WEBVTT

 $00:00:00.000 \longrightarrow 00:00:02.154$ Funding for Yale Cancer Answers is

NOTE Confidence: 0.897999566363636

 $00{:}02.154 --> 00{:}00{:}04.190$ provided by Smilow Cancer Hospital.

NOTE Confidence: 0.843554823846154

 $00:00:06.430 \longrightarrow 00:00:08.572$ Welcome to Yale Cancer Answers with

NOTE Confidence: 0.843554823846154

00:00:08.572 --> 00:00:10.850 your host doctor Anees Chagpar.

NOTE Confidence: 0.843554823846154

00:00:10.850 --> 00:00:12.685 Yale Cancer Answers features the

NOTE Confidence: 0.843554823846154

00:00:12.685 --> 00:00:14.942 latest information on cancer care by

NOTE Confidence: 0.843554823846154

 $00:00:14.942 \longrightarrow 00:00:16.390$ welcoming oncologists and specialists

NOTE Confidence: 0.843554823846154

 $00:00:16.390 \longrightarrow 00:00:18.793$ who are on the forefront of the

NOTE Confidence: 0.843554823846154

 $00:00:18.793 \longrightarrow 00:00:20.570$ battle to fight cancer. This week,

NOTE Confidence: 0.843554823846154

00:00:20.570 --> 00:00:22.320 it's a conversation about kidney

NOTE Confidence: 0.843554823846154

00:00:22.320 --> 00:00:24.110 cancer with Doctor David Braun.

NOTE Confidence: 0.843554823846154

 $00{:}00{:}24.110 \dashrightarrow 00{:}00{:}26.042$ Doctor Braun is an assistant professor

NOTE Confidence: 0.843554823846154

 $00{:}00{:}26.042 \dashrightarrow 00{:}00{:}27.678$ of medicine and medical oncology

NOTE Confidence: 0.843554823846154

00:00:27.678 --> 00:00:29.454 at the Yale School of Medicine,

NOTE Confidence: 0.843554823846154

 $00:00:29.460 \longrightarrow 00:00:31.524$ where Doctor Chagpar is a

00:00:31.524 --> 00:00:32.900 professor of surgical oncology.

NOTE Confidence: 0.914816415789474

00:00:34.490 --> 00:00:35.918 David, maybe we can start off

NOTE Confidence: 0.914816415789474

00:00:35.918 --> 00:00:37.671 by you telling us a little bit

NOTE Confidence: 0.914816415789474

 $00:00:37.671 \longrightarrow 00:00:39.159$ about yourself and what you do.

NOTE Confidence: 0.913082564

 $00:00:39.370 \longrightarrow 00:00:40.238$ Yeah, absolutely.

NOTE Confidence: 0.913082564

 $00:00:40.238 \longrightarrow 00:00:43.710$ So I'm actually new to the Connecticut area.

NOTE Confidence: 0.913082564

00:00:43.710 --> 00:00:45.726 I'm a physician, scientist and really

NOTE Confidence: 0.913082564

00:00:45.726 --> 00:00:48.169 my focus has been on kidney cancer.

NOTE Confidence: 0.913082564

 $00:00:48.170 \longrightarrow 00:00:49.730$ That's both in the clinic where

NOTE Confidence: 0.913082564

 $00:00:49.730 \longrightarrow 00:00:51.472$ I see patients with variety of

NOTE Confidence: 0.913082564

 $00{:}00{:}51.472 \dashrightarrow 00{:}00{:}53.077$ different types of kidney cancer,

NOTE Confidence: 0.913082564

 $00:00:53.080 \longrightarrow 00:00:54.196$ including advanced kidney cancers.

NOTE Confidence: 0.913082564

00:00:54.196 --> 00:00:56.392 And then I spent a large portion of

NOTE Confidence: 0.913082564

 $00{:}00{:}56.392 \dashrightarrow 00{:}00{:}58.044$ my time in the laboratory as well,

NOTE Confidence: 0.913082564

 $00:00:58.050 \longrightarrow 00:00:59.604$ really trying to understand this disease

NOTE Confidence: 0.913082564

 $00:00:59.604 \longrightarrow 00:01:01.650$ and think of are there new approaches,

00:01:01.650 --> 00:01:04.026 particularly using the immune system itself.

NOTE Confidence: 0.913082564

 $00:01:04.030 \longrightarrow 00:01:04.830$ Immuno therapies.

NOTE Confidence: 0.913082564

 $00:01:04.830 \longrightarrow 00:01:08.030$ To try to attack and tackle kidney cancer.

NOTE Confidence: 0.887323643448276

 $00:01:08.510 \longrightarrow 00:01:10.239$ Wow, there's a. There's a lot to

NOTE Confidence: 0.887323643448276

 $00{:}01{:}10.239 \dashrightarrow 00{:}01{:}12.276$ unpack in which you just said so may be

NOTE Confidence: 0.887323643448276

00:01:12.276 --> 00:01:14.498 we'll start off with kind of a bigger

NOTE Confidence: 0.887323643448276

00:01:14.498 --> 00:01:16.352 understanding of kidney cancer in general,

NOTE Confidence: 0.887323643448276

 $00:01:16.360 \longrightarrow 00:01:18.285$ especially because kidney cancer Awareness

NOTE Confidence: 0.887323643448276

 $00{:}01{:}18.285 \dashrightarrow 00{:}01{:}21.342$ Month is coming up and a lot of us might

NOTE Confidence: 0.887323643448276

 $00:01:21.342 \longrightarrow 00:01:23.560$ not be very familiar with kidney cancer.

NOTE Confidence: 0.887323643448276

 $00:01:23.560 \longrightarrow 00:01:26.101$ We hear a lot about breast cancer

NOTE Confidence: 0.887323643448276

00:01:26.101 --> 00:01:28.428 and colon cancer and lung cancer,

NOTE Confidence: 0.887323643448276

00:01:28.430 --> 00:01:29.720 but we don't really hear a

NOTE Confidence: 0.887323643448276

 $00:01:29.720 \longrightarrow 00:01:30.940$ whole lot about kidney cancer.

NOTE Confidence: 0.887323643448276

 $00:01:30.940 \longrightarrow 00:01:32.875$ So tell us a little bit more about it.

 $00:01:32.880 \longrightarrow 00:01:34.192$ How common is it?

NOTE Confidence: 0.887323643448276

 $00:01:34.192 \longrightarrow 00:01:35.832$ Who gets affected by it?

NOTE Confidence: 0.887323643448276

 $00:01:35.840 \longrightarrow 00:01:36.990$ Then why should we care?

NOTE Confidence: 0.901683182222222

 $00:01:37.400 \longrightarrow 00:01:38.136$ Yeah, absolutely.

NOTE Confidence: 0.901683182222222

 $00:01:38.136 \longrightarrow 00:01:40.712$ And so I think you're absolutely right.

NOTE Confidence: 0.901683182222222

 $00:01:40.720 \longrightarrow 00:01:42.259$ I think you know a lot of the time

NOTE Confidence: 0.901683182222222

 $00:01:42.259 \longrightarrow 00:01:43.659$ when people think about cancers.

NOTE Confidence: 0.901683182222222

 $00:01:43.660 \longrightarrow 00:01:45.375$ They think about the really common types.

NOTE Confidence: 0.9016831822222222

 $00:01:45.380 \longrightarrow 00:01:46.748$ Unfortunately, breast cancer and

NOTE Confidence: 0.901683182222222

 $00:01:46.748 \longrightarrow 00:01:48.458$ colon cancer and lung cancer.

NOTE Confidence: 0.901683182222222

 $00{:}01{:}48.460 \dashrightarrow 00{:}01{:}50.080$ But kidney cancer is still effects

NOTE Confidence: 0.901683182222222

 $00:01:50.080 \longrightarrow 00:01:51.720$ a very large number of people.

NOTE Confidence: 0.901683182222222

 $00:01:51.720 \longrightarrow 00:01:53.120$ So just in the US,

NOTE Confidence: 0.901683182222222

 $00:01:53.120 \longrightarrow 00:01:55.983$ each year there's about 75,000 people that

NOTE Confidence: 0.901683182222222

 $00:01:55.983 \longrightarrow 00:01:58.579$ will be diagnosed with kidney cancer.

NOTE Confidence: 0.901683182222222

 $00:01:58.580 \longrightarrow 00:01:59.226$ And unfortunately,

 $00:01:59.226 \longrightarrow 00:02:00.841$ even with our advancements in

NOTE Confidence: 0.901683182222222

 $00:02:00.841 \longrightarrow 00:02:02.798$ medicines and new types of therapies,

NOTE Confidence: 0.901683182222222

 $00:02:02.800 \longrightarrow 00:02:04.550$ still nearly 15,000 people a

NOTE Confidence: 0.901683182222222

 $00:02:04.550 \longrightarrow 00:02:06.820$ year will die from kidney cancer.

NOTE Confidence: 0.901683182222222

 $00:02:06.820 \longrightarrow 00:02:07.990$ And so it really is.

NOTE Confidence: 0.901683182222222

00:02:07.990 --> 00:02:09.820 An important and impactful illness

NOTE Confidence: 0.901683182222222

 $00:02:09.820 \longrightarrow 00:02:12.083$ that that really needs to be

NOTE Confidence: 0.901683182222222

 $00:02:12.083 \longrightarrow 00:02:13.986$ addressed in terms of who it can

NOTE Confidence: 0.901683182222222

 $00{:}02{:}13.986 \dashrightarrow 00{:}02{:}15.630$ affect the short answer is anyone.

NOTE Confidence: 0.901683182222222

 $00:02:15.630 \longrightarrow 00:02:17.408$ It does have a little bit of

NOTE Confidence: 0.901683182222222

 $00:02:17.408 \longrightarrow 00:02:18.856$ a preference for certain ages

NOTE Confidence: 0.901683182222222

 $00:02:18.856 \longrightarrow 00:02:20.426$ and these sorts of things,

NOTE Confidence: 0.901683182222222

00:02:20.430 --> 00:02:22.640 but really can affect people

NOTE Confidence: 0.901683182222222

 $00:02:22.640 \longrightarrow 00:02:23.966$ across the spectrum.

NOTE Confidence: 0.901683182222222

 $00:02:23.970 \longrightarrow 00:02:25.896$ If we say what is the sort of most

00:02:25.896 --> 00:02:27.427 common person who might get it?

NOTE Confidence: 0.901683182222222

 $00{:}02{:}27.430 \dashrightarrow 00{:}02{:}30.391$ It does have a a slight increase

NOTE Confidence: 0.901683182222222

 $00:02:30.391 \longrightarrow 00:02:32.310$ in men versus women,

NOTE Confidence: 0.901683182222222

 $00:02:32.310 \longrightarrow 00:02:34.508$ so about twice as many men will

NOTE Confidence: 0.901683182222222

00:02:34.508 --> 00:02:36.627 get kidney cancer as as women and

NOTE Confidence: 0.901683182222222

 $00:02:36.627 \longrightarrow 00:02:38.800$ then it does tend to affect people.

NOTE Confidence: 0.901683182222222

 $00:02:38.800 \longrightarrow 00:02:40.717$ Who are a little bit on the older side,

NOTE Confidence: 0.901683182222222

 $00:02:40.720 \longrightarrow 00:02:43.954$ so the median age would be in

NOTE Confidence: 0.901683182222222

 $00:02:43.954 \longrightarrow 00:02:46.424$ the 60s and it can be anywhere,

NOTE Confidence: 0.901683182222222

 $00:02:46.424 \longrightarrow 00:02:48.050$ though from you know people that

NOTE Confidence: 0.901683182222222

 $00{:}02{:}48.107 \dashrightarrow 00{:}02{:}50.315$ are in their 80s and 90s and beyond

NOTE Confidence: 0.901683182222222

 $00:02:50.315 \longrightarrow 00:02:51.749$ and unfortunately can happen in

NOTE Confidence: 0.901683182222222

 $00:02:51.749 \longrightarrow 00:02:53.119$ the other direction as well,

NOTE Confidence: 0.901683182222222

 $00:02:53.120 \longrightarrow 00:02:54.782$ where I've had patients in their

NOTE Confidence: 0.901683182222222

00:02:54.782 --> 00:02:57.130 30s or 40s who have been diagnosed,

NOTE Confidence: 0.901683182222222

 $00{:}02{:}57.130 \dashrightarrow 00{:}02{:}59.237$ and so it really can affect a

00:02:59.237 --> 00:03:00.866 really wide range of ages,

NOTE Confidence: 0.901683182222222

 $00{:}03{:}00.866 \dashrightarrow 00{:}03{:}03.260$ but typically in that early 60s range

NOTE Confidence: 0.688794906

 $00:03:04.180 \longrightarrow 00:03:07.060$ cool and so you know,

NOTE Confidence: 0.688794906

 $00{:}03{:}07.060 \dashrightarrow 00{:}03{:}08.690$ just while you're talking about

NOTE Confidence: 0.688794906

 $00:03:08.690 \dashrightarrow 00:03:10.939$ kidney cancers and. And age groups.

NOTE Confidence: 0.688794906

00:03:10.939 --> 00:03:13.477 Some people may have heard about

NOTE Confidence: 0.688794906

00:03:13.477 --> 00:03:15.700 kidney cancers occurring in

NOTE Confidence: 0.688794906

00:03:15.700 --> 00:03:17.988 pediatric patients in children.

NOTE Confidence: 0.688794906

00:03:17.990 --> 00:03:21.286 Things like, you know,

NOTE Confidence: 0.688794906

 $00{:}03{:}21.286 \dashrightarrow 00{:}03{:}24.113$ Wilms tumors and nephroblastoma's

NOTE Confidence: 0.688794906

 $00:03:24.113 \longrightarrow 00:03:26.584$ talk about how that is different from

NOTE Confidence: 0.688794906

 $00:03:26.584 \longrightarrow 00:03:28.972$ what I think you're talking about in

NOTE Confidence: 0.688794906

 $00{:}03{:}28.972 \dashrightarrow 00{:}03{:}31.060$ terms of kidney cancers in a dults,

NOTE Confidence: 0.87577095

 $00:03:31.930 \longrightarrow 00:03:34.370$ absolutely so. By and large,

NOTE Confidence: 0.87577095

 $00:03:34.370 \longrightarrow 00:03:36.188$ this very rare exception to this,

 $00:03:36.190 \longrightarrow 00:03:38.549$ but for the vast majority of cases,

NOTE Confidence: 0.87577095

 $00{:}03{:}38.550 \dashrightarrow 00{:}03{:}40.755$ the kidney cancers that occur in a dults.

