:01:13.220 --> 00:01:15.175 but from other investigators at

NOTE Confidence: 0.874407891428571

00:01:15.175 --> 00:01:17.620 the Cancer Center and from other

NOTE Confidence: 0.874407891428571

00:01:17.620 --> 00:01:20.546 investigators in other parts of the world

NOTE Confidence: 0.874407891428571

00:01:20.546 --> 00:01:22.940 and nationally into Community Action.

NOTE Confidence: 0.88749813

00:01:24.030 --> 00:01:26.606 And Monique tell us a bit more about

NOTE Confidence: 0.88749813

00:01:26.606 --> 00:01:29.160 yourself and what you do. Yes, hello,

NOTE Confidence: 0.886640184166667

00:01:29.170 --> 00:01:31.179 my name is Monique Stefano and I

NOTE Confidence: 0.886640184166667

00:01:31.179 --> 00:01:33.090 am a community health educator.

NOTE Confidence: 0.886640184166667

00:01:33.090 --> 00:01:34.777 For the past four years I've been

NOTE Confidence: 0.886640184166667

00:01:34.777 --> 00:01:36.807 working in the greater New Haven area

NOTE Confidence: 0.886640184166667

00:01:36.807 --> 00:01:38.679 and throughout the state of Connecticut

NOTE Confidence: 0.886640184166667

00:01:38.734 --> 00:01:40.756 to talk to community members about

NOTE Confidence: 0.886640184166667

00:01:40.756 --> 00:01:42.104 cancer screening and prevention.

NOTE Confidence: 0.886640184166667

00:01:42.110 --> 00:01:43.862 It's my goal to make sure that

NOTE Confidence: 0.886640184166667

00:01:43.862 --> 00:01:45.718 people understand what that means

NOTE Confidence: 0.886640184166667

00:01:45.718 --> 00:01:48.160 as well as helping people with.

NOTE Confidence: 0.886640184166667

00:01:48.160 --> 00:01:49.596 Lifestyle interventions to make

NOTE Confidence: 0.886640184166667

00:01:49.596 --> 00:01:51.750 sure that they're doing all that

NOTE Confidence: 0.886640184166667

00:01:51.808 --> 00:01:53.380 they can do to stay healthy,

NOTE Confidence: 0.886640184166667

00:01:53.380 --> 00:01:54.717 so that's kind of a little bit.

NOTE Confidence: 0.886640184166667

00:01:54.720 --> 00:01:55.695 In a nutshell about the

NOTE Confidence: 0.886640184166667

00:01:55.695 --> 00:01:56.670 work that I've been doing

NOTE Confidence: 0.76366739

00:01:57.110 --> 00:01:59.858 great. So Beth. Back to you,

NOTE Confidence: 0.76366739

00:01:59.860 --> 00:02:02.506 you know you mentioned that your work

NOTE Confidence: 0.76366739

00:02:02.506 --> 00:02:04.719 really has focused on disparities.

NOTE Confidence: 0.76366739

00:02:04.720 --> 00:02:06.680 Tell us a little bit more about what

NOTE Confidence: 0.76366739

00:02:06.680 --> 00:02:08.378 you mean by disparities and what

NOTE Confidence: 0.76366739

00:02:08.378 --> 00:02:10.550 kind of things fall into that bucket.

NOTE Confidence: 0.848675393333333

00:02:11.520 --> 00:02:14.027 So it's it's a. It's a big bucket,

NOTE Confidence: 0.848675393333333

00:02:14.027 --> 00:02:18.084 so in in terms of cancer disparities, what I?

NOTE Confidence: 0.848675393333333

00:02:18.084 --> 00:02:19.694 Have been interested in what

4

NOTE Confidence: 0.848675393333333

00:02:19.694 --> 00:02:21.599 many people are interested in.

NOTE Confidence: 0.848675393333333

00:02:21.600 --> 00:02:25.650 Is looking at outcomes in cancer across

NOTE Confidence: 0.848675393333333

00:02:25.650 --> 00:02:28.180 different racial ethnic groups or

NOTE Confidence: 0.848675393333333

00:02:28.266 --> 00:02:31.314 socioeconomic groups and the disparities are

NOTE Confidence: 0.848675393333333

00:02:31.314 --> 00:02:34.988 when we see a difference between groups,

NOTE Confidence: 0.848675393333333

00:02:34.988 --> 00:02:37.604 but there's really, it shouldn't be there.

NOTE Confidence: 0.848675393333333

00:02:37.604 --> 00:02:39.812 In other words, there's really no we

NOTE Confidence: 0.848675393333333

00:02:39.812 --> 00:02:42.840 we try to explain why it's occurring,

NOTE Confidence: 0.848675393333333

00:02:42.840 --> 00:02:46.151 but it's it suggests that there's an

NOTE Confidence: 0.848675393333333

00:02:46.151 --> 00:02:48.396 unfairness or a problem in perhaps

NOTE Confidence: 0.848675393333333

00:02:48.396 --> 00:02:50.016 it's the way we're delivering.

NOTE Confidence: 0.848675393333333

00:02:50.020 --> 00:02:52.292 Healthcare that that benefits

NOTE Confidence: 0.848675393333333

00:02:52.292 --> 00:02:54.564 some groups more advantages,

NOTE Confidence: 0.848675393333333

00:02:54.570 --> 00:02:57.510 some groups and disadvantages, others.

NOTE Confidence: 0.848675393333333

00:02:57.510 --> 00:02:58.710 So that's, in a nutshell,

NOTE Confidence: 0.848675393333333

00:02:58.710 --> 00:03:00.798 sort of thinking about cancer disparities.

NOTE Confidence: 0.830070885714286

00:03:01.770 --> 00:03:04.465 And so. Monique, how? How have you?

NOTE Confidence: 0.830070885714286

00:03:04.470 --> 00:03:07.109 How has your work really tried to

NOTE Confidence: 0.830070885714286

00:03:07.109 --> 00:03:10.243 look at these disparities and and

NOTE Confidence: 0.830070885714286

00:03:10.243 --> 00:03:12.900 potentially ameliorate them? Absolutely

NOTE Confidence: 0.898523688125

00:03:12.910 --> 00:03:15.184 so we have something that we

NOTE Confidence: 0.898523688125

00:03:15.184 --> 00:03:17.862 are working on right now where

NOTE Confidence: 0.898523688125

00:03:17.862 --> 00:03:20.026 we're helping community members.

NOTE Confidence: 0.898523688125

00:03:20.030 --> 00:03:21.724 First of all, get access to the

NOTE Confidence: 0.898523688125

00:03:21.724 --> 00:03:23.027 knowledge they need to know what

NOTE Confidence: 0.898523688125

00:03:23.027 --> 00:03:24.830 it is that we need to do to stay

NOTE Confidence: 0.898523688125

00:03:24.830 --> 00:03:26.396 healthy as it relates to prevention.

NOTE Confidence: 0.898523688125

00:03:26.400 --> 00:03:28.374 But then we also have things where

NOTE Confidence: 0.898523688125

00:03:28.374 --> 00:03:29.992 there are programs where we try

NOTE Confidence: 0.898523688125

00:03:29.992 --> 00:03:31.665 to help people with what we call

NOTE Confidence: 0.898523688125

00:03:31.725 --> 00:03:33.240 social determinants of health needs

NOTE Confidence: 0.898523688125

00:03:33.240 --> 00:03:35.272 so we know that there are different

NOTE Confidence: 0.898523688125

00:03:35.272 --> 00:03:36.552 things that also affect somebody's

NOTE Confidence: 0.898523688125

00:03:36.552 --> 00:03:38.176 health which we may not think about

NOTE Confidence: 0.898523688125

00:03:38.176 --> 00:03:39.793 when you first think about it.

NOTE Confidence: 0.898523688125

00:03:39.793 --> 00:03:40.979 For instance,

NOTE Confidence: 0.898523688125

00:03:40.980 --> 00:03:43.100 getting people access to transportation

NOTE Confidence: 0.898523688125

00:03:43.100 --> 00:03:45.654 or helping somebody if they need

NOTE Confidence: 0.898523688125

00:03:45.654 --> 00:03:47.489 help with getting just groceries

NOTE Confidence: 0.898523688125

00:03:47.489 --> 00:03:48.957 or things like that.

NOTE Confidence: 0.898523688125

00:03:48.960 --> 00:03:50.949 So we try to get rid of the barriers.

NOTE Confidence: 0.898523688125

00:03:50.950 --> 00:03:53.085 That might stand in the way of

NOTE Confidence: 0.898523688125

00:03:53.085 --> 00:03:54.578 somebody living a healthy life.

NOTE Confidence: 0.896701815

00:03:55.890 --> 00:03:58.365 And so Beth, can we dive in a little

NOTE Confidence: 0.896701815

00:03:58.365 --> 00:04:00.604 bit more into the research you

NOTE Confidence: 0.896701815

00:04:00.604 --> 00:04:03.008 had mentioned that your work has

NOTE Confidence: 0.896701815

00:04:03.008 --> 00:04:05.188 really focused on taking research,

NOTE Confidence: 0.896701815

00:04:05.190 --> 00:04:06.718 hard science and translating

NOTE Confidence: 0.896701815

00:04:06.718 --> 00:04:08.246 that into the community?

NOTE Confidence: 0.896701815

00:04:08.250 --> 00:04:11.998 So talk a little bit more about some of

NOTE Confidence: 0.896701815

00:04:11.998 --> 00:04:14.602 these research areas and and research

NOTE Confidence: 0.896701815

00:04:14.602 --> 00:04:17.308 findings that have led to disparities.

NOTE Confidence: 0.896701815

00:04:17.310 --> 00:04:20.060 Is it a lack of education or is it really

NOTE Confidence: 0.896701815

00:04:20.132 --> 00:04:22.547 these social determinants of health?

NOTE Confidence: 0.896701815

00:04:22.550 --> 00:04:24.160 Or is it other things?

NOTE Confidence: 0.896701815

00:04:24.160 --> 00:04:26.113 Or is it kind of a mix of everything?

NOTE Confidence: 0.925956671

00:04:26.950 --> 00:04:28.630 Well, I think you just hit it on the head.

NOTE Confidence: 0.925956671

00:04:28.630 --> 00:04:30.828 It's it's clearly a mix of everything,

NOTE Confidence: 0.925956671

00:04:30.830 --> 00:04:33.756 but I think that what we've

NOTE Confidence: 0.925956671

00:04:33.756 --> 00:04:35.420 seen over the last few years.

