

WEBVTT

NOTE duration:"00:29:00"

NOTE recognizability:0.844

NOTE language:en-us

NOTE Confidence: 0.846873299285714

00:00:00.000 --> 00:00:03.682 Funding for Yale Cancer Answers is provided

NOTE Confidence: 0.846873299285714

00:00:03.682 --> 00:00:07.637 by Smilow Cancer Hospital and Astra Zeneca.

NOTE Confidence: 0.846873299285714

00:00:07.640 --> 00:00:09.195 Welcome to Yale Cancer answers

NOTE Confidence: 0.846873299285714

00:00:09.195 --> 00:00:11.321 with your host. Dr Anis Jaguar.

NOTE Confidence: 0.846873299285714

00:00:11.321 --> 00:00:13.306 Yale Cancer answers features the

NOTE Confidence: 0.846873299285714

00:00:13.306 --> 00:00:15.656 latest information on cancer care by

NOTE Confidence: 0.846873299285714

00:00:15.656 --> 00:00:17.148 welcoming oncologists and specialists

NOTE Confidence: 0.846873299285714

00:00:17.148 --> 00:00:19.779 who are on the forefront of the battle

NOTE Confidence: 0.846873299285714

00:00:19.779 --> 00:00:21.818 to fight cancer this week in honor

NOTE Confidence: 0.846873299285714

00:00:21.818 --> 00:00:23.228 of breast Cancer Awareness Month.

NOTE Confidence: 0.846873299285714

00:00:23.230 --> 00:00:25.054 It's Part 2 of a conversation

NOTE Confidence: 0.846873299285714

00:00:25.054 --> 00:00:26.270 with breast cancer survivor,

NOTE Confidence: 0.846873299285714

00:00:26.270 --> 00:00:27.040 Claudine Maury.

NOTE Confidence: 0.846873299285714

00:00:27.040 --> 00:00:30.120 Dr Chad Power is a professor of surgical  
NOTE Confidence: 0.846873299285714

00:00:30.189 --> 00:00:32.590 oncology at the Yale School of Medicine  
NOTE Confidence: 0.846873299285714

00:00:32.590 --> 00:00:35.660 and one of claudins physicians. So  
NOTE Confidence: 0.903585821

00:00:35.690 --> 00:00:38.021 we had gotten to the part of  
NOTE Confidence: 0.903585821

00:00:38.021 --> 00:00:40.229 the story where you you were.  
NOTE Confidence: 0.903585821

00:00:40.229 --> 00:00:43.050 As I said in your early 40s,  
NOTE Confidence: 0.903585821

00:00:43.050 --> 00:00:45.768 you had gone to your Doctor Who had given  
NOTE Confidence: 0.903585821

00:00:45.768 --> 00:00:48.454 you a clean bill of health and then a  
NOTE Confidence: 0.903585821

00:00:48.454 --> 00:00:51.248 couple of days later you had found a lump.  
NOTE Confidence: 0.903585821

00:00:51.250 --> 00:00:52.360 You were proactive.  
NOTE Confidence: 0.903585821

00:00:52.360 --> 00:00:54.580 You went back to your doctor.  
NOTE Confidence: 0.903585821

00:00:54.580 --> 00:00:56.130 One thing led to another,  
NOTE Confidence: 0.903585821

00:00:56.130 --> 00:00:57.970 and you were given the  
NOTE Confidence: 0.903585821

00:00:57.970 --> 00:00:59.442 diagnosis of breast cancer.  
NOTE Confidence: 0.903585821

00:00:59.450 --> 00:01:02.175 You were also very proactive  
NOTE Confidence: 0.903585821

00:01:02.175 --> 00:01:03.810 in interviewing doctors.

NOTE Confidence: 0.903585821

00:01:03.810 --> 00:01:05.140 He kind of talked to us about.

NOTE Confidence: 0.903585821

00:01:05.140 --> 00:01:07.100 That, in terms of finding the plastic

NOTE Confidence: 0.903585821

00:01:07.100 --> 00:01:08.720 surgeon that was right for you,

NOTE Confidence: 0.903585821

00:01:08.720 --> 00:01:10.455 making decisions that were right

NOTE Confidence: 0.903585821

00:01:10.455 --> 00:01:13.052 for you in terms of choosing whether

NOTE Confidence: 0.903585821

00:01:13.052 --> 00:01:15.410 you wanted to have one breast,

NOTE Confidence: 0.903585821

00:01:15.410 --> 00:01:16.858 or both breasts and,

NOTE Confidence: 0.903585821

00:01:16.858 --> 00:01:18.668 and ultimately you did decide

NOTE Confidence: 0.903585821

00:01:18.668 --> 00:01:21.020 to have a bilateral mastectomy.

NOTE Confidence: 0.903585821

00:01:21.020 --> 00:01:23.120 And so the third kind of bump

NOTE Confidence: 0.903585821

00:01:23.120 --> 00:01:25.459 in the road that we got to

NOTE Confidence: 0.903585821

00:01:25.459 --> 00:01:27.164 was the morning of surgery.

NOTE Confidence: 0.903585821

00:01:27.170 --> 00:01:29.285 I asked you how that was and you said,

NOTE Confidence: 0.903585821

00:01:29.290 --> 00:01:30.950 you know, we we left,

NOTE Confidence: 0.903585821

00:01:30.950 --> 00:01:34.478 you had your brother in law in tow.

NOTE Confidence: 0.903585821

00:01:34.480 --> 00:01:36.470 And then you hit traffic and then  
NOTE Confidence: 0.903585821

00:01:36.470 --> 00:01:38.280 you lost your brother-in-law.  
NOTE Confidence: 0.903585821

00:01:38.280 --> 00:01:38.970 Yes,  
NOTE Confidence: 0.940035194285714

00:01:39.390 --> 00:01:41.490 yes, and I said it was literally  
NOTE Confidence: 0.937236883333333

00:01:41.500 --> 00:01:44.292 like we were in the Grand Theft Auto  
NOTE Confidence: 0.937236883333333

00:01:44.292 --> 00:01:47.002 game and just every single turn we  
NOTE Confidence: 0.937236883333333

00:01:47.002 --> 00:01:49.720 made we just hit another obstacle.  
NOTE Confidence: 0.937236883333333

00:01:49.720 --> 00:01:52.821 Uhm, so yeah, So what should have  
NOTE Confidence: 0.937236883333333

00:01:52.821 --> 00:01:56.049 taken no more than 20 minutes to get  
NOTE Confidence: 0.937236883333333

00:01:56.049 --> 00:01:59.007 to Smilow took an hour and a half.  
NOTE Confidence: 0.937236883333333

00:01:59.010 --> 00:02:01.322 And I of course called like  
NOTE Confidence: 0.937236883333333

00:02:01.322 --> 00:02:02.666 a panicked person.  
NOTE Confidence: 0.937236883333333

00:02:02.670 --> 00:02:04.014 And of course the nurses were  
NOTE Confidence: 0.937236883333333

00:02:04.014 --> 00:02:04.686 like don't worry,  
NOTE Confidence: 0.937236883333333

00:02:04.690 --> 00:02:06.150 everyone else is late too,  
NOTE Confidence: 0.937236883333333

00:02:06.150 --> 00:02:09.706 because what had happened was a fatal

NOTE Confidence: 0.937236883333333

00:02:09.706 --> 00:02:13.050 accident and everyone did get taken to ER.

NOTE Confidence: 0.937236883333333

00:02:13.050 --> 00:02:14.886 So everything was a little behind,

NOTE Confidence: 0.937236883333333

00:02:14.890 --> 00:02:17.225 so they were very very kind.

NOTE Confidence: 0.937236883333333

00:02:17.225 --> 00:02:18.700 But of course my blood

NOTE Confidence: 0.937236883333333

00:02:18.700 --> 00:02:20.184 pressure was through the roof

NOTE Confidence: 0.937236883333333

00:02:20.184 --> 00:02:21.618 by the time we got there.

NOTE Confidence: 0.937236883333333

00:02:21.860 --> 00:02:22.840 And so

NOTE Confidence: 0.862949218888889

00:02:22.900 --> 00:02:25.690 the moral of that snippet of this story is,

NOTE Confidence: 0.862949218888889

00:02:25.690 --> 00:02:27.466 is is is a greater theme,

NOTE Confidence: 0.862949218888889

00:02:27.470 --> 00:02:29.100 which is that. You know,

NOTE Confidence: 0.862949218888889

00:02:29.100 --> 00:02:31.340 particularly for breast cancer survivors,

NOTE Confidence: 0.862949218888889

00:02:31.340 --> 00:02:33.874 there are many, many bumps in the

NOTE Confidence: 0.862949218888889

00:02:33.874 --> 00:02:35.850 road obstacles that will happen,

NOTE Confidence: 0.862949218888889

00:02:35.850 --> 00:02:38.230 unforeseen things that will happen,

NOTE Confidence: 0.862949218888889

00:02:38.230 --> 00:02:39.462 and it's really important

NOTE Confidence: 0.862949218888889

00:02:39.462 --> 00:02:41.310 just to take a deep breath.  
NOTE Confidence: 0.862949218888889

00:02:41.310 --> 00:02:42.918 And know that it's going to be OK.  
NOTE Confidence: 0.86066465

00:02:44.460 --> 00:02:49.985 And that is the biggest takeaway is to just.  
NOTE Confidence: 0.904985832857143

00:02:49.990 --> 00:02:53.168 No, that everything is going to be  
NOTE Confidence: 0.904985832857143

00:02:53.168 --> 00:02:56.048 OK because there are going to be.  
NOTE Confidence: 0.904985832857143

00:02:56.050 --> 00:02:58.262 I literally felt like I had to  
NOTE Confidence: 0.904985832857143

00:02:58.262 --> 00:03:00.354 jump one hurdle after the next  
NOTE Confidence: 0.904985832857143

00:03:00.354 --> 00:03:02.502 that I wasn't expecting to jump.  
NOTE Confidence: 0.904985832857143

00:03:02.510 --> 00:03:05.732 So I think you just have to keep your  
NOTE Confidence: 0.904985832857143

00:03:05.732 --> 00:03:08.788 mind open because you don't know what's  
NOTE Confidence: 0.904985832857143

00:03:08.788 --> 00:03:12.448 going to happen until you go in for surgery.  
NOTE Confidence: 0.904985832857143

00:03:12.450 --> 00:03:14.725 You can think like we had thought.  
NOTE Confidence: 0.904985832857143

00:03:14.730 --> 00:03:16.620 Early stage you're going to.  
NOTE Confidence: 0.904985832857143

00:03:16.620 --> 00:03:20.268 You know this is great, but you know what?  
NOTE Confidence: 0.904985832857143

00:03:20.268 --> 00:03:24.029 It was another story and you just can't  
NOTE Confidence: 0.904985832857143

00:03:24.029 --> 00:03:27.265 predict that unfortunately, UM, so yeah.