NOTE Confidence: 0.87577095

 $00:03:40.760 \longrightarrow 00:03:42.548$ Are completely different biologically.

NOTE Confidence: 0.87577095

 $00:03:42.548 \longrightarrow 00:03:45.560$ They they start in a different way.

NOTE Confidence: 0.87577095

 $00:03:45.560 \longrightarrow 00:03:46.990$ They function in a different

NOTE Confidence: 0.87577095

 $00:03:46.990 \longrightarrow 00:03:48.788$ way and they're treated in a

NOTE Confidence: 0.87577095

 $00:03:48.788 \longrightarrow 00:03:50.348$ different way than kidney cancers.

NOTE Confidence: 0.87577095

 $00:03:50.350 \longrightarrow 00:03:53.549$ Kidney tumors that might occur in kids.

NOTE Confidence: 0.87577095

 $00{:}03{:}53.550 \rightarrow 00{:}03{:}56.140$ Again, this very slight exception to that,

NOTE Confidence: 0.87577095

 $00:03:56.140 \longrightarrow 00:03:58.380$ but I think as a general rule,

NOTE Confidence: 0.87577095

 $00{:}03{:}58.380 \dashrightarrow 00{:}04{:}00.641$ the the Group of kidney cancers or

NOTE Confidence: 0.87577095

 $00:04:00.641 \longrightarrow 00:04:02.583$ kidney tumors that might occur in

NOTE Confidence: 0.87577095

 $00:04:02.583 \longrightarrow 00:04:04.164$ kids are really almost different.

NOTE Confidence: 0.87577095

00:04:04.164 --> 00:04:05.824 Disease bucket a completely different

NOTE Confidence: 0.87577095

 $00:04:05.824 \longrightarrow 00:04:08.087$ entity than the ones that occur in adults.

NOTE Confidence: 0.738905235

 $00:04:09.540 \longrightarrow 00:04:12.748$ They just wanted to gain of get that

 $00:04:12.748 \longrightarrow 00:04:15.916$ out at the top simply so that our

NOTE Confidence: 0.738905235

00:04:15.916 --> 00:04:18.340 audience really knows that we're we're

NOTE Confidence: 0.738905235

00:04:18.417 --> 00:04:20.932 talking about what in medical lingo

NOTE Confidence: 0.738905235

 $00:04:20.932 \longrightarrow 00:04:24.780$ is is known as a renal cell carcinoma.

NOTE Confidence: 0.738905235

 $00:04:24.780 \longrightarrow 00:04:26.950$ For the most part, is that right?

NOTE Confidence: 0.705397781833333

00:04:27.440 --> 00:04:28.864 Absolutely, that's exactly right.

NOTE Confidence: 0.705397781833333

 $00:04:28.864 \longrightarrow 00:04:30.288$ The the technical term

NOTE Confidence: 0.705397781833333

 $00:04:30.288 \longrightarrow 00:04:31.880$ is renal cell carcinoma,

NOTE Confidence: 0.705397781833333

 $00{:}04{:}31.880 \dashrightarrow 00{:}04{:}34.316$ and that's a group of kidney cancers

NOTE Confidence: 0.705397781833333

 $00:04:34.316 \longrightarrow 00:04:36.145$ that happen for adult patients.

NOTE Confidence: 0.705397781833333

00:04:36.145 --> 00:04:38.395 And it actually encompasses a whole

NOTE Confidence: 0.705397781833333

 $00:04:38.395 \longrightarrow 00:04:40.164$ range of diseases, including.

NOTE Confidence: 0.705397781833333

 $00{:}04{:}40.164 \dashrightarrow 00{:}04{:}42.500$ Significantly more common ones,

NOTE Confidence: 0.705397781833333

00:04:42.500 --> 00:04:44.948 but also rare types of kidney cancer as well,

NOTE Confidence: 0.705397781833333

 $00:04:44.950 \longrightarrow 00:04:47.299$ but that is the a good general term to

00:04:47.299 --> 00:04:49.239 describe the this bucket of illnesses,

NOTE Confidence: 0.905011746666667

 $00:04:49.990 \longrightarrow 00:04:52.153$ and so you know when you say

NOTE Confidence: 0.905011746666667

 $00:04:52.153 \longrightarrow 00:04:53.740$ that everybody can get this.

NOTE Confidence: 0.905011746666667

00:04:53.740 --> 00:04:55.726 I'm sure that people are wondering,

NOTE Confidence: 0.905011746666667

 $00:04:55.730 \longrightarrow 00:04:57.245$ you know, are there things

NOTE Confidence: 0.905011746666667

 $00:04:57.245 \longrightarrow 00:04:59.092$ that can increase your risk or

NOTE Confidence: 0.905011746666667

00:04:59.092 --> 00:05:00.724 decrease your risk so you know?

NOTE Confidence: 0.905011746666667

 $00:05:00.730 \longrightarrow 00:05:01.726$ Oftentimes we're asked?

NOTE Confidence: 0.905011746666667

 $00{:}05{:}01.726 \to 00{:}05{:}03.054$ While does smoking increase

NOTE Confidence: 0.905011746666667

 $00:05:03.054 \longrightarrow 00:05:04.859$ my risk of kidney cancer?

NOTE Confidence: 0.905011746666667

 $00:05:04.860 \longrightarrow 00:05:07.716$ Does alcohol consumption increase my risk?

NOTE Confidence: 0.905011746666667

00:05:07.720 --> 00:05:10.144 What about occupational hazards?

NOTE Confidence: 0.905011746666667

00:05:10.144 --> 00:05:11.356 Environmental risks?

NOTE Confidence: 0.905011746666667

 $00:05:11.360 \longrightarrow 00:05:12.480$ Tell us more about that.

NOTE Confidence: 0.924444699666667

00:05:13.990 --> 00:05:15.915 Yeah, it's a good question and I

NOTE Confidence: 0.924444699666667

 $00:05:15.915 \longrightarrow 00:05:18.152$ think the short answer is we don't

 $00{:}05{:}18.152 \dashrightarrow 00{:}05{:}19.842$ have the same association between

NOTE Confidence: 0.924444699666667

 $00:05:19.842 \longrightarrow 00:05:21.871$ kidney cancer and certain risk factors

NOTE Confidence: 0.924444699666667

00:05:21.871 --> 00:05:23.843 like lung cancer has with smoking.

NOTE Confidence: 0.924444699666667

00:05:23.843 --> 00:05:25.508 So you know lung cancer.

NOTE Confidence: 0.924444699666667

 $00{:}05{:}25.510 \dashrightarrow 00{:}05{:}28.165$ There's a really huge increase

NOTE Confidence: 0.924444699666667

 $00:05:28.165 \longrightarrow 00:05:29.758$ with with smoking.

NOTE Confidence: 0.924444699666667

 $00:05:29.760 \longrightarrow 00:05:30.918$ For kidney cancer,

NOTE Confidence: 0.924444699666667

 $00{:}05{:}30.918 \dashrightarrow 00{:}05{:}33.234$ there are things that change the

NOTE Confidence: 0.924444699666667

 $00:05:33.234 \longrightarrow 00:05:35.429$ likelihood by relatively small amounts,

NOTE Confidence: 0.924444699666667

 $00:05:35.430 \longrightarrow 00:05:37.680$ so people who have inflammatory conditions

NOTE Confidence: 0.924444699666667

 $00:05:37.680 \longrightarrow 00:05:40.426$ of the kidney and these sorts of things

NOTE Confidence: 0.924444699666667

 $00:05:40.426 \longrightarrow 00:05:43.070$ do increase it by a small amount there.

NOTE Confidence: 0.924444699666667 00:05:43.070 --> 00:05:43.710 Similarly, NOTE Confidence: 0.924444699666667

 $00:05:43.710 \longrightarrow 00:05:46.910$ these rare cases of exposures,

NOTE Confidence: 0.924444699666667

 $00:05:46.910 \longrightarrow 00:05:48.490$ military exposures that have sort

 $00:05:48.490 \longrightarrow 00:05:50.070$ of been associated with these

NOTE Confidence: 0.924444699666667

00:05:50.124 --> 00:05:51.480 clusters of kidney cancers,

NOTE Confidence: 0.924444699666667

 $00:05:51.480 \longrightarrow 00:05:54.648$ but the transfer is those tend to be the

NOTE Confidence: 0.924444699666667

 $00:05:54.648 \longrightarrow 00:05:57.420$ exception more so than the rule in general.

NOTE Confidence: 0.924444699666667

 $00:05:57.420 \longrightarrow 00:05:58.710$ For most patients,

NOTE Confidence: 0.924444699666667

00:05:58.710 --> 00:06:00.936 kidney cancers tend to be sporadic.

NOTE Confidence: 0.924444699666667

 $00:06:00.940 \longrightarrow 00:06:02.458$ Again, there's always exception to this.

NOTE Confidence: 0.924444699666667

 $00:06:02.460 \longrightarrow 00:06:03.720$ There's sometimes genetics,

NOTE Confidence: 0.924444699666667

 $00:06:03.720 \longrightarrow 00:06:05.400$ might play a role.

NOTE Confidence: 0.924444699666667

 $00:06:05.400 \longrightarrow 00:06:07.514$ Kidney cancers can run in the family.

NOTE Confidence: 0.924444699666667

 $00{:}06{:}07.520 \dashrightarrow 00{:}06{:}09.376$ This particular types of

NOTE Confidence: 0.924444699666667

 $00{:}06{:}09.376 \dashrightarrow 00{:}06{:}10.768$ hereditary cancer syndromes.

NOTE Confidence: 0.924444699666667

 $00:06:10.770 \longrightarrow 00:06:12.942$ There's again these histories of particular

NOTE Confidence: 0.924444699666667

 $00:06:12.942 \longrightarrow 00:06:15.530$ exposures or things that might make a

NOTE Confidence: 0.924444699666667

 $00:06:15.530 \longrightarrow 00:06:17.330$ difference truthfully around the margins.

NOTE Confidence: 0.924444699666667

 $00:06:17.330 \longrightarrow 00:06:19.386$ But by and large,

 $00{:}06{:}19.386 \dashrightarrow 00{:}06{:}21.442$ these sporadic kidney cancers

NOTE Confidence: 0.924444699666667

 $00:06:21.442 \longrightarrow 00:06:23.540$ that occur are really.

NOTE Confidence: 0.924444699666667

 $00:06:23.540 \longrightarrow 00:06:27.614$ There's not a huge association between that

NOTE Confidence: 0.924444699666667

 $00:06:27.614 \longrightarrow 00:06:30.970$ and particular modifiable lifestyle factors.

NOTE Confidence: 0.924444699666667

 $00{:}06{:}30.970 \dashrightarrow 00{:}06{:}32.349$ And so I think the general advice

NOTE Confidence: 0.924444699666667

00:06:32.349 --> 00:06:33.943 I would have is you know the things

NOTE Confidence: 0.924444699666667

 $00:06:33.943 \longrightarrow 00:06:35.424$ that are good for your heart and

NOTE Confidence: 0.924444699666667

 $00:06:35.424 \longrightarrow 00:06:36.834$ your health overall are are probably

NOTE Confidence: 0.924444699666667

 $00:06:36.834 \longrightarrow 00:06:38.354$ good for your cancer as well,

NOTE Confidence: 0.924444699666667

 $00{:}06{:}38.354 \dashrightarrow 00{:}06{:}39.920$ and so I encourage patients you

NOTE Confidence: 0.924444699666667

 $00:06:39.978 \longrightarrow 00:06:41.686$ know to have a well balanced diet.

NOTE Confidence: 0.924444699666667

00:06:41.690 --> 00:06:45.026 I encourage patients to, you know,

NOTE Confidence: 0.924444699666667

 $00{:}06{:}45.030 \dashrightarrow 00{:}06{:}46.290$ engage in regular exercise.

NOTE Confidence: 0.924444699666667

 $00:06:46.290 \longrightarrow 00:06:48.180$ These sorts of things because that's

NOTE Confidence: 0.924444699666667

 $00:06:48.234 \longrightarrow 00:06:49.909$ good for someone's overall health.

 $00:06:49.910 \longrightarrow 00:06:51.926$ But in terms of particular risk

NOTE Confidence: 0.924444699666667

00:06:51.926 --> 00:06:53.270 factors for kidney cancers,

NOTE Confidence: 0.924444699666667

 $00{:}06{:}53.270 \dashrightarrow 00{:}06{:}55.125$ it probably makes less of an impact.

NOTE Confidence: 0.682017206

 $00:06:55.670 \longrightarrow 00:06:57.550$ So so really, you know,

NOTE Confidence: 0.682017206

 $00:06:57.550 \longrightarrow 00:06:59.030$ getting kidney cancer is really

NOTE Confidence: 0.682017206

 $00:06:59.030 \longrightarrow 00:07:01.090$ a matter of just bum bad luck.

NOTE Confidence: 0.682017206

00:07:01.090 --> 00:07:02.158 Somebody's gotta get it.

NOTE Confidence: 0.682017206

00:07:02.158 --> 00:07:03.226 And so you know,

NOTE Confidence: 0.682017206

 $00{:}07{:}03.230 \dashrightarrow 00{:}07{:}05.246$ people who get it kind of get it is

NOTE Confidence: 0.682017206

 $00:07:05.246 \longrightarrow 00:07:06.667$ basically what you're telling us.

NOTE Confidence: 0.682017206

 $00:07:06.670 \longrightarrow 00:07:08.255$ They're the the risk

NOTE Confidence: 0.682017206

 $00:07:08.255 \longrightarrow 00:07:09.840$ factors that you can really

NOTE Confidence: 0.682017206

 $00{:}07{:}09.907 \dashrightarrow 00{:}07{:}11.797$ modify are few and far between.

NOTE Confidence: 0.892048443333333

00:07:12.250 --> 00:07:13.930 I I think that's absolutely right,

NOTE Confidence: 0.892048443333333

00:07:13.930 --> 00:07:15.196 and I think honestly, that's something

NOTE Confidence: 0.892048443333333

00:07:15.196 --> 00:07:16.729 I highlight to my patients as well,

 $00:07:16.730 \longrightarrow 00:07:18.422$ because sometimes people come in and

NOTE Confidence: 0.892048443333333

 $00{:}07{:}18.422 \dashrightarrow 00{:}07{:}20.030$ there's almost a sense of guilt.

NOTE Confidence: 0.892048443333333

00:07:20.030 --> 00:07:22.004 What could I have done differently

NOTE Confidence: 0.892048443333333

 $00:07:22.004 \longrightarrow 00:07:24.509$ to have not gotten this this illness?

