WEBVTT

NOTE duration:"00:29:00" NOTE recognizability:0.867

NOTE language:en-us

NOTE Confidence: 0.842091426428571

 $00:00:00.000 \longrightarrow 00:00:03.661$ Funding for Yale Cancer Answers is provided

NOTE Confidence: 0.842091426428571

 $00:00:03.661 \longrightarrow 00:00:07.590$ by Smilow Cancer Hospital and Astra Zeneca.

NOTE Confidence: 0.842091426428571

 $00{:}00{:}07.590 \dashrightarrow 00{:}00{:}09.515$ Welcome to Yale Cancer answers with

NOTE Confidence: 0.842091426428571

00:00:09.515 --> 00:00:11.830 your host doctor in East Tag Power,

NOTE Confidence: 0.842091426428571

00:00:11.830 --> 00:00:13.866 Yale Cancer Answers features the

NOTE Confidence: 0.842091426428571

 $00:00:13.866 \longrightarrow 00:00:15.990$ latest information on cancer care by

NOTE Confidence: 0.842091426428571

 $00{:}00{:}16.052 \dashrightarrow 00{:}00{:}17.492$ welcoming on cologists and specialists

NOTE Confidence: 0.842091426428571

 $00:00:17.492 \longrightarrow 00:00:19.997$ who are on the forefront of the

NOTE Confidence: 0.842091426428571

 $00{:}00{:}19.997 \dashrightarrow 00{:}00{:}21.724$ battle to fight cancer this week.

NOTE Confidence: 0.842091426428571

 $00:00:21.724 \longrightarrow 00:00:23.446$ It's a patient perspective on breast

NOTE Confidence: 0.842091426428571

 $00{:}00{:}23.446 \dashrightarrow 00{:}00{:}25.189$ cancer with breast cancer survivor,

NOTE Confidence: 0.842091426428571

00:00:25.190 --> 00:00:25.870 Claudine Maury.

NOTE Confidence: 0.842091426428571

 $00:00:25.870 \longrightarrow 00:00:28.590$ Dr Chad Power is a professor of surgical

 $00:00:28.651 \longrightarrow 00:00:31.080$ oncology at the Yale School of Medicine.

NOTE Confidence: 0.68749106

 $00:00:33.470 \longrightarrow 00:00:36.820$ So I am so excited about this

NOTE Confidence: 0.68749106

 $00:00:36.820 \longrightarrow 00:00:38.760$ show because Claudine is

NOTE Confidence: 0.813636127333334

00:00:38.860 --> 00:00:42.076 one of the most courageous, positive,

NOTE Confidence: 0.813636127333334

 $00:00:42.076 \longrightarrow 00:00:45.306$ incredibly inspiring people I know.

NOTE Confidence: 0.813636127333334

 $00:00:45.310 \longrightarrow 00:00:48.606$ And so I maybe we can start with

NOTE Confidence: 0.813636127333334

 $00:00:48.606 \longrightarrow 00:00:51.341$ your story Claudine. Take us back.

NOTE Confidence: 0.813636127333334

 $00{:}00{:}51.341 \dashrightarrow 00{:}00{:}53.560$ You know what is it now seven

NOTE Confidence: 0.813636127333334

 $00{:}00{:}53.634 \dashrightarrow 00{:}00{:}55.800$ years and start the story with

NOTE Confidence: 0.813636127333334

00:00:55.800 --> 00:00:58.644 you know Once Upon a time I was

NOTE Confidence: 0.813636127333334

 $00{:}00{:}58.644 \dashrightarrow 00{:}01{:}01.160$ perfectly well and then dot dot dot

NOTE Confidence: 0.899895915

 $00:01:02.050 \longrightarrow 00:01:03.598$ Once Upon a time.

NOTE Confidence: 0.899895915

00:01:03.598 --> 00:01:05.920 I was the picture of health.

NOTE Confidence: 0.899895915

00:01:05.920 --> 00:01:08.454 I had never seen the inside of

NOTE Confidence: 0.899895915

 $00:01:08.454 \longrightarrow 00:01:12.860$ a hospital and that was. June.

NOTE Confidence: 0.794168427777778

00:01:15.190 --> 00:01:20.554 5th 2014. Was the day I found my lump,

 $00:01:20.560 \longrightarrow 00:01:23.456$ which was two days after I had my

NOTE Confidence: 0.794168427777778

 $00{:}01{:}23.456 \dashrightarrow 00{:}01{:}26.030$ yearly checkup and had a clean bill

NOTE Confidence: 0.794168427777778

 $00:01:26.030 \longrightarrow 00:01:28.375$ of health and scheduled my routine

NOTE Confidence: 0.794168427777778

00:01:28.375 --> 00:01:30.825 mammogram for two months later.

NOTE Confidence: 0.8994677975

 $00:01:31.390 \longrightarrow 00:01:33.518$ So how old were you at that point,

NOTE Confidence: 0.8994677975

00:01:33.520 --> 00:01:36.701 Claudine? I was 42. You were 42,

NOTE Confidence: 0.8994677975

 $00:01:36.701 \longrightarrow 00:01:38.500$ you would just go into the doctor.

NOTE Confidence: 0.8994677975

 $00:01:38.500 \longrightarrow 00:01:40.327$ You had gotten a clean bill of

NOTE Confidence: 0.8994677975

 $00{:}01{:}40.327 \dashrightarrow 00{:}01{:}42.130$ health and you found this lump

NOTE Confidence: 0.8994677975

00:01:42.130 --> 00:01:44.135 like just on a on a physical

NOTE Confidence: 0.8994677975

00:01:44.135 --> 00:01:46.270 exam on your own self breast exam

NOTE Confidence: 0.95109443

 $00:01:46.700 \longrightarrow 00:01:48.938$ sitting. On my couch watching jeopardy.

NOTE Confidence: 0.90879816

 $00:01:51.490 \dashrightarrow 00:01:54.070$ I don't know what it was literally

NOTE Confidence: 0.90879816

00:01:54.070 --> 00:01:56.590 the right next to my breastbone.

NOTE Confidence: 0.90879816

 $00:01:56.590 \longrightarrow 00:01:59.012$ It almost felt I have no idea

 $00:01:59.012 \longrightarrow 00:02:00.962$ what made me even reach up.

NOTE Confidence: 0.90879816

00:02:00.962 --> 00:02:02.438 I don't know if it hurt.

NOTE Confidence: 0.90879816

 $00:02:02.440 \longrightarrow 00:02:05.840$ I don't know why but it felt like it was

NOTE Confidence: 0.90879816

 $00:02:05.925 \longrightarrow 00:02:09.308$ the size of a pea and I said to my husband.

NOTE Confidence: 0.90879816

 $00:02:09.310 \longrightarrow 00:02:11.536$ I think I just found a lump.

NOTE Confidence: 0.90879816

00:02:11.540 --> 00:02:14.600 And I I was one of those people that

NOTE Confidence: 0.90879816

 $00:02:14.600 \longrightarrow 00:02:17.320$ didn't believe in self examinations.

NOTE Confidence: 0.90879816

00:02:17.320 --> 00:02:19.246 'cause I was like I don't know how would

NOTE Confidence: 0.90879816

 $00{:}02{:}19.246 \dashrightarrow 00{:}02{:}21.253$ you know what a lump feels like like it.

NOTE Confidence: 0.90879816

 $00:02:21.260 \longrightarrow 00:02:22.300$ It all feels the same.

NOTE Confidence: 0.90879816

 $00{:}02{:}22.300 \dashrightarrow 00{:}02{:}24.897$ It feels I have dense breast tissue,

NOTE Confidence: 0.90879816

 $00:02:24.900 \longrightarrow 00:02:27.498$ so to me I don't know.

NOTE Confidence: 0.90879816

 $00:02:27.500 \longrightarrow 00:02:29.260$ But let me tell you.

NOTE Confidence: 0.90879816

 $00:02:29.260 \longrightarrow 00:02:30.826$ You know your body better than

NOTE Confidence: 0.90879816

 $00:02:30.826 \longrightarrow 00:02:32.533$ anybody else when you feel something

NOTE Confidence: 0.90879816

 $00:02:32.533 \longrightarrow 00:02:34.345$ that doesn't right seem right or

 $00:02:34.345 \longrightarrow 00:02:36.206$ doesn't feel like it should be there.

NOTE Confidence: 0.90879816

00:02:36.210 --> 00:02:38.425 Just trust your gut because

NOTE Confidence: 0.90879816

 $00:02:38.425 \longrightarrow 00:02:40.410$ you know yourself best and

NOTE Confidence: 0.935992586

 $00:02:40.420 \longrightarrow 00:02:42.160$ that is so important, right?

NOTE Confidence: 0.935992586

00:02:42.160 --> 00:02:44.120 Like you didn't kind of blow it off and say,

NOTE Confidence: 0.935992586

00:02:44.120 --> 00:02:45.736 well, you know the doctor said I was

NOTE Confidence: 0.935992586

 $00:02:45.736 \longrightarrow 00:02:47.840$ fine two days ago, so I must be fine.

NOTE Confidence: 0.935992586

 $00:02:47.840 \longrightarrow 00:02:49.824$ You kind of said no like I know

NOTE Confidence: 0.935992586

 $00:02:49.824 \longrightarrow 00:02:52.090$ me and this doesn't feel like me.

NOTE Confidence: 0.903234486875

 $00:02:52.340 \longrightarrow 00:02:54.311$ Well I gave it a I you know what

NOTE Confidence: 0.903234486875

 $00{:}02{:}54.311 \dashrightarrow 00{:}02{:}56.666$ I said hey may be it has something.

NOTE Confidence: 0.903234486875

00:02:56.670 --> 00:02:59.498 Maybe it's maybe. Maybe it'll go away.

NOTE Confidence: 0.903234486875

 $00{:}02{:}59.500 \dashrightarrow 00{:}03{:}01.950$ So I think I gave it two weeks and was

NOTE Confidence: 0.903234486875

 $00{:}03{:}02.018 \dashrightarrow 00{:}03{:}04.426$ still there and then I made the phone

NOTE Confidence: 0.903234486875

 $00:03:04.426 \longrightarrow 00:03:07.950$ call come when in for another check up.

 $00:03:07.950 \longrightarrow 00:03:10.056$ Got the diagnostic,

NOTE Confidence: 0.903234486875

 $00{:}03{:}10.056 \dashrightarrow 00{:}03{:}12.864$ the prescription prescription for

NOTE Confidence: 0.903234486875

 $00:03:12.864 \longrightarrow 00:03:15.918$ the diagnostic ultrasound went in

NOTE Confidence: 0.903234486875

 $00:03:15.918 \longrightarrow 00:03:18.474$ got the ultrasound same day which

NOTE Confidence: 0.903234486875

00:03:18.474 --> 00:03:21.468 I know is extremely unusual I.

NOTE Confidence: 0.903234486875

00:03:21.470 --> 00:03:24.254 30 minutes later they were doing a biopsy.

NOTE Confidence: 0.923581268

 $00:03:25.980 \longrightarrow 00:03:27.010$ Did that freak you out?

NOTE Confidence: 0.66870478875

 $00:03:27.700 \longrightarrow 00:03:30.220$ No, I asked to see and your fight.

NOTE Confidence: 0.66870478875

 $00:03:30.220 \longrightarrow 00:03:32.814$ You're going to hear later that's because

NOTE Confidence: 0.66870478875

 $00:03:32.814 \longrightarrow 00:03:35.733$ my work schedule was off the chart

NOTE Confidence: 0.66870478875

 $00{:}03{:}35.733 \dashrightarrow 00{:}03{:}38.757$ and I was panicking that I wouldn't.

NOTE Confidence: 0.66870478875

00:03:38.760 --> 00:03:40.803 I didn't know when I was going to be

NOTE Confidence: 0.66870478875

 $00:03:40.803 \longrightarrow 00:03:43.310$ able to schedule the time for a biopsy,

NOTE Confidence: 0.66870478875

00:03:43.310 --> 00:03:44.558 so I said, you know what?

