## WEBVTT

00:00:00.000 --> 00:00:02.460 Support for Yale Cancer Answers

NOTE Confidence: 0.85388523

 $00{:}00{:}02.460 \dashrightarrow 00{:}00{:}04.920$  comes from AstraZeneca, dedicated

NOTE Confidence: 0.85388523

 $00:00:04.999 \longrightarrow 00:00:07.344$  to advancing options and providing

NOTE Confidence: 0.85388523

 $00:00:07.344 \longrightarrow 00:00:10.300$  hope for people living with cancer.

NOTE Confidence: 0.85388523

 $00:00:10.300 \longrightarrow 00:00:12.248$  More information at astrazeneca-us.com.

NOTE Confidence: 0.82523483

 $00:00:14.330 \longrightarrow 00:00:15.782$  Welcome to Yale Cancer

NOTE Confidence: 0.82523483

00:00:15.782 --> 00:00:17.597 Answers with your host doctor

NOTE Confidence: 0.82523483

 $00{:}00{:}17.600 \dashrightarrow 00{:}00{:}20.134$  Anees Chagpar. Yale Cancer Answers

NOTE Confidence: 0.82523483

 $00:00:20.140 \longrightarrow 00:00:22.240$  features the latest information on

NOTE Confidence: 0.82523483

 $00:00:22.240 \longrightarrow 00:00:24.728$  cancer care by welcoming oncologists and

NOTE Confidence: 0.82523483

 $00{:}00{:}24.728 \longrightarrow 00{:}00{:}26.968$  specialists who are on the forefront of

NOTE Confidence: 0.82523483

00:00:26.968 --> 00:00:29.209 the battle to fight cancer. This week,

NOTE Confidence: 0.82523483

 $00:00:29.210 \longrightarrow 00:00:31.394$  it's a conversation about pediatric cancer

NOTE Confidence: 0.82523483

 $00:00:31.394 \dashrightarrow 00:00:33.210$  survivorship with Doctor Nina Kadan-Lottick.

NOTE Confidence: 0.82523483

 $00:00:33.210 \longrightarrow 00:00:34.930$  Dr. Kadan-Lottick is

00:00:34.930 --> 00:00:37.124 the medical director of the HEROS

NOTE Confidence: 0.82523483

 $00{:}00{:}37.124 \dashrightarrow 00{:}00{:}39.169$  Program and an associate professor

NOTE Confidence: 0.82523483

 $00:00:39.169 \longrightarrow 00:00:41.196$  of Pediatrics and hematology oncology

NOTE Confidence: 0.82523483

 $00:00:41.196 \longrightarrow 00:00:43.194$  at the Yale School of Medicine

NOTE Confidence: 0.82523483

 $00:00:43.200 \longrightarrow 00:00:45.234$  where doctor Chagpar is a

NOTE Confidence: 0.82523483

00:00:45.234 --> 00:00:46.590 professor of surgical oncology.

NOTE Confidence: 0.8396927

 $00:00:47.840 \longrightarrow 00:00:50.472$  Nina, maybe we can start off by

NOTE Confidence: 0.8396927

00:00:50.472 --> 00:00:53.120 you laying some of the groundwork.

NOTE Confidence: 0.8396927

 $00:00:53.120 \longrightarrow 00:00:55.262$  When we think about

NOTE Confidence: 0.8396927

00:00:55.262 --> 00:00:56.690 pediatric cancers or cancers

NOTE Confidence: 0.8396927

 $00{:}00{:}56.758 \dashrightarrow 00{:}00{:}58.798$  occurring in children uniformly,

NOTE Confidence: 0.8396927

 $00:00:58.800 \longrightarrow 00:01:00.830$  the first emotion

NOTE Confidence: 0.8396927

 $00{:}01{:}00.830 \dashrightarrow 00{:}01{:}02.454$  that strikes is heartbreak.

NOTE Confidence: 0.8396927

 $00:01:02.460 \longrightarrow 00:01:04.959$  But tell us a little bit more

NOTE Confidence: 0.8396927

 $00:01:04.959 \longrightarrow 00:01:07.462$  about how many kids every year

NOTE Confidence: 0.8396927

 $00{:}01{:}07.462 \dashrightarrow 00{:}01{:}10.162$  get cancer and the different kinds

 $00{:}01{:}10.170 --> 00{:}01{:}12.200$  of cancers that they get.

NOTE Confidence: 0.8396927

 $00:01:12.200 \longrightarrow 00:01:15.560$  So there are about 10,000 kids in the

NOTE Confidence: 0.8396927

 $00:01:15.560 \longrightarrow 00:01:19.008$  country that get diagnosed with cancer and

NOTE Confidence: 0.8396927

00:01:19.010 --> 00:01:22.250 the great news is that the vast majority

NOTE Confidence: 0.8396927

 $00:01:22.250 \longrightarrow 00:01:26.110$  will be long term survivors, cured for good.

NOTE Confidence: 0.8396927

 $00:01:26.110 \longrightarrow 00:01:29.260$  So we have cure rates among all

NOTE Confidence: 0.8396927

 $00:01:29.260 \longrightarrow 00:01:32.772$  comers of about 85% and about 1/3 of

NOTE Confidence: 0.8396927

 $00:01:32.772 \longrightarrow 00:01:34.987$  the cancers are leukemia/lymphomas.

NOTE Confidence: 0.8396927

 $00:01:34.990 \longrightarrow 00:01:37.085$  Another 25% are brain tumors

NOTE Confidence: 0.8396927

00:01:37.085 --> 00:01:40.669 and then the rest are of a wide

NOTE Confidence: 0.8396927

 $00:01:40.669 \longrightarrow 00:01:42.537$  variety of different cancers.

NOTE Confidence: 0.8396927

 $00:01:42.540 \longrightarrow 00:01:45.870$  But the good news is for most cancers we

NOTE Confidence: 0.8396927

 $00{:}01{:}45.870 \dashrightarrow 00{:}01{:}49.044$  have some very effective the rapies and

NOTE Confidence: 0.8396927

 $00:01:49.044 \longrightarrow 00:01:52.260$  some really exciting ones coming down the pipe.

 $00:01:54.050 \longrightarrow 00:01:57.210$  I can only imagine

NOTE Confidence: 0.89817923

 $00:01:57.210 \longrightarrow 00:02:00.319$  what it must be like to hear

 $00{:}02{:}00.319 \dashrightarrow 00{:}02{:}03.106$  the words your child has cancer

NOTE Confidence: 0.89817923

 $00:02:03.106 \longrightarrow 00:02:05.896$  but let's take a step abck

NOTE Confidence: 0.89817923

 $00:02:05.900 \longrightarrow 00:02:07.452$  even back from that.

NOTE Confidence: 0.89817923

 $00{:}02{:}07.452 \longrightarrow 00{:}02{:}10.375$  How is it that these cancers are

NOTE Confidence: 0.89817923

 $00{:}02{:}10.375 \dashrightarrow 00{:}02{:}12.910$  diagnosed because you know most

NOTE Confidence: 0.89817923

 $00:02:12.910 \longrightarrow 00:02:15.422$  parents are not anticipating that

NOTE Confidence: 0.89817923

 $00:02:15.422 \longrightarrow 00:02:18.194$  their child is going to get cancer.

NOTE Confidence: 0.89817923

 $00:02:18.200 \longrightarrow 00:02:20.828$  This isn't something that we

NOTE Confidence: 0.89817923

 $00:02:20.830 \longrightarrow 00:02:23.020$  get screening tests for.

NOTE Confidence: 0.89817923

 $00:02:23.020 \longrightarrow 00:02:26.177$  So how do we look at that and

NOTE Confidence: 0.89817923

 $00:02:26.180 \longrightarrow 00:02:29.534$  how is it that

NOTE Confidence: 0.89817923

 $00:02:29.534 \longrightarrow 00:02:32.489$  cancer is diagnosed?

NOTE Confidence: 0.8767916

 $00:02:32.490 \longrightarrow 00:02:35.654$  It is very, very rare and so I would

NOTE Confidence: 0.8767916

 $00:02:35.654 \longrightarrow 00:02:38.838$  not want most families to

NOTE Confidence: 0.8767916

 $00:02:38.838 \longrightarrow 00:02:42.288$  worry about this as something that

 $00:02:42.288 \longrightarrow 00:02:45.639$  they have to actively look for.

NOTE Confidence: 0.8767916

 $00:02:45.640 \longrightarrow 00:02:49.014$  It really does present in ways that

NOTE Confidence: 0.8767916

 $00:02:49.014 \longrightarrow 00:02:52.891$  show that the child has something

NOTE Confidence: 0.8767916

00:02:52.891 --> 00:02:56.377 going on that's very different from

NOTE Confidence: 0.8767916

 $00:02:56.380 \longrightarrow 00:02:59.996$  what would be expected.

 $00{:}03{:}01.820 \dashrightarrow 00{:}03{:}05.420$  What can commonly happen are fevers that last

longer than five days.

NOTE Confidence: 0.8767916

 $00:03:05.420 \longrightarrow 00:03:06.773$  Significant weight loss

NOTE Confidence: 0.8767916

 $00:03:06.773 \longrightarrow 00:03:09.888$  that's more than 10% of the child's

NOTE Confidence: 0.8767916

00:03:09.888 --> 00:03:12.504 weight or not growing, having night

NOTE Confidence: 0.8767916

00:03:12.504 --> 00:03:14.823 sweats or being having drenching

NOTE Confidence: 0.8767916

00:03:14.823 --> 00:03:18.080 sweaty clothes in the middle the night,

NOTE Confidence: 0.8767916

 $00:03:18.080 \longrightarrow 00:03:21.972$  not just feeling warm with a little

NOTE Confidence: 0.8767916

 $00:03:21.972 \longrightarrow 00:03:24.270$  perspiration, and having

NOTE Confidence: 0.8767916

 $00:03:24.270 \longrightarrow 00:03:26.905$  lumps and bumps that grow.

NOTE Confidence: 0.8767916

 $00:03:26.910 \longrightarrow 00:03:29.353$  It's really normal for kids

NOTE Confidence: 0.8767916

 $00:03:29.353 \longrightarrow 00:03:32.148$  to have lymph nodes that you can feel,

 $00:03:32.150 \longrightarrow 00:03:35.640$  but they tend to kind of go up and down.

NOTE Confidence: 0.8767916

00:03:35.640 --> 00:03:38.076 They don't just keep on getting bigger,

NOTE Confidence: 0.8767916

 $00:03:38.080 \longrightarrow 00:03:40.864$  so these are things that are very unusual

NOTE Confidence: 0.8767916

 $00:03:40.870 \longrightarrow 00:03:43.694$  and would stand out to a pediatrician or

NOTE Confidence: 0.8767916

00:03:43.694 --> 00:03:46.107 two a parent as just not being right,

NOTE Confidence: 0.8767916

00:03:46.110 --> 00:03:48.306 and that's what usually gets medical

NOTE Confidence: 0.8767916

 $00:03:48.306 \longrightarrow 00:03:50.409$  attention that leads to the tests

NOTE Confidence: 0.8767916

 $00:03:50.409 \longrightarrow 00:03:50.987$  that make

NOTE Confidence: 0.8304312

 $00:03:50.990 \longrightarrow 00:03:52.004$  the diagnosis.

