WEBVTT

00:00:00.160 --> 00:00:01.920 Funding for Yale Cancer Answers

NOTE Confidence: 0.91197675

00:00:01.920 --> 00:00:03.679 is provided by Smilow Cancer

NOTE Confidence: 0.91197675

00:00:03.679 --> 00:00:04.180 Hospital.

NOTE Confidence: 0.89744484

00:00:06.160 --> 00:00:08.160 Welcome to Yale Cancer Answers

NOTE Confidence: 0.89744484

00:00:08.160 --> 00:00:09.200 with the director of

NOTE Confidence: 0.89744484

00:00:09.200 --> 00:00:10.960 Yale Cancer Center, doctor Eric

NOTE Confidence: 0.89744484

00:00:10.960 --> 00:00:11.460 Winer.

NOTE Confidence: 0.9903127

00:00:11.920 --> 00:00:14.099 Yale Cancer Answers features conversations

NOTE Confidence: 0.9903127

00:00:14.320 --> 00:00:15.059 with oncologists

NOTE Confidence: 0.993461

00:00:15.360 --> 00:00:16.635 and specialists who are on

NOTE Confidence: 0.993461

00:00:16.635 --> 00:00:17.675 the forefront of the battle

NOTE Confidence: 0.993461

00:00:17.675 --> 00:00:18.575 to fight cancer.

NOTE Confidence: 0.9645705

00:00:19.275 --> 00:00:20.575 This week, it's a conversation

NOTE Confidence: 0.9645705

00:00:20.715 --> 00:00:22.315 about palliative care with doctor

NOTE Confidence: 0.9645705

00:00:22.315 --> 00:00:23.295 Dmitry Kozhevnikov.

NOTE Confidence: 0.9946623

00:00:24.154 --> 00:00:24.975 Doctor Kozhevnikov

NOTE Confidence: 0.9634535

00:00:25.435 --> 00:00:27.355 is an assistant professor and

NOTE Confidence: 0.9634535

00:00:27.355 --> 00:00:29.035 associate program director of the

NOTE Confidence: 0.9634535

00:00:29.035 --> 00:00:31.670 Yale hospice palliative medicine fellowship

NOTE Confidence: 0.9634535

00:00:31.670 --> 00:00:32.790 at the Yale School of

NOTE Confidence: 0.9634535

00:00:32.790 --> 00:00:33.290 Medicine.

NOTE Confidence: 0.89570856

00:00:33.670 --> 00:00:34.810 Here's doctor Winer.

NOTE Confidence: 0.9519065

00:00:36.390 --> 00:00:38.390 So maybe we can start

NOTE Confidence: 0.9519065

00:00:38.390 --> 00:00:40.729 off as I often do,

NOTE Confidence: 0.9910161

00:00:41.270 --> 00:00:42.790 hearing a little bit about

NOTE Confidence: 0.9910161

00:00:42.790 --> 00:00:44.809 you and and your background.

NOTE Confidence: 0.98405457

00:00:45.505 --> 00:00:46.305 So I was actually born

NOTE Confidence: 0.98405457

00:00:46.305 --> 00:00:47.505 in the Soviet Union and

NOTE Confidence: 0.98405457

00:00:47.505 --> 00:00:48.545 when I was a year

NOTE Confidence: 0.98405457

00:00:48.545 --> 00:00:49.905 old, my family escaped

NOTE Confidence: 0.9761228

00:00:50.465 --> 00:00:51.745 ethnic conflict that was going

NOTE Confidence: 0.9761228

00:00:51.745 --> 00:00:53.184 on in the Caucasus region

NOTE Confidence: 0.9761228

00:00:53.184 --> 00:00:54.704 to the US. And we

NOTE Confidence: 0.9761228

00:00:54.704 --> 00:00:55.824 settled in New York City

NOTE Confidence: 0.9761228

00:00:55.824 --> 00:00:56.945 where I spent most of

NOTE Confidence: 0.9761228

00:00:56.945 --> 00:00:57.605 my childhood.

NOTE Confidence: 0.959976

00:00:58.250 --> 00:00:59.690 And my mother was actually,

NOTE Confidence: 0.959976

00:00:59.690 --> 00:01:01.290 and still is, an emergency

NOTE Confidence: 0.959976

00:01:01.290 --> 00:01:02.890 room nurse. And so I

NOTE Confidence: 0.959976

00:01:02.890 --> 00:01:04.170 was exposed to health care

00:01:05.530 --> 00:01:06.810 and medicine at an early age.

NOTE Confidence: 0.9553563

00:01:06.810 --> 00:01:07.610 And when I was old

NOTE Confidence: 0.9553563

00:01:07.610 --> 00:01:08.730 enough, I actually signed up

NOTE Confidence: 0.9553563

00:01:08.730 --> 00:01:09.690 to be a volunteer in

NOTE Confidence: 0.9553563

00:01:09.690 --> 00:01:10.650 the ER, and I trained

NOTE Confidence: 0.9553563

00:01:10.650 --> 00:01:11.870 myself to be an EMT.

NOTE Confidence: 0.9553563

00:01:12.170 --> 00:01:13.130 Can I just ask, was

NOTE Confidence: 0.9553563

00:01:13.130 --> 00:01:14.305 she a nurse in the

NOTE Confidence: 0.9553563

00:01:14.305 --> 00:01:16.385 Soviet Union and then retrained

NOTE Confidence: 0.9553563

00:01:16.385 --> 00:01:17.905 here?

NOTE Confidence: 0.9553563

00:01:17.905 --> 00:01:19.104 Now, she went to school here.

00:01:19.985 --> 00:01:20.705 They were very

NOTE Confidence: 0.9553563

00:01:20.705 --> 00:01:21.924 young when we came and

NOTE Confidence: 0.93875074

00:01:22.465 --> 00:01:23.665 she worked really

NOTE Confidence: 0.93875074

00:01:23.665 --> 00:01:25.265 hard to achieve that

NOTE Confidence: 0.93875074

00:01:25.265 --> 00:01:26.165 goal and

NOTE Confidence: 0.93585014

00:01:27.200 --> 00:01:28.959 was definitely a huge inspiration

NOTE Confidence: 0.93585014

00:01:28.959 --> 00:01:29.920 for me, not only to

NOTE Confidence: 0.93585014

00:01:29.920 --> 00:01:30.959 go into medicine, but

NOTE Confidence: 0.93585014

00:01:30.959 --> 00:01:31.459 overall,]

NOTE Confidence: 0.9539046

00:01:32.720 --> 00:01:33.600 as a human being.

NOTE Confidence: 0.9539046

00:01:33.600 --> 00:01:34.980 And so

NOTE Confidence: 0.9219478

00:01:35.840 --> 00:01:36.800 I ended up being on

4

NOTE Confidence: 0.9219478

00:01:36.800 --> 00:01:37.840 this path to become an

NOTE Confidence: 0.9219478

00:01:37.840 --> 00:01:38.580 ER physician,

NOTE Confidence: 0.97108114

00:01:39.584 --> 00:01:40.545 but then as I progressed

NOTE Confidence: 0.97108114

00:01:40.545 --> 00:01:41.985 through my medical training, I

NOTE Confidence: 0.97108114

00:01:41.985 --> 00:01:43.365 realized that it wasn't really

NOTE Confidence: 0.96627104

00:01:44.065 --> 00:01:44.944 the setting that I wanted

NOTE Confidence: 0.96627104

00:01:44.944 --> 00:01:45.905 to practice in. What

NOTE Confidence: 0.96627104

00:01:45.905 --> 00:01:47.104 was more rewarding to me was

00:01:48.145 --> 00:01:49.765 developing these long term relationships

NOTE Confidence: 0.9952842

00:01:49.825 --> 00:01:50.485 with patients and

00:01:52.490 --> 00:01:53.290 being able to spend time

NOTE Confidence: 0.9682638

00:01:53.290 --> 00:01:54.090 with them and learning about

NOTE Confidence: 0.9682638

00:01:54.090 --> 00:01:54.970 them and giving them

NOTE Confidence: 0.9682638

00:01:54.970 --> 00:01:56.170 care that was more sort

NOTE Confidence: 0.9682638

00:01:56.170 --> 00:01:57.470 of humanistic and

00:01:58.810 --> 00:01:59.630 person centered,

NOTE Confidence: 0.9418829

00:02:00.090 --> 00:02:00.890 and I really had the

NOTE Confidence: 0.9418829

00:02:00.890 --> 00:02:02.330 time to figure out

NOTE Confidence: 0.9418829

00:02:02.330 --> 00:02:03.290 what's important to them and

NOTE Confidence: 0.9418829

00:02:03.290 --> 00:02:04.250 how to best care

NOTE Confidence: 0.9418829

00:02:04.250 --> 00:02:04.755 for them.

NOTE Confidence: 0.98896843

00:02:05.314 --> 00:02:06.594 But I was also influenced

NOTE Confidence: 0.98896843

00:02:06.594 --> 00:02:07.475 by a lot of the

NOTE Confidence: 0.98896843

00:02:07.475 --> 00:02:08.595 patients that I cared for

NOTE Confidence: 0.98896843

00:02:08.595 --> 00:02:09.815 earlier on in my career

NOTE Confidence: 0.98896843

00:02:10.114 --> 00:02:11.794 who taught me that medicine

NOTE Confidence: 0.98896843

00:02:11.794 --> 00:02:12.675 is a lot more than

NOTE Confidence: 0.98896843

00:02:12.675 --> 00:02:14.614 just giving patients the most

NOTE Confidence: 0.9923707

00:02:14.915 --> 00:02:16.455 recent and newest treatments.

NOTE Confidence: 0.9858485

00:02:17.250 --> 00:02:18.690 It's really about making sure

NOTE Confidence: 0.9858485

00:02:18.690 --> 00:02:19.810 that they feel heard and

NOTE Confidence: 0.9858485

00:02:19.810 --> 00:02:20.870 listened to

NOTE Confidence: 0.97640926

00:02:21.570 --> 00:02:23.330 and understood as well. So

NOTE Confidence: 0.97640926

00:02:23.330 --> 00:02:25.010 this power of presence

NOTE Confidence: 0.97640926

00:02:25.010 --> 00:02:25.970 is something that I learned

NOTE Confidence: 0.97640926

00:02:25.970 --> 00:02:27.910 early on, and I continue

NOTE Confidence: 0.97640926

00:02:27.970 --> 00:02:29.330 to do it as

NOTE Confidence: 0.97640926

00:02:29.330 --> 00:02:30.950 I practice today.

NOTE Confidence: 0.9279626

00:02:31.955 --> 00:02:33.315 And then I learned also

NOTE Confidence: 0.9279626

00:02:33.315 --> 00:02:33.815 that

NOTE Confidence: 0.98619646

00:02:34.195 --> 00:02:36.195 patients who are facing serious

NOTE Confidence: 0.98619646

00:02:36.195 --> 00:02:37.415 illnesses like cancer,

NOTE Confidence: 0.99481624

00:02:37.875 --> 00:02:39.315 they want feel as well

NOTE Confidence: 0.99481624

00:02:39.315 --> 00:02:40.355 as they can for as

NOTE Confidence: 0.99481624

00:02:40.355 --> 00:02:41.635 long as they can. And

NOTE Confidence: 0.99481624

00:02:41.635 --> 00:02:42.835 so I knew that doing

NOTE Confidence: 0.99481624

00:02:42.835 --> 00:02:44.435 extra training after my internal

NOTE Confidence: 0.99481624

00:02:44.435 --> 00:02:44.935 medicine

NOTE Confidence: 0.9943165

00:02:45.450 --> 00:02:47.290 residency in hospice and palliative

NOTE Confidence: 0.9943165

00:02:47.290 --> 00:02:48.190 medicine was

NOTE Confidence: 0.9983084

00:02:48.650 --> 00:02:49.870 one of the best ways

NOTE Confidence: 0.9983084

00:02:49.930 --> 00:02:51.130 to gain the skills that

NOTE Confidence: 0.9983084

00:02:51.130 --> 00:02:52.570 I needed to help them

NOTE Confidence: 0.9983084

00:02:52.570 --> 00:02:53.230 do that.

NOTE Confidence: 0.8763928

00:02:53.770 --> 00:02:55.130 And then lastly,

00:02:56.810 --> 00:02:58.330 I followed the love of

NOTE Confidence: 0.94525737

00:02:58.330 --> 00:02:59.755 my life. My wife went to

NOTE Confidence: 0.94525737

00:02:59.915 --> 00:03:01.355 Connecticut for her training

NOTE Confidence: 0.94525737

00:03:01.355 --> 00:03:02.555 in pediatrics when I matched

NOTE Confidence: 0.94525737

00:03:02.555 --> 00:03:04.495 to Yale fellowship here.

NOTE Confidence: 0.9921609

00:03:04.955 --> 00:03:06.155 And I've been fortunate to

NOTE Confidence: 0.9921609

00:03:06.155 --> 00:03:07.375 be here for seven years.

NOTE Confidence: 0.93041855

00:03:07.835 --> 00:03:09.195 And like you mentioned, most

NOTE Confidence: 0.93041855

00:03:09.195 --> 00:03:10.155 of my time is spent

NOTE Confidence: 0.93041855

00:03:10.155 --> 00:03:11.195 seeing patients in our

NOTE Confidence: 0.93041855

00:03:11.195 --> 00:03:11.695 clinic.

NOTE Confidence: 0.9835453

00:03:12.110 --> 00:03:12.990 But when I'm not doing

NOTE Confidence: 0.9835453

00:03:12.990 --> 00:03:14.290 that, I'm either teaching

NOTE Confidence: 0.9835453

00:03:14.350 --> 00:03:15.870 other clinicians how to communicate

NOTE Confidence: 0.9835453

00:03:15.870 --> 00:03:17.970 effectively with their patients, and

NOTE Confidence: 0.96242934

00:03:18.750 --> 00:03:20.030 I'm also training our fellows

NOTE Confidence: 0.96242934

00:03:20.030 --> 00:03:21.709 as an associate program director.

NOTE Confidence: 0.96242934

00:03:21.709 --> 00:03:22.990 So I've been really fortunate

NOTE Confidence: 0.96242934

00:03:22.990 --> 00:03:23.970 with these opportunities.

