

WEBVTT

00:00:00.000 --> 00:00:02.172 Funding for Yale Cancer Answers is

NOTE Confidence: 0.931151601818182

00:00:02.172 --> 00:00:04.240 provided by Smilow Cancer Hospital.

NOTE Confidence: 0.749147908

00:00:06.360 --> 00:00:08.380 Welcome to Yale Cancer Answers

NOTE Confidence: 0.749147908

00:00:08.380 --> 00:00:10.400 with Doctor Anees Chagpar.

NOTE Confidence: 0.749147908

00:00:10.400 --> 00:00:11.876 Yale Cancer Answers features

NOTE Confidence: 0.749147908

00:00:11.876 --> 00:00:13.721 the latest information on cancer

NOTE Confidence: 0.749147908

00:00:13.721 --> 00:00:15.601 care by welcoming oncologists and

NOTE Confidence: 0.749147908

00:00:15.601 --> 00:00:17.779 specialists who are on the forefront

NOTE Confidence: 0.749147908

00:00:17.841 --> 00:00:19.515 of the battle to fight cancer.

NOTE Confidence: 0.749147908

00:00:19.520 --> 00:00:21.105 This week, it's a conversation

NOTE Confidence: 0.749147908

00:00:21.105 --> 00:00:23.111 about the role of palliative care

NOTE Confidence: 0.749147908

00:00:23.111 --> 00:00:24.911 in cancer survivorship with Laura

NOTE Confidence: 0.749147908

00:00:24.911 --> 00:00:26.351 Donnelly and Kristen Madrid.

NOTE Confidence: 0.749147908

00:00:26.360 --> 00:00:28.760 Laura and Kristen are oncology social

NOTE Confidence: 0.749147908

00:00:28.760 --> 00:00:31.000 workers with Smilow Cancer Hospital,

NOTE Confidence: 0.749147908

00:00:31.000 --> 00:00:32.824 and Doctor Chagpar is a professor

NOTE Confidence: 0.749147908

00:00:32.824 --> 00:00:34.401 of surgical oncology at the

NOTE Confidence: 0.749147908

00:00:34.401 --> 00:00:35.597 Yale School of Medicine.

NOTE Confidence: 0.959891308235294

00:00:36.960 --> 00:00:38.822 So maybe we'll start off by each

NOTE Confidence: 0.959891308235294

00:00:38.822 --> 00:00:41.135 of you telling us a little bit more

NOTE Confidence: 0.959891308235294

00:00:41.135 --> 00:00:42.210 about yourself, your backgrounds,

NOTE Confidence: 0.959891308235294

00:00:42.210 --> 00:00:44.376 and what it is you do. So Laura,

NOTE Confidence: 0.959891308235294

00:00:44.376 --> 00:00:46.800 maybe we'll start with you.

NOTE Confidence: 0.9644562333333333

00:00:47.600 --> 00:00:50.120 I have worked as an oncology

NOTE Confidence: 0.9644562333333333

00:00:50.120 --> 00:00:52.233 social worker for probably about

NOTE Confidence: 0.9644562333333333

00:00:52.233 --> 00:00:55.371 the last 10 years and I currently

NOTE Confidence: 0.9644562333333333

00:00:55.371 --> 00:00:58.833 work with the palliative care team.

NOTE Confidence: 0.9644562333333333

00:00:58.840 --> 00:01:02.613 And

NOTE Confidence: 0.9644562333333333

00:01:02.613 --> 00:01:05.571 palliative care is really an extra

NOTE Confidence: 0.9644562333333333

00:01:05.571 --> 00:01:08.460 layer of support for patients who

NOTE Confidence: 0.9644562333333333

00:01:08.460 --> 00:01:11.640 have any type of cancer diagnosis.

NOTE Confidence: 0.9644562333333333

00:01:11.640 --> 00:01:13.974 So palliative care helps with a

NOTE Confidence: 0.9644562333333333

00:01:13.974 --> 00:01:16.240 lot of really difficult symptoms.

NOTE Confidence: 0.9644562333333333

00:01:16.240 --> 00:01:19.950 They add extra support if a patient

NOTE Confidence: 0.9644562333333333

00:01:19.950 --> 00:01:22.560 is approaching end of life

NOTE Confidence: 0.9644562333333333

00:01:22.560 --> 00:01:25.866 and also help the more complicated

NOTE Confidence: 0.9644562333333333

00:01:25.866 --> 00:01:27.519 pain management situations.

NOTE Confidence: 0.9644562333333333

00:01:27.520 --> 00:01:29.920 So I work with that team.

NOTE Confidence: 0.9644562333333333

00:01:29.920 --> 00:01:31.924 Therefore I work with patients

NOTE Confidence: 0.9644562333333333

00:01:31.924 --> 00:01:33.669 with all different types of

NOTE Confidence: 0.9644562333333333

00:01:33.669 --> 00:01:35.399 diagnosis and all different ages.

NOTE Confidence: 0.9644562333333333

00:01:35.400 --> 00:01:38.557 And it's really, really wonderful work.

NOTE Confidence: 0.791492192

00:01:39.240 --> 00:01:40.200 Fantastic. And Kristen,

NOTE Confidence: 0.791492192

00:01:40.200 --> 00:01:43.040 how about you?

NOTE Confidence: 0.935671518571429

00:01:43.040 --> 00:01:45.140 I work with our breast medical and

NOTE Confidence: 0.935671518571429

00:01:45.140 --> 00:01:46.715 surgical oncology teams.

NOTE Confidence: 0.935671518571429

00:01:46.720 --> 00:01:49.824 I've been working in oncology for a little  
NOTE Confidence: 0.935671518571429

00:01:49.824 --> 00:01:53.104 over a year now with the breast population.  
NOTE Confidence: 0.935671518571429

00:01:53.104 --> 00:01:55.780 I have the privilege of working  
NOTE Confidence: 0.935671518571429

00:01:55.858 --> 00:01:58.425 with a variety of different women,  
NOTE Confidence: 0.935671518571429

00:01:58.425 --> 00:02:00.237 primarily, and some men.  
00:02:01.756 --> 00:02:03.536 I have the privilege to work with  
NOTE Confidence: 0.935671518571429

00:02:03.536 --> 00:02:05.361 individuals from the initial date  
NOTE Confidence: 0.935671518571429

00:02:05.361 --> 00:02:07.036 of their diagnosis and beyond.  
00:02:07.634 --> 00:02:09.119 Whether it's through active treatment,  
00:02:10.002 --> 00:02:11.766 sometimes I do collaborate with Laura  
NOTE Confidence: 0.935671518571429

00:02:11.766 --> 00:02:14.000 quite a bit through palliative care programs.  
NOTE Confidence: 0.935671518571429

00:02:14.000 --> 00:02:15.216 You know, I do work with a lot  
NOTE Confidence: 0.935671518571429

00:02:15.216 --> 00:02:16.642 of women who are going through  
NOTE Confidence: 0.935671518571429

00:02:16.642 --> 00:02:17.718 varieties of different treatment,  
NOTE Confidence: 0.935671518571429

00:02:17.720 --> 00:02:19.960 whether it be chemotherapy, radiation,  
NOTE Confidence: 0.935671518571429

00:02:19.960 --> 00:02:21.364 endocrine therapy, surgery.  
NOTE Confidence: 0.935671518571429

00:02:21.364 --> 00:02:25.192 And I do work with them up until  
NOTE Confidence: 0.935671518571429

00:02:25.192 --> 00:02:28.288 they enter into either the phase of  
NOTE Confidence: 0.935671518571429

00:02:28.288 --> 00:02:30.880 survivorship or continued treatment as well.  
NOTE Confidence: 0.904295261666667

00:02:32.200 --> 00:02:34.876 Fantastic. Laura,  
NOTE Confidence: 0.904295261666667

00:02:34.880 --> 00:02:37.918 you mentioned that you are involved  
NOTE Confidence: 0.904295261666667

00:02:37.920 --> 00:02:40.495 in palliative care as this  
NOTE Confidence: 0.904295261666667

00:02:40.495 --> 00:02:42.555 extra layer of support.  
NOTE Confidence: 0.904295261666667

00:02:42.560 --> 00:02:46.560 You know, I think palliative care has had  
NOTE Confidence: 0.904295261666667

00:02:46.560 --> 00:02:50.196 different perceptions in the public  
NOTE Confidence: 0.904295261666667

00:02:50.200 --> 00:02:52.840 and in the lay media.  
NOTE Confidence: 0.904295261666667

00:02:52.840 --> 00:02:55.600 Can you talk a little bit more about  
NOTE Confidence: 0.904295261666667

00:02:55.600 --> 00:02:57.976 how patients perceive palliative  
NOTE Confidence: 0.904295261666667

00:02:57.976 --> 00:03:00.352 care when they're approached  
NOTE Confidence: 0.904295261666667

00:03:00.352 --> 00:03:02.758 to actually meet with you?  
NOTE Confidence: 0.904295261666667

00:03:02.760 --> 00:03:07.080 How does that conversation go?  
NOTE Confidence: 0.970147326363637

00:03:07.080 --> 00:03:09.390 Yes, I think there is or  
NOTE Confidence: 0.970147326363637

00:03:09.390 --> 00:03:12.120 there can be a perception,

NOTE Confidence: 0.970147326363637

00:03:12.120 --> 00:03:15.480 you know out there that palliative care

NOTE Confidence: 0.970147326363637

00:03:15.480 --> 00:03:19.260 means end of life or heading towards

NOTE Confidence: 0.970147326363637

00:03:19.260 --> 00:03:22.572 end of life and that is not really

NOTE Confidence: 0.970147326363637

00:03:22.572 --> 00:03:25.600 the whole scope of palliative care really.

NOTE Confidence: 0.970147326363637

00:03:25.600 --> 00:03:28.275 Palliative I think is really

NOTE Confidence: 0.970147326363637

00:03:28.275 --> 00:03:29.880 meaning symptom relief.

NOTE Confidence: 0.970147326363637

00:03:29.880 --> 00:03:31.992 So we see many patients who

NOTE Confidence: 0.970147326363637

00:03:31.992 --> 00:03:33.400 have very curable cancers,

NOTE Confidence: 0.970147326363637

00:03:33.400 --> 00:03:36.004 but the treatments and the disease

NOTE Confidence: 0.970147326363637

00:03:36.004 --> 00:03:38.336 itself can be really painful

NOTE Confidence: 0.970147326363637

00:03:38.336 --> 00:03:40.706 and the primary oncologist can

NOTE Confidence: 0.970147326363637

00:03:40.706 --> 00:03:43.438 really try to alleviate that pain.

NOTE Confidence: 0.970147326363637

00:03:43.440 --> 00:03:45.400 But the palliative care physicians

NOTE Confidence: 0.970147326363637

00:03:45.400 --> 00:03:47.360 are specialists in that.