NOTE Confidence: 0.925956671

00:04:35.420 --> 00:04:36.670 So when I started off,

NOTE Confidence: 0.925956671

00:04:36.670 --> 00:04:39.568 I was really interested in breast cancer,

8

NOTE Confidence: 0.925956671

00:04:39.570 --> 00:04:41.352 an area that you're really familiar

NOTE Confidence: 0.925956671

00:04:41.352 --> 00:04:43.396 with and and just trying to figure

NOTE Confidence: 0.925956671

00:04:43.396 --> 00:04:45.844 out why it was that some women in this

NOTE Confidence: 0.925956671

00:04:45.844 --> 00:04:47.531 case they were black women compared

NOTE Confidence: 0.925956671

00:04:47.531 --> 00:04:49.457 to white women were being diagnosed

NOTE Confidence: 0.925956671

00:04:49.457 --> 00:04:51.829 at a later stage of their illness.

NOTE Confidence: 0.925956671

00:04:51.830 --> 00:04:53.190 And because of that,

NOTE Confidence: 0.925956671

00:04:53.190 --> 00:04:55.230 we know that it it affects

NOTE Confidence: 0.925956671

00:04:55.312 --> 00:04:57.557 treatment and and and outcomes.

NOTE Confidence: 0.925956671

00:04:57.560 --> 00:04:59.360 How how long people you

NOTE Confidence: 0.925956671

00:04:59.360 --> 00:05:00.440 know their survivorship.

NOTE Confidence: 0.925956671

00:05:00.440 --> 00:05:01.960 So it becomes really important.

NOTE Confidence: 0.925956671

00:05:01.960 --> 00:05:04.700 But I think overtime.

NOTE Confidence: 0.925956671

00:05:04.700 --> 00:05:08.025 Well, we've always understood that

NOTE Confidence: 0.925956671

00:05:08.025 --> 00:05:10.576 that individuals live in a context.

NOTE Confidence: 0.925956671

00:05:10.576 --> 00:05:12.096 They live in a society.

NOTE Confidence: 0.925956671

00:05:12.100 --> 00:05:12.898 And So what?

NOTE Confidence: 0.925956671

00:05:12.898 --> 00:05:14.980 We've been focusing a little bit more on,

NOTE Confidence: 0.925956671

00:05:14.980 --> 00:05:17.158 and the work that Monique and I are now

NOTE Confidence: 0.925956671

00:05:17.158 --> 00:05:18.810 engaged in focuses a little bit more

NOTE Confidence: 0.925956671

00:05:18.810 --> 00:05:20.959 on what we call those upstream factors.

NOTE Confidence: 0.925956671

00:05:20.960 --> 00:05:24.857 So while access to care is 1 important issue,

NOTE Confidence: 0.925956671

00:05:24.860 --> 00:05:26.675 and there's also other factors

NOTE Confidence: 0.925956671

00:05:26.675 --> 00:05:28.127 that contribute to it.

NOTE Confidence: 0.925956671

00:05:28.130 --> 00:05:29.714 A disparity in outcome,

NOTE Confidence: 0.925956671

00:05:29.714 --> 00:05:32.090 but we actually recognize that it's

NOTE Confidence: 0.925956671

00:05:32.164 --> 00:05:34.449 the social determinants of health.

NOTE Confidence: 0.925956671

00:05:34.450 --> 00:05:36.342 These racial ethnic differences,

NOTE Confidence: 0.925956671

00:05:36.342 --> 00:05:40.190 which at a structural level are are,

NOTE Confidence: 0.925956671

00:05:40.190 --> 00:05:43.890 are differ across our groups.

NOTE Confidence: 0.925956671

00:05:43.890 --> 00:05:46.775 Different population groups and those

NOTE Confidence: 0.925956671

00:05:46.775 --> 00:05:48.756 things actually probably determine

NOTE Confidence: 0.925956671

00:05:48.756 --> 00:05:51.234 many of the other factors that

NOTE Confidence: 0.925956671

00:05:51.234 --> 00:05:53.650 are closer to the health outcome.

NOTE Confidence: 0.925956671

00:05:53.650 --> 00:05:54.412 So so yes,

NOTE Confidence: 0.925956671

00:05:54.412 --> 00:05:57.060 it is about in the state of Connecticut.

NOTE Confidence: 0.925956671

00:05:57.060 --> 00:05:58.488 We have a lot of residential.

NOTE Confidence: 0.925956671

00:05:58.490 --> 00:05:58.842 Segregation,

NOTE Confidence: 0.925956671

00:05:58.842 --> 00:06:01.306 we know that in our cities there's

NOTE Confidence: 0.925956671

00:06:01.306 --> 00:06:03.389 a concentration of both people of

NOTE Confidence: 0.925956671

00:06:03.389 --> 00:06:05.034 color and low socioeconomic groups,

NOTE Confidence: 0.925956671

00:06:05.040 --> 00:06:08.016 and we see the cancer burden in the

NOTE Confidence: 0.925956671

00:06:08.016 --> 00:06:11.068 state occur mostly in those populations,

NOTE Confidence: 0.756710326666667

00:06:12.120 --> 00:06:14.760 and so Monique it to you.

NOTE Confidence: 0.756710326666667

00:06:14.760 --> 00:06:17.424 I mean, it seems to me that you know

NOTE Confidence: 0.756710326666667

00:06:17.424 --> 00:06:20.070 when we're thinking about these groups.

NOTE Confidence: 0.756710326666667

00:06:20.070 --> 00:06:24.200 These low socioeconomic status groups,

NOTE Confidence: 0.756710326666667

00:06:24.200 --> 00:06:26.084 often of particular racial

NOTE Confidence: 0.756710326666667

00:06:26.084 --> 00:06:27.497 or ethnic minorities,

NOTE Confidence: 0.756710326666667

00:06:27.500 --> 00:06:29.770 people who have been marginalized.

NOTE Confidence: 0.756710326666667

00:06:29.770 --> 00:06:30.800 That some of the things

NOTE Confidence: 0.756710326666667

00:06:30.800 --> 00:06:31.624 that you were mentioning,

NOTE Confidence: 0.756710326666667

00:06:31.630 --> 00:06:33.260 like you know things that

NOTE Confidence: 0.756710326666667

00:06:33.260 --> 00:06:34.890 others might take for granted.

NOTE Confidence: 0.756710326666667

00:06:34.890 --> 00:06:35.620 Like I'm

NOTE Confidence: 0.965891783333333

00:06:35.630 --> 00:06:37.220 going to go pick up groceries

NOTE Confidence: 0.930928286666667

00:06:37.750 --> 00:06:40.096 are often really difficult if you're

NOTE Confidence: 0.930928286666667

00:06:40.096 --> 00:06:43.325 living in an area where there is no

NOTE Confidence: 0.930928286666667

00:06:43.325 --> 00:06:46.150 supermarket or no healthy options for food,

NOTE Confidence: 0.930928286666667

00:06:46.150 --> 00:06:49.150 you might be working several jobs and just

NOTE Confidence: 0.930928286666667

00:06:49.150 --> 00:06:51.930 don't have time to get to a grocery store,

NOTE Confidence: 0.930928286666667

00:06:51.930 --> 00:06:54.325 so your only option is the local

NOTE Confidence: 0.930928286666667

00:06:54.325 --> 00:06:56.310 convenience store, which might not

NOTE Confidence: 0.930928286666667

00:06:56.310 --> 00:06:58.930 have the world's greatest nutrition.

NOTE Confidence: 0.930928286666667

00:06:58.930 --> 00:07:01.090 How do you? Overcome that.

NOTE Confidence: 0.896983725333333

00:07:02.560 --> 00:07:04.135 That's I'm so glad that you asked

NOTE Confidence: 0.896983725333333

00:07:04.135 --> 00:07:05.797 that part of the work that I do.

NOTE Confidence: 0.896983725333333

00:07:05.800 --> 00:07:07.020 As I'm a health navigator,

NOTE Confidence: 0.896983725333333

00:07:07.020 --> 00:07:09.308 so 50% of my time I'm a community

NOTE Confidence: 0.896983725333333

00:07:09.308 --> 00:07:10.682 health educator and the other

NOTE Confidence: 0.896983725333333

00:07:10.682 --> 00:07:11.978 50% I'm a health navigator.

NOTE Confidence: 0.896983725333333

00:07:11.978 --> 00:07:15.222 And what I do is I use a system to be able

NOTE Confidence: 0.896983725333333

00:07:15.222 --> 00:07:17.670 to map resources to where somebody lives.

NOTE Confidence: 0.896983725333333

00:07:17.670 --> 00:07:19.616 So a lot of times let somebody

NOTE Confidence: 0.896983725333333

00:07:19.616 --> 00:07:21.803 say they have a need for getting

NOTE Confidence: 0.896983725333333

00:07:21.803 --> 00:07:23.735 healthy foods they may not know,

NOTE Confidence: 0.896983725333333

00:07:23.740 --> 00:07:24.965 even if they live in the community,

NOTE Confidence: 0.896983725333333

00:07:24.970 --> 00:07:26.638 they may not know where in

NOTE Confidence: 0.896983725333333

00:07:26.638 --> 00:07:28.156 my community can I do that?

NOTE Confidence: 0.896983725333333

00:07:28.156 --> 00:07:29.960 Especially if they don't have a place?

NOTE Confidence: 0.896983725333333

00:07:29.960 --> 00:07:31.542 Like maybe there are only corner stores

NOTE Confidence: 0.896983725333333

00:07:31.542 --> 00:07:33.416 that are close to them and that's where

NOTE Confidence: 0.896983725333333

00:07:33.416 --> 00:07:34.740 they do their grocery shopping so.

NOTE Confidence: 0.896983725333333

00:07:34.740 --> 00:07:35.760 As a health navigator,

NOTE Confidence: 0.896983725333333

00:07:35.760 --> 00:07:37.867 I'm able to look at New Haven or

NOTE Confidence: 0.896983725333333

00:07:37.867 --> 00:07:39.427 look at where the person lives

NOTE Confidence: 0.896983725333333

00:07:39.427 --> 00:07:41.339 and let them know you know what.

NOTE Confidence: 0.896983725333333

00:07:41.340 --> 00:07:42.600 There's a local grocery store.

NOTE Confidence: 0.896983725333333

00:07:42.600 --> 00:07:44.280 There's a farmers market over here and

NOTE Confidence: 0.896983725333333

00:07:44.280 --> 00:07:46.317 they come on Saturdays at 10:00 o'clock,

NOTE Confidence: 0.896983725333333

00:07:46.320 --> 00:07:48.300 so I'm able to look at what are their needs.

NOTE Confidence: 0.896983725333333

00:07:48.300 --> 00:07:50.540 And then from my level I can see

NOTE Confidence: 0.896983725333333

00:07:50.540 --> 00:07:52.442 what resources exist to kind

NOTE Confidence: 0.896983725333333

00:07:52.442 --> 00:07:53.597 of help with those barriers.