NOTE Confidence: 0.9812689

00:03:24.915 --> 00:03:27.095 Well, I think one cannot

NOTE Confidence: 0.9975796

00:03:29.475 --> 00:03:29.975 overstate

NOTE Confidence: 0.99801004

00:03:30.675 --> 00:03:31.575 the importance

NOTE Confidence: 0.9995808

00:03:31.955 --> 00:03:33.255 of good communication

NOTE Confidence: 0.9993892

00:03:33.635 --> 00:03:34.135 between

NOTE Confidence: 0.9751082

00:03:34.915 --> 00:03:36.990 clinicians of all sorts,

NOTE Confidence: 0.9751082

00:03:37.310 --> 00:03:39.310 doctors, nurses, social workers, what

NOTE Confidence: 0.9751082

00:03:39.310 --> 00:03:39.970 have you,

NOTE Confidence: 0.9916305

00:03:40.670 --> 00:03:42.190 and patients and their

NOTE Confidence: 0.9916305

00:03:42.190 --> 00:03:42.690 families.

NOTE Confidence: 0.9771741

00:03:43.310 --> 00:03:45.230 And it's that partnership that's

NOTE Confidence: 0.9771741

00:03:45.230 --> 00:03:47.710 really so very critical and

00:03:48.910 --> 00:03:50.370 I think that you really

NOTE Confidence: 0.9487101

00:03:50.510 --> 00:03:51.890 help to enhance.

NOTE Confidence: 0.8984237

00:03:53.785 --> 00:03:54.505 Let's just

NOTE Confidence: 0.99972826

00:03:55.065 --> 00:03:56.905 go right to what people

NOTE Confidence: 0.99972826

00:03:56.905 --> 00:03:57.965 always think

NOTE Confidence: 0.9920267

00:03:58.505 --> 00:04:00.765 and dispel some myths.

NOTE Confidence: 0.98936456

00:04:01.545 --> 00:04:03.725 So people hear words like

NOTE Confidence: 0.98936456

00:04:03.865 --> 00:04:04.365 hospice,

NOTE Confidence: 0.9996603

00:04:05.225 --> 00:04:06.285 and they think

NOTE Confidence: 0.98682034

00:04:06.825 --> 00:04:07.725 things like

NOTE Confidence: 0.95015764

00:04:08.190 --> 00:04:09.629 my doctor's given up on

NOTE Confidence: 0.95015764

00:04:09.629 --> 00:04:11.810 me. I'm just going someplace

NOTE Confidence: 0.95015764

00:04:11.950 --> 00:04:13.069 or I'm going on some

NOTE Confidence: 0.95015764

00:04:13.069 --> 00:04:13.569 program,

NOTE Confidence: 0.9982749

00:04:14.750 --> 00:04:15.950 that's at the very end

NOTE Confidence: 0.9982749

00:04:15.950 --> 00:04:16.850 of my life.

NOTE Confidence: 0.99731123

00:04:18.110 --> 00:04:19.650 And while there are

NOTE Confidence: 0.9981438

00:04:20.205 --> 00:04:21.885 certain situations where that seems

NOTE Confidence: 0.9981438

00:04:21.885 --> 00:04:23.085 to be the case, it's

NOTE Confidence: 0.9981438

00:04:23.085 --> 00:04:25.505 really not using palliative care

NOTE Confidence: 0.9981438

00:04:25.645 --> 00:04:27.565 and hospice to its best

NOTE Confidence: 0.9981438

00:04:27.565 --> 00:04:29.025 advantage at all.

00:04:30.685 --> 00:04:31.985 Help to educate

NOTE Confidence: 0.9993905

00:04:32.365 --> 00:04:33.025 our listeners.

NOTE Confidence: 0.995353

00:04:33.630 --> 00:04:34.210 Of course.

NOTE Confidence: 0.97280926

00:04:34.990 --> 00:04:36.270 So in taking a step

NOTE Confidence: 0.97280926

00:04:36.270 --> 00:04:37.229 back, we know that there

NOTE Confidence: 0.97280926

00:04:37.229 --> 00:04:38.990 are about thirteen million adults

NOTE Confidence: 0.97280926

00:04:38.990 --> 00:04:39.949 in the US with a

NOTE Confidence: 0.97280926

00:04:39.949 --> 00:04:40.850 serious illness.

NOTE Confidence: 0.9286211

00:04:42.110 --> 00:04:43.470 And patients with a serious

NOTE Confidence: 0.9286211

00:04:43.470 --> 00:04:44.990 illness often have needs that

NOTE Confidence: 0.9286211

00:04:44.990 --> 00:04:46.350 are unique

NOTE Confidence: 0.9286211

00:04:46.350 --> 00:04:47.889 and require a tailored approach

NOTE Confidence: 0.94845116

00:04:48.455 --> 00:04:49.895 and extra support in different

NOTE Confidence: 0.94845116

00:04:49.895 --> 00:04:51.335 areas, not only the

NOTE Confidence: 0.94845116

00:04:51.335 --> 00:04:53.515 physical experience, but their psychosocial

NOTE Confidence: 0.9793438

00:04:54.214 --> 00:04:56.055 experience, spiritual, and there's other

NOTE Confidence: 0.9793438

00:04:56.055 --> 00:04:57.675 areas that we focus on.

NOTE Confidence: 0.9621199

00:04:58.135 --> 00:04:59.495 But palliative medicine, the way

NOTE Confidence: 0.9621199

00:04:59.495 --> 00:05:00.375 I think about it, is

NOTE Confidence: 0.9621199

00:05:00.375 --> 00:05:01.035 subspecialized

NOTE Confidence: 0.9831862

00:05:01.335 --> 00:05:02.615 medical care for patients with

NOTE Confidence: 0.9831862

00:05:02.615 --> 00:05:04.300 a serious illness that is

NOTE Confidence: 0.9831862

00:05:04.300 --> 00:05:06.060 provided by high functioning teams,

00:05:07.180 --> 00:05:08.460 ones that are composed of

NOTE Confidence: 0.9982961

00:05:08.460 --> 00:05:08.960 physicians,

NOTE Confidence: 0.9990468

00:05:09.500 --> 00:05:10.880 nurses, nurse practitioners,

NOTE Confidence: 0.9952561

00:05:11.740 --> 00:05:13.360 chaplains, social workers,

NOTE Confidence: 0.9081729

00:05:13.980 --> 00:05:15.765 psychologists, pharmacists. So,

NOTE Confidence: 0.95618814

00:05:16.245 --> 00:05:18.405 multiple people of different training

NOTE Confidence: 0.95618814

00:05:18.725 --> 00:05:19.465 and backgrounds

NOTE Confidence: 0.9737916

00:05:19.925 --> 00:05:21.125 that all come together and

NOTE Confidence: 0.9737916

00:05:21.125 --> 00:05:22.585 try to figure out where

NOTE Confidence: 0.9737916

00:05:22.805 --> 00:05:24.325 extra support can be

NOTE Confidence: 0.9737916

00:05:24.325 --> 00:05:25.705 added to the patients. And

NOTE Confidence: 0.9737916

00:05:26.005 --> 00:05:27.765 the beautiful thing about palliative

NOTE Confidence: 0.9737916

00:05:27.765 --> 00:05:28.405 care is that it can

NOTE Confidence: 0.9737916

00:05:28.405 --> 00:05:29.605 be provided to patients at

NOTE Confidence: 0.9737916

00:05:29.605 --> 00:05:30.965 any age and any stage

NOTE Confidence: 0.9737916

00:05:30.965 --> 00:05:32.620 of an illness from diagnosis

NOTE Confidence: 0.9737916

00:05:32.620 --> 00:05:33.520 to later on.

NOTE Confidence: 0.9976376

00:05:33.979 --> 00:05:35.580 And people do not lose

NOTE Confidence: 0.9976376

00:05:35.580 --> 00:05:36.479 anything by

NOTE Confidence: 0.977696

00:05:36.779 --> 00:05:38.460 receiving palliative care because it's

NOTE Confidence: 0.977696

00:05:38.460 --> 00:05:39.979 just an extra layer of

NOTE Confidence: 0.977696

00:05:39.979 --> 00:05:41.419 support on top of what

NOTE Confidence: 0.977696

00:05:41.419 --> 00:05:42.620 their on. For example, their

NOTE Confidence: 0.977696

00:05:42.620 --> 00:05:44.220 oncologist is doing for them.

NOTE Confidence: 0.977696

00:05:44.220 --> 00:05:45.819 So hospice is a type

NOTE Confidence: 0.977696

00:05:45.819 --> 00:05:47.965 of palliative care that's only

NOTE Confidence: 0.977696

00:05:47.965 --> 00:05:49.165 provided, like you mentioned, to

NOTE Confidence: 0.977696

00:05:49.165 --> 00:05:49.665 patients

NOTE Confidence: 0.93849665

00:05:50.205 --> 00:05:50.925 who are thought to be

NOTE Confidence: 0.93849665

00:05:50.925 --> 00:05:52.205 in sort of the last

NOTE Confidence: 0.93849665

00:05:52.205 --> 00:05:53.505 six months of their lives

NOTE Confidence: 0.93849665

00:05:53.565 --> 00:05:54.365 but not

NOTE Confidence: 0.93849665

00:05:54.365 --> 00:05:56.205 necessarily the last week of

NOTE Confidence: 0.93849665

00:05:56.205 --> 00:05:58.445 their lives either. Absolutely. Yeah.

NOTE Confidence: 0.93849665

00:05:58.445 --> 00:05:59.345 And, you know,

NOTE Confidence: 0.9768799

00:05:59.805 --> 00:06:00.925 what we've found is that

NOTE Confidence: 0.9768799

00:06:00.925 --> 00:06:01.825 patients who

NOTE Confidence: 0.9826416

00:06:02.170 --> 00:06:04.330 enroll in hospice sooner get

NOTE Confidence: 0.9826416

00:06:04.330 --> 00:06:05.529 more time to benefit from

NOTE Confidence: 0.9826416

00:06:05.529 --> 00:06:06.570 the support and the services

NOTE Confidence: 0.9826416

00:06:06.570 --> 00:06:08.089 and actually have better quality

NOTE Confidence: 0.9826416

00:06:08.089 --> 00:06:09.370 of life. So we try

NOTE Confidence: 0.9826416

00:06:09.370 --> 00:06:10.589 to encourage that whenever

NOTE Confidence: 0.97194546

00:06:10.890 --> 00:06:12.589 we're seeing a situation

NOTE Confidence: 0.97194546

00:06:12.730 --> 00:06:14.730 where a patient may not

NOTE Confidence: 0.97194546

00:06:14.730 --> 00:06:16.285 want further treatment because it

NOTE Confidence: 0.97194546

00:06:16.285 --> 00:06:17.964 doesn't fit their goals or

NOTE Confidence: 0.97194546

00:06:17.964 --> 00:06:19.885 they aren't unfortunately a candidate

NOTE Confidence: 0.97194546

00:06:19.885 --> 00:06:21.325 for any more treatment, we

NOTE Confidence: 0.97194546

00:06:21.325 --> 00:06:22.205 try to get them as

NOTE Confidence: 0.97194546

00:06:22.205 --> 00:06:23.245 much support as we can

NOTE Confidence: 0.97194546

00:06:23.245 --> 00:06:24.605 at that moment. And hospice

NOTE Confidence: 0.97194546

00:06:24.605 --> 00:06:25.245 is one way to do

NOTE Confidence: 0.97194546

00:06:25.245 --> 00:06:25.745 that.

NOTE Confidence: 0.9800174

00:06:26.365 --> 00:06:28.285 And palliative care, as you've

NOTE Confidence: 0.9800174

00:06:28.285 --> 00:06:30.279 mentioned, goes way beyond hospice,

NOTE Confidence: 0.9800174

00:06:30.339 --> 00:06:31.860 and palliative care is

NOTE Confidence: 0.9800174

00:06:31.860 --> 00:06:33.160 really focused on

NOTE Confidence: 0.9967439

16

00:06:33.620 --> 00:06:34.120 maximizing

NOTE Confidence: 0.9704754

00:06:34.660 --> 00:06:36.900 patient comfort, not just physical

NOTE Confidence: 0.9704754

00:06:36.900 --> 00:06:38.339 comfort as you've already pointed

NOTE Confidence: 0.9704754

00:06:38.339 --> 00:06:40.440 out along the way.

NOTE Confidence: 0.9972542

00:06:41.620 --> 00:06:43.380 And, you know, I've often

NOTE Confidence: 0.9972542

00:06:43.380 --> 00:06:44.120 been struck

NOTE Confidence: 0.99947083

00:06:44.735 --> 00:06:46.275 by the fact that

NOTE Confidence: 0.90926194

00:06:46.654 --> 00:06:48.255 if someone's resistant

NOTE Confidence: 0.90926194

00:06:48.255 --> 00:06:49.315 to palliative care,

NOTE Confidence: 0.9914905

00:06:49.695 --> 00:06:51.615 that on some level, they're

NOTE Confidence: 0.9914905

00:06:51.615 --> 00:06:53.695 indicating that they are

NOTE Confidence: 0.9914905

00:06:53.695 --> 00:06:55.315 comfortable not being comfortable.

NOTE Confidence: 0.983077

00:06:55.695 --> 00:06:57.570 And of course, many

NOTE Confidence: 0.983077

00:06:57.570 --> 00:06:58.070 oncologists

NOTE Confidence: 0.9936241

00:06:58.449 --> 00:07:00.630 are fairly skilled at providing

NOTE Confidence: 0.98820484

00:07:01.410 --> 00:07:03.330 appropriate palliative care, but

NOTE Confidence: 0.98820484

00:07:03.330 --> 00:07:05.430 having a dedicated

NOTE Confidence: 0.98820484

00:07:05.570 --> 00:07:07.330 team member like you can

NOTE Confidence: 0.98820484

00:07:07.330 --> 00:07:08.550 often be very helpful.