NOTE Confidence: 0.892048443333333

 $00:07:24.510 \longrightarrow 00:07:25.738$ The short answer is,

NOTE Confidence: 0.892048443333333

 $00:07:25.738 \longrightarrow 00:07:27.580$ this is just terrible luck that

NOTE Confidence: 0.892048443333333

00:07:27.645 --> 00:07:29.420 we don't fully understand yet,

NOTE Confidence: 0.892048443333333

 $00{:}07{:}29.420 \to 00{:}07{:}31.949$ but that it's not something where there is a.

NOTE Confidence: 0.892048443333333

 $00:07:31.950 \longrightarrow 00:07:33.810$ A clear modifiable thing that someone

NOTE Confidence: 0.892048443333333

 $00:07:33.810 \longrightarrow 00:07:35.720$ could have done to prevent it,

NOTE Confidence: 0.927358820333334

 $00:07:36.370 \longrightarrow 00:07:38.770$ and so David, given the fact that you

NOTE Confidence: 0.927358820333334

 $00:07:38.770 \longrightarrow 00:07:40.475$ know kidney cancers aren't something

NOTE Confidence: 0.927358820333334

 $00{:}07{:}40.475 \dashrightarrow 00{:}07{:}42.911$ that we often think about top of

NOTE Confidence: 0.927358820333334

 $00:07:42.982 \longrightarrow 00:07:45.326$ mind in terms of the the more common

NOTE Confidence: 0.927358820333334

 $00:07:45.326 \longrightarrow 00:07:47.090$ cancers and the fact that it can

00:07:47.090 --> 00:07:48.730 affect almost anybody who has a kidney,

NOTE Confidence: 0.927358820333334

00:07:48.730 --> 00:07:51.340 which is pretty much everybody.

NOTE Confidence: 0.927358820333334

00:07:51.340 --> 00:07:54.094 Tell us about how you would pick this up.

NOTE Confidence: 0.927358820333334

 $00:07:54.100 \longrightarrow 00:07:56.319$ I mean there there doesn't seem to

NOTE Confidence: 0.927358820333334

00:07:56.319 --> 00:07:58.544 be any real screening tests for

NOTE Confidence: 0.927358820333334

 $00:07:58.544 \longrightarrow 00:08:00.944$ kidney cancer like there is for

NOTE Confidence: 0.927358820333334

 $00{:}08{:}00.944 \dashrightarrow 00{:}08{:}03.349$ breast cancer or colorectal cancer.

NOTE Confidence: 0.927358820333334

 $00:08:03.350 \longrightarrow 00:08:05.726$ So what signs or symptoms should

NOTE Confidence: 0.927358820333334

 $00:08:05.726 \longrightarrow 00:08:08.203$ people be looking for and seeking

NOTE Confidence: 0.927358820333334

 $00:08:08.203 \longrightarrow 00:08:10.253$ attention for that might lead

NOTE Confidence: 0.927358820333334

 $00{:}08{:}10.253 \dashrightarrow 00{:}08{:}12.808$ to a diagnosis of kidney cancer.

NOTE Confidence: 0.928115875909091

 $00:08:14.050 \longrightarrow 00:08:15.905$ It's a, it's a wonderful question and

NOTE Confidence: 0.928115875909091

 $00{:}08{:}15.905 \dashrightarrow 00{:}08{:}18.332$ I think the first thing I'd address is

NOTE Confidence: 0.928115875909091

 $00:08:18.332 \longrightarrow 00:08:20.450$ maybe the screening aspect that you know.

NOTE Confidence: 0.928115875909091

 $00:08:20.450 \longrightarrow 00:08:22.208$ I think that's an area of

NOTE Confidence: 0.928115875909091

 $00{:}08{:}22.208 \dashrightarrow 00{:}08{:}23.380$ active investigation and we

 $00:08:23.444 \longrightarrow 00:08:24.828$ hopefully will do better.

NOTE Confidence: 0.928115875909091

 $00:08:24.830 \longrightarrow 00:08:25.880$ We need to do better,

NOTE Confidence: 0.928115875909091

 $00:08:25.880 \longrightarrow 00:08:28.127$ but we're we're really not there yet

NOTE Confidence: 0.928115875909091

00:08:28.127 --> 00:08:30.129 and there's many research groups.

NOTE Confidence: 0.928115875909091

 $00:08:30.130 \longrightarrow 00:08:31.418$ Wonderful research groups that

NOTE Confidence: 0.928115875909091

 $00:08:31.418 \longrightarrow 00:08:33.350$ have are working on this idea.

NOTE Confidence: 0.928115875909091

 $00:08:33.350 \longrightarrow 00:08:35.430$ Can we have a blood based test or

NOTE Confidence: 0.928115875909091

 $00{:}08{:}35.430 \dashrightarrow 00{:}08{:}37.318$ something where we be able to pick up

NOTE Confidence: 0.928115875909091

00:08:37.318 --> 00:08:38.989 kidney cancer at an earlier stage,

NOTE Confidence: 0.928115875909091

 $00:08:38.990 \longrightarrow 00:08:41.406$ but we have to make sure that we

NOTE Confidence: 0.928115875909091

00:08:41.406 --> 00:08:43.906 rigorously test those and and see how

NOTE Confidence: 0.928115875909091

 $00:08:43.906 \longrightarrow 00:08:45.731$ those performing those coming years.

NOTE Confidence: 0.928115875909091

 $00{:}08{:}45.740 \dashrightarrow 00{:}08{:}47.042$ 'cause that would be a wonderful

NOTE Confidence: 0.928115875909091

 $00:08:47.042 \longrightarrow 00:08:47.693$ tool to have,

NOTE Confidence: 0.928115875909091

00:08:47.700 --> 00:08:49.596 but you're absolutely right right now.

 $00:08:49.600 \longrightarrow 00:08:51.406$ What is the way that we would

NOTE Confidence: 0.928115875909091

00:08:51.406 --> 00:08:52.660 pick up kidney cancer?

NOTE Confidence: 0.928115875909091

 $00:08:52.660 \longrightarrow 00:08:54.358$ It's something I would call clinically.

NOTE Confidence: 0.928115875909091

 $00:08:54.360 \longrightarrow 00:08:56.994$ Who's a patient comes with particular

NOTE Confidence: 0.928115875909091

 $00:08:56.994 \longrightarrow 00:08:59.820$ signs or symptoms or incidentally,

NOTE Confidence: 0.928115875909091

00:08:59.820 --> 00:09:01.895 meaning people are having an

NOTE Confidence: 0.928115875909091

00:09:01.895 --> 00:09:03.555 evaluation for another purpose,

NOTE Confidence: 0.928115875909091

 $00:09:03.560 \longrightarrow 00:09:05.835$ and this happens to just be found.

NOTE Confidence: 0.928115875909091

 $00{:}09{:}05.840 \dashrightarrow 00{:}09{:}07.802$ So I would say historically there's

NOTE Confidence: 0.928115875909091

00:09:07.802 --> 00:09:10.282 a group of symptoms that a patient

NOTE Confidence: 0.928115875909091

 $00{:}09{:}10.282 \dashrightarrow 00{:}09{:}12.127$ might experience that have been

NOTE Confidence: 0.928115875909091

 $00:09:12.127 \longrightarrow 00:09:13.760$ associated with kidney cancer.

NOTE Confidence: 0.928115875909091

 $00:09:13.760 \longrightarrow 00:09:15.896$ There's a sort of classic symptoms.

NOTE Confidence: 0.928115875909091

00:09:15.900 --> 00:09:19.668 Of blood in the urine of having flank pain.

NOTE Confidence: 0.928115875909091

 $00:09:19.668 \longrightarrow 00:09:21.822$ Pain towards the side or the

NOTE Confidence: 0.928115875909091

 $00{:}09{:}21.822 \dashrightarrow 00{:}09{:}24.027$ back where the kidney tumor is.

 $00:09:24.030 \longrightarrow 00:09:27.126$ These sorts of symptoms actually occurred.

NOTE Confidence: 0.928115875909091

00:09:27.130 --> 00:09:28.660 A really a minority of patients

NOTE Confidence: 0.928115875909091

 $00:09:28.660 \longrightarrow 00:09:30.834$ that you know the the group of

NOTE Confidence: 0.928115875909091

 $00:09:30.834 \longrightarrow 00:09:31.929$ patients really experiencing.

NOTE Confidence: 0.928115875909091

 $00:09:31.930 \longrightarrow 00:09:33.748$ All of these constellation of symptoms

NOTE Confidence: 0.928115875909091

 $00:09:33.748 \longrightarrow 00:09:35.717$ is probably less than one out of 10,

NOTE Confidence: 0.928115875909091

 $00:09:35.720 \longrightarrow 00:09:38.088$ and so I would say a few things.

NOTE Confidence: 0.928115875909091

 $00:09:38.090 \longrightarrow 00:09:40.538$ One is a large proportion are

NOTE Confidence: 0.928115875909091

00:09:40.538 --> 00:09:42.170 actually picked up incidentally,

NOTE Confidence: 0.928115875909091

 $00{:}09{:}42.170 \dashrightarrow 00{:}09{:}44.375$ so people have back pain or some

NOTE Confidence: 0.928115875909091

 $00:09:44.375 \longrightarrow 00:09:45.706$ other issues. Stomach pains.

NOTE Confidence: 0.928115875909091

 $00:09:45.706 \longrightarrow 00:09:47.794$ Totally unrelated to the kidney cancer

NOTE Confidence: 0.928115875909091

 $00:09:47.794 \longrightarrow 00:09:50.119$ and they have a CAT scan or an MRI

NOTE Confidence: 0.928115875909091

 $00:09:50.119 \longrightarrow 00:09:52.260$ and the kidney cancer is just picked up.

 $00:09:52.585 \longrightarrow 00:09:54.860$ that's sort of one group of patients.

NOTE Confidence: 0.928115875909091

 $00:09:54.860 \longrightarrow 00:09:56.684$ The second group of patients are

NOTE Confidence: 0.928115875909091

00:09:56.684 --> 00:09:58.556 ones I would say have something

NOTE Confidence: 0.928115875909091

00:09:58.556 --> 00:10:00.236 I would term local symptoms,

NOTE Confidence: 0.928115875909091

 $00:10:00.240 \longrightarrow 00:10:02.285$ meaning symptoms that they experience

NOTE Confidence: 0.928115875909091

 $00{:}10{:}02.285 \dashrightarrow 00{:}10{:}04.840$ because of the kidney tumor itself.

NOTE Confidence: 0.928115875909091

 $00:10:04.840 \longrightarrow 00:10:06.340$ So there are patients that experience,

NOTE Confidence: 0.928115875909091 00:10:06.340 --> 00:10:06.918 for instance,

NOTE Confidence: 0.928115875909091

 $00:10:06.918 \longrightarrow 00:10:08.652$ blood in the urine that they

NOTE Confidence: 0.928115875909091

00:10:08.652 --> 00:10:09.500 can actually see.

NOTE Confidence: 0.928115875909091

 $00:10:09.500 \longrightarrow 00:10:10.588$ If anyone sees that,

NOTE Confidence: 0.928115875909091

 $00:10:10.588 \longrightarrow 00:10:11.948$ that's something that's a definitely

NOTE Confidence: 0.928115875909091

00:10:11.948 --> 00:10:13.715 a good idea to talk to your doctor

NOTE Confidence: 0.928115875909091

00:10:13.715 --> 00:10:15.363 about and to pursue an evaluation for

NOTE Confidence: 0.928115875909091

00:10:15.363 --> 00:10:17.183 if there's ever blood in the urine.

NOTE Confidence: 0.928115875909091

 $00{:}10{:}17.183 \dashrightarrow 00{:}10{:}18.595$ Sometimes that's really blood

 $00:10:18.595 \longrightarrow 00:10:20.007$ that you can see.

NOTE Confidence: 0.928115875909091

 $00:10:20.010 \longrightarrow 00:10:21.385$ Sometimes people have a urine

NOTE Confidence: 0.928115875909091

 $00:10:21.385 \longrightarrow 00:10:22.485$ test for another reason,

NOTE Confidence: 0.928115875909091

 $00:10:22.490 \longrightarrow 00:10:24.944$ and there's microscopic blood that too

NOTE Confidence: 0.928115875909091

 $00:10:24.944 \longrightarrow 00:10:27.360$ should be evaluated more thoroughly.

NOTE Confidence: 0.928115875909091

 $00:10:27.360 \longrightarrow 00:10:29.100$ It's can sometimes cause pain

NOTE Confidence: 0.928115875909091

 $00:10:29.100 \longrightarrow 00:10:31.308$ in the area or discomfort these

NOTE Confidence: 0.928115875909091

00:10:31.308 --> 00:10:32.942 kidney tumors you know,

NOTE Confidence: 0.928115875909091

 $00:10:32.942 \longrightarrow 00:10:34.606$ for some patients they're

NOTE Confidence: 0.928115875909091

00:10:34.606 --> 00:10:35.854 they're totally asymptomatic,

NOTE Confidence: 0.928115875909091

 $00:10:35.860 \longrightarrow 00:10:37.596$ but for some they can grow to

NOTE Confidence: 0.928115875909091

 $00:10:37.596 \longrightarrow 00:10:39.239$ size where they actually cause

NOTE Confidence: 0.928115875909091

00:10:39.239 --> 00:10:40.496 bloating or discomfort,

NOTE Confidence: 0.928115875909091

 $00{:}10{:}40.500 \longrightarrow 00{:}10{:}42.852$ and so any of those things that happen

NOTE Confidence: 0.928115875909091

00:10:42.852 --> 00:10:44.721 because they're just where the kidney

00:10:44.721 --> 00:10:46.551 tumor itself itself is either pain

NOTE Confidence: 0.928115875909091

00:10:46.612 --> 00:10:48.740 or bloating or even blood in the urine.

NOTE Confidence: 0.928115875909091

 $00:10:48.740 \longrightarrow 00:10:50.636$ That's a second group of patients.