NOTE Confidence: 0.66870478875

 $00:03:44.560 \longrightarrow 00:03:45.740$ It was a Friday afternoon.

NOTE Confidence: 0.66870478875

 $00:03:45.740 \longrightarrow 00:03:46.600$ It was two o'clock.

00:03:46.600 --> 00:03:49.880 I said can we do it now because I knew you?

NOTE Confidence: 0.66870478875

 $00{:}03{:}49.880 \to 00{:}03{:}53.120$ Well, I knew that it was my best shot.

NOTE Confidence: 0.66870478875

 $00:03:53.120 \longrightarrow 00:03:56.250$ So they called my doctor.

NOTE Confidence: 0.66870478875

 $00:03:56.250 \longrightarrow 00:03:58.112$ She put the the you know she

NOTE Confidence: 0.66870478875

 $00:03:58.112 \longrightarrow 00:03:59.710$ put it into the system.

NOTE Confidence: 0.66870478875

 $00:03:59.710 \longrightarrow 00:04:03.598$ The approval to have the biopsy and and

NOTE Confidence: 0.66870478875

00:04:03.598 --> 00:04:07.450 year the nurse held my hand while I got

NOTE Confidence: 0.66870478875

 $00{:}04{:}07.555 \dashrightarrow 00{:}04{:}12.760$ the biopsy come and that was a Friday.

NOTE Confidence: 0.66870478875

00:04:12.760 --> 00:04:16.639 Uhm, I don't remember how many days it took,

NOTE Confidence: 0.66870478875

 $00:04:16.640 \longrightarrow 00:04:19.460$ but unfortunately I don't recommend

NOTE Confidence: 0.66870478875

 $00:04:19.460 \longrightarrow 00:04:22.280$ that process to anyone because

NOTE Confidence: 0.66870478875

00:04:22.367 --> 00:04:24.755 I kind of bucked the system.

NOTE Confidence: 0.66870478875

 $00{:}04{:}24.760 --> 00{:}04{:}25.214 \ {\rm That's\ not},$

NOTE Confidence: 0.66870478875

 $00{:}04{:}25.214 \dashrightarrow 00{:}04{:}27.380$ I guess how it and what do I know.

NOTE Confidence: 0.66870478875

00:04:27.380 --> 00:04:29.684 I knew nothing about any of this and

00:04:29.684 --> 00:04:31.724 nobody does until they're unfortunately

NOTE Confidence: 0.66870478875

 $00:04:31.724 \longrightarrow 00:04:34.932$ thrust into the world of cancer.

NOTE Confidence: 0.66870478875

 $00:04:34.932 \longrightarrow 00:04:37.460$ But I guess the typical process is if

NOTE Confidence: 0.66870478875

 $00{:}04{:}37.460 \dashrightarrow 00{:}04{:}39.516$ you find something you're supposed to set

NOTE Confidence: 0.66870478875

00:04:39.516 --> 00:04:41.750 up an appointment with a breast surgeon,

NOTE Confidence: 0.66870478875

 $00:04:41.750 \longrightarrow 00:04:42.786$ you see them first.

NOTE Confidence: 0.66870478875

 $00:04:42.786 \longrightarrow 00:04:44.992$ You do the biopsy so that when the

NOTE Confidence: 0.66870478875

 $00:04:44.992 \longrightarrow 00:04:47.050$ results come back they get the results

NOTE Confidence: 0.66870478875

 $00{:}04{:}47.050 \dashrightarrow 00{:}04{:}49.581$ and they read the results to you and

NOTE Confidence: 0.66870478875

 $00:04:49.581 \longrightarrow 00:04:51.726$ they explain whatever the results are.

NOTE Confidence: 0.66870478875

 $00{:}04{:}51.726 \dashrightarrow 00{:}04{:}54.540$ That didn't happen in my case up.

NOTE Confidence: 0.66870478875

 $00:04:54.540 \longrightarrow 00:04:56.360$ So and to be

NOTE Confidence: 0.866680636666667

00:04:56.370 --> 00:04:59.586 honest, you know a lot of people get

NOTE Confidence: 0.866680636666667

 $00:04:59.586 \longrightarrow 00:05:02.327$ their diagnosis exactly the way you did.

NOTE Confidence: 0.866680636666667

 $00:05:02.330 \longrightarrow 00:05:04.129$ You know they go for their imaging.

NOTE Confidence: 0.866680636666667

 $00:05:04.130 \longrightarrow 00:05:06.407$ They get a biopsy and then they go and

 $00:05:06.407 \longrightarrow 00:05:08.831$ see the breast surgeon who has to explain

NOTE Confidence: 0.866680636666667

 $00:05:08.831 \longrightarrow 00:05:11.426$ to them what exactly this is in English.

NOTE Confidence: 0.866680636666667

 $00:05:11.430 \longrightarrow 00:05:13.660$ But I mean it's all good and I love them.

NOTE Confidence: 0.866680636666667

00:05:13.660 --> 00:05:15.394 Fact that you advocated for yourself

NOTE Confidence: 0.866680636666667

00:05:15.394 --> 00:05:17.318 and and you kind of said look,

NOTE Confidence: 0.866680636666667

 $00:05:17.320 \longrightarrow 00:05:19.505$ you know I don't know when I'm

NOTE Confidence: 0.866680636666667

 $00:05:19.505 \longrightarrow 00:05:20.559$ going to be able to come back.

NOTE Confidence: 0.866680636666667

 $00:05:20.560 \longrightarrow 00:05:21.620$ Can we do this now?

NOTE Confidence: 0.866680636666667

 $00:05:21.620 \longrightarrow 00:05:24.028$ I I think it's so great when

NOTE Confidence: 0.866680636666667

 $00{:}05{:}24.028 \dashrightarrow 00{:}05{:}26.038$ patients can kind of speak up.

NOTE Confidence: 0.86668063666666700:05:26.040 --> 00:05:26.490 So when you

NOTE Confidence: 0.835156276666667

 $00:05:26.500 \longrightarrow 00:05:28.516$ have to, you absolutely have to.

NOTE Confidence: 0.835156276666667

 $00{:}05{:}28.520 \dashrightarrow 00{:}05{:}30.850$ You have to be your own best advocate. Yeah,

NOTE Confidence: 0.838534916

 $00:05:31.840 \longrightarrow 00:05:33.580$ so you get the biopsy.

NOTE Confidence: 0.838534916

 $00:05:33.580 \longrightarrow 00:05:34.680$ It's a Friday afternoon.

 $00:05:34.680 \longrightarrow 00:05:36.310$ How was that weekend for you?

NOTE Confidence: 0.8164206575

00:05:38.450 --> 00:05:41.530 You know how scary.

NOTE Confidence: 0.8164206575

 $00:05:41.530 \longrightarrow 00:05:43.861$ I saw you know the when the

NOTE Confidence: 0.8164206575

 $00:05:43.861 \longrightarrow 00:05:45.969$ technician was doing the ultrasound,

NOTE Confidence: 0.8164206575

 $00:05:45.970 \longrightarrow 00:05:47.458$ I asked them to turn this.

NOTE Confidence: 0.8164206575

 $00:05:47.460 \longrightarrow 00:05:48.590$ I could see their face.

NOTE Confidence: 0.8164206575

00:05:48.590 --> 00:05:52.736 I knew you, you know and I

NOTE Confidence: 0.8164206575

 $00:05:52.736 \longrightarrow 00:05:53.568$ knew something wasn't right.

NOTE Confidence: 0.8164206575

 $00{:}05{:}53.570 \dashrightarrow 00{:}05{:}54.794$ They keep going over the same

NOTE Confidence: 0.8164206575

 $00:05:54.794 \longrightarrow 00:05:56.039$ spot over and over and over.

NOTE Confidence: 0.8164206575

 $00:05:56.040 \longrightarrow 00:05:58.893$ And then she got the doctor to come in.

NOTE Confidence: 0.8164206575

00:05:58.900 --> 00:06:01.132 So I'm like OK this isn't good and I

NOTE Confidence: 0.8164206575

 $00:06:01.132 \longrightarrow 00:06:03.285$ asked what they were looking at and

NOTE Confidence: 0.8164206575

 $00:06:03.285 \longrightarrow 00:06:05.618$ they turned the screen and I looked at

NOTE Confidence: 0.8164206575

 $00:06:05.618 \longrightarrow 00:06:07.910$ the screen and it looks like a cartoon.

NOTE Confidence: 0.8164206575

00:06:07.910 --> 00:06:11.260 It looked like one of those splat where they?

00:06:11.260 --> 00:06:12.840 Have like a caption,

NOTE Confidence: 0.8164206575

 $00:06:12.840 \longrightarrow 00:06:15.129$ but this plot is like very jagged.

NOTE Confidence: 0.8164206575

 $00:06:15.130 \longrightarrow 00:06:16.798$ Yeah, that's what it looked like.

NOTE Confidence: 0.8164206575

 $00:06:16.800 \longrightarrow 00:06:18.108$ And then there was a little.

NOTE Confidence: 0.8164206575

00:06:18.110 --> 00:06:20.585 I called it like a little arm and it

NOTE Confidence: 0.8164206575

 $00{:}06{:}20.585 \dashrightarrow 00{:}06{:}23.059$ was reaching out to something else.

NOTE Confidence: 0.8164206575

 $00:06:23.060 \longrightarrow 00:06:25.070$ Yeah, so I said OK,

NOTE Confidence: 0.8164206575

 $00:06:25.070 \longrightarrow 00:06:27.318$ that doesn't look good.

NOTE Confidence: 0.8164206575

 $00{:}06{:}27.318 \dashrightarrow 00{:}06{:}29.734$ So you know, I I say this over and over.

NOTE Confidence: 0.8164206575

00:06:29.740 --> 00:06:33.702 Trust your gut, your your intuition knows.

NOTE Confidence: 0.8164206575

00:06:33.702 --> 00:06:36.590 Yeah, I knew, UM,

NOTE Confidence: 0.8164206575

 $00:06:36.590 \longrightarrow 00:06:38.276$ so I wasn't surprised when the

NOTE Confidence: 0.8164206575

 $00:06:38.276 \longrightarrow 00:06:39.953$ doctor called me and stayed in

NOTE Confidence: 0.8164206575

 $00:06:39.953 \longrightarrow 00:06:41.689$ her office late for me to get

NOTE Confidence: 0.8164206575

 $00:06:41.689 \longrightarrow 00:06:43.147$ there so she could tell me.

 $00:06:44.650 \longrightarrow 00:06:46.789$ It's good for her so so yeah.

NOTE Confidence: 0.827890235

 $00{:}06{:}46.790 \dashrightarrow 00{:}06{:}48.366$ So she called you into the office and

NOTE Confidence: 0.827890235

 $00:06:48.366 \longrightarrow 00:06:50.078$ you had a conversation in the office.

NOTE Confidence: 0.8068929

00:06:50.230 --> 00:06:54.266 Yes, yes, UM it was. It was 5:36 o'clock

NOTE Confidence: 0.8068929

 $00:06:54.266 \longrightarrow 00:06:56.370$ might have been sick at this time.

NOTE Confidence: 0.8068929

 $00:06:56.370 \longrightarrow 00:07:00.494$ I actually saw her come and she had

NOTE Confidence: 0.8068929

 $00{:}07{:}00.494 \dashrightarrow 00{:}07{:}03.482$ told me you have breast cancer.

NOTE Confidence: 0.8068929

00:07:03.490 --> 00:07:05.258 I'm, you know, and and of course she's.

NOTE Confidence: 0.8068929

 $00{:}07{:}05.260 \dashrightarrow 00{:}07{:}07.932$ She was very, very kind and tried to

NOTE Confidence: 0.8068929

 $00:07:07.932 \longrightarrow 00:07:10.410$ deliver the news as best as possible.

