WEBVTT

NOTE duration:"00:29:00"

NOTE recognizability:0.867

NOTE language:en-us

NOTE Confidence: 0.842091426428571

 $00{:}00{:}00{.}000 \dashrightarrow 00{:}00{:}03.661$ Funding for Yale Cancer Answers is provided

NOTE Confidence: 0.842091426428571

00:00:03.661 --> 00:00:07.590 by Smilow Cancer Hospital and Astra Zeneca.

NOTE Confidence: 0.842091426428571

 $00{:}00{:}07{.}590 \dashrightarrow 00{:}00{:}09{.}515$ Welcome to Yale Cancer answers with

NOTE Confidence: 0.842091426428571

00:00:09.515 --> 00:00:11.830 your host doctor in East Tag Power,

NOTE Confidence: 0.842091426428571

 $00{:}00{:}11.830 \dashrightarrow 00{:}00{:}13.866$ Yale Cancer Answers features the

NOTE Confidence: 0.842091426428571

 $00:00:13.866 \rightarrow 00:00:15.990$ latest information on cancer care by

NOTE Confidence: 0.842091426428571

 $00{:}00{:}16.052 \dashrightarrow 00{:}00{:}17.492$ welcoming on cologists and specialists

NOTE Confidence: 0.842091426428571

 $00{:}00{:}17{.}492 \dashrightarrow 00{:}00{:}19{.}997$ who are on the forefront of the

NOTE Confidence: 0.842091426428571

 $00:00:19.997 \rightarrow 00:00:21.724$ battle to fight cancer this week.

NOTE Confidence: 0.842091426428571

 $00{:}00{:}21.724 \dashrightarrow 00{:}00{:}23.446$ It's a patient perspective on breast

NOTE Confidence: 0.842091426428571

 $00:00:23.446 \dashrightarrow 00:00:25.189$ cancer with breast cancer survivor,

NOTE Confidence: 0.842091426428571

00:00:25.190 --> 00:00:25.870 Claudine Maury.

NOTE Confidence: 0.842091426428571

 $00{:}00{:}25.870 \dashrightarrow 00{:}00{:}28.590$ Dr Chad Power is a professor of surgical

 $00:00:28.651 \rightarrow 00:00:31.080$ oncology at the Yale School of Medicine.

NOTE Confidence: 0.68749106

 $00:00:33.470 \longrightarrow 00:00:36.820$ So I am so excited about this

NOTE Confidence: 0.68749106

 $00:00:36.820 \longrightarrow 00:00:38.760$ show because Claudine is

NOTE Confidence: 0.813636127333334

 $00:00:38.860 \rightarrow 00:00:42.076$ one of the most courageous, positive,

NOTE Confidence: 0.813636127333334

00:00:42.076 --> 00:00:45.306 incredibly inspiring people I know.

NOTE Confidence: 0.813636127333334

 $00{:}00{:}45{.}310 \dashrightarrow 00{:}00{:}48{.}606$ And so I may be we can start with

NOTE Confidence: 0.813636127333334

00:00:48.606 --> 00:00:51.341 your story Claudine. Take us back.

NOTE Confidence: 0.813636127333334

 $00{:}00{:}51{.}341 \dashrightarrow 00{:}00{:}53{.}560$ You know what is it now seven

NOTE Confidence: 0.813636127333334

 $00{:}00{:}53.634 \dashrightarrow 00{:}00{:}55.800$ years and start the story with

NOTE Confidence: 0.813636127333334

 $00:00:55.800 \dashrightarrow 00:00:58.644$ you know Once Upon a time I was

NOTE Confidence: 0.813636127333334

 $00:00:58.644 \rightarrow 00:01:01.160$ perfectly well and then dot dot dot

NOTE Confidence: 0.899895915

 $00:01:02.050 \longrightarrow 00:01:03.598$ Once Upon a time.

NOTE Confidence: 0.899895915

 $00:01:03.598 \longrightarrow 00:01:05.920$ I was the picture of health.

NOTE Confidence: 0.899895915

 $00:01:05.920 \longrightarrow 00:01:08.454$ I had never seen the inside of

NOTE Confidence: 0.899895915

 $00:01:08.454 \rightarrow 00:01:12.860$ a hospital and that was. June.

NOTE Confidence: 0.794168427777778

 $00:01:15.190 \rightarrow 00:01:20.554$ 5th 2014. Was the day I found my lump,

 $00{:}01{:}20.560 \dashrightarrow 00{:}01{:}23.456$ which was two days after I had my

NOTE Confidence: 0.794168427777778

 $00{:}01{:}23.456 \dashrightarrow 00{:}01{:}26.030$ yearly checkup and had a clean bill

NOTE Confidence: 0.794168427777778

 $00:01:26.030 \longrightarrow 00:01:28.375$ of health and scheduled my routine NOTE Confidence: 0.794168427777778

00:01:28.375 --> 00:01:30.825 mammogram for two months later. NOTE Confidence: 0.8994677975

00:01:31.390 --> 00:01:33.518 So how old were you at that point,

NOTE Confidence: 0.8994677975

00:01:33.520 --> 00:01:36.701 Claudine? I was 42. You were 42,

NOTE Confidence: 0.8994677975

 $00:01:36.701 \rightarrow 00:01:38.500$ you would just go into the doctor.

NOTE Confidence: 0.8994677975

 $00:01:38.500 \longrightarrow 00:01:40.327$ You had gotten a clean bill of

NOTE Confidence: 0.8994677975

 $00{:}01{:}40{.}327 \dashrightarrow 00{:}01{:}42{.}130$ health and you found this lump

NOTE Confidence: 0.8994677975

00:01:42.130 --> 00:01:44.135 like just on a on a physical

NOTE Confidence: 0.8994677975

 $00{:}01{:}44.135 \dashrightarrow 00{:}01{:}46.270$ exam on your own self breast exam

NOTE Confidence: 0.95109443

 $00:01:46.700 \dashrightarrow 00:01:48.938$ sitting. On my couch watching jeopardy.

NOTE Confidence: 0.90879816

 $00:01:51.490 \dashrightarrow 00:01:54.070$ I don't know what it was literally

NOTE Confidence: 0.90879816

 $00:01:54.070 \dashrightarrow 00:01:56.590$ the right next to my breastbone.

NOTE Confidence: 0.90879816

00:01:56.590 --> 00:01:59.012 It almost felt I have no idea

 $00:01:59.012 \longrightarrow 00:02:00.962$ what made me even reach up.

NOTE Confidence: 0.90879816

 $00:02:00.962 \longrightarrow 00:02:02.438$ I don't know if it hurt.

NOTE Confidence: 0.90879816

 $00:02:02.440 \longrightarrow 00:02:05.840$ I don't know why but it felt like it was

NOTE Confidence: 0.90879816

 $00:02:05.925 \rightarrow 00:02:09.308$ the size of a pea and I said to my husband.

NOTE Confidence: 0.90879816

 $00{:}02{:}09{.}310 \dashrightarrow 00{:}02{:}11{.}536$ I think I just found a lump.

NOTE Confidence: 0.90879816

 $00{:}02{:}11.540 \dashrightarrow 00{:}02{:}14.600$ And I I was one of those people that

NOTE Confidence: 0.90879816

 $00:02:14.600 \longrightarrow 00:02:17.320$ didn't believe in self examinations.

NOTE Confidence: 0.90879816

00:02:17.320 --> 00:02:19.246 'cause I was like I don't know how would

NOTE Confidence: 0.90879816

 $00:02:19.246 \rightarrow 00:02:21.253$ you know what a lump feels like like it.

NOTE Confidence: 0.90879816

 $00{:}02{:}21.260 \dashrightarrow 00{:}02{:}22.300$ It all feels the same.

NOTE Confidence: 0.90879816

00:02:22.300 --> 00:02:24.897 It feels I have dense breast tissue,

NOTE Confidence: 0.90879816

 $00:02:24.900 \longrightarrow 00:02:27.498$ so to me I don't know.

NOTE Confidence: 0.90879816

 $00:02:27.500 \longrightarrow 00:02:29.260$ But let me tell you.

NOTE Confidence: 0.90879816

 $00:02:29.260 \longrightarrow 00:02:30.826$ You know your body better than

NOTE Confidence: 0.90879816

 $00:02:30.826 \rightarrow 00:02:32.533$ anybody else when you feel something

NOTE Confidence: 0.90879816

 $00:02:32.533 \longrightarrow 00:02:34.345$ that doesn't right seem right or

 $00:02:34.345 \rightarrow 00:02:36.206$ doesn't feel like it should be there.

NOTE Confidence: 0.90879816

 $00:02:36.210 \longrightarrow 00:02:38.425$ Just trust your gut because

NOTE Confidence: 0.90879816

 $00:02:38.425 \longrightarrow 00:02:40.410$ you know yourself best and

NOTE Confidence: 0.935992586

 $00:02:40.420 \rightarrow 00:02:42.160$ that is so important, right?

NOTE Confidence: 0.935992586

00:02:42.160 --> 00:02:44.120 Like you didn't kind of blow it off and say,

NOTE Confidence: 0.935992586

 $00{:}02{:}44{.}120 \dashrightarrow 00{:}02{:}45{.}736$ well, you know the doctor said I was

NOTE Confidence: 0.935992586

 $00:02:45.736 \longrightarrow 00:02:47.840$ fine two days ago, so I must be fine.

NOTE Confidence: 0.935992586

00:02:47.840 --> 00:02:49.824 You kind of said no like I know

NOTE Confidence: 0.935992586

 $00{:}02{:}49{.}824 \dashrightarrow 00{:}02{:}52{.}090$ me and this doesn't feel like me.

NOTE Confidence: 0.903234486875

 $00:02:52.340 \longrightarrow 00:02:54.311$ Well I gave it a I you know what

NOTE Confidence: 0.903234486875

 $00{:}02{:}54{.}311 \dashrightarrow 00{:}02{:}56{.}666$ I said hey maybe it has something.

NOTE Confidence: 0.903234486875

00:02:56.670 --> 00:02:59.498 Maybe it's maybe. Maybe it'll go away.

NOTE Confidence: 0.903234486875

 $00:02:59.500 \dashrightarrow 00:03:01.950$ So I think I gave it two weeks and was NOTE Confidence: 0.903234486875

 $00{:}03{:}02{.}018$ --> $00{:}03{:}04{.}426$ still there and then I made the phone

NOTE Confidence: 0.903234486875

 $00{:}03{:}04.426 \dashrightarrow 00{:}03{:}07.950$ call come when in for another check up.

 $00:03:07.950 \rightarrow 00:03:10.056$ Got the diagnostic,

NOTE Confidence: 0.903234486875

 $00{:}03{:}10.056 \dashrightarrow 00{:}03{:}12.864$ the prescription prescription for

NOTE Confidence: 0.903234486875

 $00:03:12.864 \rightarrow 00:03:15.918$ the diagnostic ultrasound went in

NOTE Confidence: 0.903234486875

 $00:03:15.918 \rightarrow 00:03:18.474$ got the ultrasound same day which

NOTE Confidence: 0.903234486875

 $00{:}03{:}18{.}474 \dashrightarrow 00{:}03{:}21{.}468$ I know is extremely unusual I.

NOTE Confidence: 0.903234486875

 $00:03:21.470 \rightarrow 00:03:24.254$ 30 minutes later they were doing a biopsy.

NOTE Confidence: 0.923581268

 $00:03:25.980 \longrightarrow 00:03:27.010$ Did that freak you out?

NOTE Confidence: 0.66870478875

00:03:27.700 --> 00:03:30.220 No, I asked to see and your fight.

NOTE Confidence: 0.66870478875

 $00:03:30.220 \rightarrow 00:03:32.814$ You're going to hear later that's because

NOTE Confidence: 0.66870478875

 $00:03:32.814 \rightarrow 00:03:35.733$ my work schedule was off the chart

NOTE Confidence: 0.66870478875

 $00{:}03{:}35{.}733 \dashrightarrow 00{:}03{:}38{.}757$ and I was panicking that I wouldn't.

NOTE Confidence: 0.66870478875

 $00{:}03{:}38{.}760 \dashrightarrow 00{:}03{:}40{.}803$ I didn't know when I was going to be

NOTE Confidence: 0.66870478875

 $00:03:40.803 \rightarrow 00:03:43.310$ able to schedule the time for a biopsy,

NOTE Confidence: 0.66870478875

 $00:03:43.310 \longrightarrow 00:03:44.558$ so I said, you know what?