NOTE Confidence: 0.904985832857143  
00:03:27.265 --> 00:03:29.440 So you do have to.  
NOTE Confidence: 0.904985832857143  
00:03:29.440 --> 00:03:32.149 Stay open and try and not set  
NOTE Confidence: 0.904985832857143  
00:03:32.149 --> 00:03:34.690 yourself up for disappointment.  
NOTE Confidence: 0.904985832857143  
00:03:34.690 --> 00:03:36.178 I mean, it's a little hard,  
NOTE Confidence: 0.941049434  
00:03:36.580 --> 00:03:37.870 so let's talk about that.  
NOTE Confidence: 0.941049434  
00:03:37.870 --> 00:03:40.362 So you finally make it to the  
NOTE Confidence: 0.941049434  
00:03:40.362 --> 00:03:42.829 hospital and you get into surgery.  
NOTE Confidence: 0.941049434  
00:03:42.830 --> 00:03:44.741 What was that like for you and  
NOTE Confidence: 0.941049434  
00:03:44.741 --> 00:03:46.989 what was it like for your family?  
NOTE Confidence: 0.941049434  
00:03:46.990 --> 00:03:48.319 Because? You know,  
NOTE Confidence: 0.941049434  
00:03:48.319 --> 00:03:50.977 I know that these surgeries can  
NOTE Confidence: 0.941049434  
00:03:50.977 --> 00:03:53.759 be really long and oftentimes.  
NOTE Confidence: 0.941049434  
00:03:53.760 --> 00:03:55.220 It's the family that's kind  
NOTE Confidence: 0.941049434  
00:03:55.220 --> 00:03:56.680 of wringing their hands out.  
NOTE Confidence: 0.941049434  
00:03:56.680 --> 00:03:58.640 Matt family waiting room going.  
NOTE Confidence: 0.941049434

00:03:58.640 --> 00:03:59.620 I hope she's OK.  
NOTE Confidence: 0.941049434

00:03:59.620 --> 00:04:00.845 I wonder what's going on.  
NOTE Confidence: 0.819594272

00:04:02.330 --> 00:04:05.460 Note that. It was and it was a long surgery.  
NOTE Confidence: 0.819594272

00:04:05.460 --> 00:04:10.532 I believe it was six hours uhm and I  
NOTE Confidence: 0.819594272

00:04:10.532 --> 00:04:12.968 was extremely grateful for my brother  
NOTE Confidence: 0.819594272

00:04:12.968 --> 00:04:16.107 coming my most of my family lives in  
NOTE Confidence: 0.819594272

00:04:16.107 --> 00:04:18.684 Long Island or Florida and my brother  
NOTE Confidence: 0.819594272

00:04:18.684 --> 00:04:21.174 came up and was in the waiting room with  
NOTE Confidence: 0.819594272

00:04:21.174 --> 00:04:23.278 Jim and also Jim had another friend.  
NOTE Confidence: 0.819594272

00:04:23.280 --> 00:04:25.496 So it was the three of them UM  
NOTE Confidence: 0.819594272

00:04:25.496 --> 00:04:27.478 and so at least they had.  
NOTE Confidence: 0.819594272

00:04:27.480 --> 00:04:29.592 You know, the three of them to keep  
NOTE Confidence: 0.819594272

00:04:29.592 --> 00:04:31.416 themselves company come for me.  
NOTE Confidence: 0.819594272

00:04:31.416 --> 00:04:34.440 I had never been in a hospital.  
NOTE Confidence: 0.819594272

00:04:34.440 --> 00:04:37.770 Much less a surgery room.  
NOTE Confidence: 0.819594272

00:04:37.770 --> 00:04:43.458 So completely, uhm, scary.



NOTE Confidence: 0.819594272

00:04:43.460 --> 00:04:44.840 'cause it's just you know,

NOTE Confidence: 0.819594272

00:04:44.840 --> 00:04:45.940 OK, you're in your robe.

NOTE Confidence: 0.819594272

00:04:45.940 --> 00:04:46.190 And

NOTE Confidence: 0.95212513125

00:04:46.480 --> 00:04:48.456 I was kind of surprised because they walked.

NOTE Confidence: 0.95212513125

00:04:48.460 --> 00:04:49.552 Walked me to surgery,

NOTE Confidence: 0.95212513125

00:04:49.552 --> 00:04:50.917 which I I don't know.

NOTE Confidence: 0.95212513125

00:04:50.920 --> 00:04:52.324 I guess I was expecting I'd

NOTE Confidence: 0.95212513125

00:04:52.324 --> 00:04:55.098 get wheeled into surgery,

NOTE Confidence: 0.95212513125

00:04:55.100 --> 00:04:56.948 but no, I just walked in with

NOTE Confidence: 0.95212513125

00:04:56.948 --> 00:04:58.578 my gown and my head cap.

NOTE Confidence: 0.85726942875

00:04:59.370 --> 00:05:01.514 The last thing I remember was the countdown.

NOTE Confidence: 0.85726942875

00:05:01.520 --> 00:05:03.116 OK, we're gonna put this over here.

NOTE Confidence: 0.85726942875

00:05:03.120 --> 00:05:05.768 You know we're going to start the anesthesia

NOTE Confidence: 0.85726942875

00:05:05.768 --> 00:05:08.620 and I don't know I I maybe got down to

NOTE Confidence: 0.85726942875

00:05:08.620 --> 00:05:10.660 98 and that's the last thing I remember.

NOTE Confidence: 0.85726942875

00:05:10.660 --> 00:05:14.580 So Fast forward I don't know six hours.

NOTE Confidence: 0.85726942875

00:05:14.580 --> 00:05:17.870 Because you did your part of the

NOTE Confidence: 0.85726942875

00:05:17.870 --> 00:05:21.774 cancer removal, the Sentinel node

NOTE Confidence: 0.85726942875

00:05:21.774 --> 00:05:25.769 biopsy and then the breasts are.

NOTE Confidence: 0.85726942875

00:05:25.769 --> 00:05:27.141 I'm sorry the reconstructive

NOTE Confidence: 0.85726942875

00:05:27.141 --> 00:05:28.699 plastic surgery does his part,

NOTE Confidence: 0.85726942875

00:05:28.700 --> 00:05:32.344 so two parts, so I Fast forward.

NOTE Confidence: 0.85726942875

00:05:32.344 --> 00:05:35.848 I'm in recovery and my eyes

NOTE Confidence: 0.85726942875

00:05:35.848 --> 00:05:38.320 are not even open.

NOTE Confidence: 0.85726942875

00:05:38.320 --> 00:05:42.835 And I hear the nurse say something

NOTE Confidence: 0.85726942875

00:05:42.835 --> 00:05:47.380 about the drain under my arm.

NOTE Confidence: 0.85726942875

00:05:47.380 --> 00:05:49.788 And as soon as she said that,

NOTE Confidence: 0.85726942875

00:05:49.790 --> 00:05:51.113 I knew immediately.

NOTE Confidence: 0.85726942875

00:05:51.113 --> 00:05:54.200 It had spread to my lymph nodes.

NOTE Confidence: 0.85726942875

00:05:54.200 --> 00:05:57.049 It just immediately knew and I opened

NOTE Confidence: 0.85726942875

00:05:57.049 --> 00:05:59.858 my eyes and Jim was the first.

NOTE Confidence: 0.85726942875  
00:05:59.860 --> 00:06:00.508 You know,  
NOTE Confidence: 0.85726942875  
00:06:00.508 --> 00:06:02.820 he's right there and I just looked at  
NOTE Confidence: 0.85726942875  
00:06:02.820 --> 00:06:05.016 him and I said it was in my lymph nodes,  
NOTE Confidence: 0.85726942875  
00:06:05.020 --> 00:06:08.390 wasn't it? And he said yes, yes sweetheart.  
NOTE Confidence: 0.85726942875  
00:06:08.390 --> 00:06:10.271 It was dumb.  
NOTE Confidence: 0.85726942875  
00:06:10.271 --> 00:06:13.060 So that was really hard because in  
NOTE Confidence: 0.85726942875  
00:06:13.060 --> 00:06:16.056 and that's scary. OK, I got this.  
NOTE Confidence: 0.85726942875  
00:06:16.056 --> 00:06:18.390 You know cancer removed but now.  
NOTE Confidence: 0.85726942875  
00:06:18.390 --> 00:06:22.150 It's in my lymph node, so now what happens?  
NOTE Confidence: 0.85726942875  
00:06:22.150 --> 00:06:25.966 So that was really scary for me  
NOTE Confidence: 0.85726942875  
00:06:25.966 --> 00:06:28.474 and I wasn't prepared for that.  
NOTE Confidence: 0.85726942875  
00:06:28.480 --> 00:06:30.640 Honestly, I really thought, hey,  
NOTE Confidence: 0.85726942875  
00:06:30.640 --> 00:06:34.294 we're in here early and stage one.  
NOTE Confidence: 0.85726942875  
00:06:34.300 --> 00:06:35.122 No biggie.  
NOTE Confidence: 0.85726942875  
00:06:35.122 --> 00:06:38.950 I'll get this done and then I'll be done.  
NOTE Confidence: 0.85726942875