NOTE Confidence: 0.94787455

00:07:09.010 --> 00:07:10.315 Yeah. We are

NOTE Confidence: 0.94787455

00:07:10.315 --> 00:07:11.515 so appreciative of when we're

NOTE Confidence: 0.94787455

00:07:11.515 --> 00:07:13.435 involved. And I think, one

NOTE Confidence: 0.94787455

00:07:13.435 --> 00:07:14.395 of the examples that comes

NOTE Confidence: 0.94787455

00:07:14.395 --> 00:07:15.375 to mind when I

NOTE Confidence: 0.9931822

00:07:16.955 --> 00:07:18.895 try to help people figure

NOTE Confidence: 0.9931822

00:07:19.035 --> 00:07:20.235 out the difference and realize

NOTE Confidence: 0.9931822

00:07:20.235 --> 00:07:21.755 the difference between the two

NOTE Confidence: 0.9931822

00:07:21.755 --> 00:07:23.775 fields, hospice and palliative care,

NOTE Confidence: 0.9527052

00:07:24.150 --> 00:07:25.590 is, by sharing a

NOTE Confidence: 0.9527052

00:07:25.590 --> 00:07:26.950 brief patient story without any

NOTE Confidence: 0.9527052

00:07:26.950 --> 00:07:28.150 details, but just to

NOTE Confidence: 0.9527052

00:07:28.150 --> 00:07:29.110 give people an idea of what

00:07:29.990 --> 00:07:31.350 it might look like. So

NOTE Confidence: 0.9842399

00:07:31.350 --> 00:07:32.410 one of my patients

NOTE Confidence: 0.9612121

00:07:33.430 --> 00:07:34.950 has metastatic breast cancer, and

NOTE Confidence: 0.9612121

00:07:34.950 --> 00:07:35.990 she's been seeing us

NOTE Confidence: 0.9612121

00:07:35.990 --> 00:07:37.190 for five years already. So

NOTE Confidence: 0.9612121

00:07:37.190 --> 00:07:38.230 we've been very involved in

NOTE Confidence: 0.9612121

00:07:38.230 --> 00:07:38.970 her care

NOTE Confidence: 0.9666587

00:07:39.495 --> 00:07:40.395 from diagnosis.

NOTE Confidence: 0.9617148

00:07:40.775 --> 00:07:42.055 And she's actually a patient

NOTE Confidence: 0.9617148

00:07:42.055 --> 00:07:42.855 of Doctor Sanft who I

NOTE Confidence: 0.9617148

00:07:42.855 --> 00:07:43.495 know you've had on the

NOTE Confidence: 0.9617148

00:07:43.495 --> 00:07:45.735 program recently, who's a very

NOTE Confidence: 0.9617148

00:07:45.735 --> 00:07:46.935 respected colleague of mine. And

NOTE Confidence: 0.9617148

00:07:46.935 --> 00:07:47.895 it's really nice to

NOTE Confidence: 0.9617148

00:07:47.895 --> 00:07:48.855 be able to collaborate with

NOTE Confidence: 0.9617148

00:07:48.855 --> 00:07:50.135 her. And one of the

NOTE Confidence: 0.9617148

00:07:50.135 --> 00:07:51.035 things we helped this

NOTE Confidence: 0.9317539

00:07:51.495 --> 00:07:53.150 patient, and other

NOTE Confidence: 0.9317539

00:07:53.150 --> 00:07:54.669 patients is with cancer related

NOTE Confidence: 0.9317539

00:07:54.669 --> 00:07:57.229 pain, nausea, other symptoms while

NOTE Confidence: 0.9317539

00:07:57.229 --> 00:07:59.150 she's going through different treatments

NOTE Confidence: 0.9317539

00:07:59.150 --> 00:07:59.650 that

NOTE Confidence: 0.9855295

00:08:00.110 --> 00:08:01.310 might change at different

NOTE Confidence: 0.9855295

00:08:01.310 --> 00:08:02.830 points in time. And so

00:08:03.789 --> 00:08:04.750 we see her every three

NOTE Confidence: 0.9855295

00:08:04.750 --> 00:08:06.845 months. We check-in on how

NOTE Confidence: 0.9855295

00:08:06.845 --> 00:08:07.985 she's doing physically,

NOTE Confidence: 0.97752786

00:08:08.445 --> 00:08:10.525 emotionally, and we celebrate the

NOTE Confidence: 0.97752786

00:08:10.525 --> 00:08:11.565 good things with her. So,

NOTE Confidence: 0.97752786

00:08:11.565 --> 00:08:12.845 for example, she went on

NOTE Confidence: 0.97752786

00:08:12.845 --> 00:08:14.285 a cruise recently. I was

NOTE Confidence: 0.97752786

00:08:14.285 --> 00:08:15.485 really excited that she was

NOTE Confidence: 0.97752786

00:08:15.485 --> 00:08:16.365 able to do that because

NOTE Confidence: 0.97752786

00:08:16.365 --> 00:08:17.670 she was feeling well enough

NOTE Confidence: 0.97752786

00:08:18.070 --> 00:08:19.510 to travel and spend

NOTE Confidence: 0.97752786

00:08:19.510 --> 00:08:20.710 that time. And it was

NOTE Confidence: 0.97752786

00:08:20.710 --> 00:08:21.990 really rewarding to know

NOTE Confidence: 0.97752786

00:08:21.990 --> 00:08:22.790 that we played

NOTE Confidence: 0.97752786

00:08:22.790 --> 00:08:23.910 a role in sort

NOTE Confidence: 0.97752786

00:08:23.910 --> 00:08:25.270 of making that happen. You

NOTE Confidence: 0.97752786

00:08:25.270 --> 00:08:26.310 know, and in much the

NOTE Confidence: 0.97752786

00:08:26.310 --> 00:08:28.250 same way that cancer treatment,

NOTE Confidence: 0.97752786

00:08:28.470 --> 00:08:30.070 the drugs we use to

NOTE Confidence: 0.97752786

00:08:30.070 --> 00:08:31.210 to treat cancers,

NOTE Confidence: 0.99085915

00:08:31.735 --> 00:08:33.255 have become ever so much

NOTE Confidence: 0.99085915

00:08:33.255 --> 00:08:35.275 more complicated over time.

NOTE Confidence: 0.998776

00:08:35.895 --> 00:08:38.955 Approaches to pain control, approaches

NOTE Confidence: 0.998776

00:08:39.175 --> 00:08:40.455 to the management of other

NOTE Confidence: 0.998776

00:08:40.455 --> 00:08:40.955 symptoms

NOTE Confidence: 0.95437205

00:08:41.495 --> 00:08:43.515 have also become more complicated,

NOTE Confidence: 0.9856747

00:08:43.895 --> 00:08:45.300 and it's pretty hard

NOTE Confidence: 0.9856747

00:08:45.300 --> 00:08:46.660 for any one individual to

NOTE Confidence: 0.9856747

00:08:46.660 --> 00:08:47.540 keep all of this in

NOTE Confidence: 0.9856747

00:08:47.540 --> 00:08:48.280 their head.

00:08:50.500 --> 00:08:52.340 I'll just use another

NOTE Confidence: 0.9808448

00:08:52.340 --> 00:08:54.179 example. You know, patients will

NOTE Confidence: 0.9808448

00:08:54.179 --> 00:08:56.520 occasionally ask for a medicine

NOTE Confidence: 0.9808448

00:08:56.580 --> 00:08:58.260 for depression or for some

NOTE Confidence: 0.9808448

00:08:58.260 --> 00:08:58.760 other

NOTE Confidence: 0.8715115

00:08:59.245 --> 00:09:00.944 emotional, psychological problem.

NOTE Confidence: 0.978354

00:09:01.485 --> 00:09:03.165 And my response is usually,

NOTE Confidence: 0.978354

00:09:03.165 --> 00:09:04.204 you know, I can give

NOTE Confidence: 0.978354

00:09:04.204 --> 00:09:05.404 you something, but I'm not

NOTE Confidence: 0.978354

00:09:05.404 --> 00:09:06.684 the expert in this area.

00:09:07.725 --> 00:09:09.404 I have expertise as

NOTE Confidence: 0.978354

00:09:09.404 --> 00:09:10.684 well, but I draw

NOTE Confidence: 0.978354

00:09:10.684 --> 00:09:12.285 more on my team members,

NOTE Confidence: 0.978354

00:09:12.285 --> 00:09:14.130 like my social worker. We

NOTE Confidence: 0.978354

00:09:14.130 --> 00:09:14.870 have a psychologist.

NOTE Confidence: 0.9950759

00:09:15.650 --> 00:09:16.530 So I think the beauty

NOTE Confidence: 0.9950759

00:09:16.530 --> 00:09:17.570 of our field is that

NOTE Confidence: 0.9950759

00:09:17.570 --> 00:09:19.410 we accept the fact that

NOTE Confidence: 0.9950759

00:09:19.410 --> 00:09:20.070 we know

NOTE Confidence: 0.99121916

00:09:20.450 --> 00:09:21.730 a certain degree

NOTE Confidence: 0.9808534

00:09:22.690 --> 00:09:23.670 of things about

NOTE Confidence: 0.9772062

00:09:24.450 --> 00:09:26.230 depression or pain or anxiety

00:09:27.204 --> 00:09:28.644 or nausea, but we draw

NOTE Confidence: 0.9704623

00:09:28.644 --> 00:09:29.845 on each other to really

NOTE Confidence: 0.9704623

00:09:29.845 --> 00:09:31.304 fill in the gaps. And

NOTE Confidence: 0.9704623

00:09:31.365 --> 00:09:32.565 I think talk therapy is

NOTE Confidence: 0.9704623

00:09:32.565 --> 00:09:33.925 really something that helps a

NOTE Confidence: 0.9704623

00:09:33.925 --> 00:09:34.804 lot of folks and

NOTE Confidence: 0.9823968

00:09:35.445 --> 00:09:36.964 support groups is another area

NOTE Confidence: 0.9823968

00:09:36.964 --> 00:09:38.245 where some of our patients

NOTE Confidence: 0.9823968

00:09:38.245 --> 00:09:38.885 come back to us and

NOTE Confidence: 0.9823968

00:09:38.885 --> 00:09:39.845 say, you know, it's amazing

NOTE Confidence: 0.9823968

00:09:39.845 --> 00:09:41.100 to really be in a

NOTE Confidence: 0.9823968

00:09:41.100 --> 00:09:42.559 group of people who understand

NOTE Confidence: 0.9823968

00:09:42.620 --> 00:09:43.660 and know what I'm going

NOTE Confidence: 0.9823968

00:09:43.660 --> 00:09:45.020 through. Even though there are

NOTE Confidence: 0.9823968

00:09:45.020 --> 00:09:46.059 plenty of people around me

NOTE Confidence: 0.9823968

00:09:46.059 --> 00:09:47.580 that kind of are

NOTE Confidence: 0.9823968

00:09:47.580 --> 00:09:48.700 aware of it, it's

NOTE Confidence: 0.9823968

00:09:48.700 --> 00:09:49.980 a totally different thing to be

00:09:51.020 --> 00:09:52.300 really talking about it with

NOTE Confidence: 0.98898154

24

00:09:52.300 --> 00:09:52.800 folks

NOTE Confidence: 0.90544206

00:09:53.205 --> 00:09:54.085 kind of in a similar

NOTE Confidence: 0.90544206

00:09:54.085 --> 00:09:54.585 situation.

NOTE Confidence: 0.995483

00:09:55.045 --> 00:09:56.645 Now, of course, when we

NOTE Confidence: 0.995483

00:09:56.645 --> 00:09:58.245 get other doctors involved in

NOTE Confidence: 0.995483

00:09:58.245 --> 00:09:59.465 caring for our patients,

NOTE Confidence: 0.99965876

00:09:59.845 --> 00:10:00.825 one of the

NOTE Confidence: 0.9953886

00:10:02.005 --> 00:10:03.705 key issues is sometimes

NOTE Confidence: 0.99856734

00:10:04.085 --> 00:10:04.585 communication

NOTE Confidence: 0.98609847

00:10:05.045 --> 00:10:06.600 among us. How do you

NOTE Confidence: 0.98609847

00:10:06.600 --> 00:10:07.720 approach that, and how do

NOTE Confidence: 0.98609847

00:10:07.720 --> 00:10:09.100 you think about that? Because,

NOTE Confidence: 0.9952054

00:10:09.880 --> 00:10:11.240 of course, there's always

NOTE Confidence: 0.9952054

00:10:11.240 --> 00:10:12.860 the potential when you have

NOTE Confidence: 0.9952054

00:10:13.000 --> 00:10:14.120 two and three and four

NOTE Confidence: 0.9952054

00:10:14.120 --> 00:10:15.400 doctors taking care of one

25

NOTE Confidence: 0.9952054

00:10:15.400 --> 00:10:15.900 patient

NOTE Confidence: 0.97518176

00:10:16.280 --> 00:10:17.900 that there are mixed messages

00:10:19.720 --> 00:10:20.540 and some miscommunication.

NOTE Confidence: 0.9814094

00:10:21.675 --> 00:10:23.115 That's such an important point.

NOTE Confidence: 0.9814094

00:10:23.115 --> 00:10:23.615 And

NOTE Confidence: 0.9809261

00:10:24.155 --> 00:10:25.615 what we know is that

NOTE Confidence: 0.9809261

00:10:25.675 --> 00:10:28.235 when we communicate better and

NOTE Confidence: 0.9809261

00:10:28.235 --> 00:10:28.715 more

NOTE Confidence: 0.79570603

00:10:29.115 --> 00:10:29.615 smoothly,

NOTE Confidence: 0.9163407

00:10:30.315 --> 00:10:31.915 without the patient there, I

NOTE Confidence: 0.9163407

00:10:31.915 --> 00:10:32.715 think when we talk to

NOTE Confidence: 0.9163407

00:10:32.715 --> 00:10:33.855 patients, we actually

NOTE Confidence: 0.97652215

00:10:34.179 --> 00:10:35.880 have a more uniform

NOTE Confidence: 0.9468356

00:10:36.580 --> 00:10:38.200 message that

NOTE Confidence: 0.9468356

00:10:38.340 --> 00:10:40.260 is the same from different

NOTE Confidence: 0.9468356

00:10:40.260 --> 00:10:41.540 people, which is so important

NOTE Confidence: 0.9468356

00:10:41.540 --> 00:10:42.340 because one of the things

NOTE Confidence: 0.9468356

00:10:42.340 --> 00:10:44.040 I hear that's so frustrating, and

00:10:45.140 --> 00:10:46.340 I can imagine this as

NOTE Confidence: 0.9622634

00:10:46.340 --> 00:10:47.860 well, is hearing one thing

NOTE Confidence: 0.9622634

00:10:47.860 --> 00:10:49.245 from one doctor and then

NOTE Confidence: 0.9622634

00:10:49.404 --> 00:10:50.765 another thing from another nurse.