NOTE Confidence: 0.970147326363637

00:03:47.360 --> 00:03:49.440 So palliative is really

NOTE Confidence: 0.970147326363637

00:03:49.440 --> 00:03:51.520 symptom management and  
NOTE Confidence: 0.970147326363637

00:03:51.520 --> 00:03:54.880 it does not necessarily indicate  
NOTE Confidence: 0.970147326363637

00:03:54.880 --> 00:03:56.800 that a person is at end of life,  
NOTE Confidence: 0.970147326363637

00:03:56.800 --> 00:03:59.278 but sometimes that is the perception.  
NOTE Confidence: 0.970147326363637

00:03:59.280 --> 00:04:01.436 More and more I'm finding patients  
NOTE Confidence: 0.970147326363637

00:04:01.436 --> 00:04:04.600 to be really open and receptive and  
NOTE Confidence: 0.970147326363637

00:04:04.689 --> 00:04:07.349 they're happy to have the extra support  
NOTE Confidence: 0.970147326363637

00:04:07.349 --> 00:04:10.021 or an extra specialist to kind of  
NOTE Confidence: 0.970147326363637

00:04:10.021 --> 00:04:14.360 take a look at how they're managing symptoms.  
NOTE Confidence: 0.970147326363637

00:04:14.360 --> 00:04:15.560 Every once in a while,  
NOTE Confidence: 0.970147326363637

00:04:15.560 --> 00:04:16.556 you know, a patient will say,  
NOTE Confidence: 0.970147326363637

00:04:16.560 --> 00:04:18.078 why are you referring me there?  
NOTE Confidence: 0.970147326363637

00:04:18.080 --> 00:04:19.520 Are things not going well?  
NOTE Confidence: 0.970147326363637

00:04:19.520 --> 00:04:20.880 Or does it look like  
NOTE Confidence: 0.970147326363637

00:04:21.220 --> 00:04:22.240 I'm going to end of life?  
NOTE Confidence: 0.970147326363637

00:04:22.240 --> 00:04:24.718 And I think the oncologists

NOTE Confidence: 0.970147326363637  
00:04:24.720 --> 00:04:28.344 do a really wonderful job  
NOTE Confidence: 0.970147326363637  
00:04:28.344 --> 00:04:30.780 of educating patients about  
NOTE Confidence: 0.970147326363637  
00:04:30.780 --> 00:04:32.950 the full scope of palliative care and  
NOTE Confidence: 0.970147326363637  
00:04:32.950 --> 00:04:35.040 how it can be beneficial for them.  
NOTE Confidence: 0.970147326363637  
00:04:35.040 --> 00:04:37.272 So it doesn't seem to be a really difficult,  
NOTE Confidence: 0.970147326363637  
00:04:37.280 --> 00:04:38.678 you know, barrier to get over.  
NOTE Confidence: 0.970147326363637  
00:04:38.680 --> 00:04:39.514 But yes,  
NOTE Confidence: 0.970147326363637  
00:04:39.514 --> 00:04:41.182 it's certainly brought up  
NOTE Confidence: 0.970147326363637  
00:04:41.182 --> 00:04:42.433 by patients occasionally.  
NOTE Confidence: 0.649100438333333  
00:04:42.960 --> 00:04:45.876 And Kristen, you know,  
NOTE Confidence: 0.649100438333333  
00:04:45.880 --> 00:04:47.704 can you talk a little bit  
NOTE Confidence: 0.649100438333333  
00:04:47.704 --> 00:04:49.440 more about the role of  
NOTE Confidence: 0.649100438333333  
00:04:49.440 --> 00:04:50.980 social worker in the  
NOTE Confidence: 0.649100438333333  
00:04:50.980 --> 00:04:53.360 team and what you bring?  
NOTE Confidence: 0.649100438333333  
00:04:53.360 --> 00:04:54.884 You had mentioned that  
NOTE Confidence: 0.649100438333333



00:04:54.884 --> 00:04:56.871 you work with the breast team and  
NOTE Confidence: 0.6491004383333333

00:04:56.871 --> 00:04:58.396 the medical oncologists and  
NOTE Confidence: 0.6491004383333333

00:04:58.400 --> 00:05:00.280 the surgical oncologists talk a  
NOTE Confidence: 0.6491004383333333

00:05:00.280 --> 00:05:02.588 little bit more about the role  
NOTE Confidence: 0.6491004383333333

00:05:02.588 --> 00:05:04.724 of a social worker and what  
NOTE Confidence: 0.6491004383333333

00:05:04.724 --> 00:05:06.280 exactly that entails.  
NOTE Confidence: 0.965039576428571

00:05:06.280 --> 00:05:08.807 So primarily, I always like to introduce  
NOTE Confidence: 0.965039576428571

00:05:08.807 --> 00:05:11.558 myself as a support to the patient.  
NOTE Confidence: 0.965039576428571

00:05:11.560 --> 00:05:13.394 You know, when you get that diagnosis,  
NOTE Confidence: 0.965039576428571

00:05:13.400 --> 00:05:14.975 there's a slew of different  
NOTE Confidence: 0.965039576428571

00:05:14.975 --> 00:05:16.550 emotions that rush through your  
NOTE Confidence: 0.965039576428571

00:05:16.609 --> 00:05:18.159 mind and that you experience.  
NOTE Confidence: 0.965039576428571

00:05:18.160 --> 00:05:20.000 And it's very overwhelming  
NOTE Confidence: 0.965039576428571

00:05:20.000 --> 00:05:22.760 to even name it as cancer.  
NOTE Confidence: 0.965039576428571

00:05:22.760 --> 00:05:24.118 And I have a lot of patients  
NOTE Confidence: 0.965039576428571

00:05:24.118 --> 00:05:25.279 that call it the C word.

00:05:26.820 --> 00:05:30.479 There is a lot of work that goes into  
NOTE Confidence: 0.965039576428571

00:05:30.480 --> 00:05:32.454 providing that level of support to  
NOTE Confidence: 0.965039576428571

00:05:32.454 --> 00:05:34.320 somebody going through something like this.  
NOTE Confidence: 0.965039576428571

00:05:34.320 --> 00:05:37.360 And it does impact you not just physically,  
NOTE Confidence: 0.965039576428571

00:05:37.360 --> 00:05:39.196 which is also a big key piece of this,  
NOTE Confidence: 0.965039576428571

00:05:39.200 --> 00:05:41.408 but also emotionally,  
NOTE Confidence: 0.965039576428571

00:05:41.408 --> 00:05:42.880 financially, sexually.  
NOTE Confidence: 0.965039576428571

00:05:42.880 --> 00:05:44.824 You know, the mental health piece  
NOTE Confidence: 0.965039576428571

00:05:44.824 --> 00:05:47.112 is something that in our field we  
NOTE Confidence: 0.965039576428571

00:05:47.112 --> 00:05:49.080 do like to primarily focus on.  
NOTE Confidence: 0.965039576428571

00:05:49.080 --> 00:05:51.278 And when you are diagnosed with cancer,  
NOTE Confidence: 0.965039576428571

00:05:51.280 --> 00:05:53.278 it does have an impact on your mental health.  
NOTE Confidence: 0.965039576428571

00:05:53.280 --> 00:05:54.936 So the role of the social worker is  
NOTE Confidence: 0.965039576428571

00:05:54.936 --> 00:05:56.740 to help an individual, a patient,  
00:05:57.400 --> 00:05:59.380 tackle the mental health impact and  
NOTE Confidence: 0.965039576428571

00:05:59.442 --> 00:06:01.920 effects that come from a cancer diagnosis,  
NOTE Confidence: 0.965039576428571

00:06:01.920 --> 00:06:04.840 whether it be depression, anxiety,  
NOTE Confidence: 0.965039576428571

00:06:04.840 --> 00:06:07.000 a lot of worries, a lot of fears,  
NOTE Confidence: 0.965039576428571

00:06:07.000 --> 00:06:09.448 concerns with self-image,  
NOTE Confidence: 0.965039576428571

00:06:09.448 --> 00:06:11.080 depleted self-confidence.  
NOTE Confidence: 0.965039576428571

00:06:11.080 --> 00:06:13.594 In addition as well to the  
NOTE Confidence: 0.965039576428571

00:06:13.594 --> 00:06:15.840 support and mental health piece,  
NOTE Confidence: 0.965039576428571

00:06:15.840 --> 00:06:18.156 as I mentioned or alluded to,  
NOTE Confidence: 0.965039576428571

00:06:18.160 --> 00:06:19.959 cancer can impact you in other ways.  
NOTE Confidence: 0.965039576428571

00:06:19.960 --> 00:06:22.312 So there's a lot of financial toxicity  
NOTE Confidence: 0.965039576428571

00:06:22.312 --> 00:06:24.280 that results from this diagnosis,  
NOTE Confidence: 0.965039576428571

00:06:24.280 --> 00:06:25.640 which we can help address.  
NOTE Confidence: 0.965039576428571

00:06:25.640 --> 00:06:27.050 There's  
NOTE Confidence: 0.965039576428571

00:06:27.050 --> 00:06:29.400 barriers to treatment like transportation,  
NOTE Confidence: 0.965039576428571

00:06:29.400 --> 00:06:32.440 housing, cost of medical care,  
NOTE Confidence: 0.965039576428571

00:06:32.440 --> 00:06:34.756 insurance barriers, whatever it may be.  
NOTE Confidence: 0.965039576428571

00:06:34.760 --> 00:06:36.860 We can help to address and hopefully

NOTE Confidence: 0.965039576428571

00:06:36.860 --> 00:06:38.826 tackle some of those barriers to

NOTE Confidence: 0.965039576428571

00:06:38.826 --> 00:06:40.836 ensure that our patients have access

NOTE Confidence: 0.965039576428571

00:06:40.836 --> 00:06:43.120 to the medical care that they need.

NOTE Confidence: 0.965039576428571

00:06:43.120 --> 00:06:45.888 But I will say a lot of it is most

NOTE Confidence: 0.965039576428571

00:06:45.888 --> 00:06:47.928 definitely guiding them and supporting

NOTE Confidence: 0.965039576428571

00:06:47.928 --> 00:06:49.560 them through this diagnosis,

NOTE Confidence: 0.965039576428571

00:06:49.560 --> 00:06:52.356 helping them digest it a little

NOTE Confidence: 0.965039576428571

00:06:52.356 --> 00:06:54.332 bit more than

NOTE Confidence: 0.965039576428571

00:06:54.332 --> 00:06:56.334 they may have when they first heard

NOTE Confidence: 0.965039576428571

00:06:56.334 --> 00:06:58.118 that information or that news,

00:06:58.890 --> 00:07:00.430 helping address any residual

NOTE Confidence: 0.965039576428571

00:07:00.430 --> 00:07:02.746 effects that may have come even

NOTE Confidence: 0.965039576428571

00:07:02.746 --> 00:07:04.158 post treatment as well.