NOTE Confidence: 0.8068929

 $00:07:10.410 \longrightarrow 00:07:11.832$ But of course that's the worst

NOTE Confidence: 0.8068929

 $00:07:11.832 \longrightarrow 00:07:13.070$ news you could ever have.

NOTE Confidence: 0.8068929

 $00:07:13.070 \longrightarrow 00:07:14.218$ You have breast cancer.

NOTE Confidence: 0.8068929

 $00:07:14.218 \longrightarrow 00:07:15.940$ Who wants to hear those words?

NOTE Confidence: 0.8068929

00:07:15.940 --> 00:07:18.348 Yeah, and then I had called my husband

NOTE Confidence: 0.8068929

 $00:07:18.348 \longrightarrow 00:07:20.690$ on the way so I had told him OK,

 $00:07:20.690 \longrightarrow 00:07:23.588$ she wants me to come in and she's waiting

NOTE Confidence: 0.8068929

 $00{:}07{:}23.588 \to 00{:}07{:}26.548$ so I said it's probably not good news.

NOTE Confidence: 0.8068929

 $00:07:26.550 \longrightarrow 00:07:28.270$ So when I came home I think he

NOTE Confidence: 0.8068929

 $00:07:28.270 \longrightarrow 00:07:30.128$ he knew what I was going to say.

NOTE Confidence: 0.8068929

 $00{:}07{:}30.130 \dashrightarrow 00{:}07{:}33.066$ Yeah and I remember we were sitting in

NOTE Confidence: 0.8068929

00:07:33.066 --> 00:07:35.854 the kitchen and I'm gonna tell you this

NOTE Confidence: 0.8068929

 $00:07:35.854 \longrightarrow 00:07:38.720$ was the most life changing experience.

NOTE Confidence: 0.8068929

 $00:07:38.720 \longrightarrow 00:07:40.920$ I probably have ever had.

NOTE Confidence: 0.8068929

 $00:07:40.920 \longrightarrow 00:07:43.734$ Uhm, we were sitting there and kind

NOTE Confidence: 0.8068929

 $00:07:43.734 \longrightarrow 00:07:46.676$ of just trying to absorb the fact

NOTE Confidence: 0.8068929

 $00{:}07{:}46.676 \dashrightarrow 00{:}07{:}49.472$ that this was reality, our reality.

NOTE Confidence: 0.8068929

 $00:07:49.472 \longrightarrow 00:07:54.040$ And I remember looking up and I remember

NOTE Confidence: 0.8068929

 $00:07:54.148 \longrightarrow 00:07:59.260$ asking the question in my mind why me yeah,

NOTE Confidence: 0.8068929

 $00:07:59.260 \longrightarrow 00:08:02.985$ and I'm immediately got an answer and

NOTE Confidence: 0.8068929

 $00:08:02.985 \longrightarrow 00:08:05.475$ it said because you have something

00:08:05.475 --> 00:08:08.146 to learn when it was when I tell

NOTE Confidence: 0.8068929

 $00:08:08.146 \longrightarrow 00:08:09.910$ you it rocked my world,

NOTE Confidence: 0.8068929

 $00:08:09.910 \longrightarrow 00:08:12.619$ I will tell you it was literally

NOTE Confidence: 0.8068929

 $00:08:12.619 \longrightarrow 00:08:14.930$ like somebody slapped me in the face.

NOTE Confidence: 0.8068929

 $00:08:14.930 \longrightarrow 00:08:17.309$ And I said.

NOTE Confidence: 0.8068929

 $00:08:17.310 \longrightarrow 00:08:17.978$ OK.

NOTE Confidence: 0.8068929

 $00:08:17.978 \longrightarrow 00:08:22.960$ I have something to learn and I just said.

NOTE Confidence: 0.8068929

 $00:08:22.960 \longrightarrow 00:08:23.370$ Alright,

NOTE Confidence: 0.8068929

 $00{:}08{:}23.370 \dashrightarrow 00{:}08{:}25.874$ game on let's go and literally I feel

NOTE Confidence: 0.8068929

 $00:08:25.874 \longrightarrow 00:08:28.630$ like I feel like I was the running

NOTE Confidence: 0.8068929

 $00:08:28.630 \longrightarrow 00:08:31.139$ back in the football team that said,

NOTE Confidence: 0.8068929

00:08:31.140 --> 00:08:31.370 alright,

NOTE Confidence: 0.8068929

 $00:08:31.370 \longrightarrow 00:08:33.440$ give me the ball and I'm gonna go and

NOTE Confidence: 0.8068929

 $00{:}08{:}33.496 \dashrightarrow 00{:}08{:}35.246$ I'm gonna get over the finish line.

NOTE Confidence: 0.8068929

00:08:35.250 --> 00:08:36.914 I don't care how I get there I'm

NOTE Confidence: 0.8068929

 $00{:}08{:}36.914 \dashrightarrow 00{:}08{:}38.351$ putting my head down I'm holding

 $00:08:38.351 \longrightarrow 00:08:40.112$ that balls close to my chest and

NOTE Confidence: 0.8068929

 $00{:}08{:}40.112 \dashrightarrow 00{:}08{:}41.648$ I'm getting over that finish line

NOTE Confidence: 0.8068929

 $00:08:41.650 \longrightarrow 00:08:44.433$ and that you literally I feel

NOTE Confidence: 0.8068929

 $00:08:44.433 \longrightarrow 00:08:47.799$ like how I took on cancer.

NOTE Confidence: 0.8068929

 $00:08:47.800 \longrightarrow 00:08:50.086$ I just said for you I love

NOTE Confidence: 0.8068929

 $00:08:50.086 \longrightarrow 00:08:52.116$ that not gonna beat me.

NOTE Confidence: 0.8068929

 $00:08:52.120 \longrightarrow 00:08:53.683$ This is not,

NOTE Confidence: 0.8068929

 $00:08:53.683 \longrightarrow 00:08:55.246$ you know cancer.

NOTE Confidence: 0.8068929

 $00:08:55.250 \longrightarrow 00:08:57.514$ Come on game on you took this on

NOTE Confidence: 0.8068929

00:08:57.514 --> 00:09:00.860 you're not gonna beat me and.

NOTE Confidence: 0.8068929

00:09:00.860 --> 00:09:02.170 The day I met you,

NOTE Confidence: 0.8068929

00:09:02.170 --> 00:09:04.534 I knew I'm telling you I

NOTE Confidence: 0.8068929

 $00:09:04.534 \longrightarrow 00:09:06.110$ feel like my doctors,

NOTE Confidence: 0.8068929

 $00:09:06.110 \longrightarrow 00:09:08.927$ my team of doctors was picked from like my

NOTE Confidence: 0.8068929

 $00:09:08.927 \longrightarrow 00:09:11.357$ angels above because I did no research.

 $00:09:11.360 \longrightarrow 00:09:13.516$ I didn't know anything I didn't want

NOTE Confidence: 0.8068929

 $00{:}09{:}13.516 \dashrightarrow 00{:}09{:}15.270$ to look online because honestly

NOTE Confidence: 0.8068929

 $00:09:15.270 \longrightarrow 00:09:17.580$ you look anything on the Internet.

NOTE Confidence: 0.8068929

00:09:17.580 --> 00:09:19.860 If you start researching cancer,

NOTE Confidence: 0.8068929

 $00:09:19.860 \longrightarrow 00:09:23.680$ it's just a black hole of fear and

NOTE Confidence: 0.8068929

 $00{:}09{:}23.680 \rightarrow 00{:}09{:}26.740$ that's just not where you want

NOTE Confidence: 0.8068929

 $00:09:26.740 \longrightarrow 00:09:29.329$ your mind to be because.

NOTE Confidence: 0.8068929

 $00:09:29.330 \longrightarrow 00:09:31.358$ You don't know like that stuff

NOTE Confidence: 0.8068929

 $00{:}09{:}31.358 \dashrightarrow 00{:}09{:}33.696$ doesn't pertain to you and why put

NOTE Confidence: 0.8068929

 $00{:}09{:}33.696 \dashrightarrow 00{:}09{:}35.532$ that stuff in your head because

NOTE Confidence: 0.8068929

 $00{:}09{:}35.532 \dashrightarrow 00{:}09{:}37.596$ it's just going to feed negativity

NOTE Confidence: 0.8068929

 $00:09:37.596 \longrightarrow 00:09:39.537$ and fear into your into you.

NOTE Confidence: 0.8068929

00:09:39.537 --> 00:09:41.266 That is the last thing you need

NOTE Confidence: 0.8068929

 $00:09:41.266 \longrightarrow 00:09:43.217$ so I didn't do any research.

NOTE Confidence: 0.8068929

00:09:43.220 --> 00:09:45.728 I didn't know anything about you.

NOTE Confidence: 0.8068929

00:09:45.730 --> 00:09:48.544 I didn't know anything about my oncologist,

00:09:48.550 --> 00:09:50.362 my plastic surgeon nothing,

NOTE Confidence: 0.8068929

 $00:09:50.362 \longrightarrow 00:09:53.524$ and I literally feel like I had

NOTE Confidence: 0.8068929

 $00:09:53.524 \longrightarrow 00:09:55.309$ the A team of doctors.

NOTE Confidence: 0.8068929

00:09:55.310 --> 00:09:58.115 I just absolutely loved every

NOTE Confidence: 0.8068929

00:09:58.115 --> 00:10:00.359 single one of you.

NOTE Confidence: 0.928048212222222

 $00:10:00.360 \longrightarrow 00:10:03.708$ Each one of you was exactly what I needed.

NOTE Confidence: 0.928048212222222

 $00:10:03.710 \longrightarrow 00:10:05.438$ You are the personality I needed.

NOTE Confidence: 0.928048212222222

00:10:05.440 --> 00:10:07.628 You were my cheerleader,

NOTE Confidence: 0.928048212222222

 $00{:}10{:}07.628 \dashrightarrow 00{:}10{:}10{.}910$ my plastic surgeon just was the

NOTE Confidence: 0.928048212222222

 $00{:}10{:}11.008 \mathrel{--}{>} 00{:}10{:}14.035$ most patient and he needed to

NOTE Confidence: 0.928048212222222

00:10:14.035 --> 00:10:15.519 be patient because unfortunately,

NOTE Confidence: 0.928048212222222

 $00{:}10{:}15.520 \dashrightarrow 00{:}10{:}18.688$ he and I saw each other a lot because

NOTE Confidence: 0.928048212222222

 $00{:}10{:}18.688 \dashrightarrow 00{:}10{:}21.668$ I had four surgeries with him.

NOTE Confidence: 0.928048212222222

 $00:10:21.670 \longrightarrow 00:10:26.070$ Uhm so thank God he was as wonderful

NOTE Confidence: 0.928048212222222

 $00:10:26.070 \longrightarrow 00:10:30.174$ as he is and my oncologist was

00:10:30.174 --> 00:10:32.778 a complete straight shooter

NOTE Confidence: 0.928048212222222

 $00{:}10{:}32.778 \longrightarrow 00{:}10{:}36.329$ because she had to deliver some.

NOTE Confidence: 0.928048212222222

 $00:10:36.330 \longrightarrow 00:10:38.520$ You know the news that no

NOTE Confidence: 0.928048212222222

 $00:10:38.520 \longrightarrow 00:10:39.980$ woman wants to hear.

NOTE Confidence: 0.928048212222222

 $00:10:39.980 \longrightarrow 00:10:42.688$ And. She listened to,

NOTE Confidence: 0.928048212222222

 $00:10:42.688 \longrightarrow 00:10:45.396$ you know when after,

NOTE Confidence: 0.928048212222222

 $00:10:45.400 \longrightarrow 00:10:48.448$ after you removed all my cancer from me

NOTE Confidence: 0.928048212222222

 $00:10:48.448 \longrightarrow 00:10:51.900$ and the reconstruction surgery was done.