NOTE Confidence: 0.9622634

00:10:50.765 --> 00:10:52.464 And so we really emphasize

NOTE Confidence: 0.9622634

00:10:52.684 --> 00:10:54.145 working together closely

NOTE Confidence: 0.9525716

00:10:54.684 --> 00:10:55.885 and supporting each other because

NOTE Confidence: 0.9525716

00:10:55.885 --> 00:10:56.925 a lot of these

NOTE Confidence: 0.9818399

00:10:57.565 --> 00:10:58.925 experiences we have in medicine

NOTE Confidence: 0.9818399

00:10:58.925 --> 00:11:01.005 as clinicians can be really

NOTE Confidence: 0.9818399

00:11:01.005 --> 00:11:01.804 challenging and

NOTE Confidence: 0.9366403

00:11:02.960 --> 00:11:03.920 sort of lead us to

NOTE Confidence: 0.9366403

00:11:03.920 --> 00:11:05.200 feel like how can

NOTE Confidence: 0.9366403

00:11:05.200 --> 00:11:06.640 we provide empathy when we're

NOTE Confidence: 0.9366403

00:11:06.640 --> 00:11:08.080 going through such a difficult

NOTE Confidence: 0.9366403

00:11:08.080 --> 00:11:10.179 times ourselves. But I think

NOTE Confidence: 0.9366403

00:11:10.320 --> 00:11:11.520 as we support each other,

NOTE Confidence: 0.9366403

00:11:11.520 --> 00:11:13.360 that's another benefit of

NOTE Confidence: 0.9366403

00:11:13.360 --> 00:11:14.420 having such an interdisciplinary

NOTE Confidence: 0.9272156

00:11:14.720 --> 00:11:16.080 team. We can provide better

NOTE Confidence: 0.9272156

00:11:16.080 --> 00:11:17.220 care and more

NOTE Confidence: 0.9555847

00:11:18.695 --> 00:11:20.455 consistent message and communication to

NOTE Confidence: 0.9555847

00:11:20.455 --> 00:11:21.355 the patients too.

NOTE Confidence: 0.9872497

00:11:21.815 --> 00:11:22.855 You know, I haven't done

NOTE Confidence: 0.9872497

00:11:22.855 --> 00:11:23.355 this

NOTE Confidence: 0.97114474

00:11:23.895 --> 00:11:24.775 to the best of

NOTE Confidence: 0.97114474

00:11:24.775 --> 00:11:26.535 my recollection with working with

NOTE Confidence: 0.97114474

00:11:26.535 --> 00:11:27.975 a palliative care doctor. But

NOTE Confidence: 0.97114474

00:11:27.975 --> 00:11:29.735 oftentimes, when patients are referred

NOTE Confidence: 0.97114474

00:11:29.735 --> 00:11:31.435 in by other oncologists

NOTE Confidence: 0.9659713

00:11:31.815 --> 00:11:32.935 in the presence of the

NOTE Confidence: 0.9659713

00:11:32.935 --> 00:11:33.435 patient,

NOTE Confidence: 0.9969774

00:11:33.870 --> 00:11:35.970 I will use my

NOTE Confidence: 0.9969774

00:11:36.030 --> 00:11:36.770 cell phone

NOTE Confidence: 0.9690617

00:11:37.230 --> 00:11:39.470 and call the oncologist and

NOTE Confidence: 0.9690617

00:11:39.470 --> 00:11:40.990 put that person on speaker

NOTE Confidence: 0.9690617

00:11:40.990 --> 00:11:42.270 phone so that we're all

NOTE Confidence: 0.9690617

00:11:42.270 --> 00:11:43.410 communicating together.

NOTE Confidence: 0.9907721

00:11:43.950 --> 00:11:44.990 And I found that to

NOTE Confidence: 0.9907721

00:11:44.990 --> 00:11:46.670 be very useful in much

NOTE Confidence: 0.9907721

00:11:46.670 --> 00:11:47.390 the same way that I

NOTE Confidence: 0.9907721

00:11:47.390 --> 00:11:49.250 would imagine that for you,

NOTE Confidence: 0.9995804

00:11:49.925 --> 00:11:51.704 communicating together is often

NOTE Confidence: 0.97486204

00:11:52.485 --> 00:11:54.005 really a way

NOTE Confidence: 0.97486204

00:11:54.005 --> 00:11:55.524 of avoiding a lot of

NOTE Confidence: 0.97486204

00:11:55.524 --> 00:11:56.024 challenges.

NOTE Confidence: 0.9779403

00:11:56.725 --> 00:11:57.925 I love that idea, Eric.

NOTE Confidence: 0.9779403

00:11:57.925 --> 00:11:59.204 And, you know, that's something

NOTE Confidence: 0.9779403

00:11:59.204 --> 00:12:00.084 I could probably do more

NOTE Confidence: 0.9779403

00:12:00.084 --> 00:12:01.445 often, but what worked

NOTE Confidence: 0.9779403

00:12:01.605 --> 00:12:02.245 for a lot of my

NOTE Confidence: 0.9779403

00:12:02.245 --> 00:12:03.684 colleagues and myself is

NOTE Confidence: 0.9779403

00:12:03.684 --> 00:12:04.084 also

NOTE Confidence: 0.99932176

00:12:04.700 --> 00:12:05.520 even if it's just messaging

NOTE Confidence: 0.972544

00:12:06.220 --> 00:12:07.820 before and after appointments because

NOTE Confidence: 0.972544

00:12:07.820 --> 00:12:09.580 everyone's so busy. But when

NOTE Confidence: 0.972544

00:12:09.580 --> 00:12:10.779 I have that opportunity, I

NOTE Confidence: 0.972544

00:12:10.779 --> 00:12:12.880 always jump on it, because

NOTE Confidence: 0.972544

00:12:13.100 --> 00:12:14.540 patients wanna know that the

NOTE Confidence: 0.972544

00:12:14.540 --> 00:12:16.140 people that they trust, their

NOTE Confidence: 0.972544

00:12:16.140 --> 00:12:17.820 oncologist, their primary care doctor

NOTE Confidence: 0.972544

00:12:17.820 --> 00:12:18.880 in many circumstances

NOTE Confidence: 0.9185621

00:12:19.385 --> 00:12:20.825 are involved and agree

NOTE Confidence: 0.9185621

00:12:20.825 --> 00:12:22.205 with what's going on. So

NOTE Confidence: 0.9185621

00:12:22.265 --> 00:12:23.385 we definitely try to incorporate

NOTE Confidence: 0.9185621

00:12:23.385 --> 00:12:23.885 everyone.

NOTE Confidence: 0.9818672

00:12:24.425 --> 00:12:25.464 Well, we're gonna have to

NOTE Confidence: 0.9818672

00:12:25.464 --> 00:12:26.904 take a break in about

NOTE Confidence: 0.9818672

00:12:26.904 --> 00:12:28.265 a minute. But let me

NOTE Confidence: 0.9818672

00:12:28.265 --> 00:12:30.184 just ask you one question

NOTE Confidence: 0.9818672

00:12:30.184 --> 00:12:31.885 before the break, which is,

NOTE Confidence: 0.99543154

00:12:32.300 --> 00:12:34.480 how old is palliative care

NOTE Confidence: 0.99543154

00:12:34.540 --> 00:12:35.980 in the world of

NOTE Confidence: 0.99543154

00:12:35.980 --> 00:12:36.480 cancer?

NOTE Confidence: 0.9778881

00:12:36.940 --> 00:12:38.059 When did this all start,

NOTE Confidence: 0.9778881

00:12:38.059 --> 00:12:39.019 and when do you

NOTE Confidence: 0.9778881

00:12:39.019 --> 00:12:40.800 feel that it really

NOTE Confidence: 0.9986585

00:12:41.260 --> 00:12:42.459 picked up in terms of

NOTE Confidence: 0.9986585

00:12:42.459 --> 00:12:44.720 getting traction among the

NOTE Confidence: 0.9986585

00:12:44.860 --> 00:12:46.079 oncology community?

NOTE Confidence: 0.9652875

00:12:46.934 --> 00:12:47.735 That's a good one to

NOTE Confidence: 0.9652875

00:12:47.735 --> 00:12:49.495 answer in forty five seconds,

NOTE Confidence: 0.9652875

00:12:49.495 --> 00:12:50.855 but I

NOTE Confidence: 0.9652875

00:12:50.855 --> 00:12:51.815 think I can do it.

NOTE Confidence: 0.9652875

00:12:51.815 --> 00:12:53.415 So, palliative care as an

NOTE Confidence: 0.9652875

00:12:53.415 --> 00:12:54.855 idea has been around since

NOTE Confidence: 0.9652875

00:12:54.855 --> 00:12:56.855 the sixties, nineteen fifties and

NOTE Confidence: 0.9652875

00:12:56.855 --> 00:12:57.915 sixties when

NOTE Confidence: 0.97038007

00:12:58.375 --> 00:12:59.575 folks around the world,

NOTE Confidence: 0.97038007

00:12:59.575 --> 00:13:00.695 but I think primarily in

NOTE Confidence: 0.97038007

00:13:00.695 --> 00:13:02.600 the UK, recognized that patients

NOTE Confidence: 0.97038007

00:13:02.600 --> 00:13:03.820 who were dying of cancer

NOTE Confidence: 0.97038007

00:13:04.040 --> 00:13:05.720 had very poorly controlled symptoms

NOTE Confidence: 0.97038007

00:13:05.720 --> 00:13:07.980 and very little support.

NOTE Confidence: 0.97038007

00:13:08.040 --> 00:13:08.840 And so there was this

NOTE Confidence: 0.97038007

00:13:08.840 --> 00:13:09.800 movement

NOTE Confidence: 0.96550596

00:13:10.520 --> 00:13:12.680 abroad to build that support,

NOTE Confidence: 0.96550596

00:13:12.680 --> 00:13:13.800 and it turned into the

NOTE Confidence: 0.96550596

00:13:13.800 --> 00:13:15.100 hospice movement in

NOTE Confidence: 0.95250523

00:13:15.404 --> 00:13:17.005 the nineteen seventies and eighties

NOTE Confidence: 0.95250523

00:13:17.005 --> 00:13:19.084 with Connecticut hospice in Branford

NOTE Confidence: 0.95250523

00:13:19.084 --> 00:13:19.804 being the first one in

NOTE Confidence: 0.95250523

00:13:19.804 --> 00:13:20.785 the United States.

NOTE Confidence: 0.96325994

00:13:22.045 --> 00:13:22.365 And,

NOTE Confidence: 0.9327518

00:13:23.005 --> 00:13:24.845 what happened then was this

00:13:26.125 --> 00:13:27.584 growth from hospice,

NOTE Confidence: 0.96807706

00:13:28.059 --> 00:13:29.339 of the palliative care movement

NOTE Confidence: 0.96807706

33

00:13:29.339 --> 00:13:31.120 recognizing that, you know, patients

NOTE Confidence: 0.96807706

00:13:31.259 --> 00:13:32.379 way earlier than the end

NOTE Confidence: 0.96807706

00:13:32.379 --> 00:13:33.339 of their lives need the

NOTE Confidence: 0.96807706

00:13:33.339 --> 00:13:34.940 support as well while they're

NOTE Confidence: 0.96807706

00:13:34.940 --> 00:13:36.300 going through the treatment, and

NOTE Confidence: 0.96807706

00:13:36.300 --> 00:13:37.179 that could be for many

NOTE Confidence: 0.96807706

00:13:37.179 --> 00:13:38.000 years.

NOTE Confidence: 0.9268555

00:13:38.459 --> 00:13:39.179 So that was

NOTE Confidence: 0.9268555

00:13:39.179 --> 00:13:40.059 a huge gap that I

NOTE Confidence: 0.9268555

00:13:40.059 --> 00:13:41.420 think grew in the early

NOTE Confidence: 0.9268555

00:13:41.420 --> 00:13:42.620 two thousands and with

NOTE Confidence: 0.98129433

00:13:43.355 --> 00:13:45.295 our specialty being recognized actually

NOTE Confidence: 0.98129433

00:13:45.434 --> 00:13:46.394 in two thousand eight. So

NOTE Confidence: 0.98129433

00:13:46.394 --> 00:13:47.675 it hasn't been too long

NOTE Confidence: 0.98129433

00:13:47.675 --> 00:13:49.355 with that official recognition,

NOTE Confidence: 0.98129433

00:13:49.355 --> 00:13:50.235 but the ideas have been

NOTE Confidence: 0.98129433

00:13:50.235 --> 00:13:51.434 around for a while.

NOTE Confidence: 0.98129433

00:13:51.434 --> 00:13:53.615 An old problem, but a field,

NOTE Confidence: 0.9863798

00:13:54.475 --> 00:13:56.014 maybe not in its infancy,

NOTE Confidence: 0.9863798

00:13:56.074 --> 00:13:57.934 but certainly not beyond adolescence.

NOTE Confidence: 0.9976958

00:13:58.820 --> 00:13:59.320 Alright.

NOTE Confidence: 0.9911783

00:13:59.780 --> 00:14:01.460 We will take a brief

NOTE Confidence: 0.9911783

00:14:01.460 --> 00:14:02.500 break, and we'll be back

NOTE Confidence: 0.9911783

00:14:02.500 --> 00:14:03.540 with you in just a

NOTE Confidence: 0.9911783

00:14:03.540 --> 00:14:04.040 minute.