NOTE Confidence: 0.965039576428571

00:07:04.160 --> 00:07:06.440 FFear of cancer recurrence,

NOTE Confidence: 0.965039576428571

00:07:06.440 --> 00:07:08.172 fear of disease progression.

00:07:09.315 --> 00:07:10.690 Some of those physical changes

NOTE Confidence: 0.965039576428571

00:07:10.690 --> 00:07:11.515 that may occur,  
NOTE Confidence: 0.965039576428571

00:07:11.520 --> 00:07:13.080 those latent effects of treatment  
NOTE Confidence: 0.965039576428571

00:07:13.080 --> 00:07:14.640 that may present themselves once  
NOTE Confidence: 0.965039576428571

00:07:14.692 --> 00:07:16.182 an individual is complete with  
NOTE Confidence: 0.965039576428571

00:07:16.182 --> 00:07:17.374 treatment or entering again  
NOTE Confidence: 0.965039576428571

00:07:17.374 --> 00:07:18.998 into that phase of survivorship.  
NOTE Confidence: 0.965039576428571

00:07:19.000 --> 00:07:21.800 So the role of social work is vast,  
NOTE Confidence: 0.965039576428571

00:07:21.800 --> 00:07:23.216 I will say.  
NOTE Confidence: 0.965039576428571

00:07:23.216 --> 00:07:24.730 But primarily, you know,  
NOTE Confidence: 0.965039576428571

00:07:24.730 --> 00:07:25.300 to reiterate,  
NOTE Confidence: 0.965039576428571

00:07:25.300 --> 00:07:27.852 we are there to serve as a supportive  
NOTE Confidence: 0.965039576428571

00:07:27.852 --> 00:07:29.400 advocate for our patients.  
NOTE Confidence: 0.79516241625

00:07:29.880 --> 00:07:31.200 Yeah. And, Laura,  
NOTE Confidence: 0.79516241625

00:07:31.200 --> 00:07:33.266 coming back to you, you know,  
NOTE Confidence: 0.79516241625

00:07:33.266 --> 00:07:35.504 when you talk about palliative care  
NOTE Confidence: 0.79516241625

00:07:35.504 --> 00:07:37.479 being symptom management

NOTE Confidence: 0.79516241625

00:07:37.479 --> 00:07:39.795 and that extra layer of support.

NOTE Confidence: 0.79516241625

00:07:39.800 --> 00:07:42.434 You know, I think that there's a

NOTE Confidence: 0.79516241625

00:07:42.434 --> 00:07:44.558 real tie between what Kristen mentioned

NOTE Confidence: 0.79516241625

00:07:44.558 --> 00:07:46.881 in terms of supporting patients in

NOTE Confidence: 0.79516241625

00:07:46.881 --> 00:07:49.251 terms of their mental health as

NOTE Confidence: 0.79516241625

00:07:49.251 --> 00:07:51.456 well as their physical, emotional,

NOTE Confidence: 0.79516241625

00:07:51.456 --> 00:07:53.600 sexual, financial health, etcetera.

NOTE Confidence: 0.79516241625

00:07:53.600 --> 00:07:56.336 But can you talk a little bit more about

NOTE Confidence: 0.79516241625

00:07:56.336 --> 00:07:58.932 the mental health kind of challenges

NOTE Confidence: 0.79516241625

00:07:58.932 --> 00:08:01.147 that patients face when they're

NOTE Confidence: 0.79516241625

00:08:01.220 --> 00:08:04.253 going through their cancer journey,

NOTE Confidence: 0.79516241625

00:08:04.253 --> 00:08:06.386 particularly when they're

NOTE Confidence: 0.79516241625

00:08:06.386 --> 00:08:08.519 facing physical symptomatology,

NOTE Confidence: 0.79516241625

00:08:08.520 --> 00:08:11.096 either from the cancer itself or from

NOTE Confidence: 0.79516241625

00:08:11.096 --> 00:08:13.736 the treatment and particularly when they

NOTE Confidence: 0.79516241625

00:08:13.736 --> 00:08:17.080 are looking towards the end of life?  
NOTE Confidence: 0.79516241625

00:08:17.080 --> 00:08:17.491 Granted,  
NOTE Confidence: 0.79516241625

00:08:17.491 --> 00:08:19.957 the provisos that we mentioned earlier,  
NOTE Confidence: 0.79516241625

00:08:19.960 --> 00:08:21.400 which is that palliative care  
NOTE Confidence: 0.79516241625

00:08:21.400 --> 00:08:23.080 is far more than end of life.  
NOTE Confidence: 0.79516241625

00:08:23.080 --> 00:08:25.447 But can you talk a little bit more about  
NOTE Confidence: 0.79516241625

00:08:25.447 --> 00:08:27.532 the mental health support that you  
NOTE Confidence: 0.79516241625

00:08:27.532 --> 00:08:30.160 provide to those patients in that journey?  
00:08:30.720 --> 00:08:34.278 So like Kristen just explained,  
NOTE Confidence: 0.840470258333333

00:08:34.280 --> 00:08:36.022 you know, a patient with, let's say,  
NOTE Confidence: 0.840470258333333

00:08:36.022 --> 00:08:38.008 a breast cancer diagnosis that she  
NOTE Confidence: 0.840470258333333

00:08:38.008 --> 00:08:39.918 would encounter and she is there  
NOTE Confidence: 0.840470258333333

00:08:39.918 --> 00:08:41.398 to provide that initial support.  
NOTE Confidence: 0.840470258333333

00:08:41.400 --> 00:08:43.200 And maybe down the road,  
NOTE Confidence: 0.840470258333333

00:08:43.200 --> 00:08:45.768 that patient gets referred to palliative  
NOTE Confidence: 0.840470258333333

00:08:45.768 --> 00:08:47.920 care either because they're experiencing  
NOTE Confidence: 0.840470258333333

00:08:47.920 --> 00:08:52.344 maybe a lot of nausea, a lot of pain,  
NOTE Confidence: 0.8404702583333333

00:08:52.344 --> 00:08:54.984 even anxiety related to their diagnosis.  
NOTE Confidence: 0.8404702583333333

00:08:54.984 --> 00:08:56.410 And perhaps the physician thinks  
NOTE Confidence: 0.8404702583333333

00:08:56.410 --> 00:08:58.562 it would be a good idea for that person  
NOTE Confidence: 0.8404702583333333

00:08:58.562 --> 00:09:00.080 to get connected with palliative care.  
NOTE Confidence: 0.8404702583333333

00:09:00.080 --> 00:09:01.720 So they make a referral.  
NOTE Confidence: 0.8404702583333333

00:09:01.720 --> 00:09:04.752 And on the first visit, you know,  
NOTE Confidence: 0.8404702583333333

00:09:04.752 --> 00:09:07.104 I do try to meet with the  
NOTE Confidence: 0.8404702583333333

00:09:07.104 --> 00:09:08.538 patients to introduce myself,  
NOTE Confidence: 0.8404702583333333

00:09:08.538 --> 00:09:10.368 even though they perhaps already  
NOTE Confidence: 0.8404702583333333

00:09:10.368 --> 00:09:12.118 have worked with Kristen  
NOTE Confidence: 0.8404702583333333

00:09:12.120 --> 00:09:14.985 and have been maybe processing  
NOTE Confidence: 0.8404702583333333

00:09:14.985 --> 00:09:17.277 some of those things.  
NOTE Confidence: 0.8404702583333333

00:09:17.280 --> 00:09:18.760 But like Kristen did mention,  
NOTE Confidence: 0.8404702583333333

00:09:18.760 --> 00:09:21.136 you know, depression,  
NOTE Confidence: 0.8404702583333333

00:09:21.136 --> 00:09:22.720 anxiety, fear,



NOTE Confidence: 0.8404702583333333  
00:09:22.720 --> 00:09:26.052 all are very appropriate and normal emotions  
NOTE Confidence: 0.8404702583333333  
00:09:26.052 --> 00:09:29.599 when you're living with cancer.  
NOTE Confidence: 0.8404702583333333  
00:09:29.600 --> 00:09:32.072 I think when patients get into  
NOTE Confidence: 0.8404702583333333  
00:09:32.072 --> 00:09:34.800 really the active phase of treatment,  
NOTE Confidence: 0.8404702583333333  
00:09:34.800 --> 00:09:36.280 it can be very consuming.  
NOTE Confidence: 0.8404702583333333  
00:09:36.280 --> 00:09:37.705 It can consume  
NOTE Confidence: 0.8404702583333333  
00:09:37.705 --> 00:09:38.560 their whole life.  
00:09:39.272 --> 00:09:41.408 They maybe went from working and  
NOTE Confidence: 0.8404702583333333  
00:09:41.408 --> 00:09:43.517 raising children to now they're  
00:09:44.270 --> 00:09:46.145 going to doctor's appointments and  
NOTE Confidence: 0.8404702583333333  
00:09:46.145 --> 00:09:48.062 feeling pretty poorly at home in  
NOTE Confidence: 0.8404702583333333  
00:09:48.062 --> 00:09:49.922 between and kind of feel like  
NOTE Confidence: 0.8404702583333333  
00:09:49.922 --> 00:09:52.719 there's not a lot of quality to their life.  
NOTE Confidence: 0.8404702583333333  
00:09:52.720 --> 00:09:54.804 And many people are willing  
NOTE Confidence: 0.8404702583333333  
00:09:54.804 --> 00:09:57.282 to do that if there's going  
NOTE Confidence: 0.8404702583333333  
00:09:57.282 --> 00:09:59.725 to be an end in sight and they're  
NOTE Confidence: 0.8404702583333333

00:09:59.725 --> 00:10:02.249 going to recover and resume  
NOTE Confidence: 0.8404702583333333

00:10:02.249 --> 00:10:04.434 their prior level of function.  
NOTE Confidence: 0.8404702583333333

00:10:04.440 --> 00:10:06.865 It does become more difficult  
NOTE Confidence: 0.8404702583333333

00:10:06.865 --> 00:10:09.880 when when it looks like treatment  
NOTE Confidence: 0.8404702583333333

00:10:09.880 --> 00:10:11.920 may go on indefinitely.  
NOTE Confidence: 0.8404702583333333

00:10:11.920 --> 00:10:14.062 And another thing I don't think  
NOTE Confidence: 0.8404702583333333

00:10:14.062 --> 00:10:15.988 I mentioned was that palliative  
NOTE Confidence: 0.8404702583333333

00:10:15.988 --> 00:10:18.544 care is also very concerned with  
NOTE Confidence: 0.8404702583333333

00:10:18.544 --> 00:10:20.440 a person's quality of life.  
NOTE Confidence: 0.8404702583333333

00:10:20.440 --> 00:10:23.662 And also really engaging the patient  
NOTE Confidence: 0.8404702583333333

00:10:23.662 --> 00:10:27.800 and the family in a discussion about,  
00:10:28.152 --> 00:10:29.760 what does a good day look like for you?  
NOTE Confidence: 0.8404702583333333