NOTE Confidence: 0.66870478875

00:03:44.560 -> 00:03:45.740 It was a Friday afternoon.

NOTE Confidence: 0.66870478875

 $00:03:45.740 \longrightarrow 00:03:46.600$ It was two o'clock.

00:03:46.600 --> 00:03:49.880 I said can we do it now because I knew you?

NOTE Confidence: 0.66870478875

 $00{:}03{:}49{.}880 \dashrightarrow 00{:}03{:}53{.}120$ Well, I knew that it was my best shot.

NOTE Confidence: 0.66870478875

 $00:03:53.120 \longrightarrow 00:03:56.250$ So they called my doctor.

NOTE Confidence: 0.66870478875

 $00:03:56.250 \longrightarrow 00:03:58.112$ She put the the you know she

NOTE Confidence: 0.66870478875

 $00:03:58.112 \longrightarrow 00:03:59.710$ put it into the system.

NOTE Confidence: 0.66870478875

 $00{:}03{:}59{.}710 \dashrightarrow 00{:}04{:}03{.}598$ The approval to have the biopsy and and

NOTE Confidence: 0.66870478875

 $00{:}04{:}03.598 \dashrightarrow 00{:}04{:}07.450$ yeah the nurse held my hand while I got

NOTE Confidence: 0.66870478875

 $00{:}04{:}07{.}555 \dashrightarrow 00{:}04{:}12{.}760$ the biopsy come and that was a Friday.

NOTE Confidence: 0.66870478875

00:04:12.760 --> 00:04:16.639 Uhm, I don't remember how many days it took,

NOTE Confidence: 0.66870478875

 $00:04:16.640 \longrightarrow 00:04:19.460$ but unfortunately I don't recommend

NOTE Confidence: 0.66870478875

 $00:04:19.460 \longrightarrow 00:04:22.280$ that process to anyone because

NOTE Confidence: 0.66870478875

 $00{:}04{:}22.367 \dashrightarrow 00{:}04{:}24.755$ I kind of bucked the system.

NOTE Confidence: 0.66870478875

00:04:24.760 --> 00:04:25.214 That's not,

NOTE Confidence: 0.66870478875

 $00{:}04{:}25{.}214 \dashrightarrow 00{:}04{:}27{.}380$ I guess how it and what do I know.

NOTE Confidence: 0.66870478875

 $00{:}04{:}27{.}380 \dashrightarrow 00{:}04{:}29{.}684$ I knew nothing about any of this and

 $00:04:29.684 \rightarrow 00:04:31.724$ nobody does until they're unfortunately

NOTE Confidence: 0.66870478875

 $00:04:31.724 \longrightarrow 00:04:34.932$ thrust into the world of cancer.

NOTE Confidence: 0.66870478875

00:04:34.932 --> 00:04:37.460 But I guess the typical process is if

NOTE Confidence: 0.66870478875

 $00{:}04{:}37{.}460 \dashrightarrow 00{:}04{:}39{.}516$ you find something you're supposed to set

NOTE Confidence: 0.66870478875

 $00{:}04{:}39{.}516 \dashrightarrow 00{:}04{:}41{.}750$ up an appointment with a breast surgeon,

NOTE Confidence: 0.66870478875

 $00:04:41.750 \longrightarrow 00:04:42.786$ you see them first.

NOTE Confidence: 0.66870478875

 $00{:}04{:}42.786 \dashrightarrow 00{:}04{:}44.992$ You do the biopsy so that when the

NOTE Confidence: 0.66870478875

 $00:04:44.992 \rightarrow 00:04:47.050$ results come back they get the results

NOTE Confidence: 0.66870478875

 $00{:}04{:}47.050 \dashrightarrow 00{:}04{:}49.581$ and they read the results to you and

NOTE Confidence: 0.66870478875

 $00{:}04{:}49{.}581 \dashrightarrow 00{:}04{:}51{.}726$ they explain whatever the results are.

NOTE Confidence: 0.66870478875

 $00:04:51.726 \longrightarrow 00:04:54.540$ That didn't happen in my case up.

NOTE Confidence: 0.66870478875

 $00{:}04{:}54{.}540 \dashrightarrow 00{:}04{:}56{.}360$ So and to be

NOTE Confidence: 0.866680636666667

 $00{:}04{:}56{.}370 \dashrightarrow 00{:}04{:}59{.}586$ honest, you know a lot of people get

NOTE Confidence: 0.866680636666667

 $00:04:59.586 \rightarrow 00:05:02.327$ their diagnosis exactly the way you did.

NOTE Confidence: 0.866680636666667

 $00:05:02.330 \longrightarrow 00:05:04.129$ You know they go for their imaging.

NOTE Confidence: 0.8666806366666667

 $00:05:04.130 \dashrightarrow 00:05:06.407$ They get a biopsy and then they go and

- NOTE Confidence: 0.866680636666667
- $00{:}05{:}06{.}407 \dashrightarrow 00{:}05{:}08{.}831$ see the breast surgeon who has to explain
- NOTE Confidence: 0.8666806366666667
- $00:05:08.831 \dashrightarrow 00:05:11.426$ to them what exactly this is in English.
- NOTE Confidence: 0.8666806366666667
- $00{:}05{:}11{.}430 \dashrightarrow 00{:}05{:}13{.}660$ But I mean it's all good and I love them.
- NOTE Confidence: 0.8666806366666667
- $00:05:13.660 \rightarrow 00:05:15.394$ Fact that you advocated for yourself
- NOTE Confidence: 0.866680636666667
- $00:05:15.394 \rightarrow 00:05:17.318$ and and you kind of said look,
- NOTE Confidence: 0.866680636666667
- $00:05:17.320 \dashrightarrow 00:05:19.505$ you know I don't know when I'm
- NOTE Confidence: 0.866680636666667
- 00:05:19.505 00:05:20.559 going to be able to come back.
- NOTE Confidence: 0.866680636666667
- $00:05:20.560 \longrightarrow 00:05:21.620$ Can we do this now?
- NOTE Confidence: 0.866680636666667
- $00:05:21.620 \longrightarrow 00:05:24.028$ I I think it's so great when
- NOTE Confidence: 0.8666806366666667
- $00:05:24.028 \rightarrow 00:05:26.038$ patients can kind of speak up.
- NOTE Confidence: 0.8666806366666667
- $00:05:26.040 \longrightarrow 00:05:26.490$ So when you
- NOTE Confidence: 0.835156276666667
- $00{:}05{:}26{.}500 \dashrightarrow 00{:}05{:}28{.}516$ have to, you absolutely have to.
- NOTE Confidence: 0.8351562766666667
- $00:05:28.520 \dashrightarrow 00:05:30.850$ You have to be your own best advocate. Yeah,
- NOTE Confidence: 0.838534916
- $00:05:31.840 \longrightarrow 00:05:33.580$ so you get the biopsy.
- NOTE Confidence: 0.838534916
- $00:05:33.580 \longrightarrow 00:05:34.680$ It's a Friday afternoon.
- NOTE Confidence: 0.838534916

- $00:05:34.680 \rightarrow 00:05:36.310$ How was that weekend for you?
- NOTE Confidence: 0.8164206575
- 00:05:38.450 --> 00:05:41.530 You know how scary.
- NOTE Confidence: 0.8164206575
- 00:05:41.530 --> 00:05:43.861 I saw you know the when the
- NOTE Confidence: 0.8164206575
- $00:05:43.861 \rightarrow 00:05:45.969$ technician was doing the ultrasound,
- NOTE Confidence: 0.8164206575
- $00{:}05{:}45{.}970 \dashrightarrow 00{:}05{:}47{.}458$ I asked them to turn this.
- NOTE Confidence: 0.8164206575
- $00{:}05{:}47{.}460 \dashrightarrow 00{:}05{:}48{.}590$ I could see their face.
- NOTE Confidence: 0.8164206575
- 00:05:48.590 --> 00:05:52.736 I knew you, you know and I
- NOTE Confidence: 0.8164206575
- $00:05:52.736 \rightarrow 00:05:53.568$ knew something wasn't right.
- NOTE Confidence: 0.8164206575
- $00{:}05{:}53{.}570 \dashrightarrow 00{:}05{:}54{.}794$ They keep going over the same
- NOTE Confidence: 0.8164206575
- $00:05:54.794 \longrightarrow 00:05:56.039$ spot over and over and over.
- NOTE Confidence: 0.8164206575
- $00:05:56.040 \dashrightarrow 00:05:58.893$ And then she got the doctor to come in.
- NOTE Confidence: 0.8164206575
- $00:05:58.900 \dashrightarrow 00:06:01.132$ So I'm like OK this isn't good and I
- NOTE Confidence: 0.8164206575
- $00:06:01.132 \rightarrow 00:06:03.285$ asked what they were looking at and
- NOTE Confidence: 0.8164206575
- $00{:}06{:}03.285 \dashrightarrow 00{:}06{:}05.618$ they turned the screen and I looked at
- NOTE Confidence: 0.8164206575
- $00{:}06{:}05{.}618 \dashrightarrow 00{:}06{:}07{.}910$ the screen and it looks like a cartoon.
- NOTE Confidence: 0.8164206575
- $00:06:07.910 \rightarrow 00:06:11.260$ It looked like one of those splat where they?

- NOTE Confidence: 0.8164206575
- 00:06:11.260 --> 00:06:12.840 Have like a caption,
- NOTE Confidence: 0.8164206575
- $00:06:12.840 \longrightarrow 00:06:15.129$ but this plot is like very jagged.
- NOTE Confidence: 0.8164206575
- $00:06:15.130 \longrightarrow 00:06:16.798$ Yeah, that's what it looked like.
- NOTE Confidence: 0.8164206575
- $00:06:16.800 \longrightarrow 00:06:18.108$ And then there was a little.
- NOTE Confidence: 0.8164206575
- 00:06:18.110 --> 00:06:20.585 I called it like a little arm and it
- NOTE Confidence: 0.8164206575
- $00{:}06{:}20.585 \dashrightarrow 00{:}06{:}23.059$ was reaching out to something else.
- NOTE Confidence: 0.8164206575
- 00:06:23.060 --> 00:06:25.070 Yeah, so I said OK,
- NOTE Confidence: 0.8164206575
- $00:06:25.070 \longrightarrow 00:06:27.318$ that doesn't look good.
- NOTE Confidence: 0.8164206575
- $00{:}06{:}27.318$ --> $00{:}06{:}29.734$ So you know, I I say this over and over.
- NOTE Confidence: 0.8164206575
- 00:06:29.740 --> 00:06:33.702 Trust your gut, your your intuition knows.
- NOTE Confidence: 0.8164206575
- 00:06:33.702 --> 00:06:36.590 Yeah, I knew, UM,
- NOTE Confidence: 0.8164206575
- $00{:}06{:}36{.}590 \dashrightarrow 00{:}06{:}38{.}276$ so I wasn't surprised when the
- NOTE Confidence: 0.8164206575
- $00{:}06{:}38{.}276$ --> $00{:}06{:}39{.}953$ doctor called me and stayed in
- NOTE Confidence: 0.8164206575
- 00:06:39.953 --> 00:06:41.689 her office late for me to get
- NOTE Confidence: 0.8164206575
- $00:06:41.689 \longrightarrow 00:06:43.147$ there so she could tell me.
- NOTE Confidence: 0.827890235

 $00:06:44.650 \longrightarrow 00:06:46.789$ It's good for her so so yeah.

NOTE Confidence: 0.827890235

 $00{:}06{:}46.790 \dashrightarrow 00{:}06{:}48.366$ So she called you into the office and

NOTE Confidence: 0.827890235

 $00:06:48.366 \longrightarrow 00:06:50.078$ you had a conversation in the office.

NOTE Confidence: 0.8068929

 $00{:}06{:}50{.}230 \dashrightarrow 00{:}06{:}54{.}266$ Yes, yes, UM it was. It was 5:36 o'clock

NOTE Confidence: 0.8068929

 $00:06:54.266 \longrightarrow 00:06:56.370$ might have been sick at this time.

NOTE Confidence: 0.8068929

 $00{:}06{:}56{.}370$ --> $00{:}07{:}00{.}494$ I actually saw her come and she had NOTE Confidence: 0.8068929

00:07:00.494 --> 00:07:03.482 told me you have breast cancer.

NOTE Confidence: 0.8068929

00:07:03.490 - 00:07:05.258 I'm, you know, and and of course she's.