00:06:38.950 --> 00:06:42.480 So that wasn't the case.  
NOTE Confidence: 0.85726942875  
00:06:42.480 --> 00:06:42.856 Yeah,  
NOTE Confidence: 0.85726942875  
00:06:42.856 --> 00:06:43.608 so yeah.  
NOTE Confidence: 0.842531047142857  
00:06:44.140 --> 00:06:47.199 So the The thing is that right?  
NOTE Confidence: 0.842531047142857  
00:06:47.200 --> 00:06:48.630 Especially because you had been  
NOTE Confidence: 0.842531047142857  
00:06:48.630 --> 00:06:50.500 given a clean bill of health.  
NOTE Confidence: 0.842531047142857  
00:06:50.500 --> 00:06:52.544 You know just a few days before  
NOTE Confidence: 0.842531047142857  
00:06:52.544 --> 00:06:54.110 you had noticed this lump.  
NOTE Confidence: 0.842531047142857  
00:06:54.110 --> 00:06:56.768 Everyone thought that this was early,  
NOTE Confidence: 0.842531047142857  
00:06:56.770 --> 00:07:00.266 but we had talked about the fact that.  
NOTE Confidence: 0.842531047142857  
00:07:00.270 --> 00:07:02.902 You know? There's only two people  
NOTE Confidence: 0.842531047142857  
00:07:02.902 --> 00:07:04.460 who can tell you anything for sure.  
NOTE Confidence: 0.842531047142857  
00:07:04.460 --> 00:07:06.320 God and the pathologist and I,  
NOTE Confidence: 0.842531047142857  
00:07:06.320 --> 00:07:07.480 I tell all my patients.  
NOTE Confidence: 0.842531047142857  
00:07:07.480 --> 00:07:09.408 I'm not God and.  
NOTE Confidence: 0.842531047142857  
00:07:09.408 --> 00:07:13.130 You know the imaging isn't God either,

NOTE Confidence: 0.842531047142857  
00:07:13.130 --> 00:07:16.746 and, and so you may go in thinking  
NOTE Confidence: 0.842531047142857  
00:07:16.750 --> 00:07:18.628 that this is all early stage,  
NOTE Confidence: 0.842531047142857  
00:07:18.630 --> 00:07:20.400 but that's why we check  
NOTE Confidence: 0.842531047142857  
00:07:20.400 --> 00:07:22.170 the lymph nodes and Jim,  
NOTE Confidence: 0.842531047142857  
00:07:22.170 --> 00:07:24.516 your husband actually found out that  
NOTE Confidence: 0.842531047142857  
00:07:24.516 --> 00:07:27.009 the lymph nodes had cancer because  
NOTE Confidence: 0.842531047142857  
00:07:27.009 --> 00:07:29.565 during the surgery as you mentioned  
NOTE Confidence: 0.842531047142857  
00:07:29.565 --> 00:07:32.308 we checked those lymph nodes and we  
NOTE Confidence: 0.842531047142857  
00:07:32.308 --> 00:07:34.748 get the pathologist to look at them  
NOTE Confidence: 0.842531047142857  
00:07:34.748 --> 00:07:36.602 right under the microscope right then  
NOTE Confidence: 0.842531047142857  
00:07:36.602 --> 00:07:38.695 and there to tell us whether we need  
NOTE Confidence: 0.842531047142857  
00:07:38.695 --> 00:07:41.156 to take out all of the lymph nodes or not.  
NOTE Confidence: 0.842531047142857  
00:07:41.160 --> 00:07:45.460 And so I was just as surprised as you were,  
NOTE Confidence: 0.842531047142857  
00:07:45.460 --> 00:07:47.578 but you know, when the the  
NOTE Confidence: 0.842531047142857  
00:07:47.578 --> 00:07:49.589 pathologist comes back and says no,  
NOTE Confidence: 0.842531047142857

00:07:49.590 --> 00:07:51.750 we see cancer cells there.  
NOTE Confidence: 0.842531047142857

00:07:51.750 --> 00:07:52.280 You know,  
NOTE Confidence: 0.842531047142857

00:07:52.280 --> 00:07:54.575 you need to take out these rooms, nodes.  
NOTE Confidence: 0.842531047142857

00:07:54.575 --> 00:07:59.500 The good news about that story though, is.  
NOTE Confidence: 0.842531047142857

00:07:59.500 --> 00:08:02.517 Very much like finding cancer at all.  
NOTE Confidence: 0.842531047142857

00:08:02.520 --> 00:08:04.704 The only thing worse than finding  
NOTE Confidence: 0.842531047142857

00:08:04.704 --> 00:08:06.700 cancer is not finding cancer,  
NOTE Confidence: 0.842531047142857

00:08:06.700 --> 00:08:08.380 and so it was good that we  
NOTE Confidence: 0.842531047142857

00:08:08.380 --> 00:08:10.251 found it and were able to take  
NOTE Confidence: 0.842531047142857

00:08:10.251 --> 00:08:11.877 care of it then and there.  
NOTE Confidence: 0.842531047142857

00:08:11.880 --> 00:08:14.658 But I can completely empathize with  
NOTE Confidence: 0.842531047142857

00:08:14.658 --> 00:08:17.440 how scary that must have been.  
NOTE Confidence: 0.842531047142857

00:08:17.440 --> 00:08:18.490 So in  
NOTE Confidence: 0.891942766666667

00:08:18.640 --> 00:08:20.290 in your head, you set yourself  
NOTE Confidence: 0.951260176666667

00:08:20.320 --> 00:08:22.258 up for the best case scenario,  
NOTE Confidence: 0.951260176666667

00:08:22.260 --> 00:08:23.588 because that's what you want.

NOTE Confidence: 0.951260176666667  
00:08:23.590 --> 00:08:25.179 You know you want to be positive.  
NOTE Confidence: 0.951260176666667  
00:08:25.180 --> 00:08:26.240 You want to be hopeful,  
NOTE Confidence: 0.951260176666667  
00:08:26.240 --> 00:08:29.726 and you know it's an honestly.  
NOTE Confidence: 0.951260176666667  
00:08:29.730 --> 00:08:34.596 I really didn't know much, you know,  
NOTE Confidence: 0.951260176666667  
00:08:34.596 --> 00:08:36.332 I just didn't know we don't have  
NOTE Confidence: 0.951260176666667  
00:08:36.332 --> 00:08:38.278 cancer in our family, you know.  
NOTE Confidence: 0.951260176666667  
00:08:38.278 --> 00:08:41.062 So I really was a complete  
NOTE Confidence: 0.951260176666667  
00:08:41.062 --> 00:08:43.709 novice to the whole thing.  
NOTE Confidence: 0.951260176666667  
00:08:43.710 --> 00:08:44.978 Yeah, so so yeah.  
NOTE Confidence: 0.951260176666667  
00:08:44.978 --> 00:08:48.202 And I did thank God that I had made  
NOTE Confidence: 0.951260176666667  
00:08:48.202 --> 00:08:50.692 the decision to get the bilateral  
NOTE Confidence: 0.951260176666667  
00:08:50.692 --> 00:08:53.003 mastectomy because I felt like no,  
NOTE Confidence: 0.951260176666667  
00:08:53.003 --> 00:08:55.684 not not having known because you can't  
NOTE Confidence: 0.951260176666667  
00:08:55.684 --> 00:08:58.329 know until you do go in for surgery.  
NOTE Confidence: 0.951260176666667  
00:08:58.330 --> 00:09:00.139 I felt like.  
NOTE Confidence: 0.951260176666667

00:09:00.139 --> 00:09:03.757 At least I made the decision.  
NOTE Confidence: 0.951260176666667

00:09:03.760 --> 00:09:05.867 I felt like I had a better  
NOTE Confidence: 0.951260176666667

00:09:05.867 --> 00:09:07.200 chance down the road.  
NOTE Confidence: 0.951260176666667

00:09:07.200 --> 00:09:09.420 Yeah, of a possible recurrence because  
NOTE Confidence: 0.951260176666667

00:09:09.420 --> 00:09:12.043 had I not made that decision and  
NOTE Confidence: 0.951260176666667

00:09:12.043 --> 00:09:14.535 then having it in my lymph nodes,  
NOTE Confidence: 0.951260176666667

00:09:14.540 --> 00:09:16.220 would I have felt the same?  
NOTE Confidence: 0.951260176666667

00:09:16.220 --> 00:09:16.577 Yeah,  
NOTE Confidence: 0.951260176666667

00:09:16.577 --> 00:09:18.719 so I was super grateful that  
NOTE Confidence: 0.951260176666667

00:09:18.719 --> 00:09:20.989 I had made that decision.  
NOTE Confidence: 0.937584290454546

00:09:21.240 --> 00:09:22.890 Yeah, and I think you know  
NOTE Confidence: 0.937584290454546

00:09:22.890 --> 00:09:24.670 there's a few points there that  
NOTE Confidence: 0.937584290454546

00:09:24.670 --> 00:09:26.530 I think are really important and  
NOTE Confidence: 0.937584290454546

00:09:26.530 --> 00:09:28.300 the first is that every woman,  
NOTE Confidence: 0.937584290454546

00:09:28.300 --> 00:09:30.340 every patient is going to make  
NOTE Confidence: 0.937584290454546

00:09:30.340 --> 00:09:32.360 the decision that's best for them.



NOTE Confidence: 0.937584290454546  
00:09:32.360 --> 00:09:35.456 So you should never. Feel brushed,  
NOTE Confidence: 0.937584290454546  
00:09:35.460 --> 00:09:37.840 you should never feel pressured.  
NOTE Confidence: 0.937584290454546  
00:09:37.840 --> 00:09:40.360 I always tell patients you know.  
NOTE Confidence: 0.937584290454546  
00:09:40.360 --> 00:09:41.992 Knowledge is power, right?  
NOTE Confidence: 0.937584290454546  
00:09:41.992 --> 00:09:44.440 And you always want to make  
NOTE Confidence: 0.937584290454546  
00:09:44.524 --> 00:09:46.624 decisions based on knowledge and  
NOTE Confidence: 0.937584290454546  
00:09:46.624 --> 00:09:50.436 not based on fear and so you know  
NOTE Confidence: 0.937584290454546  
00:09:50.436 --> 00:09:53.068 it's so good when people kind of  
NOTE Confidence: 0.937584290454546  
00:09:53.068 --> 00:09:55.418 taken all of the information,  
NOTE Confidence: 0.937584290454546  
00:09:55.420 --> 00:09:57.814 process it and then really evaluate  
NOTE Confidence: 0.937584290454546  
00:09:57.814 --> 00:10:00.848 it in terms of their own values,  
NOTE Confidence: 0.937584290454546  
00:10:00.850 --> 00:10:03.334 because what you decided might have  
NOTE Confidence: 0.937584290454546  
00:10:03.334 --> 00:10:05.645 been something that somebody else might  
NOTE Confidence: 0.937584290454546  
00:10:05.645 --> 00:10:07.973 have looked at and said Oh my God,  
NOTE Confidence: 0.937584290454546  
00:10:07.980 --> 00:10:09.180 why aren't you doing that?  
NOTE Confidence: 0.937584290454546

00:10:09.180 --> 00:10:10.800 It's an early stage cancer.  
NOTE Confidence: 0.937584290454546