NOTE Confidence: 0.96062136

00:14:04.420 --> 00:14:06.100 Support for Yale Cancer Answers

NOTE Confidence: 0.96062136

00:14:06.100 --> 00:14:07.960 comes from Smilow Cancer Hospital,

NOTE Confidence: 0.98676646

00:14:08.420 --> 00:14:10.200 where their thyroid care ablation

NOTE Confidence: 0.98676646

00:14:10.260 --> 00:14:12.600 program offers an alternative nonsurgical

NOTE Confidence: 0.9866012

00:14:13.059 --> 00:14:14.975 approach to treating symptomatic or

NOTE Confidence: 0.9866012

00:14:14.975 --> 00:14:17.235 aesthetically unappealing thyroid nodules.

NOTE Confidence: 0.836316

00:14:17.775 --> 00:14:18.275 Smilowcancerhospital

NOTE Confidence: 0.99375993

00:14:19.375 --> 00:14:20.115 dot org.

NOTE Confidence: 0.9968791

00:14:21.775 --> 00:14:24.335 The American Cancer Society estimates

NOTE Confidence: 0.9968791

00:14:24.335 --> 00:14:25.615 that more than sixty five

NOTE Confidence: 0.9968791

00:14:25.615 --> 00:14:27.555 thousand Americans will be diagnosed

NOTE Confidence: 0.9968791

00:14:27.615 --> 00:14:28.949 with head and neck cancer

NOTE Confidence: 0.9968791

00:14:28.949 --> 00:14:29.449 this

NOTE Confidence: 0.9935443

00:14:29.990 --> 00:14:31.189 year, making up about four

NOTE Confidence: 0.9935443

00:14:31.189 --> 00:14:33.050 percent of all cancers diagnosed.

NOTE Confidence: 0.9957642

00:14:33.829 --> 00:14:35.829 When detected early, however, head

NOTE Confidence: 0.9957642

00:14:35.829 --> 00:14:37.350 and neck cancers are easily

NOTE Confidence: 0.9957642

00:14:37.350 --> 00:14:38.889 treated and highly curable.

NOTE Confidence: 0.9433942

00:14:39.509 --> 00:14:41.509 Clinical trials are currently underway

NOTE Confidence: 0.9433942

00:14:41.509 --> 00:14:44.085 at federally designated comprehensive cancer

NOTE Confidence: 0.9433942

00:14:44.325 --> 00:14:46.325 centers such as Yale Cancer

NOTE Confidence: 0.9433942

00:14:46.325 --> 00:14:48.005 Center and at Smilow Cancer

NOTE Confidence: 0.9433942

00:14:48.005 --> 00:14:48.505 Hospital

NOTE Confidence: 0.9897965

00:14:48.885 --> 00:14:50.805 to test innovative new treatments

NOTE Confidence: 0.9897965

00:14:50.805 --> 00:14:52.105 for head and neck cancers.

NOTE Confidence: 0.98368937

00:14:52.725 --> 00:14:54.485 Yale Cancer Center was recently

NOTE Confidence: 0.98368937

00:14:54.485 --> 00:14:56.165 awarded grants from the National

NOTE Confidence: 0.98368937

00:14:56.165 --> 00:14:58.019 Institutes of Health to fund

NOTE Confidence: 0.98368937

00:14:58.019 --> 00:14:59.459 the Yale Head and Neck

NOTE Confidence: 0.98368937

00:14:59.459 --> 00:15:02.100 Cancer Specialized Program of Research

NOTE Confidence: 0.98368937

00:15:02.100 --> 00:15:02.600 Excellence,

NOTE Confidence: 0.9748342

00:15:03.139 --> 00:15:03.959 or SPORE,

NOTE Confidence: 0.9925956

00:15:04.339 --> 00:15:06.180 to address critical barriers to

NOTE Confidence: 0.9925956

00:15:06.180 --> 00:15:07.380 treatment of head and neck

NOTE Confidence: 0.9925956

00:15:07.380 --> 00:15:09.380 squamous cell carcinoma due to

NOTE Confidence: 0.9925956

00:15:09.380 --> 00:15:11.800 resistance to immune DNA damaging

NOTE Confidence: 0.9925956

00:15:11.940 --> 00:15:13.240 and targeted therapy.

NOTE Confidence: 0.9814712

00:15:13.835 --> 00:15:15.515 More information is available at

NOTE Confidence: 0.9814712

00:15:15.515 --> 00:15:17.295 yale cancer center dot org.

NOTE Confidence: 0.9814712

00:15:17.595 --> 00:15:19.355 You're listening to Connecticut Public

NOTE Confidence: 0.9814712

00:15:19.355 --> 00:15:19.855 Radio.

NOTE Confidence: 0.84010005

00:15:21.115 --> 00:15:22.475 This is Eric Winer with

NOTE Confidence: 0.84010005

00:15:22.475 --> 00:15:23.775 Yale Cancer Answers.

NOTE Confidence: 0.89185363

00:15:24.555 --> 00:15:26.715 I'm joined tonight by our

NOTE Confidence: 0.89185363

00:15:26.715 --> 00:15:28.255 guest, doctor Dmitry

NOTE Confidence: 0.8943679

00:15:29.010 --> 00:15:29.510 Kozhevnikov,

NOTE Confidence: 0.9620655

00:15:30.850 --> 00:15:32.790 who is an assistant professor

NOTE Confidence: 0.9646344

00:15:33.570 --> 00:15:35.350 at Yale School of Medicine,

NOTE Confidence: 0.9649228

00:15:36.130 --> 00:15:37.590 in the Department of Medicine,

NOTE Confidence: 0.9917646

00:15:38.610 --> 00:15:40.470 and is a palliative care

NOTE Confidence: 0.9917646

00:15:40.530 --> 00:15:41.750 expert directing

NOTE Confidence: 0.9997042

00:15:42.050 --> 00:15:42.550 our

NOTE Confidence: 0.9981164

00:15:43.025 --> 00:15:44.965 ambulatory palliative care program.

NOTE Confidence: 0.9045607

00:15:49.185 --> 00:15:50.485 Let's get back to the discussion

NOTE Confidence: 0.98112965

00:15:50.705 --> 00:15:51.205 about

NOTE Confidence: 0.9677359

00:15:52.465 --> 00:15:54.965 palliative care and when palliative

NOTE Confidence: 0.9677359

00:15:55.105 --> 00:15:55.925 care started.

NOTE Confidence: 0.9994105

00:15:57.710 --> 00:15:59.310 When do you think that,

NOTE Confidence: 0.979207

00:16:00.510 --> 00:16:01.870 and I realize there's no

NOTE Confidence: 0.979207

00:16:01.870 --> 00:16:03.870 single answer to this, but

NOTE Confidence: 0.979207

00:16:03.870 --> 00:16:04.830 when do you think it's

NOTE Confidence: 0.979207

00:16:04.830 --> 00:16:06.450 the right time to introduce

NOTE Confidence: 0.979207

00:16:06.590 --> 00:16:07.330 the concept

NOTE Confidence: 0.9995064

00:16:07.870 --> 00:16:09.170 of palliative care

NOTE Confidence: 0.9992827

00:16:09.550 --> 00:16:11.330 to a patient with cancer?

NOTE Confidence: 0.98936355

00:16:13.025 --> 00:16:14.385 You know, it's probably not

NOTE Confidence: 0.98936355

00:16:14.385 --> 00:16:16.325 something you're gonna introduce to

NOTE Confidence: 0.99929565

00:16:16.785 --> 00:16:18.405 a woman with

NOTE Confidence: 0.96966815

39

00:16:19.185 --> 00:16:21.185 very early stage breast cancer

NOTE Confidence: 0.96966815

00:16:21.185 --> 00:16:22.785 who's having a lumpectomy and

NOTE Confidence: 0.96966815

00:16:22.785 --> 00:16:24.900 radiation and going on a

NOTE Confidence: 0.96966815

00:16:25.140 --> 00:16:26.680 pill to prevent a recurrence.

NOTE Confidence: 0.96966815

00:16:26.820 --> 00:16:27.320 But

NOTE Confidence: 0.987212

00:16:27.700 --> 00:16:28.980 what are the situations where

NOTE Confidence: 0.987212

00:16:28.980 --> 00:16:30.420 you think about this?

NOTE Confidence: 0.987212

00:16:30.420 --> 00:16:31.140 I think about this a

NOTE Confidence: 0.987212

00:16:31.140 --> 00:16:31.940 lot. And, you know, one

NOTE Confidence: 0.987212

00:16:31.940 --> 00:16:32.820 of the challenges that we

NOTE Confidence: 0.987212

00:16:32.820 --> 00:16:33.800 face is that

NOTE Confidence: 0.95782644

00:16:34.260 --> 00:16:35.540 there is a shortage of

NOTE Confidence: 0.95782644

00:16:35.540 --> 00:16:36.660 palliative care experts in the

NOTE Confidence: 0.95782644

00:16:36.660 --> 00:16:37.860 country. For example,

NOTE Confidence: 0.95782644

00:16:37.860 --> 00:16:39.880 for every hundred thousand patients or

00:16:41.084 --> 00:16:42.285 folks

NOTE Confidence: 0.98777014

00:16:42.285 --> 00:16:43.805 in the country, there are

NOTE Confidence: 0.98777014

00:16:43.805 --> 00:16:45.745 eight cardiologists and five oncologists,

NOTE Confidence: 0.98777014

00:16:45.884 --> 00:16:47.084 but only two palliative care

NOTE Confidence: 0.98777014

00:16:47.084 --> 00:16:48.524 physicians. So this kind of

NOTE Confidence: 0.98777014

00:16:48.524 --> 00:16:50.125 illustrates the challenges that we

NOTE Confidence: 0.98777014

00:16:50.125 --> 00:16:52.045 are juggling when we're thinking

NOTE Confidence: 0.98777014

00:16:52.045 --> 00:16:53.245 about who to

NOTE Confidence: 0.98777014

00:16:53.245 --> 00:16:54.444 get involved with and how

NOTE Confidence: 0.98777014

00:16:54.444 --> 00:16:54.944 early.

NOTE Confidence: 0.86136484

00:16:55.790 --> 00:16:57.149 Technically, we can get involved

NOTE Confidence: 0.86136484

00:16:57.149 --> 00:16:59.410 in patients care at diagnosis.

NOTE Confidence: 0.9427261

00:17:00.029 --> 00:17:00.990 But what I've

NOTE Confidence: 0.949259

00:17:01.709 --> 00:17:03.470 found in working with oncologists

NOTE Confidence: 0.949259

00:17:03.470 --> 00:17:04.530 and some of the research

NOTE Confidence: 0.949259

00:17:04.669 --> 00:17:05.869 that's happened over the past

NOTE Confidence: 0.949259

00:17:05.869 --> 00:17:07.309 few years, kind of is

NOTE Confidence: 0.949259

00:17:07.309 --> 00:17:08.270 trying to find that sweet

NOTE Confidence: 0.949259

00:17:08.270 --> 00:17:09.595 spot of, you know, it

NOTE Confidence: 0.949259

00:17:09.595 --> 00:17:10.715 seems to be more when

NOTE Confidence: 0.949259

00:17:10.715 --> 00:17:12.335 patients have some sort of

NOTE Confidence: 0.949259

00:17:12.554 --> 00:17:13.515 unmet need.

NOTE Confidence: 0.9568673

00:17:13.835 --> 00:17:14.794 And and that could be,

NOTE Confidence: 0.9568673

00:17:14.794 --> 00:17:17.135 again, physical with cancer related

NOTE Confidence: 0.9568673

00:17:17.195 --> 00:17:18.895 pain. That could be symptoms

NOTE Confidence: 0.9568673

00:17:19.115 --> 00:17:20.154 that are related to their

NOTE Confidence: 0.9568673

00:17:20.154 --> 00:17:21.230 treatments. And

NOTE Confidence: 0.9403707

00:17:22.730 --> 00:17:23.850 those are the patients that

NOTE Confidence: 0.9403707

00:17:23.850 --> 00:17:25.130 I think benefit the most

NOTE Confidence: 0.9403707

00:17:25.130 --> 00:17:26.350 and come back to us.

NOTE Confidence: 0.96256757

00:17:26.650 --> 00:17:27.770 It can't hurt to explain

NOTE Confidence: 0.96256757

00:17:27.770 --> 00:17:28.890 what palliative care is to

NOTE Confidence: 0.96256757

00:17:28.890 --> 00:17:30.590 any patient with cancer, but

NOTE Confidence: 0.96256757

00:17:30.809 --> 00:17:31.850 but getting them to come

NOTE Confidence: 0.96256757

00:17:31.850 --> 00:17:33.290 to another appointment can often

NOTE Confidence: 0.96256757

00:17:33.290 --> 00:17:35.049 be challenging with so many

NOTE Confidence: 0.96256757

00:17:35.049 --> 00:17:36.695 other appointments. So it's sort

NOTE Confidence: 0.96256757

00:17:36.695 --> 00:17:37.975 of weighing the benefits

NOTE Confidence: 0.96256757

00:17:37.975 --> 00:17:38.935 and the burdens of

NOTE Confidence: 0.96256757

00:17:38.935 --> 00:17:39.835 that as well.

NOTE Confidence: 0.99070483

00:17:40.135 --> 00:17:41.675 And do you feel like,

NOTE Confidence: 0.99070483

00:17:41.895 --> 00:17:43.515 you know, in these last

NOTE Confidence: 0.99070483

00:17:43.655 --> 00:17:44.555 twenty years

NOTE Confidence: 0.95725334

00:17:45.095 --> 00:17:46.715 that the field has has

NOTE Confidence: 0.95725334

00:17:46.855 --> 00:17:48.075 changed a great deal?

NOTE Confidence: 0.9948655

00:17:48.855 --> 00:17:50.155 I do. Yeah. I think

NOTE Confidence: 0.9948655

00:17:50.440 --> 00:17:51.880 twenty years ago, the focus

NOTE Confidence: 0.9948655

00:17:51.880 --> 00:17:53.020 was more on

NOTE Confidence: 0.95182496

00:17:53.640 --> 00:17:55.880 building inpatient palliative care teams.