NOTE Confidence: 0.8068929

 $00{:}07{:}05{.}260 \dashrightarrow 00{:}07{:}07{.}932$ She was very, very kind and tried to

NOTE Confidence: 0.8068929

 $00:07:07.932 \dashrightarrow 00:07:10.410$ deliver the news as best as possible.

NOTE Confidence: 0.8068929

00:07:10.410 --> 00:07:11.832 But of course that's the worst

NOTE Confidence: 0.8068929

 $00:07:11.832 \longrightarrow 00:07:13.070$ news you could ever have.

NOTE Confidence: 0.8068929

 $00{:}07{:}13.070 \dashrightarrow 00{:}07{:}14.218$ You have breast cancer.

NOTE Confidence: 0.8068929

 $00:07:14.218 \longrightarrow 00:07:15.940$ Who wants to hear those words?

NOTE Confidence: 0.8068929

 $00{:}07{:}15{.}940 \dashrightarrow 00{:}07{:}18{.}348$ Yeah, and then I had called my husband

NOTE Confidence: 0.8068929

 $00:07:18.348 \rightarrow 00:07:20.690$ on the way so I had told him OK,

- NOTE Confidence: 0.8068929
- $00:07:20.690 \rightarrow 00:07:23.588$ she wants me to come in and she's waiting

 $00{:}07{:}23.588 \dashrightarrow 00{:}07{:}26.548$ so I said it's probably not good news.

NOTE Confidence: 0.8068929

 $00:07:26.550 \longrightarrow 00:07:28.270$ So when I came home I think he

NOTE Confidence: 0.8068929

 $00:07:28.270 \rightarrow 00:07:30.128$ he knew what I was going to say.

NOTE Confidence: 0.8068929

00:07:30.130 --> 00:07:33.066 Yeah and I remember we were sitting in

NOTE Confidence: 0.8068929

 $00{:}07{:}33.066 \dashrightarrow 00{:}07{:}35.854$ the kitchen and I'm gonna tell you this

NOTE Confidence: 0.8068929

 $00:07:35.854 \rightarrow 00:07:38.720$ was the most life changing experience.

NOTE Confidence: 0.8068929

 $00:07:38.720 \longrightarrow 00:07:40.920$ I probably have ever had.

NOTE Confidence: 0.8068929

 $00:07:40.920 \dashrightarrow 00:07:43.734$ Uhm, we were sitting there and kind

NOTE Confidence: 0.8068929

 $00:07:43.734 \longrightarrow 00:07:46.676$ of just trying to absorb the fact

NOTE Confidence: 0.8068929

 $00{:}07{:}46.676 \dashrightarrow 00{:}07{:}49.472$ that this was reality, our reality.

NOTE Confidence: 0.8068929

00:07:49.472 --> 00:07:54.040 And I remember looking up and I remember

NOTE Confidence: 0.8068929

 $00{:}07{:}54.148 \dashrightarrow 00{:}07{:}59.260$ asking the question in my mind why me yeah,

NOTE Confidence: 0.8068929

 $00{:}07{:}59{.}260 \dashrightarrow 00{:}08{:}02{.}985$ and I'm immediately got an answer and

NOTE Confidence: 0.8068929

 $00:08:02.985 \rightarrow 00:08:05.475$ it said because you have something

- $00:08:05.475 \longrightarrow 00:08:08.146$ to learn when it was when I tell
- NOTE Confidence: 0.8068929
- $00:08:08.146 \longrightarrow 00:08:09.910$ you it rocked my world,
- NOTE Confidence: 0.8068929
- $00:08:09.910 \longrightarrow 00:08:12.619$ I will tell you it was literally
- NOTE Confidence: 0.8068929
- $00{:}08{:}12.619 \dashrightarrow 00{:}08{:}14.930$ like some body slapped me in the face.
- NOTE Confidence: 0.8068929
- 00:08:14.930 --> 00:08:17.309 And I said.
- NOTE Confidence: 0.8068929
- 00:08:17.310 --> 00:08:17.978 OK.
- NOTE Confidence: 0.8068929
- 00:08:17.978 --> 00:08:22.960 I have something to learn and I just said.
- NOTE Confidence: 0.8068929
- 00:08:22.960 --> 00:08:23.370 Alright,
- NOTE Confidence: 0.8068929
- $00{:}08{:}23.370 \dashrightarrow 00{:}08{:}25.874$ game on let's go and literally I feel
- NOTE Confidence: 0.8068929
- $00{:}08{:}25.874 \dashrightarrow 00{:}08{:}28.630$ like I feel like I was the running
- NOTE Confidence: 0.8068929
- $00:08:28.630 \longrightarrow 00:08:31.139$ back in the football team that said,
- NOTE Confidence: 0.8068929
- 00:08:31.140 --> 00:08:31.370 alright,
- NOTE Confidence: 0.8068929
- $00{:}08{:}31{.}370 \dashrightarrow 00{:}08{:}33{.}440$ give me the ball and I'm gonna go and
- NOTE Confidence: 0.8068929
- $00{:}08{:}33{.}496 \dashrightarrow 00{:}08{:}35{.}246$ I'm gonna get over the finish line.
- NOTE Confidence: 0.8068929
- $00:08:35.250 \longrightarrow 00:08:36.914$ I don't care how I get there I'm
- NOTE Confidence: 0.8068929
- 00:08:36.914 --> 00:08:38.351 putting my head down I'm holding

- NOTE Confidence: 0.8068929
- $00:08:38.351 \longrightarrow 00:08:40.112$ that balls close to my chest and

 $00{:}08{:}40{.}112 \dashrightarrow 00{:}08{:}41{.}648$ I'm getting over that finish line

NOTE Confidence: 0.8068929

 $00:08:41.650 \longrightarrow 00:08:44.433$ and that you literally I feel

NOTE Confidence: 0.8068929

 $00{:}08{:}44{.}433 \dashrightarrow 00{:}08{:}47{.}799$ like how I took on cancer.

NOTE Confidence: 0.8068929

00:08:47.800 --> 00:08:50.086 I just said for you I love

NOTE Confidence: 0.8068929

 $00:08:50.086 \longrightarrow 00:08:52.116$ that not gonna be at me.

NOTE Confidence: 0.8068929

 $00:08:52.120 \longrightarrow 00:08:53.683$ This is not,

NOTE Confidence: 0.8068929

 $00:08:53.683 \rightarrow 00:08:55.246$ you know cancer.

NOTE Confidence: 0.8068929

00:08:55.250 --> 00:08:57.514 Come on game on you took this on

NOTE Confidence: 0.8068929

 $00:08:57.514 \rightarrow 00:09:00.860$ you're not gonna beat me and.

NOTE Confidence: 0.8068929

00:09:00.860 --> 00:09:02.170 The day I met you,

NOTE Confidence: 0.8068929

00:09:02.170 --> 00:09:04.534 I knew I'm telling you I

NOTE Confidence: 0.8068929

00:09:04.534 --> 00:09:06.110 feel like my doctors,

NOTE Confidence: 0.8068929

00:09:06.110 --> 00:09:08.927 my team of doctors was picked from like my

NOTE Confidence: 0.8068929

 $00:09:08.927 \dashrightarrow 00:09:11.357$ angels above because I did no research.

 $00:09:11.360 \dashrightarrow 00:09:13.516$ I didn't know anything I didn't want

NOTE Confidence: 0.8068929

 $00{:}09{:}13.516 \dashrightarrow 00{:}09{:}15.270$ to look online because honestly

NOTE Confidence: 0.8068929

 $00:09:15.270 \longrightarrow 00:09:17.580$ you look anything on the Internet.

NOTE Confidence: 0.8068929

00:09:17.580 --> 00:09:19.860 If you start researching cancer,

NOTE Confidence: 0.8068929

 $00:09:19.860 \longrightarrow 00:09:23.680$ it's just a black hole of fear and

NOTE Confidence: 0.8068929

00:09:23.680 --> 00:09:26.740 that's just not where you want

NOTE Confidence: 0.8068929

 $00{:}09{:}26.740 \dashrightarrow 00{:}09{:}29.329$ your mind to be because.

NOTE Confidence: 0.8068929

00:09:29.330 --> 00:09:31.358 You don't know like that stuff

NOTE Confidence: 0.8068929

00:09:31.358 --> 00:09:33.696 doesn't pertain to you and why put

NOTE Confidence: 0.8068929

 $00{:}09{:}33.696 \dashrightarrow 00{:}09{:}35.532$ that stuff in your head because

NOTE Confidence: 0.8068929

00:09:35.532 --> 00:09:37.596 it's just going to feed negativity

NOTE Confidence: 0.8068929

 $00:09:37.596 \longrightarrow 00:09:39.537$ and fear into your into you.

NOTE Confidence: 0.8068929

00:09:39.537 - > 00:09:41.266 That is the last thing you need

NOTE Confidence: 0.8068929

 $00{:}09{:}41.266 \dashrightarrow 00{:}09{:}43.217$ so I didn't do any research.

NOTE Confidence: 0.8068929

 $00:09:43.220 \dashrightarrow 00:09:45.728$ I didn't know anything about you.

NOTE Confidence: 0.8068929

 $00:09:45.730 \rightarrow 00:09:48.544$ I didn't know anything about my oncologist,

- NOTE Confidence: 0.8068929
- $00:09:48.550 \dashrightarrow 00:09:50.362$ my plastic surgeon nothing,

 $00:09:50.362 \longrightarrow 00:09:53.524$ and I literally feel like I had

NOTE Confidence: 0.8068929

 $00{:}09{:}53.524 \dashrightarrow 00{:}09{:}55.309$ the A team of doctors.

NOTE Confidence: 0.8068929

00:09:55.310 --> 00:09:58.115 I just absolutely loved every

NOTE Confidence: 0.8068929

00:09:58.115 --> 00:10:00.359 single one of you.

NOTE Confidence: 0.928048212222222

 $00{:}10{:}00{.}360 \dashrightarrow 00{:}10{:}03{.}708$ Each one of you was exactly what I needed.

NOTE Confidence: 0.928048212222222

 $00{:}10{:}03{.}710 \dashrightarrow 00{:}10{:}05{.}438$ You are the personality I needed.

NOTE Confidence: 0.928048212222222

00:10:05.440 --> 00:10:07.628 You were my cheerleader,

NOTE Confidence: 0.928048212222222

 $00{:}10{:}07.628 \dashrightarrow 00{:}10{:}10{.}910$ my plastic surgeon just was the

NOTE Confidence: 0.928048212222222

 $00{:}10{:}11{.}008 \dashrightarrow 00{:}10{:}14{.}035$ most patient and he needed to

NOTE Confidence: 0.928048212222222

 $00:10:14.035 \rightarrow 00:10:15.519$ be patient because unfortunately,

NOTE Confidence: 0.928048212222222

00:10:15.520 --> 00:10:18.688 he and I saw each other a lot because

NOTE Confidence: 0.928048212222222

 $00{:}10{:}18.688 \dashrightarrow 00{:}10{:}21.668$ I had four surgeries with him.

NOTE Confidence: 0.928048212222222

 $00{:}10{:}21.670 \dashrightarrow 00{:}10{:}26.070$ Uhm so thank God he was as wonderful

NOTE Confidence: 0.928048212222222

 $00{:}10{:}26.070 \dashrightarrow 00{:}10{:}30.174$ as he is and my oncologist was

 $00:10:30.174 \longrightarrow 00:10:32.778$ a complete straight shooter

NOTE Confidence: 0.928048212222222

 $00{:}10{:}32.778 \dashrightarrow 00{:}10{:}36.329$ because she had to deliver some.

NOTE Confidence: 0.928048212222222

 $00{:}10{:}36{.}330 \dashrightarrow 00{:}10{:}38{.}520$ You know the news that no

NOTE Confidence: 0.928048212222222

 $00:10:38.520 \longrightarrow 00:10:39.980$ woman wants to hear.

NOTE Confidence: 0.928048212222222

 $00:10:39.980 \longrightarrow 00:10:42.688$ And. She listened to,

NOTE Confidence: 0.928048212222222

 $00{:}10{:}42.688 \dashrightarrow 00{:}10{:}45.396$ you know when after,

NOTE Confidence: 0.928048212222222

 $00:10:45.400 \rightarrow 00:10:48.448$ after you removed all my cancer from me

NOTE Confidence: 0.928048212222222

 $00:10:48.448 \rightarrow 00:10:51.900$ and the reconstruction surgery was done.