NOTE Confidence: 0.814314316

00:07:54.760 --> 00:07:57.640 And, you know, Beth. Oftentimes,

NOTE Confidence: 0.814314316

00:07:57.640 --> 00:08:01.840 I find that the racial ethnic groups and

NOTE Confidence: 0.814314316

00:08:01.840 --> 00:08:05.156 the socioeconomic status they kind of get.

NOTE Confidence: 0.814314316

00:08:05.160 --> 00:08:07.656 Inflated because so often

NOTE Confidence: 0.814314316

00:08:07.656 --> 00:08:09.528 they're they're correlated.

NOTE Confidence: 0.814314316

00:08:09.530 --> 00:08:11.861 Do you find that one of those

NOTE Confidence: 0.814314316

00:08:11.861 --> 00:08:13.877 drivers is more significant than

NOTE Confidence: 0.814314316

00:08:13.877 --> 00:08:16.703 the other in terms of disparities?

NOTE Confidence: 0.814314316

00:08:16.710 --> 00:08:21.310 Because certainly you know if you have a

NOTE Confidence: 0.814314316

00:08:21.310 --> 00:08:25.550 very affluent African American individual.

NOTE Confidence: 0.814314316

00:08:25.550 --> 00:08:28.210 You know they may not have the

NOTE Confidence: 0.814314316

00:08:28.210 --> 00:08:30.967 same kinds of barriers that as

NOTE Confidence: 0.814314316

00:08:30.967 --> 00:08:33.507 somebody who may be Caucasian,

NOTE Confidence: 0.814314316

00:08:33.510 --> 00:08:36.149 but may be in a very low

NOTE Confidence: 0.814314316

00:08:36.149 --> 00:08:37.464 socioeconomic status, might have.

NOTE Confidence: 0.814314316

00:08:37.464 --> 00:08:39.403 And so trying to kind of weed

NOTE Confidence: 0.814314316

00:08:39.403 --> 00:08:40.800 out is this genetics?

NOTE Confidence: 0.814314316

00:08:40.800 --> 00:08:42.284 Or is this socioeconomics?

NOTE Confidence: 0.814314316

00:08:42.284 --> 00:08:43.397 Any thoughts there?

NOTE Confidence: 0.793027662

00:08:44.250 --> 00:08:45.972 Well, it's sort of the $1,000,000

NOTE Confidence: 0.793027662

00:08:45.972 --> 00:08:48.548 question and I would just say it's it's.

NOTE Confidence: 0.793027662

00:08:48.550 --> 00:08:50.430 It can be a little bit of both,

NOTE Confidence: 0.793027662

00:08:50.430 --> 00:08:51.970 but I think generally when

NOTE Confidence: 0.793027662

00:08:51.970 --> 00:08:53.202 we think about disparities,

NOTE Confidence: 0.793027662

00:08:53.210 --> 00:08:55.640 these are issues that we think.

NOTE Confidence: 0.793027662

00:08:55.640 --> 00:08:57.544 Are modifiable we can fix them and

NOTE Confidence: 0.793027662

00:08:57.544 --> 00:09:00.098 and so as Monique was just talking

NOTE Confidence: 0.793027662

00:09:00.098 --> 00:09:02.874 about our navigation program, it's a.

NOTE Confidence: 0.793027662

00:09:02.874 --> 00:09:04.530 It's a smaller.

NOTE Confidence: 0.793027662

00:09:04.530 --> 00:09:05.910 You know, relatively small effort,

NOTE Confidence: 0.793027662

00:09:05.910 --> 00:09:08.850 but it's certainly an important one.

NOTE Confidence: 0.793027662

00:09:08.850 --> 00:09:11.754 If we if we consider that somebody who's

NOTE Confidence: 0.793027662

00:09:11.754 --> 00:09:14.231 worried about not having enough food to

NOTE Confidence: 0.793027662

00:09:14.231 --> 00:09:17.059 pay to feed their family has a hard time,

NOTE Confidence: 0.793027662

00:09:17.060 --> 00:09:18.263 then prioritizing their

NOTE Confidence: 0.793027662

00:09:18.263 --> 00:09:19.466 doctor appointment to,

NOTE Confidence: 0.793027662

00:09:19.470 --> 00:09:21.630 say get a mammogram or or

NOTE Confidence: 0.793027662

00:09:21.630 --> 00:09:23.070 even for care sometimes.

NOTE Confidence: 0.793027662

00:09:23.070 --> 00:09:24.726 So that's how it all kind of fits together.

NOTE Confidence: 0.793027662

00:09:24.730 --> 00:09:26.026 But in terms of your bigger.

NOTE Confidence: 0.793027662

00:09:26.030 --> 00:09:29.171 Question you know.

NOTE Confidence: 0.793027662

00:09:29.171 --> 00:09:30.218 Basically,

NOTE Confidence: 0.793027662

00:09:30.220 --> 00:09:32.915 I think we generally consider that much

NOTE Confidence: 0.793027662

00:09:32.915 --> 00:09:36.377 of this is driven by factors in society,

NOTE Confidence: 0.793027662

00:09:36.380 --> 00:09:40.041 which are which has to do with

NOTE Confidence: 0.793027662

00:09:40.041 --> 00:09:42.553 the unequal distribution of our

NOTE Confidence: 0.793027662

00:09:42.553 --> 00:09:45.067 resources and to the extent that

NOTE Confidence: 0.793027662

00:09:45.067 --> 00:09:48.278 in a society where there is racism

NOTE Confidence: 0.793027662

00:09:48.278 --> 00:09:50.700 there is sort of at a structural

NOTE Confidence: 0.793027662

00:09:50.780 --> 00:09:53.018 levels systems that are set up.

NOTE Confidence: 0.793027662

00:09:53.020 --> 00:09:55.540 So some groups benefit and others don't.

NOTE Confidence: 0.793027662

00:09:55.540 --> 00:09:57.768 So in that case.

NOTE Confidence: 0.793027662

00:09:57.768 --> 00:09:59.996 The the socioeconomic factors

NOTE Confidence: 0.793027662

00:09:59.996 --> 00:10:02.680 do kind of come through the

NOTE Confidence: 0.793027662

00:10:02.680 --> 00:10:04.376 system and impact individuals.

NOTE Confidence: 0.793027662

00:10:04.380 --> 00:10:05.448 You're absolutely correct.

NOTE Confidence: 0.793027662

00:10:05.448 --> 00:10:07.940 I think most people you know we

NOTE Confidence: 0.793027662

00:10:08.007 --> 00:10:11.410 do know from that that you know.

NOTE Confidence: 0.793027662

00:10:11.410 --> 00:10:13.643 That people are more similar across racial

NOTE Confidence: 0.793027662

00:10:13.643 --> 00:10:15.648 ethnic groups than they are different.

NOTE Confidence: 0.793027662

00:10:15.650 --> 00:10:16.922 We share, you know,

00:10:16.922 --> 00:10:17.876 similarities in DNA.

00:10:17.880 --> 00:10:20.786 So while it's possible that there are

00:10:20.786 --> 00:10:23.488 some factors that are genetic and might

00:10:23.488 --> 00:10:26.056 track more in one group or another,

00:10:26.060 --> 00:10:27.838 my feeling is that most of what

00:10:27.838 --> 00:10:29.618 we deal with in a disparities

00:10:29.618 --> 00:10:31.208 level is really about factors

00:10:31.208 --> 00:10:33.580 that are linked to resources and

00:10:33.580 --> 00:10:35.256 unequal distribution of resources.

00:10:35.260 --> 00:10:37.540 And and to be blunt about

00:10:37.540 --> 00:10:38.300 socioeconomic factors.

00:10:39.250 --> 00:10:42.281 Yeah, and so Monique, you know this

00:10:42.281 --> 00:10:45.676 brings us to the question of poverty.

00:10:45.676 --> 00:10:49.802 I mean the the ultimate issue it

00:10:49.802 --> 00:10:53.370 seems in so many cases is is a

00:10:53.492 --> 00:10:56.678 lack of resources or or simply,

00:10:56.678 --> 00:11:00.534 you know poverty, and so it may not be

00:11:00.534 --> 00:11:03.270 knowing that there's a farmers market,

00:11:03.270 --> 00:11:05.130 but actually having the resources

00:11:05.130 --> 00:11:07.755 to be able to afford the foods

00:11:07.755 --> 00:11:09.480 that are offered at that.

00:11:09.480 --> 00:11:11.832 Farmers market and so you know what

00:11:11.832 --> 00:11:14.560 are people to do in that circumstance?

00:11:15.330 --> 00:11:16.686 That's I'm so glad that you

00:11:16.686 --> 00:11:18.130 brought that up because it is true.

00:11:18.130 --> 00:11:19.602 It's not necessarily about

00:11:19.602 --> 00:11:21.442 knowing that there are resources,

00:11:21.450 --> 00:11:23.850 but then how can you afford the resources?

00:11:23.850 --> 00:11:26.006 And that's why even with our program,

00:11:26.010 --> 00:11:27.510 we look for programs that

00:11:27.510 --> 00:11:29.390 are either free or low cost.

00:11:29.390 --> 00:11:31.889 And we also advocate for the community.

00:11:31.890 --> 00:11:34.020 I remember one of the current

00:11:34.020 --> 00:11:36.145 organizations that we work with as

00:11:36.145 --> 00:11:38.364 far as let's say a physical activity.

00:11:38.370 --> 00:11:39.702 We actually went to that organization

00:11:39.702 --> 00:11:40.711 and said, you know what?

00:11:40.711 --> 00:11:42.653 Would you be able to do a reduced cost

00:11:42.653 --> 00:11:44.405 program for members of the Community?

00:11:44.410 --> 00:11:45.826 Because not everybody can afford to

00:11:45.826 --> 00:11:47.860 go to the gym and they worked with us

00:11:47.860 --> 00:11:50.059 and we were able to actually solidify that.

00:11:50.060 --> 00:11:52.485 So we're both finding resources

00:11:52.485 --> 00:11:53.940 for community members,

00:11:53.940 --> 00:11:55.692 but we're also advocating for these

00:11:55.692 --> 00:11:58.004 resources to be free or low cost so

00:11:58.004 --> 00:11:59.630 that poverty doesn't become a barrier

NOTE Confidence: 0.929370358461538

00:11:59.690 --> 00:12:01.520 for somebody living a healthy life.

NOTE Confidence: 0.85010277375

00:12:02.700 --> 00:12:05.766 So you know Beth, this is tremendous

NOTE Confidence: 0.85010277375

00:12:05.766 --> 00:12:09.474 that you and Monique are are doing this

NOTE Confidence: 0.85010277375

00:12:09.474 --> 00:12:12.054 work in in the greater New Haven area.