NOTE Confidence: 0.95182496

00:17:55.880 --> 00:17:57.000 So teams that are

NOTE Confidence: 0.95182496

00:17:57.000 --> 00:17:58.359 seeing patients while they're in

NOTE Confidence: 0.95182496

00:17:58.359 --> 00:17:58.940 the hospital,

NOTE Confidence: 0.9904961

00:17:59.320 --> 00:18:00.520 admitted with some sort of

NOTE Confidence: 0.9904961

00:18:00.520 --> 00:18:01.340 acute issue.

NOTE Confidence: 0.9883991

00:18:01.720 --> 00:18:03.580 And that has really

NOTE Confidence: 0.9883991

00:18:03.880 --> 00:18:05.080 been a huge area of

NOTE Confidence: 0.9883991

00:18:05.080 --> 00:18:06.445 growth to the point where

NOTE Confidence: 0.9883991

00:18:06.445 --> 00:18:07.645 now, you know, ninety percent

NOTE Confidence: 0.9883991

00:18:07.645 --> 00:18:08.605 of all hospitals in the

NOTE Confidence: 0.9883991

00:18:08.605 --> 00:18:10.045 country have at least some

NOTE Confidence: 0.9883991

00:18:10.045 --> 00:18:11.585 sort of palliative care team.

NOTE Confidence: 0.9883991

00:18:11.645 --> 00:18:12.845 And what's happening now is

NOTE Confidence: 0.9883991

00:18:12.845 --> 00:18:14.605 the realization that while we don't

NOTE Confidence: 0.9883991

00:18:15.485 --> 00:18:17.565 provide these services sooner before

NOTE Confidence: 0.99632156

00:18:17.565 --> 00:18:18.840 patients get sick

NOTE Confidence: 0.970658

00:18:19.320 --> 00:18:20.679 while they're stable and going

NOTE Confidence: 0.970658

00:18:20.679 --> 00:18:22.700 through treatment in the outpatient

NOTE Confidence: 0.970658

00:18:22.840 --> 00:18:24.279 setting. And so the

NOTE Confidence: 0.970658

00:18:24.279 --> 00:18:26.600 growth of ambulatory, or

NOTE Confidence: 0.970658

00:18:26.600 --> 00:18:28.140 outpatient palliative care

NOTE Confidence: 0.9913021

00:18:28.520 --> 00:18:30.279 teams has picked up

NOTE Confidence: 0.9913021

00:18:30.279 --> 00:18:31.240 over the last few years as

00:18:32.145 --> 00:18:33.744 patients and families and

NOTE Confidence: 0.9683357

00:18:34.065 --> 00:18:35.905 clinicians and hospital systems

NOTE Confidence: 0.9683357

00:18:35.905 --> 00:18:37.365 realize the benefits

NOTE Confidence: 0.873501

00:18:37.744 --> 00:18:39.205 of involving us sooner.

NOTE Confidence: 0.99817204

00:18:40.785 --> 00:18:41.285 And

NOTE Confidence: 0.98094475

00:18:41.744 --> 00:18:42.725 is inpatient

NOTE Confidence: 0.9907336

00:18:43.105 --> 00:18:44.244 palliative care

NOTE Confidence: 0.82543945

00:18:44.865 --> 00:18:45.365 or,

NOTE Confidence: 0.9771604

00:18:46.420 --> 00:18:48.820 institutions like Connecticut Hospice that,

NOTE Confidence: 0.9771604

00:18:48.820 --> 00:18:49.800 you know, initially

NOTE Confidence: 0.9284955

00:18:50.420 --> 00:18:50.920 had

NOTE Confidence: 0.9859079

00:18:52.500 --> 00:18:54.100 dozens and dozens of patients

NOTE Confidence: 0.9859079

00:18:54.100 --> 00:18:56.100 there who were

NOTE Confidence: 0.9859079

00:18:56.100 --> 00:18:57.140 living the end of their

NOTE Confidence: 0.9859079

00:18:57.140 --> 00:18:58.359 life in a facility,

NOTE Confidence: 0.96423364

00:18:59.155 --> 00:19:00.835 has that remained the same

NOTE Confidence: 0.96423364

00:19:00.835 --> 00:19:02.035 way, or is there more

NOTE Confidence: 0.96423364

00:19:02.035 --> 00:19:02.994 of a push to get

NOTE Confidence: 0.96423364

00:19:02.994 --> 00:19:03.815 people home?

NOTE Confidence: 0.98414654

00:19:05.075 --> 00:19:06.675 I think that most people

NOTE Confidence: 0.98414654

00:19:06.675 --> 00:19:07.635 wanna be at home. There

NOTE Confidence: 0.98414654

00:19:07.635 --> 00:19:09.234 are certainly cases that are

NOTE Confidence: 0.98414654

00:19:09.234 --> 00:19:10.595 really challenging to treat at

NOTE Confidence: 0.98414654

00:19:10.595 --> 00:19:12.030 home, whether that's because of

NOTE Confidence: 0.98414654

00:19:12.030 --> 00:19:14.210 symptoms or limited support.

NOTE Confidence: 0.951154

00:19:14.990 --> 00:19:16.430 But about ninety five or

NOTE Confidence: 0.951154

00:19:16.430 --> 00:19:17.869 ninety six percent of patients

NOTE Confidence: 0.951154

00:19:17.869 --> 00:19:19.250 on hospice in the country

NOTE Confidence: 0.951154

00:19:19.390 --> 00:19:20.290 are at home

NOTE Confidence: 0.95460576

00:19:20.590 --> 00:19:21.890 or outside of the hospital.

NOTE Confidence: 0.8916746

00:19:23.230 --> 00:19:24.684 And there is a push

NOTE Confidence: 0.8916746

00:19:24.684 --> 00:19:25.725 really, I would say, to

NOTE Confidence: 0.8916746

00:19:25.725 --> 00:19:27.164 align the treatment that we're

NOTE Confidence: 0.8916746

00:19:27.164 --> 00:19:27.664 giving

NOTE Confidence: 0.98944604

00:19:28.125 --> 00:19:28.705 to patients

NOTE Confidence: 0.8751008

00:19:29.725 --> 00:19:31.004 and the families with what

NOTE Confidence: 0.8751008

00:19:31.004 --> 00:19:32.445 their goals are within limits,

NOTE Confidence: 0.8751008

00:19:32.445 --> 00:19:33.585 obviously. And there

NOTE Confidence: 0.8959398

00:19:33.965 --> 00:19:35.244 are cases that we're involved

NOTE Confidence: 0.8959398

00:19:35.244 --> 00:19:36.544 with that are very complex.

NOTE Confidence: 0.98482645

00:19:36.980 --> 00:19:38.180 And maybe the patient wants

NOTE Confidence: 0.98482645

00:19:38.180 --> 00:19:38.820 to be at home, but

NOTE Confidence: 0.98482645

00:19:38.820 --> 00:19:39.780 they're not able to

NOTE Confidence: 0.98482645

00:19:39.780 --> 00:19:41.220 for various reasons. So

NOTE Confidence: 0.98482645

00:19:41.220 --> 00:19:42.020 we try to find a

NOTE Confidence: 0.98482645

00:19:42.020 --> 00:19:42.900 middle ground and work with

NOTE Confidence: 0.98482645

00:19:42.900 --> 00:19:43.400 them.

NOTE Confidence: 0.9925331

00:19:43.940 --> 00:19:45.000 But it

NOTE Confidence: 0.9920044

00:19:45.300 --> 00:19:47.080 used to be that inpatient

NOTE Confidence: 0.9920044

00:19:47.220 --> 00:19:49.320 hospice units were accepting

NOTE Confidence: 0.9555479

00:19:49.859 --> 00:19:51.640 patients who might not be

NOTE Confidence: 0.9707578

00:19:52.784 --> 00:19:53.664 towards the end of their

NOTE Confidence: 0.9707578

00:19:53.664 --> 00:19:54.784 lives or not have

NOTE Confidence: 0.9707578

00:19:54.784 --> 00:19:56.065 symptoms that could be managed

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NOTE Confidence: 0.9707578

00:19:56.065 --> 00:19:57.744 somewhere else. But now with

NOTE Confidence: 0.9707578

00:19:57.744 --> 00:19:59.345 Medicare regulations being what they

NOTE Confidence: 0.9707578

00:19:59.345 --> 00:20:00.705 are, there's really

NOTE Confidence: 0.9547082

00:20:01.345 --> 00:20:02.644 a emphasis on

NOTE Confidence: 0.99358517

00:20:02.945 --> 00:20:04.385 making sure that patients who

NOTE Confidence: 0.99358517

00:20:04.385 --> 00:20:05.365 are in the inpatient

NOTE Confidence: 0.98756754

00:20:05.950 --> 00:20:07.810 hospice unit or hospital

NOTE Confidence: 0.98756754

00:20:07.869 --> 00:20:09.010 with hospice services

NOTE Confidence: 0.9844384

00:20:09.390 --> 00:20:11.010 require that level of care,

NOTE Confidence: 0.93336904

00:20:11.630 --> 00:20:12.990 just because that is

NOTE Confidence: 0.93336904

00:20:12.990 --> 00:20:14.190 sort of our system. And

NOTE Confidence: 0.93336904

00:20:14.190 --> 00:20:15.490 I wish it wasn't,

NOTE Confidence: 0.9874278

00:20:15.869 --> 00:20:16.750 but that's sort of where

NOTE Confidence: 0.9874278

00:20:16.750 --> 00:20:17.390 we are.

NOTE Confidence: 0.9874278

00:20:17.390 --> 00:20:18.910 And I think the point that

NOTE Confidence: 0.9874278

00:20:18.910 --> 00:20:20.750 I wanna leave listeners with

NOTE Confidence: 0.9874278

00:20:20.750 --> 00:20:22.325 is that the goal of

NOTE Confidence: 0.9874278

00:20:22.325 --> 00:20:23.925 palliative care teams is really

NOTE Confidence: 0.9874278

00:20:23.925 --> 00:20:24.565 to make sure that

NOTE Confidence: 0.9874278

00:20:24.725 --> 00:20:26.405 patients are being heard

NOTE Confidence: 0.9874278

00:20:26.405 --> 00:20:27.065 and aligning

NOTE Confidence: 0.998665

00:20:27.525 --> 00:20:29.045 their values and and hopes

NOTE Confidence: 0.998665

00:20:29.045 --> 00:20:30.965 with whatever the other doctors

NOTE Confidence: 0.998665

00:20:30.965 --> 00:20:32.405 that we work with are

NOTE Confidence: 0.998665

00:20:32.405 --> 00:20:33.605 offering and doing for the

NOTE Confidence: 0.998665

00:20:33.605 --> 00:20:34.105 patient.

NOTE Confidence: 0.97833043

00:20:35.880 --> 00:20:37.500 Yeah. No. I think that's

NOTE Confidence: 0.8542316

00:20:38.920 --> 00:20:39.800 really, really,

NOTE Confidence: 0.99945796

00:20:40.359 --> 00:20:41.180 very critical.

NOTE Confidence: 0.57508683

00:20:45.080 --> 00:20:45.580 So

NOTE Confidence: 0.99879426

00:20:47.335 --> 00:20:48.455 what are the kinds of

NOTE Confidence: 0.99879426

00:20:48.455 --> 00:20:50.375 services that you're able to

NOTE Confidence: 0.99879426

00:20:50.375 --> 00:20:52.235 offer in the outpatient setting?

NOTE Confidence: 0.9768076

00:20:53.494 --> 00:20:54.955 Sure. Our team is

NOTE Confidence: 0.9768076

00:20:55.095 --> 00:20:56.535 fantastic. I can't speak enough

NOTE Confidence: 0.9768076

00:20:56.535 --> 00:20:57.895 about them. But usually, when

NOTE Confidence: 0.9768076

00:20:57.895 --> 00:20:58.935 patients come to us, they

NOTE Confidence: 0.9768076

00:20:58.935 --> 00:20:59.975 have a medical visit first

NOTE Confidence: 0.9768076

00:20:59.975 --> 00:21:01.335 with either a physician or

NOTE Confidence: 0.9768076

00:21:01.335 --> 00:21:01.994 an APRN.

NOTE Confidence: 0.9244085

00:21:02.630 --> 00:21:04.230 And at that point

NOTE Confidence: 0.9244085

00:21:04.230 --> 00:21:05.210 is when we

NOTE Confidence: 0.97697824

00:21:05.750 --> 00:21:07.110 evaluate whether or not there

NOTE Confidence: 0.97697824

00:21:07.110 --> 00:21:08.790 are unmet symptoms or

NOTE Confidence: 0.97697824

00:21:08.790 --> 00:21:09.290 needs.

NOTE Confidence: 0.9647147

00:21:09.670 --> 00:21:10.870 And those could be things

NOTE Confidence: 0.9647147

00:21:10.870 --> 00:21:12.470 like I mentioned earlier, physical

NOTE Confidence: 0.9647147

00:21:12.470 --> 00:21:14.570 or psychosocial, sometimes they're financial,

NOTE Confidence: 0.9837985

00:21:15.034 --> 00:21:16.095 sometimes they're spiritual.

NOTE Confidence: 0.9715717

00:21:16.715 --> 00:21:16.955 So,

NOTE Confidence: 0.9721459

00:21:17.595 --> 00:21:19.034 we work very closely with

NOTE Confidence: 0.9721459

00:21:19.034 --> 00:21:20.715 our social workers to see

NOTE Confidence: 0.9721459

00:21:20.715 --> 00:21:22.494 whether there are either resources

NOTE Confidence: 0.9721459

00:21:22.635 --> 00:21:24.095 that aren't being tapped into

NOTE Confidence: 0.9721459

00:21:24.234 --> 00:21:25.455 grants or other,

NOTE Confidence: 0.9482911

00:21:26.394 --> 00:21:28.475 financial, you know, things that

NOTE Confidence: 0.9482911

00:21:28.475 --> 00:21:29.695 that can be looked at.

NOTE Confidence: 0.9482911

00:21:29.929 --> 00:21:30.669 But also,

NOTE Confidence: 0.96240246

00:21:31.130 --> 00:21:32.250 how people are coping.