00:10:29.760 --> 00:10:31.520 What matters to you,  
NOTE Confidence: 0.8404702583333333

00:10:31.520 --> 00:10:34.080 what's important to you?  
NOTE Confidence: 0.8404702583333333

00:10:34.080 --> 00:10:37.797 And as people go through cancer treatment,  
NOTE Confidence: 0.8404702583333333

00:10:37.800 --> 00:10:41.651 those priorities really shift and  
NOTE Confidence: 0.8404702583333333

00:10:41.651 --> 00:10:43.397 people really take a look at,  
00:10:44.348 --> 00:10:46.560 what mattered the most in their life.  
NOTE Confidence: 0.8404702583333333

00:10:46.560 --> 00:10:49.848 Also, a lot of spiritual and  
NOTE Confidence: 0.8404702583333333

00:10:49.848 --> 00:10:52.400 existential type questions can come up.  
NOTE Confidence: 0.8404702583333333

00:10:52.400 --> 00:10:55.879 And I think for patients that even  
00:10:56.412 --> 00:10:58.880 have a very good prognosis and  
NOTE Confidence: 0.8404702583333333

00:10:58.880 --> 00:11:01.280 really the intent is cure,  
NOTE Confidence: 0.8404702583333333

00:11:01.280 --> 00:11:03.518 I think getting that diagnosis brings  
NOTE Confidence: 0.8404702583333333

00:11:03.520 --> 00:11:06.084 people face to face with their mortality  
NOTE Confidence: 0.8404702583333333

00:11:06.084 --> 00:11:08.490 a little bit and sometimes just  
NOTE Confidence: 0.8404702583333333

00:11:08.568 --> 00:11:11.000 brings up questions about,  
NOTE Confidence: 0.8404702583333333

00:11:11.000 --> 00:11:12.800 are my affairs in order?  
NOTE Confidence: 0.8404702583333333

00:11:12.800 --> 00:11:14.240 What do I really want?  
NOTE Confidence: 0.8404702583333333

00:11:14.240 --> 00:11:16.038 If I approach end of life,  
NOTE Confidence: 0.8404702583333333

00:11:16.038 --> 00:11:17.154 where would I want to be?  
NOTE Confidence: 0.8404702583333333

00:11:17.160 --> 00:11:18.800 How much care would I want to get,  
NOTE Confidence: 0.8404702583333333

00:11:18.800 --> 00:11:22.040 How much intervention?

NOTE Confidence: 0.840470258333333

00:11:22.040 --> 00:11:24.768 So those are maybe some of the things

NOTE Confidence: 0.840470258333333

00:11:24.768 --> 00:11:27.142 that in palliative care we dive

NOTE Confidence: 0.840470258333333

00:11:27.142 --> 00:11:30.360 into a little bit more deeply.

NOTE Confidence: 0.942353112

00:11:32.440 --> 00:11:35.912 And also really making sure

NOTE Confidence: 0.942353112

00:11:35.912 --> 00:11:38.570 that our patients have appropriate

NOTE Confidence: 0.942353112

00:11:38.570 --> 00:11:42.080 support even outside of our clinics.

NOTE Confidence: 0.942353112

00:11:42.080 --> 00:11:44.576 You know, Kristen and I are

NOTE Confidence: 0.942353112

00:11:44.576 --> 00:11:46.240 available in the clinics,

NOTE Confidence: 0.942353112

00:11:46.240 --> 00:11:48.845 but sometimes people would benefit

NOTE Confidence: 0.942353112

00:11:48.845 --> 00:11:50.929 from ongoing counseling

NOTE Confidence: 0.942353112

00:11:50.929 --> 00:11:53.455 with someone in the community who

NOTE Confidence: 0.942353112

00:11:53.455 --> 00:11:56.550 is an expert or very knowledgeable

NOTE Confidence: 0.942353112

00:11:56.550 --> 00:11:59.955 in patients or people living with

NOTE Confidence: 0.942353112

00:11:59.955 --> 00:12:02.984 chronic illness or, you know,

NOTE Confidence: 0.942353112

00:12:02.984 --> 00:12:05.720 medication to manage symptoms of depression.

NOTE Confidence: 0.942353112

00:12:05.720 --> 00:12:07.420 Sometimes we make  
NOTE Confidence: 0.942353112

00:12:07.420 --> 00:12:09.120 referrals for that as well.  
NOTE Confidence: 0.942353112

00:12:09.120 --> 00:12:13.386 So that's all a part of how we  
NOTE Confidence: 0.942353112

00:12:13.386 --> 00:12:15.038 address mental health issues,  
NOTE Confidence: 0.942353112

00:12:15.040 --> 00:12:17.368 I think both in the primary  
NOTE Confidence: 0.942353112

00:12:17.368 --> 00:12:19.360 clinics and in palliative care.  
NOTE Confidence: 0.9291493392

00:12:20.880 --> 00:12:22.448 And you know, Kristen,  
NOTE Confidence: 0.9291493392

00:12:22.448 --> 00:12:25.207 coming back to something that you said  
NOTE Confidence: 0.9291493392

00:12:25.207 --> 00:12:27.839 that I think is is really important is  
NOTE Confidence: 0.9291493392

00:12:27.839 --> 00:12:30.560 the whole idea of financial toxicity.  
NOTE Confidence: 0.9291493392

00:12:30.560 --> 00:12:33.112 I mean, we often think about a cancer  
NOTE Confidence: 0.9291493392

00:12:33.112 --> 00:12:35.317 diagnosis and we think about the pain,  
NOTE Confidence: 0.9291493392

00:12:35.320 --> 00:12:37.945 the physical and emotional toll that  
NOTE Confidence: 0.9291493392

00:12:37.945 --> 00:12:40.879 diagnosis has on the patient and the family.  
NOTE Confidence: 0.9291493392

00:12:40.880 --> 00:12:43.876 But we also know that there's a  
NOTE Confidence: 0.9291493392

00:12:43.876 --> 00:12:47.398 significant financial toll and that

NOTE Confidence: 0.9291493392

00:12:47.398 --> 00:12:51.028 toxicity really does play a key role

NOTE Confidence: 0.9291493392

00:12:51.028 --> 00:12:53.560 in terms of people's quality of life.

NOTE Confidence: 0.9291493392

00:12:53.560 --> 00:12:56.723 Can you talk a little bit more about the

NOTE Confidence: 0.9291493392

00:12:56.723 --> 00:12:59.307 role that you have in terms of helping

NOTE Confidence: 0.9291493392

00:12:59.307 --> 00:13:01.717 patients through that financial toxicity?

NOTE Confidence: 0.9291493392

00:13:01.720 --> 00:13:04.569 What do you do for patients that

NOTE Confidence: 0.9291493392

00:13:04.569 --> 00:13:06.438 don't have resources that may

NOTE Confidence: 0.9291493392

00:13:06.438 --> 00:13:08.538 be underinsured or uninsured,

NOTE Confidence: 0.9291493392

00:13:08.538 --> 00:13:11.532 who may be even undocumented,

NOTE Confidence: 0.9291493392

00:13:11.532 --> 00:13:15.980 so not even able to access insurance.

NOTE Confidence: 0.9291493392

00:13:15.980 --> 00:13:19.040 Can you talk a little bit more about that?

NOTE Confidence: 0.9291493392

00:13:19.040 --> 00:13:19.480 Sure.

NOTE Confidence: 0.945082391304348

00:13:19.480 --> 00:13:22.553 So it definitely is a very complex

NOTE Confidence: 0.945082391304348

00:13:22.553 --> 00:13:26.331 issue and what we do is a variety

NOTE Confidence: 0.945082391304348

00:13:26.331 --> 00:13:28.227 of different interventions for

NOTE Confidence: 0.945082391304348

00:13:28.227 --> 00:13:31.038 our particular health system.  
NOTE Confidence: 0.945082391304348

00:13:31.040 --> 00:13:33.371 You know, we have wonderful access to  
NOTE Confidence: 0.945082391304348

00:13:33.371 --> 00:13:35.133 our billing departments and financial  
NOTE Confidence: 0.945082391304348

00:13:35.133 --> 00:13:36.533 assistance departments who provide  
NOTE Confidence: 0.945082391304348

00:13:36.533 --> 00:13:39.172 a great deal of assistance to those  
NOTE Confidence: 0.945082391304348

00:13:39.172 --> 00:13:40.782 individuals who, as you mentioned,  
NOTE Confidence: 0.945082391304348

00:13:40.782 --> 00:13:42.426 may be undocumented and do not  
NOTE Confidence: 0.945082391304348

00:13:42.426 --> 00:13:44.160 have access to health insurance.  
NOTE Confidence: 0.945082391304348

00:13:44.160 --> 00:13:47.191 You know, we'll aid the patient in  
NOTE Confidence: 0.945082391304348

00:13:47.191 --> 00:13:48.490 completing necessary applications  
NOTE Confidence: 0.945082391304348

00:13:48.559 --> 00:13:50.439 to help gain medical coverage  
NOTE Confidence: 0.945082391304348

00:13:50.439 --> 00:13:52.319 under our health care system.  
NOTE Confidence: 0.945082391304348

00:13:52.320 --> 00:13:54.448 Or if we do have an individual  
NOTE Confidence: 0.945082391304348

00:13:54.448 --> 00:13:55.864 who's maybe underinsured, you know,  
NOTE Confidence: 0.945082391304348

00:13:55.864 --> 00:13:57.628 we'll connect them with again our  
NOTE Confidence: 0.945082391304348

00:13:57.628 --> 00:13:59.252 billing and financial assistance office to

NOTE Confidence: 0.945082391304348

00:13:59.252 --> 00:14:01.319 help get them in either a payment plan,

NOTE Confidence: 0.945082391304348

00:14:01.320 --> 00:14:03.145 a sliding scale or some

NOTE Confidence: 0.945082391304348

00:14:03.145 --> 00:14:05.240 form of discounted care.

NOTE Confidence: 0.945082391304348

00:14:05.240 --> 00:14:06.076 You know,

NOTE Confidence: 0.945082391304348

00:14:06.076 --> 00:14:08.166 additionally we always like to

NOTE Confidence: 0.945082391304348

00:14:08.166 --> 00:14:09.808 meet patients where they're

NOTE Confidence: 0.945082391304348

00:14:09.808 --> 00:14:11.716 at and

NOTE Confidence: 0.945082391304348

00:14:11.720 --> 00:14:13.720 almost act like detectives and

NOTE Confidence: 0.945082391304348

00:14:13.720 --> 00:14:15.542 try to investigate

NOTE Confidence: 0.945082391304348

00:14:15.542 --> 00:14:17.097 what other resources can we

NOTE Confidence: 0.945082391304348

00:14:17.097 --> 00:14:18.240 connect this individual to.