NOTE Confidence: 0.928048212222222

00:10:51.900 --> 00:10:52.896 Uhm, you know,

NOTE Confidence: 0.928048212222222

00:10:52.896 --> 00:10:55.220 I'm sitting in the room of oncology,

NOTE Confidence: 0.928048212222222

 $00{:}10{:}55.220 \dashrightarrow 00{:}10{:}58.023$ and that's when you get the that's

NOTE Confidence: 0.928048212222222

 $00:10:58.023 \longrightarrow 00:11:00.424$ when you find out how bad your

NOTE Confidence: 0.928048212222222

 $00{:}11{:}00.424 \dashrightarrow 00{:}11{:}02.079$ cancer really was and she told

NOTE Confidence: 0.928048212222222

 $00:11:02.079 \longrightarrow 00:11:03.710$ me what I didn't want to hear

NOTE Confidence: 0.928048212222222

00:11:03.768 --> 00:11:05.490 that I was going to need chemo.

NOTE Confidence: 0.8562398725

 $00:11:05.780 \longrightarrow 00:11:07.976$ So let's let's take the story

00:11:07.976 --> 00:11:10.460 back a little bit Claudine so.

NOTE Confidence: 0.8562398725

00:11:10.460 --> 00:11:12.938 So you get home from your doctor's

NOTE Confidence: 0.8562398725

 $00:11:12.938 \longrightarrow 00:11:14.865$ office and you're sitting in

NOTE Confidence: 0.8562398725

 $00:11:14.865 \longrightarrow 00:11:16.855$ the kitchen with your husband.

NOTE Confidence: 0.8562398725

 $00:11:16.860 \longrightarrow 00:11:18.070$ And what happened at that

NOTE Confidence: 0.8562398725

00:11:18.070 --> 00:11:19.038 point at that point,

NOTE Confidence: 0.8562398725

00:11:19.040 --> 00:11:20.792 did they make appointments for you

NOTE Confidence: 0.8562398725

 $00:11:20.792 \longrightarrow 00:11:23.195$ to see the breast surgeon and the

NOTE Confidence: 0.8562398725

00:11:23.195 --> 00:11:25.160 oncologist and the radiation oncologist?

NOTE Confidence: 0.8562398725

00:11:25.160 --> 00:11:27.204 Or how did things kind of evolve?

NOTE Confidence: 0.95117552375

 $00:11:27.330 \longrightarrow 00:11:29.338$ I didn't have that for a few days,

NOTE Confidence: 0.95117552375

 $00:11:29.340 \longrightarrow 00:11:31.146$ so uhm, it took awhile to

NOTE Confidence: 0.95117552375

 $00{:}11{:}31.146 \dashrightarrow 00{:}11{:}32.660$ get an appointment with you.

NOTE Confidence: 0.95117552375

 $00{:}11{:}32.660 \dashrightarrow 00{:}11{:}35.585$ It took at least three days just to get

NOTE Confidence: 0.95117552375

00:11:35.585 --> 00:11:37.917 someone that had an opening quickly,

 $00:11:37.920 \longrightarrow 00:11:40.260$ and so it was eight days later that I

NOTE Confidence: 0.95117552375

 $00{:}11{:}40.260 \dashrightarrow 00{:}11{:}42.864$ I met you and came into your office.

NOTE Confidence: 0.806000694444445

 $00:11:43.560 \longrightarrow 00:11:47.221$ And and talk a little bit about

NOTE Confidence: 0.806000694444445

 $00:11:47.221 \longrightarrow 00:11:49.066$ that appointment. Like what?

NOTE Confidence: 0.806000694444445

00:11:49.066 --> 00:11:51.852 What advice do you have for women

NOTE Confidence: 0.806000694444445

 $00:11:51.852 \longrightarrow 00:11:54.880$ who are in that situation who have

NOTE Confidence: 0.806000694444445

 $00:11:54.880 \longrightarrow 00:11:57.559$ just been given this advice or

NOTE Confidence: 0.806000694444445

 $00:11:57.559 \longrightarrow 00:12:00.247$ this news that they've got breast

NOTE Confidence: 0.8060006944444445

 $00{:}12{:}00.247 \dashrightarrow 00{:}12{:}02.341$ cancer and they're getting ready

NOTE Confidence: 0.806000694444445

 $00:12:02.341 \longrightarrow 00:12:05.120$ to go and see the breast surgeon

NOTE Confidence: 0.8060006944444445

 $00{:}12{:}05.194 --> 00{:}12{:}07.444$ and they feel like their world

NOTE Confidence: 0.806000694444445

 $00:12:07.444 \longrightarrow 00:12:09.900$ has just been tipped upside down.

NOTE Confidence: 0.806000694444445

 $00:12:09.900 \longrightarrow 00:12:12.749$ Tell us about that visit and and

NOTE Confidence: 0.806000694444445

 $00:12:12.749 \longrightarrow 00:12:15.420$ advice that you have for people.

NOTE Confidence: 0.89872311125

00:12:16.550 --> 00:12:19.086 I would say to stay off the Internet.

NOTE Confidence: 0.89872311125

00:12:19.090 --> 00:12:21.554 That's number one because like I said,

 $00{:}12{:}21.560 --> 00{:}12{:}24.070$ it's just you don't know.

NOTE Confidence: 0.89872311125

 $00{:}12{:}24.070 \dashrightarrow 00{:}12{:}26.170$ And until you speak to your doctor,

NOTE Confidence: 0.89872311125

 $00:12:26.170 \longrightarrow 00:12:27.997$ I think if you want to do some research

NOTE Confidence: 0.89872311125

 $00:12:27.997 \longrightarrow 00:12:29.380$ after you speak to your doctor,

NOTE Confidence: 0.89872311125

 $00:12:29.380 \longrightarrow 00:12:32.074$ then I think that's fine, but.

NOTE Confidence: 0.89872311125

 $00:12:32.074 \longrightarrow 00:12:35.518$ Until you speak to someone professionally,

NOTE Confidence: 0.89872311125

 $00:12:35.520 \longrightarrow 00:12:37.488$ you don't. You're not a doctor.

NOTE Confidence: 0.89872311125

 $00:12:37.490 \longrightarrow 00:12:38.706$ You're not a doctor.

NOTE Confidence: 0.89872311125

00:12:38.706 --> 00:12:40.886 You know you can't just go on

NOTE Confidence: 0.89872311125

 $00{:}12{:}40.886 \dashrightarrow 00{:}12{:}42.923$ WebMD and find out you know the

NOTE Confidence: 0.89872311125

 $00:12:42.923 \longrightarrow 00:12:44.798$ answers to all your questions.

NOTE Confidence: 0.89872311125

 $00{:}12{:}44.800 \dashrightarrow 00{:}12{:}46.696$ I think it's great to speak to other

NOTE Confidence: 0.89872311125

 $00:12:46.696 \longrightarrow 00:12:48.359$ people that have had breast cancer.

NOTE Confidence: 0.89872311125

 $00:12:48.360 \longrightarrow 00:12:50.901$ Yeah, because they will give you the

NOTE Confidence: 0.89872311125

 $00:12:50.901 \longrightarrow 00:12:53.667$ best advice and the most honest advice.

 $00:12:53.670 \longrightarrow 00:12:56.322$ Because it's really scary going into

NOTE Confidence: 0.89872311125

 $00{:}12{:}56.322 \rightarrow 00{:}12{:}58.959$ that appointment is just very scary.

NOTE Confidence: 0.89872311125

00:12:58.960 --> 00:13:01.690 UM, and you bring somebody with you, yes,

NOTE Confidence: 0.89872311125

 $00:13:01.690 \longrightarrow 00:13:03.400$ and that's exactly I was just going to say.

NOTE Confidence: 0.89872311125

 $00:13:03.400 \longrightarrow 00:13:05.722$ I recommend to bring someone with

NOTE Confidence: 0.89872311125

00:13:05.722 --> 00:13:07.558 you to record the appointment

NOTE Confidence: 0.89872311125

 $00:13:07.558 \longrightarrow 00:13:09.730$ because you are in a fog.

NOTE Confidence: 0.89872311125

00:13:09.730 --> 00:13:12.274 So absolutely have someone with you to ask

NOTE Confidence: 0.89872311125

 $00:13:12.274 \longrightarrow 00:13:14.739$ the questions and maybe they do the research.

NOTE Confidence: 0.89872311125

00:13:14.740 --> 00:13:15.468 You know,

NOTE Confidence: 0.89872311125

00:13:15.468 --> 00:13:17.652 because maybe they're the ones that

NOTE Confidence: 0.89872311125

 $00:13:17.652 \longrightarrow 00:13:20.262$ have more questions and you know so

NOTE Confidence: 0.89872311125

 $00:13:20.262 \longrightarrow 00:13:22.726$ that you have an advocate with you

NOTE Confidence: 0.89872311125

 $00{:}13{:}22.726 \to 00{:}13{:}24.789$ because you're really you're just.

NOTE Confidence: 0.89872311125

 $00:13:24.790 \longrightarrow 00:13:27.270$ A mural in shell shock?

NOTE Confidence: 0.89872311125 00:13:27.270 --> 00:13:27.698 Yeah,

00:13:27.698 --> 00:13:30.266 when I was talking to you,

NOTE Confidence: 0.89872311125

 $00:13:30.270 \longrightarrow 00:13:31.500$ so that's what I would say

NOTE Confidence: 0.907133975294118

 $00:13:31.790 \longrightarrow 00:13:34.010$ yeah and make sure that you

NOTE Confidence: 0.907133975294118

 $00:13:34.010 \longrightarrow 00:13:35.990$ really ask all your questions

NOTE Confidence: 0.907133975294118

 $00:13:35.990 \longrightarrow 00:13:38.486$ and that you don't kind of.

NOTE Confidence: 0.907133975294118

 $00:13:38.490 \longrightarrow 00:13:40.464$ It's OK to say I don't

NOTE Confidence: 0.907133975294118

 $00:13:40.464 \longrightarrow 00:13:42.200$ understand what you just said.

NOTE Confidence: 0.907133975294118

00:13:42.200 --> 00:13:44.433 Can you say that in English, right?

NOTE Confidence: 0.907133975294118

 $00:13:44.433 \longrightarrow 00:13:45.298$ You know what I mean.

NOTE Confidence: 0.907133975294118

 $00:13:45.300 \longrightarrow 00:13:47.660$ I think that a lot of people they think

NOTE Confidence: 0.907133975294118

 $00:13:47.660 \longrightarrow 00:13:49.620$ that they're supposed to be so smart.

NOTE Confidence: 0.907133975294118

 $00{:}13{:}49.620 \dashrightarrow 00{:}13{:}52.002$ And and it's so important that

NOTE Confidence: 0.907133975294118

 $00{:}13{:}52.002 \dashrightarrow 00{:}13{:}53.650$ you actually understand what

NOTE Confidence: 0.907133975294118

00:13:53.650 --> 00:13:55.775 your doctor is saying and.

NOTE Confidence: 0.907133975294118

 $00:13:55.780 \longrightarrow 00:13:57.790$ And if you don't speak up

 $00:13:58.420 \longrightarrow 00:14:00.150$ exactly because all of this

NOTE Confidence: 0.879319549

 $00:14:00.150 \longrightarrow 00:14:01.880$ is new vocabulary you have,

NOTE Confidence: 0.879319549

 $00{:}14{:}01.880 \dashrightarrow 00{:}14{:}04.337$ I had no idea what any of this was.

NOTE Confidence: 0.879319549

 $00:14:04.340 \longrightarrow 00:14:07.260$ So and you were incredible,

NOTE Confidence: 0.879319549

 $00:14:07.260 \longrightarrow 00:14:09.198$ just the way that you handled

NOTE Confidence: 0.879319549

 $00:14:09.200 \longrightarrow 00:14:11.212$ telling me my options,

NOTE Confidence: 0.879319549

00:14:11.212 --> 00:14:13.948 my diagnosis, my options, and.