NOTE Confidence: 0.8304312

 $00:03:52.004 \longrightarrow 00:03:55.152$  I guess one thing is

NOTE Confidence: 0.8304312

 $00{:}03{:}55.152 \dashrightarrow 00{:}03{:}57.689$  that while these are very rare,

NOTE Confidence: 0.8304312

 $00:03:57.689 \longrightarrow 00:04:00.622$  when something just doesn't seem right with

NOTE Confidence: 0.8304312

 $00{:}04{:}00.622 \dashrightarrow 00{:}04{:}03.765$  your child over a prolonged period of time,

NOTE Confidence: 0.8304312

 $00:04:03.770 \longrightarrow 00:04:06.994$  you really ought to get it checked out,

NOTE Confidence: 0.8304312

 $00:04:07.000 \longrightarrow 00:04:10.224$  and so when you present your

 $00:04:10.224 \longrightarrow 00:04:12.297$  pediatrician with your child who

NOTE Confidence: 0.8304312

00:04:12.297 --> 00:04:14.679 may have some of these symptoms,

NOTE Confidence: 0.8304312

 $00:04:14.680 \longrightarrow 00:04:17.098$  how is that generally worked up?

NOTE Confidence: 0.8304312

 $00:04:17.100 \longrightarrow 00:04:19.120$  One would imagine that pediatricians

NOTE Confidence: 0.8304312

 $00:04:19.120 \longrightarrow 00:04:21.950$  too are thinking common things.

NOTE Confidence: 0.8304312

 $00:04:21.950 \longrightarrow 00:04:25.182$  Is this a flu?

NOTE Confidence: 0.8304312

 $00:04:25.182 \longrightarrow 00:04:26.794$  Is this a cold?

NOTE Confidence: 0.8304312

 $00:04:26.800 \longrightarrow 00:04:28.316$  How is it that

NOTE Confidence: 0.8304312

 $00:04:28.316 \longrightarrow 00:04:31.188$  things are worked up where pediatricians

NOTE Confidence: 0.8304312

 $00:04:31.188 \longrightarrow 00:04:35.236$  clue into the fact that this is unusual.

NOTE Confidence: 0.8304312

 $00{:}04{:}35.240 \dashrightarrow 00{:}04{:}38.250$  And what further work up is needed.

NOTE Confidence: 0.88604957

 $00:04:39.210 \longrightarrow 00:04:42.322$  I will say pediatricians are brilliant

NOTE Confidence: 0.88604957

 $00:04:42.322 \longrightarrow 00:04:44.977$  because they see thousands of children.

NOTE Confidence: 0.88604957

 $00:04:44.980 \longrightarrow 00:04:48.970$  They have a gut feeling when something

NOTE Confidence: 0.88604957

00:04:48.970 --> 00:04:52.500 doesn't feel right and I totally

NOTE Confidence: 0.87776625

 $00:04:54.870 \longrightarrow 00:04:57.174$  agree with you that if a

 $00{:}04{:}57.174 \dashrightarrow 00{:}04{:}58.982$  parent feels like something's not

NOTE Confidence: 0.87776625

 $00{:}04{:}58.982 \dashrightarrow 00{:}05{:}01.292$  right to go to the pediatrician

NOTE Confidence: 0.87776625

 $00:05:01.292 \longrightarrow 00:05:03.805$  and have that evaluated and so

NOTE Confidence: 0.87776625

 $00:05:03.810 \longrightarrow 00:05:06.682$  some of these are the questions that I

NOTE Confidence: 0.87776625

 $00:05:06.682 \longrightarrow 00:05:08.966$  just mentioned to you that are asked,

NOTE Confidence: 0.87776625

 $00{:}05{:}08.970 \dashrightarrow 00{:}05{:}11.182$  and if any of those are positive

NOTE Confidence: 0.87776625

 $00:05:11.182 \longrightarrow 00:05:13.787$  with any of those things going on,

NOTE Confidence: 0.87776625

 $00:05:13.790 \longrightarrow 00:05:15.848$  that would be a red flag,

NOTE Confidence: 0.87776625

 $00:05:15.850 \longrightarrow 00:05:17.664$  and then the pediatrician does

NOTE Confidence: 0.87776625

 $00{:}05{:}17.664 \dashrightarrow 00{:}05{:}19.986$  a really close exam and checks

NOTE Confidence: 0.87776625

 $00:05:19.986 \longrightarrow 00:05:22.389$  for the size of lymph nodes in

NOTE Confidence: 0.87776625

 $00:05:22.389 \longrightarrow 00:05:24.639$  the neck and under the arms and

NOTE Confidence: 0.87776625

 $00{:}05{:}24.640 \dashrightarrow 00{:}05{:}27.923$  listens to the lungs and feels the

NOTE Confidence: 0.87776625

 $00{:}05{:}27.923 \dashrightarrow 00{:}05{:}30.340$  belly very carefully for organ

NOTE Confidence: 0.87776625

00:05:30.340 --> 00:05:33.100 enlargement or any masses and also

 $00:05:33.100 \longrightarrow 00:05:36.059$  feels any other body parts that

NOTE Confidence: 0.87776625

 $00:05:36.059 \longrightarrow 00:05:38.975$  are affected so if anything doesn't

NOTE Confidence: 0.87776625

 $00:05:38.980 \longrightarrow 00:05:42.550$  feel right, it feels firmer

NOTE Confidence: 0.87776625

 $00:05:42.550 \longrightarrow 00:05:45.650$  or larger or doesn't move,

NOTE Confidence: 0.87776625

 $00:05:45.650 \longrightarrow 00:05:48.202$  that would be a red flag and then

NOTE Confidence: 0.87776625

 $00:05:48.202 \longrightarrow 00:05:51.152$  we get a phone call in pediatric

NOTE Confidence: 0.87776625

00:05:51.152 --> 00:05:53.909 oncology and we are available 24/7

NOTE Confidence: 0.87776625

 $00:05:53.909 \longrightarrow 00:05:56.537$  to our community pediatricians and we

NOTE Confidence: 0.87776625

 $00{:}05{:}56.537 \dashrightarrow 00{:}05{:}59.416$  just talk it over and sometimes we

NOTE Confidence: 0.87776625

00:05:59.416 --> 00:06:02.257 have some other signs or hints that

NOTE Confidence: 0.87776625

 $00{:}06{:}02.257 \dashrightarrow 00{:}06{:}04.819$  help us know it's something that's

NOTE Confidence: 0.87776625

 $00:06:04.819 \longrightarrow 00:06:07.342$  really benign and not worrisome that

NOTE Confidence: 0.87776625

 $00{:}06{:}07.342 \dashrightarrow 00{:}06{:}10.065$  it sounds more like mono or we'll

NOTE Confidence: 0.87776625

 $00:06:10.070 \longrightarrow 00:06:12.863$  use our experience to figure out

 $00:06:15.500 \longrightarrow 00:06:17.875$  what is something less worrisome or something

NOTE Confidence: 0.87776625

 $00:06:17.875 \longrightarrow 00:06:19.910$  characteristic of an unusual

00:06:19.910 --> 00:06:22.590 manifestation of a common infection,

NOTE Confidence: 0.87776625

 $00:06:22.590 \longrightarrow 00:06:25.705$  or whether it indicates that there could

NOTE Confidence: 0.87776625

 $00:06:25.705 \longrightarrow 00:06:28.510$  be something totally different going on,

NOTE Confidence: 0.87776625

 $00:06:28.510 \longrightarrow 00:06:31.240$  like arthritis or another joint problem.

NOTE Confidence: 0.87776625

00:06:31.240 --> 00:06:34.418 But if it's worrisome to us,

NOTE Confidence: 0.87776625

 $00:06:34.420 \longrightarrow 00:06:38.193$  then what we do is we bring

NOTE Confidence: 0.87776625

 $00:06:38.193 \longrightarrow 00:06:41.429$  the child in right away.

NOTE Confidence: 0.87776625

 $00:06:41.430 \longrightarrow 00:06:43.956$  If the clinic is not open,

NOTE Confidence: 0.87776625

 $00:06:43.960 \longrightarrow 00:06:46.592$  it can even be through the emergency

NOTE Confidence: 0.87776625

00:06:46.592 --> 00:06:49.520 room and we start by getting blood

NOTE Confidence: 0.87776625

00:06:49.520 --> 00:06:52.645 tests that indicate if the parts of

NOTE Confidence: 0.87776625

 $00:06:52.645 \longrightarrow 00:06:54.930$  the blood are being made properly,

NOTE Confidence: 0.87776625

00:06:54.930 --> 00:06:56.794 which can indicate leukemia,

NOTE Confidence: 0.87776625

 $00:06:56.794 \longrightarrow 00:06:59.590$  lymphoma which indicate whether there are

NOTE Confidence: 0.87776625

 $00:06:59.663 \longrightarrow 00:07:02.527$  chemicals that can be created by the tumor.

 $00:07:03.372 \longrightarrow 00:07:05.477$  When cells are rapidly dividing,

00:07:05.480 --> 00:07:08.410 they can create more potassium

NOTE Confidence: 0.87776625

 $00:07:08.410 \longrightarrow 00:07:09.280$  and uric acid.

NOTE Confidence: 0.87776625

 $00:07:09.280 \longrightarrow 00:07:11.685$  We do X Rays to look for masses

NOTE Confidence: 0.87776625

 $00:07:11.685 \longrightarrow 00:07:14.358$  and in the in clinic we

NOTE Confidence: 0.87776625

 $00:07:14.441 \longrightarrow 00:07:16.937$  can rapidly get CTS or ultrasounds

NOTE Confidence: 0.87776625

 $00:07:16.937 \longrightarrow 00:07:19.399$  done within hours and then

NOTE Confidence: 0.87776625

 $00:07:19.399 \longrightarrow 00:07:21.240$  our goal is to make the right

NOTE Confidence: 0.87776625

 $00:07:21.303 \longrightarrow 00:07:23.243$  diagnosis and determination as soon

NOTE Confidence: 0.87776625

 $00{:}07{:}23.243 \dashrightarrow 00{:}07{:}25.750$  as possible and for social reasons,

NOTE Confidence: 0.87776625

 $00:07:25.750 \longrightarrow 00:07:26.494$  unlike adults,

NOTE Confidence: 0.87776625

 $00{:}07{:}26.494 \dashrightarrow 00{:}07{:}28.726$  we often even admit patients not

NOTE Confidence: 0.87776625

00:07:28.726 --> 00:07:30.424 necessarily because they're so sick

NOTE Confidence: 0.87776625

 $00:07:30.424 \longrightarrow 00:07:32.206$  that they have to be admitted,

NOTE Confidence: 0.87776625

 $00{:}07{:}32.210 \dashrightarrow 00{:}07{:}34.794$  but just to make the work up happen

NOTE Confidence: 0.87776625

 $00:07:34.794 \longrightarrow 00:07:36.988$  faster so that everyone

NOTE Confidence: 0.87776625

00:07:36.988 --> 00:07:39.576 can get the answer right away and

00:07:39.576 --> 00:07:41.774 we can start working on a plan

NOTE Confidence: 0.87776625

 $00:07:41.780 \longrightarrow 00:07:43.796$  that will make the child better.