00:10:10.800 --> 00:10:11.409 Why would you?  
NOTE Confidence: 0.74019615

00:10:12.360 --> 00:10:13.448 People did say that  
NOTE Confidence: 0.887689612222222

00:10:13.460 --> 00:10:16.385 all of that out and run your own race.  
NOTE Confidence: 0.879207315

00:10:17.150 --> 00:10:20.375 Exactly and again you have  
NOTE Confidence: 0.879207315

00:10:20.375 --> 00:10:23.600 to trust the inner voice.  
NOTE Confidence: 0.879207315

00:10:23.600 --> 00:10:26.572 My gut was telling me to  
NOTE Confidence: 0.879207315

00:10:26.572 --> 00:10:28.940 proceed in that direction.  
NOTE Confidence: 0.879207315

00:10:28.940 --> 00:10:32.138 Always listen to your inner voice.  
NOTE Confidence: 0.879207315

00:10:32.140 --> 00:10:33.976 Yeah, will never lead you wrong.  
NOTE Confidence: 0.879207315

00:10:33.980 --> 00:10:34.946 It really won't.  
NOTE Confidence: 0.879207315

00:10:34.946 --> 00:10:36.556 Yeah, and people can second  
NOTE Confidence: 0.879207315

00:10:36.556 --> 00:10:38.760 guess and you know what? You can.  
NOTE Confidence: 0.879207315

00:10:38.760 --> 00:10:40.570 Second guess my decision all you want.  
NOTE Confidence: 0.879207315

00:10:40.570 --> 00:10:42.490 It's my decision exactly right?  
NOTE Confidence: 0.879207315

00:10:42.490 --> 00:10:45.550 So and thank God we have the we have the

NOTE Confidence: 0.879207315

00:10:45.628 --> 00:10:48.460 options here to make those decisions.

NOTE Confidence: 0.879207315

00:10:48.460 --> 00:10:49.380 Thank God.

NOTE Confidence: 0.879207315

00:10:49.380 --> 00:10:51.220 Yeah so I was.

NOTE Confidence: 0.879207315

00:10:51.220 --> 00:10:52.888 I was extremely grateful.

NOTE Confidence: 0.914521295

00:10:52.920 --> 00:10:55.236 Yeah. So so for patients out

NOTE Confidence: 0.914521295

00:10:55.236 --> 00:10:56.780 there who are listening,

NOTE Confidence: 0.914521295

00:10:56.780 --> 00:10:59.435 I think you know you really need to ask.

NOTE Confidence: 0.914521295

00:10:59.440 --> 00:11:02.146 Jens, get all of the information

NOTE Confidence: 0.914521295

00:11:02.146 --> 00:11:04.535 and then process it according

NOTE Confidence: 0.914521295

00:11:04.535 --> 00:11:06.680 to what is right for you,

NOTE Confidence: 0.914521295

00:11:06.680 --> 00:11:08.809 which might not be right for other

NOTE Confidence: 0.914521295

00:11:08.809 --> 00:11:11.063 people and so they may have their

NOTE Confidence: 0.914521295

00:11:11.063 --> 00:11:12.780 stories and their decisions.

NOTE Confidence: 0.914521295

00:11:12.780 --> 00:11:15.300 And that's great and that might suit them,

NOTE Confidence: 0.914521295

00:11:15.300 --> 00:11:19.292 but you need to do what's right for you so.

NOTE Confidence: 0.914521295

00:11:19.292 --> 00:11:20.948 You're in recovery.  
NOTE Confidence: 0.914521295

00:11:20.948 --> 00:11:23.708 Jim gives you this news.  
NOTE Confidence: 0.914521295

00:11:23.710 --> 00:11:27.518 You're somewhat devastated. I'm  
NOTE Confidence: 0.92148766

00:11:27.730 --> 00:11:29.010 yeah, I'm devastated, but I'm  
NOTE Confidence: 0.92148766

00:11:29.010 --> 00:11:30.900 completely out of it as well. I think  
NOTE Confidence: 0.8681803725

00:11:30.910 --> 00:11:33.526 I fell asleep. I think I I kind of closed  
NOTE Confidence: 0.8681803725

00:11:33.526 --> 00:11:35.938 my eyes and kinda after it's here came down  
NOTE Confidence: 0.948578971666667

00:11:35.950 --> 00:11:37.392 my cheek. I think I I think  
NOTE Confidence: 0.948578971666667

00:11:37.392 --> 00:11:39.440 I fell back to sleep. Yeah  
NOTE Confidence: 0.86289862

00:11:39.590 --> 00:11:41.480 anesthesia does have its perks.  
NOTE Confidence: 0.65365984

00:11:41.850 --> 00:11:43.158 Yeah I I  
NOTE Confidence: 0.868333910909091

00:11:43.170 --> 00:11:45.410 don't you know what and I wasn't feeling  
NOTE Confidence: 0.868333910909091

00:11:45.410 --> 00:11:47.086 anything so because you did tell me  
NOTE Confidence: 0.868333910909091

00:11:47.086 --> 00:11:48.624 you're gonna feel like you got hit by a  
NOTE Confidence: 0.868333910909091

00:11:48.624 --> 00:11:50.736 Mac truck I didn't feel the Mack truck.  
NOTE Confidence: 0.868333910909091

00:11:50.740 --> 00:11:57.140 Yeah, so uhm exactly yeah yeah so yeah.

NOTE Confidence: 0.868333910909091  
00:11:57.140 --> 00:12:01.292 And then I remember my sister in law  
NOTE Confidence: 0.868333910909091  
00:12:01.292 --> 00:12:04.507 which was in recovery so I did get brought  
NOTE Confidence: 0.868333910909091  
00:12:04.507 --> 00:12:07.601 into my room rather quickly and I don't  
NOTE Confidence: 0.868333910909091  
00:12:07.601 --> 00:12:10.805 know when it stayed very long it I think  
NOTE Confidence: 0.868333910909091  
00:12:10.810 --> 00:12:11.895 it was like 10:00 o'clock at night.  
NOTE Confidence: 0.868333910909091  
00:12:11.900 --> 00:12:15.044 By that point it was pretty late so everybody  
NOTE Confidence: 0.868333910909091  
00:12:15.044 --> 00:12:19.140 went home and came back the next morning.  
NOTE Confidence: 0.868333910909091  
00:12:19.140 --> 00:12:22.490 And then I woke up the next morning. Oh  
NOTE Confidence: 0.898462487142857  
00:12:23.710 --> 00:12:26.046 so we're going to have to take a  
NOTE Confidence: 0.898462487142857  
00:12:26.046 --> 00:12:28.088 quick break for a medical minute,  
NOTE Confidence: 0.898462487142857  
00:12:28.090 --> 00:12:30.223 but when we get back on the other side,  
NOTE Confidence: 0.898462487142857  
00:12:30.230 --> 00:12:31.960 we're going to learn more  
NOTE Confidence: 0.898462487142857  
00:12:31.960 --> 00:12:33.160 about Claudine's journey.  
NOTE Confidence: 0.898462487142857  
00:12:33.160 --> 00:12:35.710 What happens during her hospital stay?  
NOTE Confidence: 0.898462487142857  
00:12:35.710 --> 00:12:37.366 What happens after?  
NOTE Confidence: 0.898462487142857

00:12:37.366 --> 00:12:41.230 Because it's now been seven years since  
NOTE Confidence: 0.898462487142857

00:12:41.326 --> 00:12:44.784 her diagnosis and so much has passed.  
NOTE Confidence: 0.898462487142857

00:12:44.790 --> 00:12:47.326 And as she said in the first episode,  
NOTE Confidence: 0.898462487142857

00:12:47.330 --> 00:12:49.094 there was so much for her to  
NOTE Confidence: 0.898462487142857

00:12:49.094 --> 00:12:50.688 learn and we're going to learn  
NOTE Confidence: 0.898462487142857

00:12:50.688 --> 00:12:52.494 with her right after we take a  
NOTE Confidence: 0.898462487142857

00:12:52.555 --> 00:12:54.445 short break for a medical minute.  
NOTE Confidence: 0.898462487142857

00:12:54.450 --> 00:12:55.299 Please stay tuned.  
NOTE Confidence: 0.884967412

00:12:56.030 --> 00:12:57.975 Funding for Yale Cancer answers  
NOTE Confidence: 0.884967412

00:12:57.975 --> 00:12:59.920 comes from Smilow Cancer Hospital,  
NOTE Confidence: 0.884967412

00:12:59.920 --> 00:13:02.192 where physicians collaborate with  
NOTE Confidence: 0.884967412

00:13:02.192 --> 00:13:03.896 diagnostic and interventional  
NOTE Confidence: 0.884967412

00:13:03.896 --> 00:13:04.950 radiologists, gastroenterologists,  
NOTE Confidence: 0.884967412

00:13:04.950 --> 00:13:07.830 and pathologists to provide expert care  
NOTE Confidence: 0.884967412

00:13:07.830 --> 00:13:10.379 for patients with pancreatic cancer  
NOTE Confidence: 0.13361573

00:13:12.920 --> 00:13:16.616 [yalecancercenter.org/GI](http://yalecancercenter.org/GI) there are many

NOTE Confidence: 0.13361573

00:13:16.616 --> 00:13:18.548 obstacles to face when quitting smoking,

NOTE Confidence: 0.13361573

00:13:18.550 --> 00:13:20.428 as smoking involves the potent drug,

NOTE Confidence: 0.13361573

00:13:20.430 --> 00:13:22.695 nicotine quitting smoking is a

NOTE Confidence: 0.13361573

00:13:22.695 --> 00:13:24.507 very important lifestyle change,

NOTE Confidence: 0.13361573

00:13:24.510 --> 00:13:25.989 especially for patients

NOTE Confidence: 0.13361573

00:13:25.989 --> 00:13:27.468 undergoing cancer treatment,

NOTE Confidence: 0.13361573

00:13:27.470 --> 00:13:29.750 as it's been shown to positively

NOTE Confidence: 0.13361573

00:13:29.750 --> 00:13:31.270 impact response to treatments,

NOTE Confidence: 0.13361573

00:13:31.270 --> 00:13:33.460 decrease the likelihood that patients

NOTE Confidence: 0.13361573

00:13:33.460 --> 00:13:35.212 will develop second malignancies

NOTE Confidence: 0.13361573

00:13:35.212 --> 00:13:37.307 and increase rates of survival.