NOTE Confidence: 0.879319549

00:14:13.948 --> 00:14:16.619 You know, if I made a decision that day,

NOTE Confidence: 0.879319549

 $00{:}14{:}16.620 \dashrightarrow 00{:}14{:}19.068$ I was I was OK to change that decision

NOTE Confidence: 0.879319549

00:14:19.068 --> 00:14:21.737 if I needed to ask you more questions,

NOTE Confidence: 0.879319549

 $00{:}14{:}21.740 \dashrightarrow 00{:}14{:}23.692$ you were there for me and that is

NOTE Confidence: 0.879319549

00:14:23.692 --> 00:14:25.297 so important and let me tell you,

NOTE Confidence: 0.879319549

 $00:14:25.300 \longrightarrow 00:14:28.693$ if you do not feel that that doctor is

NOTE Confidence: 0.879319549

00:14:28.693 --> 00:14:31.220 good for you, you're going to know.

NOTE Confidence: 0.879319549

 $00:14:31.220 \longrightarrow 00:14:32.580$ Go see somebody else.

NOTE Confidence: 0.879319549

 $00:14:32.580 \longrightarrow 00:14:33.948$ Get it exactly

 $00:14:34.360 \longrightarrow 00:14:35.482$ such good information.

NOTE Confidence: 0.8994643265

 $00:14:35.482 \longrightarrow 00:14:37.726$ We're going to pick up this

NOTE Confidence: 0.8994643265

00:14:37.726 --> 00:14:39.939 story right after we take a

NOTE Confidence: 0.8994643265

 $00:14:39.939 \longrightarrow 00:14:41.709$ short break for medical minute.

NOTE Confidence: 0.8994643265

 $00{:}14{:}41.710 \dashrightarrow 00{:}14{:}44.122$ Please stay tuned to learn more

NOTE Confidence: 0.8994643265

00:14:44.122 --> 00:14:45.870 about Claudine story. Funding

NOTE Confidence: 0.9040012915

00:14:45.880 --> 00:14:47.700 for Yale Cancer answers comes

NOTE Confidence: 0.9040012915

00:14:47.700 --> 00:14:49.520 from Astra Zeneca dedicated to

NOTE Confidence: 0.9040012915

 $00{:}14{:}49.583 \dashrightarrow 00{:}14{:}51.207$ advancing options and providing

NOTE Confidence: 0.9040012915

 $00:14:51.207 \longrightarrow 00:14:53.643$ hope for people living with cancer.

NOTE Confidence: 0.9040012915

 $00:14:53.650 \longrightarrow 00:14:59.470$ More information at Astra Zeneca Dash us.com.

NOTE Confidence: 0.9040012915

 $00:14:59.470 \longrightarrow 00:15:01.950$ There are over 16.9 million

NOTE Confidence: 0.9040012915

 $00:15:01.950 \longrightarrow 00:15:04.892$ cancer survivors in the US and

NOTE Confidence: 0.9040012915

 $00:15:04.892 \longrightarrow 00:15:06.808$ over 240,000 here in Connecticut.

NOTE Confidence: 0.9040012915

 $00:15:06.808 \longrightarrow 00:15:08.356$ Completing treatment for cancer

 $00:15:08.356 \longrightarrow 00:15:10.619$ is a very exciting milestone,

NOTE Confidence: 0.9040012915

 $00{:}15{:}10.620 \dashrightarrow 00{:}15{:}12.570$ but cancer and its treatment can

NOTE Confidence: 0.9040012915

 $00:15:12.570 \longrightarrow 00:15:14.640$ be a life changing experience.

NOTE Confidence: 0.9040012915

00:15:14.640 --> 00:15:17.010 The return to normal activities in

NOTE Confidence: 0.9040012915

 $00:15:17.010 \longrightarrow 00:15:19.012$ relationships may be difficult and

NOTE Confidence: 0.9040012915

 $00:15:19.012 \longrightarrow 00:15:20.777$ cancer survivors may face other

NOTE Confidence: 0.9040012915

00:15:20.777 --> 00:15:22.859 long term side effects of cancer,

NOTE Confidence: 0.9040012915

00:15:22.860 --> 00:15:24.597 including heart problems,

NOTE Confidence: 0.9040012915

 $00:15:24.597 \longrightarrow 00:15:25.176$ osteoporosis,

NOTE Confidence: 0.9040012915

 $00:15:25.176 \longrightarrow 00:15:28.071$ fertility issues and an increased

NOTE Confidence: 0.9040012915

 $00:15:28.071 \longrightarrow 00:15:30.070$ risk of second cancers.

NOTE Confidence: 0.9040012915

00:15:30.070 --> 00:15:32.690 Resources for cancer survivors are

NOTE Confidence: 0.9040012915

 $00:15:32.690 \longrightarrow 00:15:34.786$ available at federally designated

NOTE Confidence: 0.9040012915

 $00:15:34.786 \longrightarrow 00:15:36.052$ Comprehensive cancer centers

NOTE Confidence: 0.9040012915

 $00{:}15{:}36.052 \dashrightarrow 00{:}15{:}38.080$ such as the Yale Cancer Center

NOTE Confidence: 0.9040012915

 $00{:}15{:}38.080 \dashrightarrow 00{:}15{:}40.169$ and its Milo Cancer Hospital.

 $00{:}15{:}40.170 \dashrightarrow 00{:}15{:}42.170$ To keep cancer survivors well

NOTE Confidence: 0.9040012915

00:15:42.170 --> 00:15:44.170 and focused on healthy living,

NOTE Confidence: 0.9040012915

 $00:15:44.170 \longrightarrow 00:15:46.018$ the smilow cancer hospital

NOTE Confidence: 0.9040012915

 $00{:}15{:}46.018 \dashrightarrow 00{:}15{:}47.866$ Survivorship clinic focuses on

NOTE Confidence: 0.9040012915

 $00{:}15{:}47.866 \to 00{:}15{:}49.579$ providing guidance and direction

NOTE Confidence: 0.9040012915

 $00{:}15{:}49.579 \dashrightarrow 00{:}15{:}51.399$ to empower survivors to take

NOTE Confidence: 0.9040012915

 $00:15:51.399 \longrightarrow 00:15:53.350$ steps to maximize their health,

NOTE Confidence: 0.9040012915

 $00:15:53.350 \longrightarrow 00:15:55.670$ quality of life and longevity.

NOTE Confidence: 0.9040012915

00:15:55.670 --> 00:15:58.086 More information is available

NOTE Confidence: 0.9040012915

 $00:15:58.086 \longrightarrow 00:15:59.650$ at yale cancercenter.org you're

NOTE Confidence: 0.9040012915

 $00:15:59.650 \longrightarrow 00:16:01.090$ listening to Connecticut.

NOTE Confidence: 0.9040012915

 $00:16:01.090 \longrightarrow 00:16:03.060$ Radio welcome

NOTE Confidence: 0.832517824

 $00{:}16{:}03.070 \dashrightarrow 00{:}16{:}05.150$ back to Yale Cancer answers.

NOTE Confidence: 0.832517824

 $00{:}16{:}05.150 \dashrightarrow 00{:}16{:}07.662$ This is doctor Nice Jaguar and I'm joined

NOTE Confidence: 0.832517824

00:16:07.662 --> 00:16:09.810 tonight by my guest Claudine Maury.

00:16:09.810 --> 00:16:11.985 We're learning about her journey

NOTE Confidence: 0.832517824

 $00:16:11.985 \longrightarrow 00:16:13.888$ with breast cancer and cluding.

NOTE Confidence: 0.832517824

 $00:16:13.888 \longrightarrow 00:16:16.280$ We were right at the part of the

NOTE Confidence: 0.832517824

 $00:16:16.351 \longrightarrow 00:16:18.584$ story where you had just come to

NOTE Confidence: 0.832517824

00:16:18.584 --> 00:16:20.488 see your breast surgeon and you

NOTE Confidence: 0.832517824

 $00{:}16{:}20.488 \dashrightarrow 00{:}16{:}23.360$ gave us a lot of good advice on what

NOTE Confidence: 0.832517824

 $00:16:23.360 \longrightarrow 00:16:25.410$ people should remember when they're

NOTE Confidence: 0.832517824

 $00:16:25.410 \longrightarrow 00:16:28.595$ going to see their doctor at that

NOTE Confidence: 0.832517824

 $00{:}16{:}28.595 \dashrightarrow 00{:}16{:}30.471$ first initial appointment after

NOTE Confidence: 0.832517824

 $00:16:30.471 \longrightarrow 00:16:33.168$ you've been given the diagnosis of.

NOTE Confidence: 0.832517824

00:16:33.170 --> 00:16:33.746 Breast cancer,

NOTE Confidence: 0.832517824

 $00:16:33.746 \longrightarrow 00:16:35.762$ so tell us a little bit more

NOTE Confidence: 0.832517824

 $00:16:35.762 \longrightarrow 00:16:37.647$ about what you learned that day.

NOTE Confidence: 0.832517824

 $00:16:37.650 \longrightarrow 00:16:39.110$ How big was your cancer?

NOTE Confidence: 0.832517824

 $00:16:39.110 \longrightarrow 00:16:40.394$ What was the stage?

NOTE Confidence: 0.832517824

 $00:16:40.394 \longrightarrow 00:16:42.710$ What decisions did you have to make,

 $00:16:42.710 \longrightarrow 00:16:45.438$ and what was the pathway forward in terms

NOTE Confidence: 0.832517824

00:16:45.438 --> 00:16:48.279 of your decision-making at that point?

NOTE Confidence: 0.939626538888889

00:16:48.470 --> 00:16:51.890 So we thought we had caught it very early.

NOTE Confidence: 0.939626538888889

 $00:16:51.890 \longrightarrow 00:16:56.349$ So you had given me my options.

NOTE Confidence: 0.939626538888889

00:16:56.350 --> 00:16:58.805 You explained that having estrogen

NOTE Confidence: 0.939626538888889

00:16:58.805 --> 00:17:01.260 progesterone positive was very good

NOTE Confidence: 0.939626538888889

 $00:17:01.331 \longrightarrow 00:17:03.830$ because it was one of the most

NOTE Confidence: 0.939626538888889

 $00:17:03.830 \longrightarrow 00:17:05.841$ common and treatable cancers and

NOTE Confidence: 0.939626538888889

00:17:05.841 --> 00:17:08.438 it was ductal which was another you

NOTE Confidence: 0.939626538888889

 $00{:}17{:}08.438 \dashrightarrow 00{:}17{:}10.579$ explained was another good thing.

NOTE Confidence: 0.939626538888889

00:17:10.580 --> 00:17:13.040 So I felt like OK, I have that on my side

NOTE Confidence: 0.917930894117647

 $00:17:15.230 \longrightarrow 00:17:18.382$ and you started to also explain because I

NOTE Confidence: 0.917930894117647

 $00{:}17{:}18.382 \dashrightarrow 00{:}17{:}22.125$ was 42 years old we started to talk about.

NOTE Confidence: 0.917930894117647

 $00:17:22.130 \longrightarrow 00:17:24.082$ Risk factors of recurrence.

NOTE Confidence: 0.917930894117647

 $00:17:24.082 \longrightarrow 00:17:28.408$ And there was a formula that you had kind

 $00:17:28.408 \longrightarrow 00:17:32.040$ of explained and to me I don't remember

NOTE Confidence: 0.917930894117647

 $00{:}17{:}32.040 \dashrightarrow 00{:}17{:}34.769$ the exact percentage that you said,

NOTE Confidence: 0.917930894117647

00:17:34.770 --> 00:17:37.890 but whatever the percentage was to me,

NOTE Confidence: 0.917930894117647

 $00:17:37.890 \longrightarrow 00:17:40.811$ it was too high of a recurrence.