NOTE Confidence: 0.87776625

 $00:07:43.800 \longrightarrow 00:07:44.944$  And as I said,

NOTE Confidence: 0.87776625

 $00:07:44.944 \longrightarrow 00:07:47.405$  I really feel like my field is a

NOTE Confidence: 0.87776625

 $00{:}07{:}47.405 \dashrightarrow 00{:}07{:}49.743$  field of hope and optimistic

NOTE Confidence: 0.87776625

 $00:07:49.743 \longrightarrow 00:07:51.278$  positivity because the

NOTE Confidence: 0.87776625

 $00:07:51.278 \longrightarrow 00:07:53.903$  vast majority of the time we have

NOTE Confidence: 0.87776625

 $00{:}07{:}53.910 \dashrightarrow 00{:}07{:}56.070$  something really great that we can

NOTE Confidence: 0.87776625

 $00:07:56.070 \longrightarrow 00:07:58.289$  offer where we expect it to work,

NOTE Confidence: 0.87776625

 $00{:}07{:}58.290 \dashrightarrow 00{:}08{:}00.628$  and we expect the child to come

NOTE Confidence: 0.87776625

 $00:08:00.628 \longrightarrow 00:08:03.037$  through at the other end and

NOTE Confidence: 0.87776625

 $00:08:03.037 \longrightarrow 00:08:04.697$  be a long term survivor.

NOTE Confidence: 0.8787782

 $00:08:04.700 \longrightarrow 00:08:07.283$  Yeah, that's so great to hear because

NOTE Confidence: 0.8787782

 $00:08:07.283 \longrightarrow 00:08:09.943$  I think that much of the general

NOTE Confidence: 0.8787782

00:08:09.943 --> 00:08:12.750 public when they hear the word cancer

00:08:12.750 --> 00:08:15.678 it doesn't really strike a chord of hope,

NOTE Confidence: 0.8787782

 $00:08:15.680 \longrightarrow 00:08:18.608$  and when you think about cancer in kids,

NOTE Confidence: 0.8787782

 $00:08:18.610 \longrightarrow 00:08:20.440$  many people experience more heartbreak.

NOTE Confidence: 0.8787782

 $00:08:20.440 \longrightarrow 00:08:23.336$  But we're going to talk about all of

NOTE Confidence: 0.8787782

 $00:08:23.336 \longrightarrow 00:08:25.502$  the treatments and the optimism that

NOTE Confidence: 0.8787782

 $00:08:25.502 \longrightarrow 00:08:28.120$  is entailed with that in a second,

NOTE Confidence: 0.8787782

 $00:08:28.120 \longrightarrow 00:08:29.950$  but before we get there,

NOTE Confidence: 0.8787782

 $00:08:29.950 \longrightarrow 00:08:32.878$  so you have a child who comes in,

NOTE Confidence: 0.8787782

 $00:08:32.880 \longrightarrow 00:08:34.710$  who was seen by their

NOTE Confidence: 0.8787782

 $00:08:34.710 \longrightarrow 00:08:35.604$  pediatrician,

NOTE Confidence: 0.8787782

 $00{:}08{:}35.604 \dashrightarrow 00{:}08{:}38.733$  and it was felt that things just

NOTE Confidence: 0.8787782

 $00:08:38.733 \longrightarrow 00:08:41.660$  weren't right and they got some

NOTE Confidence: 0.8787782

 $00{:}08{:}41.660 \dashrightarrow 00{:}08{:}44.329$  blood work and some scans and so on.

NOTE Confidence: 0.8787782

 $00:08:44.330 \longrightarrow 00:08:46.118$  In the adult population,

NOTE Confidence: 0.8787782

 $00:08:46.118 \longrightarrow 00:08:49.510$  usually the next step is a biopsy

NOTE Confidence: 0.8787782

 $00:08:49.510 \longrightarrow 00:08:53.278$  to try to make a definitive diagnosis,

 $00:08:53.280 \longrightarrow 00:08:55.160$  is it the same

NOTE Confidence: 0.8317554

 $00:08:55.160 \longrightarrow 00:09:00.064$  way in kids?

NOTE Confidence: 0.8317554

 $00:09:00.064 \longrightarrow 00:09:02.072$  The most common childhood cancers

NOTE Confidence: 0.8317554

00:09:02.072 --> 00:09:03.578 are leukemia lymphomas,

NOTE Confidence: 0.8317554

 $00:09:03.580 \longrightarrow 00:09:06.505$  so the best place to do a biopsy is

NOTE Confidence: 0.8317554

 $00:09:06.505 \longrightarrow 00:09:09.337$  in the bone marrow, which is inside

NOTE Confidence: 0.8317554

 $00:09:09.337 \longrightarrow 00:09:12.224$  the bones where we make our blood

NOTE Confidence: 0.8317554

 $00:09:12.224 \longrightarrow 00:09:14.772$  and the most accessible site is the

NOTE Confidence: 0.8317554

 $00:09:14.772 \longrightarrow 00:09:17.722$  back of the hip because it's close to

NOTE Confidence: 0.8317554

 $00{:}09{:}17.722 \dashrightarrow 00{:}09{:}20.209$  the surface of the skin and that's

NOTE Confidence: 0.8317554

 $00{:}09{:}20.209 \dashrightarrow 00{:}09{:}22.327$  an outpatient procedure that we can

NOTE Confidence: 0.8317554

 $00:09:22.327 \longrightarrow 00:09:24.873$  do with sedation

NOTE Confidence: 0.8317554

 $00:09:27.360 \longrightarrow 00:09:29.418$  and we can take a sample,

NOTE Confidence: 0.8317554

00:09:29.418 --> 00:09:31.081 look at it under microscope.

NOTE Confidence: 0.8317554

 $00:09:31.081 \longrightarrow 00:09:34.076$  If it is a tumor of the brain

 $00:09:34.076 \longrightarrow 00:09:36.106$  or in another body part,

NOTE Confidence: 0.8317554

 $00:09:36.110 \longrightarrow 00:09:37.960$  then a biopsy is done,

NOTE Confidence: 0.8317554

 $00:09:37.960 \longrightarrow 00:09:40.180$  and that's a very important part.

NOTE Confidence: 0.8317554

 $00:09:40.180 \longrightarrow 00:09:42.364$  We first do those scans and

NOTE Confidence: 0.8317554

 $00:09:42.364 \longrightarrow 00:09:44.620$  blood tests to say is

NOTE Confidence: 0.8317554

 $00:09:44.620 \longrightarrow 00:09:46.470$  it worth doing more.

NOTE Confidence: 0.8317554

00:09:46.470 --> 00:09:48.990 But if we are worried then 00:09:51.680 --> 00:09:53.650 that will actually make the

NOTE Confidence: 0.8317554

 $00:09:53.650 \longrightarrow 00:09:55.620$  diagnosis with the biopsy and

NOTE Confidence: 0.8317554

 $00:09:55.692 \longrightarrow 00:09:57.697$  then the really exciting part

NOTE Confidence: 0.8317554

00:09:57.697 --> 00:10:00.120 about being an oncologist in 2021

 $00{:}10{:}00.940 \dashrightarrow 00{:}10{:}04.220$  is that it's not just what the biopsy

NOTE Confidence: 0.8317554

 $00:10:04.317 \longrightarrow 00:10:08.142$  shows in terms of what the cancer type is.

NOTE Confidence: 0.8317554

 $00{:}10{:}08.150 \dashrightarrow 00{:}10{:}10.502$  We also further analyze it for

NOTE Confidence: 0.8317554

 $00:10:10.502 \longrightarrow 00:10:12.620$  the genetics of the tumor,

NOTE Confidence: 0.8317554

00:10:12.620 --> 00:10:16.265 not the genetics that the child is born with,

NOTE Confidence: 0.8317554

 $00:10:16.270 \longrightarrow 00:10:18.300$  but in the tumor cells,

 $00:10:18.300 \longrightarrow 00:10:20.330$  because that can inform us

NOTE Confidence: 0.8317554

 $00{:}10{:}20.330 \dashrightarrow 00{:}10{:}23.571$  what is the best therapy to achieve

NOTE Confidence: 0.8317554

 $00:10:23.571 \longrightarrow 00:10:26.126$  cure and sometimes it also tells

NOTE Confidence: 0.8317554

 $00:10:26.126 \longrightarrow 00:10:29.247$  us that we can use a certain drug

NOTE Confidence: 0.8317554

 $00:10:29.247 \longrightarrow 00:10:31.817$  that targets exactly what that

NOTE Confidence: 0.8317554

 $00:10:31.820 \longrightarrow 00:10:34.840$  tumor cell is doing wrong.

NOTE Confidence: 0.8317554

 $00:10:34.840 \longrightarrow 00:10:37.126$  And what allows it to divide,

NOTE Confidence: 0.8317554

 $00:10:37.130 \longrightarrow 00:10:39.685$  and it can be what we call

NOTE Confidence: 0.8317554

 $00:10:39.685 \longrightarrow 00:10:41.330$  a directed or smart

NOTE Confidence: 0.86540157

 $00:10:41.330 \longrightarrow 00:10:43.622$  therapy.

NOTE Confidence: 0.86540157

 $00:10:43.622 \longrightarrow 00:10:45.474$  This whole concept of personalized medicine,

NOTE Confidence: 0.86540157

 $00:10:45.474 \longrightarrow 00:10:47.586$  figuring out what genes are turned

NOTE Confidence: 0.86540157

 $00:10:47.586 \longrightarrow 00:10:50.550$  on and turned off in a particular

NOTE Confidence: 0.86540157

 $00:10:50.550 \longrightarrow 00:10:53.330$  cancer and allowing us to pick

NOTE Confidence: 0.86540157

 $00:10:53.330 \longrightarrow 00:10:55.400$  targeted the rapies is something that

 $00:10:55.400 \longrightarrow 00:10:58.516$  we've talked a lot about on this show,

NOTE Confidence: 0.86540157

 $00:10:58.520 \longrightarrow 00:11:00.100$  predominantly in a dult cancers.

NOTE Confidence: 0.86540157

 $00:11:00.100 \longrightarrow 00:11:02.934$  But it's great to hear that that

NOTE Confidence: 0.86540157

00:11:02.934 --> 00:11:05.286 occurs in pediatric cancers as well.

NOTE Confidence: 0.86540157

 $00:11:05.290 \longrightarrow 00:11:07.674$  And again I want to spend the second

NOTE Confidence: 0.86540157

 $00{:}11{:}07.674 \dashrightarrow 00{:}11{:}10.503$  half of the show really talking about

NOTE Confidence: 0.86540157

 $00{:}11{:}10.503 \dashrightarrow 00{:}11{:}13.079$  the personalized the rapies and all

NOTE Confidence: 0.86540157

 $00:11:13.079 \longrightarrow 00:11:15.445$  of the optimism that goes into that.