NOTE Confidence: 0.928048212222222

00:10:51.900 --> 00:10:52.896 Uhm, you know,

NOTE Confidence: 0.928048212222222

 $00:10:52.896 \rightarrow 00:10:55.220$ I'm sitting in the room of oncology,

NOTE Confidence: 0.928048212222222

 $00:10:55.220 \longrightarrow 00:10:58.023$ and that's when you get the that's

NOTE Confidence: 0.928048212222222

 $00:10:58.023 \rightarrow 00:11:00.424$ when you find out how bad your

NOTE Confidence: 0.928048212222222

 $00:11:00.424 \longrightarrow 00:11:02.079$ cancer really was and she told

NOTE Confidence: 0.928048212222222

00:11:02.079 --> 00:11:03.710 me what I didn't want to hear

NOTE Confidence: 0.928048212222222

 $00:11:03.768 \longrightarrow 00:11:05.490$ that I was going to need chemo.

NOTE Confidence: 0.8562398725

 $00:11:05.780 \longrightarrow 00:11:07.976$ So let's let's take the story

- NOTE Confidence: 0.8562398725
- $00{:}11{:}07{.}976 \dashrightarrow 00{:}11{:}10{.}460$ back a little bit Claudine so.
- NOTE Confidence: 0.8562398725
- 00:11:10.460 --> 00:11:12.938 So you get home from your doctor's
- NOTE Confidence: 0.8562398725
- $00:11:12.938 \longrightarrow 00:11:14.865$ office and you're sitting in
- NOTE Confidence: 0.8562398725
- 00:11:14.865 --> 00:11:16.855 the kitchen with your husband.
- NOTE Confidence: 0.8562398725
- $00{:}11{:}16.860 \dashrightarrow 00{:}11{:}18.070$ And what happened at that
- NOTE Confidence: 0.8562398725
- $00:11:18.070 \longrightarrow 00:11:19.038$ point at that point,
- NOTE Confidence: 0.8562398725
- $00:11:19.040 \longrightarrow 00:11:20.792$ did they make appointments for you
- NOTE Confidence: 0.8562398725
- $00{:}11{:}20.792 \dashrightarrow 00{:}11{:}23.195$ to see the breast surgeon and the
- NOTE Confidence: 0.8562398725
- $00{:}11{:}23.195 \dashrightarrow 00{:}11{:}25.160$ on cologist and the radiation on cologist?
- NOTE Confidence: 0.8562398725
- 00:11:25.160 --> 00:11:27.204 Or how did things kind of evolve?
- NOTE Confidence: 0.95117552375
- $00:11:27.330 \longrightarrow 00:11:29.338$ I didn't have that for a few days,
- NOTE Confidence: 0.95117552375
- $00{:}11{:}29{.}340 \dashrightarrow 00{:}11{:}31{.}146$ so uhm, it took a while to
- NOTE Confidence: 0.95117552375
- $00{:}11{:}31{.}146 \dashrightarrow 00{:}11{:}32.660$ get an appointment with you.
- NOTE Confidence: 0.95117552375
- 00:11:32.660 --> 00:11:35.585 It took at least three days just to get
- NOTE Confidence: 0.95117552375
- $00{:}11{:}35{.}585 \dashrightarrow 00{:}11{:}37{.}917$ someone that had an opening quickly,
- NOTE Confidence: 0.95117552375

 $00:11:37.920 \rightarrow 00:11:40.260$ and so it was eight days later that I

NOTE Confidence: 0.95117552375

 $00{:}11{:}40.260 \dashrightarrow 00{:}11{:}42.864$ I met you and came into your office.

NOTE Confidence: 0.80600069444445

 $00{:}11{:}43.560 \dashrightarrow 00{:}11{:}47.221$ And and talk a little bit about

NOTE Confidence: 0.80600069444445

 $00:11:47.221 \rightarrow 00:11:49.066$ that appointment. Like what?

NOTE Confidence: 0.80600069444445

00:11:49.066 --> 00:11:51.852 What advice do you have for women

NOTE Confidence: 0.80600069444445

 $00:11:51.852 \rightarrow 00:11:54.880$ who are in that situation who have NOTE Confidence: 0.806000694444445

00:11:54.880 --> 00:11:57.559 just been given this advice or

NOTE Confidence: 0.80600069444445

 $00:11:57.559 \rightarrow 00:12:00.247$ this news that they've got breast

NOTE Confidence: 0.80600069444445

 $00{:}12{:}00{.}247 \dashrightarrow 00{:}12{:}02{.}341$ cancer and they're getting ready

NOTE Confidence: 0.80600069444445

 $00{:}12{:}02{.}341 \dashrightarrow 00{:}12{:}05{.}120$ to go and see the breast surgeon

NOTE Confidence: 0.80600069444445

 $00:12:05.194 \longrightarrow 00:12:07.444$ and they feel like their world

NOTE Confidence: 0.80600069444445

00:12:07.444 --> 00:12:09.900 has just been tipped upside down.

NOTE Confidence: 0.806000694444445

 $00{:}12{:}09{.}900 \dashrightarrow 00{:}12{:}12{.}749$ Tell us about that visit and and

NOTE Confidence: 0.80600069444445

 $00:12:12.749 \longrightarrow 00:12:15.420$ advice that you have for people.

NOTE Confidence: 0.89872311125

 $00:12:16.550 \rightarrow 00:12:19.086$ I would say to stay off the Internet.

NOTE Confidence: 0.89872311125

00:12:19.090 --> 00:12:21.554 That's number one because like I said,

- NOTE Confidence: 0.89872311125
- 00:12:21.560 --> 00:12:24.070 it's just you don't know.
- NOTE Confidence: 0.89872311125
- $00{:}12{:}24.070 \dashrightarrow 00{:}12{:}26.170$ And until you speak to your doctor,
- NOTE Confidence: 0.89872311125
- $00{:}12{:}26.170 \dashrightarrow 00{:}12{:}27.997$ I think if you want to do some research
- NOTE Confidence: 0.89872311125
- 00:12:27.997 --> 00:12:29.380 after you speak to your doctor,
- NOTE Confidence: 0.89872311125
- $00{:}12{:}29{.}380 \dashrightarrow 00{:}12{:}32{.}074$ then I think that's fine, but.
- NOTE Confidence: 0.89872311125
- 00:12:32.074 --> 00:12:35.518 Until you speak to someone professionally,
- NOTE Confidence: 0.89872311125
- 00:12:35.520 --> 00:12:37.488 you don't. You're not a doctor.
- NOTE Confidence: 0.89872311125
- $00{:}12{:}37{.}490 \dashrightarrow 00{:}12{:}38{.}706$ You're not a doctor.
- NOTE Confidence: 0.89872311125
- 00:12:38.706 --> 00:12:40.886 You know you can't just go on
- NOTE Confidence: 0.89872311125
- 00:12:40.886 --> 00:12:42.923 WebMD and find out you know the
- NOTE Confidence: 0.89872311125
- $00:12:42.923 \rightarrow 00:12:44.798$ answers to all your questions.
- NOTE Confidence: 0.89872311125
- $00:12:44.800 \longrightarrow 00:12:46.696$ I think it's great to speak to other
- NOTE Confidence: 0.89872311125
- $00:12:46.696 \rightarrow 00:12:48.359$ people that have had breast cancer.
- NOTE Confidence: 0.89872311125
- $00{:}12{:}48.360 \dashrightarrow 00{:}12{:}50.901$ Yeah, because they will give you the
- NOTE Confidence: 0.89872311125
- $00:12:50.901 \dashrightarrow 00:12:53.667$ best advice and the most honest advice.
- NOTE Confidence: 0.89872311125

 $00:12:53.670 \rightarrow 00:12:56.322$ Because it's really scary going into

NOTE Confidence: 0.89872311125

 $00{:}12{:}56{.}322 \dashrightarrow 00{:}12{:}58{.}959$ that appointment is just very scary.

NOTE Confidence: 0.89872311125

00:12:58.960 --> 00:13:01.690 UM, and you bring somebody with you, yes,

NOTE Confidence: 0.89872311125

 $00{:}13{:}01.690 \dashrightarrow 00{:}13{:}03.400$ and that's exactly I was just going to say.

NOTE Confidence: 0.89872311125

 $00{:}13{:}03{.}400 \dashrightarrow 00{:}13{:}05{.}722$ I recommend to bring someone with

NOTE Confidence: 0.89872311125

 $00{:}13{:}05{.}722 \dashrightarrow 00{:}13{:}07{.}558$ you to record the appointment

NOTE Confidence: 0.89872311125

00:13:07.558 --> 00:13:09.730 because you are in a fog.

NOTE Confidence: 0.89872311125

 $00:13:09.730 \longrightarrow 00:13:12.274$ So absolutely have someone with you to ask

NOTE Confidence: 0.89872311125

 $00:13:12.274 \rightarrow 00:13:14.739$ the questions and maybe they do the research.

NOTE Confidence: 0.89872311125

00:13:14.740 --> 00:13:15.468 You know,

NOTE Confidence: 0.89872311125

 $00{:}13{:}15{.}468 \dashrightarrow 00{:}13{:}17{.}652$ because maybe they're the ones that

NOTE Confidence: 0.89872311125

 $00:13:17.652 \rightarrow 00:13:20.262$ have more questions and you know so

NOTE Confidence: 0.89872311125

 $00{:}13{:}20{.}262 \dashrightarrow 00{:}13{:}22{.}726$ that you have an advocate with you

NOTE Confidence: 0.89872311125

00:13:22.726 --> 00:13:24.789 because you're really you're just.

NOTE Confidence: 0.89872311125

 $00{:}13{:}24.790 \dashrightarrow 00{:}13{:}27.270$ A mural in shell shock?

NOTE Confidence: 0.89872311125

00:13:27.270 --> 00:13:27.698 Yeah,

- NOTE Confidence: 0.89872311125
- $00:13:27.698 \rightarrow 00:13:30.266$ when I was talking to you,
- NOTE Confidence: 0.89872311125
- $00:13:30.270 \longrightarrow 00:13:31.500$ so that's what I would say
- NOTE Confidence: 0.907133975294118
- $00:13:31.790 \longrightarrow 00:13:34.010$ yeah and make sure that you
- NOTE Confidence: 0.907133975294118
- 00:13:34.010 --> 00:13:35.990 really ask all your questions
- NOTE Confidence: 0.907133975294118
- $00:13:35.990 \longrightarrow 00:13:38.486$ and that you don't kind of.
- NOTE Confidence: 0.907133975294118
- 00:13:38.490 --> 00:13:40.464 It's OK to say I don't
- NOTE Confidence: 0.907133975294118
- $00:13:40.464 \rightarrow 00:13:42.200$ understand what you just said.
- NOTE Confidence: 0.907133975294118
- 00:13:42.200 --> 00:13:44.433 Can you say that in English, right?
- NOTE Confidence: 0.907133975294118
- $00:13:44.433 \longrightarrow 00:13:45.298$ You know what I mean.
- NOTE Confidence: 0.907133975294118
- 00:13:45.300 00:13:47.660 I think that a lot of people they think
- NOTE Confidence: 0.907133975294118
- 00:13:47.660 00:13:49.620 that they're supposed to be so smart.
- NOTE Confidence: 0.907133975294118
- $00{:}13{:}49.620 \dashrightarrow 00{:}13{:}52.002$ And and it's so important that
- NOTE Confidence: 0.907133975294118
- $00{:}13{:}52.002 \dashrightarrow 00{:}13{:}53.650$ you actually understand what
- NOTE Confidence: 0.907133975294118
- $00{:}13{:}53{.}650 \dashrightarrow 00{:}13{:}55{.}775$ your doctor is saying and.
- NOTE Confidence: 0.907133975294118
- 00:13:55.780 --> 00:13:57.790 And if you don't speak up
- NOTE Confidence: 0.879319549