NOTE Confidence: 0.917930894117647

00:17:40.811 --> 00:17:43.680 The younger you are, the longer you live,

NOTE Confidence: 0.917930894117647

 $00:17:43.680 \longrightarrow 00:17:45.780$ the more probable of a recurrence.

NOTE Confidence: 0.917930894117647

00:17:45.780 --> 00:17:50.196 So quite frankly I said OK,

NOTE Confidence: 0.917930894117647

 $00:17:50.200 \longrightarrow 00:17:53.888$ this is I'm going to make this the.

NOTE Confidence: 0.917930894117647

 $00:17:53.890 \longrightarrow 00:17:56.284$ The first and last time I go

NOTE Confidence: 0.917930894117647

00:17:56.284 --> 00:17:58.798 through this so you had explained.

NOTE Confidence: 0.917930894117647

 $00:17:58.800 \longrightarrow 00:18:01.719$ My options I could have a lumpectomy.

NOTE Confidence: 0.917930894117647

 $00:18:01.720 \longrightarrow 00:18:04.300$ I could have a single mastectomy.

NOTE Confidence: 0.917930894117647

 $00:18:04.300 \longrightarrow 00:18:06.848$ Or I could have a double mastectomy

NOTE Confidence: 0.917930894117647

 $00:18:06.848 \longrightarrow 00:18:08.649$ because of where we lived.

NOTE Confidence: 0.917930894117647

00:18:08.650 --> 00:18:10.890 And it didn't matter if I didn't

NOTE Confidence: 0.917930894117647

00:18:10.890 --> 00:18:13.011 have cancer in my other breast I

 $00:18:13.011 \longrightarrow 00:18:15.400$ had the option to if I wanted to.

NOTE Confidence: 0.917930894117647

 $00{:}18{:}15.400 \dashrightarrow 00{:}18{:}17.780$ I could get a double mesec to

NOTE Confidence: 0.917930894117647

 $00:18:17.780 \longrightarrow 00:18:21.460$ me and that was my choice.

NOTE Confidence: 0.917930894117647

00:18:21.460 --> 00:18:24.124 A very close dear friend and

NOTE Confidence: 0.917930894117647

 $00{:}18{:}24.124 \dashrightarrow 00{:}18{:}26.425$ coworker had gone through breast

NOTE Confidence: 0.917930894117647

 $00:18:26.425 \longrightarrow 00:18:29.434$ cancer the year before me and she

NOTE Confidence: 0.917930894117647

00:18:29.434 --> 00:18:32.283 adopted to have a single Miss Ectomy

NOTE Confidence: 0.917930894117647

 $00{:}18{:}32.290 \dashrightarrow 00{:}18{:}36.847$ and I remember in my mind saying.

NOTE Confidence: 0.917930894117647

00:18:36.850 --> 00:18:39.298 I think I would have just opted for

NOTE Confidence: 0.917930894117647

 $00{:}18{:}39.298 \dashrightarrow 00{:}18{:}41.507$ the double because I wouldn't want

NOTE Confidence: 0.917930894117647

 $00{:}18{:}41.510 \dashrightarrow 00{:}18{:}44.102$ the fear of it potentially coming

NOTE Confidence: 0.917930894117647

 $00{:}18{:}44.102 \dashrightarrow 00{:}18{:}47.241$ back in my other breast and I didn't

NOTE Confidence: 0.917930894117647

 $00{:}18{:}47.241 \dashrightarrow 00{:}18{:}49.110$ want that hanging over my head and

NOTE Confidence: 0.917930894117647

 $00:18:49.168 \longrightarrow 00:18:50.925$ that's what I said to myself in

NOTE Confidence: 0.917930894117647

 $00:18:50.930 \longrightarrow 00:18:53.037$ 2013 when she was going through it.

 $00:18:53.040 \longrightarrow 00:18:55.553$ So I'm sitting there in the room

NOTE Confidence: 0.917930894117647

 $00:18:55.553 \longrightarrow 00:18:58.174$ with you and these are my options

NOTE Confidence: 0.917930894117647

 $00:18:58.174 \longrightarrow 00:19:00.602$ given to me and I said,

NOTE Confidence: 0.917930894117647

 $00:19:00.602 \longrightarrow 00:19:04.542$ how do I not go with what I questioned

NOTE Confidence: 0.917930894117647

 $00:19:04.542 \longrightarrow 00:19:07.038$ a year ago for somebody else?

NOTE Confidence: 0.917930894117647

00:19:07.040 --> 00:19:10.136 And, uhm, you know my husband was with me,

NOTE Confidence: 0.917930894117647

 $00:19:10.140 \longrightarrow 00:19:12.902$ and although he really wasn't dumb, you know.

NOTE Confidence: 0.917930894117647

 $00:19:12.902 \longrightarrow 00:19:14.350$ He just looked at me and said the answer.

NOTE Confidence: 0.917930894117647

 $00{:}19{:}14.350 \dashrightarrow 00{:}19{:}16.048$ You know, the decision is yours.

NOTE Confidence: 0.917930894117647

 $00:19:16.050 \longrightarrow 00:19:18.318$ I said, well, I.

NOTE Confidence: 0.917930894117647

 $00{:}19{:}18.320 \dashrightarrow 00{:}19{:}20.924$ Think I'd like to proceed with the

NOTE Confidence: 0.917930894117647

 $00:19:20.924 \longrightarrow 00:19:23.134$ double msek to me and we kind of

NOTE Confidence: 0.917930894117647

 $00:19:23.134 \longrightarrow 00:19:24.735$ you said OK and you said, listen,

NOTE Confidence: 0.917930894117647

 $00{:}19{:}24.735 \to 00{:}19{:}26.870$ you can change your mind at any
time

NOTE Confidence: 0.917930894117647

 $00:19:26.870 \longrightarrow 00:19:28.642$ before your surgery happens.

NOTE Confidence: 0.917930894117647

 $00{:}19{:}28.642 \dashrightarrow 00{:}19{:}31.300$ I signed the paperwork and you

 $00:19:31.384 \longrightarrow 00:19:34.170$ said someone will call me with an

NOTE Confidence: 0.917930894117647

 $00:19:34.170 \longrightarrow 00:19:36.799$ appointment for the next surgery date.

NOTE Confidence: 0.917930894117647 00:19:36.800 --> 00:19:37.666 And uhm, NOTE Confidence: 0.917930894117647

 $00:19:37.666 \longrightarrow 00:19:41.620$ my husband and I walked out of there and.

NOTE Confidence: 0.917930894117647

 $00:19:41.620 \dashrightarrow 00:19:43.573$ I just looked at him and I said that's

NOTE Confidence: 0.917930894117647

00:19:43.573 --> 00:19:45.804 too high of a risk for me and he said,

NOTE Confidence: 0.917930894117647

00:19:45.804 --> 00:19:46.380 quite frankly,

NOTE Confidence: 0.917930894117647

 $00{:}19{:}46.380 \dashrightarrow 00{:}19{:}48.846$ I agree with you and he said I will

NOTE Confidence: 0.917930894117647

 $00:19:48.846 \dashrightarrow 00:19:51.457$ stand behind whatever decision you make.

NOTE Confidence: 0.917930894117647

 $00:19:51.460 \longrightarrow 00:19:53.084$ The decision is yours,

NOTE Confidence: 0.917930894117647 00:19:53.084 --> 00:19:53.896 he said. NOTE Confidence: 0.917930894117647

 $00:19:53.900 \longrightarrow 00:19:55.748$ But I think you're making the right decision.

NOTE Confidence: 0.864208276666667

 $00{:}19{:}56.470 \dashrightarrow 00{:}19{:}58.234$ And so I want to just stop

NOTE Confidence: 0.864208276666667

 $00:19:58.234 \longrightarrow 00:19:59.750$ you there for one second,

NOTE Confidence: 0.864208276666667

 $00:19:59.750 \longrightarrow 00:20:01.814$ because I think that there's a

 $00:20:01.814 \longrightarrow 00:20:03.918$ couple of points that I want to.

NOTE Confidence: 0.864208276666667

 $00{:}20{:}03.920 \dashrightarrow 00{:}20{:}05.540$ You know, kind of amplify here

NOTE Confidence: 0.864208276666667

 $00:20:05.540 \longrightarrow 00:20:07.499$ and one is and and you talk

NOTE Confidence: 0.864208276666667

 $00:20:07.499 \longrightarrow 00:20:09.137$ about this all the time too.

NOTE Confidence: 0.864208276666667

00:20:09.140 --> 00:20:11.444 Is surrounding yourself with

NOTE Confidence: 0.864208276666667

00:20:11.444 --> 00:20:13.748 a really supportive tribe?

NOTE Confidence: 0.864208276666667

00:20:13.750 --> 00:20:15.310 Can you talk a little bit about that?

NOTE Confidence: 0.915411773333333

00:20:17.790 --> 00:20:20.508 Well, I will tell you this,

NOTE Confidence: 0.915411773333333

 $00:20:20.510 \longrightarrow 00:20:22.729$ I never realized how much support I

NOTE Confidence: 0.915411773333333

00:20:22.729 --> 00:20:24.890 had until I've had breast cancer.

NOTE Confidence: 0.915411773333333

 $00{:}20{:}24.890 \dashrightarrow 00{:}20{:}32.374$ I. I was absolutely a mazed I had my

NOTE Confidence: 0.915411773333333

 $00:20:32.374 \longrightarrow 00:20:35.368$ family and unfortunately I decided

NOTE Confidence: 0.915411773333333

00:20:35.368 --> 00:20:38.410 to not tell my mother and my father

NOTE Confidence: 0.915411773333333

 $00{:}20{:}38.410 --> 00{:}20{:}41.089$ so I didn't tell my mother until,

NOTE Confidence: 0.915411773333333

00:20:41.090 --> 00:20:44.648 UM, a week before my surgery.

NOTE Confidence: 0.915411773333333

00:20:44.650 --> 00:20:46.813 I told my brother I just didn't

 $00:20:46.813 \longrightarrow 00:20:48.971$ think my mom could at the time

NOTE Confidence: 0.915411773333333

 $00:20:48.971 \longrightarrow 00:20:50.573$ what was she was dealing with.

NOTE Confidence: 0.915411773333333

 $00:20:50.580 \longrightarrow 00:20:52.146$ I didn't feel like she could.

NOTE Confidence: 0.915411773333333

00:20:52.150 --> 00:20:54.211 I didn't want to give her too much time

NOTE Confidence: 0.915411773333333

00:20:54.211 --> 00:20:57.182 to dwell on it, and my father's wife.

NOTE Confidence: 0.915411773333333

 $00:20:57.182 \longrightarrow 00:20:58.550$ Had just been.

NOTE Confidence: 0.915411773333333

00:20:58.550 --> 00:21:00.977 She was also going through cancer and

NOTE Confidence: 0.915411773333333

 $00:21:00.977 \longrightarrow 00:21:03.593$ she was in the hospital at the time.

NOTE Confidence: 0.915411773333333

 $00:21:03.600 \longrightarrow 00:21:07.350$ She was not having a come.

NOTE Confidence: 0.915411773333333

 $00:21:07.350 \longrightarrow 00:21:09.330$ She wasn't doing well and they

NOTE Confidence: 0.915411773333333

00:21:09.330 --> 00:21:10.980 had just lost their dog.

NOTE Confidence: 0.915411773333333

 $00:21:10.980 \longrightarrow 00:21:12.360$ So I'm like, Oh my God,

NOTE Confidence: 0.915411773333333

00:21:12.360 --> 00:21:13.935 I feel like I'm going to be

NOTE Confidence: 0.915411773333333

 $00:21:13.935 \longrightarrow 00:21:15.259$ the third shoe that drops.