NOTE Confidence: 0.86540157

 $00{:}11{:}15.450 \dashrightarrow 00{:}11{:}18.002$  But before we get there,

NOTE Confidence: 0.86540157

 $00:11:18.002 \longrightarrow 00:11:20.564$  one of the questions that I think

NOTE Confidence: 0.86540157

 $00{:}11{:}20.564 \dashrightarrow 00{:}11{:}23.168$  many parents who may have a child

NOTE Confidence: 0.86540157

00:11:23.168 --> 00:11:25.977 with cancer may be asking is why me,

NOTE Confidence: 0.86540157

00:11:25.980 --> 00:11:28.514 why my child, what predisposed to this?

NOTE Confidence: 0.86540157

00:11:28.520 --> 00:11:30.340 It's not like lung cancer,

NOTE Confidence: 0.86540157

 $00:11:30.340 \longrightarrow 00:11:32.748$  where you can say this child was

NOTE Confidence: 0.86540157

00:11:32.748 --> 00:11:35.442 smoking for X number of years, or

 $00:11:35.442 \longrightarrow 00:11:38.116$  that there may

NOTE Confidence: 0.86540157

 $00{:}11{:}38.116 \dashrightarrow 00{:}11{:}41.709$  be a factor of obesity necessarily.

NOTE Confidence: 0.86540157

 $00:11:41.710 \longrightarrow 00:11:44.510$  So tell us a little bit more about

NOTE Confidence: 0.86540157

 $00:11:44.510 \longrightarrow 00:11:47.340$  the predisposing factors,

NOTE Confidence: 0.86540157

 $00:11:47.340 \longrightarrow 00:11:49.938$  what causes these childhood cancers?

NOTE Confidence: 0.8657849

 $00:11:49.940 \longrightarrow 00:11:52.532$  Well, the simple answer is for

NOTE Confidence: 0.8657849

00:11:52.532 --> 00:11:55.129 most of them, we don't know,

NOTE Confidence: 0.8657849

 $00:11:55.129 \longrightarrow 00:11:59.026$  and only about 5 or 6% of them are

NOTE Confidence: 0.8657849

 $00:11:59.026 \longrightarrow 00:12:01.186$  due to familial cancer syndromes.

NOTE Confidence: 0.8657849

 $00:12:01.190 \longrightarrow 00:12:03.716$  This can be because the child

NOTE Confidence: 0.8657849

 $00:12:03.716 \longrightarrow 00:12:06.389$  is born with a genetic

NOTE Confidence: 0.85282457

 $00{:}12{:}08.480 \dashrightarrow 00{:}12{:}11.672$  condition like for example Down syndrome

NOTE Confidence: 0.85282457

 $00{:}12{:}11.672 \dashrightarrow 00{:}12{:}14.776$  is a condition associated with increased risk

NOTE Confidence: 0.85282457

 $00:12:14.776 \longrightarrow 00:12:17.884$  of leukemia

NOTE Confidence: 0.85282457

 $00:12:17.884 \longrightarrow 00:12:23.488$  or there can be

 $00:12:23.490 \longrightarrow 00:12:25.932$  other syndromes

NOTE Confidence: 0.85282457

 $00:12:25.932 \longrightarrow 00:12:28.290$  that have been identified in adults,

NOTE Confidence: 0.85282457

 $00:12:28.290 \longrightarrow 00:12:30.842$  but that's only accounting for a few

NOTE Confidence: 0.85282457

 $00:12:30.842 \longrightarrow 00:12:33.887$  and in terms of environmental exposures,

NOTE Confidence: 0.85282457

 $00:12:33.890 \longrightarrow 00:12:35.638$  we've looked really hard

NOTE Confidence: 0.85282457

 $00:12:35.638 \longrightarrow 00:12:38.260$  and there's been question

NOTE Confidence: 0.85282457

 $00:12:38.338 \longrightarrow 00:12:40.960$  about everything from cell phone use

NOTE Confidence: 0.85282457

 $00:12:40.960 \longrightarrow 00:12:44.016$  to living near power lines

NOTE Confidence: 0.85282457

00:12:44.016 --> 00:12:47.348 to what a mom ate during pregnancy

NOTE Confidence: 0.85282457

 $00:12:47.348 \longrightarrow 00:12:51.435$  and we have not really found

NOTE Confidence: 0.85282457

 $00:12:51.435 \longrightarrow 00:12:53.256$  any strong associations.

NOTE Confidence: 0.85282457

 $00:12:53.260 \longrightarrow 00:12:56.405$  Certainly very horrible tragedies like

NOTE Confidence: 0.85282457

 $00{:}12{:}56.405 \dashrightarrow 00{:}13{:}00.092$  nuclear accidents have been associated with

NOTE Confidence: 0.85282457

 $00:13:00.092 \longrightarrow 00:13:03.305$  an increased risk of cancer in children.

NOTE Confidence: 0.85282457

 $00:13:03.310 \longrightarrow 00:13:05.846$  And for that reason we really try to

NOTE Confidence: 0.85282457

 $00:13:05.846 \longrightarrow 00:13:08.719$  limit the radiation we give and the

00:13:08.719 --> 00:13:10.889 diagnostic tests to what's necessary,

NOTE Confidence: 0.85282457

 $00:13:10.890 \longrightarrow 00:13:12.822$  but they're not really at the

NOTE Confidence: 0.85282457

00:13:12.822 --> 00:13:15.530 doses we do in everyday life or

NOTE Confidence: 0.85282457

 $00:13:15.530 \longrightarrow 00:13:17.326$  live within everyday life.

NOTE Confidence: 0.85282457

 $00:13:17.330 \longrightarrow 00:13:19.163$  They're not associated,

NOTE Confidence: 0.85282457

 $00:13:19.163 \longrightarrow 00:13:21.607$  so we don't know.

NOTE Confidence: 0.85282457

 $00:13:21.610 \longrightarrow 00:13:24.498$  That is an answer to be decided,

NOTE Confidence: 0.85282457

 $00{:}13{:}24.500 \dashrightarrow 00{:}13{:}26.852$  and I think one of the interesting

NOTE Confidence: 0.85282457

 $00:13:26.852 \longrightarrow 00:13:28.829$  things is that we're

NOTE Confidence: 0.85282457

 $00:13:28.830 \longrightarrow 00:13:31.200$  we've starting to appreciate there may

NOTE Confidence: 0.85282457

 $00:13:31.200 \longrightarrow 00:13:33.233$  be an association with environmental

NOTE Confidence: 0.85282457

 $00:13:33.233 \longrightarrow 00:13:35.949$  factors that play a role that combine

NOTE Confidence: 0.85282457

00:13:35.949 --> 00:13:38.217 maybe in a multi step way.

NOTE Confidence: 0.85282457

 $00:13:38.220 \longrightarrow 00:13:40.875$  So maybe a child inherits the ability to be

NOTE Confidence: 0.85282457

 $00:13:40.875 \longrightarrow 00:13:43.627$  more sensitive to an environmental exposure,

 $00:13:43.630 \longrightarrow 00:13:45.796$  so it's not as simple an

NOTE Confidence: 0.85282457

 $00{:}13{:}45.796 \dashrightarrow 00{:}13{:}47.600$  association like smoking a lot,

NOTE Confidence: 0.85282457

 $00:13:47.600 \longrightarrow 00:13:50.106$  and then maybe some of those

NOTE Confidence: 0.85282457

 $00:13:50.106 \longrightarrow 00:13:51.180$  environmental exposures could

NOTE Confidence: 0.85282457

 $00:13:51.240 \longrightarrow 00:13:52.970$  be something like getting a

NOTE Confidence: 0.85282457

 $00:13:52.970 \longrightarrow 00:13:54.700$  certain type of infection that's

NOTE Confidence: 0.85282457

00:13:54.764 --> 00:13:56.440 a common childhood infection.

NOTE Confidence: 0.85282457

 $00:13:56.440 \longrightarrow 00:13:57.934$  But one child may be

NOTE Confidence: 0.81007886

 $00:14:01.000 \longrightarrow 00:14:04.717$  more sensitive to that and we get hints of that.

NOTE Confidence: 0.81007886

00:14:04.720 --> 00:14:07.604 For example, a certain kind of lymphoma,

NOTE Confidence: 0.81007886

 $00{:}14{:}07.610 \dashrightarrow 00{:}14{:}10.088$  Burkitt's is more common in Africa

NOTE Confidence: 0.81007886

 $00:14:10.090 \longrightarrow 00:14:12.406$  in areas where EBV or what

NOTE Confidence: 0.81007886

 $00:14:12.406 \longrightarrow 00:14:14.630$  causes mono is more common,

NOTE Confidence: 0.81007886

00:14:14.630 --> 00:14:17.926 but we're not really seeing as much here,

NOTE Confidence: 0.81007886

 $00:14:17.930 \longrightarrow 00:14:20.000$  so that that's an association.

NOTE Confidence: 0.81007886

 $00:14:20.000 \longrightarrow 00:14:22.940$  But these are all really

 $00:14:22.940 \longrightarrow 00:14:26.138$  at the stage of thought experiments

NOTE Confidence: 0.81007886

 $00:14:26.138 \longrightarrow 00:14:28.070$  and hypothesis, even despite

NOTE Confidence: 0.81007886

 $00:14:28.070 \longrightarrow 00:14:31.080$  a lot of research we have not

NOTE Confidence: 0.81007886

 $00:14:31.080 \longrightarrow 00:14:33.166$  really come up with the

NOTE Confidence: 0.81007886

 $00{:}14{:}33.166 \dashrightarrow 00{:}14{:}35.191$  answer and so an important thing I

NOTE Confidence: 0.81007886

00:14:35.191 --> 00:14:37.655 tell families and I say it honestly

NOTE Confidence: 0.81007886

 $00:14:37.721 \longrightarrow 00:14:39.779$  is that there is nothing known

NOTE Confidence: 0.81007886

 $00:14:39.780 \longrightarrow 00:14:43.218$  that you could have done

NOTE Confidence: 0.81007886

 $00:14:43.220 \longrightarrow 00:14:44.624$  to prevent this.

NOTE Confidence: 0.81007886

 $00:14:44.624 \longrightarrow 00:14:47.432$  And there's nothing that you could

NOTE Confidence: 0.81007886

00:14:47.432 --> 00:14:49.989 have done to screen for this,

NOTE Confidence: 0.81007886

 $00:14:49.990 \longrightarrow 00:14:52.020$  because until it declares itself,

NOTE Confidence: 0.81007886

00:14:52.020 --> 00:14:54.050 there's no way to know.