- $00:13:58.420 \longrightarrow 00:14:00.150$ exactly because all of this
- NOTE Confidence: 0.879319549
- 00:14:00.150 --> 00:14:01.880 is new vocabulary you have,
- NOTE Confidence: 0.879319549
- $00:14:01.880 \longrightarrow 00:14:04.337$ I had no idea what any of this was.
- NOTE Confidence: 0.879319549
- 00:14:04.340 --> 00:14:07.260 So and you were incredible,
- NOTE Confidence: 0.879319549
- $00:14:07.260 \longrightarrow 00:14:09.198$ just the way that you handled
- NOTE Confidence: 0.879319549
- $00:14:09.200 \longrightarrow 00:14:11.212$ telling me my options,
- NOTE Confidence: 0.879319549
- 00:14:11.212 --> 00:14:13.948 my diagnosis, my options, and.
- NOTE Confidence: 0.879319549
- 00:14:13.948 --> 00:14:16.619 You know, if I made a decision that day,
- NOTE Confidence: 0.879319549
- 00:14:16.620 --> 00:14:19.068 I was I was OK to change that decision
- NOTE Confidence: 0.879319549
- $00{:}14{:}19.068 \dashrightarrow 00{:}14{:}21.737$ if I needed to ask you more questions,
- NOTE Confidence: 0.879319549
- $00{:}14{:}21.740 \dashrightarrow 00{:}14{:}23.692$ you were there for me and that is
- NOTE Confidence: 0.879319549
- $00:14:23.692 \rightarrow 00:14:25.297$ so important and let me tell you,
- NOTE Confidence: 0.879319549
- $00:14:25.300 \longrightarrow 00:14:28.693$ if you do not feel that that doctor is
- NOTE Confidence: 0.879319549
- 00:14:28.693 --> 00:14:31.220 good for you, you're going to know.
- NOTE Confidence: 0.879319549
- $00:14:31.220 \longrightarrow 00:14:32.580$ Go see somebody else.
- NOTE Confidence: 0.879319549
- $00:14:32.580 \longrightarrow 00:14:33.948$ Get it exactly

- NOTE Confidence: 0.8994643265
- $00:14:34.360 \longrightarrow 00:14:35.482$ such good information.
- NOTE Confidence: 0.8994643265
- 00:14:35.482 --> 00:14:37.726 We're going to pick up this
- NOTE Confidence: 0.8994643265
- 00:14:37.726 --> 00:14:39.939 story right after we take a
- NOTE Confidence: 0.8994643265
- $00:14:39.939 \longrightarrow 00:14:41.709$ short break for medical minute.
- NOTE Confidence: 0.8994643265
- $00{:}14{:}41.710 \dashrightarrow 00{:}14{:}44.122$ Please stay tuned to learn more
- NOTE Confidence: 0.8994643265
- 00:14:44.122 --> 00:14:45.870 about Claudine story. Funding
- NOTE Confidence: 0.9040012915
- $00{:}14{:}45{.}880 \dashrightarrow 00{:}14{:}47{.}700$ for Yale Cancer answers comes
- NOTE Confidence: 0.9040012915
- $00{:}14{:}47.700 \dashrightarrow 00{:}14{:}49.520$ from Astra Zeneca dedicated to
- NOTE Confidence: 0.9040012915
- $00{:}14{:}49{.}583 \dashrightarrow 00{:}14{:}51{.}207$ advancing options and providing
- NOTE Confidence: 0.9040012915
- $00:14:51.207 \rightarrow 00:14:53.643$ hope for people living with cancer.
- NOTE Confidence: 0.9040012915
- 00:14:53.650 --> 00:14:59.470 More information at Astra Zeneca Dash us.com.
- NOTE Confidence: 0.9040012915
- $00{:}14{:}59{.}470 \dashrightarrow 00{:}15{:}01{.}950$ There are over 16.9 million
- NOTE Confidence: 0.9040012915
- $00:15:01.950 \longrightarrow 00:15:04.892$ cancer survivors in the US and
- NOTE Confidence: 0.9040012915
- $00:15:04.892 \longrightarrow 00:15:06.808$ over 240,000 here in Connecticut.
- NOTE Confidence: 0.9040012915
- $00{:}15{:}06.808 \dashrightarrow 00{:}15{:}08.356$ Completing treatment for cancer
- NOTE Confidence: 0.9040012915

 $00:15:08.356 \rightarrow 00:15:10.619$ is a very exciting milestone,

NOTE Confidence: 0.9040012915

 $00{:}15{:}10.620 \dashrightarrow 00{:}15{:}12.570$ but cancer and its treatment can

NOTE Confidence: 0.9040012915

 $00:15:12.570 \longrightarrow 00:15:14.640$ be a life changing experience.

NOTE Confidence: 0.9040012915

 $00{:}15{:}14.640 \dashrightarrow 00{:}15{:}17.010$ The return to normal activities in

NOTE Confidence: 0.9040012915

00:15:17.010 --> 00:15:19.012 relationships may be difficult and

NOTE Confidence: 0.9040012915

 $00:15:19.012 \rightarrow 00:15:20.777$ cancer survivors may face other

NOTE Confidence: 0.9040012915

00:15:20.777 --> 00:15:22.859 long term side effects of cancer,

NOTE Confidence: 0.9040012915

00:15:22.860 --> 00:15:24.597 including heart problems,

NOTE Confidence: 0.9040012915

 $00:15:24.597 \longrightarrow 00:15:25.176$ osteoporosis,

NOTE Confidence: 0.9040012915

 $00:15:25.176 \rightarrow 00:15:28.071$ fertility issues and an increased

NOTE Confidence: 0.9040012915

 $00{:}15{:}28.071 \dashrightarrow 00{:}15{:}30.070$ risk of second cancers.

NOTE Confidence: 0.9040012915

 $00:15:30.070 \rightarrow 00:15:32.690$ Resources for cancer survivors are

NOTE Confidence: 0.9040012915

 $00:15:32.690 \rightarrow 00:15:34.786$ available at federally designated

NOTE Confidence: 0.9040012915

 $00:15:34.786 \longrightarrow 00:15:36.052$ Comprehensive cancer centers

NOTE Confidence: 0.9040012915

 $00{:}15{:}36{.}052 \dashrightarrow 00{:}15{:}38{.}080$ such as the Yale Cancer Center

NOTE Confidence: 0.9040012915

 $00{:}15{:}38.080 \dashrightarrow 00{:}15{:}40.169$ and its Milo Cancer Hospital.

- NOTE Confidence: 0.9040012915
- 00:15:40.170 --> 00:15:42.170 To keep cancer survivors well
- NOTE Confidence: 0.9040012915
- 00:15:42.170 --> 00:15:44.170 and focused on healthy living,
- NOTE Confidence: 0.9040012915
- $00:15:44.170 \longrightarrow 00:15:46.018$ the smilow cancer hospital
- NOTE Confidence: 0.9040012915
- 00:15:46.018 --> 00:15:47.866 Survivorship clinic focuses on
- NOTE Confidence: 0.9040012915
- $00{:}15{:}47.866 \dashrightarrow 00{:}15{:}49.579$ providing guidance and direction
- NOTE Confidence: 0.9040012915
- $00{:}15{:}49{.}579 \dashrightarrow 00{:}15{:}51{.}399$ to empower survivors to take
- NOTE Confidence: 0.9040012915
- 00:15:51.399 00:15:53.350 steps to maximize their health,
- NOTE Confidence: 0.9040012915
- $00{:}15{:}53{.}350 \dashrightarrow 00{:}15{:}55{.}670$ quality of life and longevity.
- NOTE Confidence: 0.9040012915
- $00{:}15{:}55{.}670 \dashrightarrow 00{:}15{:}58{.}086$ More information is available
- NOTE Confidence: 0.9040012915
- 00:15:58.086 --> 00:15:59.650 at yalecancercenter.org you're
- NOTE Confidence: 0.9040012915
- 00:15:59.650 --> 00:16:01.090 listening to Connecticut.
- NOTE Confidence: 0.9040012915
- 00:16:01.090 --> 00:16:03.060 Radio welcome
- NOTE Confidence: 0.832517824
- $00{:}16{:}03{.}070 \dashrightarrow 00{:}16{:}05{.}150$ back to Yale Cancer answers.
- NOTE Confidence: 0.832517824
- $00{:}16{:}05{.}150 \dashrightarrow 00{:}16{:}07{.}662$ This is doctor Nice Jaguar and I'm joined
- NOTE Confidence: 0.832517824
- 00:16:07.662 --> 00:16:09.810 tonight by my guest Claudine Maury.
- NOTE Confidence: 0.832517824

 $00:16:09.810 \rightarrow 00:16:11.985$ We're learning about her journey

NOTE Confidence: 0.832517824

00:16:11.985 --> 00:16:13.888 with breast cancer and cluding.

NOTE Confidence: 0.832517824

00:16:13.888 --> 00:16:16.280 We were right at the part of the

NOTE Confidence: 0.832517824

00:16:16.351 --> 00:16:18.584 story where you had just come to

NOTE Confidence: 0.832517824

 $00{:}16{:}18{.}584 \dashrightarrow 00{:}16{:}20{.}488$ see your breast surgeon and you

NOTE Confidence: 0.832517824

 $00{:}16{:}20{.}488 \dashrightarrow 00{:}16{:}23{.}360$ gave us a lot of good advice on what NOTE Confidence: 0.832517824

 $00{:}16{:}23.360 \dashrightarrow 00{:}16{:}25.410$ people should remember when they're

NOTE Confidence: 0.832517824

 $00:16:25.410 \longrightarrow 00:16:28.595$ going to see their doctor at that

NOTE Confidence: 0.832517824

00:16:28.595 --> 00:16:30.471 first initial appointment after

NOTE Confidence: 0.832517824

 $00:16:30.471 \rightarrow 00:16:33.168$ you've been given the diagnosis of.

NOTE Confidence: 0.832517824

00:16:33.170 --> 00:16:33.746 Breast cancer,

NOTE Confidence: 0.832517824

 $00{:}16{:}33.746 \dashrightarrow 00{:}16{:}35.762$ so tell us a little bit more

NOTE Confidence: 0.832517824

 $00:16:35.762 \longrightarrow 00:16:37.647$ about what you learned that day.

NOTE Confidence: 0.832517824

 $00:16:37.650 \rightarrow 00:16:39.110$ How big was your cancer?

NOTE Confidence: 0.832517824

 $00:16:39.110 \longrightarrow 00:16:40.394$ What was the stage?

NOTE Confidence: 0.832517824

 $00:16:40.394 \rightarrow 00:16:42.710$ What decisions did you have to make,

 $00:16:42.710 \longrightarrow 00:16:45.438$ and what was the pathway forward in terms

NOTE Confidence: 0.832517824

 $00:16:45.438 \rightarrow 00:16:48.279$ of your decision-making at that point?

NOTE Confidence: 0.939626538888889

 $00:16:48.470 \rightarrow 00:16:51.890$ So we thought we had caught it very early.

NOTE Confidence: 0.939626538888889

 $00:16:51.890 \longrightarrow 00:16:56.349$ So you had given me my options.

NOTE Confidence: 0.939626538888889

 $00:16:56.350 \rightarrow 00:16:58.805$ You explained that having estrogen

NOTE Confidence: 0.939626538888889

 $00:16:58.805 \rightarrow 00:17:01.260$ progesterone positive was very good

NOTE Confidence: 0.939626538888889

 $00:17:01.331 \longrightarrow 00:17:03.830$ because it was one of the most

NOTE Confidence: 0.939626538888889

 $00{:}17{:}03.830 \dashrightarrow 00{:}17{:}05.841$ common and treatable cancers and

NOTE Confidence: 0.939626538888889

 $00:17:05.841 \longrightarrow 00:17:08.438$ it was ductal which was another you

NOTE Confidence: 0.939626538888889

 $00:17:08.438 \longrightarrow 00:17:10.579$ explained was another good thing.

NOTE Confidence: 0.939626538888889

 $00{:}17{:}10.580 \dashrightarrow 00{:}17{:}13.040$ So I felt like OK, I have that on my side

NOTE Confidence: 0.917930894117647

00:17:15.230 --> 00:17:18.382 and you started to also explain because I

NOTE Confidence: 0.917930894117647

 $00{:}17{:}18{.}382 \dashrightarrow 00{:}17{:}22{.}125$ was 42 years old we started to talk about.

NOTE Confidence: 0.917930894117647

 $00{:}17{:}22.130 \dashrightarrow 00{:}17{:}24.082$ Risk factors of recurrence.

NOTE Confidence: 0.917930894117647

 $00{:}17{:}24.082 \dashrightarrow 00{:}17{:}28.408$ And there was a formula that you had kind

 $00{:}17{:}28{.}408 \dashrightarrow 00{:}17{:}32{.}040$ of explained and to me I don't remember

NOTE Confidence: 0.917930894117647

 $00{:}17{:}32.040 \dashrightarrow 00{:}17{:}34.769$ the exact percentage that you said,

NOTE Confidence: 0.917930894117647

 $00:17:34.770 \rightarrow 00:17:37.890$ but whatever the percentage was to me,

NOTE Confidence: 0.917930894117647

 $00:17:37.890 \longrightarrow 00:17:40.811$ it was too high of a recurrence.