NOTE Confidence: 0.13361573

00:13:37.310 --> 00:13:39.182 Tobacco treatment programs are

NOTE Confidence: 0.13361573

00:13:39.182 --> 00:13:41.522 currently being offered at federally

NOTE Confidence: 0.13361573

00:13:41.522 --> 00:13:42.811 designated Comprehensive cancer

NOTE Confidence: 0.13361573

00:13:42.811 --> 00:13:45.079 centers such as Yale Cancer Center

NOTE Confidence: 0.13361573

00:13:45.079 --> 00:13:47.159 and its Milo Cancer Hospital.  
NOTE Confidence: 0.13361573

00:13:47.160 --> 00:13:49.245 All treatment components are evidence  
NOTE Confidence: 0.13361573

00:13:49.245 --> 00:13:52.118 based and patients are treated with FDA  
NOTE Confidence: 0.13361573

00:13:52.118 --> 00:13:54.290 approved first line medications as well  
NOTE Confidence: 0.13361573

00:13:54.290 --> 00:13:56.679 as smoking cessation counseling that  
NOTE Confidence: 0.13361573

00:13:56.679 --> 00:13:58.815 stresses appropriate coping skills.  
NOTE Confidence: 0.13361573

00:13:58.820 --> 00:14:01.800 More information is available at  
NOTE Confidence: 0.13361573

00:14:01.800 --> 00:14:03.636 yalecancercenter.org you're listening  
NOTE Confidence: 0.13361573

00:14:03.636 --> 00:14:06.084 to Connecticut Public Radio.  
NOTE Confidence: 0.13361573

00:14:06.090 --> 00:14:06.580 Welcome  
NOTE Confidence: 0.84618569

00:14:06.590 --> 00:14:08.330 back to Yale Cancer answers.  
NOTE Confidence: 0.84618569

00:14:08.330 --> 00:14:11.258 This is doctor in East shagbark and I'm  
NOTE Confidence: 0.84618569

00:14:11.258 --> 00:14:13.830 joined tonight by my guest Claudine Mori.  
NOTE Confidence: 0.84618569

00:14:13.830 --> 00:14:15.934 For those of you who just joined us,  
NOTE Confidence: 0.84618569

00:14:15.940 --> 00:14:17.668 this is Claudine story.  
NOTE Confidence: 0.84618569

00:14:17.668 --> 00:14:19.828 Through breast cancer and if



NOTE Confidence: 0.84618569

00:14:19.828 --> 00:14:22.268 you missed our prior episode,

NOTE Confidence: 0.84618569

00:14:22.270 --> 00:14:25.502 please do check it out on the Yale

NOTE Confidence: 0.84618569

00:14:25.502 --> 00:14:28.206 Cancer Answers website or on iTunes

NOTE Confidence: 0.84618569

00:14:28.206 --> 00:14:30.924 or wherever you get your podcasts.

NOTE Confidence: 0.84618569

00:14:30.930 --> 00:14:32.574 Anyways, it's so Claudine,

NOTE Confidence: 0.84618569

00:14:32.574 --> 00:14:35.927 we were at the part where you had

NOTE Confidence: 0.84618569

00:14:35.927 --> 00:14:38.345 just completed a six hour surgery

NOTE Confidence: 0.84618569

00:14:38.345 --> 00:14:41.483 found out in the recovery room that

NOTE Confidence: 0.84618569

00:14:41.483 --> 00:14:43.733 your lymph nodes were positive.

NOTE Confidence: 0.84618569

00:14:43.740 --> 00:14:45.764 Your family had gone home for the night.

NOTE Confidence: 0.84618569

00:14:45.770 --> 00:14:47.856 It was a late night and you

NOTE Confidence: 0.84618569

00:14:47.856 --> 00:14:49.830 wake up the next morning.

NOTE Confidence: 0.84618569

00:14:49.830 --> 00:14:52.590 This was your first time ever in hospital.

NOTE Confidence: 0.84618569

00:14:52.590 --> 00:14:54.086 What was that like?

NOTE Confidence: 0.84618569

00:14:54.086 --> 00:14:55.208 I mean man,

NOTE Confidence: 0.84618569

00:14:55.210 --> 00:14:56.770 it's kind of like if you're  
NOTE Confidence: 0.84618569

00:14:56.770 --> 00:14:57.810 gonna go into hospital,  
NOTE Confidence: 0.84618569

00:14:57.810 --> 00:14:59.060 go big or go home.  
NOTE Confidence: 0.914601971428571

00:14:59.760 --> 00:15:01.566 You know, that's really how I felt.  
NOTE Confidence: 0.7332435275

00:15:02.080 --> 00:15:03.548 About the whole thing.  
NOTE Confidence: 0.942856054

00:15:05.890 --> 00:15:07.270 But I have to say,  
NOTE Confidence: 0.93764316375

00:15:07.440 --> 00:15:09.536 if you have to be in the hospital,  
NOTE Confidence: 0.93764316375

00:15:09.540 --> 00:15:12.046 the smilow breast cancer wing is where  
NOTE Confidence: 0.93764316375

00:15:12.046 --> 00:15:14.987 you want to be because it was really.  
NOTE Confidence: 0.945546221666667

00:15:15.720 --> 00:15:17.346 It was nice. I mean like  
NOTE Confidence: 0.943549118

00:15:17.770 --> 00:15:19.920 I had a nice room.  
NOTE Confidence: 0.943549118

00:15:19.920 --> 00:15:22.476 I called the nurses my angels.  
NOTE Confidence: 0.943549118

00:15:22.480 --> 00:15:26.188 UM, you know I if I if I needed  
NOTE Confidence: 0.943549118

00:15:26.188 --> 00:15:29.475 anything they were there and I mean  
NOTE Confidence: 0.943549118

00:15:29.475 --> 00:15:33.020 I really just kind of at that point.  
NOTE Confidence: 0.943549118

00:15:33.020 --> 00:15:34.700 Obviously you can't.

NOTE Confidence: 0.943549118

00:15:34.700 --> 00:15:36.380 Use your arms.

NOTE Confidence: 0.943549118

00:15:36.380 --> 00:15:40.216 Uhm, I woke up to these contraptions

NOTE Confidence: 0.943549118

00:15:40.216 --> 00:15:43.149 on my legs that were.

NOTE Confidence: 0.943549118

00:15:43.150 --> 00:15:45.330 You know compressing and contracting,

NOTE Confidence: 0.943549118

00:15:45.330 --> 00:15:48.946 which I guess is to just keep swelling

NOTE Confidence: 0.943549118

00:15:48.946 --> 00:15:51.900 from happening because you're in your bed.

NOTE Confidence: 0.943549118

00:15:51.900 --> 00:15:54.468 Uhm, I had four drains out

NOTE Confidence: 0.943549118

00:15:54.468 --> 00:15:57.925 coming out of me which was

NOTE Confidence: 0.943549118

00:15:57.925 --> 00:16:00.562 extremely uncomfortable and there

NOTE Confidence: 0.943549118

00:16:00.562 --> 00:16:03.538 was that Mack truck that you

NOTE Confidence: 0.9490894433333333

00:16:03.550 --> 00:16:04.948 had talked about.

NOTE Confidence: 0.887412958

00:16:05.760 --> 00:16:08.430 Yeah yeah, and I did warn you.

NOTE Confidence: 0.887412958

00:16:08.430 --> 00:16:09.858 Yep, you did warn me

NOTE Confidence: 0.834535566

00:16:09.870 --> 00:16:12.259 and I was like wow, she was right.

NOTE Confidence: 0.329719465

00:16:15.820 --> 00:16:20.342 Uh, so. So yeah, and I will say having

NOTE Confidence: 0.329719465

00:16:20.342 --> 00:16:24.554 not I couldn't use my arms because of  
NOTE Confidence: 0.329719465

00:16:24.554 --> 00:16:30.610 the surgery and I leading up to surgery.  
NOTE Confidence: 0.329719465

00:16:30.610 --> 00:16:33.490 I I was pretty much an avid exerciser  
NOTE Confidence: 0.329719465

00:16:33.490 --> 00:16:36.404 and they just brought this class to our  
NOTE Confidence: 0.329719465

00:16:36.404 --> 00:16:39.758 gym and it was called CX Works, which is  
NOTE Confidence: 0.329719465

00:16:39.758 --> 00:16:42.600 basically like a core class and I hated it.  
NOTE Confidence: 0.329719465

00:16:42.600 --> 00:16:43.918 I absolutely despise it.  
NOTE Confidence: 0.329719465

00:16:43.918 --> 00:16:46.824 It was a half hour of just.  
NOTE Confidence: 0.329719465

00:16:46.824 --> 00:16:51.002 I hated it, but let me tell you,  
NOTE Confidence: 0.329719465

00:16:51.002 --> 00:16:53.194 when I could not use my arms  
NOTE Confidence: 0.329719465

00:16:53.194 --> 00:16:54.649 to get out of bed.  
NOTE Confidence: 0.329719465

00:16:54.650 --> 00:16:56.834 All I kept saying was thank God I  
NOTE Confidence: 0.329719465

00:16:56.834 --> 00:16:59.690 did that core class 'cause all I had  
NOTE Confidence: 0.329719465

00:16:59.690 --> 00:17:01.898 to use my core muscles in order to  
NOTE Confidence: 0.329719465

00:17:01.898 --> 00:17:03.750 get out of bed because I couldn't  
NOTE Confidence: 0.329719465

00:17:03.750 --> 00:17:05.710 get out of bed like you know,

NOTE Confidence: 0.329719465

00:17:05.710 --> 00:17:07.145 not using your arms, you're like OK,

NOTE Confidence: 0.329719465

00:17:07.150 --> 00:17:09.715 how the hell do I get out of bed?

NOTE Confidence: 0.329719465

00:17:09.720 --> 00:17:12.275 So I was very grateful for that,

NOTE Confidence: 0.329719465

00:17:12.280 --> 00:17:14.618 UM, and if I did need help,

NOTE Confidence: 0.329719465

00:17:14.620 --> 00:17:18.553 I did call and somebody did help me up.

NOTE Confidence: 0.329719465

00:17:18.560 --> 00:17:23.555 And then I got to see so bizarre, like,

NOTE Confidence: 0.329719465

00:17:23.555 --> 00:17:28.050 uh, the students that come through.