NOTE Confidence: 0.81007886

 $00:14:54.050 \longrightarrow 00:14:56.080$  There is no technique available,

NOTE Confidence: 0.81007886

 $00:14:56.080 \longrightarrow 00:14:58.080$  total body testing

 $00:14:58.080 \longrightarrow 00:15:00.080$  that could identify it

NOTE Confidence: 0.81007886

00:15:00.080 --> 00:15:03.360 earlier and children are often l

NOTE Confidence: 0.81007886

 $00:15:03.360 \longrightarrow 00:15:05.410$  well until they're not well,

NOTE Confidence: 0.81007886

 $00:15:05.410 \longrightarrow 00:15:07.018$  that's just a phenomenon,

NOTE Confidence: 0.81007886

00:15:07.018 --> 00:15:10.330 and there's no test to catch it earlier,

NOTE Confidence: 0.81007886

 $00:15:10.330 \longrightarrow 00:15:12.380$  so I think that's a very,

NOTE Confidence: 0.81007886

 $00:15:12.380 \longrightarrow 00:15:14.430$  very important message for parents

NOTE Confidence: 0.81007886

 $00:15:14.430 \longrightarrow 00:15:16.480$  and family members to hear.

NOTE Confidence: 0.81007886

 $00{:}15{:}16.480 \dashrightarrow 00{:}15{:}18.652$  I think it's also important because

NOTE Confidence: 0.81007886

00:15:18.652 --> 00:15:21.400 sometimes cancer can be really stigmatizing,

NOTE Confidence: 0.81007886

 $00:15:21.400 \longrightarrow 00:15:23.674$  and I think that it's important

NOTE Confidence: 0.81007886

 $00:15:23.674 \longrightarrow 00:15:26.054$  to know that these are really

NOTE Confidence: 0.81007886

 $00:15:26.054 \longrightarrow 00:15:28.418$  good parents that just had a

NOTE Confidence: 0.81007886

00:15:28.418 --> 00:15:30.419 very unlucky thing happen.

NOTE Confidence: 0.8390613 NOTE Confidence: 0.8390613

 $00:15:34.600 \longrightarrow 00:15:37.463$  We're going to pick up this whole

00:15:37.463 --> 00:15:39.101 conversation about cancer in

NOTE Confidence: 0.8390613

 $00:15:39.101 \longrightarrow 00:15:41.135$  children right after we take a

NOTE Confidence: 0.8390613

 $00{:}15{:}41.135 \dashrightarrow 00{:}15{:}43.410$  short break for a medical minute.

NOTE Confidence: 0.8390613

00:15:43.410 --> 00:15:45.708 Please stay tuned to learn more

NOTE Confidence: 0.8390613

00:15:45.708 --> 00:15:47.620 about pediatric cancers with my

NOTE Confidence: 0.8390613

00:15:47.620 --> 00:15:49.280 guest Doctor Nina Kadan-Lottick.

NOTE Confidence: 0.8390613

 $00{:}15{:}49.280 \dashrightarrow 00{:}15{:}51.770$  Support for Yale Cancer Answers

NOTE Confidence: 0.8390613

00:15:51.833 --> 00:15:53.975 comes from AstraZeneca, working to

NOTE Confidence: 0.8390613

 $00:15:53.975 \longrightarrow 00:15:56.429$  eliminate cancer as a cause of death.

NOTE Confidence: 0.8390613

 $00:15:56.430 \longrightarrow 00:15:59.590$  Learn more at astrazeneca-us.com.

NOTE Confidence: 0.8390613

 $00:15:59.590 \longrightarrow 00:16:01.675$  This is a medical minute

NOTE Confidence: 0.8390613

00:16:01.675 --> 00:16:02.926 about pancreatic cancer,

NOTE Confidence: 0.8390613

 $00:16:02.930 \longrightarrow 00:16:05.947$  which represents about 3% of all cancers

NOTE Confidence: 0.8390613

 $00:16:05.947 \longrightarrow 00:16:09.435$  in the US and about 7% of cancer deaths.

NOTE Confidence: 0.8390613

00:16:09.435 --> 00:16:11.210 Clinical trials are currently being

NOTE Confidence: 0.8390613

 $00{:}16{:}11.210 \dashrightarrow 00{:}16{:}12.860$  offered at federally designated

 $00:16:12.860 \longrightarrow 00:16:15.055$  comprehensive Cancer Centers for the

NOTE Confidence: 0.8390613

 $00{:}16{:}15.055 \dashrightarrow 00{:}16{:}17.807$  treatment of advanced stage and metastatic

NOTE Confidence: 0.8390613

00:16:17.807 --> 00:16:19.647 pancreatic cancer using chemotherapy

NOTE Confidence: 0.8390613

 $00:16:19.650 \longrightarrow 00:16:20.904$  and other novel therapies.

NOTE Confidence: 0.8390613

00:16:20.904 --> 00:16:21.740 FOLFIRINOX

NOTE Confidence: 0.8390613

 $00:16:21.740 \longrightarrow 00:16:23.800$  is a combination of five different

NOTE Confidence: 0.8390613

 $00:16:23.800 \longrightarrow 00:16:26.338$  chemotherapies and is the latest advance in

NOTE Confidence: 0.8390613

 $00{:}16{:}26.338 \dashrightarrow 00{:}16{:}28.428$  the treatment of metastatic pancreatic

NOTE Confidence: 0.8390613

 $00:16:28.428 \longrightarrow 00:16:30.100$  cancer and research continues at

NOTE Confidence: 0.8390613

 $00:16:30.100 \longrightarrow 00:16:32.320$  centers around the world

NOTE Confidence: 0.8390613

 $00{:}16{:}32.320 \dashrightarrow 00{:}16{:}34.096$  looking into targeted the rapies

NOTE Confidence: 0.8390613

 $00{:}16{:}34.100 \dashrightarrow 00{:}16{:}36.170$  and a recently discovered marker

NOTE Confidence: 0.8390613

 $00{:}16{:}36.170 \dashrightarrow 00{:}16{:}39.085$  HENT one. This has been a medical

NOTE Confidence: 0.8390613

00:16:39.085 --> 00:16:41.773 minute brought to you as a public

NOTE Confidence: 0.8390613

00:16:41.773 --> 00:16:43.889 service by Yale Cancer Center.

 $00:16:43.890 \longrightarrow 00:16:45.990$  More information is available at

NOTE Confidence: 0.8390613

 $00{:}16{:}45.990 \dashrightarrow 00{:}16{:}47.250$ yalecancercenter.org you're listening

NOTE Confidence: 0.8390613

00:16:47.250 --> 00:16:48.789 to Connecticut Public Radio.

NOTE Confidence: 0.835289

 $00:16:49.700 \longrightarrow 00:16:52.106$  Welcome back to Yale Cancer Answers.

NOTE Confidence: 0.835289

 $00{:}16{:}52.110 \dashrightarrow 00{:}16{:}55.422$  This is doctor Anees Chagpar and I'm

NOTE Confidence: 0.835289

00:16:55.422 --> 00:16:58.914 joined tonight by my guest doctor Nina Kadan

Lottick

NOTE Confidence: 0.835289

 $00:16:58.920 \longrightarrow 00:17:00.512$  and we're discussing pediatric

NOTE Confidence: 0.835289

 $00:17:00.512 \longrightarrow 00:17:03.360$  cancers and this is always

NOTE Confidence: 0.835289

 $00:17:03.360 \longrightarrow 00:17:05.335$  a topic that is heartbreaking.

NOTE Confidence: 0.835289

 $00:17:05.340 \longrightarrow 00:17:08.548$  Whether you hear about it on the radio,

NOTE Confidence: 0.835289

 $00{:}17{:}08.550 \dashrightarrow 00{:}17{:}11.371$  you see commercials on TV or you

NOTE Confidence: 0.835289

00:17:11.371 --> 00:17:13.433 know somebody personally whose

NOTE Confidence: 0.835289

 $00:17:13.433 \longrightarrow 00:17:15.767$  child is going through cancer.

NOTE Confidence: 0.835289

 $00:17:15.770 \longrightarrow 00:17:17.370$  It's always something where

NOTE Confidence: 0.835289

 $00:17:17.370 \longrightarrow 00:17:18.970$  your heart really breaks.

00:17:18.970 --> 00:17:21.628 But Nina, right before the break,

NOTE Confidence: 0.835289

00:17:21.630 --> 00:17:24.563 you were talking a little bit about

NOTE Confidence: 0.835289

 $00:17:24.563 \longrightarrow 00:17:26.510$  genomics and personalized medicine.

NOTE Confidence: 0.835289

 $00:17:26.510 \longrightarrow 00:17:29.240$  How in these kids we can now

NOTE Confidence: 0.835289

00:17:29.240 --> 00:17:31.390 do this genomic profiling?

NOTE Confidence: 0.835289

00:17:31.390 --> 00:17:34.358 See what genes are turned on and turned

NOTE Confidence: 0.835289

 $00:17:34.358 \longrightarrow 00:17:37.607$  off in particular cancers and tailor

NOTE Confidence: 0.835289

 $00:17:37.610 \longrightarrow 00:17:40.592$  our therapy, does that happen

NOTE Confidence: 0.835289

 $00{:}17{:}40.592 --> 00{:}17{:}43.346$  on all pediatric centers or do

NOTE Confidence: 0.835289

 $00:17:43.346 \longrightarrow 00:17:46.042$  you need to be at a big academic

NOTE Confidence: 0.835289

00:17:46.135 --> 00:17:48.710 University to have that done?

NOTE Confidence: 0.9158455

 $00:17:50.300 \longrightarrow 00:17:53.340$  So I do think it helps to be at a

NOTE Confidence: 0.9158455

 $00:17:53.434 \longrightarrow 00:17:56.656$  big academic University to have it

NOTE Confidence: 0.9158455

00:17:56.660 --> 00:17:58.900 be done more widely.

NOTE Confidence: 0.9158455

 $00:17:58.900 \longrightarrow 00:18:01.700$  Some of those tests have

NOTE Confidence: 0.9158455

 $00:18:01.700 \longrightarrow 00:18:04.169$  entered standard of care,

00:18:04.170 --> 00:18:09.408 but some of them are still

NOTE Confidence: 0.9158455

00:18:09.410 --> 00:18:11.870 only available in a research context,

NOTE Confidence: 0.9158455

00:18:11.870 --> 00:18:14.425 but are known to be quite valuable

NOTE Confidence: 0.9158455

 $00:18:14.425 \longrightarrow 00:18:16.789$  and helpful in guiding therapy,

NOTE Confidence: 0.9158455

 $00:18:16.790 \longrightarrow 00:18:19.274$  so we're really pleased to be

NOTE Confidence: 0.9158455

 $00:18:19.274 \longrightarrow 00:18:21.709$  able to offer that at Yale,

NOTE Confidence: 0.9158455

 $00:18:21.710 \longrightarrow 00:18:24.580$  both for all the different tumor types.