NOTE Confidence: 0.917930894117647

 $00{:}17{:}40.811 \dashrightarrow 00{:}17{:}43.680$ The younger you are, the longer you live,

NOTE Confidence: 0.917930894117647

 $00{:}17{:}43.680 \dashrightarrow 00{:}17{:}45.780$ the more probable of a recurrence.

NOTE Confidence: 0.917930894117647

00:17:45.780 --> 00:17:50.196 So quite frankly I said OK,

NOTE Confidence: 0.917930894117647

 $00:17:50.200 \rightarrow 00:17:53.888$ this is I'm going to make this the.

NOTE Confidence: 0.917930894117647

 $00:17:53.890 \longrightarrow 00:17:56.284$ The first and last time I go

NOTE Confidence: 0.917930894117647

 $00:17:56.284 \dashrightarrow 00:17:58.798$ through this so you had explained.

NOTE Confidence: 0.917930894117647

 $00{:}17{:}58.800 \dashrightarrow 00{:}18{:}01.719$ My options I could have a lumpectomy.

NOTE Confidence: 0.917930894117647

00:18:01.720 --> 00:18:04.300 I could have a single mastectomy.

NOTE Confidence: 0.917930894117647

 $00{:}18{:}04{.}300 \dashrightarrow 00{:}18{:}06{.}848$ Or I could have a double mastectomy

NOTE Confidence: 0.917930894117647

 $00{:}18{:}06{.}848 \dashrightarrow 00{:}18{:}08{.}649$ because of where we lived.

NOTE Confidence: 0.917930894117647

00:18:08.650 --> 00:18:10.890 And it didn't matter if I didn't

NOTE Confidence: 0.917930894117647

00:18:10.890 - 00:18:13.011 have cancer in my other breast I

 $00:18:13.011 \longrightarrow 00:18:15.400$ had the option to if I wanted to.

NOTE Confidence: 0.917930894117647

 $00{:}18{:}15{.}400 \dashrightarrow 00{:}18{:}17{.}780$ I could get a double mesec to

NOTE Confidence: 0.917930894117647

 $00{:}18{:}17.780 \dashrightarrow 00{:}18{:}21.460$ me and that was my choice.

NOTE Confidence: 0.917930894117647

 $00:18:21.460 \longrightarrow 00:18:24.124$ A very close dear friend and

NOTE Confidence: 0.917930894117647

 $00{:}18{:}24{.}124 \dashrightarrow 00{:}18{:}26{.}425$ coworker had gone through breast

NOTE Confidence: 0.917930894117647

 $00:18:26.425 \longrightarrow 00:18:29.434$ cancer the year before me and she

NOTE Confidence: 0.917930894117647

 $00:18:29.434 \rightarrow 00:18:32.283$ adopted to have a single Miss Ectomy

NOTE Confidence: 0.917930894117647

00:18:32.290 --> 00:18:36.847 and I remember in my mind saying.

NOTE Confidence: 0.917930894117647

00:18:36.850 --> 00:18:39.298 I think I would have just opted for

NOTE Confidence: 0.917930894117647

00:18:39.298 --> 00:18:41.507 the double because I wouldn't want

NOTE Confidence: 0.917930894117647

 $00{:}18{:}41{.}510 \dashrightarrow 00{:}18{:}44{.}102$ the fear of it potentially coming

NOTE Confidence: 0.917930894117647

00:18:44.102 --> 00:18:47.241 back in my other breast and I didn't

NOTE Confidence: 0.917930894117647

00:18:47.241 --> 00:18:49.110 want that hanging over my head and NOTE Confidence: 0.917930894117647

 $00:18:49.168 \longrightarrow 00:18:50.925$ that's what I said to myself in

NOTE Confidence: 0.917930894117647

 $00:18:50.930 \longrightarrow 00:18:53.037$ 2013 when she was going through it.

 $00:18:53.040 \longrightarrow 00:18:55.553$ So I'm sitting there in the room

NOTE Confidence: 0.917930894117647

 $00{:}18{:}55{.}553 \dashrightarrow 00{:}18{:}58{.}174$ with you and these are my options

NOTE Confidence: 0.917930894117647

 $00:18:58.174 \rightarrow 00:19:00.602$ given to me and I said,

NOTE Confidence: 0.917930894117647

00:19:00.602 --> 00:19:04.542 how do I not go with what I questioned

NOTE Confidence: 0.917930894117647

00:19:04.542 --> 00:19:07.038 a year ago for somebody else?

NOTE Confidence: 0.917930894117647

 $00{:}19{:}07{.}040 \dashrightarrow 00{:}19{:}10{.}136$ And, uhm, you know my husband was with me,

NOTE Confidence: 0.917930894117647

 $00:19:10.140 \rightarrow 00:19:12.902$ and although he really wasn't dumb, you know.

NOTE Confidence: 0.917930894117647

 $00:19:12.902 \dashrightarrow 00:19:14.350$ He just looked at me and said the answer.

NOTE Confidence: 0.917930894117647

 $00{:}19{:}14.350 \dashrightarrow 00{:}19{:}16.048$ You know, the decision is yours.

NOTE Confidence: 0.917930894117647

00:19:16.050 --> 00:19:18.318 I said, well, I.

NOTE Confidence: 0.917930894117647

 $00{:}19{:}18{.}320 \dashrightarrow 00{:}19{:}20{.}924$ Think I'd like to proceed with the

NOTE Confidence: 0.917930894117647

 $00:19:20.924 \longrightarrow 00:19:23.134$ double msek to me and we kind of

NOTE Confidence: 0.917930894117647

 $00:19:23.134 \rightarrow 00:19:24.735$ you said OK and you said, listen,

NOTE Confidence: 0.917930894117647

00:19:24.735 --> 00:19:26.870 you can change your mind at anytime

NOTE Confidence: 0.917930894117647

00:19:26.870 - 00:19:28.642 before your surgery happens.

NOTE Confidence: 0.917930894117647

00:19:28.642 --> 00:19:31.300 I signed the paperwork and you

- NOTE Confidence: 0.917930894117647
- $00{:}19{:}31{.}384 \dashrightarrow 00{:}19{:}34{.}170$ said someone will call me with an
- NOTE Confidence: 0.917930894117647
- $00:19:34.170 \longrightarrow 00:19:36.799$ appointment for the next surgery date.
- NOTE Confidence: 0.917930894117647
- $00:19:36.800 \longrightarrow 00:19:37.666$ And uhm,
- NOTE Confidence: 0.917930894117647
- $00{:}19{:}37.666 \dashrightarrow 00{:}19{:}41.620$ my husband and I walked out of there and.
- NOTE Confidence: 0.917930894117647
- $00{:}19{:}41.620 \dashrightarrow 00{:}19{:}43.573$ I just looked at him and I said that's
- NOTE Confidence: 0.917930894117647
- 00:19:43.573 00:19:45.804 too high of a risk for me and he said,
- NOTE Confidence: 0.917930894117647
- 00:19:45.804 --> 00:19:46.380 quite frankly,
- NOTE Confidence: 0.917930894117647
- $00:19:46.380 \rightarrow 00:19:48.846$ I agree with you and he said I will
- NOTE Confidence: 0.917930894117647
- $00{:}19{:}48.846 \dashrightarrow 00{:}19{:}51.457$ stand behind whatever decision you make.
- NOTE Confidence: 0.917930894117647
- $00:19:51.460 \rightarrow 00:19:53.084$ The decision is yours,
- NOTE Confidence: 0.917930894117647
- $00{:}19{:}53.084 \dashrightarrow 00{:}19{:}53.896$ he said.
- NOTE Confidence: 0.917930894117647
- $00:19:53.900 \rightarrow 00:19:55.748$ But I think you're making the right decision.
- NOTE Confidence: 0.8642082766666667
- 00:19:56.470 --> 00:19:58.234 And so I want to just stop
- NOTE Confidence: 0.8642082766666667
- $00{:}19{:}58{.}234 \dashrightarrow 00{:}19{:}59{.}750$ you there for one second,
- NOTE Confidence: 0.8642082766666667
- $00{:}19{:}59{.}750 \dashrightarrow 00{:}20{:}01{.}814$ because I think that there's a
- NOTE Confidence: 0.8642082766666667

 $00:20:01.814 \longrightarrow 00:20:03.918$ couple of points that I want to.

NOTE Confidence: 0.8642082766666667

00:20:03.920 --> 00:20:05.540 You know, kind of amplify here

NOTE Confidence: 0.8642082766666667

 $00:20:05.540 \longrightarrow 00:20:07.499$ and one is and and you talk

NOTE Confidence: 0.8642082766666667

 $00:20:07.499 \longrightarrow 00:20:09.137$ about this all the time too.

NOTE Confidence: 0.8642082766666667

 $00:20:09.140 \longrightarrow 00:20:11.444$ Is surrounding yourself with

NOTE Confidence: 0.8642082766666667

 $00:20:11.444 \longrightarrow 00:20:13.748$ a really supportive tribe?

NOTE Confidence: 0.8642082766666667

00:20:13.750 --> 00:20:15.310 Can you talk a little bit about that?

NOTE Confidence: 0.915411773333333

00:20:17.790 --> 00:20:20.508 Well, I will tell you this,

NOTE Confidence: 0.915411773333333

 $00{:}20{:}20{.}510 \dashrightarrow 00{:}20{:}22{.}729$ I never realized how much support I

NOTE Confidence: 0.915411773333333

 $00:20:22.729 \longrightarrow 00:20:24.890$ had until I've had breast cancer.

NOTE Confidence: 0.915411773333333

00:20:24.890 --> 00:20:32.374 I. I was absolutely amazed I had my NOTE Confidence: 0.915411773333333

00:20:32.374 --> 00:20:35.368 family and unfortunately I decided

NOTE Confidence: 0.915411773333333

 $00{:}20{:}35{.}368 \dashrightarrow 00{:}20{:}38{.}410$ to not tell my mother and my father

NOTE Confidence: 0.915411773333333

 $00{:}20{:}38{.}410 \dashrightarrow 00{:}20{:}41{.}089$ so I didn't tell my mother until,

NOTE Confidence: 0.915411773333333

00:20:41.090 - 00:20:44.648 UM, a week before my surgery.

NOTE Confidence: 0.915411773333333

00:20:44.650 --> 00:20:46.813 I told my brother I just didn't

 $00:20:46.813 \rightarrow 00:20:48.971$ think my mom could at the time

NOTE Confidence: 0.915411773333333

 $00:20:48.971 \longrightarrow 00:20:50.573$ what was she was dealing with.

NOTE Confidence: 0.915411773333333

 $00{:}20{:}50{.}580 \dashrightarrow 00{:}20{:}52{.}146$ I didn't feel like she could.

NOTE Confidence: 0.915411773333333

00:20:52.150 -> 00:20:54.211 I didn't want to give her too much time

NOTE Confidence: 0.915411773333333

 $00:20:54.211 \rightarrow 00:20:57.182$ to dwell on it, and my father's wife.

NOTE Confidence: 0.915411773333333

 $00:20:57.182 \longrightarrow 00:20:58.550$ Had just been.

NOTE Confidence: 0.915411773333333

 $00:20:58.550 \rightarrow 00:21:00.977$ She was also going through cancer and

NOTE Confidence: 0.915411773333333

 $00{:}21{:}00{.}977 \dashrightarrow 00{:}21{:}03{.}593$ she was in the hospital at the time.

NOTE Confidence: 0.915411773333333

 $00:21:03.600 \longrightarrow 00:21:07.350$ She was not having a come.

NOTE Confidence: 0.915411773333333

00:21:07.350 --> 00:21:09.330 She wasn't doing well and they

NOTE Confidence: 0.915411773333333

 $00:21:09.330 \longrightarrow 00:21:10.980$ had just lost their dog.

NOTE Confidence: 0.9154117733333333

00:21:10.980 --> 00:21:12.360 So I'm like, Oh my God,

NOTE Confidence: 0.915411773333333

 $00:21:12.360 \longrightarrow 00:21:13.935$ I feel like I'm going to be

NOTE Confidence: 0.915411773333333

 $00{:}21{:}13{.}935 \dashrightarrow 00{:}21{:}15{.}259$ the third shoe that drops.