NOTE Confidence: 0.928115875909091

 $00:10:50.640 \longrightarrow 00:10:52.915$ I would call the local

NOTE Confidence: 0.928115875909091

00:10:52.915 --> 00:10:54.518 symptoms and the final group,

NOTE Confidence: 0.928115875909091

00:10:54.518 --> 00:10:56.240 which is less common but can

NOTE Confidence: 0.935033100909091

 $00:10:56.299 \longrightarrow 00:10:58.210$ occur, are what I would call

NOTE Confidence: 0.935033100909091

00:10:58.210 --> 00:11:00.133 systemic symptoms and what I mean

NOTE Confidence: 0.935033100909091

 $00:11:00.133 \longrightarrow 00:11:02.525$ by that is it's not related to the

NOTE Confidence: 0.935033100909091

00:11:02.525 --> 00:11:04.579 position of the kidney tumor itself,

NOTE Confidence: 0.935033100909091

 $00:11:04.580 \longrightarrow 00:11:07.106$ but the kidney cancer can sometimes

NOTE Confidence: 0.935033100909091

00:11:07.106 --> 00:11:09.898 produce factors and things in the body

NOTE Confidence: 0.935033100909091

 $00:11:09.898 \longrightarrow 00:11:12.320$ that just make people generally feel on

NOTE Confidence: 0.935033100909091

 $00:11:12.392 \longrightarrow 00:11:14.834$ where well they might experience fevers

NOTE Confidence: 0.935033100909091

 $00:11:14.834 \longrightarrow 00:11:17.144$ or weight loss sweats during the night.

NOTE Confidence: 0.935033100909091

 $00:11:17.144 \longrightarrow 00:11:18.499$ Things that are not sort

 $00:11:18.499 \longrightarrow 00:11:19.768$ of accounted for for.

NOTE Confidence: 0.935033100909091

00:11:19.770 --> 00:11:22.290 Other reasons, again less common,

NOTE Confidence: 0.935033100909091

00:11:22.290 --> 00:11:24.215 but some patients really can't

NOTE Confidence: 0.935033100909091

 $00:11:24.215 \longrightarrow 00:11:26.140$ present with those systemic symptoms.

NOTE Confidence: 0.935033100909091

00:11:26.140 --> 00:11:29.220 And so that's a that's a a lot of things,

NOTE Confidence: 0.935033100909091

00:11:29.220 --> 00:11:31.659 and so I would say my my sort of

NOTE Confidence: 0.935033100909091

 $00:11:31.659 \longrightarrow 00:11:33.699$ general approach to these things.

NOTE Confidence: 0.935033100909091

00:11:33.700 --> 00:11:35.040 Are there certain things like

NOTE Confidence: 0.935033100909091

00:11:35.040 --> 00:11:36.112 blood in the urine?

NOTE Confidence: 0.935033100909091

00:11:36.120 --> 00:11:37.860 I really think of getting into

NOTE Confidence: 0.935033100909091

 $00:11:37.860 \longrightarrow 00:11:39.020$ valuation with your doctor.

NOTE Confidence: 0.935033100909091

 $00{:}11{:}39.020 \dashrightarrow 00{:}11{:}40.819$ I think that's that's always a good

NOTE Confidence: 0.935033100909091

 $00{:}11{:}40.819 \dashrightarrow 00{:}11{:}42.790$ idea for things that are, you know,

NOTE Confidence: 0.935033100909091

 $00:11:42.790 \longrightarrow 00:11:44.515$ more common aches and pains.

NOTE Confidence: 0.935033100909091

 $00:11:44.520 \longrightarrow 00:11:46.500$ Things that we were all gonna

00:11:46.500 --> 00:11:47.820 experience in our lives,

NOTE Confidence: 0.935033100909091

 $00:11:47.820 \longrightarrow 00:11:50.068$ the sort of rule I have is everyones

NOTE Confidence: 0.935033100909091

 $00:11:50.068 \longrightarrow 00:11:51.979$ entitled to those aches and pains.

NOTE Confidence: 0.935033100909091

 $00:11:51.980 \longrightarrow 00:11:53.488$ But if there's something

NOTE Confidence: 0.935033100909091

 $00:11:53.488 \longrightarrow 00:11:54.619$ that's unusually severe,

NOTE Confidence: 0.935033100909091

00:11:54.620 --> 00:11:56.209 you know it's not not something that.

NOTE Confidence: 0.935033100909091

00:11:56.210 --> 00:11:57.876 Feels like you've had in the past.

NOTE Confidence: 0.935033100909091

 $00:11:57.880 \longrightarrow 00:12:00.895$ It really is more severe in terms of its

NOTE Confidence: 0.935033100909091

 $00{:}12{:}00.895 \to 00{:}12{:}03.518$ intensity or it's lasting longer than that.

NOTE Confidence: 0.935033100909091

00:12:03.520 --> 00:12:04.380 You think it should?

NOTE Confidence: 0.935033100909091

 $00{:}12{:}04.380 \dashrightarrow 00{:}12{:}05.905$ You know you've had back pain in

NOTE Confidence: 0.935033100909091

 $00:12:05.905 \longrightarrow 00:12:07.186$ the past and it comes and goes.

NOTE Confidence: 0.935033100909091

 $00:12:07.190 \longrightarrow 00:12:08.842$ This is kind of there and it's

NOTE Confidence: 0.935033100909091

00:12:08.842 --> 00:12:10.249 really lingering for quite a while.

NOTE Confidence: 0.935033100909091

00:12:10.250 --> 00:12:11.660 Those are are, you know,

NOTE Confidence: 0.935033100909091

 $00:12:11.660 \longrightarrow 00:12:13.196$ maybe a little bit of a red flag.

 $00:12:13.200 \longrightarrow 00:12:14.072$ That's time to go.

NOTE Confidence: 0.935033100909091

 $00:12:14.072 \longrightarrow 00:12:15.970$ See your doctor and get an evaluation.

NOTE Confidence: 0.846408708333333

00:12:17.480 --> 00:12:18.564 Especially because some of

NOTE Confidence: 0.846408708333333

 $00:12:18.564 \longrightarrow 00:12:19.734$ these things, like you know,

NOTE Confidence: 0.846408708333333

 $00:12:19.734 \longrightarrow 00:12:21.442$ having a little bit of blood in the

NOTE Confidence: 0.846408708333333

 $00:12:21.442 \longrightarrow 00:12:23.090$ urine and a little bit of flank pain.

NOTE Confidence: 0.846408708333333

00:12:23.090 --> 00:12:25.400 Most people would think of a kidney

NOTE Confidence: 0.846408708333333

 $00:12:25.400 \longrightarrow 00:12:27.519$ stone rather than a a kidney tumor,

NOTE Confidence: 0.846408708333333

 $00:12:27.520 \longrightarrow 00:12:28.380$ and me say, well,

NOTE Confidence: 0.846408708333333

00:12:28.380 --> 00:12:30.239 you know I've had kidney stones in the past,

NOTE Confidence: 0.846408708333333

 $00{:}12{:}30.240 \dashrightarrow 00{:}12{:}33.360$ and so this is just yet another bout.

NOTE Confidence: 0.846408708333333

00:12:33.360 --> 00:12:34.604 Speaking of which, though,

NOTE Confidence: 0.846408708333333

 $00:12:34.604 \longrightarrow 00:12:36.470$ does having a history of kidney

NOTE Confidence: 0.846408708333333

00:12:36.529 --> 00:12:38.339 stones increase your risk of

NOTE Confidence: 0.846408708333333

00:12:38.339 --> 00:12:39.425 developing kidney cancer?

 $00:12:40.930 \longrightarrow 00:12:41.998$ It's a good question.

NOTE Confidence: 0.920045935333334

 $00{:}12{:}41.998 \dashrightarrow 00{:}12{:}43.600$ I would say anything that can

NOTE Confidence: 0.920045935333334

00:12:43.652 --> 00:12:45.377 cause inflammation in the kidney.

NOTE Confidence: 0.920045935333334

 $00:12:45.380 \longrightarrow 00:12:47.580$ In theory, can create an

NOTE Confidence: 0.920045935333334

 $00:12:47.580 \longrightarrow 00:12:49.280$ environment that's more susceptible

NOTE Confidence: 0.920045935333334

00:12:49.280 --> 00:12:50.920 to developing kidney cancer,

NOTE Confidence: 0.920045935333334

 $00:12:50.920 \longrightarrow 00:12:53.120$ and so you know on a routine basis,

NOTE Confidence: 0.920045935333334

 $00:12:53.120 \longrightarrow 00:12:55.514$ someone who gets the stone here there,

NOTE Confidence: 0.920045935333334

 $00:12:55.520 \longrightarrow 00:12:57.188$ you know probably doesn't have that

NOTE Confidence: 0.920045935333334

00:12:57.188 --> 00:12:59.319 much of a different risk unfortunately.

NOTE Confidence: 0.920045935333334

 $00{:}12{:}59.320 \dashrightarrow 00{:}13{:}02.120$ Some patients who really get a lot

NOTE Confidence: 0.920045935333334

 $00:13:02.120 \longrightarrow 00:13:04.290$ of effects of that kidney stone.

NOTE Confidence: 0.920045935333334

00:13:04.290 --> 00:13:06.690 Those blockages and infections,

NOTE Confidence: 0.9200459353333334

 $00{:}13{:}06.690 \dashrightarrow 00{:}13{:}08.490$ and recurrent inflammation.

NOTE Confidence: 0.920045935333334

00:13:08.490 --> 00:13:10.284 Those probably do have a slightly

NOTE Confidence: 0.920045935333334

 $00:13:10.284 \longrightarrow 00:13:11.949$ higher risk just because of that.

 $00:13:11.950 \longrightarrow 00:13:12.922$ That inflammation within the

NOTE Confidence: 0.920045935333334

 $00:13:12.922 \longrightarrow 00:13:14.380$ Kitty it sort of creates an

NOTE Confidence: 0.920045935333334

 $00:13:14.423 \longrightarrow 00:13:15.655$ environment that's more pervasive

NOTE Confidence: 0.920045935333334

00:13:15.655 --> 00:13:17.195 to developing a kidney cancer,

NOTE Confidence: 0.921342554444445

00:13:17.910 --> 00:13:20.907 and so you know, when you think about it,

NOTE Confidence: 0.921342554444445

 $00:13:20.910 \longrightarrow 00:13:22.548$ you know the the kind of you

NOTE Confidence: 0.921342554444445

00:13:22.548 --> 00:13:24.307 know a little bit of flank pain,

NOTE Confidence: 0.921342554444445

 $00{:}13{:}24.310 \dashrightarrow 00{:}13{:}26.291$ may be a little bit of blood in

NOTE Confidence: 0.921342554444445

 $00:13:26.291 \longrightarrow 00:13:28.527$ the urine in a minority of cases.

NOTE Confidence: 0.921342554444445

 $00:13:28.530 \longrightarrow 00:13:31.954$ Maybe you know a little bit of aches

NOTE Confidence: 0.9213425544444445

00:13:31.954 --> 00:13:34.705 and pains when things that you know

NOTE Confidence: 0.921342554444445

 $00:13:34.705 \longrightarrow 00:13:37.220$ without something that is rip roaring.

NOTE Confidence: 0.921342554444445

 $00{:}13{:}37.220 \dashrightarrow 00{:}13{:}40.770$ You know, alarm bell ringing.

NOTE Confidence: 0.921342554444445

 $00:13:40.770 \longrightarrow 00:13:42.205$ Many of these patients are

NOTE Confidence: 0.921342554444445

 $00:13:42.205 \longrightarrow 00:13:43.353$ either going to be.

 $00:13:43.360 \longrightarrow 00:13:45.845$ Picked up incidentally on a CAT scan

NOTE Confidence: 0.921342554444445

 $00:13:45.845 \longrightarrow 00:13:48.178$ that they're having for another reason.

NOTE Confidence: 0.921342554444445

 $00:13:48.180 \longrightarrow 00:13:51.380$ Or it may be delayed and so that

NOTE Confidence: 0.921342554444445

 $00:13:51.380 \longrightarrow 00:13:53.999$ brings us to the question of

NOTE Confidence: 0.921342554444445

00:13:54.000 --> 00:13:56.322 what is the stage distribution of

NOTE Confidence: 0.921342554444445

 $00:13:56.322 \longrightarrow 00:13:58.480$ kidney cancers when they present.

NOTE Confidence: 0.921342554444445

 $00:13:58.480 \longrightarrow 00:13:59.740$ So that is to say,

NOTE Confidence: 0.921342554444445

 $00:13:59.740 \longrightarrow 00:14:02.435$ are most of these cancers picked up

NOTE Confidence: 0.921342554444445

 $00:14:02.435 \longrightarrow 00:14:05.260$ late simply because there is no alarm

NOTE Confidence: 0.921342554444445

 $00:14:05.260 \longrightarrow 00:14:07.255$ bell ringing symptoms that cause

NOTE Confidence: 0.9213425544444445

 $00{:}14{:}07.255 \dashrightarrow 00{:}14{:}09.828$ people to seek medical advice sooner?

NOTE Confidence: 0.897774733

 $00{:}14{:}11.370 \dashrightarrow 00{:}14{:}13.095$ Good question. I think something

NOTE Confidence: 0.897774733

00:14:13.095 --> 00:14:15.229 that's evolving in and really changing

NOTE Confidence: 0.897774733

 $00{:}14{:}15.229 \dashrightarrow 00{:}14{:}17.329$ overtime because things like CAT scans

NOTE Confidence: 0.897774733

00:14:17.329 --> 00:14:19.643 are more common now either for other

NOTE Confidence: 0.897774733

 $00{:}14{:}19.643 \dashrightarrow 00{:}14{:}21.443$ reasons that are unrelated to the

00:14:21.450 --> 00:14:23.445 kidney cancer or because people do have

NOTE Confidence: 0.897774733

 $00:14:23.445 \longrightarrow 00:14:25.521$ that twinge of pain or have blood in

NOTE Confidence: 0.897774733

 $00:14:25.521 \longrightarrow 00:14:27.430$ the urine and they see their doctor.

NOTE Confidence: 0.897774733

 $00:14:27.430 \longrightarrow 00:14:28.542$ And appropriately they say,

NOTE Confidence: 0.897774733

 $00{:}14{:}28.542 \dashrightarrow 00{:}14{:}30.890$ let's let's get a CAT scan to evaluate.

NOTE Confidence: 0.897774733

 $00:14:30.890 \longrightarrow 00:14:32.366$ I think things are being picked

NOTE Confidence: 0.897774733

 $00:14:32.366 \longrightarrow 00:14:33.892$ up earlier and earlier and so

NOTE Confidence: 0.897774733

 $00{:}14{:}33.892 \longrightarrow 00{:}14{:}35.127$ the majority of kidney cancers,

NOTE Confidence: 0.897774733

00:14:35.130 --> 00:14:37.418 which is good news are picked up at

NOTE Confidence: 0.897774733

 $00{:}14{:}37.418 \dashrightarrow 00{:}14{:}39.722$ a localized stage as a stage where

NOTE Confidence: 0.897774733

 $00:14:39.722 \longrightarrow 00:14:41.392$ they're confined the kidney and.