NOTE Confidence: 0.85010277375

00:12:12.060 --> 00:12:15.474 But our our listeners actually hail

NOTE Confidence: 0.85010277375

00:12:15.474 --> 00:12:18.799 from a larger population than that.

NOTE Confidence: 0.85010277375

00:12:18.800 --> 00:12:21.592 And So what are people to do when

NOTE Confidence: 0.85010277375

00:12:21.592 --> 00:12:24.157 they're faced with a cancer diagnosis?

NOTE Confidence: 0.85010277375

00:12:24.160 --> 00:12:27.788 And that in and of itself, causes a strain,

NOTE Confidence: 0.85010277375

00:12:27.788 --> 00:12:30.044 both financially in terms of health

NOTE Confidence: 0.85010277375

00:12:30.044 --> 00:12:32.799 care costs but also an emotional strain.

NOTE Confidence: 0.85010277375

00:12:32.800 --> 00:12:36.017 In a time strain and just

NOTE Confidence: 0.85010277375

00:12:36.017 --> 00:12:38.678 an everything strain.

NOTE Confidence: 0.85010277375

00:12:38.680 --> 00:12:41.182 In terms of dealing with all of these issues,

NOTE Confidence: 0.85010277375

00:12:41.190 --> 00:12:43.460 are there resources in the

NOTE Confidence: 0.85010277375

00:12:43.460 --> 00:12:45.644 general community out there? How?

NOTE Confidence: 0.85010277375

00:12:45.644 --> 00:12:48.192 How do people find things for them

NOTE Confidence: 0.85010277375

00:12:48.192 --> 00:12:50.807 if they don't have somebody who's

NOTE Confidence: 0.85010277375

00:12:50.807 --> 00:12:53.507 like a a navigator like Monique?

NOTE Confidence: 0.85010277375

00:12:53.510 --> 00:12:53.790 Well

NOTE Confidence: 0.809625017777778

00:12:53.800 --> 00:12:55.720 so right, and I think

NOTE Confidence: 0.809625017777778

00:12:55.720 --> 00:12:57.256 actually our this program.

NOTE Confidence: 0.809625017777778

00:12:57.260 --> 00:12:58.876 This navigation program that

NOTE Confidence: 0.809625017777778

00:12:58.876 --> 00:13:00.896 we've started here in New

NOTE Confidence: 0.809625017777778

00:13:00.896 --> 00:13:03.029 Haven and and we'd love to be

NOTE Confidence: 0.809625017777778

00:13:03.029 --> 00:13:04.880 able to expand it statewide,

NOTE Confidence: 0.809625017777778

00:13:04.880 --> 00:13:06.902 but we do sort of work

NOTE Confidence: 0.809625017777778

00:13:06.902 --> 00:13:09.010 through as we can through.

NOTE Confidence: 0.809625017777778

00:13:09.010 --> 00:13:10.696 And the cancer care centers that

NOTE Confidence: 0.809625017777778

00:13:10.696 --> 00:13:12.491 are part of our healthcare system

NOTE Confidence: 0.809625017777778

00:13:12.491 --> 00:13:14.619 and the other thing I would say

NOTE Confidence: 0.809625017777778

00:13:14.619 --> 00:13:16.716 is 1 discusses this with their

NOTE Confidence: 0.809625017777778

00:13:16.716 --> 00:13:18.441 providers and most hospitals do

NOTE Confidence: 0.809625017777778

00:13:18.450 --> 00:13:20.638 have social services available.

NOTE Confidence: 0.896397111578947

00:13:20.950 --> 00:13:23.197 Well, we're going to pick up this

NOTE Confidence: 0.896397111578947

00:13:23.197 --> 00:13:25.019 conversation right after we take a

NOTE Confidence: 0.896397111578947

00:13:25.019 --> 00:13:26.609 short break for a medical minute.

NOTE Confidence: 0.896397111578947

00:13:26.610 --> 00:13:28.969 Please stay tuned to learn more about

NOTE Confidence: 0.896397111578947

00:13:28.969 --> 00:13:30.301 addressing cancer disparities in

NOTE Confidence: 0.896397111578947

00:13:30.301 --> 00:13:31.897 the community with my guests Doctor

NOTE Confidence: 0.896397111578947

00:13:31.897 --> 00:13:33.560 Beth Jones and Monique Stefano.

NOTE Confidence: 0.804830133636364

00:13:34.220 --> 00:13:36.386 Funding for Yale Cancer Answers is

NOTE Confidence: 0.804830133636364

00:13:36.386 --> 00:13:38.440 provided by Smilow Cancer Hospital,

NOTE Confidence: 0.804830133636364

00:13:38.440 --> 00:13:41.415 where you can view videos from their

NOTE Confidence: 0.804830133636364

00:13:41.415 --> 00:13:43.769 integrative medicine team by searching

NOTE Confidence: 0.804830133636364

00:13:43.769 --> 00:13:45.773 Yale Cancer Center Integrative

NOTE Confidence: 0.804830133636364

00:13:45.773 --> 00:13:47.777 Medicine playlist on YouTube.

NOTE Confidence: 0.804830133636364

00:13:47.780 --> 00:13:49.585 It's estimated that over 240,000

NOTE Confidence: 0.804830133636364

00:13:49.585 --> 00:13:52.353 men in the US will be diagnosed

NOTE Confidence: 0.804830133636364

00:13:52.353 --> 00:13:54.578 with prostate cancer this year,

NOTE Confidence: 0.804830133636364

00:13:54.580 --> 00:13:57.052 with over 3000 new cases being

NOTE Confidence: 0.804830133636364

00:13:57.052 --> 00:13:58.700 identified here in Connecticut,

NOTE Confidence: 0.804830133636364

00:13:58.700 --> 00:14:00.728 one in eight American men will

NOTE Confidence: 0.804830133636364

00:14:00.728 --> 00:14:02.080 develop prostate cancer in

NOTE Confidence: 0.804830133636364

00:14:02.139 --> 00:14:03.739 the course of his lifetime.

NOTE Confidence: 0.804830133636364

00:14:03.740 --> 00:14:05.816 Major advances in the detection and

NOTE Confidence: 0.804830133636364

00:14:05.816 --> 00:14:07.568 treatment of prostate cancer have

NOTE Confidence: 0.804830133636364

00:14:07.568 --> 00:14:09.133 dramatically decreased the number of

NOTE Confidence: 0.804830133636364

00:14:09.133 --> 00:14:11.417 men who die from the disease screening

NOTE Confidence: 0.804830133636364

00:14:11.417 --> 00:14:14.094 can be performed quickly and easily in a

NOTE Confidence: 0.804830133636364

00:14:14.094 --> 00:14:16.518 physician's office using two simple tests,

NOTE Confidence: 0.804830133636364

00:14:16.520 --> 00:14:17.585 a physical exam,

NOTE Confidence: 0.804830133636364

00:14:17.585 --> 00:14:19.005 and a blood test.

NOTE Confidence: 0.804830133636364

00:14:19.010 --> 00:14:21.435 Clinical trials are currently underway

NOTE Confidence: 0.804830133636364

00:14:21.435 --> 00:14:23.375 at federally designated Comprehensive

NOTE Confidence: 0.804830133636364

00:14:23.375 --> 00:14:25.505 cancer centers such as Yale Cancer

NOTE Confidence: 0.804830133636364

00:14:25.505 --> 00:14:27.670 Center and Smilow Cancer Hospital,

NOTE Confidence: 0.804830133636364

00:14:27.670 --> 00:14:29.645 where doctors are also using

NOTE Confidence: 0.804830133636364

00:14:29.645 --> 00:14:30.830 the Artemis machine,

NOTE Confidence: 0.804830133636364

00:14:30.830 --> 00:14:32.726 which enables targeted biopsies

NOTE Confidence: 0.804830133636364

00:14:32.726 --> 00:14:34.148 to be performed.

NOTE Confidence: 0.804830133636364

00:14:34.150 --> 00:14:36.990 More information is available at

NOTE Confidence: 0.804830133636364

00:14:36.990 --> 00:14:38.274 yalecancercenter.org you're listening

NOTE Confidence: 0.804830133636364

00:14:38.274 --> 00:14:39.986 to Connecticut Public Radio.

NOTE Confidence: 0.824170186666667

00:14:41.100 --> 00:14:43.260 Welcome back to Yale Cancer Answers.

NOTE Confidence: 0.824170186666667

00:14:43.260 --> 00:14:45.696 This is doctor Anees Chagpar and I'm

NOTE Confidence: 0.824170186666667

00:14:45.696 --> 00:14:47.964 joined tonight by my guests Doctor

NOTE Confidence: 0.824170186666667

00:14:47.964 --> 00:14:49.894 Beth Jones and Monique Stefanou.

NOTE Confidence: 0.824170186666667

00:14:49.900 --> 00:14:51.864 We're talking about cancer

NOTE Confidence: 0.824170186666667

00:14:51.864 --> 00:14:53.337 disparities and cancer,

NOTE Confidence: 0.824170186666667

00:14:53.340 --> 00:14:55.950 and the fact that there's differences

NOTE Confidence: 0.824170186666667

00:14:55.950 --> 00:14:58.624 in terms of healthcare outcomes for

NOTE Confidence: 0.824170186666667

00:14:58.624 --> 00:15:01.192 patients with cancer that aren't really

NOTE Confidence: 0.824170186666667

00:15:01.192 --> 00:15:04.299 due to the cancer itself necessarily,

NOTE Confidence: 0.824170186666667

00:15:04.300 --> 00:15:06.827 but often due to just the social

NOTE Confidence: 0.824170186666667

00:15:06.827 --> 00:15:09.304 circumstances that a patient may find

NOTE Confidence: 0.824170186666667

00:15:09.304 --> 00:15:11.514 themselves in those resources that.

NOTE Confidence: 0.824170186666667

00:15:11.520 --> 00:15:13.548 Are available to some and may

NOTE Confidence: 0.824170186666667

00:15:13.548 --> 00:15:15.660 not be so available to others.

NOTE Confidence: 0.824170186666667

00:15:15.660 --> 00:15:16.140 So Monique,

NOTE Confidence: 0.824170186666667

00:15:16.140 --> 00:15:18.448 I want to start with you and pick up

NOTE Confidence: 0.824170186666667

00:15:18.448 --> 00:15:20.458 that conversation right before the break.

NOTE Confidence: 0.824170186666667

00:15:20.460 --> 00:15:22.917 We were talking about the fact that

NOTE Confidence: 0.824170186666667

00:15:22.917 --> 00:15:25.826 you and Beth have set up a wonderful

NOTE Confidence: 0.824170186666667

00:15:25.826 --> 00:15:28.565 program and you serve both as a cancer

NOTE Confidence: 0.824170186666667

00:15:28.565 --> 00:15:31.599 educator as well as a cancer navigator.