NOTE Confidence: 0.9158455

 $00:18:24.580 \longrightarrow 00:18:27.860$  I will say that we're learning a lot,

NOTE Confidence: 0.9158455

 $00:18:27.860 \longrightarrow 00:18:29.910$  and it's more helpful for

NOTE Confidence: 0.9158455

 $00:18:29.910 \longrightarrow 00:18:31.960$  some tumor types than others,

NOTE Confidence: 0.9158455

 $00{:}18{:}31.960 \dashrightarrow 00{:}18{:}34.456$  but we have learned in general

NOTE Confidence: 0.9158455

 $00:18:34.456 \longrightarrow 00:18:36.120$  that for pediatric cancers

NOTE Confidence: 0.9158455

 $00:18:36.195 \longrightarrow 00:18:38.075$  that risk stratification is

NOTE Confidence: 0.9158455

 $00:18:38.075 \longrightarrow 00:18:40.425$  really important and the risk

NOTE Confidence: 0.9158455

 $00:18:40.430 \longrightarrow 00:18:43.814$  category a cancer is in, or sub

00:18:43.814 --> 00:18:46.739 category it's in can depend on which

NOTE Confidence: 0.9158455

00:18:46.739 --> 00:18:50.489 genes are turned on or off and even other

NOTE Confidence: 0.9158455

 $00:18:50.490 \longrightarrow 00:18:53.334$  patient attributes like age or response

NOTE Confidence: 0.9158455

 $00:18:53.334 \longrightarrow 00:18:56.620$  to the first round of chemotherapy,

NOTE Confidence: 0.9158455

00:18:56.620 --> 00:19:01.276 those help us know how to fine tune

NOTE Confidence: 0.9158455

 $00:19:01.280 \longrightarrow 00:19:04.616$  the treatment path so that we can get

NOTE Confidence: 0.860721099999999 00:19:04.620 --> 00:19:07.815 to cure. NOTE Confidence: 0.860721099999999

 $00:19:07.815 \longrightarrow 00:19:10.593$  Tell us more about how that all happens

 $00:19:10.593 \longrightarrow 00:19:13.841$  so you know we've gotten to the

NOTE Confidence: 0.860721099999999

00:19:13.841 --> 00:19:16.746 point where the child has come in,

NOTE Confidence: 0.860721099999999

 $00{:}19{:}16.750 \dashrightarrow 00{:}19{:}18.875$  seen the pediatrician, gotten the

NOTE Confidence: 0.860721099999999

00:19:18.875 --> 00:19:22.180 scans and the blood work, had the biopsy,

NOTE Confidence: 0.860721099999999

 $00:19:22.180 \longrightarrow 00:19:25.106$  and let's suppose has cancer.

 $00{:}19{:}28.030 \dashrightarrow 00{:}19{:}30.935$  You had mentioned that the

NOTE Confidence: 0.860721099999999

 $00:19:30.935 \longrightarrow 00:19:33.190$  survival rates are really good.

NOTE Confidence: 0.860721099999999

 $00:19:33.190 \longrightarrow 00:19:36.475$  Many of these kids will have long term cures,

 $00:19:36.480 \longrightarrow 00:19:39.077$  and there are a lot of exciting

NOTE Confidence: 0.860721099999999

 $00{:}19{:}39.077 \dashrightarrow 00{:}19{:}40.879$  treatments coming down the Pike.

NOTE Confidence: 0.860721099999999

 $00:19:40.880 \longrightarrow 00:19:43.800$  Tell us a little bit more about that,

00:19:44.498 --> 00:19:47.830 and what kind of gives you hope in this space?

NOTE Confidence: 0.8920173

 $00:19:49.250 \longrightarrow 00:19:55.438$  So to give you examples, in leukemia,

 $00{:}19{:}56.862 \dashrightarrow 00{:}20{:}00.180$  there are certain markers on the surface

NOTE Confidence: 0.8920173

 $00:20:00.180 \longrightarrow 00:20:02.096$  of the leukemia cells

NOTE Confidence: 0.8920173

 $00:20:02.096 \longrightarrow 00:20:04.491$  that are proteins that live

NOTE Confidence: 0.8920173

 $00:20:04.491 \longrightarrow 00:20:07.509$  on top of the tumor cells and

NOTE Confidence: 0.8920173

 $00:20:07.510 \longrightarrow 00:20:08.929$  we can engage,

NOTE Confidence: 0.8920173

 $00:20:08.929 \longrightarrow 00:20:11.767$  we use drugs that engage the

NOTE Confidence: 0.8920173

00:20:11.767 --> 00:20:14.038 bodies own immune system

NOTE Confidence: 0.8920173

 $00:20:14.040 \longrightarrow 00:20:17.220$  to attack those cells that have

NOTE Confidence: 0.8920173

 $00:20:17.220 \longrightarrow 00:20:18.810$  those proteins selectively.

NOTE Confidence: 0.8920173

 $00:20:18.810 \longrightarrow 00:20:22.247$  And that has two really important benefits.

NOTE Confidence: 0.8920173

 $00:20:22.250 \longrightarrow 00:20:25.690$  One of them is that

NOTE Confidence: 0.8920173

 $00:20:25.690 \longrightarrow 00:20:28.959$  it kills the cancer cells and

 $00:20:31.024 \longrightarrow 00:20:33.467$  second is that there's less

NOTE Confidence: 0.8920173

 $00{:}20{:}33.467 \dashrightarrow 00{:}20{:}35.451$  collateral damage or unintended

NOTE Confidence: 0.8920173

 $00{:}20{:}35.451 \dashrightarrow 00{:}20{:}37.990$  consequences to the healthy tissue.

NOTE Confidence: 0.8920173

 $00:20:37.990 \longrightarrow 00:20:39.698$  Because conventional chemotherapy just

NOTE Confidence: 0.8920173

 $00:20:39.698 \longrightarrow 00:20:42.720$  works on a lot of different cells,

NOTE Confidence: 0.8920173

00:20:42.720 --> 00:20:44.400 any rapidly dividing cells,

NOTE Confidence: 0.8920173

 $00:20:44.400 \longrightarrow 00:20:46.920$  but we have healthy cells in

NOTE Confidence: 0.8920173

00:20:46.995 --> 00:20:49.170 our body that divide rapidly,

NOTE Confidence: 0.8920173

 $00:20:49.170 \longrightarrow 00:20:52.186$  and so that's what can cause a lot

NOTE Confidence: 0.8920173

00:20:52.186 --> 00:20:55.038 of problems with with the misery of

NOTE Confidence: 0.8920173

 $00:20:55.038 \longrightarrow 00:20:58.200$  going through some of the chemotherapy.

NOTE Confidence: 0.8920173

 $00:20:58.200 \longrightarrow 00:20:59.944$  So that's one example.

NOTE Confidence: 0.8920173

 $00:20:59.944 \longrightarrow 00:21:01.688$  We also have understood

NOTE Confidence: 0.8920173

 $00:21:01.690 \longrightarrow 00:21:04.215$  a little better how tumors

NOTE Confidence: 0.8920173

 $00:21:04.215 \longrightarrow 00:21:06.235$  trick the immune system.

NOTE Confidence: 0.8920173

 $00:21:06.240 \longrightarrow 00:21:08.998$  So that they get the nutrients they

00:21:08.998 --> 00:21:13.189 need to divide quickly, or that they

NOTE Confidence: 0.8920173

 $00{:}21{:}13.190 \dashrightarrow 00{:}21{:}16.422$  keep the bodies own immune system from

NOTE Confidence: 0.8920173

 $00:21:16.422 \longrightarrow 00:21:19.216$  getting rid of them as

NOTE Confidence: 0.8920173

 $00:21:19.220 \longrightarrow 00:21:21.494$  we have an immune system that

NOTE Confidence: 0.8920173

 $00:21:21.494 \longrightarrow 00:21:24.119$  polices our body all the time.

NOTE Confidence: 0.8920173

00:21:24.120 --> 00:21:26.912 You get rid of abnormal cells and somehow

NOTE Confidence: 0.8920173

 $00:21:26.912 \longrightarrow 00:21:29.400$  these tumor cells escaped that system.

NOTE Confidence: 0.8920173

 $00:21:29.400 \longrightarrow 00:21:31.290$  So we also utilized that.

NOTE Confidence: 0.8920173

 $00:21:31.290 \longrightarrow 00:21:35.080$  And these drugs are available

NOTE Confidence: 0.8920173

 $00:21:35.080 \longrightarrow 00:21:39.766$  across tumor groups we're discovering them

 $00:21:41.000 \longrightarrow 00:21:43.870$  and to know whether a tumor

NOTE Confidence: 0.8920173

 $00:21:43.950 \longrightarrow 00:21:46.040$  would be amenable to that

NOTE Confidence: 0.8920173

 $00:21:46.040 \longrightarrow 00:21:49.176$  we do tests on the tumor, one including

NOTE Confidence: 0.8920173

 $00:21:49.176 \longrightarrow 00:21:51.887$  the kind of proteins they make,

NOTE Confidence: 0.8920173

 $00:21:51.890 \longrightarrow 00:21:54.446$  and another is what the genetic

NOTE Confidence: 0.8920173

 $00:21:54.446 \longrightarrow 00:21:56.909$  makeup of the tumor cell is.

 $00:21:56.910 \longrightarrow 00:22:00.528$  So those are some examples.

NOTE Confidence: 0.8920173

 $00:22:00.530 \longrightarrow 00:22:03.086$  A new initiative that we have

NOTE Confidence: 0.8920173

 $00:22:03.086 \longrightarrow 00:22:04.364$  with Doctor Marks is

NOTE Confidence: 0.8920173

 $00:22:04.370 \longrightarrow 00:22:07.786$  another exciting one is that in brain tumors,

NOTE Confidence: 0.8920173

 $00:22:07.790 \longrightarrow 00:22:10.065$  children with neurofibromatosis are one

NOTE Confidence: 0.8920173

 $00:22:10.065 \longrightarrow 00:22:13.318$  of the groups that have an increased

NOTE Confidence: 0.8920173

 $00:22:13.318 \longrightarrow 00:22:16.024$  risk of brain cancers called gliomas.

NOTE Confidence: 0.8920173

 $00:22:16.030 \longrightarrow 00:22:18.592$  And there is a certain kind of

NOTE Confidence: 0.8920173

 $00{:}22{:}18.592 \dashrightarrow 00{:}22{:}21.595$  drug called a MEK inhibitor that

NOTE Confidence: 0.8920173

 $00:22:21.595 \longrightarrow 00:22:24.630$  is specifically good for

NOTE Confidence: 0.8920173

00:22:24.630 --> 00:22:26.680 neurofibromatosis patients,

NOTE Confidence: 0.8920173

 $00:22:26.680 \longrightarrow 00:22:30.719$  given the kind of genetic findings that

NOTE Confidence: 0.8920173

 $00:22:30.719 \longrightarrow 00:22:34.136$  are in their tumor cells.