NOTE Confidence: 0.329719465

00:17:28.050 --> 00:17:29.808 So I got to see them first

NOTE Confidence: 0.925877950833333

00:17:30.240 --> 00:17:31.864 and it was like all of a sudden

NOTE Confidence: 0.925877950833333

00:17:31.864 --> 00:17:33.030 there's like six people surrounding

NOTE Confidence: 0.925877950833333

00:17:33.030 --> 00:17:35.988 me in white coats and Mike.

NOTE Confidence: 0.925877950833333

00:17:35.990 --> 00:17:37.460 Hell is this and who are you?

NOTE Confidence: 0.896266856666667

00:17:39.590 --> 00:17:40.958 So they were

NOTE Confidence: 0.951390531333333

00:17:40.970 --> 00:17:42.866 checking in on me to see if everything

NOTE Confidence: 0.951390531333333

00:17:42.866 --> 00:17:44.499 was OK and they were like so

NOTE Confidence: 0.941817085

00:17:44.510 --> 00:17:46.366 do you think you can go home today?  
NOTE Confidence: 0.941817085

00:17:46.370 --> 00:17:48.834 And I looked at them like are  
NOTE Confidence: 0.941817085

00:17:48.834 --> 00:17:51.310 you out of your mind like?  
NOTE Confidence: 0.941817085

00:17:51.310 --> 00:17:55.598 Haven't even been here for 12 hours really.  
NOTE Confidence: 0.941817085

00:17:55.600 --> 00:17:58.127 So, uhm, so I was a little  
NOTE Confidence: 0.941817085

00:17:58.127 --> 00:17:59.910 in shock with that. 'cause  
NOTE Confidence: 0.89347806

00:17:59.920 --> 00:18:01.716 I was like wow, how my I don't think  
NOTE Confidence: 0.89347806

00:18:01.716 --> 00:18:04.820 I'm ready to go home today and then.  
NOTE Confidence: 0.89347806

00:18:04.820 --> 00:18:07.924 You came in. My Angel came in  
NOTE Confidence: 0.89347806

00:18:07.924 --> 00:18:10.402 and she said, I looked at you.  
NOTE Confidence: 0.89347806

00:18:10.402 --> 00:18:12.323 You asked me how I was feeling  
NOTE Confidence: 0.89347806

00:18:12.323 --> 00:18:14.488 and I said I feel like that Mack  
NOTE Confidence: 0.89347806

00:18:14.488 --> 00:18:16.798 truck hit me and you said you  
NOTE Confidence: 0.89347806

00:18:16.800 --> 00:18:19.390 died during I warned you and  
NOTE Confidence: 0.897556811

00:18:19.520 --> 00:18:20.676 you were absolutely right.  
NOTE Confidence: 0.897556811

00:18:20.676 --> 00:18:22.410 And I looked at you and

NOTE Confidence: 0.961012292727273

00:18:22.420 --> 00:18:23.470 I said they're telling me

NOTE Confidence: 0.961012292727273

00:18:23.470 --> 00:18:24.820 that I need to go home.

NOTE Confidence: 0.961012292727273

00:18:24.820 --> 00:18:27.097 Today and you looked at me and you said,

NOTE Confidence: 0.961012292727273

00:18:27.100 --> 00:18:30.080 Are you ready to go home today and I said.

NOTE Confidence: 0.961012292727273

00:18:30.080 --> 00:18:33.760 No, and you said then don't worry, you won't.

NOTE Confidence: 0.715004654

00:18:34.050 --> 00:18:36.960 Yeah and right there. Oh

NOTE Confidence: 0.912960032

00:18:36.970 --> 00:18:41.768 my anxiety just washed away so I

NOTE Confidence: 0.912960032

00:18:41.768 --> 00:18:43.840 did stay one more day and by the

NOTE Confidence: 0.912960032

00:18:43.915 --> 00:18:46.505 second day I definitely felt like OK,

NOTE Confidence: 0.912960032

00:18:46.510 --> 00:18:49.262 I'm ready to go home I know what

NOTE Confidence: 0.912960032

00:18:49.262 --> 00:18:51.780 I have to do you know I knew how

NOTE Confidence: 0.912960032

00:18:51.780 --> 00:18:53.913 to basically take care of myself I

NOTE Confidence: 0.912960032

00:18:53.913 --> 00:18:57.720 was on pain meds but I did go home

NOTE Confidence: 0.912960032

00:18:57.839 --> 00:19:01.592 so it was a it was a quick stay.

NOTE Confidence: 0.912960032

00:19:01.600 --> 00:19:04.429 Relatively and then.

NOTE Confidence: 0.902993352352941

00:19:07.350 --> 00:19:09.919 We had to make the appointment to  
NOTE Confidence: 0.902993352352941

00:19:09.919 --> 00:19:12.216 meet with an oncologist because  
NOTE Confidence: 0.902993352352941

00:19:12.216 --> 00:19:15.006 of the lymph node involvement.  
NOTE Confidence: 0.902993352352941

00:19:15.010 --> 00:19:17.950 And at that point, that's when you  
NOTE Confidence: 0.902993352352941

00:19:17.950 --> 00:19:20.814 learn the pathology of what was removed  
NOTE Confidence: 0.902993352352941

00:19:20.814 --> 00:19:23.570 and that's where you get your your.  
NOTE Confidence: 0.902993352352941

00:19:23.570 --> 00:19:28.099 Real diagnosis of what's to come next,  
NOTE Confidence: 0.902993352352941

00:19:28.100 --> 00:19:31.460 so come for the next, and I think it was.  
NOTE Confidence: 0.902993352352941

00:19:31.460 --> 00:19:34.110 I don't think I saw I think was about a  
NOTE Confidence: 0.902993352352941

00:19:34.187 --> 00:19:37.640 week until I actually saw my oncologist,  
NOTE Confidence: 0.902993352352941

00:19:37.640 --> 00:19:41.133 so I just went home and started  
NOTE Confidence: 0.902993352352941

00:19:41.133 --> 00:19:43.680 to rest and recover.  
NOTE Confidence: 0.902993352352941

00:19:43.680 --> 00:19:50.180 Which for someone, and I say this to people.  
NOTE Confidence: 0.902993352352941

00:19:50.180 --> 00:19:51.986 I'm the type of person that  
NOTE Confidence: 0.902993352352941

00:19:51.986 --> 00:19:53.710 I can do everything myself.  
NOTE Confidence: 0.902993352352941

00:19:53.710 --> 00:19:56.524 I don't need help, I'm just independence.



NOTE Confidence: 0.902993352352941  
00:19:56.530 --> 00:20:01.132 I can do it, you know. This is the  
NOTE Confidence: 0.902993352352941  
00:20:01.132 --> 00:20:04.970 first time in my life that I actually.  
NOTE Confidence: 0.902993352352941  
00:20:04.970 --> 00:20:09.450 Needed to ask for help. And.  
NOTE Confidence: 0.902993352352941  
00:20:09.450 --> 00:20:12.336 People really want to help you.  
NOTE Confidence: 0.902993352352941  
00:20:12.340 --> 00:20:17.038 Yeah, and it is amazing too.  
NOTE Confidence: 0.902993352352941  
00:20:17.040 --> 00:20:21.366 Ask for help and to receive help.  
NOTE Confidence: 0.902993352352941  
00:20:21.370 --> 00:20:23.248 And to realize.  
NOTE Confidence: 0.902993352352941  
00:20:23.248 --> 00:20:24.500 It's OK,  
NOTE Confidence: 0.902993352352941  
00:20:24.500 --> 00:20:26.651 it doesn't make me weak because as a woman  
NOTE Confidence: 0.902993352352941  
00:20:26.651 --> 00:20:28.863 we see that as like a sign of weakness.  
NOTE Confidence: 0.902993352352941  
00:20:28.870 --> 00:20:31.230 So I need help.  
NOTE Confidence: 0.902993352352941  
00:20:31.230 --> 00:20:36.620 Now it is a wonderful opportunity to feel  
NOTE Confidence: 0.902993352352941  
00:20:36.620 --> 00:20:40.050 the goodness of people in the universe,  
NOTE Confidence: 0.902993352352941  
00:20:40.050 --> 00:20:42.774 and that was probably one of  
NOTE Confidence: 0.902993352352941  
00:20:42.774 --> 00:20:45.632 my first lessons to learn here  
NOTE Confidence: 0.902993352352941

00:20:45.632 --> 00:20:48.470 in this long road of lessons.  
NOTE Confidence: 0.872997745454545

00:20:48.970 --> 00:20:50.466 Yeah, so important, right?  
NOTE Confidence: 0.872997745454545

00:20:50.466 --> 00:20:53.000 And I think that you said it.  
NOTE Confidence: 0.872997745454545

00:20:53.000 --> 00:20:55.355 Well, people want to help  
NOTE Confidence: 0.872997745454545

00:20:55.355 --> 00:20:57.710 you and sometimes they don't  
NOTE Confidence: 0.872997745454545

00:20:57.803 --> 00:21:00.509 really know what help you need.  
NOTE Confidence: 0.872997745454545

00:21:00.510 --> 00:21:02.390 And so, in a sense,  
NOTE Confidence: 0.872997745454545

00:21:02.390 --> 00:21:04.000 you're helping them by asking  
NOTE Confidence: 0.872997745454545

00:21:04.000 --> 00:21:05.990 for the help that you need,  
NOTE Confidence: 0.872997745454545

00:21:05.990 --> 00:21:09.130 and they are so thrilled  
NOTE Confidence: 0.872997745454545

00:21:09.130 --> 00:21:10.210 to be able to help.  
NOTE Confidence: 0.923808035555556

00:21:10.490 --> 00:21:14.990 It is amazing how thrilled they are to help,  
NOTE Confidence: 0.923808035555556

00:21:14.990 --> 00:21:16.562 and it feels really.  
NOTE Confidence: 0.923808035555556

00:21:16.562 --> 00:21:18.920 It's kind of therapy for you  
NOTE Confidence: 0.923808035555556

00:21:19.008 --> 00:21:21.210 because you're like Oh my God,  
NOTE Confidence: 0.923808035555556