00:14:18.884 --> 00:14:20.816 We're lucky in the breast cancer

NOTE Confidence: 0.945082391304348

00:14:20.816 --> 00:14:22.886 population of access to so many

NOTE Confidence: 0.945082391304348

00:14:22.886 --> 00:14:24.586 wonderful non profit agencies who

NOTE Confidence: 0.945082391304348

00:14:24.586 --> 00:14:26.509 connect and provide our patients

NOTE Confidence: 0.945082391304348

00:14:26.509 --> 00:14:28.033 with financial grant awards.



NOTE Confidence: 0.945082391304348  
00:14:28.040 --> 00:14:30.150 And there are other numerous  
NOTE Confidence: 0.945082391304348  
00:14:30.150 --> 00:14:32.260 organizations out there that are  
NOTE Confidence: 0.945082391304348  
00:14:32.332 --> 00:14:35.188 able to provide that to patients of  
NOTE Confidence: 0.945082391304348  
00:14:35.188 --> 00:14:37.040 different disease types as well.  
00:14:37.654 --> 00:14:39.189 There's a lot of national  
NOTE Confidence: 0.945082391304348  
00:14:39.189 --> 00:14:40.491 organizations that patients can  
NOTE Confidence: 0.945082391304348  
00:14:40.491 --> 00:14:42.116 access like American Cancer Society,  
NOTE Confidence: 0.945082391304348  
00:14:42.120 --> 00:14:44.466 Cancer Care to pursue different financial  
NOTE Confidence: 0.945082391304348  
00:14:44.466 --> 00:14:47.040 resources that will help connect them.  
NOTE Confidence: 0.945082391304348  
00:14:47.040 --> 00:14:48.840 There's also the possibility of  
NOTE Confidence: 0.945082391304348  
00:14:48.840 --> 00:14:51.066 aiding the patient or guiding them  
NOTE Confidence: 0.945082391304348  
00:14:51.066 --> 00:14:53.262 through the process of applying for  
NOTE Confidence: 0.945082391304348  
00:14:53.262 --> 00:14:55.599 something like Social Security disability.  
NOTE Confidence: 0.945082391304348  
00:14:55.600 --> 00:14:56.392 You know, whichever,  
00:14:56.920 --> 00:14:58.792 state program they may be eligible  
NOTE Confidence: 0.945082391304348  
00:14:58.792 --> 00:15:00.040 for and benefit from,  
NOTE Confidence: 0.945082391304348

00:15:00.040 --> 00:15:02.200 we can help connect them to as well.  
NOTE Confidence: 0.945082391304348

00:15:02.200 --> 00:15:04.840 So there's quite a few different  
NOTE Confidence: 0.945082391304348

00:15:04.840 --> 00:15:07.657 resources and tools and organizations out  
NOTE Confidence: 0.945082391304348

00:15:07.657 --> 00:15:11.080 there that we have the information on,  
NOTE Confidence: 0.945082391304348

00:15:11.080 --> 00:15:12.120 but the patient may not.  
NOTE Confidence: 0.945082391304348

00:15:12.120 --> 00:15:14.072 So our goal at the end of that  
NOTE Confidence: 0.945082391304348

00:15:14.072 --> 00:15:16.376 visit is to make sure that they  
NOTE Confidence: 0.945082391304348

00:15:16.376 --> 00:15:18.126 leave feeling well equipped  
NOTE Confidence: 0.945082391304348

00:15:18.198 --> 00:15:19.998 and with adequate resources to  
NOTE Confidence: 0.945082391304348

00:15:19.998 --> 00:15:22.238 help better and lessen that burden  
NOTE Confidence: 0.945082391304348

00:15:22.238 --> 00:15:23.396 of financial toxicity.  
NOTE Confidence: 0.964712645384615

00:15:24.000 --> 00:15:26.429 Fantastic. Well, we need to take a  
NOTE Confidence: 0.964712645384615

00:15:26.429 --> 00:15:28.719 short break for a medical minute,  
NOTE Confidence: 0.964712645384615

00:15:28.720 --> 00:15:30.568 but please stay tuned to learn  
NOTE Confidence: 0.964712645384615

00:15:30.568 --> 00:15:32.176 more about palliative care and  
NOTE Confidence: 0.964712645384615

00:15:32.176 --> 00:15:34.090 social work with my guests Laura

NOTE Confidence: 0.964712645384615  
00:15:34.090 --> 00:15:35.480 Donnelly and Kristin Madrid.  
NOTE Confidence: 0.917117243  
00:15:36.120 --> 00:15:38.200 Funding for Yale Cancer Answers  
NOTE Confidence: 0.917117243  
00:15:38.200 --> 00:15:40.280 comes from Smilow Cancer Hospital,  
NOTE Confidence: 0.917117243  
00:15:40.280 --> 00:15:42.050 where their survivorship clinic is  
NOTE Confidence: 0.917117243  
00:15:42.050 --> 00:15:44.237 a resource for cancer survivors and  
NOTE Confidence: 0.917117243  
00:15:44.237 --> 00:15:46.032 provides patients and their families  
NOTE Confidence: 0.917117243  
00:15:46.032 --> 00:15:48.120 with information on cancer prevention,  
NOTE Confidence: 0.917117243  
00:15:48.120 --> 00:15:49.899 wellness, supportive services,  
NOTE Confidence: 0.917117243  
00:15:49.899 --> 00:15:51.678 and health research.  
NOTE Confidence: 0.917117243  
00:15:51.680 --> 00:15:53.840 Smilowcancerhospital.org.  
NOTE Confidence: 0.95367168631579  
00:15:56.080 --> 00:15:57.976 Genetic testing can be useful for  
NOTE Confidence: 0.95367168631579  
00:15:57.976 --> 00:15:59.839 people with certain types of cancer  
NOTE Confidence: 0.95367168631579  
00:15:59.839 --> 00:16:01.715 that seem to run in their families.  
NOTE Confidence: 0.95367168631579  
00:16:01.720 --> 00:16:03.615 Genetic counseling is a process  
NOTE Confidence: 0.95367168631579  
00:16:03.615 --> 00:16:05.510 that includes collecting a detailed  
NOTE Confidence: 0.95367168631579

00:16:05.573 --> 00:16:07.157 personal and family history,  
NOTE Confidence: 0.95367168631579

00:16:07.160 --> 00:16:08.504 a risk assessment,  
NOTE Confidence: 0.95367168631579

00:16:08.504 --> 00:16:11.640 and a discussion of genetic testing options.  
NOTE Confidence: 0.95367168631579

00:16:11.640 --> 00:16:14.224 Only about 5 to 10% of all cancers  
NOTE Confidence: 0.95367168631579

00:16:14.224 --> 00:16:16.155 are inherited, and genetic testing  
NOTE Confidence: 0.95367168631579

00:16:16.155 --> 00:16:18.280 is not recommended for everyone.  
NOTE Confidence: 0.95367168631579

00:16:18.280 --> 00:16:20.225 Individuals who have a personal  
NOTE Confidence: 0.95367168631579

00:16:20.225 --> 00:16:22.684 and or family history that includes  
NOTE Confidence: 0.95367168631579

00:16:22.684 --> 00:16:24.919 cancer at unusually early ages.  
NOTE Confidence: 0.95367168631579

00:16:24.920 --> 00:16:26.960 Multiple relatives on the same side  
NOTE Confidence: 0.95367168631579

00:16:26.960 --> 00:16:29.398 of the family with the same cancer,  
NOTE Confidence: 0.95367168631579

00:16:29.400 --> 00:16:31.656 more than one diagnosis of cancer  
NOTE Confidence: 0.95367168631579

00:16:31.656 --> 00:16:33.160 in the same individual,  
NOTE Confidence: 0.95367168631579

00:16:33.160 --> 00:16:33.962 rare cancers,  
NOTE Confidence: 0.95367168631579

00:16:33.962 --> 00:16:36.769 or family history of a known altered  
NOTE Confidence: 0.95367168631579

00:16:36.769 --> 00:16:39.280 cancer predisposing gene could be

NOTE Confidence: 0.95367168631579

00:16:39.280 --> 00:16:41.320 candidates for genetic testing.

NOTE Confidence: 0.95367168631579

00:16:41.320 --> 00:16:43.395 Resources for genetic counseling and

NOTE Confidence: 0.95367168631579

00:16:43.395 --> 00:16:45.470 testing are available at federally

NOTE Confidence: 0.95367168631579

00:16:45.537 --> 00:16:46.767 designated comprehensive cancer

NOTE Confidence: 0.95367168631579

00:16:46.767 --> 00:16:49.227 centers such as Yale Cancer Center

NOTE Confidence: 0.95367168631579

00:16:49.227 --> 00:16:51.160 and Smilow Cancer Hospital.

NOTE Confidence: 0.95367168631579

00:16:51.160 --> 00:16:53.560 More information is available

NOTE Confidence: 0.95367168631579

00:16:53.560 --> 00:16:54.594 at [yalecancercenter.org](http://yalecancercenter.org).

NOTE Confidence: 0.95367168631579

00:16:54.594 --> 00:16:57.198 You're listening to Connecticut Public Radio.

NOTE Confidence: 0.9647467733333333

00:16:58.040 --> 00:17:00.038 Welcome back to Yale Cancer Answers.

NOTE Confidence: 0.9647467733333333

00:17:00.040 --> 00:17:02.007 This is doctor Anees Chagpar and

NOTE Confidence: 0.9647467733333333

00:17:02.007 --> 00:17:04.423 I am joined tonight by my guests

NOTE Confidence: 0.9647467733333333

00:17:04.423 --> 00:17:06.313 Laura Donnelly and Kristin Madrid.

NOTE Confidence: 0.9647467733333333

00:17:06.320 --> 00:17:08.340 We're talking about the role

NOTE Confidence: 0.9647467733333333

00:17:08.340 --> 00:17:10.360 of palliative care and social

NOTE Confidence: 0.9647467733333333

00:17:10.431 --> 00:17:12.855 work for patients with cancer in  
NOTE Confidence: 0.9647467733333333

00:17:12.855 --> 00:17:14.960 honor of cancer survivors month.  
NOTE Confidence: 0.9647467733333333

00:17:14.960 --> 00:17:16.420 Now, before the break,  
NOTE Confidence: 0.9647467733333333

00:17:16.420 --> 00:17:18.610 we were talking about social work  
NOTE Confidence: 0.9647467733333333

00:17:18.684 --> 00:17:20.774 and palliative care really being  
NOTE Confidence: 0.9647467733333333

00:17:20.774 --> 00:17:23.309 this extra support for patients as  
NOTE Confidence: 0.9647467733333333

00:17:23.309 --> 00:17:25.577 they go through their cancer journey  
NOTE Confidence: 0.9647467733333333

00:17:25.577 --> 00:17:27.890 and whether that's to help alleviate  
NOTE Confidence: 0.9647467733333333

00:17:27.890 --> 00:17:30.620 some of the physical pain or the  
NOTE Confidence: 0.9647467733333333

00:17:30.699 --> 00:17:33.597 mental anguish or even the financial  
NOTE Confidence: 0.9647467733333333

00:17:33.597 --> 00:17:36.160 toxicity of the diagnosis itself.  
NOTE Confidence: 0.9647467733333333

00:17:36.160 --> 00:17:39.796 But Laura, I wanted to come back to you.  
NOTE Confidence: 0.9647467733333333

00:17:39.800 --> 00:17:43.283 You know, I think we need to keep in  
NOTE Confidence: 0.9647467733333333

00:17:43.283 --> 00:17:46.880 mind that cancer effects all patients,  
NOTE Confidence: 0.9647467733333333

00:17:46.880 --> 00:17:52.040 all races, all ages, all body types,  
NOTE Confidence: 0.9647467733333333

00:17:52.040 --> 00:17:53.840 all financial situations.