NOTE Confidence: 0.96240246

00:21:32.250 --> 00:21:33.530 How are they doing with

NOTE Confidence: 0.96240246

00:21:33.530 --> 00:21:35.850 this new diagnosis? Because everybody's

NOTE Confidence: 0.96240246

00:21:35.850 --> 00:21:37.049 different, but this is

NOTE Confidence: 0.96240246

00:21:37.049 --> 00:21:37.929 a heavy thing to deal

NOTE Confidence: 0.96240246

00:21:37.929 --> 00:21:39.210 with. So we look at

NOTE Confidence: 0.96240246

00:21:39.210 --> 00:21:40.730 it from different perspectives. And

NOTE Confidence: 0.96240246

00:21:40.730 --> 00:21:42.330 if someone does say, hey,

NOTE Confidence: 0.96240246

00:21:42.330 --> 00:21:43.789 I would really benefit from

NOTE Confidence: 0.96240246

00:21:44.035 --> 00:21:45.155 talking to someone about this.

NOTE Confidence: 0.96240246

00:21:45.155 --> 00:21:46.755 We can offer them visits

NOTE Confidence: 0.96240246

00:21:46.755 --> 00:21:48.195 with our psychologist or

NOTE Confidence: 0.96240246

00:21:48.195 --> 00:21:49.475 even our social worker checking

NOTE Confidence: 0.96240246

00:21:49.475 --> 00:21:50.455 with them periodically.

NOTE Confidence: 0.9567299

00:21:50.994 --> 00:21:52.035 And we tailor it to

NOTE Confidence: 0.9567299

00:21:52.035 --> 00:21:53.155 whatever their needs are. There

NOTE Confidence: 0.9567299

00:21:53.155 --> 00:21:53.875 there are some patients that

NOTE Confidence: 0.9567299

00:21:53.875 --> 00:21:55.555 meet who

NOTE Confidence: 0.9567299

00:21:55.555 --> 00:21:57.575 really are doing well, and

NOTE Confidence: 0.9567299

00:21:57.635 --> 00:21:58.915 we check-in maybe every six

NOTE Confidence: 0.9567299

00:21:58.915 --> 00:21:59.830 months or a year. And

NOTE Confidence: 0.9567299

00:21:59.830 --> 00:22:01.350 then if things change, we

NOTE Confidence: 0.9567299

00:22:01.350 --> 00:22:02.710 can change the frequency of

NOTE Confidence: 0.9567299

00:22:02.710 --> 00:22:03.210 visits.

NOTE Confidence: 0.99907595

00:22:03.669 --> 00:22:04.889 So it's really a personalized

NOTE Confidence: 0.99907595

00:22:05.029 --> 00:22:05.529 experience.

NOTE Confidence: 0.9941071

00:22:06.230 --> 00:22:08.090 It is dramatic how different

NOTE Confidence: 0.9941071

00:22:08.389 --> 00:22:10.250 people cope so differently,

NOTE Confidence: 0.99912447

00:22:11.350 --> 00:22:13.029 and react so differently to

NOTE Confidence: 0.99912447

00:22:13.029 --> 00:22:13.690 a diagnosis

NOTE Confidence: 0.99014765

00:22:14.345 --> 00:22:15.625 of cancer or really any

NOTE Confidence: 0.99014765

00:22:15.625 --> 00:22:16.984 other diagnosis. And I think

NOTE Confidence: 0.99014765

00:22:16.984 --> 00:22:18.025 the trap you can fall

NOTE Confidence: 0.99014765

00:22:18.025 --> 00:22:18.525 into

NOTE Confidence: 0.98686975

00:22:18.984 --> 00:22:20.045 as a clinician

NOTE Confidence: 0.994077

00:22:20.665 --> 00:22:21.945 is to expect people to

NOTE Confidence: 0.994077

00:22:21.945 --> 00:22:23.244 behave a certain way,

NOTE Confidence: 0.99938464

00:22:23.625 --> 00:22:24.505 and you really have to

NOTE Confidence: 0.99938464

00:22:24.505 --> 00:22:25.545 be open to all the

NOTE Confidence: 0.99938464

00:22:25.545 --> 00:22:26.045 surprises.

NOTE Confidence: 0.9991724

00:22:26.760 --> 00:22:28.460 So let's talk about

NOTE Confidence: 0.9801944

00:22:29.080 --> 00:22:31.000 some people who often don't

NOTE Confidence: 0.9801944

00:22:31.000 --> 00:22:32.140 get talked about,

NOTE Confidence: 0.9844733

00:22:32.600 --> 00:22:34.119 and that is the family

NOTE Confidence: 0.9844733

00:22:34.119 --> 00:22:34.619 members.

NOTE Confidence: 0.9991831

00:22:35.320 --> 00:22:37.180 Because as we talk more

NOTE Confidence: 0.9991831

00:22:37.320 --> 00:22:39.340 about hospice at home,

NOTE Confidence: 0.99895287

00:22:40.680 --> 00:22:42.060 this often puts

NOTE Confidence: 0.9998434

00:22:42.394 --> 00:22:45.135 a pretty significant burden on

NOTE Confidence: 0.9775121

00:22:45.755 --> 00:22:47.914 the family members

NOTE Confidence: 0.9775121

00:22:47.914 --> 00:22:49.135 in the home and sometimes

NOTE Confidence: 0.9775121

00:22:49.195 --> 00:22:50.234 outside of the home, and

NOTE Confidence: 0.9775121

00:22:50.234 --> 00:22:51.914 it's not always family. Sometimes

NOTE Confidence: 0.9775121

00:22:51.914 --> 00:22:52.734 it's friends.

NOTE Confidence: 0.99928254

00:22:55.130 --> 00:22:55.850 Yeah.

00:22:58.570 --> 00:22:59.529 I can only imagine what

NOTE Confidence: 0.9937428

00:22:59.529 --> 00:23:00.590 it's like to have

NOTE Confidence: 0.99279433

00:23:01.210 --> 00:23:01.690 this

NOTE Confidence: 0.97419196

00:23:02.250 --> 00:23:03.770 role of being a

NOTE Confidence: 0.97419196

00:23:03.770 --> 00:23:05.630 caregiver for a family member

NOTE Confidence: 0.93402565

00:23:06.169 --> 00:23:06.970 at this time of their

NOTE Confidence: 0.93402565

00:23:06.970 --> 00:23:07.529 lives.

NOTE Confidence: 0.9877305

00:23:08.090 --> 00:23:09.244 It's obviously an honor and

NOTE Confidence: 0.9877305

00:23:09.244 --> 00:23:10.205 a privilege for most

NOTE Confidence: 0.9877305

00:23:10.205 --> 00:23:11.744 people, but it's such

NOTE Confidence: 0.9877305

00:23:11.804 --> 00:23:12.924 a hard thing to do

NOTE Confidence: 0.9877305

00:23:12.924 --> 00:23:14.144 with everything that's

NOTE Confidence: 0.99075204

00:23:14.765 --> 00:23:15.725 going on in their own

NOTE Confidence: 0.99075204

00:23:15.725 --> 00:23:16.465 lives. So,

NOTE Confidence: 0.9884623

00:23:17.404 --> 00:23:18.445 as much as we can't

NOTE Confidence: 0.9884623

00:23:18.445 --> 00:23:19.804 fix everything, what we can

NOTE Confidence: 0.9884623

00:23:19.804 --> 00:23:21.005 do is look at each

NOTE Confidence: 0.9884623

00:23:21.005 --> 00:23:23.050 situation and try to guide

NOTE Confidence: 0.9884623

00:23:23.050 --> 00:23:24.810 folks on what makes sense

NOTE Confidence: 0.9884623

00:23:24.810 --> 00:23:26.650 for them, whether that is

NOTE Confidence: 0.9555263

00:23:27.690 --> 00:23:29.950 getting family members mobilized and

NOTE Confidence: 0.9555263

00:23:30.090 --> 00:23:31.609 sort of taking shifts and

NOTE Confidence: 0.9555263

00:23:31.609 --> 00:23:32.109 turns,

NOTE Confidence: 0.95700777

00:23:32.810 --> 00:23:33.930 taking care of their loved

NOTE Confidence: 0.95700777

00:23:33.930 --> 00:23:36.125 one, or it's private paying

NOTE Confidence: 0.95700777

00:23:36.185 --> 00:23:37.225 for an aide a few

NOTE Confidence: 0.95700777

00:23:37.225 --> 00:23:38.445 hours a week

NOTE Confidence: 0.9355068

00:23:40.185 --> 00:23:41.145 or looking at the

NOTE Confidence: 0.9355068

00:23:41.145 --> 00:23:42.505 situation kind of from a

NOTE Confidence: 0.9355068

00:23:42.505 --> 00:23:43.465 bird's eye view.

NOTE Confidence: 0.9355068

00:23:43.465 --> 00:23:44.765 And because sometimes

NOTE Confidence: 0.95881087

00:23:45.225 --> 00:23:46.825 we're so narrow focused, even

NOTE Confidence: 0.95881087

00:23:46.825 --> 00:23:48.185 myself, that we kind of

NOTE Confidence: 0.95881087

00:23:48.185 --> 00:23:49.970 forget that's a

NOTE Confidence: 0.95881087

00:23:49.970 --> 00:23:50.930 really important thing to look

NOTE Confidence: 0.95881087

00:23:50.930 --> 00:23:52.609 at. And supporting our caregivers

NOTE Confidence: 0.95881087

00:23:52.609 --> 00:23:53.830 is one of our priorities

NOTE Confidence: 0.95881087

00:23:53.890 --> 00:23:54.930 as a team as well

NOTE Confidence: 0.95881087

00:23:54.930 --> 00:23:56.290 because we know that

NOTE Confidence: 0.95881087

00:23:56.290 --> 00:23:58.050 without the

NOTE Confidence: 0.95881087

00:23:58.050 --> 00:23:59.890 caregiver being so involved, the

NOTE Confidence: 0.95881087

00:23:59.890 --> 00:24:01.170 patients are not as well

NOTE Confidence: 0.95881087

00:24:01.170 --> 00:24:02.230 taken care of. So,

NOTE Confidence: 0.9407927

00:24:02.965 --> 00:24:04.325 I think that, you know,

NOTE Confidence: 0.9407927

00:24:04.325 --> 00:24:05.524 every day when we see

NOTE Confidence: 0.9407927

00:24:05.524 --> 00:24:06.885 patients, we're always looking out

NOTE Confidence: 0.9407927

00:24:06.885 --> 00:24:07.725 for how are the caregivers

00:24:09.445 --> 00:24:10.325 how are you doing?

NOTE Confidence: 0.97507924

00:24:10.325 --> 00:24:11.385 I know you're

NOTE Confidence: 0.97507924

00:24:11.524 --> 00:24:12.804 taking such good care of

NOTE Confidence: 0.97507924

00:24:12.804 --> 00:24:13.544 your mother,

NOTE Confidence: 0.97212994

00:24:14.164 --> 00:24:15.125 but let's take a minute

NOTE Confidence: 0.97212994

00:24:15.125 --> 00:24:16.005 and breathe. And are

00:24:16.725 --> 00:24:17.784 you eating? Are you sleeping?

NOTE Confidence: 0.9985839

00:24:18.320 --> 00:24:19.119 What's going on in your

NOTE Confidence: 0.9985839

00:24:19.119 --> 00:24:20.720 life too? And this can

NOTE Confidence: 0.9985839

00:24:20.720 --> 00:24:22.480 often go on for an

NOTE Confidence: 0.9985839

00:24:22.480 --> 00:24:23.760 extended period of time. I

NOTE Confidence: 0.9985839

00:24:23.760 --> 00:24:24.740 mean, there are

NOTE Confidence: 0.99973166

00:24:25.040 --> 00:24:25.940 people who

NOTE Confidence: 0.9996259

00:24:26.640 --> 00:24:28.480 live very active lives until

NOTE Confidence: 0.9996259

00:24:28.480 --> 00:24:29.619 very close to

NOTE Confidence: 0.9525454

00:24:30.160 --> 00:24:31.220 the very end.

NOTE Confidence: 0.9288079

00:24:32.484 --> 00:24:34.165 But there are others, particularly

NOTE Confidence: 0.9288079

00:24:34.165 --> 00:24:34.984 people who

NOTE Confidence: 0.9654583

00:24:35.445 --> 00:24:36.885 may be older or may

NOTE Confidence: 0.9654583

00:24:36.885 --> 00:24:38.005 have more in the way

NOTE Confidence: 0.9654583

00:24:38.005 --> 00:24:40.025 of other illnesses who just,

NOTE Confidence: 0.99884504

00:24:41.044 --> 00:24:41.705 are really

NOTE Confidence: 0.9998344

00:24:42.325 --> 00:24:42.825 incapacitated

NOTE Confidence: 0.9765626

00:24:43.125 --> 00:24:44.244 for a longer period of

NOTE Confidence: 0.9765626

00:24:44.244 --> 00:24:45.465 time. And it is

NOTE Confidence: 0.9953404

00:24:45.820 --> 00:24:47.500 a huge burden for

NOTE Confidence: 0.9953404

00:24:47.500 --> 00:24:49.040 the family members.

NOTE Confidence: 0.9980835

00:24:49.500 --> 00:24:50.380 And, you know, the other

NOTE Confidence: 0.9980835

00:24:50.380 --> 00:24:51.760 issue, of course, is that

NOTE Confidence: 0.9980835

00:24:51.820 --> 00:24:53.580 some family members are just

NOTE Confidence: 0.9980835

00:24:53.580 --> 00:24:55.840 more medically savvy than others.

00:24:57.340 --> 00:24:58.859 That's right. So there is

NOTE Confidence: 0.9921582

00:24:58.859 --> 00:25:00.160 a big piece of education.

NOTE Confidence: 0.9921582

00:25:00.380 --> 00:25:01.119 Do you,

NOTE Confidence: 0.9971383

00:25:02.045 --> 00:25:03.484 see a role for support

NOTE Confidence: 0.9971383

00:25:03.484 --> 00:25:05.025 groups for family members?

NOTE Confidence: 0.99720263

00:25:05.885 --> 00:25:06.945 Definitely. Yeah.

NOTE Confidence: 0.8052981

00:25:08.285 --> 00:25:09.825 I know that our system

NOTE Confidence: 0.8052981

00:25:09.885 --> 00:25:11.184 and Smilow in particular

NOTE Confidence: 0.945468

00:25:11.484 --> 00:25:13.484 does have caregiver support groups

NOTE Confidence: 0.945468

00:25:13.484 --> 00:25:13.984 available.