00:21:21.210 --> 00:21:23.709 like these people are really out there

NOTE Confidence: 0.923808035555556  
00:21:23.709 --> 00:21:25.970 and they really care and they do.  
NOTE Confidence: 0.923808035555556  
00:21:25.970 --> 00:21:28.634 But we have to not shut them out because  
NOTE Confidence: 0.923808035555556  
00:21:28.634 --> 00:21:31.028 how many times we shut people out.  
NOTE Confidence: 0.923808035555556  
00:21:31.030 --> 00:21:36.406 Afraid yeah, so again lesson #2.  
NOTE Confidence: 0.923808035555556  
00:21:36.410 --> 00:21:37.858 Give up the fear.  
NOTE Confidence: 0.73788978  
00:21:38.660 --> 00:21:41.690 Yeah, yeah, exactly and let  
NOTE Confidence: 0.73788978  
00:21:41.690 --> 00:21:44.720 people in and come there.  
NOTE Confidence: 0.73788978  
00:21:44.720 --> 00:21:47.066 There really is so much love  
NOTE Confidence: 0.73788978  
00:21:47.070 --> 00:21:49.720 when you're open to it, correct?  
NOTE Confidence: 0.73788978  
00:21:49.720 --> 00:21:53.078 So then you're recovering at home and  
NOTE Confidence: 0.73788978  
00:21:53.078 --> 00:21:56.990 you go and you see the oncologist.  
NOTE Confidence: 0.73788978  
00:21:56.990 --> 00:22:00.080 And what was that like and what did they say?  
NOTE Confidence: 0.73788978  
00:22:00.080 --> 00:22:02.600 And how did that kind of launch  
NOTE Confidence: 0.73788978  
00:22:02.600 --> 00:22:04.990 your next phase of this journey?  
NOTE Confidence: 0.908278461111111  
00:22:05.490 --> 00:22:08.682 At that point, I will say that  
NOTE Confidence: 0.908278461111111

00:22:08.682 --> 00:22:11.530 that day was the worst day ever.  
NOTE Confidence: 0.59293

00:22:13.970 --> 00:22:17.718 I tried again. I got my oncologist.  
NOTE Confidence: 0.59293

00:22:17.718 --> 00:22:20.064 I believe you recommended my oncologist.  
NOTE Confidence: 0.59293

00:22:20.064 --> 00:22:22.566 I again didn't do any research.  
NOTE Confidence: 0.59293

00:22:22.570 --> 00:22:24.935 I just trusted the recommendation  
NOTE Confidence: 0.59293

00:22:24.935 --> 00:22:28.605 and went with it so it was a very  
NOTE Confidence: 0.59293

00:22:28.605 --> 00:22:31.191 busy day in oncology that day and  
NOTE Confidence: 0.59293

00:22:31.191 --> 00:22:34.095 didn't really have a room for us so  
NOTE Confidence: 0.962532765

00:22:34.820 --> 00:22:36.120 it was. It was  
NOTE Confidence: 0.928964924117647

00:22:36.130 --> 00:22:38.230 like a closet. We got like the  
NOTE Confidence: 0.928964924117647

00:22:38.230 --> 00:22:40.351 room was so small there was maybe  
NOTE Confidence: 0.928964924117647

00:22:40.351 --> 00:22:42.879 6 by 6 and you've got myself.  
NOTE Confidence: 0.928964924117647

00:22:42.880 --> 00:22:44.570 Jim and my sister-in-law because  
NOTE Confidence: 0.928964924117647

00:22:44.570 --> 00:22:47.259 like I said in the first episode,  
NOTE Confidence: 0.928964924117647

00:22:47.260 --> 00:22:51.156 bring people with you because you are not  
NOTE Confidence: 0.928964924117647

00:22:51.156 --> 00:22:55.449 going to absorb what you're going to hear,

NOTE Confidence: 0.928964924117647  
00:22:55.450 --> 00:22:57.655 and you're probably not going to remember  
NOTE Confidence: 0.928964924117647  
00:22:57.655 --> 00:22:59.498 the questions that you want to ask.  
NOTE Confidence: 0.928964924117647  
00:22:59.500 --> 00:23:02.072 They're just not going to come so.  
NOTE Confidence: 0.928964924117647  
00:23:02.072 --> 00:23:04.440 Have somebody with you.  
NOTE Confidence: 0.928964924117647  
00:23:04.440 --> 00:23:06.568 I don't care if they're your neighbor,  
NOTE Confidence: 0.928964924117647  
00:23:06.570 --> 00:23:10.640 I just have somebody with you come so you  
NOTE Confidence: 0.928964924117647  
00:23:10.640 --> 00:23:13.650 don't get to see your oncologist first.  
NOTE Confidence: 0.928964924117647  
00:23:13.650 --> 00:23:15.274 You get to see a fellow so and  
NOTE Confidence: 0.928964924117647  
00:23:15.274 --> 00:23:16.849 I believe I'm saying that right?  
NOTE Confidence: 0.928964924117647  
00:23:16.850 --> 00:23:18.218 It's they're called fellows.  
NOTE Confidence: 0.867522904  
00:23:18.430 --> 00:23:19.402 They are called fellows,  
NOTE Confidence: 0.867522904  
00:23:19.402 --> 00:23:20.860 even though they may be girls,  
NOTE Confidence: 0.9297878333333333  
00:23:21.680 --> 00:23:24.370 correct? It was a girl.  
NOTE Confidence: 0.9297878333333333  
00:23:24.370 --> 00:23:29.442 So the fellow comes into the room and she.  
NOTE Confidence: 0.9297878333333333  
00:23:29.442 --> 00:23:32.930 Turns her back to me and she looks  
NOTE Confidence: 0.9297878333333333

00:23:33.040 --> 00:23:36.424 at the screen and she starts  
NOTE Confidence: 0.9297878333333333

00:23:36.424 --> 00:23:40.238 reading the pathology of my cancer  
NOTE Confidence: 0.9297878333333333

00:23:40.238 --> 00:23:44.328 that was removed and she says OK.  
NOTE Confidence: 0.9297878333333333

00:23:44.328 --> 00:23:47.646 So the first tumor was 3.8 centimeters.  
NOTE Confidence: 0.9297878333333333

00:23:47.646 --> 00:23:50.058 The second tumor was 1.2 centimeters  
NOTE Confidence: 0.9297878333333333

00:23:50.058 --> 00:23:52.152 and your stage two a cancer  
NOTE Confidence: 0.9297878333333333

00:23:52.152 --> 00:23:54.598 and it was in your lymph nodes.  
NOTE Confidence: 0.9297878333333333

00:23:54.600 --> 00:23:56.480 You had all of your lymph nodes removed  
NOTE Confidence: 0.9297878333333333

00:23:56.480 --> 00:23:58.410 in your right arm and your left arm,  
NOTE Confidence: 0.9297878333333333

00:23:58.410 --> 00:23:59.880 four of which had cancer.  
NOTE Confidence: 0.9297878333333333

00:23:59.880 --> 00:24:01.964 One was extra encapsulated.  
NOTE Confidence: 0.9297878333333333

00:24:01.964 --> 00:24:06.009 So you're gonna need 16 weeks of chemo.  
NOTE Confidence: 0.9297878333333333

00:24:06.010 --> 00:24:09.226 You will lose your hair within 21 days.  
NOTE Confidence: 0.9297878333333333

00:24:09.230 --> 00:24:10.650 After that you will not.  
NOTE Confidence: 0.9297878333333333

00:24:10.650 --> 00:24:13.618 You will need to maybe do radiation but.  
NOTE Confidence: 0.9297878333333333

00:24:13.620 --> 00:24:19.400 And. When I tell you that it was, she was.

NOTE Confidence: 0.9297878333333333  
00:24:19.400 --> 00:24:21.590 Never turned away from the screen,  
NOTE Confidence: 0.9297878333333333  
00:24:21.590 --> 00:24:24.047 all I saw was her back the whole time  
NOTE Confidence: 0.9297878333333333  
00:24:24.050 --> 00:24:27.799 and as soon as she said one I had  
NOTE Confidence: 0.807150346  
00:24:27.810 --> 00:24:28.794 no idea extra encapsulated.  
NOTE Confidence: 0.807150346  
00:24:28.794 --> 00:24:30.270 What the hell is that like?  
NOTE Confidence: 0.807150346  
00:24:30.270 --> 00:24:33.525 I don't know when you talking like  
NOTE Confidence: 0.807150346  
00:24:33.525 --> 00:24:36.070 Medicalis language are you speaking?  
NOTE Confidence: 0.807150346  
00:24:36.070 --> 00:24:38.196 She said you will need 16 weeks  
NOTE Confidence: 0.807150346  
00:24:38.196 --> 00:24:39.617 of chemo and you will lose your  
NOTE Confidence: 0.884819421666667  
00:24:39.630 --> 00:24:40.800 hair in 21 days. I'm like  
NOTE Confidence: 0.964700625  
00:24:42.110 --> 00:24:43.250 you might as well  
NOTE Confidence: 0.930078858  
00:24:43.280 --> 00:24:45.218 had just ripped my heart out  
NOTE Confidence: 0.930078858  
00:24:45.218 --> 00:24:47.525 at the moment because yeah.  
NOTE Confidence: 0.930078858  
00:24:47.525 --> 00:24:50.439 One I did not want to do chemo and two.  
NOTE Confidence: 0.930078858  
00:24:50.440 --> 00:24:53.012 I certainly didn't want to lose my hair so.  
NOTE Confidence: 0.930078858

00:24:53.012 --> 00:24:58.534 At that point, I was in sheer like shock,  
NOTE Confidence: 0.930078858

00:24:58.534 --> 00:25:01.743 shock, panic because again,  
NOTE Confidence: 0.930078858

00:25:01.743 --> 00:25:04.618 I didn't really do research because.  
NOTE Confidence: 0.930078858

00:25:04.618 --> 00:25:07.690 Going on the Internet doing research,  
NOTE Confidence: 0.930078858

00:25:07.690 --> 00:25:08.938 it's just scary.  
NOTE Confidence: 0.930078858

00:25:08.938 --> 00:25:11.434 There's too many unknowns and you're  
NOTE Confidence: 0.930078858

00:25:11.434 --> 00:25:13.700 looking at everybody else's story.  
NOTE Confidence: 0.930078858

00:25:13.700 --> 00:25:14.780 That's not your story.  
NOTE Confidence: 0.930078858

00:25:14.780 --> 00:25:15.956 You have no idea.  
NOTE Confidence: 0.930078858

00:25:15.956 --> 00:25:17.426 So why set yourself up?  
NOTE Confidence: 0.930078858

00:25:17.430 --> 00:25:19.054 But exactly, I don't, and I don't know  
NOTE Confidence: 0.930078858

00:25:19.054 --> 00:25:20.928 if that was a good thing or a bad thing.  
NOTE Confidence: 0.930078858

00:25:20.930 --> 00:25:22.080 'cause I really wasn't prepared  
NOTE Confidence: 0.930078858

00:25:22.080 --> 00:25:23.230 to hear what she said.  
NOTE Confidence: 0.930078858

00:25:23.230 --> 00:25:24.246 But you know what?  
NOTE Confidence: 0.930078858

00:25:24.246 --> 00:25:26.194 Everything happens for a reason, and this



NOTE Confidence: 0.930078858

00:25:26.194 --> 00:25:30.585 is how I received it and my thank God,

NOTE Confidence: 0.930078858

00:25:30.585 --> 00:25:32.715 my my sister-in-law and Jim said,

NOTE Confidence: 0.930078858

00:25:32.720 --> 00:25:34.676 wait, you need to slow down?