NOTE Confidence: 0.964746773333333  
00:17:53.840 --> 00:17:55.469 And, you know,  
NOTE Confidence: 0.964746773333333  
00:17:55.469 --> 00:17:58.727 I think it really effects different  
NOTE Confidence: 0.964746773333333  
00:17:58.727 --> 00:18:00.520 people differently.  
NOTE Confidence: 0.964746773333333  
00:18:00.520 --> 00:18:02.396 Can you talk a little bit more  
NOTE Confidence: 0.964746773333333  
00:18:02.396 --> 00:18:04.475 about your role and what you've been  
NOTE Confidence: 0.964746773333333  
00:18:04.475 --> 00:18:06.293 doing in terms of the pediatric  
NOTE Confidence: 0.964746773333333  
00:18:06.356 --> 00:18:08.420 and young adult population and how  
NOTE Confidence: 0.964746773333333  
00:18:08.420 --> 00:18:10.544 that population might be different  
NOTE Confidence: 0.964746773333333  
00:18:10.544 --> 00:18:13.520 from the adult population?  
NOTE Confidence: 0.942669418666667  
00:18:14.320 --> 00:18:15.554 Sure, absolutely.  
NOTE Confidence: 0.942669418666667  
00:18:15.554 --> 00:18:18.022 You're absolutely correct saying  
NOTE Confidence: 0.942669418666667  
00:18:18.022 --> 00:18:21.254 that cancer can really affect  
NOTE Confidence: 0.942669418666667  
00:18:21.254 --> 00:18:23.958 anybody regardless of background,  
NOTE Confidence: 0.942669418666667  
00:18:23.960 --> 00:18:27.862 age, socioeconomic status.  
NOTE Confidence: 0.942669418666667  
00:18:27.862 --> 00:18:33.490 Really unfortunately it's a  
NOTE Confidence: 0.942669418666667

00:18:33.490 --> 00:18:38.884 common disease and is a population that

NOTE Confidence: 0.942669418666667

00:18:38.884 --> 00:18:41.120 we're seeing cancer in a little bit more.

NOTE Confidence: 0.942669418666667

00:18:41.120 --> 00:18:42.716 I think there have been some articles,

NOTE Confidence: 0.942669418666667

00:18:42.720 --> 00:18:44.196 even in the New York Times,

NOTE Confidence: 0.942669418666667

00:18:44.200 --> 00:18:48.360 I saw one about people who are younger,

NOTE Confidence: 0.942669418666667

00:18:48.360 --> 00:18:52.758 maybe in their 20s and 30s,

NOTE Confidence: 0.942669418666667

00:18:52.760 --> 00:18:55.512 having a cancer diagnosis.

NOTE Confidence: 0.942669418666667

00:18:55.512 --> 00:18:58.553 And I think in past eras, decades,

NOTE Confidence: 0.942669418666667

00:18:58.553 --> 00:19:01.864 it was a disease that was more

NOTE Confidence: 0.942669418666667

00:19:01.864 --> 00:19:04.599 commonly seen in older adults.

NOTE Confidence: 0.942669418666667

00:19:04.600 --> 00:19:07.080 And that young adult age,

NOTE Confidence: 0.942669418666667

00:19:07.080 --> 00:19:12.332 I'm going to say from like 20 to 40s is a

NOTE Confidence: 0.942669418666667

00:19:12.332 --> 00:19:15.516 really unique period in a person's life.

NOTE Confidence: 0.942669418666667

00:19:15.520 --> 00:19:20.154 Typically a person is pursuing their career,

NOTE Confidence: 0.942669418666667

00:19:20.160 --> 00:19:22.080 raising a family, perhaps

NOTE Confidence: 0.97696835

00:19:24.600 --> 00:19:26.185 those types of things are really



NOTE Confidence: 0.97696835

00:19:26.185 --> 00:19:28.319 kind of front and center for them.

NOTE Confidence: 0.97696835

00:19:28.320 --> 00:19:31.008 So a cancer diagnosis at that

NOTE Confidence: 0.97696835

00:19:31.008 --> 00:19:33.756 stage of life is very

NOTE Confidence: 0.97696835

00:19:33.756 --> 00:19:35.501 disruptive and it can

NOTE Confidence: 0.97696835

00:19:35.501 --> 00:19:37.717 be an entire family system.

NOTE Confidence: 0.97696835

00:19:37.720 --> 00:19:40.040 If there's young children involved,

NOTE Confidence: 0.97696835

00:19:40.040 --> 00:19:43.280 it can be really career disrupting.

NOTE Confidence: 0.97696835

00:19:43.280 --> 00:19:44.840 Things of that nature.

NOTE Confidence: 0.97696835

00:19:44.840 --> 00:19:47.440 So we do find in

NOTE Confidence: 0.97696835

00:19:47.440 --> 00:19:51.160 I would say the population of 20 to to 50,

NOTE Confidence: 0.97696835

00:19:51.160 --> 00:19:53.440 there are some unique challenges.

NOTE Confidence: 0.97696835

00:19:53.440 --> 00:19:57.680 Also, the peer group in that age range

NOTE Confidence: 0.97696835

00:19:57.680 --> 00:19:59.996 are not as familiar with cancer.

NOTE Confidence: 0.97696835

00:20:00.000 --> 00:20:02.485 I think a person in their 20s

NOTE Confidence: 0.97696835

00:20:02.485 --> 00:20:05.077 who may have a lot of friends,

NOTE Confidence: 0.97696835

00:20:05.080 --> 00:20:07.500 those friends may not really  
NOTE Confidence: 0.97696835

00:20:07.500 --> 00:20:09.436 know how to support  
NOTE Confidence: 0.97696835

00:20:09.440 --> 00:20:11.480 their friends going through cancer,  
NOTE Confidence: 0.97696835

00:20:11.480 --> 00:20:12.491 they likely haven't  
NOTE Confidence: 0.97696835

00:20:12.491 --> 00:20:13.839 gone through it themselves.  
NOTE Confidence: 0.97696835

00:20:13.840 --> 00:20:15.955 They may have had a family member,  
NOTE Confidence: 0.97696835

00:20:15.960 --> 00:20:20.310 so that age  
NOTE Confidence: 0.97696835

00:20:20.310 --> 00:20:22.840 has some unique challenges.  
NOTE Confidence: 0.97696835

00:20:22.840 --> 00:20:24.760 And most recently,  
NOTE Confidence: 0.97696835

00:20:24.760 --> 00:20:28.600 our Cancer Center has really tried  
NOTE Confidence: 0.97696835

00:20:28.600 --> 00:20:31.328 to make a greater effort  
NOTE Confidence: 0.97696835

00:20:31.328 --> 00:20:34.296 to meet those needs in the way of  
NOTE Confidence: 0.97696835

00:20:34.296 --> 00:20:36.266 some new support groups geared  
NOTE Confidence: 0.97696835

00:20:36.266 --> 00:20:38.119 specifically to those age groups.  
00:20:42.160 --> 00:20:44.824 I would think that as part of some  
NOTE Confidence: 0.772691911666667

00:20:44.824 --> 00:20:47.279 of those special circumstances,  
NOTE Confidence: 0.772691911666667

00:20:47.280 --> 00:20:49.038 things that you might face are,  
NOTE Confidence: 0.772691911666667

00:20:49.040 --> 00:20:51.353 you know, how do you talk to your child?  
NOTE Confidence: 0.772691911666667

00:20:51.360 --> 00:20:53.560 So you deal with the  
NOTE Confidence: 0.772691911666667

00:20:53.560 --> 00:20:54.880 breast cancer population.  
NOTE Confidence: 0.772691911666667

00:20:54.880 --> 00:20:57.323 And I can only imagine that there  
NOTE Confidence: 0.772691911666667

00:20:57.323 --> 00:20:59.881 are people in that age group that  
NOTE Confidence: 0.772691911666667

00:20:59.881 --> 00:21:02.440 Laura was talking about who  
NOTE Confidence: 0.772691911666667

00:21:02.440 --> 00:21:04.653 might have young children.  
NOTE Confidence: 0.772691911666667

00:21:04.653 --> 00:21:08.277 And now mom has a breast cancer diagnosis.  
NOTE Confidence: 0.772691911666667

00:21:08.280 --> 00:21:10.395 How do you talk to your kids about that?  
NOTE Confidence: 0.772691911666667

00:21:10.400 --> 00:21:12.518 On the one hand, you're scared.  
NOTE Confidence: 0.772691911666667

00:21:12.520 --> 00:21:14.995 How do you help your kids get through that?  
NOTE Confidence: 0.772691911666667

00:21:15.000 --> 00:21:17.023 Because I can only imagine that they  
NOTE Confidence: 0.772691911666667

00:21:17.023 --> 00:21:19.199 too might have some fear and anxiety.  
00:21:19.440 --> 00:21:22.278 That definitely is very real for parents,  
NOTE Confidence: 0.965432916666667

00:21:22.280 --> 00:21:24.255 you know, parents with  
NOTE Confidence: 0.965432916666667

00:21:24.255 --> 00:21:25.835 young children specifically  
NOTE Confidence: 0.965432916666667

00:21:25.840 --> 00:21:27.156 or adolescents,  
NOTE Confidence: 0.965432916666667

00:21:27.156 --> 00:21:29.130 even children who are above the  
NOTE Confidence: 0.965432916666667

00:21:29.191 --> 00:21:31.039 age of 18 and considered adults.  
NOTE Confidence: 0.965432916666667

00:21:31.040 --> 00:21:33.020 It's terrifying to hear  
NOTE Confidence: 0.965432916666667

00:21:33.020 --> 00:21:35.000 that your parent has cancer.  
NOTE Confidence: 0.965432916666667

00:21:35.000 --> 00:21:36.760 So we usually  
NOTE Confidence: 0.965432916666667

00:21:36.760 --> 00:21:38.760 provide a few different recommendations  
NOTE Confidence: 0.965432916666667

00:21:38.760 --> 00:21:40.680 to those parents,  
NOTE Confidence: 0.965432916666667

00:21:40.680 --> 00:21:43.200 because they often endorse the fact that  
NOTE Confidence: 0.965432916666667