NOTE Confidence: 0.915411773333333 00:21:15.260 --> 00:21:15.572 Yeah,

00:21:15.572 --> 00:21:17.756 I just couldn't do that to them

NOTE Confidence: 0.915411773333333

 $00{:}21{:}17.756 \dashrightarrow 00{:}21{:}20.283$ so and they lived in Florida so I

NOTE Confidence: 0.915411773333333

 $00:21:20.283 \longrightarrow 00:21:22.638$ really was was I had my husband.

NOTE Confidence: 0.915411773333333

00:21:22.640 --> 00:21:25.763 I had my daughter and who was a away

NOTE Confidence: 0.915411773333333

 $00{:}21{:}25.763 \dashrightarrow 00{:}21{:}28.965$ at college at the time and I had

NOTE Confidence: 0.915411773333333

00:21:28.965 --> 00:21:32.184 his family and and then I had my

NOTE Confidence: 0.915411773333333

 $00:21:32.184 \longrightarrow 00:21:34.999$ friends so it's really really good.

NOTE Confidence: 0.915411773333333

00:21:35.000 --> 00:21:38.465 If you can grab someone to go with you.

NOTE Confidence: 0.915411773333333

00:21:38.470 --> 00:21:40.570 To these appointments and there are many,

NOTE Confidence: 0.915411773333333

 $00:21:40.570 \longrightarrow 00:21:42.946$ many, many appointments.

NOTE Confidence: 0.915411773333333

 $00:21:42.946 \longrightarrow 00:21:46.620$ UM, so you know.

NOTE Confidence: 0.915411773333333

00:21:46.620 --> 00:21:48.996 I always felt like my Yale,

NOTE Confidence: 0.915411773333333

 $00:21:49.000 \longrightarrow 00:21:51.540$ my smilow doctors and nurses.

NOTE Confidence: 0.915411773333333

 $00:21:51.540 \longrightarrow 00:21:53.730$ You were like my family.

NOTE Confidence: 0.915411773333333

 $00:21:53.730 \longrightarrow 00:21:55.610$ You are like my second family for awhile

NOTE Confidence: 0.919069837777778

 $00{:}21{:}55.700 \dashrightarrow 00{:}21{:}59.120$ and I mean I love it when I see

 $00:21:59.120 \longrightarrow 00:22:00.998$ a spouse or partner or friend.

NOTE Confidence: 0.919069837777778

 $00:22:01.000 \longrightarrow 00:22:03.046$ Whatever saying listen.

NOTE Confidence: 0.919069837777778

 $00:22:03.046 \longrightarrow 00:22:05.774$ Whatever is your decision,

NOTE Confidence: 0.919069837777778

 $00:22:05.780 \longrightarrow 00:22:07.740$ I'm there for you. I support you.

NOTE Confidence: 0.919069837777778

00:22:07.740 --> 00:22:09.404 You know it's fine if you want to

NOTE Confidence: 0.919069837777778

00:22:09.404 --> 00:22:11.137 ask their opinion and they tell you,

NOTE Confidence: 0.919069837777778

00:22:11.140 --> 00:22:13.590 yeah, you know, I'm I'm.

NOTE Confidence: 0.919069837777778

 $00:22:13.590 \longrightarrow 00:22:15.340$ I do the same thing,

NOTE Confidence: 0.919069837777778

 $00:22:15.340 \longrightarrow 00:22:17.878$ but even otherwise it's so nice

NOTE Confidence: 0.91906983777778

 $00:22:17.878 \longrightarrow 00:22:21.084$ to just know that that they were

NOTE Confidence: 0.919069837777778

00:22:21.084 --> 00:22:24.409 supporting you in that in that decision.

NOTE Confidence: 0.919069837777778

 $00:22:24.410 \longrightarrow 00:22:26.160$ So, so that's so critical.

NOTE Confidence: 0.8936584975

 $00:22:26.560 \longrightarrow 00:22:28.560$ Support is definitely key,

NOTE Confidence: 0.869827423125

00:22:28.770 --> 00:22:31.738 yeah, and so you had kind of decided

NOTE Confidence: 0.869827423125

 $00:22:31.738 \longrightarrow 00:22:35.117$ that you were going to do double

00:22:35.117 --> 00:22:36.726 mastectomies. And so did you.

NOTE Confidence: 0.869827423125

 $00{:}22{:}36.726 \dashrightarrow 00{:}22{:}38.920$ Go and see the plastic surgeon. Next

NOTE Confidence: 0.868518868

 $00:22:39.730 \longrightarrow 00:22:41.530$ I did. I actually interviewed.

NOTE Confidence: 0.868518868

 $00:22:41.530 \longrightarrow 00:22:45.746$ 2 I went to one that was recommended.

NOTE Confidence: 0.868518868

 $00:22:45.750 \longrightarrow 00:22:50.736$ I believe you had recommended him and I

NOTE Confidence: 0.868518868

 $00:22:50.736 \longrightarrow 00:22:53.522$ also and I also made another appointment

NOTE Confidence: 0.868518868

 $00:22:53.522 \longrightarrow 00:22:56.492$ to see someone else that other people

NOTE Confidence: 0.868518868

00:22:56.492 --> 00:23:00.092 had gone to that had had positive

NOTE Confidence: 0.868518868

 $00:23:00.092 \longrightarrow 00:23:02.233$ recommendations about and I interviewed

NOTE Confidence: 0.868518868

00:23:02.233 --> 00:23:06.046 them and that's why I say to people, you doe.

NOTE Confidence: 0.868518868

 $00{:}23{:}06.046 \dashrightarrow 00{:}23{:}08.398$ End interview your doctors.

NOTE Confidence: 0.868518868

00:23:08.400 --> 00:23:10.647 You do not have to just go

NOTE Confidence: 0.868518868

 $00:23:10.647 \longrightarrow 00:23:13.059$ with who they tell you exactly,

NOTE Confidence: 0.868518868

 $00:23:13.060 \longrightarrow 00:23:15.320$ and because these people you

NOTE Confidence: 0.868518868

 $00:23:15.320 \longrightarrow 00:23:18.150$ are with for a long time,

NOTE Confidence: 0.868518868

00:23:18.150 --> 00:23:20.327 it's not just a you know one

 $00:23:20.327 \longrightarrow 00:23:21.900$ trip and you're done it.

NOTE Confidence: 0.868518868

00:23:21.900 --> 00:23:24.133 It's a relationship and you really need

NOTE Confidence: 0.868518868

00:23:24.133 --> 00:23:26.159 to be comfortable with these people.

NOTE Confidence: 0.868518868

 $00:23:26.160 \longrightarrow 00:23:29.408$ So come and let me tell you talk

NOTE Confidence: 0.868518868

 $00{:}23{:}29.408 \dashrightarrow 00{:}23{:}33.278$ about a stark contrast in interviews.

NOTE Confidence: 0.868518868

 $00{:}23{:}33.280 \dashrightarrow 00{:}23{:}39.048$ I mean completely different doctors and uhm?

NOTE Confidence: 0.868518868

00:23:39.050 --> 00:23:43.334 Oh, I think I Dorothy I had the same

NOTE Confidence: 0.868518868

 $00:23:43.334 \longrightarrow 00:23:46.179$ person go to both appointments with me.

NOTE Confidence: 0.868518868

00:23:46.179 --> 00:23:48.398 They were on different days so

NOTE Confidence: 0.868518868

 $00:23:48.398 \longrightarrow 00:23:49.888$ she got the same information,

NOTE Confidence: 0.868518868

 $00:23:49.890 \longrightarrow 00:23:52.970$ heard the same information kind of got the

NOTE Confidence: 0.868518868

 $00{:}23{:}52.970 \dashrightarrow 00{:}23{:}56.270$ same vibe that I did and it was hands down.

NOTE Confidence: 0.868518868

 $00{:}23{:}56.270 \dashrightarrow 00{:}23{:}59.750$ We knew exactly who the doctor was going

NOTE Confidence: 0.868518868

00:23:59.750 --> 00:24:02.715 to be and and that's why I say to anyone,

NOTE Confidence: 0.868518868

 $00:24:02.720 \longrightarrow 00:24:04.500$ trust your gut a totally

 $00:24:04.500 \longrightarrow 00:24:05.924$ if you get something.

NOTE Confidence: 0.868518868

 $00:24:05.930 \longrightarrow 00:24:09.394$ If you get it, there's energy is.

NOTE Confidence: 0.868518868

 $00:24:09.394 \longrightarrow 00:24:11.924$ Gee, you feel someone's energy.

NOTE Confidence: 0.868518868

 $00:24:11.924 \longrightarrow 00:24:13.723$ You know when it jives with yours.

NOTE Confidence: 0.868518868

 $00:24:13.730 \longrightarrow 00:24:15.098$ And you know, when it doesn't.

NOTE Confidence: 0.868518868

 $00:24:15.100 \longrightarrow 00:24:18.950$ So trust that feeling it is so

NOTE Confidence: 0.868518868

 $00:24:18.950 \longrightarrow 00:24:21.760$ critical in every aspect of life.

NOTE Confidence: 0.868518868

00:24:21.760 --> 00:24:22.784 So dumb.

NOTE Confidence: 0.868518868

 $00:24:22.784 \longrightarrow 00:24:23.808$ So yes.

NOTE Confidence: 0.868518868

00:24:23.808 --> 00:24:28.860 So I had you and my breast my restrict

NOTE Confidence: 0.868518868

00:24:28.860 --> 00:24:31.550 bum sorry my reconstructive surgeons,

NOTE Confidence: 0.868518868

 $00:24:31.550 \longrightarrow 00:24:32.759$ my reconstructive surgeon,

NOTE Confidence: 0.680580431666666

00:24:32.790 --> 00:24:36.575 yeah. And that's so so important, right?

NOTE Confidence: 0.680580431666666

00:24:36.575 --> 00:24:39.415 Is is you've got to make sure that.

NOTE Confidence: 0.680580431666666

00:24:39.420 --> 00:24:42.115 That it's a relationship that clicks right?

NOTE Confidence: 0.680580431666666

 $00:24:42.120 \longrightarrow 00:24:45.084$ Because these are long term relationships

00:24:45.084 --> 00:24:47.578 and I love the concept of,

NOTE Confidence: 0.680580431666666

00:24:47.580 --> 00:24:48.900 you know, interviewing people,

NOTE Confidence: 0.680580431666666

 $00:24:48.900 \longrightarrow 00:24:50.550$ getting a second opinion if

NOTE Confidence: 0.680580431666666

00:24:50.550 --> 00:24:52.257 you're if you're gonna buy a car,

NOTE Confidence: 0.680580431666666

 $00:24:52.260 \longrightarrow 00:24:54.283$ you test drive a couple of cars

NOTE Confidence: 0.680580431666666

 $00:24:54.283 \longrightarrow 00:24:55.950$ before you make it decision.

NOTE Confidence: 0.680580431666666

00:24:55.950 --> 00:24:57.878 You know you look at a couple of

NOTE Confidence: 0.680580431666666

 $00:24:57.878 \longrightarrow 00:24:59.259$ houses before you buy a house.

NOTE Confidence: 0.680580431666666

 $00{:}24{:}59.260 \dashrightarrow 00{:}25{:}01.564$ This is this is your your life and

NOTE Confidence: 0.680580431666666

00:25:01.564 --> 00:25:04.037 your body and it's important that you,

NOTE Confidence: 0.680580431666666

 $00:25:04.040 \longrightarrow 00:25:06.196$ you know put the same effort into

NOTE Confidence: 0.680580431666666

 $00:25:06.196 \longrightarrow 00:25:08.477$ finding the team that's right for you.

NOTE Confidence: 0.680580431666666

 $00{:}25{:}08.480 \dashrightarrow 00{:}25{:}10.834$ Exactly and so with surgery.