NOTE Confidence: 0.9856927

00:25:14.445 --> 00:25:15.484 So I would ask about

NOTE Confidence: 0.9856927

00:25:15.484 --> 00:25:17.280 that for any caregivers.

NOTE Confidence: 0.9812397

00:25:18.380 --> 00:25:19.420 And there are also plenty

NOTE Confidence: 0.9812397

00:25:19.420 --> 00:25:20.700 of online resources that I've

NOTE Confidence: 0.9812397

00:25:20.700 --> 00:25:21.580 kind of been surprised to

NOTE Confidence: 0.9812397

00:25:21.580 --> 00:25:22.780 learn about. I mean, you

NOTE Confidence: 0.9812397

00:25:22.780 --> 00:25:23.980 wouldn't think about

NOTE Confidence: 0.9812397

00:25:23.980 --> 00:25:25.020 it, but Facebook is a

NOTE Confidence: 0.9812397

00:25:25.020 --> 00:25:26.400 good place to find

NOTE Confidence: 0.96659327

00:25:27.100 --> 00:25:28.859 patients with multiple

NOTE Confidence: 0.96659327

00:25:28.859 --> 00:25:30.380 myeloma or breast cancer or

NOTE Confidence: 0.96659327

00:25:30.380 --> 00:25:32.355 caregivers of patients with those

NOTE Confidence: 0.96659327

00:25:32.355 --> 00:25:32.855 diseases.

NOTE Confidence: 0.98117703

00:25:33.155 --> 00:25:34.435 And there are other

NOTE Confidence: 0.98117703

00:25:34.435 --> 00:25:35.395 websites that I can't think

NOTE Confidence: 0.98117703

00:25:35.395 --> 00:25:36.035 of off the top of

NOTE Confidence: 0.98117703

00:25:36.035 --> 00:25:36.915 my head, but there

NOTE Confidence: 0.98117703

00:25:36.915 --> 00:25:38.915 are certainly other resources that

00:25:38.915 --> 00:25:40.115 we try to help patients

00:25:40.115 --> 00:25:40.994 find, and they often find them

00:25:42.035 --> 00:25:43.415 on their own as well.

00:25:45.555 --> 00:25:47.734 I'm struck again about

00:25:47.980 --> 00:25:48.480 communication.

00:25:51.419 --> 00:25:53.279 When we talk about patients

00:25:53.419 --> 00:25:54.240 and families,

00:25:54.619 --> 00:25:55.119 sometimes,

00:25:56.779 --> 00:25:57.600 there isn't

00:25:57.980 --> 00:25:59.039 perfect communication

00:25:59.340 --> 00:26:00.480 between the two.

00:26:01.255 --> 00:26:03.015 And that's often about the

00:26:03.015 --> 00:26:04.775 family member protecting the patient

00:26:04.775 --> 00:26:06.135 and the patient protecting the

00:26:06.135 --> 00:26:07.035 family member.

00:26:07.895 --> 00:26:09.575 Just wondering your thoughts

00:26:09.575 --> 00:26:10.695 on that and

NOTE Confidence: 0.95042354

00:26:10.695 --> 00:26:12.794 how you and your team

NOTE Confidence: 0.9693446

00:26:14.100 --> 00:26:15.320 deal with that challenge.

NOTE Confidence: 0.99664515

00:26:16.020 --> 00:26:17.640 Yeah. I think we

NOTE Confidence: 0.98650104

00:26:18.020 --> 00:26:18.520 recognize

NOTE Confidence: 0.9845368

00:26:19.940 --> 00:26:21.460 that patients and their caregivers

NOTE Confidence: 0.9845368

00:26:21.460 --> 00:26:22.340 and their loved ones and

NOTE Confidence: 0.9845368

00:26:22.340 --> 00:26:24.359 their social structure around them,

NOTE Confidence: 0.98328656

00:26:25.859 --> 00:26:27.220 are often very well established.

NOTE Confidence: 0.98328656

00:26:27.220 --> 00:26:28.420 And we don't

NOTE Confidence: 0.98328656

00:26:28.420 --> 00:26:29.320 try to change

NOTE Confidence: 0.96328133

00:26:29.635 --> 00:26:30.755 that to a degree, you

NOTE Confidence: 0.96328133

00:26:30.755 --> 00:26:32.115 know, unless it's unsafe

NOTE Confidence: 0.96328133

00:26:32.115 --> 00:26:33.475 for any reason. But, you

NOTE Confidence: 0.96328133

00:26:33.475 --> 00:26:35.234 know, most families have some

NOTE Confidence: 0.96328133

00:26:35.234 --> 00:26:36.695 sort of tension points or

NOTE Confidence: 0.96328133

00:26:36.914 --> 00:26:39.315 disagreements and challenges. So our

NOTE Confidence: 0.96328133

00:26:39.315 --> 00:26:40.355 role is really not to

NOTE Confidence: 0.96328133

00:26:40.355 --> 00:26:41.715 to be the fixers there,

NOTE Confidence: 0.96328133

00:26:41.715 --> 00:26:42.934 but to

NOTE Confidence: 0.9686277

00:26:43.530 --> 00:26:43.770 help

NOTE Confidence: 0.9573349

00:26:44.330 --> 00:26:46.330 within that context to try

NOTE Confidence: 0.9573349

00:26:46.330 --> 00:26:47.690 to help them as they

NOTE Confidence: 0.9573349

00:26:47.690 --> 00:26:49.070 face this serious illness,

NOTE Confidence: 0.91770846

00:26:49.930 --> 00:26:52.170 and sometimes be the sort

NOTE Confidence: 0.91770846

00:26:52.170 --> 00:26:52.990 of the mediator

NOTE Confidence: 0.90541255

00:26:53.450 --> 00:26:53.950 between

NOTE Confidence: 0.9115628

00:26:55.130 --> 00:26:56.350 conflicts.

00:26:59.165 --> 00:26:59.645 And

NOTE Confidence: 0.93563473

00:27:00.125 --> 00:27:01.825 that's an area where

NOTE Confidence: 0.97563154

00:27:03.085 --> 00:27:04.045 I think it can be

NOTE Confidence: 0.97563154

00:27:04.045 --> 00:27:05.244 very meaningful because there might

NOTE Confidence: 0.97563154

00:27:05.244 --> 00:27:06.385 be a barrier

NOTE Confidence: 0.9782927

00:27:07.325 --> 00:27:08.845 there that's a conflict that's preventing

NOTE Confidence: 0.9782927

00:27:08.845 --> 00:27:09.885 a patient from getting the

NOTE Confidence: 0.9782927

00:27:09.885 --> 00:27:11.665 right treatment or from

NOTE Confidence: 0.9782927

00:27:11.940 --> 00:27:12.899 getting the right care at

NOTE Confidence: 0.9782927

00:27:12.899 --> 00:27:14.419 home and trying to listen

NOTE Confidence: 0.9782927

00:27:14.419 --> 00:27:16.019 to both sides and figure

NOTE Confidence: 0.9782927

00:27:16.019 --> 00:27:17.220 out a solution is really

NOTE Confidence: 0.9782927

00:27:17.220 --> 00:27:17.720 important.

NOTE Confidence: 0.988162

00:27:18.260 --> 00:27:19.700 Well, I think that one

NOTE Confidence: 0.988162

00:27:19.700 --> 00:27:20.659 of the things we see,

NOTE Confidence: 0.988162

00:27:20.659 --> 00:27:22.279 and I'm gonna now paraphrase

00:27:24.705 --> 00:27:26.804 from Tolstoy's Anna Karenina,

NOTE Confidence: 0.99897575

00:27:27.904 --> 00:27:28.404 that

NOTE Confidence: 0.9751183

00:27:28.705 --> 00:27:30.385 all happy families are alike

NOTE Confidence: 0.9751183

00:27:30.385 --> 00:27:32.145 and all unhappy families are

NOTE Confidence: 0.9751183

00:27:32.145 --> 00:27:34.404 unhappy in their unique way.

NOTE Confidence: 0.9995067

00:27:34.784 --> 00:27:36.784 I think that families that

NOTE Confidence: 0.9995067

00:27:36.784 --> 00:27:38.645 function really well together

NOTE Confidence: 0.9995814

00:27:40.450 --> 00:27:41.190 do better

NOTE Confidence: 0.92857414

00:27:41.890 --> 00:27:44.130 in these hospice situations. And

NOTE Confidence: 0.92857414

00:27:44.130 --> 00:27:45.250 those where there's a lot

NOTE Confidence: 0.92857414

00:27:45.250 --> 00:27:45.750 of

NOTE Confidence: 0.99823546

00:27:46.290 --> 00:27:46.790 conflict

NOTE Confidence: 0.96268356

00:27:47.170 --> 00:27:47.990 have trouble.

NOTE Confidence: 0.99233186

00:27:48.450 --> 00:27:50.070 Of course. Yeah. I really

NOTE Confidence: 0.99233186

00:27:50.210 --> 00:27:51.430 appreciate your Tolstoy

NOTE Confidence: 0.99249417

00:27:51.730 --> 00:27:52.230 reference.

NOTE Confidence: 0.97733957

00:27:53.425 --> 00:27:54.565 It seemed appropriate.

NOTE Confidence: 0.96474713

00:27:54.945 --> 00:27:56.305 Definitely. And, you know,

NOTE Confidence: 0.96474713

00:27:56.305 --> 00:27:57.185 one of the hardest things

NOTE Confidence: 0.96474713

00:27:57.185 --> 00:27:57.984 that we see, and you

NOTE Confidence: 0.96474713

00:27:57.984 --> 00:27:58.945 probably see this a lot

NOTE Confidence: 0.96474713

00:27:58.945 --> 00:28:00.705 too, is where patients

NOTE Confidence: 0.96474713

00:28:00.705 --> 00:28:02.065 maybe they're estranged from

NOTE Confidence: 0.96474713

00:28:02.065 --> 00:28:03.025 family and they don't really

NOTE Confidence: 0.96474713

00:28:03.025 --> 00:28:04.885 have much support. And,

NOTE Confidence: 0.9786704

00:28:05.810 --> 00:28:07.090 our system is just designed

NOTE Confidence: 0.9786704

00:28:07.090 --> 00:28:08.310 in a way that's really

NOTE Confidence: 0.978331

00:28:08.850 --> 00:28:09.810 it's poor because

NOTE Confidence: 0.9729978

00:28:10.530 --> 00:28:11.730 it relies a lot on

NOTE Confidence: 0.9729978

00:28:11.730 --> 00:28:13.350 and it assumes that everybody

NOTE Confidence: 0.9729978

00:28:13.410 --> 00:28:14.530 has a good

NOTE Confidence: 0.9729978

00:28:14.530 --> 00:28:15.490 amount of support at home,

NOTE Confidence: 0.9729978

00:28:15.490 --> 00:28:16.450 but there are so many

NOTE Confidence: 0.9729978

00:28:16.450 --> 00:28:17.410 patients that we try to

NOTE Confidence: 0.9729978

00:28:17.410 --> 00:28:18.994 help that don't have that,

NOTE Confidence: 0.9729978

00:28:18.994 --> 00:28:20.115 often through

NOTE Confidence: 0.9729978

00:28:20.115 --> 00:28:21.234 no fault of their own.

NOTE Confidence: 0.9729978

00:28:21.234 --> 00:28:22.914 And so trying to help

NOTE Confidence: 0.9729978

00:28:22.914 --> 00:28:24.355 navigate the system for them

NOTE Confidence: 0.9729978

00:28:24.355 --> 00:28:25.394 and help them through

NOTE Confidence: 0.9729978

00:28:25.394 --> 00:28:26.355 that can be really hard

NOTE Confidence: 0.9729978

00:28:26.355 --> 00:28:28.355 on patients and the teams

NOTE Confidence: 0.9729978

00:28:28.355 --> 00:28:29.394 that we help and also

NOTE Confidence: 0.9729978

00:28:29.394 --> 00:28:29.894 us.

NOTE Confidence: 0.71193147

00:28:30.220 --> 00:28:31.600 Doctor Dmitry Kozhevnikov

NOTE Confidence: 0.9759752

00:28:32.060 --> 00:28:33.740 is an assistant professor and

NOTE Confidence: 0.9759752

00:28:33.740 --> 00:28:35.500 associate program director of the

NOTE Confidence: 0.9759752

00:28:35.500 --> 00:28:37.500 Yale Hospice and Palliative Medicine

NOTE Confidence: 0.9759752

00:28:37.500 --> 00:28:38.940 Fellowship at the Yale School

NOTE Confidence: 0.9759752

00:28:38.940 --> 00:28:39.600 of Medicine.

NOTE Confidence: 0.9618373

00:28:40.300 --> 00:28:41.580 If you have questions, the

NOTE Confidence: 0.9618373

00:28:41.580 --> 00:28:43.260 address is cancer answers at

NOTE Confidence: 0.9618373

00:28:43.260 --> 00:28:44.685 yale dot e d u,

NOTE Confidence: 0.9618373

00:28:44.765 --> 00:28:46.045 and past editions of the

NOTE Confidence: 0.9618373

00:28:46.045 --> 00:28:47.885 program are available in audio

NOTE Confidence: 0.9618373

00:28:47.885 --> 00:28:49.325 and written form at yale

NOTE Confidence: 0.9618373

00:28:49.325 --> 00:28:50.785 cancer center dot org.

NOTE Confidence: 0.9966145

00:28:51.085 --> 00:28:52.045 We hope you'll join us

NOTE Confidence: 0.9966145

00:28:52.045 --> 00:28:53.085 next time to learn more

NOTE Confidence: 0.9966145

00:28:53.085 --> 00:28:54.545 about the fight against cancer.

NOTE Confidence: 0.97091156

00:28:54.925 --> 00:28:56.685 Funding for Yale Cancer Answers

NOTE Confidence: 0.97091156

00:28:56.685 --> 00:28:58.365 is provided by Smilow Cancer

NOTE Confidence: 0.97091156

00:28:58.365 --> 00:28:58.865 Hospital.