NOTE Confidence: 0.915411773333333

 $00:21:15.260 \rightarrow 00:21:15.572$ Yeah,

 $00:21:15.572 \longrightarrow 00:21:17.756$ I just couldn't do that to them

NOTE Confidence: 0.915411773333333

 $00{:}21{:}17.756 \dashrightarrow 00{:}21{:}20.283$ so and they lived in Florida so I

NOTE Confidence: 0.915411773333333

00:21:20.283 --> 00:21:22.638 really was was I had my husband.

NOTE Confidence: 0.915411773333333

00:21:22.640 --> 00:21:25.763 I had my daughter and who was a away

NOTE Confidence: 0.915411773333333

 $00{:}21{:}25.763 \dashrightarrow 00{:}21{:}28.965$ at college at the time and I had

NOTE Confidence: 0.915411773333333

 $00{:}21{:}28{.}965 \dashrightarrow 00{:}21{:}32{.}184$ his family and then I had my

NOTE Confidence: 0.9154117733333333

 $00{:}21{:}32{.}184 \dashrightarrow 00{:}21{:}34{.}999$ friends so it's really really good.

NOTE Confidence: 0.915411773333333

 $00{:}21{:}35{.}000 \dashrightarrow 00{:}21{:}38{.}465$ If you can grab someone to go with you.

NOTE Confidence: 0.915411773333333

 $00:21:38.470 \rightarrow 00:21:40.570$ To these appointments and there are many,

NOTE Confidence: 0.915411773333333

00:21:40.570 -> 00:21:42.946 many, many appointments.

NOTE Confidence: 0.915411773333333

 $00{:}21{:}42.946 \dashrightarrow 00{:}21{:}46.620$ UM, so you know.

NOTE Confidence: 0.915411773333333

00:21:46.620 --> 00:21:48.996 I always felt like my Yale,

NOTE Confidence: 0.9154117733333333

 $00:21:49.000 \rightarrow 00:21:51.540$ my smilow doctors and nurses.

NOTE Confidence: 0.915411773333333

00:21:51.540 --> 00:21:53.730 You were like my family.

NOTE Confidence: 0.915411773333333

 $00:21:53.730 \rightarrow 00:21:55.610$ You are like my second family for awhile

NOTE Confidence: 0.919069837777778

 $00{:}21{:}55{.}700 \dashrightarrow 00{:}21{:}59{.}120$ and I mean I love it when I see

- NOTE Confidence: 0.919069837777778
- 00:21:59.120 --> 00:22:00.998 a spouse or partner or friend.
- NOTE Confidence: 0.919069837777778
- 00:22:01.000 00:22:03.046 Whatever saying listen.
- NOTE Confidence: 0.919069837777778
- 00:22:03.046 --> 00:22:05.774 Whatever is your decision,
- NOTE Confidence: 0.919069837777778
- $00:22:05.780 \longrightarrow 00:22:07.740$ I'm there for you. I support you.
- NOTE Confidence: 0.919069837777778
- $00:22:07.740 \longrightarrow 00:22:09.404$ You know it's fine if you want to
- NOTE Confidence: 0.919069837777778
- $00:22:09.404 \rightarrow 00:22:11.137$ ask their opinion and they tell you,
- NOTE Confidence: 0.919069837777778
- 00:22:11.140 --> 00:22:13.590 yeah, you know, I'm I'm.
- NOTE Confidence: 0.919069837777778
- $00:22:13.590 \longrightarrow 00:22:15.340$ I do the same thing,
- NOTE Confidence: 0.919069837777778
- $00:22:15.340 \longrightarrow 00:22:17.878$ but even otherwise it's so nice
- NOTE Confidence: 0.919069837777778
- $00:22:17.878 \longrightarrow 00:22:21.084$ to just know that they were
- NOTE Confidence: 0.919069837777778
- $00:22:21.084 \rightarrow 00:22:24.409$ supporting you in that in that decision.
- NOTE Confidence: 0.919069837777778
- $00{:}22{:}24.410 \dashrightarrow 00{:}22{:}26.160$ So, so that's so critical.
- NOTE Confidence: 0.8936584975
- 00:22:26.560 --> 00:22:28.560 Support is definitely key,
- NOTE Confidence: 0.869827423125
- $00{:}22{:}28{.}770 \dashrightarrow 00{:}22{:}31{.}738$ yeah, and so you had kind of decided
- NOTE Confidence: 0.869827423125
- $00{:}22{:}31.738 \dashrightarrow 00{:}22{:}35.117$ that you were going to do double
- NOTE Confidence: 0.869827423125

00:22:35.117 --> 00:22:36.726 mastectomies. And so did you.

NOTE Confidence: 0.869827423125

 $00{:}22{:}36{.}726 \dashrightarrow 00{:}22{:}38{.}920$ Go and see the plastic surgeon. Next

NOTE Confidence: 0.868518868

00:22:39.730 --> 00:22:41.530 I did. I actually interviewed.

NOTE Confidence: 0.868518868

 $00{:}22{:}41.530 \dashrightarrow 00{:}22{:}45.746$ 2 I went to one that was recommended.

NOTE Confidence: 0.868518868

 $00{:}22{:}45.750 \dashrightarrow 00{:}22{:}50.736$ I believe you had recommended him and I

NOTE Confidence: 0.868518868

 $00{:}22{:}50{.}736$ --> $00{:}22{:}53{.}522$ also and I also made another appointment NOTE Confidence: 0.868518868

 $00:22:53.522 \rightarrow 00:22:56.492$ to see someone else that other people

NOTE Confidence: 0.868518868

 $00:22:56.492 \longrightarrow 00:23:00.092$ had gone to that had had positive

NOTE Confidence: 0.868518868

 $00{:}23{:}00{.}092 \dashrightarrow 00{:}23{:}02{.}233$ recommendations about and I interviewed

NOTE Confidence: 0.868518868

 $00:23:02.233 \rightarrow 00:23:06.046$ them and that's why I say to people, you doe.

NOTE Confidence: 0.868518868

00:23:06.046 --> 00:23:08.398 End interview your doctors.

NOTE Confidence: 0.868518868

00:23:08.400 --> 00:23:10.647 You do not have to just go

NOTE Confidence: 0.868518868

 $00:23:10.647 \rightarrow 00:23:13.059$ with who they tell you exactly,

NOTE Confidence: 0.868518868

 $00:23:13.060 \longrightarrow 00:23:15.320$ and because these people you

NOTE Confidence: 0.868518868

 $00:23:15.320 \rightarrow 00:23:18.150$ are with for a long time,

NOTE Confidence: 0.868518868

 $00:23:18.150 \longrightarrow 00:23:20.327$ it's not just a you know one

- NOTE Confidence: 0.868518868
- $00:23:20.327 \rightarrow 00:23:21.900$ trip and you're done it.
- NOTE Confidence: 0.868518868
- 00:23:21.900 --> 00:23:24.133 It's a relationship and you really need
- NOTE Confidence: 0.868518868
- $00:23:24.133 \longrightarrow 00:23:26.159$ to be comfortable with these people.
- NOTE Confidence: 0.868518868
- $00:23:26.160 \longrightarrow 00:23:29.408$ So come and let me tell you talk
- NOTE Confidence: 0.868518868
- $00{:}23{:}29{.}408 \dashrightarrow 00{:}23{:}33{.}278$ about a stark contrast in interviews.
- NOTE Confidence: 0.868518868
- $00{:}23{:}33{.}280 \dashrightarrow 00{:}23{:}39{.}048$ I mean completely different doctors and uhm?
- NOTE Confidence: 0.868518868
- 00:23:39.050 --> 00:23:43.334 Oh, I think I Dorothy I had the same
- NOTE Confidence: 0.868518868
- $00:23:43.334 \rightarrow 00:23:46.179$ person go to both appointments with me.
- NOTE Confidence: 0.868518868
- 00:23:46.179 --> 00:23:48.398 They were on different days so
- NOTE Confidence: 0.868518868
- $00:23:48.398 \longrightarrow 00:23:49.888$ she got the same information,
- NOTE Confidence: 0.868518868
- $00:23:49.890 \longrightarrow 00:23:52.970$ heard the same information kind of got the
- NOTE Confidence: 0.868518868
- 00:23:52.970 --> 00:23:56.270 same vibe that I did and it was hands down.
- NOTE Confidence: 0.868518868
- $00{:}23{:}56{.}270 \dashrightarrow 00{:}23{:}59{.}750$ We knew exactly who the doctor was going
- NOTE Confidence: 0.868518868
- $00{:}23{:}59{.}750 \dashrightarrow 00{:}24{:}02{.}715$ to be and and that's why I say to any one,
- NOTE Confidence: 0.868518868
- 00:24:02.720 --> 00:24:04.500 trust your gut a totally
- NOTE Confidence: 0.868518868

- $00:24:04.500 \longrightarrow 00:24:05.924$ if you get something.
- NOTE Confidence: 0.868518868
- $00:24:05.930 \longrightarrow 00:24:09.394$ If you get it, there's energy is.
- NOTE Confidence: 0.868518868
- 00:24:09.394 --> 00:24:11.924 Gee, you feel someone's energy.
- NOTE Confidence: 0.868518868
- 00:24:11.924 --> 00:24:13.723 You know when it jives with yours.
- NOTE Confidence: 0.868518868
- $00:24:13.730 \longrightarrow 00:24:15.098$ And you know, when it doesn't.
- NOTE Confidence: 0.868518868
- $00{:}24{:}15{.}100 \dashrightarrow 00{:}24{:}18{.}950$ So trust that feeling it is so
- NOTE Confidence: 0.868518868
- 00:24:18.950 --> 00:24:21.760 critical in every aspect of life.
- NOTE Confidence: 0.868518868
- $00:24:21.760 \longrightarrow 00:24:22.784$ So dumb.
- NOTE Confidence: 0.868518868
- $00{:}24{:}22.784 \dashrightarrow 00{:}24{:}23.808$ So yes.
- NOTE Confidence: 0.868518868
- 00:24:23.808 --> 00:24:28.860 So I had you and my breast my restrict
- NOTE Confidence: 0.868518868
- $00:24:28.860 \rightarrow 00:24:31.550$ bum sorry my reconstructive surgeons,
- NOTE Confidence: 0.868518868
- 00:24:31.550 -> 00:24:32.759 my reconstructive surgeon,
- NOTE Confidence: 0.680580431666666
- 00:24:32.790 --> 00:24:36.575 yeah. And that's so so important, right?
- NOTE Confidence: 0.680580431666666
- 00:24:36.575 00:24:39.415 Is is you've got to make sure that.
- NOTE Confidence: 0.680580431666666
- $00:24:39.420 \rightarrow 00:24:42.115$ That it's a relationship that clicks right?
- NOTE Confidence: 0.680580431666666
- $00:24:42.120 \rightarrow 00:24:45.084$ Because these are long term relationships

- NOTE Confidence: 0.680580431666666
- 00:24:45.084 --> 00:24:47.578 and and I love the concept of,
- NOTE Confidence: 0.680580431666666
- 00:24:47.580 --> 00:24:48.900 you know, interviewing people,
- NOTE Confidence: 0.680580431666666
- $00:24:48.900 \rightarrow 00:24:50.550$ getting a second opinion if
- NOTE Confidence: 0.680580431666666
- 00:24:50.550 --> 00:24:52.257 you're if you're gonna buy a car,
- NOTE Confidence: 0.680580431666666
- $00{:}24{:}52{.}260 \dashrightarrow 00{:}24{:}54{.}283$ you test drive a couple of cars
- NOTE Confidence: 0.680580431666666
- $00:24:54.283 \longrightarrow 00:24:55.950$ before you make it decision.
- NOTE Confidence: 0.680580431666666
- 00:24:55.950 --> 00:24:57.878 You know you look at a couple of
- NOTE Confidence: 0.680580431666666
- $00:24:57.878 \longrightarrow 00:24:59.259$ houses before you buy a house.
- NOTE Confidence: 0.680580431666666
- $00{:}24{:}59{.}260 \dashrightarrow 00{:}25{:}01{.}564$ This is this is your your life and
- NOTE Confidence: 0.680580431666666
- $00:25:01.564 \rightarrow 00:25:04.037$ your body and it's important that you,
- NOTE Confidence: 0.680580431666666
- $00:25:04.040 \rightarrow 00:25:06.196$ you know put the same effort into
- NOTE Confidence: 0.680580431666666
- $00:25:06.196 \longrightarrow 00:25:08.477$ finding the team that's right for you.
- NOTE Confidence: 0.680580431666666
- $00:25:08.480 \longrightarrow 00:25:10.834$ Exactly and so with surgery.
- NOTE Confidence: 0.680580431666666
- $00{:}25{:}10.834 \dashrightarrow 00{:}25{:}12.574$ The next thing that happened
- NOTE Confidence: 0.905353399166667
- $00{:}25{:}13.070 \dashrightarrow 00{:}25{:}16.507$ yes, three weeks later I had an
- NOTE Confidence: 0.905353399166667

00:25:16.507 -> 00:25:19.039 appointment to have my surgery

NOTE Confidence: 0.9575651866666667

 $00:25:19.690 \longrightarrow 00:25:21.148$ and So what was that like?