NOTE Confidence: 0.897774733

 $00:14:41.400 \longrightarrow 00:14:43.248$ Where surgery can be performed or

NOTE Confidence: 0.897774733

 $00:14:43.248 \longrightarrow 00:14:44.939$ other there's other methods as well,

NOTE Confidence: 0.897774733

 $00:14:44.940 \longrightarrow 00:14:47.170$ but basically that single tumor

NOTE Confidence: 0.897774733

 $00:14:47.170 \longrightarrow 00:14:49.400$ can be can be addressed,

 $00:14:49.400 \longrightarrow 00:14:51.320$ and in most cases eliminated,

NOTE Confidence: 0.897774733

 $00{:}14{:}51.320 \dashrightarrow 00{:}14{:}53.210$ and that's that's wonderful news.

NOTE Confidence: 0.897774733

 $00:14:53.210 \longrightarrow 00:14:54.086$ That being said,

NOTE Confidence: 0.897774733

 $00:14:54.086 \longrightarrow 00:14:55.838$ you know there are select group

NOTE Confidence: 0.897774733

 $00:14:55.838 \longrightarrow 00:14:57.789$ of patients that we don't have

NOTE Confidence: 0.897774733

 $00{:}14{:}57.789 \dashrightarrow 00{:}14{:}59.764$ great screening for and that don't

NOTE Confidence: 0.897774733

00:14:59.764 --> 00:15:01.630 have any warning signs early on.

NOTE Confidence: 0.897774733

 $00:15:01.630 \longrightarrow 00:15:03.219$ And by the time that you know

NOTE Confidence: 0.897774733

 $00{:}15{:}03.219 \dashrightarrow 00{:}15{:}04.320$ the really symptoms develop,

NOTE Confidence: 0.897774733

 $00:15:04.320 \longrightarrow 00:15:05.720$ it is at a more advanced stage.

NOTE Confidence: 0.897774733

 $00{:}15{:}05.720 \mathrel{--}{>} 00{:}15{:}07.165$ And while that's the minority

NOTE Confidence: 0.897774733

00:15:07.165 --> 00:15:08.610 of patients at this point,

NOTE Confidence: 0.897774733

 $00{:}15{:}08.610 \dashrightarrow 00{:}15{:}11.466$ it is still a sizable fraction.

NOTE Confidence: 0.897774733

 $00{:}15{:}11.470 \dashrightarrow 00{:}15{:}13.180$ And so something that I think

NOTE Confidence: 0.897774733

 $00:15:13.180 \longrightarrow 00:15:14.665$ motivates our need to really

NOTE Confidence: 0.897774733

00:15:14.665 --> 00:15:16.625 do better in terms of coming up

00:15:16.625 --> 00:15:18.139 with better screening tests.

NOTE Confidence: 0.890570176666667

 $00:15:18.470 \longrightarrow 00:15:20.278$ And so we're going to pick up the

NOTE Confidence: 0.890570176666667

 $00{:}15{:}20.278 {\:{\circ}{\circ}{\circ}}>00{:}15{:}21.407$ conversation, learning more about

NOTE Confidence: 0.890570176666667

 $00:15:21.407 \longrightarrow 00:15:22.902$ the research that's evolving in

NOTE Confidence: 0.890570176666667

00:15:22.902 --> 00:15:24.750 terms of screening and treatment,

NOTE Confidence: 0.890570176666667

 $00:15:24.750 \longrightarrow 00:15:26.136$ right after we take a short break,

NOTE Confidence: 0.890570176666667

 $00:15:26.140 \longrightarrow 00:15:27.690$ quit for a medical minute.

NOTE Confidence: 0.890570176666667

 $00{:}15{:}27.690 \dashrightarrow 00{:}15{:}29.346$ Please stay tuned to learn more

NOTE Confidence: 0.890570176666667

 $00:15:29.346 \longrightarrow 00:15:30.764$ about kidney cancer with my

NOTE Confidence: 0.890570176666667

00:15:30.764 --> 00:15:31.970 guest Doctor, David Braun.

NOTE Confidence: 0.860994556

 $00{:}15{:}32.710 \dashrightarrow 00{:}15{:}34.625$ Funding for Yale Cancer Answers

NOTE Confidence: 0.860994556

 $00:15:34.625 \longrightarrow 00:15:36.540$ comes from Smilow Cancer Hospital,

NOTE Confidence: 0.860994556

 $00{:}15{:}36.540 \dashrightarrow 00{:}15{:}39.102$ where the breast Cancer Prevention Clinic

NOTE Confidence: 0.860994556

 $00:15:39.102 \longrightarrow 00:15:40.810$ provides comprehensive risk assessment,

NOTE Confidence: 0.860994556

 $00:15:40.810 \longrightarrow 00:15:42.880$ education and screening for women

 $00:15:42.880 \longrightarrow 00:15:44.910$ at increased risk of breast cancer.

NOTE Confidence: 0.860994556

 $00{:}15{:}44.910 \dashrightarrow 00{:}15{:}46.340$ To learn more, visit

NOTE Confidence: 0.8564051

 $00:15:48.350 \longrightarrow 00:15:50.970$ yalecancercenter.org/genetics.

NOTE Confidence: 0.8564051

 $00:15:50.970 \longrightarrow 00:15:53.130$ Over 230,000 Americans will be

NOTE Confidence: 0.8564051

 $00:15:53.130 \longrightarrow 00:15:55.290$ diagnosed with lung cancer this

NOTE Confidence: 0.8564051

00:15:55.363 --> 00:15:57.218 year and in Connecticut alone

NOTE Confidence: 0.8564051

 $00:15:57.218 \longrightarrow 00:16:00.276$ there will be over 2700 new cases.

NOTE Confidence: 0.8564051

 $00:16:00.276 \longrightarrow 00:16:02.796$ More than 85% of lung cancer

NOTE Confidence: 0.8564051

 $00{:}16{:}02.796 \dashrightarrow 00{:}16{:}05.010$ diagnosis are related to smoking and

NOTE Confidence: 0.8564051

00:16:05.077 --> 00:16:07.651 quitting even after decades of use

NOTE Confidence: 0.8564051

 $00{:}16{:}07.651 \dashrightarrow 00{:}16{:}09.839$ can significantly reduce your risk

NOTE Confidence: 0.8564051

00:16:09.839 --> 00:16:12.140 of developing lung cancer each day.

NOTE Confidence: 0.8564051

00:16:12.140 --> 00:16:14.210 Patients with lung cancer are surviving

NOTE Confidence: 0.8564051

 $00:16:14.210 \longrightarrow 00:16:16.712$ thanks to increased access to advanced

NOTE Confidence: 0.8564051

00:16:16.712 --> 00:16:18.464 therapies and specialized care,

NOTE Confidence: 0.8564051

 $00:16:18.470 \longrightarrow 00:16:20.280$ new treatment options and surgical

 $00:16:20.280 \longrightarrow 00:16:22.452$ techniques are giving lung cancer survivors

NOTE Confidence: 0.8564051

 $00:16:22.452 \longrightarrow 00:16:24.868$ more hope than they have ever had before.

NOTE Confidence: 0.8564051

 $00:16:24.870 \longrightarrow 00:16:26.790$ Clinical trials are currently

NOTE Confidence: 0.8564051

00:16:26.790 --> 00:16:28.710 underway at federally designated

NOTE Confidence: 0.8564051

00:16:28.710 --> 00:16:30.190 Comprehensive cancer centers,

NOTE Confidence: 0.8564051

 $00:16:30.190 \longrightarrow 00:16:32.402$ such as the battle two trial at

NOTE Confidence: 0.8564051

00:16:32.402 --> 00:16:34.024 Yale Cancer Center and Smilow

NOTE Confidence: 0.8564051

00:16:34.024 --> 00:16:36.145 Cancer Hospital to learn if a drug

NOTE Confidence: 0.8564051

 $00:16:36.145 \longrightarrow 00:16:38.449$ or combination of drugs based on

NOTE Confidence: 0.8564051

 $00:16:38.449 \longrightarrow 00:16:40.379$ personal biomarkers can help to

NOTE Confidence: 0.8564051

 $00:16:40.380 \longrightarrow 00:16:43.110$ control non small cell lung cancer.

NOTE Confidence: 0.8564051

 $00{:}16{:}43.110 \dashrightarrow 00{:}16{:}46.110$ More information is available at

NOTE Confidence: 0.8564051

 $00{:}16{:}46.110 \dashrightarrow 00{:}16{:}47.376$ yalecancercenter.org you're listening

NOTE Confidence: 0.8564051

00:16:47.376 --> 00:16:49.064 to Connecticut Public Radio.

NOTE Confidence: 0.877581778333333

00:16:50.030 --> 00:16:52.208 Welcome back to Yale Cancer Answers.

00:16:52.210 --> 00:16:54.496 This is doctor Anees Chappar and I'm joined

NOTE Confidence: 0.877581778333333

 $00:16:54.496 \longrightarrow 00:16:56.482$ to night by my guest Doctor David Braun.

NOTE Confidence: 0.877581778333333

00:16:56.482 --> 00:16:58.738 We're learning about the care of

NOTE Confidence: 0.877581778333333

00:16:58.738 --> 00:17:00.717 patients with kidney cancer in

NOTE Confidence: 0.877581778333333

 $00:17:00.717 \longrightarrow 00:17:02.657$ advance of kidney cancer awareness

NOTE Confidence: 0.877581778333333

00:17:02.657 --> 00:17:04.968 Month and right before the break,

NOTE Confidence: 0.877581778333333

 $00:17:04.970 \longrightarrow 00:17:07.455$ you know, David, you were telling us

NOTE Confidence: 0.877581778333333

 $00:17:07.455 \longrightarrow 00:17:10.194$ a bit about kidney cancers and the

NOTE Confidence: 0.877581778333333

00:17:10.194 --> 00:17:13.126 fact that almost anybody had is at

NOTE Confidence: 0.877581778333333

 $00:17:13.126 \longrightarrow 00:17:15.406$ risk of developing kidney cancers.

NOTE Confidence: 0.877581778333333

 $00{:}17{:}15.410 \dashrightarrow 00{:}17{:}17.909$ But you did mention a few things

NOTE Confidence: 0.877581778333333

 $00:17:17.909 \longrightarrow 00:17:19.798$ that I think were really.

NOTE Confidence: 0.877581778333333

 $00:17:19.798 \longrightarrow 00:17:22.252$ Interesting in terms of where the

NOTE Confidence: 0.877581778333333

00:17:22.252 --> 00:17:25.192 science is going in terms of picking

NOTE Confidence: 0.877581778333333

00:17:25.192 --> 00:17:27.237 up cancers earlier and treating

NOTE Confidence: 0.877581778333333

 $00:17:27.315 \longrightarrow 00:17:29.467$ them perhaps more effectively.

 $00:17:29.470 \longrightarrow 00:17:31.855$ So tell us a little bit more about some

NOTE Confidence: 0.877581778333333

 $00{:}17{:}31.855 \dashrightarrow 00{:}17{:}34.202$ of the research that's ongoing that will

NOTE Confidence: 0.877581778333333

00:17:34.202 --> 00:17:36.940 help us to find kidney cancers early,

NOTE Confidence: 0.73203957

 $00:17:37.170 \longrightarrow 00:17:38.950$ absolutely, and so there's really,

NOTE Confidence: 0.73203957

 $00:17:38.950 \longrightarrow 00:17:40.876$ I think, dramatic advances that are

NOTE Confidence: 0.73203957

00:17:40.876 --> 00:17:43.398 being made both in terms of research

NOTE Confidence: 0.73203957

00:17:43.398 --> 00:17:45.363 into screening and then ultimately,

NOTE Confidence: 0.73203957

 $00:17:45.370 \longrightarrow 00:17:47.690$ which is a huge focus of mine treatment.

NOTE Confidence: 0.73203957

 $00{:}17{:}47.690 \dashrightarrow 00{:}17{:}49.398$ Unfortunately, for patients who

NOTE Confidence: 0.73203957

 $00{:}17{:}49.398 \dashrightarrow 00{:}17{:}51.533$ develop more advanced disease where.

NOTE Confidence: 0.73203957

00:17:51.540 --> 00:17:53.764 A surgery is not possible or not effective.

NOTE Confidence: 0.73203957

 $00:17:53.770 \longrightarrow 00:17:55.650$ What are the treatments

NOTE Confidence: 0.73203957

 $00:17:55.650 \longrightarrow 00:17:57.568$ available in terms of screening?

NOTE Confidence: 0.73203957

00:17:57.568 --> 00:17:58.654 You know historically,

NOTE Confidence: 0.73203957

 $00:17:58.660 \longrightarrow 00:18:00.459$ a lot of the screening that's been

 $00:18:00.459 \longrightarrow 00:18:02.133$ done for many types of cancer

NOTE Confidence: 0.73203957

 $00{:}18{:}02.133 \dashrightarrow 00{:}18{:}03.831$ has been imaging based this some

NOTE Confidence: 0.73203957

 $00:18:03.831 \longrightarrow 00:18:05.459$ sort of picture that's taken,

NOTE Confidence: 0.73203957

 $00:18:05.460 \longrightarrow 00:18:07.316$ whether that's a form of an X ray,

NOTE Confidence: 0.73203957

 $00:18:07.320 \longrightarrow 00:18:08.259$ like a mammogram,

NOTE Confidence: 0.73203957

 $00:18:08.259 \longrightarrow 00:18:11.253$ or whether that's a CT scan at low doses

NOTE Confidence: 0.73203957

 $00:18:11.253 \longrightarrow 00:18:13.836$ like they have available for lung cancer,

NOTE Confidence: 0.73203957

 $00:18:13.840 \longrightarrow 00:18:15.808$ and so that's one bucket that people have

NOTE Confidence: 0.73203957

 $00{:}18{:}15.808 \to 00{:}18{:}17.797$ looked at and are continuing to look at.

NOTE Confidence: 0.73203957

 $00:18:17.800 \longrightarrow 00:18:20.010$ Even simple tools like ultrasound.

NOTE Confidence: 0.73203957

 $00:18:20.010 \longrightarrow 00:18:21.630$ Whether that might be helpful.

NOTE Confidence: 0.73203957

00:18:21.630 --> 00:18:24.366 In terms of really picking up kidney cancer,

NOTE Confidence: 0.73203957

 $00:18:24.370 \longrightarrow 00:18:26.470$ particularly in certain populations.