NOTE Confidence: 0.680580431666666

 $00:25:10.834 \longrightarrow 00:25:12.574$ The next thing that happened

NOTE Confidence: 0.905353399166667

 $00{:}25{:}13.070 \dashrightarrow 00{:}25{:}16.507$ yes, three weeks later I had an

00:25:16.507 --> 00:25:19.039 appointment to have my surgery

NOTE Confidence: 0.957565186666667

 $00:25:19.690 \longrightarrow 00:25:21.148$ and So what was that like?

NOTE Confidence: 0.957565186666667

00:25:21.150 --> 00:25:23.103 I mean, what was it like waking

NOTE Confidence: 0.957565186666667

 $00:25:23.103 \longrightarrow 00:25:25.089$ up the day of surgery and

NOTE Confidence: 0.957565186666667

 $00:25:25.089 \longrightarrow 00:25:28.620$ knowing today's like the big day?

NOTE Confidence: 0.907976593684211

00:25:28.620 --> 00:25:32.344 So my this is just as crazy so my brother my

NOTE Confidence: 0.907976593684211

 $00:25:32.344 \longrightarrow 00:25:35.448$ brother came so my brother lives on long.

NOTE Confidence: 0.907976593684211

 $00:25:35.450 \longrightarrow 00:25:37.286$ My family lives in Long Island.

NOTE Confidence: 0.907976593684211

 $00:25:37.290 \longrightarrow 00:25:38.900$ My brother came the night

NOTE Confidence: 0.907976593684211

 $00:25:38.900 \longrightarrow 00:25:40.188$ before and stayed over.

NOTE Confidence: 0.907976593684211

 $00:25:40.190 \longrightarrow 00:25:43.970$ He wanted to be with us with me and keep

NOTE Confidence: 0.907976593684211

 $00:25:44.066 \longrightarrow 00:25:48.610$ Jim Company while I was in surgery and so.

NOTE Confidence: 0.907976593684211

 $00:25:48.610 \longrightarrow 00:25:53.406$ The morning you know, the day comes.

NOTE Confidence: 0.907976593684211

 $00{:}25{:}53.406 \to 00{:}25{:}58.166$ It's August 28th, 2014 and I think my

NOTE Confidence: 0.907976593684211

 $00:25:58.166 \longrightarrow 00:26:01.489$ surgery was scheduled for 11:00 AM.

NOTE Confidence: 0.907976593684211

 $00:26:01.490 \longrightarrow 00:26:04.738$ And it was the day that there

00:26:04.738 --> 00:26:10.570 was a fatal accident on 95 Oh no,

NOTE Confidence: 0.907976593684211

 $00:26:10.570 \longrightarrow 00:26:12.822$ and someone, a friend,

NOTE Confidence: 0.907976593684211

00:26:12.822 --> 00:26:16.934 two friends had texted me saying that hey,

NOTE Confidence: 0.907976593684211

 $00:26:16.934 \longrightarrow 00:26:17.790$ just a heads up.

NOTE Confidence: 0.907976593684211

 $00:26:17.790 \longrightarrow 00:26:19.018$ Traffic is really bad,

NOTE Confidence: 0.907976593684211

 $00:26:19.018 \longrightarrow 00:26:21.090$ the highways closed and where is it?

NOTE Confidence: 0.907976593684211

 $00:26:21.090 \longrightarrow 00:26:22.338$ It's at Long Wharf.

NOTE Confidence: 0.97170067

00:26:24.950 --> 00:26:27.508 Unfortunately, I didn't see that

NOTE Confidence: 0.97170067

00:26:27.508 --> 00:26:30.364 text until I was ready to leave.

NOTE Confidence: 0.97170067

 $00:26:30.370 \longrightarrow 00:26:31.769$ Well, let me just tell you, yeah,

NOTE Confidence: 0.97170067

00:26:31.769 --> 00:26:34.190 it's only a 15 minute drive from my house,

NOTE Confidence: 0.97170067

 $00:26:34.190 \longrightarrow 00:26:38.520$ but that day it was an hour and a half.

NOTE Confidence: 0.97170067

 $00:26:38.520 \longrightarrow 00:26:41.031$ So when I tell you and and I literally

NOTE Confidence: 0.97170067

 $00:26:41.031 \longrightarrow 00:26:43.386$ felt like I was in Grand Theft Auto.

NOTE Confidence: 0.97170067

 $00:26:43.390 \longrightarrow 00:26:47.040$ OK, so I'm we are trying to get to Yale

 $00:26:47.134 \longrightarrow 00:26:50.606$ and we literally hit a roadblock every

NOTE Confidence: 0.97170067

00:26:50.606 --> 00:26:54.337 single term we made now like an idiot,

NOTE Confidence: 0.97170067

 $00:26:54.340 \longrightarrow 00:26:55.876$ I left my phone at home.

NOTE Confidence: 0.97170067

 $00:26:55.880 \longrightarrow 00:26:56.924$ Note yeah I left my phone

NOTE Confidence: 0.97170067

 $00:26:56.924 \longrightarrow 00:26:57.860$ at home 'cause I'm like,

NOTE Confidence: 0.97170067

00:26:57.860 --> 00:26:59.606 oh, I don't need my phone.

NOTE Confidence: 0.97170067

00:26:59.610 --> 00:27:01.338 Did it give Jim?

NOTE Confidence: 0.97170067

 $00:27:01.338 \longrightarrow 00:27:03.066$ Jim didn't have my

NOTE Confidence: 0.97170067

00:27:03.066 --> 00:27:05.149 brother's cell phone number?

NOTE Confidence: 0.97170067

 $00:27:05.150 \longrightarrow 00:27:07.658$ I didn't exchange so my brother

NOTE Confidence: 0.97170067

 $00{:}27{:}07.658 \dashrightarrow 00{:}27{:}10.380$ is just following us so you know,

NOTE Confidence: 0.97170067

 $00{:}27{:}10.380 \dashrightarrow 00{:}27{:}13.316$ and Jim has to go all these back

NOTE Confidence: 0.97170067

 $00:27:13.316 \longrightarrow 00:27:16.270$ roads and we think my brother is

NOTE Confidence: 0.97170067

00:27:16.270 --> 00:27:18.875 behind me the whole time and I'm

NOTE Confidence: 0.97170067

 $00:27:18.875 \longrightarrow 00:27:21.286$ calling Yale at trying to tell them

NOTE Confidence: 0.97170067

 $00{:}27{:}21.286 \dashrightarrow 00{:}27{:}23.750$ that I'm going to be late and I'm

 $00{:}27{:}23.822 \dashrightarrow 00{:}27{:}26.566$ like I can't believe I'm late to my

NOTE Confidence: 0.97170067

 $00:27:26.566 \longrightarrow 00:27:28.868$ surgery like late is kind of my middle

NOTE Confidence: 0.97170067

 $00:27:28.868 \longrightarrow 00:27:31.329$ name and Jim always makes fun of me,

NOTE Confidence: 0.97170067

 $00:27:31.329 \longrightarrow 00:27:32.358$ but I'm like,

NOTE Confidence: 0.97170067

00:27:32.360 --> 00:27:34.316 are you kidding me like how

NOTE Confidence: 0.97170067

 $00:27:34.316 \longrightarrow 00:27:35.950$ could this be happening and.

NOTE Confidence: 0.97170067

 $00:27:35.950 \longrightarrow 00:27:38.428$ It was literally like every turn we

NOTE Confidence: 0.97170067

 $00{:}27{:}38.428 \dashrightarrow 00{:}27{:}41.196$ made like it was like the person

NOTE Confidence: 0.97170067

00:27:41.196 --> 00:27:44.136 came up in the video game with the with

NOTE Confidence: 0.97170067

 $00:27:44.136 \longrightarrow 00:27:47.200$ like the stop and it it was just it was.

NOTE Confidence: 0.97170067

 $00{:}27{:}47.200 \dashrightarrow 00{:}27{:}49.473$ If you were watching it you would

NOTE Confidence: 0.97170067

 $00:27:49.473 \longrightarrow 00:27:52.056$ think it was hysterical and we finally

NOTE Confidence: 0.97170067

 $00{:}27{:}52.056 \dashrightarrow 00{:}27{:}54.764$ get to the the air rights garage and

NOTE Confidence: 0.97170067

 $00:27:54.764 \longrightarrow 00:27:57.252$ we think my brother is behind me and

NOTE Confidence: 0.97170067

 $00:27:57.252 \longrightarrow 00:28:00.357$ the car drives right by us and I go

 $00:28:00.357 \longrightarrow 00:28:03.080$ Oh my God that wasn't my brother.

NOTE Confidence: 0.97170067

 $00:28:03.080 \longrightarrow 00:28:04.980$ We have no idea where he is.

NOTE Confidence: 0.97170067

 $00:28:04.980 \longrightarrow 00:28:09.565$ So I ran into to the hospital.

NOTE Confidence: 0.97170067

 $00:28:09.570 \longrightarrow 00:28:12.167$ My blood pressure was through the roof.

NOTE Confidence: 0.97170067

 $00:28:12.170 \longrightarrow 00:28:14.300$ I hadn't been able to drink

NOTE Confidence: 0.97170067

 $00:28:14.300 \longrightarrow 00:28:16.174$ because of course, you know,

NOTE Confidence: 0.97170067

 $00:28:16.174 \longrightarrow 00:28:17.380$ so I'm dehydrated.

NOTE Confidence: 0.97170067

00:28:17.380 --> 00:28:20.204 Of course it comes time to for doctor

NOTE Confidence: 0.97170067

 $00{:}28{:}20.204 \longrightarrow 00{:}28{:}23.486$ out to find my vein to put the Ivy in.

NOTE Confidence: 0.97170067

00:28:23.490 --> 00:28:25.362 Couldn't find one 'cause the blood

NOTE Confidence: 0.97170067

00:28:25.362 --> 00:28:26.997 pressure is up and dehydration

NOTE Confidence: 0.97170067

 $00:28:26.997 \longrightarrow 00:28:28.917$ had to go through my hand.

NOTE Confidence: 0.97170067

 $00:28:28.920 \longrightarrow 00:28:30.228$ It was so yeah,

NOTE Confidence: 0.97170067

 $00:28:30.228 \longrightarrow 00:28:31.863$ so that was not fun.

NOTE Confidence: 0.824606847142857

 $00:28:34.180 \longrightarrow 00:28:37.239$ Claudia Marie is a breast cancer survivor.

NOTE Confidence: 0.824606847142857

 $00:28:37.240 \longrightarrow 00:28:38.468$ If you have questions,

 $00:28:38.468 \longrightarrow 00:28:39.696$ the address is cancer.

NOTE Confidence: 0.824606847142857

 $00:28:39.700 \longrightarrow 00:28:42.451$ Answers at yale.edu and past editions of

NOTE Confidence: 0.824606847142857

00:28:42.451 --> 00:28:45.309 the program are available in audio and

NOTE Confidence: 0.824606847142857

 $00:28:45.309 \longrightarrow 00:28:48.070$ written form at Yale Cancer Center Org.

NOTE Confidence: 0.824606847142857

 $00:28:48.070 \longrightarrow 00:28:50.062$ We hope you'll join us next week to

NOTE Confidence: 0.824606847142857

 $00:28:50.062 \longrightarrow 00:28:51.982$ learn more about the fight against

NOTE Confidence: 0.824606847142857

00:28:51.982 --> 00:28:53.687 cancer here on Connecticut Public

NOTE Confidence: 0.824606847142857

 $00{:}28{:}53.687 \dashrightarrow 00{:}28{:}55.387$ radio funding for Yale Cancer

NOTE Confidence: 0.824606847142857

00:28:55.387 --> 00:28:57.012 Answers is provided by Smilow

NOTE Confidence: 0.824606847142857

 $00{:}28{:}57.012 \dashrightarrow 00{:}29{:}00.000$ Cancer Hospital and Astra Zeneca.