00:21:43.200 --> 00:21:45.118 cancer isn't their primary concern,  
NOTE Confidence: 0.965432916666667

00:21:45.120 --> 00:21:45.984 it's their kids.  
NOTE Confidence: 0.965432916666667

00:21:45.984 --> 00:21:47.916 How do I tell my children?  
NOTE Confidence: 0.965432916666667

00:21:47.920 --> 00:21:50.368 How do I help them navigate the physical  
NOTE Confidence: 0.965432916666667

00:21:50.368 --> 00:21:52.758 changes and treatments that I go through?  
NOTE Confidence: 0.965432916666667

00:21:52.760 --> 00:21:54.716 And that depends on

NOTE Confidence: 0.965432916666667  
00:21:54.716 --> 00:21:56.320 definitely the child's age  
NOTE Confidence: 0.965432916666667  
00:21:56.320 --> 00:21:58.036 and developmental level,  
NOTE Confidence: 0.965432916666667  
00:21:58.036 --> 00:22:00.324 but broad recommendations or  
NOTE Confidence: 0.965432916666667  
00:22:00.324 --> 00:22:02.040 more broad recommendations,  
NOTE Confidence: 0.965432916666667  
00:22:02.040 --> 00:22:04.992 I should say, are to keep a line of  
NOTE Confidence: 0.965432916666667  
00:22:04.992 --> 00:22:06.800 communication open with that child.  
NOTE Confidence: 0.965432916666667  
00:22:06.800 --> 00:22:07.680 A lot of kids, again,  
NOTE Confidence: 0.965432916666667  
00:22:07.680 --> 00:22:09.048 depending upon their age  
NOTE Confidence: 0.965432916666667  
00:22:09.048 --> 00:22:10.074 or developmental level,  
NOTE Confidence: 0.965432916666667  
00:22:10.080 --> 00:22:13.195 may not verbalize how they're feeling or,  
NOTE Confidence: 0.965432916666667  
00:22:13.200 --> 00:22:15.504 you know, the fear and the  
NOTE Confidence: 0.965432916666667  
00:22:15.504 --> 00:22:17.040 worry that they're experiencing.  
NOTE Confidence: 0.965432916666667  
00:22:17.040 --> 00:22:18.156 So it's good to  
NOTE Confidence: 0.965432916666667  
00:22:18.160 --> 00:22:20.035 carve out protected family time  
NOTE Confidence: 0.965432916666667  
00:22:20.035 --> 00:22:21.160 with your children.  
NOTE Confidence: 0.965432916666667

00:22:21.160 --> 00:22:22.926 Make sure that you keep that, again,  
NOTE Confidence: 0.965432916666667

00:22:22.926 --> 00:22:24.756 that line of communication open.  
NOTE Confidence: 0.965432916666667

00:22:24.760 --> 00:22:26.092 Try to tease out some questions  
NOTE Confidence: 0.965432916666667

00:22:26.092 --> 00:22:27.360 they may not be asking,  
NOTE Confidence: 0.965432916666667

00:22:27.360 --> 00:22:28.824 but you can see,  
00:22:29.560 --> 00:22:31.534 maybe written all over their face that  
NOTE Confidence: 0.965432916666667

00:22:31.534 --> 00:22:33.114 they're worried or they're concerned  
NOTE Confidence: 0.965432916666667

00:22:33.114 --> 00:22:35.154 about their parent or their guardian.  
NOTE Confidence: 0.965432916666667

00:22:35.160 --> 00:22:36.780 Definitely try to maintain  
NOTE Confidence: 0.965432916666667

00:22:36.780 --> 00:22:37.995 the child's schedule  
00:22:38.628 --> 00:22:41.532 as best as we can given of course  
NOTE Confidence: 0.965432916666667

00:22:41.532 --> 00:22:43.530 the huge impact that the treatment  
NOTE Confidence: 0.965432916666667

00:22:43.592 --> 00:22:44.880 schedules and this diagnosis  
NOTE Confidence: 0.965432916666667

00:22:44.880 --> 00:22:47.185 may have on the day-to-day.  
NOTE Confidence: 0.965432916666667

00:22:47.185 --> 00:22:48.833 Utilize your support system  
NOTE Confidence: 0.965432916666667

00:22:48.833 --> 00:22:50.798 and the Child Support system.  
NOTE Confidence: 0.965432916666667

00:22:50.800 --> 00:22:52.516 Schools have been a really great

NOTE Confidence: 0.965432916666667

00:22:52.516 --> 00:22:55.097 benefit and help to a lot of kids when

NOTE Confidence: 0.965432916666667

00:22:55.097 --> 00:22:56.920 their parents are going through cancer.

NOTE Confidence: 0.965432916666667

00:22:56.920 --> 00:22:59.388 Teachers, specifically school counselors,

NOTE Confidence: 0.965432916666667

00:22:59.388 --> 00:23:01.640 school social workers,

NOTE Confidence: 0.965432916666667

00:23:01.640 --> 00:23:04.040 we always encourage reaching out to,

NOTE Confidence: 0.965432916666667

00:23:04.040 --> 00:23:05.320 you know, the friends

NOTE Confidence: 0.965432916666667

00:23:05.320 --> 00:23:07.008 of your children,

NOTE Confidence: 0.965432916666667

00:23:07.008 --> 00:23:08.946 their family members,

NOTE Confidence: 0.965432916666667

00:23:08.946 --> 00:23:11.277 having them try to provide an extra

NOTE Confidence: 0.965432916666667

00:23:11.277 --> 00:23:13.376 layer of support or

NOTE Confidence: 0.965432916666667

00:23:13.376 --> 00:23:15.316 utilizing your inner circle

NOTE Confidence: 0.965432916666667

00:23:15.320 --> 00:23:17.630 of friends and family and your child's

NOTE Confidence: 0.965432916666667

00:23:17.630 --> 00:23:19.788 inner circle to really maximize the

NOTE Confidence: 0.965432916666667

00:23:19.788 --> 00:23:22.357 level of support available to the child,

NOTE Confidence: 0.965432916666667

00:23:22.360 --> 00:23:24.880 but also to the parents.

NOTE Confidence: 0.965432916666667

00:23:24.880 --> 00:23:25.984 And, you know,  
NOTE Confidence: 0.965432916666667

00:23:25.984 --> 00:23:26.720 just again,  
NOTE Confidence: 0.965432916666667

00:23:26.720 --> 00:23:28.449 try to realize at the end of  
NOTE Confidence: 0.965432916666667

00:23:28.449 --> 00:23:29.800 the day that  
NOTE Confidence: 0.965432916666667

00:23:29.800 --> 00:23:32.248 you're doing the best that you  
NOTE Confidence: 0.965432916666667

00:23:32.248 --> 00:23:34.420 can given the circumstances that  
NOTE Confidence: 0.965432916666667

00:23:34.420 --> 00:23:36.276 you're facing currently.  
NOTE Confidence: 0.965432916666667

00:23:36.280 --> 00:23:38.360 And just make sure that  
00:23:38.900 --> 00:23:40.250 you keep prioritizing that  
NOTE Confidence: 0.965432916666667

00:23:40.250 --> 00:23:41.998 family time with your child because  
00:23:42.430 --> 00:23:43.935 that relationship you have with them doesn't  
NOTE Confidence: 0.965432916666667

00:23:43.935 --> 00:23:45.359 have to change at the end of the day.  
NOTE Confidence: 0.965432916666667

00:23:45.360 --> 00:23:47.278 And at the end of the day,  
NOTE Confidence: 0.965432916666667

00:23:47.280 --> 00:23:48.855 you guys will still have one another  
NOTE Confidence: 0.965432916666667

00:23:48.855 --> 00:23:50.080 to support yourselves through this.  
NOTE Confidence: 0.921578575

00:23:50.160 --> 00:23:53.435 Laura, thinking about how that  
NOTE Confidence: 0.921578575

00:23:53.435 --> 00:23:56.984 situation could turn 180° when the



NOTE Confidence: 0.921578575

00:23:56.984 --> 00:24:00.680 child is the one facing a cancer.

NOTE Confidence: 0.921578575

00:24:00.680 --> 00:24:05.240 And we know that pediatric cancers do occur.

NOTE Confidence: 0.921578575

00:24:05.240 --> 00:24:08.520 And sometimes those pediatric patients,

NOTE Confidence: 0.921578575

00:24:08.520 --> 00:24:11.360 I can imagine may end up coming to

NOTE Confidence: 0.921578575

00:24:11.360 --> 00:24:14.240 you in palliative care as well.

NOTE Confidence: 0.921578575

00:24:14.240 --> 00:24:17.198 And for them, it's, you know,

NOTE Confidence: 0.921578575

00:24:17.200 --> 00:24:18.580 trying to get through

NOTE Confidence: 0.921578575

00:24:18.580 --> 00:24:19.960 the diagnosis of cancer.

NOTE Confidence: 0.921578575

00:24:19.960 --> 00:24:23.272 But I can only imagine the anguish that

NOTE Confidence: 0.921578575

00:24:23.272 --> 00:24:25.890 parents might be feeling seeing your

NOTE Confidence: 0.921578575

00:24:25.890 --> 00:24:29.145 child go through this diagnosis and

NOTE Confidence: 0.921578575

00:24:29.145 --> 00:24:31.678 potentially facing their own mortality.

NOTE Confidence: 0.921578575

00:24:31.680 --> 00:24:34.340 Can you talk a little bit more

NOTE Confidence: 0.921578575

00:24:34.340 --> 00:24:35.836 about that experience

NOTE Confidence: 0.921578575

00:24:35.836 --> 00:24:38.440 and how you help families through that?