NOTE Confidence: 0.73203957

 $00:18:26.470 \longrightarrow 00:18:28.045$ That being said,

NOTE Confidence: 0.73203957

00:18:28.050 --> 00:18:30.042 you know I'm not as optimistic

NOTE Confidence: 0.73203957

 $00{:}18{:}30.042 \dashrightarrow 00{:}18{:}32.154$ that we're gonna really have a

 $00:18:32.154 \longrightarrow 00:18:33.590$ pure imaging based solution,

NOTE Confidence: 0.73203957

 $00:18:33.590 \longrightarrow 00:18:35.809$ and that's where some of the research

NOTE Confidence: 0.73203957

 $00:18:35.809 \longrightarrow 00:18:37.912$ into what I would call blood tests

NOTE Confidence: 0.73203957

 $00:18:37.912 \longrightarrow 00:18:39.769$ as a general bucket is really,

NOTE Confidence: 0.73203957

 $00:18:39.770 \longrightarrow 00:18:40.384$ really exciting.

NOTE Confidence: 0.73203957

 $00:18:40.384 \longrightarrow 00:18:42.226$ We know that cancer is even

NOTE Confidence: 0.73203957

 $00:18:42.226 \longrightarrow 00:18:43.649$ at an early stage,

NOTE Confidence: 0.73203957

 $00{:}18{:}43.650 \dashrightarrow 00{:}18{:}45.953$ sometimes shed some of their blueprints that

NOTE Confidence: 0.73203957

 $00:18:45.953 \longrightarrow 00:18:48.790$ shed some of their DNA into the bloodstream.

NOTE Confidence: 0.73203957

00:18:48.790 --> 00:18:49.153 Very,

NOTE Confidence: 0.73203957

 $00{:}18{:}49.153 \dashrightarrow 00{:}18{:}50.968$ very small amount and kidney

NOTE Confidence: 0.73203957

00:18:50.968 --> 00:18:52.057 cancer in particular.

NOTE Confidence: 0.73203957

00:18:52.060 --> 00:18:53.830 Actually sheds less of this DNA

NOTE Confidence: 0.73203957

 $00:18:53.830 \longrightarrow 00:18:56.258$ than a lot of other tumor types,

NOTE Confidence: 0.73203957

00:18:56.260 --> 00:18:58.636 but it still does shed some some DNA,

 $00:18:58.640 \longrightarrow 00:19:00.040$ and so the question is,

NOTE Confidence: 0.73203957

 $00{:}19{:}00.040 \dashrightarrow 00{:}19{:}02.588$ can we actually use new and advanced

NOTE Confidence: 0.73203957

 $00{:}19{:}02.588 \dashrightarrow 00{:}19{:}04.687$ methods of picking up that needle

NOTE Confidence: 0.73203957

 $00:19:04.687 \longrightarrow 00:19:06.864$ in a haystack that little bit of

NOTE Confidence: 0.73203957

00:19:06.937 --> 00:19:09.163 shed DNA from a tumor and being

NOTE Confidence: 0.73203957

00:19:09.163 --> 00:19:11.212 able to identify it in a patient

NOTE Confidence: 0.73203957

00:19:11.212 --> 00:19:12.850 with an early stage kidney cancer?

NOTE Confidence: 0.73203957

00:19:12.850 --> 00:19:14.355 But they're still at the research phase,

NOTE Confidence: 0.73203957

 $00:19:14.360 \longrightarrow 00:19:16.208$ so not the phase where they've been

NOTE Confidence: 0.73203957

 $00:19:16.208 \longrightarrow 00:19:18.152$ proven to really be effective in a

NOTE Confidence: 0.73203957

00:19:18.152 --> 00:19:20.159 large group of patients with picking it up.

NOTE Confidence: 0.73203957

 $00:19:20.160 \longrightarrow 00:19:22.434$ But I still think there's room

NOTE Confidence: 0.73203957

 $00:19:22.434 \longrightarrow 00:19:23.950$ there for cautious optimism.

NOTE Confidence: 0.73203957

00:19:23.950 --> 00:19:26.056 The second bucket just mentioned briefly

NOTE Confidence: 0.73203957

 $00:19:26.056 \longrightarrow 00:19:28.261$ is we know that cancer in general

NOTE Confidence: 0.73203957

00:19:28.261 --> 00:19:29.863 and kidney cancer is no exception,

 $00:19:29.870 \longrightarrow 00:19:31.750$ can alter patients metabolism in

NOTE Confidence: 0.73203957

 $00:19:31.750 \longrightarrow 00:19:34.099$ subtle ways the the make up of,

NOTE Confidence: 0.73203957

00:19:34.100 --> 00:19:35.492 you know, simple things,

NOTE Confidence: 0.73203957

00:19:35.492 --> 00:19:38.457 amino acids and fats in our in our

NOTE Confidence: 0.73203957

 $00{:}19{:}38.457 \dashrightarrow 00{:}19{:}40.467$ bloodstream and so another area

NOTE Confidence: 0.73203957

 $00:19:40.467 \longrightarrow 00:19:42.386$ of investigation that a number of

NOTE Confidence: 0.73203957

00:19:42.386 --> 00:19:44.114 groups including our own has been

NOTE Confidence: 0.73203957

00:19:44.114 --> 00:19:46.037 involved in is saying can we actually

NOTE Confidence: 0.73203957

 $00{:}19{:}46.037 \dashrightarrow 00{:}19{:}47.672$ pick up on those subtle changes

NOTE Confidence: 0.73203957

 $00:19:47.672 \longrightarrow 00:19:49.436$ and their metabolites that might be

NOTE Confidence: 0.73203957

00:19:49.436 --> 00:19:51.028 present in a patient's blood and

NOTE Confidence: 0.73203957

 $00:19:51.028 \longrightarrow 00:19:52.680$ see if that can help us actually

NOTE Confidence: 0.73203957

 $00{:}19{:}52.732 \dashrightarrow 00{:}19{:}54.232$ distinguish patients with even an

NOTE Confidence: 0.73203957

 $00:19:54.232 \longrightarrow 00:19:55.732$ early stage cancer from patients

NOTE Confidence: 0.73203957

 $00:19:55.780 \longrightarrow 00:19:57.100$ who don't have cancer and so.

00:19:57.100 --> 00:19:58.760 Again,

NOTE Confidence: 0.73203957

 $00{:}19{:}58.760 \dashrightarrow 00{:}20{:}01.550$ exciting sort of areas of investigation,

NOTE Confidence: 0.73203957

 $00:20:01.550 \longrightarrow 00:20:03.206$ but nothing where we have a test today

NOTE Confidence: 0.73203957

 $00:20:03.206 \longrightarrow 00:20:04.610$ or tomorrow that I can say this is

NOTE Confidence: 0.73203957

 $00:20:04.610 \longrightarrow 00:20:06.447$ a good test for screening for kidney cancer.

NOTE Confidence: 0.83640487555556

00:20:07.000 --> 00:20:09.637 You know, the kidney is one of these organs.

NOTE Confidence: 0.83640487555556

 $00:20:09.640 \longrightarrow 00:20:12.468$ That is one would think would be

NOTE Confidence: 0.83640487555556

00:20:12.468 --> 00:20:14.608 particularly ripe for for screening

NOTE Confidence: 0.836404875555556

 $00{:}20{:}14.608 \dashrightarrow 00{:}20{:}17.576$ in the sense that it generates urine.

NOTE Confidence: 0.83640487555556

 $00:20:17.580 \longrightarrow 00:20:20.652$ So are there urine based tests

NOTE Confidence: 0.83640487555556

00:20:20.652 --> 00:20:23.400 that are being looked at for

NOTE Confidence: 0.83640487555556

 $00:20:23.400 \longrightarrow 00:20:25.100$ screening and early detection?

NOTE Confidence: 0.83640487555556

 $00:20:25.100 \longrightarrow 00:20:27.650$ Or is it all blood based?

NOTE Confidence: 0.906926001052632

00:20:28.120 --> 00:20:30.780 No, it's it's a wonderful point and

NOTE Confidence: 0.906926001052632

 $00:20:30.780 \longrightarrow 00:20:32.927$ so essentially everything I said that

NOTE Confidence: 0.906926001052632

 $00{:}20{:}32.927 \dashrightarrow 00{:}20{:}34.799$ was applied to blood based tests.

 $00:20:34.800 \longrightarrow 00:20:36.426$ People are looking at within the

NOTE Confidence: 0.906926001052632

00:20:36.426 --> 00:20:38.310 urine as well to see, you know,

NOTE Confidence: 0.906926001052632

 $00:20:38.310 \longrightarrow 00:20:39.870$ is there DNA that shed that

NOTE Confidence: 0.906926001052632

 $00:20:39.870 \longrightarrow 00:20:41.817$ can be picked up in the urine?

NOTE Confidence: 0.906926001052632

 $00:20:41.820 \longrightarrow 00:20:44.204$ It turns out at least our early experiences.

NOTE Confidence: 0.906926001052632

00:20:44.210 --> 00:20:46.334 It seems like it's a little bit more tricky.

NOTE Confidence: 0.906926001052632

 $00:20:46.340 \longrightarrow 00:20:47.201$ For whatever reason,

NOTE Confidence: 0.906926001052632

 $00{:}20{:}47.201 \dashrightarrow 00{:}20{:}49.548$ it tends to be shed a little bit

NOTE Confidence: 0.906926001052632

 $00:20:49.548 \longrightarrow 00:20:51.445$ less in the urine than the blood,

NOTE Confidence: 0.906926001052632

 $00:20:51.450 \longrightarrow 00:20:53.316$ even though it's not very prevalent

NOTE Confidence: 0.906926001052632

 $00:20:53.316 \longrightarrow 00:20:54.560$ in the blood either.

NOTE Confidence: 0.906926001052632

 $00:20:54.560 \longrightarrow 00:20:55.460$ That being said,

NOTE Confidence: 0.906926001052632

 $00{:}20{:}55.460 \dashrightarrow 00{:}20{:}57.260$ I think that's an area for

NOTE Confidence: 0.906926001052632

00:20:57.260 --> 00:20:58.420 continued investigation.

NOTE Confidence: 0.906926001052632

 $00:20:58.420 \longrightarrow 00:20:59.196$ The one urine test,

 $00:20:59.196 \longrightarrow 00:21:00.797$ which is an old one but still a

NOTE Confidence: 0.906926001052632

 $00{:}21{:}00.797 \dashrightarrow 00{:}21{:}02.349$ tried and true is if there is blood

NOTE Confidence: 0.906926001052632

 $00:21:02.398 \longrightarrow 00:21:03.889$ that's picked up on a urine test,

NOTE Confidence: 0.906926001052632

 $00:21:03.890 \longrightarrow 00:21:05.354$ even microscopic blood.

NOTE Confidence: 0.906926001052632

00:21:05.354 --> 00:21:07.306 That's something that's certainly

NOTE Confidence: 0.906926001052632

00:21:07.306 --> 00:21:09.510 worthwhile to evaluate more fully,

NOTE Confidence: 0.906926001052632

 $00:21:09.510 \longrightarrow 00:21:11.421$ because that can be an early sign

NOTE Confidence: 0.906926001052632

 $00:21:11.421 \longrightarrow 00:21:13.154$ of of something going on within

NOTE Confidence: 0.906926001052632

 $00:21:13.154 \longrightarrow 00:21:15.142$ the kidney or or other areas within

NOTE Confidence: 0.906926001052632

 $00:21:15.206 \longrightarrow 00:21:17.156$ that that track that urinary tract.

NOTE Confidence: 0.8680335132

00:21:18.570 --> 00:21:20.618 You know that I I always like to

NOTE Confidence: 0.8680335132

 $00{:}21{:}20.618 {\:\dashrightarrow\:} 00{:}21{:}22.384$ think about urine tests just in

NOTE Confidence: 0.8680335132

 $00:21:22.384 \longrightarrow 00:21:24.650$ case there are people out there who

NOTE Confidence: 0.8680335132

 $00:21:24.650 \longrightarrow 00:21:26.330$ don't particularly love needles.

NOTE Confidence: 0.8680335132

 $00:21:26.330 \longrightarrow 00:21:28.410$ Even though the tests that we get

NOTE Confidence: 0.8680335132

 $00:21:28.410 \longrightarrow 00:21:30.378$ for blood tests are a small needle.

 $00:21:30.380 \longrightarrow 00:21:32.378$ But some of us are still little gun shy.

NOTE Confidence: 0.883215435

00:21:34.840 --> 00:21:37.460 So so you know we we kind of left off

NOTE Confidence: 0.883215435

 $00:21:37.535 \longrightarrow 00:21:40.157$ the conversation before the break at.

NOTE Confidence: 0.883215435

00:21:40.160 --> 00:21:42.535 You know, detecting kidney cancers

NOTE Confidence: 0.883215435

 $00{:}21{:}42.535 \dashrightarrow 00{:}21{:}46.622$ tell us what the state of the art is at

NOTE Confidence: 0.883215435

 $00:21:46.622 \longrightarrow 00:21:49.390$ the moment in terms of how effective

NOTE Confidence: 0.883215435

 $00:21:49.390 \longrightarrow 00:21:52.240$ treatments are for kidney cancers.

NOTE Confidence: 0.883215435

 $00:21:52.240 \longrightarrow 00:21:54.392$ I mean, it's great that most of them

NOTE Confidence: 0.883215435

 $00:21:54.392 \longrightarrow 00:21:56.138$ are picked up at a local stage,

NOTE Confidence: 0.883215435

 $00:21:56.140 \longrightarrow 00:21:57.380$ so how are they treated?

NOTE Confidence: 0.883215435

 $00:21:57.380 \longrightarrow 00:22:00.372$ Is this just a surgery or are do

NOTE Confidence: 0.883215435

 $00:22:00.372 \longrightarrow 00:22:03.255$ people need radiation and systemic

NOTE Confidence: 0.883215435

00:22:03.255 --> 00:22:05.298 therapy like chemotherapy

NOTE Confidence: 0.819964359444444

 $00:22:05.310 \longrightarrow 00:22:07.608$ as well? It's it's a great

NOTE Confidence: 0.819964359444444

00:22:07.608 --> 00:22:10.100 question and the short answer

 $00:22:10.100 \longrightarrow 00:22:12.728$ really depends on where it is.

NOTE Confidence: 0.819964359444444

 $00:22:12.730 \longrightarrow 00:22:14.634$ And so anytime there's a patient that I

NOTE Confidence: 0.819964359444444

 $00:22:14.634 \longrightarrow 00:22:16.466$ meet that's diagnosed with a new cancer.

NOTE Confidence: 0.819964359444444

 $00:22:16.470 \longrightarrow 00:22:18.516$ I always ask 3 fundamental questions.