NOTE Confidence: 0.824170186666667

00:15:31.600 --> 00:15:34.228 Often helping patients to find resources

NOTE Confidence: 0.824170186666667

00:15:34.228 --> 00:15:37.320 in their area that might be helpful.

NOTE Confidence: 0.824170186666667

00:15:37.320 --> 00:15:41.528 Everything from where to find low cost or.

NOTE Confidence: 0.824170186666667

00:15:41.530 --> 00:15:43.550 Options for food or physical

NOTE Confidence: 0.824170186666667

00:15:43.550 --> 00:15:46.407 activity or things that can help get

NOTE Confidence: 0.824170186666667

00:15:46.407 --> 00:15:48.699 them through the day when they're

NOTE Confidence: 0.824170186666667

00:15:48.699 --> 00:15:50.910 faced with a cancer diagnosis.

NOTE Confidence: 0.824170186666667

00:15:50.910 --> 00:15:51.766 You know,

NOTE Confidence: 0.824170186666667

00:15:51.766 --> 00:15:55.420 for people who might be listening to this.

NOTE Confidence: 0.824170186666667

00:15:55.420 --> 00:15:57.541 Are there ways that they can find

NOTE Confidence: 0.824170186666667

00:15:57.541 --> 00:15:59.569 some of these resources without

NOTE Confidence: 0.824170186666667

00:15:59.569 --> 00:16:02.194 necessarily connecting to your program?

NOTE Confidence: 0.824170186666667

00:16:02.200 --> 00:16:04.715 Where where can people find

NOTE Confidence: 0.824170186666667

00:16:04.715 --> 00:16:06.727 these types of resources?

NOTE Confidence: 0.86773777

00:16:06.840 --> 00:16:09.300 I think it's really important to

NOTE Confidence: 0.86773777

00:16:09.300 --> 00:16:10.940 recognize that hospital systems,

NOTE Confidence: 0.86773777

00:16:10.940 --> 00:16:12.400 even throughout the nation.

NOTE Confidence: 0.86773777

00:16:12.400 --> 00:16:15.060 They all have a social work or

NOTE Confidence: 0.86773777

00:16:15.060 --> 00:16:17.050 some type of navigation service

NOTE Confidence: 0.86773777

00:16:17.050 --> 00:16:19.493 where somebody could call and find

NOTE Confidence: 0.86773777

00:16:19.493 --> 00:16:21.438 out what resources is available.

NOTE Confidence: 0.86773777

00:16:21.440 --> 00:16:23.072 A lot of times people simply

NOTE Confidence: 0.86773777

00:16:23.072 --> 00:16:24.800 do not know what's available.

NOTE Confidence: 0.86773777

00:16:24.800 --> 00:16:25.829 Yes, there are.

NOTE Confidence: 0.86773777

00:16:25.829 --> 00:16:27.544 Some systems that may have

NOTE Confidence: 0.86773777

00:16:27.544 --> 00:16:29.019 more resources than others,

NOTE Confidence: 0.86773777

00:16:29.020 --> 00:16:30.406 but that's a good starting point,

NOTE Confidence: 0.86773777

00:16:30.410 --> 00:16:32.270 is to call either the Cancer

NOTE Confidence: 0.86773777

00:16:32.270 --> 00:16:33.510 Center where they're getting

NOTE Confidence: 0.86773777

00:16:33.567 --> 00:16:35.062 treatment or the local hospital

NOTE Confidence: 0.86773777

00:16:35.062 --> 00:16:36.823 system to find out what types

NOTE Confidence: 0.86773777

00:16:36.823 --> 00:16:38.391 of social services are offered,

NOTE Confidence: 0.86773777

00:16:38.391 --> 00:16:39.779 what types of navigation

NOTE Confidence: 0.86773777

00:16:39.779 --> 00:16:41.340 support may be offered?

NOTE Confidence: 0.86773777

00:16:41.340 --> 00:16:43.070 A lot of times different

NOTE Confidence: 0.86773777

00:16:43.070 --> 00:16:44.454 systems use different words,

NOTE Confidence: 0.86773777

00:16:44.460 --> 00:16:46.896 so one system may use patient navigator.

NOTE Confidence: 0.86773777

00:16:46.900 --> 00:16:49.270 Another person may say coordinator,

NOTE Confidence: 0.86773777

00:16:49.270 --> 00:16:51.238 so just to have that initial

NOTE Confidence: 0.86773777

00:16:51.238 --> 00:16:52.550 conversation would be important

NOTE Confidence: 0.842522778

00:16:52.620 --> 00:16:55.588 and Beth are there other kind of

NOTE Confidence: 0.842522778

00:16:55.588 --> 00:16:56.860 national organizations perhaps?

NOTE Confidence: 0.842522778

00:16:56.860 --> 00:17:01.140 Philanthropic organizations or other

NOTE Confidence: 0.842522778

00:17:01.140 --> 00:17:03.850 societies where patients can turn if

NOTE Confidence: 0.842522778

00:17:03.850 --> 00:17:06.164 they have cancer that might be able

NOTE Confidence: 0.842522778

00:17:06.164 --> 00:17:07.988 to provide things like you know,

NOTE Confidence: 0.842522778

00:17:07.990 --> 00:17:10.654 even things like transportation to get

NOTE Confidence: 0.842522778

00:17:10.654 --> 00:17:13.264 to your your appointments or assistance

NOTE Confidence: 0.842522778

00:17:13.264 --> 00:17:16.312 when you need help paying the rent right?

NOTE Confidence: 0.934335265714286

00:17:16.330 --> 00:17:18.829 So certainly in the state of Connecticut,

NOTE Confidence: 0.934335265714286

00:17:18.830 --> 00:17:20.250 and I believe it's nationwide.

NOTE Confidence: 0.934335265714286

00:17:20.250 --> 00:17:22.420 There's a 211 system and this is

NOTE Confidence: 0.934335265714286

00:17:22.420 --> 00:17:25.220 not just for patients, but they can.

NOTE Confidence: 0.934335265714286

00:17:25.220 --> 00:17:26.870 People can dial 211 and

NOTE Confidence: 0.934335265714286

00:17:26.870 --> 00:17:28.070 get a lot of information.

NOTE Confidence: 0.934335265714286

00:17:28.070 --> 00:17:29.726 About availability of services

NOTE Confidence: 0.934335265714286

00:17:29.726 --> 00:17:32.210 that they can access locally and

NOTE Confidence: 0.934335265714286

00:17:32.282 --> 00:17:34.354 then you know if you're for a

NOTE Confidence: 0.934335265714286

00:17:34.354 --> 00:17:36.230 patient just to just to share.

NOTE Confidence: 0.934335265714286

00:17:36.230 --> 00:17:38.168 Certainly if one of the first

NOTE Confidence: 0.934335265714286

00:17:38.168 --> 00:17:40.365 things when one is diagnosed is

NOTE Confidence: 0.934335265714286

00:17:40.365 --> 00:17:42.614 just learning about that about what

NOTE Confidence: 0.934335265714286

00:17:42.614 --> 00:17:44.366 they're facing and knowing how to

NOTE Confidence: 0.934335265714286

00:17:44.366 --> 00:17:45.859 interact with their physicians.

NOTE Confidence: 0.934335265714286

00:17:45.860 --> 00:17:47.816 What kinds of questions they ask?

NOTE Confidence: 0.934335265714286

00:17:47.820 --> 00:17:51.116 And so there are websites such as the

NOTE Confidence: 0.934335265714286

00:17:51.116 --> 00:17:53.420 American Cancer Societies website,

NOTE Confidence: 0.934335265714286

00:17:53.420 --> 00:17:54.856 the National Cancer Institute,

NOTE Confidence: 0.934335265714286

00:17:54.856 --> 00:17:57.010 where there's a lot of information

NOTE Confidence: 0.934335265714286

00:17:57.066 --> 00:17:57.838 one has to be.

NOTE Confidence: 0.934335265714286

00:17:57.840 --> 00:17:58.320 You know,

NOTE Confidence: 0.934335265714286

00:17:58.320 --> 00:17:59.520 I would strongly advise that

NOTE Confidence: 0.934335265714286

00:17:59.520 --> 00:18:00.570 people go to those.

NOTE Confidence: 0.934335265714286

00:18:00.570 --> 00:18:03.670 Organizations where the information

NOTE Confidence: 0.934335265714286

00:18:03.670 --> 00:18:06.864 is well vetted by scientists and

NOTE Confidence: 0.934335265714286

00:18:06.864 --> 00:18:08.919 be careful about just reading

NOTE Confidence: 0.934335265714286

00:18:08.919 --> 00:18:10.440 anything on the Internet.

NOTE Confidence: 0.934335265714286

00:18:10.440 --> 00:18:12.393 Because as we know there's a lot

NOTE Confidence: 0.934335265714286

00:18:12.393 --> 00:18:13.937 of information on the Internet

NOTE Confidence: 0.934335265714286

00:18:13.937 --> 00:18:15.237 which is not accurate.

NOTE Confidence: 0.875297394375

00:18:15.290 --> 00:18:18.298 Monique, the other question that a lot of

NOTE Confidence: 0.875297394375

00:18:18.298 --> 00:18:20.998 people might have and this goes back to,

NOTE Confidence: 0.875297394375

00:18:21.000 --> 00:18:23.177 you know, kind of those socio demographics

NOTE Confidence: 0.875297394375

00:18:23.177 --> 00:18:25.931 that we were talking about and the fact that

NOTE Confidence: 0.875297394375

00:18:25.931 --> 00:18:28.163 you know some people might have healthcare

NOTE Confidence: 0.875297394375

00:18:28.163 --> 00:18:30.953 insurance and it might be very robust and.

NOTE Confidence: 0.875297394375

00:18:30.953 --> 00:18:33.671 Other people may not have healthcare

NOTE Confidence: 0.875297394375

00:18:33.671 --> 00:18:35.810 insurance and that might be

NOTE Confidence: 0.875297394375

00:18:35.810 --> 00:18:37.904 a barrier not only for them.

NOTE Confidence: 0.875297394375

00:18:37.910 --> 00:18:39.850 You know, paying for care,

NOTE Confidence: 0.875297394375

00:18:39.850 --> 00:18:43.350 but even seeking care to begin with.

NOTE Confidence: 0.875297394375

00:18:43.350 --> 00:18:45.863 Any advice for people in terms of

NOTE Confidence: 0.875297394375

00:18:45.863 --> 00:18:48.400 how to manage health care costs?