NOTE Confidence: 0.930078858

00:25:34.680 --> 00:25:39.146 And we need to talk options and we

NOTE Confidence: 0.930078858

00:25:39.146 --> 00:25:41.054 want to talk to the oncologist.

NOTE Confidence: 0.930078858

00:25:41.060 --> 00:25:41.700 Yeah,

NOTE Confidence: 0.930078858

00:25:41.700 --> 00:25:47.132 so she said OK and she said she said I don't,

NOTE Confidence: 0.930078858

00:25:47.132 --> 00:25:49.537 she wasn't she kind of like rebutted

NOTE Confidence: 0.930078858

00:25:49.537 --> 00:25:51.266 a little bit and we said no,

NOTE Confidence: 0.930078858

00:25:51.270 --> 00:25:53.265 we really want to speak to the

NOTE Confidence: 0.930078858

00:25:53.265 --> 00:25:53.835 oncologist now.

NOTE Confidence: 0.930078858

00:25:53.840 --> 00:25:56.696 So she said, OK, when she's ready

NOTE Confidence: 0.930078858

00:25:56.696 --> 00:25:59.168 we'll bring you into the room.

NOTE Confidence: 0.930078858

00:25:59.170 --> 00:26:01.470 So now there's like she leaves and

NOTE Confidence: 0.930078858

00:26:01.470 --> 00:26:02.820 we're all looking at ourselves.

NOTE Confidence: 0.930078858

00:26:02.820 --> 00:26:06.240 Like what the hell I'm in tears and now

NOTE Confidence: 0.930078858

00:26:06.240 --> 00:26:08.165 my friend had just gone through chemo,

NOTE Confidence: 0.930078858

00:26:08.170 --> 00:26:09.646 just gone through cancer and chemo

NOTE Confidence: 0.930078858

00:26:09.646 --> 00:26:11.304 and she didn't lose her hair.

NOTE Confidence: 0.930078858

00:26:11.304 --> 00:26:12.748 So immediately I called my friend.

NOTE Confidence: 0.930078858

00:26:12.748 --> 00:26:14.148 What chemo did you have that you

NOTE Confidence: 0.930078858

00:26:14.148 --> 00:26:16.360 didn't lose your hair so she's like,

NOTE Confidence: 0.930078858

00:26:16.360 --> 00:26:19.612 well I did and I got, I think I think

NOTE Confidence: 0.930078858

00:26:19.612 --> 00:26:22.560 she said CMF or something like that.

NOTE Confidence: 0.930078858

00:26:22.560 --> 00:26:23.580 So I said OK.

NOTE Confidence: 0.930078858

00:26:23.580 --> 00:26:24.090 So I.

NOTE Confidence: 0.930078858

00:26:24.090 --> 00:26:25.644 Wrote it down or I had Dorothy

NOTE Confidence: 0.930078858

00:26:25.644 --> 00:26:27.229 write it down and we were like,

NOTE Confidence: 0.930078858

00:26:27.230 --> 00:26:28.930 OK, we'll ask about that.

NOTE Confidence: 0.930078858

00:26:28.930 --> 00:26:30.094 And you know we were like

NOTE Confidence: 0.930078858

00:26:30.094 --> 00:26:31.280 there's got to be options.

NOTE Confidence: 0.930078858

00:26:31.280 --> 00:26:32.704 And then I look at them like what's

NOTE Confidence: 0.930078858

00:26:32.710 --> 00:26:36.300 extra encapsulated and Dorothy was like

NOTE Confidence: 0.930078858

00:26:36.300 --> 00:26:38.287 I have no idea what like none of us.

NOTE Confidence: 0.930078858

00:26:38.290 --> 00:26:38.980 We talked

NOTE Confidence: 0.8094403325

00:26:38.990 --> 00:26:41.018 about shell shock so

NOTE Confidence: 0.896765159090909

00:26:42.010 --> 00:26:44.586 we go into the room to meet

NOTE Confidence: 0.896765159090909

00:26:44.586 --> 00:26:47.524 up with the oncologist and.

NOTE Confidence: 0.896765159090909

00:26:47.524 --> 00:26:53.896 The oncologist comes in and just the again.

NOTE Confidence: 0.896765159090909

00:26:53.896 --> 00:26:57.740 One of the most amazing people and

NOTE Confidence: 0.896765159090909

00:26:57.740 --> 00:27:01.625 she explained everything to me and she

NOTE Confidence: 0.896765159090909

00:27:01.625 --> 00:27:04.650 said extra encapsulated means that it

NOTE Confidence: 0.896765159090909

00:27:04.650 --> 00:27:07.996 was ready to burst. So I'm like, OK,

NOTE Confidence: 0.896765159090909

00:27:07.996 --> 00:27:10.480 that's probably a really bad thing.

NOTE Confidence: 0.896765159090909

00:27:10.480 --> 00:27:13.290 UM, and I'm thinking, OK.

NOTE Confidence: 0.896765159090909

00:27:13.290 --> 00:27:17.259 So then maybe it has traveled UM,

NOTE Confidence: 0.896765159090909

00:27:17.260 --> 00:27:20.158 so she said to me and I.  
NOTE Confidence: 0.896765159090909

00:27:20.160 --> 00:27:23.280 I told her about my friend had done the CF.  
NOTE Confidence: 0.896765159090909

00:27:23.280 --> 00:27:24.966 Whatever it was, let's just say  
NOTE Confidence: 0.896765159090909

00:27:24.966 --> 00:27:29.150 that's what it is chemo and she said.  
NOTE Confidence: 0.896765159090909

00:27:29.150 --> 00:27:33.332 I truly recommend for your cancer  
NOTE Confidence: 0.896765159090909

00:27:33.332 --> 00:27:36.120 and for your diagnosis.  
NOTE Confidence: 0.896765159090909

00:27:36.120 --> 00:27:40.705 The UM, it was. AC T chemo.  
NOTE Confidence: 0.896765159090909

00:27:40.710 --> 00:27:43.054 So it was Anna.  
NOTE Confidence: 0.896765159090909

00:27:43.054 --> 00:27:47.800 Forget the name exactly of the AC1.  
NOTE Confidence: 0.896765159090909

00:27:47.800 --> 00:27:48.736 Cyclophosphamide,  
NOTE Confidence: 0.896765159090909

00:27:48.736 --> 00:27:50.892 she's hell yeah,  
NOTE Confidence: 0.896765159090909

00:27:50.892 --> 00:27:52.490 I just remember Red Devil  
NOTE Confidence: 0.831637375

00:27:52.740 --> 00:27:55.026 yes, that's the adriamycin went yeah,  
NOTE Confidence: 0.831637375

00:27:55.026 --> 00:27:57.088 Glen so yeah I remember the red devil  
NOTE Confidence: 0.841932251875

00:27:57.390 --> 00:28:00.926 and then the tax all part was the  
NOTE Confidence: 0.841932251875

00:28:00.926 --> 00:28:04.285 team yeah yeah so she said to me.

NOTE Confidence: 0.841932251875

00:28:04.290 --> 00:28:07.160 We can do whatever chemo you want,

NOTE Confidence: 0.841932251875

00:28:07.160 --> 00:28:10.480 she said, but the other chemo is like

NOTE Confidence: 0.841932251875

00:28:10.480 --> 00:28:12.349 1950s came out told and she said.

NOTE Confidence: 0.841932251875

00:28:12.350 --> 00:28:14.270 But if that's what you want,

NOTE Confidence: 0.841932251875

00:28:14.270 --> 00:28:17.304 she said that's what we'll do, she said.

NOTE Confidence: 0.841932251875

00:28:17.304 --> 00:28:20.046 But I'm going to tell you.

NOTE Confidence: 0.841932251875

00:28:20.050 --> 00:28:22.850 This is the gold level.

NOTE Confidence: 0.841932251875

00:28:22.850 --> 00:28:26.972 Of chemo and this is how I want to treat you,

NOTE Confidence: 0.841932251875

00:28:26.980 --> 00:28:29.305 because if your cancer comes

NOTE Confidence: 0.841932251875

00:28:29.305 --> 00:28:31.485 back I cannot cure you.

NOTE Confidence: 0.841932251875

00:28:31.485 --> 00:28:34.548 And let me tell you that landed really hard.

NOTE Confidence: 0.768239494285714

00:28:35.090 --> 00:28:38.135 Claudine Marie is a breast cancer survivor.

NOTE Confidence: 0.768239494285714

00:28:38.140 --> 00:28:39.328 If you have questions,

NOTE Confidence: 0.768239494285714

00:28:39.328 --> 00:28:40.516 the address is cancer.

NOTE Confidence: 0.768239494285714

00:28:40.520 --> 00:28:43.488 Answers at yale.edu and past editions of

NOTE Confidence: 0.768239494285714

00:28:43.488 --> 00:28:46.484 the program are available in audio and

NOTE Confidence: 0.768239494285714

00:28:46.484 --> 00:28:48.029 written form at [yalecancercenter.org](http://yalecancercenter.org).

NOTE Confidence: 0.768239494285714

00:28:48.029 --> 00:28:50.501 We hope you'll join us next week to

NOTE Confidence: 0.768239494285714

00:28:50.501 --> 00:28:52.385 learn more about the fight against

NOTE Confidence: 0.768239494285714

00:28:52.385 --> 00:28:53.905 cancer here on Connecticut Public

NOTE Confidence: 0.768239494285714

00:28:53.961 --> 00:28:55.406 radio funding for Yale Cancer

NOTE Confidence: 0.768239494285714

00:28:55.406 --> 00:28:56.851 Answers is provided by Smilow

NOTE Confidence: 0.768239494285714

00:28:56.860 --> 00:29:00.000 Cancer Hospital and Astra Zeneca.