NOTE Confidence: 0.85387045

 $00{:}22{:}35.590 \dashrightarrow 00{:}22{:}36.954$  And so you know

NOTE Confidence: 0.85387045

 $00:22:36.954 \longrightarrow 00:22:39.651$  this is really great that there

 $00:22:39.651 \longrightarrow 00:22:42.496$  are targeted therapies that address

NOTE Confidence: 0.85387045

 $00{:}22{:}42.496 {\:{\mbox{--}}}{>} 00{:}22{:}45.460$  particular proteins in particular cancers,

NOTE Confidence: 0.85387045

 $00:22:45.460 \longrightarrow 00:22:48.778$  or that help the immune system to

NOTE Confidence: 0.85387045

 $00:22:48.778 \longrightarrow 00:22:51.210$  attack certain cancers that might

NOTE Confidence: 0.85387045

00:22:51.210 --> 00:22:54.416 be trying to sneak away from being

NOTE Confidence: 0.85387045

 $00:22:54.416 \longrightarrow 00:22:57.558$  attacked by the immune system.

NOTE Confidence: 0.85387045

00:22:57.558 --> 00:23:01.910 A lot of this has to do with research,

NOTE Confidence: 0.85387045

 $00:23:01.910 \longrightarrow 00:23:04.790$  and we talked a little bit

NOTE Confidence: 0.85387045

 $00{:}23{:}04.790 \dashrightarrow 00{:}23{:}07.058$  on this show about clinical trials.

 $00{:}23{:}09.330 \longrightarrow 00{:}23{:}12.386$  What is your advice when it comes to

NOTE Confidence: 0.85387045

 $00{:}23{:}12.386 \dashrightarrow 00{:}23{:}14.620$  clinical trials for kids and cancer?

NOTE Confidence: 0.85387045

 $00{:}23{:}14.620 \dashrightarrow 00{:}23{:}15.853$  So number one,

NOTE Confidence: 0.85387045

 $00:23:15.853 \longrightarrow 00:23:18.319$  are there clinical trials that are

NOTE Confidence: 0.85387045

 $00{:}23{:}18.319 \dashrightarrow 00{:}23{:}21.040$  available to kids who have cancer and two,

NOTE Confidence: 0.85387045

 $00:23:21.040 \longrightarrow 00:23:24.064$  what is your advice to parents?

NOTE Confidence: 0.85387045

00:23:24.070 --> 00:23:26.709 For many parents they may be thinking,

 $00:23:26.710 \longrightarrow 00:23:27.466$  don't experiment

NOTE Confidence: 0.85387045

00:23:27.466 --> 00:23:30.490 on my child, I'll take standard of care,

NOTE Confidence: 0.85387045

 $00:23:30.490 \longrightarrow 00:23:32.094$  thank you very much,

NOTE Confidence: 0.85387045

 $00:23:32.094 \longrightarrow 00:23:34.099$  especially a standard of care

NOTE Confidence: 0.85387045

 $00:23:34.099 \longrightarrow 00:23:35.940$  that is doing pretty well.

NOTE Confidence: 0.85387045

 $00:23:35.940 \longrightarrow 00:23:37.508$  On the other hand,

NOTE Confidence: 0.85387045

00:23:37.508 --> 00:23:41.279 we often talk about clinical trials,

NOTE Confidence: 0.85387045

00:23:41.280 --> 00:23:43.060 really offering patients kind

NOTE Confidence: 0.85387045

 $00:23:43.060 \longrightarrow 00:23:44.840$  of tomorrow's therapies today,

NOTE Confidence: 0.85387045

00:23:44.840 --> 00:23:47.492 and that many patients actually benefit

NOTE Confidence: 0.85387045

 $00{:}23{:}47.492 \dashrightarrow 00{:}23{:}50.660$  from being in clinical trials. Talk a

NOTE Confidence: 0.85387045

 $00:23:50.660 \longrightarrow 00:23:52.870$  little bit about the particulars

NOTE Confidence: 0.85387045

 $00{:}23{:}52.870 \longrightarrow 00{:}23{:}55.567$  of clinical trials when it comes

NOTE Confidence: 0.85387045

 $00{:}23{:}55.567 \dashrightarrow 00{:}23{:}57.742$  to pediatric patients with cancer.

NOTE Confidence: 0.913052

 $00:23:59.210 \longrightarrow 00:24:01.366$  So I do think that's one of

NOTE Confidence: 0.913052

 $00{:}24{:}01.366 \dashrightarrow 00{:}24{:}03.175$  the reasons why children have

00:24:03.175 --> 00:24:05.593 been doing so well with cancer.

NOTE Confidence: 0.913052

 $00:24:05.600 \longrightarrow 00:24:07.616$  That wasn't the case a

NOTE Confidence: 0.913052

00:24:07.616 --> 00:24:10.640 generation ago, 30 years ago,

NOTE Confidence: 0.913052

 $00:24:10.640 \longrightarrow 00:24:12.600$  the cure rates were

NOTE Confidence: 0.7392264

 $00:24:14.740 \longrightarrow 00:24:20.610$  less than half what they are now, and

NOTE Confidence: 0.7392264

00:24:20.610 --> 00:24:25.440 if I had had a cancer as a child most likely,

NOTE Confidence: 0.7392264

 $00:24:25.440 \longrightarrow 00:24:28.506$  and I'm a little older than that,

NOTE Confidence: 0.7392264

 $00{:}24{:}28.510 \dashrightarrow 00{:}24{:}31.590$  I would have likely succumbed.

NOTE Confidence: 0.7392264

00:24:31.590 --> 00:24:34.218 So things have changed very quickly,

NOTE Confidence: 0.7392264

 $00:24:34.220 \longrightarrow 00:24:36.614$  and pediatrics has really taken the

NOTE Confidence: 0.7392264

 $00{:}24{:}36.614 \dashrightarrow 00{:}24{:}39.162$  lead in organizing sites across

NOTE Confidence: 0.7392264

 $00:24:39.162 \longrightarrow 00:24:41.367$  the country together to coordinate

NOTE Confidence: 0.7392264

 $00{:}24{:}41.367 \dashrightarrow 00{:}24{:}43.880$  and do clinical trials together.

NOTE Confidence: 0.7392264

 $00:24:43.880 \longrightarrow 00:24:46.960$  And we have a very high rate of

NOTE Confidence: 0.7392264

 $00:24:46.960 \longrightarrow 00:24:50.046$  clinical trial enrollment around 80%

 $00:24:50.046 \longrightarrow 00:24:52.376$  and there have been analysis

NOTE Confidence: 0.7392264

 $00:24:52.376 \longrightarrow 00:24:54.950$  that show taking all comers,

NOTE Confidence: 0.7392264

 $00{:}24{:}54.950 \dashrightarrow 00{:}24{:}57.372$  patients who are in clinical trials do

NOTE Confidence: 0.7392264

 $00:24:57.372 \longrightarrow 00:24:59.588$  better than those who do not enroll.

NOTE Confidence: 0.7392264

 $00:24:59.590 \longrightarrow 00:25:01.150$  In terms of experimentation,

NOTE Confidence: 0.7392264

00:25:01.150 --> 00:25:04.633 I would say that the well being of the

NOTE Confidence: 0.7392264

 $00:25:04.633 \longrightarrow 00:25:07.587$  children in our care is the absolute top

NOTE Confidence: 0.7392264

 $00:25:07.587 \longrightarrow 00:25:10.373$  priority and there is no conflict of

NOTE Confidence: 0.7392264

 $00:25:10.373 \longrightarrow 00:25:12.346$  interest about personally benefiting of

NOTE Confidence: 0.7392264

 $00:25:12.346 \longrightarrow 00:25:15.420$  someone going on a clinical trial or not.

NOTE Confidence: 0.7392264

 $00{:}25{:}15.420 \dashrightarrow 00{:}25{:}18.436$  It's really to offer what's best and

 $00{:}25{:}21.590 \dashrightarrow 00{:}25{:}24.692$  we have over 30 the rapeutic pediatric

NOTE Confidence: 0.7392264

 $00:25:24.692 \longrightarrow 00:25:28.309$  trials now and more in the pipeline.

NOTE Confidence: 0.7392264

00:25:28.310 --> 00:25:30.392 It goes through a very rigorous

NOTE Confidence: 0.7392264

 $00:25:30.392 \longrightarrow 00:25:31.086$  scientific review.

NOTE Confidence: 0.7392264

 $00:25:31.090 \longrightarrow 00:25:33.860$  We will not open a study that we don't feel

00:25:33.930 --> 00:25:36.636 can offer meaningful benefit for children,

NOTE Confidence: 0.7392264

00:25:36.640 --> 00:25:38.716 so it won't even open here.

NOTE Confidence: 0.7392264

 $00:25:38.720 \longrightarrow 00:25:41.149$  We won't even have it to offer.

NOTE Confidence: 0.7392264

 $00:25:41.150 \longrightarrow 00:25:43.310$  And before we've all reviewed it

NOTE Confidence: 0.7392264

00:25:43.310 --> 00:25:45.570 and reviewed it very rigorously.

NOTE Confidence: 0.7392264

00:25:45.570 --> 00:25:48.554 And then it's of course the parents decision,

NOTE Confidence: 0.7392264

 $00:25:48.560 \longrightarrow 00:25:51.220$  but we try to lay out what

NOTE Confidence: 0.7392264

 $00:25:51.220 \longrightarrow 00:25:53.230$  are the potential benefits and

NOTE Confidence: 0.7392264

 $00:25:53.624 \longrightarrow 00:25:56.776$  what are the potential risks and then to

NOTE Confidence: 0.7392264

00:25:56.776 --> 00:25:59.893 make that decision in a tough time when

NOTE Confidence: 0.7392264

 $00{:}25{:}59.893 \dashrightarrow 00{:}26{:}02.810$  you don't want to have cancer at all,

NOTE Confidence: 0.7392264

 $00:26:02.810 \longrightarrow 00:26:05.204$  we don't want you to have it at all

NOTE Confidence: 0.7392264

 $00:26:05.204 \longrightarrow 00:26:07.979$  to have to make that decision for

NOTE Confidence: 0.7392264

 $00:26:07.979 \longrightarrow 00:26:10.190$  conditions in which there's outstanding

NOTE Confidence: 0.7392264

 $00:26:10.190 \longrightarrow 00:26:12.755$  outcomes and there's almost 100%

NOTE Confidence: 0.7392264

00:26:12.760 --> 00:26:15.420 cure rate or above 95% cure rates.

 $00:26:15.420 \longrightarrow 00:26:17.640$  We don't really have trials open

NOTE Confidence: 0.7392264

 $00:26:17.640 \longrightarrow 00:26:20.011$  because we don't feel like there's

NOTE Confidence: 0.7392264

 $00:26:20.011 \longrightarrow 00:26:21.956$  as much meaningful to offer,

NOTE Confidence: 0.7392264

 $00:26:21.960 \longrightarrow 00:26:24.879$  and the standard of care is reasonable.