NOTE Confidence: 0.965761734285714

00:24:39.080 --> 00:24:42.314 So in the role that I'm in,  
NOTE Confidence: 0.965761734285714

00:24:42.320 --> 00:24:46.160 I really work exclusively with adults.  
NOTE Confidence: 0.965761734285714

00:24:46.160 --> 00:24:48.460 I do know that pediatric palliative  
NOTE Confidence: 0.965761734285714

00:24:48.460 --> 00:24:50.224 care is an emerging field.  
NOTE Confidence: 0.965761734285714

00:24:50.224 --> 00:24:52.764 You know, there is palliative  
NOTE Confidence: 0.965761734285714

00:24:52.764 --> 00:24:55.276 care for pediatric patients.  
NOTE Confidence: 0.965761734285714

00:24:55.280 --> 00:24:57.035 But in the role that I'm in right now,  
NOTE Confidence: 0.965761734285714

00:24:57.040 --> 00:25:00.280 I really work just with adults,  
NOTE Confidence: 0.965761734285714

00:25:00.280 --> 00:25:01.700 you know, and helping them  
NOTE Confidence: 0.965761734285714

00:25:01.700 --> 00:25:02.836 communicate with their children.  
NOTE Confidence: 0.965761734285714

00:25:02.840 --> 00:25:05.888 So I don't have that experience  
NOTE Confidence: 0.965761734285714

00:25:05.888 --> 00:25:08.518 of pediatric patients.  
NOTE Confidence: 0.636489996666667

00:25:10.092 --> 00:25:12.920 But I can imagine that,  
NOTE Confidence: 0.636489996666667

00:25:12.920 --> 00:25:15.290 you know, the social workers and  
NOTE Confidence: 0.636489996666667

00:25:15.290 --> 00:25:17.812 the palliative care team must do a  
NOTE Confidence: 0.636489996666667

00:25:17.812 --> 00:25:20.312 similar kind of really engaging

NOTE Confidence: 0.636489996666667  
00:25:20.312 --> 00:25:22.345 the family in this journey.  
NOTE Confidence: 0.636489996666667  
00:25:22.345 --> 00:25:24.235 Kristin, very much like you  
NOTE Confidence: 0.636489996666667  
00:25:24.240 --> 00:25:27.768 were talking about kind of wrapping  
NOTE Confidence: 0.636489996666667  
00:25:27.768 --> 00:25:30.012 around that whole family.  
NOTE Confidence: 0.636489996666667  
00:25:30.012 --> 00:25:32.077 I guess the other question,  
NOTE Confidence: 0.636489996666667  
00:25:32.080 --> 00:25:35.797 even for the patients that are in that adult,  
NOTE Confidence: 0.636489996666667  
00:25:35.800 --> 00:25:38.552 yet younger adult population.  
NOTE Confidence: 0.636489996666667  
00:25:38.552 --> 00:25:40.896 Laura, can you talk a little bit  
NOTE Confidence: 0.636489996666667  
00:25:40.896 --> 00:25:43.054 about what it's like for a 20 year  
NOTE Confidence: 0.636489996666667  
00:25:43.054 --> 00:25:45.080 old who might be facing end of life?  
NOTE Confidence: 0.636489996666667  
00:25:45.080 --> 00:25:47.036 I mean, that's almost like,  
NOTE Confidence: 0.636489996666667  
00:25:47.040 --> 00:25:50.240 wait a minute, I just got here.  
NOTE Confidence: 0.636489996666667  
00:25:50.240 --> 00:25:51.716 I haven't lived my life yet.  
NOTE Confidence: 0.636489996666667  
00:25:51.720 --> 00:25:54.800 I haven't achieved all my goals yet.  
NOTE Confidence: 0.636489996666667  
00:25:54.800 --> 00:25:57.014 Can you talk about how you kind of help  
NOTE Confidence: 0.636489996666667

00:25:57.014 --> 00:25:59.276 them get through some of those feelings?

NOTE Confidence: 0.636489996666667

00:25:59.760 --> 00:26:00.440 Yes,

NOTE Confidence: 0.742157146

00:26:04.640 --> 00:26:07.636 I would say a 20 year old, you know,

NOTE Confidence: 0.742157146

00:26:07.640 --> 00:26:09.677 really maybe in the middle of

NOTE Confidence: 0.742157146

00:26:09.680 --> 00:26:12.392 their college experience or maybe their

NOTE Confidence: 0.742157146

00:26:12.392 --> 00:26:15.440 young working life and get a diagnosis.

NOTE Confidence: 0.742157146

00:26:15.440 --> 00:26:20.360 And that is really challenging because

NOTE Confidence: 0.742157146

00:26:20.360 --> 00:26:24.860 a person at that age is really a lot of

NOTE Confidence: 0.742157146

00:26:24.860 --> 00:26:26.660 times half dependent on their parents

NOTE Confidence: 0.742157146

00:26:26.660 --> 00:26:29.072 and half independent, right?

NOTE Confidence: 0.742157146

00:26:29.072 --> 00:26:35.020 And so I think one thing that I've done

NOTE Confidence: 0.742157146

00:26:35.020 --> 00:26:38.268 before is really sometimes taking the

NOTE Confidence: 0.742157146

00:26:38.268 --> 00:26:41.076 patient aside and speaking to them,

NOTE Confidence: 0.742157146

00:26:41.080 --> 00:26:44.700 you know, aside from their parents and

NOTE Confidence: 0.742157146

00:26:44.700 --> 00:26:47.795 allowing them to really just

NOTE Confidence: 0.742157146

00:26:47.795 --> 00:26:50.560 share what this experience is for them.

NOTE Confidence: 0.930441705

00:26:53.480 --> 00:26:56.210 It can lead sometimes to some

NOTE Confidence: 0.930441705

00:26:56.210 --> 00:26:57.712 increased conflict, I think,

NOTE Confidence: 0.930441705

00:26:57.712 --> 00:26:59.784 between a parent and a child in

NOTE Confidence: 0.930441705

00:26:59.784 --> 00:27:02.294 that situation because the child is

NOTE Confidence: 0.930441705

00:27:02.294 --> 00:27:04.434 really wanting some more autonomy,

NOTE Confidence: 0.930441705

00:27:04.440 --> 00:27:06.540 but really needs the

NOTE Confidence: 0.930441705

00:27:06.540 --> 00:27:08.640 parents in this situation.

NOTE Confidence: 0.930441705

00:27:08.640 --> 00:27:11.560 So I think it's really giving them

NOTE Confidence: 0.90303709125

00:27:13.760 --> 00:27:18.320 the most voice and the most say and

NOTE Confidence: 0.90303709125

00:27:18.320 --> 00:27:21.236 their wishes and their desires.

NOTE Confidence: 0.90303709125

00:27:21.240 --> 00:27:23.172 They are still young and they are

NOTE Confidence: 0.90303709125

00:27:23.172 --> 00:27:24.469 still really figuring out who

NOTE Confidence: 0.90303709125

00:27:24.469 --> 00:27:26.117 they are and who they want to be.

NOTE Confidence: 0.90303709125

00:27:26.120 --> 00:27:27.720 So it is a really,

NOTE Confidence: 0.90303709125

00:27:27.720 --> 00:27:30.496 I would say delicate special time and

NOTE Confidence: 0.90303709125

00:27:30.496 --> 00:27:33.479 a really difficult time for the families.  
NOTE Confidence: 0.90303709125

00:27:33.480 --> 00:27:36.864 So I would say that's how I  
NOTE Confidence: 0.90303709125

00:27:36.864 --> 00:27:39.136 approach it, really supporting both,  
NOTE Confidence: 0.90303709125

00:27:39.136 --> 00:27:41.240 but also somewhat separately.  
NOTE Confidence: 0.773303472

00:27:41.640 --> 00:27:43.560 Yeah. And Kristen, you know,  
NOTE Confidence: 0.773303472

00:27:43.560 --> 00:27:45.265 when you were talking about  
NOTE Confidence: 0.773303472

00:27:45.265 --> 00:27:47.462 all of the resources that you  
NOTE Confidence: 0.773303472

00:27:47.462 --> 00:27:49.456 provide your patients  
NOTE Confidence: 0.773303472

00:27:49.456 --> 00:27:51.664 from a financial standpoint as well  
NOTE Confidence: 0.773303472

00:27:51.664 --> 00:27:53.760 as from a mental health standpoint,  
NOTE Confidence: 0.773303472

00:27:53.760 --> 00:27:57.191 can you talk a little bit more about how  
NOTE Confidence: 0.773303472

00:27:57.191 --> 00:27:59.396 patients should advocate for themselves?  
NOTE Confidence: 0.773303472

00:27:59.400 --> 00:28:00.840 What advice would you have  
NOTE Confidence: 0.773303472

00:28:00.840 --> 00:28:02.440 for those kinds of people?  
NOTE Confidence: 0.96649551

00:28:02.440 --> 00:28:04.170 I would encourage them to ask  
NOTE Confidence: 0.96649551

00:28:04.170 --> 00:28:06.160 more of the broad question of,

NOTE Confidence: 0.96649551

00:28:06.160 --> 00:28:07.539 you know, what is there to support

NOTE Confidence: 0.96649551

00:28:07.539 --> 00:28:08.919 me here in this care center,

NOTE Confidence: 0.96649551

00:28:08.920 --> 00:28:10.560 in this healthcare system.

NOTE Confidence: 0.96649551

00:28:10.560 --> 00:28:13.550 Each healthcare system has a variety of

NOTE Confidence: 0.96649551

00:28:13.550 --> 00:28:15.896 different social workers, nurse navigators,

NOTE Confidence: 0.96649551

00:28:15.896 --> 00:28:18.520 social worker navigators, you know,

NOTE Confidence: 0.96649551

00:28:18.520 --> 00:28:20.840 oncology navigators, case management.

NOTE Confidence: 0.96649551

00:28:20.840 --> 00:28:22.352 So it's very much dependent upon

NOTE Confidence: 0.96649551

00:28:22.352 --> 00:28:23.666 what your care center offers.

NOTE Confidence: 0.96649551

00:28:23.666 --> 00:28:26.236 But I would definitely encourage them to ask.

NOTE Confidence: 0.96649551

00:28:26.240 --> 00:28:28.481 And I have no doubt at that point they

NOTE Confidence: 0.96649551

00:28:28.481 --> 00:28:30.683 can get guided in the right direction

NOTE Confidence: 0.96649551

00:28:30.683 --> 00:28:32.068 and provided with adequate referrals

NOTE Confidence: 0.96649551

00:28:32.068 --> 00:28:34.280 to help address a lot of those needs.

NOTE Confidence: 0.822475234615385

00:28:34.800 --> 00:28:36.965 Kristen Madrid and Laura Donnelly

NOTE Confidence: 0.822475234615385

00:28:36.965 --> 00:28:38.697 are oncology social workers  
NOTE Confidence: 0.822475234615385  
00:28:38.697 --> 00:28:40.639 with Smilo Cancer Hospital.  
NOTE Confidence: 0.822475234615385  
00:28:40.640 --> 00:28:42.648 If you have questions,  
NOTE Confidence: 0.822475234615385  
00:28:42.648 --> 00:28:44.605 the address is canceranswers@yale.edu,  
NOTE Confidence: 0.822475234615385  
00:28:44.605 --> 00:28:47.275 and past editions of the program  
NOTE Confidence: 0.822475234615385  
00:28:47.275 --> 00:28:49.590 are available in audio and written  
NOTE Confidence: 0.822475234615385  
00:28:49.590 --> 00:28:50.497 form at yalecancercenter.org.  
NOTE Confidence: 0.822475234615385  
00:28:50.497 --> 00:28:53.170 We hope you'll join us next time to learn  
NOTE Confidence: 0.822475234615385  
00:28:53.221 --> 00:28:54.919 more about the fight against cancer.  
NOTE Confidence: 0.822475234615385  
00:28:54.920 --> 00:28:57.524 Funding for Yale Cancer Answers is  
NOTE Confidence: 0.822475234615385  
00:28:57.524 --> 00:29:00.000 provided by Smilow Cancer Hospital.