



GENDER EXPANSIVE CHILDREN: BOOKS TO HELP ADULTS UNDERSTAND

Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children, Diane Ehrensaft, The Experiment, 2011. A guidebook for the parents and therapists of children who do not identify with or behave according to their biological gender. Encourages caregivers to support gender-variant children as they explore their gender identities.

Trans Forming Families: Real Stories About Transgendered Loved Ones. Mary Boenke (Editor), Oak Knoll Press, 2003. Designed especially for families, friends and others interested in understanding and learning about transgender people. A quick read.

Transgender 101: A Simple Guide to a Complex Issue, Nicholas M. Teich, Columbia University Press, 2012. A readable and thorough primer on the history, terminology, types, politics, and medical and social realities of the transgender population. Written for students, professionals, friends, and family members.

The Transgender Child: A Handbook for Families and Professionals, Stephanie A. Brill & Rachel Pepper, Cleis Press, 2008. A comprehensive guidebook on gender variance from birth through college. What will happen when your preschool son insists on wearing a dress to school? Is this ever just a phase? How can parents advocate for their children in elementary schools? What are the current laws? What do doctors and therapists recommend?

Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and Their Families, Arlene Istar Lev, Haworth Press, 2004. A guide for therapists working with transgender clients and their families from a clinical and theoretical perspective.

Transgender Explained For Those Who Are Not, Joanne Herman, AuthorHouse, 2009. Easy-to-read, short explanations and stories by subject, designed for friends, family, colleagues, and journalists.

Transgender Warriors: Making History from Joan of Arc to Dennis Rodman, Leslie Feinberg, Beacon Press, 1997. In this personal journey through history, the author uncovers persuasive evidence that throughout history there have always been people who crossed the cultural boundaries of sex and gender.

Transitions of the Heart: Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children, Rachel Pepper (Editor), Cleis Press, 2012. A collection by more than 30 mothers of diverse backgrounds and ages provides a window into what mothers of gender non-conforming children and adults really think and feel about their children and their own journey of change.

Transparent: Love, Family, and Living the T with Transgender Teenagers, Cris Beam, Mariner Books, 2008. While volunteering at a school for gay and transgender kids, Cris found herself drawn into a pained and powerful group of transgirls. Both funny and heartbreaking. The girls struggle valiantly to resolve the gap between the way they feel inside and the way the world sees them.

Your Transgender Teen: A Guide for Parents, Irwin Krieger, Helping Genderwise Press, 2011. Krieger, as a clinical social worker, has years of experience helping transgender teens. Although written for parents, this book is useful for pediatricians, therapists, educators and others who work with teenagers and young adults.