NOTE Confidence: 0.819964359444444

 $00:22:18.520 \longrightarrow 00:22:21.664$ What is it? Where is it and what

NOTE Confidence: 0.819964359444444

 $00:22:21.664 \longrightarrow 00:22:22.763$ are we going to do about it?

NOTE Confidence: 0.819964359444444

 $00:22:22.770 \longrightarrow 00:22:24.110$ And that's where the treatment

NOTE Confidence: 0.819964359444444

 $00:22:24.110 \longrightarrow 00:22:26.424$ comes in and so the what is it is

NOTE Confidence: 0.819964359444444

 $00:22:26.424 \longrightarrow 00:22:28.130$ what type of kidney cancer we have,

NOTE Confidence: 0.819964359444444

 $00:22:28.130 \longrightarrow 00:22:30.622$ much more common types like clear cell

NOTE Confidence: 0.819964359444444

 $00:22:30.622 \longrightarrow 00:22:33.127$ kidney cancer that account for about 80%,

NOTE Confidence: 0.819964359444444

 $00:22:33.130 \longrightarrow 00:22:35.255$ but there's also less common

NOTE Confidence: 0.819964359444444

 $00:22:35.255 \longrightarrow 00:22:36.955$ types these variantes allergies.

NOTE Confidence: 0.819964359444444

00:22:36.960 --> 00:22:39.123 That have unique biologies that we need

NOTE Confidence: 0.819964359444444

00:22:39.123 --> 00:22:40.853 to understand that sometimes might

NOTE Confidence: 0.819964359444444

 $00:22:40.853 \longrightarrow 00:22:42.718$ affect treatment in certain ways.

 $00:22:42.720 \longrightarrow 00:22:44.330$ The next big question is where is

NOTE Confidence: 0.819964359444444

 $00:22:44.330 \longrightarrow 00:22:46.151$ it and that that really ties in

NOTE Confidence: 0.819964359444444

 $00:22:46.151 \longrightarrow 00:22:47.771$ with the stage and the prognosis,

NOTE Confidence: 0.819964359444444

00:22:47.780 --> 00:22:50.108 and that's ultimately what will help

NOTE Confidence: 0.819964359444444

00:22:50.108 --> 00:22:52.376 to determine the treatment and so

NOTE Confidence: 0.819964359444444

00:22:52.376 --> 00:22:54.332 patients who have an early stage

NOTE Confidence: 0.819964359444444

00:22:54.332 --> 00:22:57.400 kidney cancer stage one or stage two.

NOTE Confidence: 0.819964359444444

 $00{:}22{:}57.400 \dashrightarrow 00{:}22{:}59.878$ Those are ones where treatments that

NOTE Confidence: 0.819964359444444

00:22:59.878 --> 00:23:01.864 that tumor itself, usually surgery,

NOTE Confidence: 0.819964359444444

 $00:23:01.864 \longrightarrow 00:23:03.724$ though there's emerging roles for

NOTE Confidence: 0.819964359444444

 $00:23:03.724 \longrightarrow 00:23:05.193$ other techniques like ablation

NOTE Confidence: 0.819964359444444

 $00:23:05.193 \longrightarrow 00:23:06.698$ or even radiation as well,

NOTE Confidence: 0.819964359444444

 $00{:}23{:}06.700 \dashrightarrow 00{:}23{:}08.828$ but for the majority of patients surgery.

NOTE Confidence: 0.819964359444444

00:23:08.830 --> 00:23:10.290 To remove that kidney tumors,

NOTE Confidence: 0.81996435944444400:23:10.290 --> 00:23:10.751 highly,

 $00:23:10.751 \longrightarrow 00:23:13.517$ highly effective and patients with early

NOTE Confidence: 0.819964359444444

 $00:23:13.517 \longrightarrow 00:23:16.120$ stage kidney cancer who have surgery.

NOTE Confidence: 0.819964359444444

 $00:23:16.120 \longrightarrow 00:23:18.148$ The far majority of those patients

NOTE Confidence: 0.819964359444444

 $00:23:18.148 \longrightarrow 00:23:19.920$ are cured with surgery alone.

NOTE Confidence: 0.819964359444444

 $00:23:19.920 \longrightarrow 00:23:22.116$ The second bucket are patients that

NOTE Confidence: 0.819964359444444

 $00:23:22.116 \longrightarrow 00:23:24.659$ have what I would term locally

NOTE Confidence: 0.819964359444444

 $00{:}23{:}24.659 \dashrightarrow 00{:}23{:}26.663$ advanced or locally aggressive

NOTE Confidence: 0.819964359444444

 $00:23:26.663 \longrightarrow 00:23:28.300$ disease that's kidney cancer.

NOTE Confidence: 0.819964359444444

 $00:23:28.300 \longrightarrow 00:23:30.190$ That's still within the kidney itself.

NOTE Confidence: 0.819964359444444

 $00:23:30.190 \longrightarrow 00:23:31.270$ It hasn't spread far,

NOTE Confidence: 0.819964359444444

 $00:23:31.270 \longrightarrow 00:23:33.796$ but maybe it started to go into a little

NOTE Confidence: 0.819964359444444

00:23:33.796 --> 00:23:36.110 bit of a blood vessel or surrounding area,

NOTE Confidence: 0.819964359444444

 $00:23:36.110 \longrightarrow 00:23:37.868$ or it has features under the

NOTE Confidence: 0.819964359444444

00:23:37.868 --> 00:23:39.670 microscope that look really aggressive.

NOTE Confidence: 0.819964359444444

00:23:39.670 --> 00:23:40.057 Still,

NOTE Confidence: 0.819964359444444

00:23:40.057 --> 00:23:41.992 the mainstay of treatment for

 $00:23:41.992 \longrightarrow 00:23:43.153$ that is surgery,

NOTE Confidence: 0.819964359444444

 $00:23:43.160 \longrightarrow 00:23:44.940$ and that's that's curative for

NOTE Confidence: 0.819964359444444

 $00:23:44.940 \longrightarrow 00:23:46.720$ a large number of patients.

NOTE Confidence: 0.819964359444444

00:23:46.720 --> 00:23:48.958 But unfortunately there are still a

NOTE Confidence: 0.819964359444444

 $00:23:48.958 \longrightarrow 00:23:51.419$ number of patients who after surgery.

NOTE Confidence: 0.819964359444444

 $00:23:51.420 \longrightarrow 00:23:53.786$ Will have the disease come back and

NOTE Confidence: 0.819964359444444

00:23:53.786 --> 00:23:56.096 so there haven't been great tools in

NOTE Confidence: 0.819964359444444

 $00:23:56.096 \longrightarrow 00:23:58.382$ terms of being able to help prevent

NOTE Confidence: 0.819964359444444

00:23:58.382 --> 00:24:00.686 it from coming back like radiation

NOTE Confidence: 0.819964359444444

 $00:24:00.686 \longrightarrow 00:24:03.250$ after surgery or chemotherapy just now.

NOTE Confidence: 0.819964359444444

 $00:24:03.250 \longrightarrow 00:24:05.600$ In the last really year,

NOTE Confidence: 0.819964359444444

 $00:24:05.600 \longrightarrow 00:24:07.688$ we're beginning to have some evidence

NOTE Confidence: 0.819964359444444

00:24:07.688 --> 00:24:09.378 that actually immunotherapy might help

NOTE Confidence: 0.819964359444444

 $00{:}24{:}09.378 \dashrightarrow 00{:}24{:}11.298$ to decrease the risk of it coming back.

NOTE Confidence: 0.819964359444444

 $00:24:11.300 \longrightarrow 00:24:12.584$ It still needs a little bit

00:24:12.584 --> 00:24:13.440 of longer follow up,

NOTE Confidence: 0.819964359444444

 $00:24:13.440 \longrightarrow 00:24:15.222$ but that's that's actually has led

NOTE Confidence: 0.819964359444444

 $00:24:15.222 \longrightarrow 00:24:17.818$ to the FDA approval of one of these

NOTE Confidence: 0.819964359444444

 $00:24:17.818 \longrightarrow 00:24:19.834$ immunotherapy drugs for exactly this purpose.

NOTE Confidence: 0.819964359444444

 $00:24:19.840 \longrightarrow 00:24:22.168$ Those patients with kind of a higher risk.

NOTE Confidence: 0.819964359444444

00:24:22.170 --> 00:24:24.170 Local kidney cancer that's removed

NOTE Confidence: 0.819964359444444 00:24:24.170 --> 00:24:24.970 by surgery.

NOTE Confidence: 0.819964359444444

 $00{:}24{:}24.970 \dashrightarrow 00{:}24{:}27.040$ Can we get another medicine and

NOTE Confidence: 0.819964359444444

 $00:24:27.040 \longrightarrow 00:24:28.752$ immunotherapy to help decrease the

NOTE Confidence: 0.819964359444444

00:24:28.752 --> 00:24:30.751 chance of it coming back? And the last?

NOTE Confidence: 0.819964359444444

00:24:30.751 --> 00:24:31.836 The last group of patients?

NOTE Confidence: 0.819964359444444

 $00:24:31.840 \longrightarrow 00:24:33.492$ And this is largely the group of

NOTE Confidence: 0.819964359444444

 $00:24:33.492 \longrightarrow 00:24:35.298$ patients that I see are unfortunately

NOTE Confidence: 0.819964359444444

 $00:24:35.298 \longrightarrow 00:24:37.392$ those with advanced or metastatic disease.

NOTE Confidence: 0.819964359444444

00:24:37.400 --> 00:24:39.150 Kidney cancer that's either spread

NOTE Confidence: 0.819964359444444

 $00:24:39.150 \longrightarrow 00:24:41.264$ to different areas at the beginning

 $00:24:41.264 \longrightarrow 00:24:43.385$ or start off in the kidney and

NOTE Confidence: 0.819964359444444

00:24:43.385 --> 00:24:45.272 recurred or came back later at

NOTE Confidence: 0.819964359444444

 $00:24:45.272 \longrightarrow 00:24:46.792$ different parts of the body.

NOTE Confidence: 0.819964359444444

00:24:46.800 --> 00:24:49.128 And so that point in general,

NOTE Confidence: 0.819964359444444

 $00:24:49.130 \longrightarrow 00:24:50.214$ with with some exceptions.

NOTE Confidence: 0.819964359444444

 $00:24:50.214 \longrightarrow 00:24:51.840$ But in general those are patients

NOTE Confidence: 0.924768769411765

 $00:24:51.891 \longrightarrow 00:24:53.515$ that are not cured by surgery alone.

NOTE Confidence: 0.924768769411765

00:24:53.520 --> 00:24:54.955 And that's where we really

NOTE Confidence: 0.924768769411765

 $00:24:54.955 \longrightarrow 00:24:55.816$ think of medicines.

NOTE Confidence: 0.924768769411765

 $00:24:55.820 \longrightarrow 00:24:57.880$ Systemic therapy as the the

NOTE Confidence: 0.924768769411765

 $00{:}24{:}57.880 \dashrightarrow 00{:}24{:}59.940$ really the mainst ay of treatment.

NOTE Confidence: 0.924768769411765

 $00:24:59.940 \longrightarrow 00:25:02.210$ Now, what are those medicines

NOTE Confidence: 0.924768769411765

 $00{:}25{:}02.210 \dashrightarrow 00{:}25{:}04.328$ kidney cancers really by and large,

NOTE Confidence: 0.924768769411765

 $00:25:04.330 \longrightarrow 00:25:06.365$ not been historically responsive to

NOTE Confidence: 0.924768769411765

 $00:25:06.365 \longrightarrow 00:25:07.993$ the conventional chemotherapies we

00:25:07.993 --> 00:25:09.907 think of the stuff that you know,

NOTE Confidence: 0.924768769411765

 $00:25:09.910 \longrightarrow 00:25:11.856$ come through the Ivy that we think.

NOTE Confidence: 0.924768769411765

 $00:25:11.860 \longrightarrow 00:25:13.660$ Make people feel really sick.

NOTE Confidence: 0.924768769411765

 $00:25:13.660 \longrightarrow 00:25:15.480$ Those are things that you know for.

NOTE Confidence: 0.924768769411765

 $00:25:15.480 \longrightarrow 00:25:16.920$ For the majority of kidney

NOTE Confidence: 0.924768769411765

 $00:25:16.920 \longrightarrow 00:25:18.072$ cancers are against small,

NOTE Confidence: 0.924768769411765

 $00:25:18.080 \longrightarrow 00:25:18.977$ rare exceptions here,

NOTE Confidence: 0.924768769411765

 $00:25:18.977 \longrightarrow 00:25:20.173$ but for the majority

NOTE Confidence: 0.924768769411765

00:25:20.173 --> 00:25:21.630 they're just not effective,

NOTE Confidence: 0.924768769411765

 $00:25:21.630 \longrightarrow 00:25:23.737$ and so there's been two big waves

NOTE Confidence: 0.924768769411765

00:25:23.737 --> 00:25:25.550 of treatment for kidney cancer.

NOTE Confidence: 0.924768769411765

 $00:25:25.550 \longrightarrow 00:25:26.552$ The first wave,

NOTE Confidence: 0.924768769411765

 $00{:}25{:}26.552 \dashrightarrow 00{:}25{:}28.222$ which started around 15 years

NOTE Confidence: 0.924768769411765

 $00{:}25{:}28.222 \dashrightarrow 00{:}25{:}30.130$ ago were group of medicines,

 $\begin{aligned} & \text{NOTE Confidence: } 0.924768769411765 \\ & 00:25:30.130 --> 00:25:30.726 \text{ mostly pills.} \end{aligned}$

NOTE Confidence: 0.924768769411765

 $00:25:30.726 \longrightarrow 00:25:33.110$ But there's other Ivy form as well that

 $00:25:33.175 \longrightarrow 00:25:35.597$ helped to block new blood vessel formation.

NOTE Confidence: 0.924768769411765

 $00:25:35.600 \longrightarrow 00:25:36.844$ So called anti angiogenic.

NOTE Confidence: 0.924768769411765

 $00:25:36.844 \longrightarrow 00:25:39.170$ So those were really effective for a while.