NOTE Confidence: 0.875297394375

00:18:48.400 --> 00:18:49.474 Because these days,

NOTE Confidence: 0.875297394375

00:18:49.474 --> 00:18:51.622 even if you do have insurance,

NOTE Confidence: 0.875297394375

00:18:51.630 --> 00:18:53.638 the bill can be hefty and it still

NOTE Confidence: 0.875297394375

00:18:53.638 --> 00:18:55.597 is one of the leading causes

NOTE Confidence: 0.875297394375

00:18:55.597 --> 00:18:57.332 of bankruptcy in this nation.

NOTE Confidence: 0.875297394375

00:18:57.340 --> 00:19:00.175 So how do people address healthcare costs?

NOTE Confidence: 0.875297394375

00:19:00.180 --> 00:19:02.798 Whether it's cost to see the doctor

NOTE Confidence: 0.875297394375

00:19:02.798 --> 00:19:05.629 or or cost to cover treatments,

NOTE Confidence: 0.869251094117647

00:19:06.320 --> 00:19:08.840 that's a a really great question and I

NOTE Confidence: 0.869251094117647

00:19:08.840 --> 00:19:11.579 would say a couple of things on that one.

NOTE Confidence: 0.869251094117647

00:19:11.580 --> 00:19:13.750 For somebody who has been.

NOTE Confidence: 0.869251094117647

00:19:13.750 --> 00:19:15.850 Diagnosed with a cancer diagnosis

NOTE Confidence: 0.869251094117647

00:19:15.850 --> 00:19:17.530 like I mentioned before,

NOTE Confidence: 0.869251094117647

00:19:17.530 --> 00:19:19.288 going back to the hospital system

NOTE Confidence: 0.869251094117647

00:19:19.288 --> 00:19:21.145 where the Cancer Center and asking

NOTE Confidence: 0.869251094117647

00:19:21.145 --> 00:19:22.715 them what resources are available

NOTE Confidence: 0.869251094117647

00:19:22.715 --> 00:19:24.543 for somebody who actually hasn't had

NOTE Confidence: 0.869251094117647

00:19:24.543 --> 00:19:26.489 a diagnosis and is just looking to

NOTE Confidence: 0.869251094117647

00:19:26.490 --> 00:19:28.576 stay healthy and at the same time

NOTE Confidence: 0.869251094117647

00:19:28.576 --> 00:19:30.530 manage maybe a chronic illness.

NOTE Confidence: 0.869251094117647

00:19:30.530 --> 00:19:31.990 It's important to also develop

NOTE Confidence: 0.869251094117647

00:19:31.990 --> 00:19:34.220 relationships with the primary care system.

NOTE Confidence: 0.869251094117647

00:19:34.220 --> 00:19:36.950 There are programs for helping people all

NOTE Confidence: 0.869251094117647

00:19:37.013 --> 00:19:39.526 along the structure more than they meet.

NOTE Confidence: 0.869251094117647

00:19:39.530 --> 00:19:42.127 Be a patient with a cancer diagnosis,

NOTE Confidence: 0.869251094117647

00:19:42.130 --> 00:19:43.870 or if somebody who's overcoming

NOTE Confidence: 0.869251094117647

00:19:43.870 --> 00:19:44.914 a chronic illness.

NOTE Confidence: 0.869251094117647

00:19:44.920 --> 00:19:47.200 So to find out from either

NOTE Confidence: 0.869251094117647

00:19:47.200 --> 00:19:49.439 primary care providers or even

NOTE Confidence: 0.869251094117647

00:19:49.439 --> 00:19:51.359 local community organizations,

NOTE Confidence: 0.869251094117647

00:19:51.360 --> 00:19:53.232 often also are aware of what

NOTE Confidence: 0.869251094117647

00:19:53.232 --> 00:19:55.381 resources may be able to help

NOTE Confidence: 0.869251094117647

00:19:55.381 --> 00:19:57.045 individuals in these situations.

NOTE Confidence: 0.908606947727273

00:19:57.640 --> 00:20:00.076 You know, I would just add to

NOTE Confidence: 0.908606947727273

00:20:00.076 --> 00:20:02.186 that that certainly the federally

NOTE Confidence: 0.908606947727273

00:20:02.186 --> 00:20:04.671 qualified health centers are are

NOTE Confidence: 0.908606947727273

00:20:04.671 --> 00:20:07.160 wonderful resources for primary care.

NOTE Confidence: 0.908606947727273

00:20:07.160 --> 00:20:09.120 So, as Monique alluded to,

NOTE Confidence: 0.908606947727273

00:20:09.120 --> 00:20:11.118 one of the things we're really

NOTE Confidence: 0.908606947727273

00:20:11.118 --> 00:20:12.819 interested in is preventing cancer

NOTE Confidence: 0.908606947727273

00:20:12.819 --> 00:20:14.780 or finding it early. So cancer.

NOTE Confidence: 0.908606947727273

00:20:14.780 --> 00:20:16.220 Screenings and that usually

NOTE Confidence: 0.908606947727273

00:20:16.220 --> 00:20:18.554 depends on sort of an interaction

NOTE Confidence: 0.908606947727273

00:20:18.554 --> 00:20:20.629 with the primary care provider,

NOTE Confidence: 0.908606947727273

00:20:20.630 --> 00:20:22.814 but we often find that people don't

NOTE Confidence: 0.908606947727273

00:20:22.814 --> 00:20:25.056 don't have a designated primary care

NOTE Confidence: 0.908606947727273

00:20:25.056 --> 00:20:28.132 provider and they think that they they

NOTE Confidence: 0.908606947727273

00:20:28.132 --> 00:20:32.346 need resources or insurance to do so.

NOTE Confidence: 0.908606947727273

00:20:32.350 --> 00:20:34.814 But a good starting point is to

NOTE Confidence: 0.908606947727273

00:20:34.814 --> 00:20:37.115 contact a local FQHC federally

NOTE Confidence: 0.908606947727273

00:20:37.115 --> 00:20:38.867 qualified Health Center.

NOTE Confidence: 0.908606947727273

00:20:38.870 --> 00:20:40.622 They're in all of our throughout

NOTE Confidence: 0.908606947727273

00:20:40.622 --> 00:20:42.168 the state of Connecticut and

NOTE Confidence: 0.908606947727273

00:20:42.168 --> 00:20:43.476 also throughout the country.

NOTE Confidence: 0.831811505

00:20:43.870 --> 00:20:45.640 And Beth, do you find those?

NOTE Confidence: 0.831811505

00:20:45.640 --> 00:20:46.540 How do you find those?

NOTE Confidence: 0.831811505

00:20:46.540 --> 00:20:47.560 I mean, if you're a patient,

NOTE Confidence: 0.831811505

00:20:47.560 --> 00:20:49.045 you're listening to this show

NOTE Confidence: 0.831811505

00:20:49.045 --> 00:20:50.460 and you're thinking well, geez,

NOTE Confidence: 0.831811505

00:20:50.460 --> 00:20:52.220 you know I really need to see somebody.

NOTE Confidence: 0.831811505

00:20:52.220 --> 00:20:53.795 I really need to get my screening.

NOTE Confidence: 0.831811505

00:20:53.800 --> 00:20:55.920 I I don't have insurance,

NOTE Confidence: 0.831811505

00:20:55.920 --> 00:20:57.453 which is one of the reasons why

NOTE Confidence: 0.831811505

00:20:57.453 --> 00:20:58.920 I haven't seen anybody but man.

NOTE Confidence: 0.831811505

00:20:58.920 --> 00:21:01.368 If I can get started by seeing somebody

NOTE Confidence: 0.831811505

00:21:01.368 --> 00:21:04.051 and maybe getting some screenings for free

NOTE Confidence: 0.831811505

00:21:04.051 --> 00:21:06.560 at a federally qualified Health Center,

NOTE Confidence: 0.831811505

00:21:06.560 --> 00:21:07.788 that sounds pretty good,

NOTE Confidence: 0.831811505

00:21:07.788 --> 00:21:09.630 but I don't know where that

NOTE Confidence: 0.831811505

00:21:09.696 --> 00:21:10.816 is or what that is.

NOTE Confidence: 0.831811505

00:21:10.820 --> 00:21:11.018 How?

NOTE Confidence: 0.831811505

00:21:11.018 --> 00:21:12.008 How do I find that?

NOTE Confidence: 0.82605133

00:21:12.910 --> 00:21:15.480 Well, so just to clarify,

NOTE Confidence: 0.82605133

00:21:15.480 --> 00:21:18.582 FQHC's do take insurance and many

NOTE Confidence: 0.82605133

00:21:18.582 --> 00:21:21.948 patients have insurance so so they don't.

NOTE Confidence: 0.82605133

00:21:21.950 --> 00:21:23.448 So I think there is a mechanism

NOTE Confidence: 0.82605133

00:21:23.448 --> 00:21:24.905 where they would work with people

NOTE Confidence: 0.82605133

00:21:24.905 --> 00:21:26.185 who don't have any insurance,

NOTE Confidence: 0.82605133

00:21:26.190 --> 00:21:28.250 but certainly they do take

NOTE Confidence: 0.82605133

00:21:28.250 --> 00:21:29.898 insurance which is important,

NOTE Confidence: 0.82605133

00:21:29.900 --> 00:21:32.132 but I would you know go to the

NOTE Confidence: 0.82605133

00:21:32.132 --> 00:21:34.095 Internet and look up federally

NOTE Confidence: 0.82605133

00:21:34.095 --> 00:21:36.176 qualified Health Center primary care

NOTE Confidence: 0.82605133

00:21:36.176 --> 00:21:38.005 at a local level and that's probably

NOTE Confidence: 0.82605133

00:21:38.005 --> 00:21:40.210 a good way to just get started.

NOTE Confidence: 0.82605133

00:21:40.210 --> 00:21:43.756 And they're also wonderful centers with.

NOTE Confidence: 0.82605133

00:21:43.760 --> 00:21:45.638 You know a lot of expertise.

NOTE Confidence: 0.82605133

00:21:45.640 --> 00:21:47.734 Often the the physicians are are

NOTE Confidence: 0.82605133

00:21:47.734 --> 00:21:49.975 dealing or you know their patient

NOTE Confidence: 0.82605133

00:21:49.975 --> 00:21:52.309 load is actually from your same

NOTE Confidence: 0.82605133

00:21:52.309 --> 00:21:54.499 community in which you're living,

NOTE Confidence: 0.82605133

00:21:54.500 --> 00:21:57.515 so they have a lot of expertise and and

NOTE Confidence: 0.82605133

00:21:57.515 --> 00:22:00.697 do know the safety net services that

NOTE Confidence: 0.82605133

00:22:00.697 --> 00:22:02.752 might be available to help patients

NOTE Confidence: 0.82605133

00:22:02.752 --> 00:22:04.320 with the other aspects of their life.