NOTE Confidence: 0.9575651866666667

00:25:21.150 --> 00:25:23.103 I mean, what was it like waking

NOTE Confidence: 0.9575651866666667

 $00:25:23.103 \rightarrow 00:25:25.089$ up the day of surgery and

NOTE Confidence: 0.9575651866666667

 $00:25:25.089 \rightarrow 00:25:28.620$ knowing today's like the big day?

NOTE Confidence: 0.907976593684211

 $00:25:28.620 \rightarrow 00:25:32.344$ So my this is just as crazy so my brother my

NOTE Confidence: 0.907976593684211

 $00:25:32.344 \rightarrow 00:25:35.448$ brother came so my brother lives on long.

NOTE Confidence: 0.907976593684211

00:25:35.450 --> 00:25:37.286 My family lives in Long Island.

NOTE Confidence: 0.907976593684211

 $00:25:37.290 \longrightarrow 00:25:38.900$ My brother came the night

NOTE Confidence: 0.907976593684211

 $00:25:38.900 \longrightarrow 00:25:40.188$ before and stayed over.

NOTE Confidence: 0.907976593684211

 $00{:}25{:}40{.}190 \dashrightarrow 00{:}25{:}43{.}970$ He wanted to be with us with me and keep

NOTE Confidence: 0.907976593684211

 $00{:}25{:}44.066 \dashrightarrow 00{:}25{:}48.610$ Jim Company while I was in surgery and so.

NOTE Confidence: 0.907976593684211

 $00{:}25{:}48.610 \dashrightarrow 00{:}25{:}53.406$ The morning you know, the day comes.

NOTE Confidence: 0.907976593684211

 $00{:}25{:}53{.}406 \dashrightarrow 00{:}25{:}58{.}166$ It's August 28th, 2014 and I think my

NOTE Confidence: 0.907976593684211

00:25:58.166 --> 00:26:01.489 surgery was scheduled for 11:00 AM.

NOTE Confidence: 0.907976593684211

 $00:26:01.490 \longrightarrow 00:26:04.738$ And it was the day that there

00:26:04.738 --> 00:26:10.570 was a fatal accident on 95 Oh no,

NOTE Confidence: 0.907976593684211

 $00:26:10.570 \longrightarrow 00:26:12.822$ and someone, a friend,

NOTE Confidence: 0.907976593684211

 $00:26:12.822 \rightarrow 00:26:16.934$ two friends had texted me saying that hey,

NOTE Confidence: 0.907976593684211

 $00{:}26{:}16{.}934 \dashrightarrow 00{:}26{:}17{.}790$ just a heads up.

NOTE Confidence: 0.907976593684211

 $00:26:17.790 \longrightarrow 00:26:19.018$ Traffic is really bad,

NOTE Confidence: 0.907976593684211

 $00:26:19.018 \rightarrow 00:26:21.090$ the highways closed and where is it?

NOTE Confidence: 0.907976593684211

 $00:26:21.090 \rightarrow 00:26:22.338$ It's at Long Wharf.

NOTE Confidence: 0.97170067

00:26:24.950 --> 00:26:27.508 Unfortunately, I didn't see that

NOTE Confidence: 0.97170067

 $00:26:27.508 \longrightarrow 00:26:30.364$ text until I was ready to leave.

NOTE Confidence: 0.97170067

00:26:30.370 --> 00:26:31.769 Well, let me just tell you, yeah,

NOTE Confidence: 0.97170067

00:26:31.769 --> 00:26:34.190 it's only a 15 minute drive from my house,

NOTE Confidence: 0.97170067

 $00{:}26{:}34{.}190 \dashrightarrow 00{:}26{:}38{.}520$ but that day it was an hour and a half.

NOTE Confidence: 0.97170067

 $00:26:38.520 \rightarrow 00:26:41.031$ So when I tell you and I literally

NOTE Confidence: 0.97170067

00:26:41.031 --> 00:26:43.386 felt like I was in Grand Theft Auto.

NOTE Confidence: 0.97170067

 $00{:}26{:}43.390 \dashrightarrow 00{:}26{:}47.040$ OK, so I'm we are trying to get to Yale

 $00:26:47.134 \rightarrow 00:26:50.606$ and we literally hit a roadblock every

NOTE Confidence: 0.97170067

00:26:50.606 --> 00:26:54.337 single term we made now like an idiot,

NOTE Confidence: 0.97170067

 $00:26:54.340 \longrightarrow 00:26:55.876$ I left my phone at home.

NOTE Confidence: 0.97170067

00:26:55.880 --> 00:26:56.924 Note yeah I left my phone

NOTE Confidence: 0.97170067

 $00:26:56.924 \rightarrow 00:26:57.860$ at home 'cause I'm like,

NOTE Confidence: 0.97170067

 $00:26:57.860 \longrightarrow 00:26:59.606$ oh, I don't need my phone.

NOTE Confidence: 0.97170067

00:26:59.610 --> 00:27:01.338 Did it give Jim?

NOTE Confidence: 0.97170067

00:27:01.338 --> 00:27:03.066 Jim didn't have my

NOTE Confidence: 0.97170067

 $00:27:03.066 \longrightarrow 00:27:05.149$ brother's cell phone number?

NOTE Confidence: 0.97170067

00:27:05.150 --> 00:27:07.658 I didn't exchange so my brother

NOTE Confidence: 0.97170067

00:27:07.658 --> 00:27:10.380 is just following us so you know,

NOTE Confidence: 0.97170067

 $00{:}27{:}10{.}380 \dashrightarrow 00{:}27{:}13{.}316$ and Jim has to go all these back NOTE Confidence: $0{.}97170067$

 $00{:}27{:}13.316 \dashrightarrow 00{:}27{:}16.270$ roads and we think my brother is NOTE Confidence: 0.97170067

00:27:16.270 --> 00:27:18.875 behind me the whole time and I'm NOTE Confidence: 0.97170067

 $00{:}27{:}18.875 \dashrightarrow 00{:}27{:}21.286$ calling Yale at trying to tell them NOTE Confidence: 0.97170067

 $00:27:21.286 \rightarrow 00:27:23.750$ that I'm going to be late and I'm

- NOTE Confidence: 0.97170067
- $00:27:23.822 \longrightarrow 00:27:26.566$ like I can't believe I'm late to my

 $00:27:26.566 \rightarrow 00:27:28.868$ surgery like late is kind of my middle

NOTE Confidence: 0.97170067

00:27:28.868 --> 00:27:31.329 name and Jim always makes fun of me,

NOTE Confidence: 0.97170067

00:27:31.329 --> 00:27:32.358 but I'm like,

NOTE Confidence: 0.97170067

00:27:32.360 --> 00:27:34.316 are you kidding me like how

NOTE Confidence: 0.97170067

 $00:27:34.316 \longrightarrow 00:27:35.950$ could this be happening and.

NOTE Confidence: 0.97170067

 $00{:}27{:}35{.}950 \dashrightarrow 00{:}27{:}38{.}428$ It was literally like every turn we

NOTE Confidence: 0.97170067

 $00{:}27{:}38{.}428 \dashrightarrow 00{:}27{:}41{.}196$ made like it was like the the person

NOTE Confidence: 0.97170067

 $00{:}27{:}41.196 \dashrightarrow 00{:}27{:}44.136$ came up in the video game with the with

NOTE Confidence: 0.97170067

00:27:44.136 --> 00:27:47.200 like the stop and it it was just it was.

NOTE Confidence: 0.97170067

 $00{:}27{:}47{.}200 \dashrightarrow 00{:}27{:}49{.}473$ If you were watching it you would

NOTE Confidence: 0.97170067

 $00:27:49.473 \rightarrow 00:27:52.056$ think it was hysterical and we finally

NOTE Confidence: 0.97170067

 $00{:}27{:}52.056 \dashrightarrow 00{:}27{:}54.764$ get to the the air rights garage and

NOTE Confidence: 0.97170067

 $00{:}27{:}54.764 \dashrightarrow 00{:}27{:}57.252$ we think my brother is behind me and NOTE Confidence: 0.97170067

 $00:27:57.252 \rightarrow 00:28:00.357$ the car drives right by us and I go

00:28:00.357 --> 00:28:03.080 Oh my God that wasn't my brother.

NOTE Confidence: 0.97170067

 $00:28:03.080 \longrightarrow 00:28:04.980$ We have no idea where he is.

NOTE Confidence: 0.97170067

 $00:28:04.980 \longrightarrow 00:28:09.565$ So I ran into to the hospital.

NOTE Confidence: 0.97170067

 $00{:}28{:}09{.}570 \dashrightarrow 00{:}28{:}12{.}167$ My blood pressure was through the roof.

NOTE Confidence: 0.97170067

00:28:12.170 --> 00:28:14.300 I hadn't been able to drink

NOTE Confidence: 0.97170067

 $00{:}28{:}14.300 \dashrightarrow 00{:}28{:}16.174$ because of course, you know,

NOTE Confidence: 0.97170067

 $00:28:16.174 \longrightarrow 00:28:17.380$ so I'm dehydrated.

NOTE Confidence: 0.97170067

 $00{:}28{:}17{.}380 \dashrightarrow 00{:}28{:}20{.}204$ Of course it comes time to for doctor

NOTE Confidence: 0.97170067

 $00{:}28{:}20{.}204 \dashrightarrow 00{:}28{:}23{.}486$ out to find my vein to put the Ivy in.

NOTE Confidence: 0.97170067

 $00{:}28{:}23{.}490 \dashrightarrow 00{:}28{:}25{.}362$ Couldn't find one 'cause the blood

NOTE Confidence: 0.97170067

 $00:28:25.362 \rightarrow 00:28:26.997$ pressure is up and dehydration

NOTE Confidence: 0.97170067

 $00:28:26.997 \longrightarrow 00:28:28.917$ had to go through my hand.

NOTE Confidence: 0.97170067

00:28:28.920 --> 00:28:30.228 It was so yeah,

NOTE Confidence: 0.97170067

 $00:28:30.228 \longrightarrow 00:28:31.863$ so that was not fun.

NOTE Confidence: 0.824606847142857

 $00{:}28{:}34{.}180 \dashrightarrow 00{:}28{:}37{.}239$ Claudia Marie is a breast cancer survivor.

NOTE Confidence: 0.824606847142857

00:28:37.240 --> 00:28:38.468 If you have questions,

 $00{:}28{:}38{.}468 \dashrightarrow 00{:}28{:}39{.}696$ the address is cancer.

NOTE Confidence: 0.824606847142857

 $00{:}28{:}39{.}700 \dashrightarrow 00{:}28{:}42{.}451$ Answers at yale.edu and past editions of

NOTE Confidence: 0.824606847142857

 $00{:}28{:}42{.}451 \dashrightarrow 00{:}28{:}45{.}309$ the program are available in audio and

NOTE Confidence: 0.824606847142857

 $00:28:45.309 \rightarrow 00:28:48.070$ written form at Yale Cancer Center Org.

NOTE Confidence: 0.824606847142857

00:28:48.070 - 00:28:50.062 We hope you'll join us next week to

NOTE Confidence: 0.824606847142857

 $00{:}28{:}50.062 \dashrightarrow 00{:}28{:}51.982$ learn more about the fight against

NOTE Confidence: 0.824606847142857

 $00{:}28{:}51{.}982 \dashrightarrow 00{:}28{:}53{.}687$ cancer here on Connecticut Public

NOTE Confidence: 0.824606847142857

 $00:28:53.687 \longrightarrow 00:28:55.387$ radio funding for Yale Cancer

NOTE Confidence: 0.824606847142857

00:28:55.387 --> 00:28:57.012 Answers is provided by Smilow

NOTE Confidence: 0.824606847142857

00:28:57.012 --> 00:29:00.000 Cancer Hospital and Astra Zeneca.