NOTE Confidence: 0.924768769411765

00:25:39.170 --> 00:25:40.378 They they truthfully didn't

NOTE Confidence: 0.924768769411765

00:25:40.378 --> 00:25:41.284 really cure patients,

NOTE Confidence: 0.924768769411765

 $00:25:41.290 \longrightarrow 00:25:42.365$ they the farm majority didn't

NOTE Confidence: 0.924768769411765

00:25:42.365 --> 00:25:43.984 get rid of it but they provided

NOTE Confidence: 0.924768769411765

 $00{:}25{:}43.984 \dashrightarrow 00{:}25{:}45.466$ a treatment that could at least

NOTE Confidence: 0.924768769411765

 $00{:}25{:}45.466 \dashrightarrow 00{:}25{:}47.110$ keep the kidney cancer at Bay for

NOTE Confidence: 0.924768769411765

 $00{:}25{:}47.110 \dashrightarrow 00{:}25{:}48.820$ some amount of time and went from

NOTE Confidence: 0.924768769411765

 $00:25:48.820 \longrightarrow 00:25:50.650$ having very little in the way

NOTE Confidence: 0.924768769411765

00:25:50.650 --> 00:25:52.201 of treatment to actually being

NOTE Confidence: 0.924768769411765

 $00{:}25{:}52.201 \dashrightarrow 00{:}25{:}53.774$ able to keep the disease under

NOTE Confidence: 0.924768769411765

00:25:53.774 --> 00:25:55.250 control for some amount of time.

NOTE Confidence: 0.924768769411765

 $00:25:55.250 \longrightarrow 00:25:57.050$ So that was a really important

 $00:25:57.050 \longrightarrow 00:25:57.950$ and exciting advance.

NOTE Confidence: 0.924768769411765

 $00:25:57.950 \longrightarrow 00:26:00.003$ What I think has been transformative, really.

NOTE Confidence: 0.924768769411765

 $00:26:00.003 \longrightarrow 00:26:02.347$ Over the last five or so years has

NOTE Confidence: 0.924768769411765

 $00:26:02.347 \longrightarrow 00:26:04.676$ been the introduction of this

NOTE Confidence: 0.924768769411765

00:26:04.676 --> 00:26:06.641 next generation of immune therapy.

NOTE Confidence: 0.924768769411765

00:26:06.650 --> 00:26:08.435 There's actually an older form of immune

NOTE Confidence: 0.924768769411765

 $00:26:08.435 \longrightarrow 00:26:10.327$ therapy that was used 20 or 30 years ago,

NOTE Confidence: 0.924768769411765

00:26:10.330 --> 00:26:11.470 which you know,

NOTE Confidence: 0.924768769411765

 $00:26:11.470 \longrightarrow 00:26:13.370$ actually had some favorable responses

NOTE Confidence: 0.924768769411765

00:26:13.370 --> 00:26:16.070 for a very small group of patients,

NOTE Confidence: 0.924768769411765

 $00:26:16.070 \longrightarrow 00:26:17.410$ maybe 5 or 7%.

NOTE Confidence: 0.924768769411765

00:26:17.410 --> 00:26:20.769 But with this new wave of immune therapy,

NOTE Confidence: 0.924768769411765

 $00:26:20.770 \longrightarrow 00:26:23.570$ these so-called immune checkpoint inhibitors,

NOTE Confidence: 0.924768769411765 00:26:23.570 --> 00:26:24.488 it's I think,

NOTE Confidence: 0.924768769411765

00:26:24.488 --> 00:26:26.018 really marked an inflection point

NOTE Confidence: 0.924768769411765

00:26:26.018 --> 00:26:27.545 for kidney cancer where there's

 $00:26:27.545 \longrightarrow 00:26:29.267$ a group of patients now and.

NOTE Confidence: 0.924768769411765

 $00:26:29.270 \longrightarrow 00:26:29.601$ Unfortunately,

NOTE Confidence: 0.924768769411765

00:26:29.601 --> 00:26:31.256 it's still not the majority,

NOTE Confidence: 0.924768769411765

00:26:31.260 --> 00:26:33.213 but a growing group of patients who

NOTE Confidence: 0.924768769411765

 $00:26:33.213 \longrightarrow 00:26:35.220$ really get a tremendous benefit.

NOTE Confidence: 0.924768769411765

 $00:26:35.220 \longrightarrow 00:26:36.753$ And when I say that it's not

NOTE Confidence: 0.924768769411765

 $00:26:36.753 \longrightarrow 00:26:38.206$ just that it shrinks the cancer

NOTE Confidence: 0.924768769411765

 $00:26:38.206 \longrightarrow 00:26:40.258$ by a little bit or or leads to

NOTE Confidence: 0.924768769411765

 $00:26:40.258 \longrightarrow 00:26:41.908$ survival for some amount of time,

NOTE Confidence: 0.924768769411765

 $00:26:41.910 \longrightarrow 00:26:43.870$ but there's certain patients again,

NOTE Confidence: 0.924768769411765

00:26:43.870 --> 00:26:44.230 unfortunately,

NOTE Confidence: 0.924768769411765

00:26:44.230 --> 00:26:45.670 still a small fraction,

NOTE Confidence: 0.924768769411765

 $00{:}26{:}45.670 \dashrightarrow 00{:}26{:}47.678$ but a a notable fraction where this these

NOTE Confidence: 0.924768769411765

00:26:47.678 --> 00:26:49.567 drugs can actually work for a really,

NOTE Confidence: 0.924768769411765

 $00:26:49.570 \longrightarrow 00:26:50.389$ really long time.

 $00:26:50.389 \longrightarrow 00:26:52.300$ And so I think we're at this

NOTE Confidence: 0.924768769411765

 $00{:}26{:}52.359 {\:{\circ}{\circ}{\circ}}>00{:}26{:}54.049$ important moment in kidney cancer

NOTE Confidence: 0.924768769411765

 $00:26:54.049 \longrightarrow 00:26:56.382$ where we now have these tools that

NOTE Confidence: 0.924768769411765

 $00:26:56.382 \longrightarrow 00:26:58.122$ are almost proof of concept that

NOTE Confidence: 0.924768769411765

 $00:26:58.122 \longrightarrow 00:27:00.014$ for a small group of patients.

NOTE Confidence: 0.924768769411765

 $00:27:00.014 \longrightarrow 00:27:01.745$ Were able to really, really,

NOTE Confidence: 0.924768769411765

 $00:27:01.745 \longrightarrow 00:27:04.720$ really good job of controlling their cancer,

NOTE Confidence: 0.924768769411765

 $00:27:04.720 \longrightarrow 00:27:06.304$ and for some of those actually

NOTE Confidence: 0.924768769411765

 $00:27:06.304 \longrightarrow 00:27:07.950$ doing so for really long time.

NOTE Confidence: 0.924768769411765 00:27:07.950 --> 00:27:08.332 Yeah,

NOTE Confidence: 0.924768769411765

 $00:27:08.332 \longrightarrow 00:27:10.242$ really these long term durable

NOTE Confidence: 0.924768769411765

00:27:10.242 --> 00:27:12.380 kind of can't cancer control,

NOTE Confidence: 0.924768769411765

00:27:12.380 --> 00:27:14.340 but there's still a large group of patients,

NOTE Confidence: 0.924768769411765

 $00{:}27{:}14.340 --> 00{:}27{:}14.656 \ unfortunately,$

NOTE Confidence: 0.924768769411765

 $00:27:14.656 \longrightarrow 00:27:16.236$ probably still the majority of

NOTE Confidence: 0.924768769411765

 $00{:}27{:}16.236 \dashrightarrow 00{:}27{:}17.500$ patients with advanced disease,

00:27:17.500 --> 00:27:19.810 for which these this long term control

NOTE Confidence: 0.924768769411765

 $00{:}27{:}19.810 \dashrightarrow 00{:}27{:}22.170$ this long term benefit is not there.

NOTE Confidence: 0.924768769411765

00:27:22.170 --> 00:27:23.878 And so it's this proof of concept.

NOTE Confidence: 0.924768769411765

 $00:27:23.880 \longrightarrow 00:27:24.588$ We can do it,

NOTE Confidence: 0.924768769411765

 $00:27:24.588 \longrightarrow 00:27:25.888$ but we need to figure out how

NOTE Confidence: 0.924768769411765

 $00:27:25.888 \longrightarrow 00:27:27.016$ to do it for more people.

NOTE Confidence: 0.920994847

 $00:27:27.020 \longrightarrow 00:27:28.166$ And that's where I think the

NOTE Confidence: 0.920994847

 $00:27:28.166 \longrightarrow 00:27:28.930$ research is so important.

NOTE Confidence: 0.802643251818182

 $00:27:29.680 \longrightarrow 00:27:31.948$ Well, in the. The other question

NOTE Confidence: 0.802643251818182

 $00:27:31.948 \longrightarrow 00:27:33.750$ that springs to mind is,

NOTE Confidence: 0.802643251818182

 $00{:}27{:}33.750 \dashrightarrow 00{:}27{:}35.484$ can you identify which patients are

NOTE Confidence: 0.802643251818182

00:27:35.484 --> 00:27:37.430 going to do well with immunotherapy

NOTE Confidence: 0.802643251818182

 $00:27:37.430 \longrightarrow 00:27:39.255$ and which patients are not?

NOTE Confidence: 0.5951597174

 $00{:}27{:}40.330 \mathrel{--}{>} 00{:}27{:}42.370$ Absolutely, I think that's a an

NOTE Confidence: 0.5951597174

 $00:27:42.370 \longrightarrow 00:27:43.730$ A critical critical question.

 $00:27:43.730 \longrightarrow 00:27:46.170$ I think you really hit the nail on the head.

NOTE Confidence: 0.5951597174

 $00{:}27{:}46.170 \dashrightarrow 00{:}27{:}48.198$ You know, I think for patients

NOTE Confidence: 0.5951597174

00:27:48.198 --> 00:27:49.550 who are getting immunotherapy,

NOTE Confidence: 0.5951597174

 $00:27:49.550 \longrightarrow 00:27:51.206$ we really need to study this.

NOTE Confidence: 0.5951597174

 $00:27:51.210 \longrightarrow 00:27:53.135$ We need to understand where the patients

NOTE Confidence: 0.5951597174

00:27:53.135 --> 00:27:55.455 that really do well and wine who are the

NOTE Confidence: 0.5951597174

 $00:27:55.455 \longrightarrow 00:27:57.419$ patients for which the therapy fails them.

NOTE Confidence: 0.5951597174

00:27:57.420 --> 00:28:00.610 That doesn't have the benefit it should and.

NOTE Confidence: 0.5951597174

00:28:00.610 --> 00:28:02.460 And what's happening biologically then,

NOTE Confidence: 0.5951597174

 $00:28:02.460 \longrightarrow 00:28:04.008$ and I think that gives us

NOTE Confidence: 0.5951597174

 $00:28:04.008 \longrightarrow 00:28:05.040$ two pieces of information.

NOTE Confidence: 0.5951597174

 $00{:}28{:}05.040 \dashrightarrow 00{:}28{:}07.318$ One is exactly what you're talking about,

NOTE Confidence: 0.5951597174

 $00{:}28{:}07.318 \dashrightarrow 00{:}28{:}09.201$ which is the sort of term biomarker

NOTE Confidence: 0.5951597174

 $00{:}28{:}09.201 \dashrightarrow 00{:}28{:}10.985$ can we actually help to select

NOTE Confidence: 0.5951597174

 $00:28:10.985 \longrightarrow 00:28:12.157$ patients and select drugs.

NOTE Confidence: 0.5951597174

 $00{:}28{:}12.160 \dashrightarrow 00{:}28{:}13.755$ Meaning we match the right

 $00:28:13.755 \longrightarrow 00:28:15.350$ drug with the right patient.

NOTE Confidence: 0.5951597174

 $00{:}28{:}15.350 \mathrel{--}{>} 00{:}28{:}16.880$ That's a really important sort

NOTE Confidence: 0.5951597174

 $00:28:16.880 \longrightarrow 00:28:19.099$ of goal of some of this work.

NOTE Confidence: 0.5951597174

 $00:28:19.100 \longrightarrow 00:28:20.412$ The other bucket is,

NOTE Confidence: 0.5951597174

 $00:28:20.412 \longrightarrow 00:28:22.052$ can we actually understand why

NOTE Confidence: 0.5951597174

 $00:28:22.052 \longrightarrow 00:28:23.608$ certain tumors are resistant,

NOTE Confidence: 0.5951597174

 $00:28:23.610 \longrightarrow 00:28:24.936$ and if we have that understanding,

NOTE Confidence: 0.5951597174

 $00:28:24.940 \longrightarrow 00:28:26.543$ then in in our laboratory can we

NOTE Confidence: 0.5951597174

 $00{:}28{:}26.543 \dashrightarrow 00{:}28{:}27.780$ actually think of strategies,

NOTE Confidence: 0.5951597174

 $00{:}28{:}27.780 \longrightarrow 00{:}28{:}29.455$ ways to overcome that resistance

NOTE Confidence: 0.5951597174

 $00{:}28{:}29.455 \dashrightarrow 00{:}28{:}31.710$ and bring benefit to more patients?

NOTE Confidence: 0.91464109

 $00{:}28{:}32.250 \dashrightarrow 00{:}28{:}34.332$ Doctor David Braun is an assistant

NOTE Confidence: 0.91464109

 $00{:}28{:}34.332 \dashrightarrow 00{:}28{:}36.134$ professor of medicine and medical

NOTE Confidence: 0.91464109

 $00:28:36.134 \longrightarrow 00:28:38.563$ oncology at the Yale School of Medicine.

NOTE Confidence: 0.91464109

00:28:38.570 --> 00:28:40.694 If you have questions,

 $00{:}28{:}40.694 \dashrightarrow 00{:}28{:}42.749$ the address is canceranswers@yale.edu

NOTE Confidence: 0.91464109

 $00{:}28{:}42.749 \dashrightarrow 00{:}28{:}45.503$ and past editions of the program

NOTE Confidence: 0.91464109

 $00{:}28{:}45.503 \dashrightarrow 00{:}28{:}47.910$ are available in audio and written

NOTE Confidence: 0.91464109

 $00:28:47.910 \longrightarrow 00:28:48.875$ form at yalecancercenter.org.

NOTE Confidence: 0.91464109

 $00{:}28{:}48.875 \dashrightarrow 00{:}28{:}51.475$ We hope you'll join us next week to

NOTE Confidence: 0.91464109

 $00{:}28{:}51.475 \dashrightarrow 00{:}28{:}53.460$ learn more about the fight against

NOTE Confidence: 0.91464109

 $00{:}28{:}53.460 \dashrightarrow 00{:}28{:}55.060$ cancer here on Connecticut Public

NOTE Confidence: 0.91464109

 $00:28:55.118 \longrightarrow 00:28:56.948$ radio funding for Yale Cancer Answers

NOTE Confidence: 0.91464109

00:28:56.948 --> 00:29:00.000 is provided by Smilow Cancer Hospital.