NOTE Confidence: 0.82605133

00:22:04.320 --> 00:22:07.263 And I would just make another point and sort

NOTE Confidence: 0.82605133

00:22:07.263 --> 00:22:10.237 of why we are thinking about navigation.

NOTE Confidence: 0.82605133

00:22:10.240 --> 00:22:12.400 Certainly I when you when we

NOTE Confidence: 0.82605133

00:22:12.400 --> 00:22:13.480 started this conversation.

NOTE Confidence: 0.82605133

00:22:13.480 --> 00:22:14.170 You're asking me,

NOTE Confidence: 0.82605133

00:22:14.170 --> 00:22:14.630 you know,

NOTE Confidence: 0.82605133

00:22:14.630 --> 00:22:17.102 I started off as a researcher and then

NOTE Confidence: 0.82605133

00:22:17.102 --> 00:22:18.860 started thinking about not just myself

NOTE Confidence: 0.82605133

00:22:18.860 --> 00:22:21.380 but the you know with this wonderful team.

NOTE Confidence: 0.82605133

00:22:21.380 --> 00:22:24.143 And I should say it's not just Monica myself.

NOTE Confidence: 0.82605133

00:22:24.150 --> 00:22:25.290 We have a team of folks,

NOTE Confidence: 0.82605133

00:22:25.290 --> 00:22:28.195 but how to translate what we know

NOTE Confidence: 0.82605133

00:22:28.195 --> 00:22:30.909 about cancer into Community Action.

NOTE Confidence: 0.82605133

00:22:30.910 --> 00:22:35.082 But but there are many,

NOTE Confidence: 0.82605133

00:22:35.082 --> 00:22:38.650 many resources and programs

NOTE Confidence: 0.82605133

00:22:38.650 --> 00:22:41.680 that help us sort of.

NOTE Confidence: 0.82605133

00:22:41.680 --> 00:22:44.920 The idea is that if if somebody's really.

NOTE Confidence: 0.82605133

00:22:44.920 --> 00:22:47.428 Preoccupied by their the barriers that

NOTE Confidence: 0.82605133

00:22:47.428 --> 00:22:50.379 they face just in day to day life,

NOTE Confidence: 0.82605133

00:22:50.380 --> 00:22:52.428 it's going to be hard for them to

NOTE Confidence: 0.82605133

00:22:52.428 --> 00:22:54.256 prioritize their health and so our goal

NOTE Confidence: 0.82605133

00:22:54.256 --> 00:22:55.930 is really to address those issues.

NOTE Confidence: 0.88425107125

00:22:57.440 --> 00:23:01.280 You know Monique getting back to kind of

NOTE Confidence: 0.88425107125

00:23:01.280 --> 00:23:04.040 some of the issues that people may face.

NOTE Confidence: 0.88425107125

00:23:04.040 --> 00:23:06.120 One of the things and and Beth I,

NOTE Confidence: 0.88425107125

41

00:23:06.120 --> 00:23:07.560 I think you'll corroborate this,

NOTE Confidence: 0.88425107125

00:23:07.560 --> 00:23:10.032 is that a lot of science has found

NOTE Confidence: 0.88425107125

00:23:10.032 --> 00:23:12.424 that there are differences in terms

NOTE Confidence: 0.88425107125

00:23:12.424 --> 00:23:14.980 of outcome based on insurance status,

NOTE Confidence: 0.88425107125

00:23:14.980 --> 00:23:17.530 where people who have insurance controlling

NOTE Confidence: 0.88425107125

00:23:17.530 --> 00:23:20.715 for all other factors tend to do worse

NOTE Confidence: 0.88425107125

00:23:20.715 --> 00:23:22.833 than people who don't have insurance.

NOTE Confidence: 0.88425107125

00:23:22.840 --> 00:23:24.779 So when people are listening to this,

NOTE Confidence: 0.88425107125

00:23:24.780 --> 00:23:27.030 if they don't have insurance,

NOTE Confidence: 0.88425107125

00:23:27.030 --> 00:23:28.670 and that may be because.

NOTE Confidence: 0.88425107125

00:23:28.670 --> 00:23:30.945 Either they are scared about how much

NOTE Confidence: 0.88425107125

00:23:30.945 --> 00:23:33.362 money cost to get insurance or they

NOTE Confidence: 0.88425107125

00:23:33.362 --> 00:23:35.426 don't know how to get insurance.

NOTE Confidence: 0.88425107125

00:23:35.430 --> 00:23:38.574 Or perhaps they have a pre-existing

NOTE Confidence: 0.88425107125

00:23:38.574 --> 00:23:40.670 condition and they're worried

NOTE Confidence: 0.88425107125

00:23:40.760 --> 00:23:43.018 that that may have ramifications

NOTE Confidence: 0.88425107125

00:23:43.018 --> 00:23:46.038 in terms of their insurance.

NOTE Confidence: 0.88425107125

00:23:46.040 --> 00:23:48.810 How do how do we kind of get around that?

NOTE Confidence: 0.88425107125

00:23:48.810 --> 00:23:50.426 Do you have advice for people on that?

NOTE Confidence: 0.849883150454545

00:23:51.860 --> 00:23:53.120 That's another great question.

NOTE Confidence: 0.849883150454545

00:23:53.120 --> 00:23:55.874 I would say a couple of things of that

NOTE Confidence: 0.849883150454545

00:23:55.874 --> 00:23:58.279 and then I will also defer back to Beth.

NOTE Confidence: 0.849883150454545

00:23:58.280 --> 00:24:01.220 I think it's really important for all of us,

NOTE Confidence: 0.849883150454545

00:24:01.220 --> 00:24:03.386 and even for those that may be listening

NOTE Confidence: 0.849883150454545

00:24:03.386 --> 00:24:05.815 to be very connected to what's actually

NOTE Confidence: 0.849883150454545

00:24:05.815 --> 00:24:07.459 happening within your community,

NOTE Confidence: 0.849883150454545

00:24:07.460 --> 00:24:09.388 there are a lot of times where people

NOTE Confidence: 0.849883150454545

00:24:09.388 --> 00:24:11.526 who might have been afraid of addressing

NOTE Confidence: 0.849883150454545

00:24:11.526 --> 00:24:13.476 insurance or even going through that

NOTE Confidence: 0.849883150454545

00:24:13.476 --> 00:24:14.991 have found community members who

NOTE Confidence: 0.849883150454545

00:24:14.991 --> 00:24:16.892 have gone through the same issue,

NOTE Confidence: 0.849883150454545

00:24:16.892 --> 00:24:18.597 and because of their connectedness

NOTE Confidence: 0.849883150454545

00:24:18.597 --> 00:24:19.620 to their community,

NOTE Confidence: 0.849883150454545

00:24:19.620 --> 00:24:21.980 they were able to find resources and I.

NOTE Confidence: 0.849883150454545

00:24:21.980 --> 00:24:23.660 Would say that for all those

NOTE Confidence: 0.849883150454545

00:24:23.660 --> 00:24:24.780 that may be listening,

NOTE Confidence: 0.849883150454545

00:24:24.780 --> 00:24:25.948 it's really important to

NOTE Confidence: 0.849883150454545

00:24:25.948 --> 00:24:27.299 stay connected to community.

NOTE Confidence: 0.849883150454545

00:24:27.300 --> 00:24:28.428 There are local organizations

NOTE Confidence: 0.849883150454545

00:24:28.428 --> 00:24:29.838 throughout the nation where they're

NOTE Confidence: 0.849883150454545

00:24:29.838 --> 00:24:31.480 doing the same thing that we're having.

NOTE Confidence: 0.849883150454545

00:24:31.480 --> 00:24:33.346 The same conversations that we're having

NOTE Confidence: 0.849883150454545

00:24:33.346 --> 00:24:35.200 and pulling together these resources,

NOTE Confidence: 0.849883150454545

00:24:35.200 --> 00:24:37.090 and that's another way in which you

NOTE Confidence: 0.849883150454545

00:24:37.090 --> 00:24:38.940 could find somebody and a like minded

NOTE Confidence: 0.849883150454545

00:24:38.940 --> 00:24:40.416 situation who might also be able

NOTE Confidence: 0.849883150454545

00:24:40.465 --> 00:24:42.037 to help you through the process,

NOTE Confidence: 0.849883150454545

00:24:42.040 --> 00:24:44.288 but also point you to the right direction

NOTE Confidence: 0.849883150454545

00:24:44.288 --> 00:24:45.828 and encourage you along the way.

NOTE Confidence: 0.850397246

00:24:46.800 --> 00:24:50.580 And what I would just add to that is

NOTE Confidence: 0.850397246

00:24:50.580 --> 00:24:52.918 that they there's also sort of an issue.

NOTE Confidence: 0.850397246

00:24:52.920 --> 00:24:54.880 Sometimes of you know what we kind

NOTE Confidence: 0.850397246

00:24:54.880 --> 00:24:57.119 of refer to as insurance literacy,

NOTE Confidence: 0.850397246

00:24:57.120 --> 00:24:59.960 so not too long ago,

NOTE Confidence: 0.850397246

00:24:59.960 --> 00:25:02.726 actually there was a an individual

NOTE Confidence: 0.850397246

00:25:02.726 --> 00:25:05.293 came through our program and and

NOTE Confidence: 0.850397246

00:25:05.293 --> 00:25:07.853 on her own before she came to us,

NOTE Confidence: 0.850397246

00:25:07.860 --> 00:25:10.575 was looking for help with

NOTE Confidence: 0.850397246

00:25:10.575 --> 00:25:12.747 tobacco treatment and was.

NOTE Confidence: 0.850397246

00:25:12.750 --> 00:25:14.994 She just, you know somebody mentioned

NOTE Confidence: 0.850397246

00:25:14.994 --> 00:25:17.736 the word copay just about insurance and

NOTE Confidence: 0.850397246

00:25:17.736 --> 00:25:20.487 she immediately sort of thought that she

NOTE Confidence: 0.850397246

00:25:20.561 --> 00:25:22.990 wouldn't be able to manage the copay,
NOTE Confidence: 0.850397246

00:25:22.990 --> 00:25:25.160 and in fact you know with the
NOTE Confidence: 0.850397246

00:25:25.160 --> 00:25:28.256 navigator's help she was able to.
NOTE Confidence: 0.850397246

00:25:28.260 --> 00:25:30.206 Find out that had that explained to
NOTE Confidence: 0.850397246

00:25:30.206 --> 00:25:32.411 her that the copay did not explain to
NOTE Confidence: 0.850397246

00:25:32.411 --> 00:25:34.589 her did not apply to her situation.
NOTE Confidence: 0.850397246

00:25:34.590 --> 00:25:36.774 Since then she's gotten tobacco treatment
NOTE Confidence: 0.850397246

00:25:36.774 --> 00:25:39.223 and quit smoking and just kind of
NOTE Confidence: 0.850397246

00:25:39.223 --> 00:25:41.089 really wonderful story and speaks to
NOTE Confidence: 0.850397246

00:25:41.089 --> 00:25:43.471 the role that navigators can play in
NOTE Confidence: 0.850397246

00:25:43.471 --> 00:25:45.258 helping people understand their insurance.
NOTE Confidence: 0.850397246

00:25:45.258 --> 00:25:48.196 But we I think there's not one among
NOTE Confidence: 0.850397246

00:25:48.196 --> 00:25:50.296 us who wouldn't say that understanding
NOTE Confidence: 0.850397246

00:25:50.296 --> 00:25:52.608 their full insurance coverage is not,
NOTE Confidence: 0.850397246

00:25:52.610 --> 00:25:55.510 you know, a bit of a a difficulty in the
NOTE Confidence: 0.850397246

00:25:55.584 --> 00:25:57.652 challenge at times here in Connecticut,

NOTE Confidence: 0.850397246

00:25:57.652 --> 00:25:58.668 though we do have,

NOTE Confidence: 0.850397246

00:25:58.670 --> 00:26:01.710 you know when you say.