NOTE Confidence: 0.7392264

 $00:26:24.880 \longrightarrow 00:26:28.748$  But for most parents

NOTE Confidence: 0.7392264

 $00:26:28.750 \longrightarrow 00:26:31.774$  if you can increase a cure rate

NOTE Confidence: 0.7392264

 $00:26:31.774 \longrightarrow 00:26:34.938$  probability from 80% to 87% or 90%,

NOTE Confidence: 0.7392264

 $00{:}26{:}34.938 \dashrightarrow 00{:}26{:}38.316$  that would be something to consider if

NOTE Confidence: 0.7392264

 $00:26:38.316 \longrightarrow 00:26:41.669$  the rest of the risk benefit equation

NOTE Confidence: 0.7392264

 $00:26:42.176 \longrightarrow 00:26:43.694$  were reasonable,

NOTE Confidence: 0.7392264

 $00{:}26{:}43.694 \dashrightarrow 00{:}26{:}47.331$  and so that's why we always try

NOTE Confidence: 0.7392264

 $00:26:47.331 \longrightarrow 00:26:49.319$  to push that envelope,

NOTE Confidence: 0.7392264

 $00{:}26{:}49.320 \dashrightarrow 00{:}26{:}52.308$  because I'm happy about 85% all comers.

NOTE Confidence: 0.7392264

 $00:26:52.308 \longrightarrow 00:26:54.353$  But I don't think that's

NOTE Confidence: 0.7392264

 $00:26:54.353 \longrightarrow 00:26:56.690$  high enough for our children.

 $00:26:56.690 \longrightarrow 00:26:59.630$  That's 15% of children

NOTE Confidence: 0.7392264

00:26:59.630 --> 00:27:01.807 who are not making it and it

NOTE Confidence: 0.7392264

 $00:27:01.807 \longrightarrow 00:27:03.370$  needs to be higher.

NOTE Confidence: 0.7392264

 $00:27:03.370 \longrightarrow 00:27:06.090$  It needs to be as close to as

NOTE Confidence: 0.7392264

 $00:27:06.090 \longrightarrow 00:27:09.468$  100% as we can get it.

 $00:27:09.950 \longrightarrow 00:27:12.848$  Absolutely and the other question

NOTE Confidence: 0.85086644

00:27:12.848 --> 00:27:16.597 that I think many parents may have is,

NOTE Confidence: 0.85086644

00:27:16.600 --> 00:27:19.450 regardless of what therapy children undergo,

NOTE Confidence: 0.85086644

 $00:27:19.450 \longrightarrow 00:27:21.820$  whether it's a targeted therapy,

NOTE Confidence: 0.85086644

 $00:27:21.820 \longrightarrow 00:27:24.200$  whether it's standard of care,

NOTE Confidence: 0.85086644

 $00:27:24.200 \longrightarrow 00:27:27.420$  whether it is a novel therapy that's

NOTE Confidence: 0.85086644

 $00{:}27{:}27.420 \dashrightarrow 00{:}27{:}30.369$  being offered on a clinical trial,

NOTE Confidence: 0.85086644

00:27:30.370 --> 00:27:32.908 many patients, and many parents may

NOTE Confidence: 0.85086644

 $00{:}27{:}32.908 \dashrightarrow 00{:}27{:}36.273$  ask what are the long term seque lae

NOTE Confidence: 0.85086644

00:27:36.273 --> 00:27:38.918 of cancer treatment in childhood.

NOTE Confidence: 0.85086644

 $00:27:38.920 \longrightarrow 00:27:40.972$  So in other words,

 $00:27:40.972 \longrightarrow 00:27:44.050$  if my child takes chemotherapy now,

NOTE Confidence: 0.85086644

 $00:27:44.050 \longrightarrow 00:27:46.990$  what does that do to their

NOTE Confidence: 0.85086644

 $00:27:46.990 \longrightarrow 00:27:47.970$  cognitive development?

NOTE Confidence: 0.85086644

 $00:27:47.970 \longrightarrow 00:27:50.916$  What does that do to their

NOTE Confidence: 0.85086644

 $00:27:50.916 \longrightarrow 00:27:52.880$  fertility down the line?

NOTE Confidence: 0.85086644

 $00:27:52.880 \longrightarrow 00:27:56.255$  What does that do to

NOTE Confidence: 0.85086644

 $00:27:56.255 \longrightarrow 00:27:58.805$  their propensity to pass along

NOTE Confidence: 0.85086644

 $00:27:58.805 \longrightarrow 00:28:02.208$  a risk to their future generations?

NOTE Confidence: 0.85086644

 $00{:}28{:}02.210 \dashrightarrow 00{:}28{:}04.676$  What do you advise patients and

NOTE Confidence: 0.85086644

 $00:28:04.676 \longrightarrow 00:28:07.035$  parents when they are concerned

NOTE Confidence: 0.85086644

 $00:28:07.035 \longrightarrow 00:28:09.579$  about these long-term sequelae?

NOTE Confidence: 0.9169928

 $00:28:10.710 \longrightarrow 00:28:13.966$  So that's a very robust area of research.

NOTE Confidence: 0.9169928

 $00:28:13.970 \longrightarrow 00:28:17.519$  We now have the luxury and the

NOTE Confidence: 0.9169928

 $00{:}28{:}17.520 \dashrightarrow 00{:}28{:}21.912$  pleasure of seeing and caring for long term

NOTE Confidence: 0.9169928

00:28:21.912 --> 00:28:25.908 survivors who have lived many decades past

NOTE Confidence: 0.9169928

 $00:28:25.910 \longrightarrow 00:28:28.202$  their cancer experience so we can

 $00{:}28{:}28.202 \dashrightarrow 00{:}28{:}30.878$  quantify that risk, and that's what we

NOTE Confidence: 0.9169928

 $00:28:30.878 \longrightarrow 00:28:33.948$  do in the Heroes Clinic, which I direct.

NOTE Confidence: 0.9169928

 $00:28:33.948 \longrightarrow 00:28:36.264$  We care specifically for survivors after

NOTE Confidence: 0.9169928

 $00:28:36.264 \longrightarrow 00:28:39.110$  their treatment ended to keep them as healthy

NOTE Confidence: 0.9169928

 $00:28:39.110 \longrightarrow 00:28:41.949$  as possible and to manage any complications,

NOTE Confidence: 0.9169928

 $00:28:41.950 \longrightarrow 00:28:44.470$  because unfortunately we have learned

NOTE Confidence: 0.9169928

 $00:28:44.470 \longrightarrow 00:28:46.516$  that the therapies that were needed

NOTE Confidence: 0.9169928

 $00:28:46.516 \longrightarrow 00:28:48.912$  to cure the cancer can sometimes

NOTE Confidence: 0.9169928

00:28:48.912 --> 00:28:50.848 cause downstream health effects,

NOTE Confidence: 0.9169928

 $00:28:50.850 \longrightarrow 00:28:53.250$  and you listed some of them.

NOTE Confidence: 0.9169928

 $00:28:53.250 \longrightarrow 00:28:55.240$  So for some therapies they

NOTE Confidence: 0.9169928

 $00:28:55.240 \longrightarrow 00:28:56.832$  can result in infertility.

NOTE Confidence: 0.9169928

 $00{:}28{:}56.840 {\:{\circ}{\circ}{\circ}}>00{:}28{:}59.480$  We have a proactive fertility preservation

NOTE Confidence: 0.9169928

 $00:28:59.480 \longrightarrow 00:29:02.735$  program so that we try to

NOTE Confidence: 0.9169928

 $00:29:02.735 \longrightarrow 00:29:05.220$  offer egg harvest when we can,

 $00:29:05.220 \longrightarrow 00:29:07.740$  and we manage and screen for problems

NOTE Confidence: 0.9169928

 $00{:}29{:}07.740 \longrightarrow 00{:}29{:}11.200$  to try to catch them before they happen.

NOTE Confidence: 0.9169928

 $00:29:11.200 \longrightarrow 00:29:14.189$  We're also doing a lot of research

NOTE Confidence: 0.9169928

 $00:29:14.189 \longrightarrow 00:29:15.930$  because we've learned that

NOTE Confidence: 0.9169928

 $00{:}29{:}15.930 \dashrightarrow 00{:}29{:}18.464$  exercise and diet can make a meaningful

NOTE Confidence: 0.9169928

00:29:18.464 --> 00:29:21.118 difference in undoing the effects of the

NOTE Confidence: 0.9169928

00:29:21.118 --> 00:29:22.998 previous cancer and radiation therapy,

NOTE Confidence: 0.9169928

 $00:29:23.000 \longrightarrow 00:29:25.506$  so I think that to stay healthy

NOTE Confidence: 0.9169928

 $00:29:25.506 \longrightarrow 00:29:27.828$  and to live the best life,

NOTE Confidence: 0.9169928

 $00:29:27.830 \longrightarrow 00:29:30.068$  there needs to be long term

NOTE Confidence: 0.9169928

 $00:29:30.070 \longrightarrow 00:29:32.718$  follow up to make sure that if there

NOTE Confidence: 0.9169928

 $00:29:32.718 \longrightarrow 00:29:35.342$  are problems they are caught early and for

NOTE Confidence: 0.9169928

 $00:29:35.342 \longrightarrow 00:29:37.699$  cognitive problems that may mean also

NOTE Confidence: 0.9169928

 $00{:}29{:}37.699 \dashrightarrow 00{:}29{:}40.051$  screening people early so they get

NOTE Confidence: 0.9169928

 $00:29:40.051 \longrightarrow 00:29:41.972$  the best education intervention that

NOTE Confidence: 0.9169928

 $00:29:41.972 \longrightarrow 00:29:44.569$  they can to meet their full potential.

 $00{:}29{:}45.240 {\:{\mbox{--}}}{>}\ 00{:}29{:}47.496$  Doctor Nina Kadan-Lottick is the

NOTE Confidence: 0.860494

00:29:47.496 --> 00:29:50.080 medical director of the Heroes Program,

NOTE Confidence: 0.860494

 $00:29:50.080 \longrightarrow 00:29:52.165$  and an associate professor of

NOTE Confidence: 0.860494

00:29:52.165 --> 00:29:53.833 Pediatrics in hematology oncology

NOTE Confidence: 0.860494

 $00:29:53.833 \longrightarrow 00:29:56.116$  at the Yale School of Medicine.

NOTE Confidence: 0.860494

 $00{:}29{:}56.120 \dashrightarrow 00{:}29{:}58.598$  If you have questions, the address

NOTE Confidence: 0.860494

 $00:29:58.598 \longrightarrow 00:30:00.250$  is canceranswers@yale.edu and pass.

NOTE Confidence: 0.860494

 $00{:}30{:}00.250 \mathrel{--}{>} 00{:}30{:}01.705$  Editions of the program are

NOTE Confidence: 0.860494

00:30:01.705 --> 00:30:03.160 available in audio and written

NOTE Confidence: 0.860494

 $00:30:03.213 \longrightarrow 00:30:04.668$  form at yale cancercenter.org.

NOTE Confidence: 0.860494

00:30:04.670 --> 00:30:07.046 We hope you'll join us next week to

NOTE Confidence: 0.860494

 $00:30:07.046 \dashrightarrow 00:30:09.369$  learn more about the fight against

NOTE Confidence: 0.860494

 $00:30:09.369 \dashrightarrow 00:30:11.853$  cancer here on Connecticut Public Radio.