NOTE Confidence: 0.850397246

00:26:01.710 --> 00:26:05.846 We we are in our non insured group is

NOTE Confidence: 0.850397246

00:26:05.846 --> 00:26:07.394 actually smaller than in some States

NOTE Confidence: 0.850397246

00:26:07.394 --> 00:26:09.257 and an important thing to remember is

NOTE Confidence: 0.850397246

00:26:09.257 --> 00:26:11.500 that when it comes to cancer prevention,

NOTE Confidence: 0.850397246

00:26:11.500 --> 00:26:14.770 those screening tests are actually covered.

NOTE Confidence: 0.850397246

00:26:14.770 --> 00:26:16.842 There is not charges that go along with

NOTE Confidence: 0.850397246

00:26:16.842 --> 00:26:18.975 them and as long as an annual physical

NOTE Confidence: 0.864980163809524

00:26:19.890 --> 00:26:21.250 yeah so important right?

NOTE Confidence: 0.864980163809524

00:26:21.250 --> 00:26:24.748 And and I think that in in every state in

NOTE Confidence: 0.864980163809524

00:26:24.748 --> 00:26:27.610 the Union there are now federal exchanges.

NOTE Confidence: 0.864980163809524

00:26:27.610 --> 00:26:30.658 Often that are governed on the state basis.

NOTE Confidence: 0.864980163809524

00:26:30.660 --> 00:26:33.332 Where people can sign up for insurance

NOTE Confidence: 0.864980163809524

00:26:33.332 --> 00:26:35.824 and it doesn't matter if you've had

NOTE Confidence: 0.864980163809524

00:26:35.824 --> 00:26:38.496 preexisting conditions and. And as you say,

NOTE Confidence: 0.864980163809524

00:26:38.496 --> 00:26:40.216 screenings are covered by those.

NOTE Confidence: 0.864980163809524

00:26:40.220 --> 00:26:43.070 I I do want to come back to screening though,

NOTE Confidence: 0.864980163809524

00:26:43.070 --> 00:26:45.494 which is so important.

NOTE Confidence: 0.864980163809524

00:26:45.494 --> 00:26:47.705 Oftentimes, people may not

NOTE Confidence: 0.864980163809524

00:26:47.705 --> 00:26:50.380 know what screenings they need,

NOTE Confidence: 0.864980163809524

00:26:50.380 --> 00:26:52.380 may not know where to get them or

NOTE Confidence: 0.864980163809524

00:26:52.380 --> 00:26:54.819 have a lot of information about that.

NOTE Confidence: 0.864980163809524

00:26:54.820 --> 00:26:57.980 So Beth Monique, maybe I'll,

NOTE Confidence: 0.864980163809524

00:26:57.980 --> 00:27:00.320 I'll start with Beth and Monique.

NOTE Confidence: 0.864980163809524

00:27:00.320 --> 00:27:01.872 You can chime in.

NOTE Confidence: 0.864980163809524

00:27:01.872 --> 00:27:03.812 How do you address that?

NOTE Confidence: 0.864980163809524

00:27:03.820 --> 00:27:04.130 Well,

NOTE Confidence: 0.938275771818182

00:27:04.140 --> 00:27:05.048 we actually. I mean,

NOTE Confidence: 0.938275771818182

00:27:05.048 --> 00:27:06.860 if somebody has a primary care provider,

NOTE Confidence: 0.938275771818182

00:27:06.860 --> 00:27:08.420 their primary care providers

NOTE Confidence: 0.938275771818182

00:27:08.420 --> 00:27:10.760 should certainly be aware of the

NOTE Confidence: 0.938275771818182

00:27:10.831 --> 00:27:13.008 cancer screenings that they need.

NOTE Confidence: 0.938275771818182

00:27:13.008 --> 00:27:15.696 And as you, as we all it,

NOTE Confidence: 0.938275771818182

00:27:15.696 --> 00:27:18.000 it's often depends on your age.

NOTE Confidence: 0.938275771818182

00:27:18.000 --> 00:27:19.768 It also sometimes depends

NOTE Confidence: 0.938275771818182

00:27:19.768 --> 00:27:21.536 on your family history,

NOTE Confidence: 0.938275771818182

00:27:21.540 --> 00:27:23.160 whether you're just an average

NOTE Confidence: 0.938275771818182

00:27:23.160 --> 00:27:24.780 risk person for specific cancer,

NOTE Confidence: 0.938275771818182

00:27:24.780 --> 00:27:26.838 or you might have a heightened

NOTE Confidence: 0.938275771818182

00:27:26.838 --> 00:27:29.096 risk based on that cancer or

NOTE Confidence: 0.938275771818182

00:27:29.096 --> 00:27:31.126 a similar or different cancer

NOTE Confidence: 0.938275771818182

00:27:31.126 --> 00:27:33.259 being prevalent in your family.

NOTE Confidence: 0.938275771818182

00:27:33.260 --> 00:27:34.946 And so your doctor may want.

NOTE Confidence: 0.938275771818182

00:27:34.950 --> 00:27:37.260 Just start that cancer screening early.

NOTE Confidence: 0.938275771818182

00:27:37.260 --> 00:27:38.975 One of the things that is changing

NOTE Confidence: 0.938275771818182

00:27:38.975 --> 00:27:40.593 and it's a great opportunity to

NOTE Confidence: 0.938275771818182

00:27:40.593 --> 00:27:42.406 get the word out is recently,

NOTE Confidence: 0.938275771818182

00:27:42.406 --> 00:27:44.636 you know we've always advocated.

NOTE Confidence: 0.938275771818182

00:27:44.640 --> 00:27:48.140 We meaning the the medical

NOTE Confidence: 0.938275771818182

00:27:48.140 --> 00:27:49.844 professions starting colorectal

NOTE Confidence: 0.938275771818182

00:27:49.844 --> 00:27:52.354 cancer screening at age 50,

NOTE Confidence: 0.938275771818182

00:27:52.360 --> 00:27:55.384 but in the last year the guideline has

NOTE Confidence: 0.938275771818182

00:27:55.384 --> 00:27:58.535 been changed to starting that at age 45,

NOTE Confidence: 0.938275771818182

00:27:58.540 --> 00:28:00.740 and that's a really important

NOTE Confidence: 0.938275771818182

00:28:00.740 --> 00:28:02.304 cancer screening that could

NOTE Confidence: 0.938275771818182

00:28:02.304 --> 00:28:04.259 prevent a lot of cancer.

NOTE Confidence: 0.938275771818182

00:28:04.260 --> 00:28:06.570 Illness and as well as death.

NOTE Confidence: 0.742241058181818

00:28:07.020 --> 00:28:09.771 Yeah Monique. Any last minute words on

NOTE Confidence: 0.742241058181818

00:28:09.771 --> 00:28:12.110 getting your cancer screening. Yes,

NOTE Confidence: 0.860193994

00:28:12.120 --> 00:28:14.450 lastly I would just say.

NOTE Confidence: 0.860193994

00:28:14.450 --> 00:28:16.030 To encourage everyone to talk

NOTE Confidence: 0.860193994

00:28:16.030 --> 00:28:17.997 to their provider and ask them

NOTE Confidence: 0.860193994

00:28:17.997 --> 00:28:19.607 you know what cancer screenings

NOTE Confidence: 0.860193994

00:28:19.607 --> 00:28:21.130 may be eligible for it.

NOTE Confidence: 0.860193994

00:28:21.130 --> 00:28:23.867 A lot of times we wait for

NOTE Confidence: 0.860193994

00:28:23.870 --> 00:28:25.418 the providers to speak to us,

NOTE Confidence: 0.860193994

00:28:25.420 --> 00:28:26.980 but I would just advocate for

NOTE Confidence: 0.860193994

00:28:26.980 --> 00:28:28.760 patients to also ask the question.

NOTE Confidence: 0.880887103807692

00:28:29.270 --> 00:28:31.185 Monique Stefano is a community

NOTE Confidence: 0.880887103807692

00:28:31.185 --> 00:28:33.100 health educator and doctor Beth

NOTE Confidence: 0.880887103807692

00:28:33.169 --> 00:28:35.084 Jones is a research scientist

NOTE Confidence: 0.880887103807692

00:28:35.084 --> 00:28:36.999 and lecturer and epidemiology at

NOTE Confidence: 0.880887103807692

00:28:37.068 --> 00:28:39.108 the Yale School of Public Health.

NOTE Confidence: 0.880887103807692

00:28:39.110 --> 00:28:41.154 If you have questions,

NOTE Confidence: 0.880887103807692

00:28:41.154 --> 00:28:43.179 the address is canceranswers@yale.edu

NOTE Confidence: 0.880887103807692

00:28:43.179 --> 00:28:44.646 and past additions

NOTE Confidence: 0.880887103807692

51

00:28:44.646 --> 00:28:47.580 the program are available in audio

NOTE Confidence: 0.880887103807692

00:28:47.643 --> 00:28:49.165 and written form at yalecancercenter.org.

NOTE Confidence: 0.880887103807692

00:28:49.165 --> 00:28:51.685 We hope you'll join us next week to

NOTE Confidence: 0.880887103807692

00:28:51.685 --> 00:28:53.607 learn more about the fight against

NOTE Confidence: 0.880887103807692

00:28:53.607 --> 00:28:55.157 cancer here on Connecticut Public

NOTE Confidence: 0.880887103807692

00:28:55.214 --> 00:28:56.984 Radio. Funding for Yale Cancer Answers

NOTE Confidence: 0.880887103807692

00:28:56.984 --> 00:29:00.000 is provided by Smilow Cancer Hospital.